

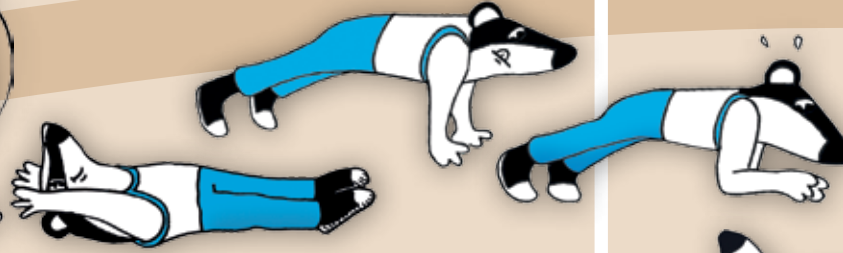
# Voitto Onnisen fysiikkarata

## 1. Ojentautuminen

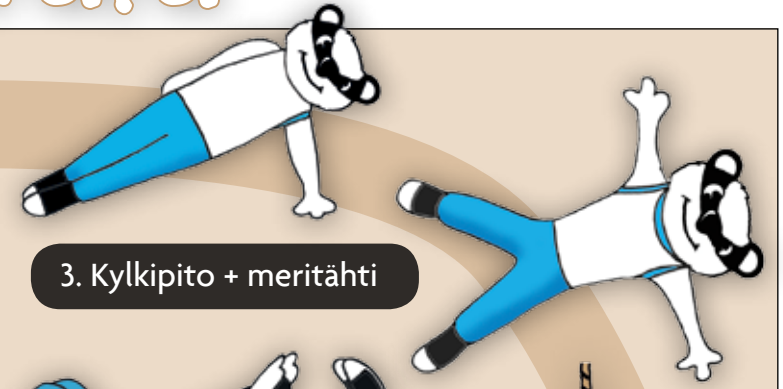
päinmaakuulle – ylös –  
selinmaakuulle –ylös



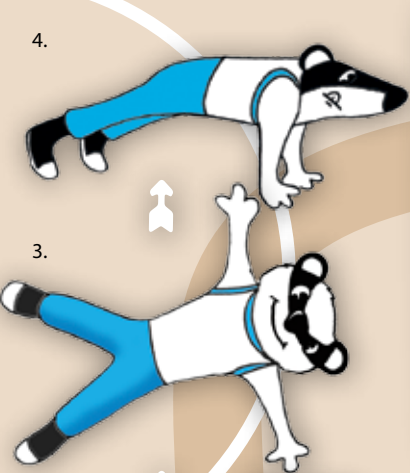
## 2. Lankkupito + punnerrusasento



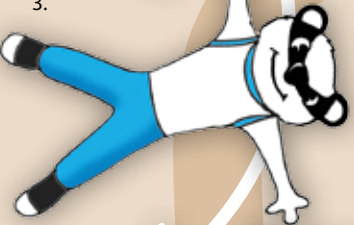
## 3. Kylkipito + meritähti



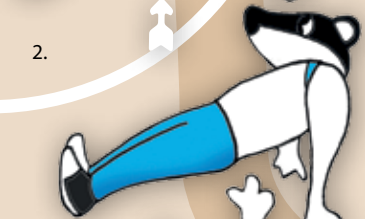
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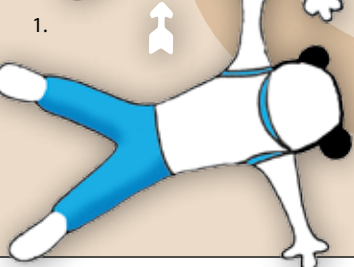
3.



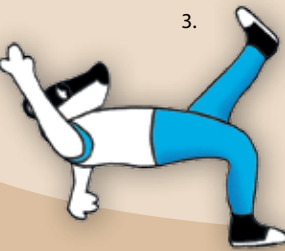
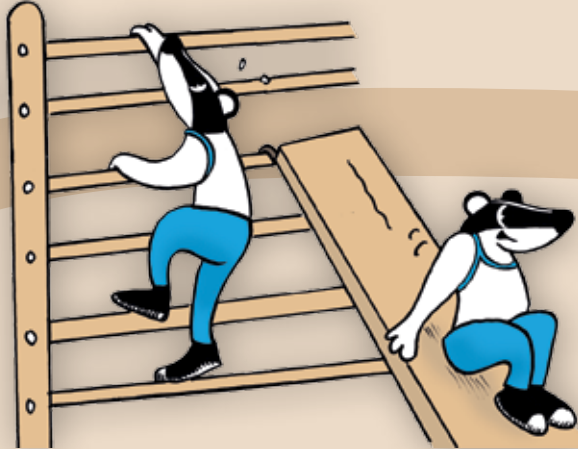
2.



1.



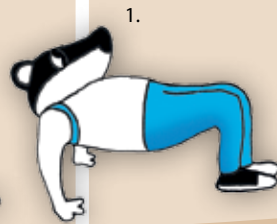
## 10. Puolapuut



## 9. Pyörivä meritähti



## 8. Hämähäkki käsien varassa



## 11. Lantiovinski



## 4. Linkkuveitsi



## 5. Köysikiipeily



## 6. Kaarijännitys



## 7. Dippi penkillä

