



Open championship «Northern Star » 20-21.04.2019

In case of disagreements the text in Russian language will have preferred interpretation.

1. GENERAL PROVISIONS

1.1. Open championship "Northern Star" (hereinafter referred to as the competition) is conducted with the aim of popularizing and developing figure skating, promoting the accessibility of sports for everyone.

1.2. The competition is held in order to:

- evaluation of the effectiveness and analysis of the competitive activity of athletes of the State Specialized Educational and Sports Organization "Vitebsk Oblast Center of the Olympic Reserve for Winter Sports" in comparison with the skills and skills of athletes from other regions of the Republic of Belarus, CIS countries and Europe;

- increase the level of skill of athletes;

- propaganda of sport as an important means of strengthening the health of citizens and familiarizing them with a healthy lifestyle, improving the efficiency of physical education of the population.

1.3. The competition is held in accordance with the calendar of sports events of the State Specialized Educational and Sports Institution "Vitebsk Regional Center of the Olympic Reserve for Winter Sports" and the Association "Federation of Skating in the Vitebsk Region" for 2019.

1.4. Competitions are held on the basis of the current legislation of the Republic of Belarus, this Regulation, special rules of the International Skating Union.

In the event of situations related to the organization and conduct of competitions, the resolution of which is impossible on the basis of this Regulation, the organizing committee and the panel of judges have the right to take decisions on them with subsequent informing of the organizers and participants of the competition.

2. SUBJECTS OF THE COMPETITION

2.1. Subjects of the competition are:

- organizers;
- Organizing Committee;
- participating organizations;
- participants in the competition;
- judges.

2.2. The organizers of the competition are the State Specialized Educational and Sports Institution "Vitebsk Regional Center of the Olympic Reserve for Winter Sports" and the Association "Federation of Skating in the Vitebsk Region".

Organizer:

- carries out general management of the competition;

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- approves the composition of the organizing committee and the judiciary board of the competition;
- approves the cost estimate;
- performs other functions of the organizers of the competition, provided for by the legislation and this Regulation.

2.3. Organizing Committee:

- approves the program and conditions of the competition, and also considers issues arising during the preparation and conduct of the competition;
- determines the procedure for organizing information support, sponsorship.
- performs other functions to prepare and conduct the competition, entrusted to him by this Regulation and the organizers of the competition.

The Organizing Committee reserves the right to postpone or cancel the competition.

2.4. Participants in the sports competition are athletes (teams of athletes), judges, coaches, heads (representatives) of teams of athletes, doctors and other persons identified as participants in these Regulations or competition rules.

2.5. The team leader (representative) ensures the participants' exit to the start, the appearance of the athletes for the opening and closing ceremonies, the awarding ceremony, as well as observance of discipline among the participants in the competition and accommodation venues.

2.6. The number and composition of the judges is proposed by the organizers of the State Specialized Educational and Sports Institution "Vitebsk Regional Center of the Olympic Reserve for Winter Sports" and the Association "Federation of Skating in the Vitebsk Region".

In its activity, the judges are ruled by the Rules of the competition.

The organizer has the right to invite judges of the international category from abroad to judge the competition.

In the composition of the judiciary, a mandate commission is created, which is entrusted with the functions of accepting documents necessary for registration of participation in the competition.

The mandate committee ensures the legitimacy of admission of athletes to participate in the competition.

2.8. Technical preparation of the competition is carried out with the participation of the Sports establishment "Vitebsk hockey club" (Vitebsk Ice Palace).

2.9. The subjects of the sports competition are required to know and comply with this Regulation, the rules of the competition, to show respect to rivals, judges and spectators.

In accordance with the Constitution of the ISU and the rules for conducting competitions in figure skating on skates, team leaders, coaches and parents of participants have no right to interfere with the actions of judges.

3. CONDITIONS OF PARTICIPATION IN THE COMPETITION. APPLICATIONS AND TOLERANCE

3.1. In the competition, participants will compete in the following age categories: Pre-Chicks (boys and girls), Chicks A (boys and girls), Chicks B (boys and girls), Cubs A (boys And Girls), Cubs B (boys and girls), Intermediate (boys and girls), Basic Novice (boys and girls), Advanced Novice (boys and girls), Junior (boys and Girls).

3.2. The composition of the team is not limited.

3.3. Registration of participants will be made before the start of the competition as the participants arrive.

A computer draw of participants is held on the day before competition on the basis of submitted applications for participation.

Admission of participants to participate in the competition is carried out by the credentials committee on the submission of the following documents:

- application in the form of Appendix No. 1 or in free form, sent by **e-mail: vffs2016@gmail.com;**
- passport / birth certificate of participants;
- document confirming the admission of the doctor;
- medical insurance;
- document confirming the payment of the organizational fee.

In the absence of at least one document specified in this clause, the participant is not allowed to participate in the competition.

3.3. Nominal applications for participation with musical accompaniment are provided to the Organizing Committee not later than 15 days prior to the beginning of the competition, by sending by e- Mail: vffs2016@gmail.com.

Applications submitted by participants after the submission deadline can only be accepted by the Organizing Committee.

When submitting an application for participation, the participant agrees with this Regulation on competitions.

3.4. To participate in the competition, athletes who have undergone a special medical examination and are admitted to the doctor, certified by his signature and personal seal, are allowed.

3.5. All categories in this event will be judged in accordance with the judging system of the International Skating Union.

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4. COMPETITION PROGRAM, RESULTS AND PROTOCOLS

Competitions are held on the basis of the Ice Palace of Vitebsk, at the address: Stroiteley av., 23, Vitebsk, Republic of Belarus.

Date: **20-21 of April, 2019.**

April 20, 2019 - free skating program (FS) for girls and boys of age categories: Chicks B, Chicks A, Cubs A, Junior, Basic Novice. Awarding of winners.

Ceremonial opening of the competition.

Short program (SP) for age categories: Advanced Novice (boys and girls); Junior (boys and girls).

April 21, 2019 - free skating program (FS) for girls and boys of age categories: Cubs B, Pre-Chicks B, Intermediate,. Rewarding the winners.

The program of free skating (FS) for age categories: Advanced Novice; Junior. Winner's reward ceremony.

Ceremonial closing.

Day of departure.

This schedule is preliminary and may vary depending on the number of entries for each category.

The detailed schedule will be available 5 days before the start of the competition. It will be sent to participants by e-mail and will be available on the Internet: www.figure.skating.by.

There is a possibility of short training on ice. The training schedule will appear after the deadline. The draw will be held on the day of the competition. Results and protocols will be available on the Internet: www.figure.skating.by.

5. MUSICAL SUPPORT

5.1. All participants must provide musical accompaniment to programs of excellent quality in the format of mp3, when submitting an application for participation, by sending to e-mail: vffs2016@gmail.com.

The file should have the following name: surname-name-group-time of the track. mp3 (for example: Ivanov-Ivan-Pre-Chicks - 2.05.mp3).

5.2. All participants in the registration must have a musical accompaniment to the programs on separate CDs of the Security Council. The musical accompaniment should be the only recording on the disc and be ready to play by inclusion.

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All discs must display the exact duration of the music (not the ride time), including any signal for entry and must be presented at the time of registration.

5.3. Participants must provide a backup disk for each program. If the information about the music is not complete and there are no discs, there will be no accreditation.

6. AWARDING WINNERS AND PRIZEERS COMPETITION

6.1. Winners of the competition are awarded a memorable prize, a diploma of the 1st degree, a medal. For the second and third place - diplomas and medals.

6.2. All participants of the competition are awarded diplomas and souvenirs.

7. COMPETITION FUNDING CONDITIONS

7.1. The expenses for the organization and holding of the competitions are carried out at the expense of the Association of the Federation of Skating Skating in the Vitebsk Region, the Sports and Tourism Department of the Vitebsk Oblast Executive Committee, the State Specialized Educational and Sports Institution "Vitebsk Oblast Center for the Olympic Winter Sports Reserve" and organizational contributions participants of the competition in accordance with the approved estimate.

Expenditures for the management of sports and tourism of the Vitebsk Oblast Executive Committee: payment for the work of medical personnel (2 days) and purchase of medals in the amount of 60 pieces (20 sets to 2.00 rubles).

The expenses for the payment of work, food, accommodation for judges, food for nonresident participants in the competition, information and technical support, decoration of the hall, the acquisition of diplomas, commemorative prizes, photo and video, will be carried out at the expense of organizational fees and funds of the Association of the Federation of Skating Skating in Vitebsk region ".

The costs for the payment of utility bills, maintenance and operating expenses for the ice arena will be covered by the State Specialized Educational and Sports Institution "Vitebsk Regional Center of the Olympic Reserve for Winter Sports".

Expenses for payment for the rental of additional premises (coaching, dressing rooms and other premises) will be carried out at the expense of organizational fees and funds of the Association of the Federation of Skating Skating in the Vitebsk Region.

7.2. The amount of organizational (starting) fees for admission to the competition and the procedure for their payment is determined by Appendix 2 to this provision.

7.3. Expenses for arrival, accommodation, meals and other expenses are carried out at the expense of the participants themselves.

7.4. To compensate for other expenses for the conduct of the competitions, in the order established by the legislation and the organizers of the competitions, funds from participants in the competitions, sponsors, and voluntary donations from citizens and legal entities may be used.

8. ORGANIZATION OF MEDICAL SUPPORT

8.1. For the duration of the competition, the organizers ensure the availability of medical assistance.

8.2. The basis for admitting a participant to the competition is a medical certificate. Each participant must have a valid insurance policy.

9. PROTESTS

9.1. The procedure for filing a protest is governed by Rule 123 of the ISU Constitution.

10. THE ORDER OF REVIEW OF SPORTS RESULTS IN THE EVENT OF SPORTS DISQUALIFICATION

10.1. Sports results of competitions can be reviewed by the head of the judiciary in the following cases:

- satisfaction of protest against the result of the competition (chapter 9 of the provision);
- unsportsmanlike behavior of an athlete during the competition (if there is an actual material, documented, or by means of technical means of recording);
- gross violation of the rules of the competitions, stipulated by the ISU.

Chapter 11. TECHNICAL DATA AND REQUIREMENTS

Junior: ladies and men

Age:	01.07.1999 – 30.06.2005
Short program:	Program duration 2.40 +/- 10 sec In accordance with ISU Technical Rules – Single and Pair Skating 2018, Rule 611, paragraphs 1 and 3 for the season 2018-2019.
Free skating:	Program duration 3.30 +/- 10 sec In accordance with ISU Technical Rules – Single and Pair Skating 2018, Rule 612 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value. Vocal music is allowed.
Program components:	In accordance with ISU Technical Rules – Single and Pair Skating 2018, Rule 353, paragraph 1, m) the factors for the program components are the following: <ul style="list-style-type: none">– short program men 1,0;– short program ladies 0,8;– free skating men 2,0;– free skating ladies 1,6

Advanced Novice: ladies and men

Age:	from 10 to 15 years old as by July 1st prior to the competitions
Short program:	Program duration 2.20 +/- 10 sec In accordance with ISU Communication 2172 and its subsequent updates short program should contain the following elements: for men: <ul style="list-style-type: none">a) Axel Paulsen of double Axel Paulsenb) double or triple jump (Axel can not be repeated)c) one cascade of jumps consisting of two double jumps or a double and a triple jump. Individual jumps must be different from the jumps included in the cascade of jumps.d) Camel spin, sit spin or upright spin with a change of foot (entering with a jump is forbidden). At least five (5) revolutions on each leg.e) Spin combination with one change of foot (at least five (5) revolutions on each leg). Entering with a jump is allowed.f) Step sequence fully utilizing the ice surface.

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for ladies:

- a) Axel Paulsen of double Axel Paulsen
- b) double or triple jump (Axel can not be repeated)
- c) one cascade of jumps consisting of two double jumps or a double and a triple jump.

Individual jumps must be different from the jumps included in the cascade of jumps.

d) Layback / sideways leaning spin or spin in one position without change of foot (entering with a jump is forbidden). At least six (6) revolutions on each leg.

e) Spin combination with one change of foot (at least five (5) revolutions on each leg). Entering with a jump is allowed.

f) Step sequence fully utilizing the ice surface.

Jumps that do not meet the requirements of the short program (including the wrong number of revolutions) will have no value.

If the jump is performed twice, as a solo jump and as part of a cascade of jumps, the second performance will not be counted (if it is a repetition in the cascade of jumps, only an individual jump that does not meet the above requirements will not be counted). Only the cascade can consist of two identical jumps.

Free skating:

Program duration 3.00 +/- 10 sec

In accordance with ISU Communication 2172 and its subsequent updates, a well-balanced program of men and ladies should contain the following:

a) maximum of 6 jump elements, one of which must be an Axel type jump. A program can have no more than two (2) cascades or combinations of jumps. A cascade of jumps can only include two (2) jumps. A combination of jumps may consist of 2 (two) jumps with any number of turns, starting with any jump, immediately followed by an Axel-type jump with a straight step from the landing edge of the first jump on the Axel take-off edge.

Only two (2) triple jumps can be repeated in a cascade or combination of jumps. Quadruple jumps are not allowed. Any single, double (including Double Axel) or triple jump can not be performed in the program more than two times.

b) the program includes no more than two (2) rotations: one of which must be a combination of rotations with a change of foot (at least eight (8) revolutions), entering with a jump is not allowed, and the second must be a jump into rotation (at least six (6) revolutions) or rotation in one position with a change of foot with entering with a jump in (at least eight (8) revolutions).

All rotations must have a different character (must have

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different abbreviations).

c) the program must include one step sequence fully utilizing the ice surface.

Vocal music is allowed.

Program components:

The four components are evaluated in the programs:

- Skating Skills
- Transitions
- Performance
- Interpretation

In accordance with ISU Communication 2172 program components are multiplied by the following factors:

- short program men 0,9;
- short program ladies 0,8;
- free skating men 1,8;
- free skating ladies 1,6

Levels of difficulty of elements:

The maximum level of difficulty of elements is the third (3).

Any additional features of difficulty levels will not be counted to increase the level of difficulty of elements and will be ignored by the technical team.

Additional information:

For the performance of complex elements in the second half of the program bonuses will not be awarded.

For each interruption during the execution of the program the following reductions will be applied:

- from 10 seconds to 20 seconds: - 0,5
- from 20 seconds to 30 seconds: - 1,0
- from 30 seconds to 40 seconds: - 1,5
- program interruption up to three (3) minutes from the interruption point: - 2,5 per program

Reduction for each fall is 0,5 points.

One warm-up group can include up to eight (8) skaters.

If an “extra” jump (s) is performed, then only an individual jump that doesn’t meet the requirements will have no value.

Jumps are considered in the order of their execution.

Intermediate Novice: ladies and men

Age:

up to 15 years old as by July 1st prior to the competitions

Program duration 3.00 +/- 10 sec

Free skating:

In accordance with ISU Communication 2172 and its subsequent updates, a well-balanced program should contain

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the following:

a) maximum of 5 jump elements, one of which must be an Axel type jump. A program can have no more than two (2) cascades or combinations of jumps. A cascade of jumps can only include two (2) jumps. A combination of jumps may consist of 2 (two) jumps with any number of turns, starting with any jump, immediately followed by an Axel-type jump with a straight step from the landing edge of the first jump on the Axel take-off edge.

Triple and quadruple jumps are not allowed. Any single or double jump (including Double Axel) can not be performed in the program more than two times.

b) the program includes no more than two (2) rotations: one of which must be a combination of rotations with a change of foot (at least eight (8) revolutions), entering with a jump is not allowed, and the second must be a jump into rotation (at least six (6) revolutions) or rotation in one position with a change of foot with entering with a jump in (at least eight (8) revolutions).

All rotations must have a different character (must have different abbreviations).

c) the program must include one step sequence fully utilizing the ice surface.

Vocal music is allowed.

Program components:

The two components are evaluated in the programs:

- Skating Skills
- Performance
- Interpretation

In accordance with ISU Communication 2172 program components are multiplied by the following factors:

- for men 2,0;
- for ladies 1,7.

Levels of difficulty of elements:

The maximum level of difficulty of elements is the second (2). Any additional features of difficulty levels will not be counted to increase the level of difficulty of elements and will be ignored by the technical team.

Additional information:

For the performance of complex elements in the second half of the program bonuses will not be awarded.

For each interruption during the execution of the program the following reductions will be applied:

- from 10 seconds to 20 seconds: - 0,5
- more than 20 seconds to 30 seconds: - 1,0
- from 30 seconds to 40 seconds: - 1,5
- program interruption up to three (3) minutes from the

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interruption point: - 2,5 per program

Reduction for each fall is 0,5 points.

One warm-up group can include up to eight (8) skaters.

If an “extra” jump (s) is performed, then only an individual jump that doesn’t meet the requirements will have no value. Jumps are considered in the order of their execution.

Basic Novice: ladies and men

Age:

up to 13 years old as by July 1st prior to the competitions

Program duration 2.30 +/- 10 sec

Free skating:

In accordance with ISU Communication 2172 and its subsequent updates, a well-balanced program should contain the following:

a) maximum of 4 jump elements, one of which must be an Axel type jump. A program can have no more than two (2) cascades or combinations of jumps. A cascade of jumps can only include two (2) jumps. A combination of jumps may consist of 2 (two) jumps with any number of turns, starting with any jump, immediately followed by an Axel-type jump with a straight step from the landing edge of the first jump on the Axel take-off edge.

Triple and quadruple jumps are not allowed. Any single or double jump (including Double Axel) can not be performed in the program more than two times.

b) the program includes no more than two (2) rotations: one of which must be a combination of rotations and the second must be rotation in one position. All rotations must have a different character (must have different abbreviations).

A combination of rotation with a change of foot must have a minimum of eight (8) revolutions, a combination of rotations without a change of foot - a minimum of six (6) revolutions.

Rotation in one position with a change of foot should have at least eight (8) revolutions, rotation in one position without a change of foot - at least six (6) revolutions.

Entering with a jump is allowed in both rotations.

c) the program must include one step sequence fully utilizing the ice surface.

Vocal music is allowed.

Program components:

The two components are evaluated in the programs:

- Skating Skills

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- Performance

In accordance with ISU Communication 2172 program components are multiplied by a factor 2,5.

Levels of difficulty of elements:

The maximum level of difficulty of elements is the second (2). Any additional features of difficulty levels will not be counted to increase the level of difficulty of elements and will be ignored by the technical team.

Additional information:

For the performance of complex elements in the second half of the program bonuses will not be awarded.

For each interruption during the execution of the program the following reductions will be applied:

- from 10 seconds to 20 seconds: - 0,5
- more than 20 seconds to 30 seconds: - 1,0
- from 30 seconds to 40 seconds: - 1,5
- program interruption up to three (3) minutes from the interruption point: - 2,5 per program

Reduction for each fall is 0,5 points.

One warm-up group can include up to eight (8) skaters.

If an “extra” jump (s) is performed, then only an individual jump that doesn’t meet the requirements will have no value.

Jumps are considered in the order of their execution.

Cubs A: ladies and men

Age:

01.07.2008 – 30.06.2009

Free skating:

Program duration 2.30 +/- 10 sec

In accordance with ISU Communication 2172 and its subsequent updates, a well-balanced program should contain the following:

a) maximum of 4 jump elements, one of which must be an Axel type jump. A program can have no more than two (2) cascades or combinations of jumps. A cascade of jumps can only include two (2) jumps. A combination of jumps may consist of 2 (two) jumps with any number of turns, starting with any jump, immediately followed by an Axel-type jump with a straight step from the landing edge of the first jump on the Axel take-off edge.

Triple and quadruple jumps are not allowed. Any single or double jump (including Double Axel) can not be performed in

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the program more than two times.

b) the program includes no more than two (2) rotations: one of which must be a combined rotation with a change of foot without entering with a jump (a minimum of eight (8) revolutions) and one of which must be with a jump into rotation (a minimum of six (6) revolutions) or rotation in one position with a change of foot with entering with a jump (a minimum of eight (8) revolutions). All rotations must have a different character (must have different abbreviations).

c) the program must include one step sequence fully utilizing the ice surface.

Vocal music is allowed.

Program components:

The two components are evaluated in the programs:

- Skating Skills
- Performance

In accordance with ISU Communication 2172 program components are multiplied by a factor 2,5.

Levels of difficulty of elements:

The maximum level of difficulty of elements is the second (2). Any additional features of difficulty levels will not be counted to increase the level of difficulty of elements and will be ignored by the technical team.

Additional information:

For the performance of complex elements in the second half of the program bonuses will not be awarded.

For each interruption during the execution of the program the following reductions will be applied:

- from 10 seconds to 20 seconds: - 0,5
- more than 20 seconds to 30 seconds: - 1,0
- from 30 seconds to 40 seconds: - 1,5
- program interruption up to three (3) minutes from the interruption point: - 2,5 per program

Reduction for each fall is 0,5 points.

One warm-up group can include up to eight (8) skaters.

If an “extra” jump (s) is performed, then only an individual jump that doesn’t meet the requirements will have no value.

Jumps are considered in the order of their execution.

Cubs B: ladies and men

Age:

01.07.2009 – 30.06.2010

Program duration 2.30 +/- 10 sec

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Free skating:

In accordance with ISU Communication 2172 and its subsequent updates, a well-balanced program should contain the following:

a) maximum of 4 jump elements, one of which must be an Axel type jump. A program can have no more than two (2) cascades or combinations of jumps. A cascade of jumps can only include two (2) jumps. A combination of jumps may consist of 2 (two) jumps with any number of turns, starting with any jump, immediately followed by an Axel-type jump with a straight step from the landing edge of the first jump on the Axel take-off edge.

Triple and quadruple jumps are not allowed. Any single or double jump (including Double Axel) can not be performed in the program more than two times.

b) the program includes no more than two (2) rotations: one of which must be a combined rotation with a change of foot (a minimum of 3+3 revolutions) or without a change of foot (a minimum of six (6) revolutions), entering with a jump is not allowed and one rotation in one position without a change of foot

(a minimum of six (6) revolutions), or with a change of foot (a minimum of eight (8) rotations), entering with a jump is allowed.

All rotations must have a different character (must have different abbreviations).

c) the program must include one step sequence fully utilizing the ice surface.

Vocal music is allowed.

Program components:

The two components are evaluated in the programs:

- Skating Skills
- Performance

In accordance with ISU Communication 2172 program components are multiplied by a factor 2,5.

Levels of difficulty of elements:

The maximum level of difficulty of elements is the second (2). Any additional features of difficulty levels will not be counted to increase the level of difficulty of elements and will be ignored by the technical team.

Additional information:

For the performance of complex elements in the second half of the program bonuses will not be awarded.

For each interruption during the execution of the program the following reductions will be applied:

- from 10 seconds to 20 seconds: - 0,5
- more than 20 seconds to 30 seconds: - 1,0
- from 30 seconds to 40 seconds: - 1,5

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- program interruption up to three (3) minutes from the interruption point: - 2,5 per program

Reduction for each fall is 0,5 points.

One warm-up group can include up to eight (8) skaters.

If an “extra” jump (s) is performed, then only an individual jump that doesn’t meet the requirements will have no value.

Jumps are considered in the order of their execution.

Chiks A: ladies and men

Age:

01.07.2010 – 30.06.2011

Program duration 2.20 +/- 10 sec

Free skating:

In accordance with ISU Communication 2172 and its subsequent updates, a well-balanced program should contain the following:

a) maximum of 4 jump elements, one of which must be an Axel type jump. A program can have no more than two (2) cascades or combinations of jumps. A cascade of jumps can only include two (2) jumps. A combination of jumps may consist of 2 (two) jumps with any number of turns, starting with any jump, immediately followed by an Axel-type jump with a straight step from the landing edge of the first jump on the Axel take-off edge.

Triple jumps are not allowed. Any single or double jump (including Double Axel) can not be performed in the program more than two times.

b) the program includes no more than two (2) rotations: one of which must be a combined rotation with a change of foot (a minimum of 3+3 revolutions) or without a change of foot (a minimum of six (6) revolutions), entering with a jump is not allowed and one rotation in one position without a change of foot

(a minimum of six (6) revolutions), or with a change of foot (a minimum of eight (8) rotations), entering with a jump is allowed.

All rotations must have a different character (must have different abbreviations).

c) the program must include one step sequence fully utilizing the ice surface.

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	Vocal music is allowed.
Program components:	<p>The two components are evaluated in the programs:</p> <ul style="list-style-type: none"> – Skating Skills – Performance <p>In accordance with ISU Communication 2172 program components are multiplied by a factor 2,5.</p>
Levels of difficulty of elements:	<p>The maximum level of difficulty of elements is the second (2). Any additional features of difficulty levels will not be counted to increase the level of difficulty of elements and will be ignored by the technical team.</p>
Additional information:	<p>For the performance of complex elements in the second half of the program bonuses will not be awarded.</p> <p>For each interruption during the execution of the program the following reductions will be applied:</p> <ul style="list-style-type: none"> – from 10 seconds to 20 seconds: - 0,5 – more than 20 seconds to 30 seconds: - 1,0 – from 30 seconds to 40 seconds: - 1,5 – program interruption up to three (3) minutes from the interruption point: - 2,5 per program <p>Reduction for each fall is 0,5 points.</p> <p>One warm-up group can include up to eight (8) skaters.</p> <p>If an “extra” jump (s) is performed, then only an individual jump that doesn’t meet the requirements will have no value. Jumps are considered in the order of their execution.</p>

Chiks B: ladies and men

Age:	01.07.2011 – 30.06.2012
	Program duration 2.20 +/- 10 sec
Free skating:	<p>In accordance with ISU Communication 2172 and its subsequent updates, a well-balanced program should contain the following:</p> <p>a) maximum of 4 jump elements, one of which must be an Axel type jump. A program can have no more than two (2) cascades or combinations of jumps. A cascade of jumps can only include two (2) jumps. A combination of jumps may consist of 2 (two) jumps with any number of turns, starting with any jump, immediately followed by an Axel-type jump with a straight step from the landing edge of the first jump on the Axel take-off edge.</p>

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Triple jumps are not allowed. Any single or double jump (including Double Axel) can not be performed in the program more than two times.

b) the program includes no more than two (2) rotations. All rotations must have a different character (must have different abbreviations). Each rotation must have a minimum of three (3) revolutions.

c) the program must include one step sequence fully utilizing the ice surface.

Vocal music is allowed.

Program components:

The two components are evaluated in the programs:

- Skating Skills
- Performance

In accordance with ISU Communication 2172 program components are multiplied by a factor 2,5.

Levels of difficulty of elements:

The maximum level of difficulty of elements is the second (2). Any additional features of difficulty levels will not be counted to increase the level of difficulty of elements and will be ignored by the technical team.

Additional information:

For the performance of complex elements in the second half of the program bonuses will not be awarded.

For each interruption during the execution of the program the following reductions will be applied:

- from 10 seconds to 20 seconds: - 0,5
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- from 30 seconds to 40 seconds: - 1,5
- program interruption up to three (3) minutes from the interruption point: - 2,5 per program

Reduction for each fall is 0,5 points.

One warm-up group can include up to eight (8) skaters.

If an “extra” jump (s) is performed, then only an individual jump that doesn’t meet the requirements will have no value.

Jumps are considered in the order of their execution.

Pre-Chiks: ladies and men

Age:

01.07.2012 and younger

Program duration 2.10 +/- 10 sec

Free skating:

In accordance with ISU Communication 2172 and its subsequent updates, a well-balanced program should contain

In case of disagreements the text in Russian language will have preferred interpretation.

the following:

a) maximum of 4 jump elements. A program can have no more than two (2) cascades or combinations of jumps. A cascade of jumps can only include two (2) jumps. A combination of jumps may consist of 2 (two) jumps with any number of turns, starting with any jump, immediately followed by an Axel-type jump with a straight step from the landing edge of the first jump on the Axel take-off edge.

Any single or double jump (including Double Axel) can not be performed in the program more than two times.

b) the program includes no more than two (2) rotations. All rotations must have a different character (must have different abbreviations). Each rotation must have a minimum of three (3) revolutions.

c) the program must include one step sequence fully utilizing the ice surface.

Vocal music is allowed.

Program components:

The two components are evaluated in the programs:

- Skating Skills
- Performance

In accordance with ISU Communication 2172 program components are multiplied by a factor 2,5.

Levels of difficulty of elements:

The maximum level of difficulty of elements is the second (2).

Any additional features of difficulty levels will not be counted to increase the level of difficulty of elements and will be ignored by the technical team.

Additional information:

For the performance of complex elements in the second half of the program bonuses will not be awarded.

For each interruption during the execution of the program the following reductions will be applied:

- from 10 seconds to 20 seconds: - 0,5
- more than 20 seconds to 30 seconds: - 1,0
- from 30 seconds to 40 seconds: - 1,5
- program interruption up to three (3) minutes from the interruption point: - 2,5 per program

Reduction for each fall is 0,5 points.

One warm-up group can include up to eight (8) skaters.

If an “extra” jump (s) is performed, then only an individual jump that doesn’t meet the requirements will have no value.

Jumps are considered in the order of their execution.

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Appendix No. 1 to the Regulation

APPLICATION

For participation in the Open Championship "Northern Star"

1	Surname, name,	
2	City, Country	
3	Date of birth	
4	Classification category	
5	Coach, organization	
6	e-mail	
7	Music accompaniment to programs	In the application in the format of mp3

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Appendix No. 2 to the Regulation

Organizational (starting) fee and payment procedure

The registration fee is transferred to the settlement account of the Association of the Federation of Skating Skating in the Vitebsk Region (UNP 390541251, account BY79ALFA30152180850040270000, CJSC "ALFA-BANK" Minsk, BIC ALFABY2X, Minsk, Myasnikova str., 70, purpose of payment "Organizational fee for participation in the open championship "Northern Star").

Ranks performing one arbitrary program pay an organizational fee of 60.00 (sixty rubles 00 kopecks) of Belarusian rubles.

Ranks that perform a short and arbitrary program, pay an organizational fee of 80.00 (eighty rubles 00 kopecks) of Belarusian rubles.

The paid organizational fee is not refundable in the event of the participant refusing to participate in the competition, regardless of the reasons for refusing to participate.

In case of cancellation of the competition, the paid organizational contributions of the participants are returned in full.