

## **ANNEX A; TECHNICAL DATA, REQUIREMENTS**

Rules in following order 1) these requirements; 2) STLL rules changes 15.8.2016; 3) STLL rules changes 13.6.2016; 4) Finnish STLL rulebook 23; 5) relevant ISU communications

ISU rule 501 regarding appropriate dress code applies for all categories, ISU and Finnish Star evaluation.

### **SENIOR A men; Short and free skating program**

According to ISU regulations and communications

### **SENIOR A ladies; Short and free skating program**

According to ISU regulations and communications.

### **JUNIOR A men; Short and free skating program**

According to ISU regulations and communications

### **JUNIOR A ladies; Short and free skating program**

According to ISU regulations and communications

### **NOVICE A, Boys; Short and free skating program**

According to ISU regulations and communications

### **NOVICE A, Girls; Short and free skating program**

According to ISU regulations and communications

## **SENIOR B ladies and men; Short and free skating program**

Short program: 2 min 40 sec  $\pm 10$  sec

Free skating: max. 3 min 40 sec

Vocal music is allowed.

Element specifications in accordance with ISU Communications 2000 and 2014 or with any relevant ISU Communications published afterwards.

Deduction for fall -1,0

### **Short program (7 elements):**

- a) Axel or double axel
- b) Double or triple jump immediately preceded by connecting steps or other free skating movements
- c) Jump combination, consisting of two double jumps or a double and a triple jump.
  - Solo jumps may not be repeated
- d) Flying spin, minimum 6 revolutions in the landing position.
  - Landing position must be different than in the spin in point e).
- e) Ladies: Layback and/or sideways leaning spin or Camel or sit spin
  - minimum 6 revolutions in chosen position
  - change of foot not allowed
  - spinning position different from spin in point d)

Men: Change foot Camel or sit spin with only one change of foot, minimum 5+5 revolutions (=camel-camel or sit-sit spin)
- f) Spin combination with only one change of foot, minimum 5+5 revolutions.
  - No flying entrance.
- a) Step sequence fully utilizing the ice surface
  - may contain unclassified jumps

Program component factor is 0,8

In the second half of the program, the base value of all jump elements will be multiplied by 1,1

### **Free skating program (11 elements):**

- max 7 jump elements 1 Axel type of jump. max 3 jump combinations or jump sequences
  - max one combination with 3 jumps, two with max 2 jumps
  - only 2 jumps with 3 or more revolutions can be repeated either in a jump combination or in a jump sequence.
    - each single and double jump, incl. 1A and 2A, may be executed no more than twice (jumps do not need to be executed in a jump combination or jump sequence)
- max 3 spins with different abbreviations
  - 1 spin combination with or without change of foot, minimum 10 revolutions.
  - 1 spin with or without change of foot in one position
    - may start with a jump
    - minimum 6 revolutions
  - 1 spin with a different abbreviation than the two spins mentioned above
- 1 Step sequence fully utilizing the ice surface.

Program component factor is 1,6.

In the second half of the program, the base value of all jump elements will be multiplied by 1,1

## **JUNIOR B Ladies, Men; Short and free skating program**

ISU evaluation; Vocal music is allowed.

Short Program: 2 min 40 sec  $\pm 10$  sec

Free Skating: max 3 min 40 sec

Deduction for fall is -1,0 point/fall

### **Short program (7 elements):**

- a) Axel or double Axel.
- b) Double or triple jump preceded by connecting steps or other free skating movements.
- c) One jump combination consisting of two double jumps.
  - Solo jumps may not be repeated.
- d) Flying spin, minimum 6 revolutions in the landing position.
  - Landing position must be different than the landing position in the spin in point e)
- e) Ladies: Layback and/or sideways leaning spin or Camel or sit spin
  - minimum 6 revolutions in the chosen position
  - Change of foot not allowed
  - spin position must be different than in point d)

Men: Change foot Camel or sit spin with only one change of foot, minimum 5+5 revolutions (=camel-camel or sit-sit spin)
- f) Spin combination with only one change of foot, minimum 5+5 revolutions each foot.
  - Spin may not start with a jump.
- g) Step sequence fully utilizing the skating area
  - may contain unclassified jumps.

Jumps which do not meet the requirements (wrong number of revolutions) will have no value.

Program component 0,8.

Base value for jump elements executed after the first half of the program will be multiplied with 1,1.

### **Free Skating program (11 elements):**

- Maximum of 7 jump elements, one must be an Axel type of jump. At least one and max. 3 jump combinations or jump sequences.
  - max one combination may consist of 3 jumps. The other combinations may contain max. 2 jumps.
  - only 2 jumps with 3 or more revolutions can be repeated either in a jump combination or in a jump sequence.
    - each single and double jump, incl. 1A and 2A, may be executed no more than twice (jumps do not need to be executed in a jump combination or jump sequence)
- Maximum of 3 different spins, all with different abbreviations
  - One spin combination, minimum 10 revolutions, change of foot is not mandatory
  - One spin in one position
    - minimum 6 revolutions
    - change of foot allowed
    - may start with a jump.
  - One spin with different abbreviation than the previous two.
- Step sequence fully utilizing the skating area.

Program component 1,6.

Base value for jump elements executed after the first half of the program will be multiplied with 1,1.

## **NOVICE B Girls, Boys**

Free skating program: girls 3 min  $\pm 10$  sec, boys 3 min 30 sec  $\pm 10$  sec

ISU evaluation; Vocal music is allowed.

Deduction for falling is 0,5 points/fall

**Free skating program** (girls max 9 elements, boys max 10 elements):

- Maximum of 6 jump elements (girls) and 7 jump elements (boys), one must be an Axel type jump. At least one jump combination and a maximum of 2 jump combinations or jump sequences.
  - Only one jump combination may contain 3 jumps, the other combination may contain max. 2 jumps.
  - only 2 jumps with 3 or more revolutions can be repeated either in a jump combination or in a jump sequence.
    - each single and double jump, incl. 1A and 2A, may not be executed more than twice (jumps do not need to be executed in a jump combination or jump sequence)
- Maximum of 2 different spins, each with different abbreviations
  - One spin combination minimum 8 revolutions.
    - No flying entry
    - Change of foot is not mandatory
    - Spin choices are CoSp and CCoSp
  - One position spin
    - One foot spin min 5 revolutions, change of foot spin min 8 revolutions.
    - Flying entrance allowed
    - change of foot allowed
- Step sequence, fully utilizing the skating area.
- Minimum of 2 spirals, both on edge and one has duration of at least 3 sec.
  - These may not be in step sequence
  - Evaluated in transitions (ISU).
  - 0,5 points deduction per missing spiral.
  - If spiral is not attempted or leg does not rise above pelvis or spiral is not on edge or duration is less than 3 sec a 0,5 deduction is made for a faulty spiral

Program component is 1,3.

## **SPRINGS A Girls/Boys**

Free skating: 2min 30sec  $\pm 10$  sec

ISU evaluation; Vocal music is allowed.

Deduction for falling is 0,5 points/fall

### **Free skating program** (max 8 elements):

- Max 5 jump elements. One must be an Axel type jump. Maximum of 2 jump combinations or jump sequences
  - 3 different double jumps are required and all may be attempted.
  - 1 combination with 3 jumps, one with max 2 jumps
    - Each double jump may be repeated once but-no single and double jump, incl. 1A and 2A, may be attempted more than twice (jumps do not need to be attempted in a jump combination or jump sequence)
- Maximum of 2 different spins
  - One spin combination with or without change of foot, minimum 8 revolutions.
    - No flying entry
  - Spin in one position
    - Spin on one foot min 5 revolutions, change foot spin min 8 revolutions.
    - Flying entrance allowed
    - Change foot allowed
- Maximum of 1 step sequence, fully utilizing the skating area.
- Minimum of 2 unsupported spirals, both on edge and one must last at least 3 sec.
  - these may not be in the step sequence
  - Evaluated in transitions (ISU).
  - 0,5 points deduction per missing spiral.
  - If spiral is not attempted or leg does not rise above pelvis or spiral is not on edge or duration is less than 3 sec a 0,5 deduction is made for a faulty spiral

The program components factor is 1,0

## **CUBS Girls/Boys**

Free skating: max 2 min 30 sec

Finnish Star evaluation; Vocal music is allowed.

### **Free skating program**

- All single jumps.
  - Axel jump and one kind of double jump can be repeated.
- 3 spins which should have minimum 4 revolutions.
- 1 step sequence covering at least ½ of the ice.
- 2 unsupported spirals.

## **CHICKS Girls / Boys; born 2008 or later**

Free skating: max 2 min

Finnish star evaluation; Vocal music is allowed

### **Free skating program**

- single jumps
  - axel or double jumps not permitted
- max two spins, each at least 3 revolutions

## **SPRINGS B Girls and Boys**

Free skating: 2 min 30 sec ±10 sec

Finnish Star evaluation; Vocal music is allowed.

### **Free skating program:**

- Max 5 jump elements. One must be an Axel type jump. Maximum of 2 jump combinations or jump sequences
  - max 1 combination with 3 jumps, the other with max 2 jumps
    - Each double jump may be repeated once but-no single and double jump, incl. 1A and 2A, may be executed more than twice (jumps do not need to be executed in a jump combination or jump sequence)
- Maximum of 2 different spins
  - One spin combination (minimum 8 revolutions).
    - change of foot not mandatory
    - No flying entry.
  - Spin in one position
    - Spin on one foot min 5 revolutions, change foot spin 8 min revolutions.
    - Flying entry allowed
    - Change of foot allowed
- Maximum of 1 step sequence, fully utilizing the skating area.
- Minimum of 2 unsupported spirals, both on edge and one must last at least 3 sec.
  - These may not be in the step sequence
  - Evaluated in steps, spirals and transitions.
  - 0,5 points deduction per missing spiral.

**DEBS B Girls/Boys**  
**NOVICE C Girls/Boys**  
**JUNIOR C Ladies/Men**

Free Skating: max 3 min 10 sec

Finnish Star evaluation; Vocal music is allowed.

**Free skating program:**

- Maximum of 6 jump elements, one must be an Axel type jump. Maximum of 3 jump combinations or jump sequences
  - one combination with 3 jumps, others with max 2 jumps
    - No single and double jump, incl. 1A and 2A, may be attempted more than twice (jumps do not need to be in a jump combination or jump sequence).
- Maximum of 3 different spins, each with different abbreviations
  - One spin combination, minimum 8 revolutions, change of foot is not mandatory
    - Minimum of 2 different basic positions with 2 revolutions.
    - Basic positions may take place at any stage of the spin.
- Spin on one foot and in one position, minimum 5 revolutions. May start with a jump.
- One spin with different abbreviation than the first two mentioned.
  - One foot and one position spin=5 revolutions, spin combination and change of foot spin=8 revolutions.
    - Spin combination minimum 2 different basic positions with 2 revolutions.
    - Basic positions may take place at any stage of the spin.
- Maximum of 1 step sequence fully utilizing the skating area.
- Minimum of 2 spirals, both on edge and one has duration of at least 3 sec.
  - Evaluated in transitions (ISU).
  - 0,5 points deduction per missing spiral.
  - If spiral is not attempted or leg does not rise above pelvis or spiral is not on edge or duration is less than 3 sec a 0,5 deduction is made for a faulty spiral

## **SPRINGS C Girls and Boys**

Free skating: 2 min 30 sec ±10 sec

Finnish Star evaluation; Vocal music is allowed.

### **Free skating program:**

- Max 5 jump elements. One must be an Axel type jump. Maximum of 2 jump combinations or jump sequences
  - max 1 combination with 3 jumps, the other with max 2 jumps
    - Each double jump may be repeated once but-no single and double jump, incl. 1A and 2A, may be executed more than twice (jumps do not need to be executed in a jump combination or jump sequence)
- Maximum of 2 different spins
  - One spin combination (minimum 8 revolutions).
    - change of foot not mandatory
    - No flying entry.
  - Spin in one position
    - Spin on one foot min 5 revolutions, change foot spin 8 min revolutions.
    - Flying entry allowed
    - Change of foot allowed
- Maximum of 1 step sequence, fully utilizing the skating area.
- Minimum of 2 unsupported spirals, both on edge and one must last at least 3 sec.
  - These may not be in the step sequence
  - Evaluated in steps, spirals and transitions.
  - 0,5 points deduction per missing spiral.

## **Starlets (Taitajat); Girls/Boys**

Free Skating: max 2 min 30 sec

Finnish Star evaluation; Vocal music is allowed.

### **Free skating program:**

- Maximum of 5 jump elements. No Axel type jump. No Double or triple jumps.
- Maximum three spins.
- Step sequence, which must utilize at least ½ the ice surface.
- 2 spirals



**Adults**

According to technical requirements by Adults International Figure Skating Competition 2018 at Obersdor:

<http://www.isu.org/docman-documents-links/isu-files/event-documents/adult-figure-skating/related-documents-1/15294-technical-rules-2018/file>