## VIERUMÄKI CUP 2013

## Annex 1 Technical Data

## Categories and classes:

DEBS A class Girls and Boys According to the ISU regulations
A class born 1.7. 1998 or later, Free Skating, Girls FS: 3 min. (+/-10 sec.), Boys FS: 3min. 30 sec (+/-10 sec.)
a) One must be Axel type of jump
b) There should be four different double jumps in the program
c) Max three jump combinations or jump sequences, one combination with three jumps allowed, the other combinations should contain max two jumps
d) If a double or a triple jump is executed as a solo jump, it can only be repeated once as part of a jump combination or a jump sequence
e) Max three different spins, all with different abbreviations, one combination spin, $m$ in 8 rev, change of foot, min $4 \mathrm{rev} / \mathrm{foot}$, one camel spin with only one change of foot, min $4 \mathrm{rev} / \mathrm{foot}$, one flying spin, min 5 rev

Boys: One step sequence that fully utilizes the skating area, non-classified jumps are allowed
Girls: One choreographic sequence that fully utilizes the skating area

ADVANCED NOVICE class Girls and Boys According to the ISU regulations A class born 1.7.1998 or after, Short Program and Free Skating, SP: max 2.30 min, FS: 3 min. (+/10 sec.$)$

## SHORT PROGRAM:

The required elements to be performed are listed in the ISU Communications No. 1760, as follows:

## Advanced Novice Girls:

a) Axel Paulsen or double Axel Paulsen
b) Double or triple jump immediately preceded by connecting steps, may not repeat jump in a)
c) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump in a) or b)
d) Layback or sideways leaning spin (minimum of six (6) revolutions)
e) Spin combination with only one change of foot (minimum of five (5) revolutions on each foot). Flying entry is allowed.
f) One step sequence with full utilization of the ice surface.

Duration: 2 minutes and 30 seconds maximum, but may be less.

## Advanced Novice Boys:

a) Axel Paulsen or double Axel Paulsen
b) Double or triple jump immediately preceded by connecting steps, may not repeat jump in a)
c) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump in a) or b)
d) Camel or sit spin (minimum of six (6) revolutions) with change of foot and no flying entrance
e) Spin combination with only one change of foot (minimum of five (5) revolutions on each foot). Flying entry is allowed.
f) One step sequence with full utilization of the ice surface.

## FREE SKATING:

The explanation has been listed in the ISU Communication No. 1760, as follows:

## Advanced Novice Boys and Girls

a) Maximum 6 jump elements for Girls and 7 jump elements for Boys, one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted. Only two (2) jumps with two and a half (21/2) revolutions or more can be repeated either in a jump combination or in a jump sequence.
b) There must be a maximum of two (2) spins of a different nature, one of which must be a spin combination (minimum of ten (10) revolutions) and one a flying spin or a spin with a flying entrance (minimum of six (6) revolutions).
c) There must be a maximum of one (1) step sequence.

Duration: Girls: 3 minutes, $+/-10$ seconds
Boys: 3 minutes and 30 seconds, $+/-10$ seconds

JUNIOR A class Ladies and Men born between July 1, 1994 and June 30, 2000, According to the ISU regulations ISU Short Program and Free Skating.

## SHORT PROGRAM:

The required elements to be performed are listed in ISU Technical Rules Single Skating 2012, Rule 511, paragraph 3, the required elements for 2013-2014, and the respective ISU Communications.

Duration: 2 minutes and 50 seconds maximum, but may be less.

## FREE SKATING:

In accordance with ISU Technical Rules Single Skating 2012, Rule 512 and the respective ISU Communications.

Duration: Ladies: 3 minutes and 30 seconds, $+/-10$ seconds
Men: 4 minutes, $+/-10$ seconds

SENIOR A class Ladies and Men born before July 1, 1999. According to the ISU regulations ISU Short Program and Free Skating.

## SHORT PROGRAM:

The required elements to be performed are listed in ISU Technical Rules Single Skating 2012, Rule 511, paragraphs 1 and 2 and the respective ISU Communications.

Duration: 2 minutes and 50 seconds

## FREE SKATING:

In accordance with ISU Technical Rules Single Skating 2012, Rule 512 and the respective ISU Communications.

Duration: Ladies: 4 minutes, $+/-10$ seconds
Men: 4 minutes and 30 seconds, $+/-10$ seconds

Organizer reserves the right to split the categories and adjust the schedule if needed.

