



Funded by
the European Union



INTO THE WILD

YOUTH EXCHANGE
PROJECT



16-24 AUGUST
2026

DOMANIEWICE,
POLAND



ABOUT THE PROJECT



The “Into the Wild” project supports young people in developing ecological awareness, interpersonal skills, and stress management. It responds to common challenges such as difficulties in building relationships, expressing emotions, and making responsible environmental choices. The program combines non-formal education with adventure-based learning to foster personal and social development. Participants will gain practical skills including teamwork, time management, and resilience, while also learning about environmental protection and healthy lifestyles.

A key activity is a one-day hike in the Kraków-Częstochowa Upland (Jura Krakowsko- Częstochowska), offering direct contact with nature and a break from digital distractions. This experience strengthens relationships and encourages lasting pro-environmental habits.

The project also promotes responsibility for the future, sustainable development, and appreciation of cultural heritage. It supports intercultural cooperation and creates opportunities for international exchange. Overall, the project aims to develop more aware, engaged, and responsible young citizens.



AGENDA

01

ARRIVAL
16 AUGUST

02

TEAM-BUILDING

03

STRESS
MANAGEMENT &
OUTDOOR GAME

04

ENVIRONMENTAL
PROBLEMS

05

CULTURAL
HERITAGE

06

ADVENTUROUS
HIKE

07

ADVENTUROUS
HIKE/FILMMAKING

08

PROJECT
SUMMARY

09

DEPARTURE
24 AUGUST

COUNTRIES



PARTNER ORGANIZATIONS



ATELIER EUROPEO



ASOCIATIA TAO



FREE ACTIVE CREATIVE TEAM



ASOCIACION XERACION



MUHOKSEN 4HYHDISTYS RY



FUNDACJA WIELKI ŚWIAT

4 participants per country, participants should be 18-25 years old.

REIMBURSE- MENT



- The reimbursement of travel costs up to **3 months** given that all the documents are received in the conventional format, taken into consideration the participants' active participation as well as the preparations and the dissemination actions completed.
- The participants are invited to use the cheapest means of transportation.
 - **Before booking any ticket, kindly consult for validation from our side.**
 - Private transportation services (taxis, private transfers, etc..) and 1st class tickets are not reimbursed.
 - It is possible to arrive and stay a maximum of 1 days before and after (sum 2 days) the activity at the participants' own expense and responsibility given that the travel prices are not higher to those of the set dates.
 - It is mandatory to have the **European Health Card** valid throughout your duration of stay in Poland.
 - Booking flight tickets directly from the airline websites is recommended. Flight tickets should always be accompanied with the boarding passes, when requesting the travel reimbursement
 - Don't lose the paper documents, and when checked-in online, please make a screenshot to your boarding pass, as it can get deleted by the wallet app of your phone.

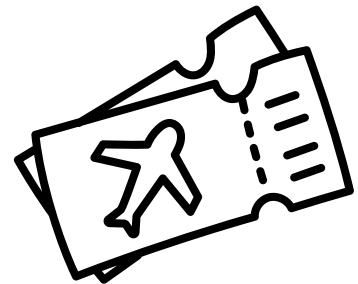
REIMBURSE- MENT



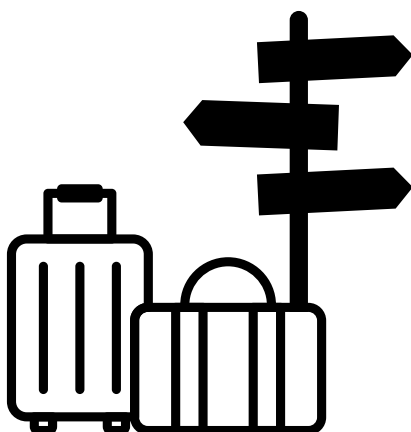
Organizers will cover 100% of accommodation and board during the project as well as local transportation (please save all receipts!).

Maximal travel reimbursement for each country:

- Poland- 285 EUR (Green Travel)
- Finland- 309 EUR
- Spain- 395 EUR
- Italy- 309 EUR
- Greece- 309 EUR
- Romania- 417 EUR (Green Travel)



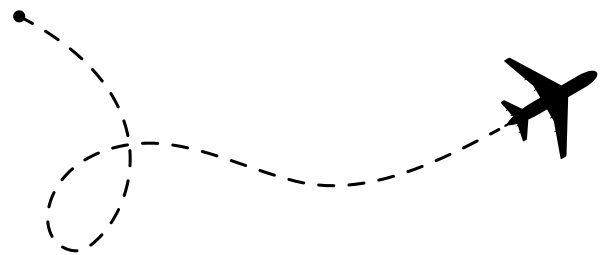
Green Travel means using ecological forms of transport (train, bus, car), and not using an airplane.



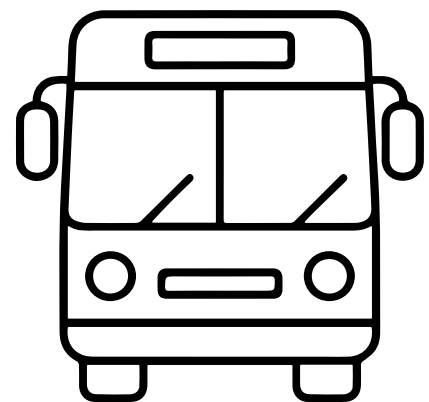
TRAVEL



You should fly to **Krakow** airport. Then by bus to the bus station in Krakow. We will organize transport that will take you from there to Domaniewice. The transport will be at **6PM(18:00)** 16th August so notice during searching for flights that **you have to be in Krakow before that time.**



It is also possible to fly to **Katowice** airport, but remember that you have to take bus or train to get to Krakow.



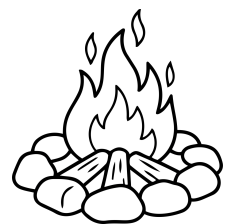


ACCOMMODATION

The main facility of our project will be **Dworek Jurajski** in **Domaniewice**, Lesser Poland Voivodeship (województwo małopolskie).
[link here](#)



There will be 3 meals served everyday in the canteen. Guesthouse owns free Wi-Fi, table tennis, table football, bower and a fireplace.



CONTACT



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