



photo: Sari Niskanen



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photo: Aino-Inkeri Koivumäki

Dream Steps – the team

Skaters: Auranen Laura-Maria, Caraveo Charlotta, Ekman Linda, Ellonen Juulia, Grönblad Eva, Honkanen Elli, Järvi Julianna, Kaiku Anni, Koivumäki Kaisu, Laakso Anna, Laakso Julia, Lindborg Nea, Oikarinen Jenni, Pennala Susanna, Pusa Reetta, Päänttjä Karoliina, Rokkanen Roosa, Sainio Meri, Sipilä Camilla, Tarjamo Sofia, Tuovinen Stella, Tuukkanen Veera, Varis Nelli
Captains: Stella Tuovinen (C), Eva Grönblad (A), Anni Kaiku (A)

Coach and choreography: Helena Tienhaara

Assistant coaches: Nina Korpikoski, Susanna Hedman, Sanna Salonen
Dance pedagogue: Jenika Timonen; Physical training: Helena Tienhaara
Drama coach: Päivi Äijälä and Leena Koskiahde; Mental coach: Pie Hagström
Costume designer: Elina Loueranta

Team leaders: Aino-Inkeri Koivumäki, Riitta Caraveo
Chaperons: Päivi Grönblad, Jaana Sipilä

Dream Steps

Novice Synchronized Skating Team
Vantaa, Finland

Every great accomplishment begins with a dream
Join us dreamers



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Dream Steps

Dream Steps is the competitive novice team of the EVT figure skating club. The team consists of 23 talented skaters, their age range being between 12-15 years. The team is coached by Helena Tienhaara. She is being assisted by Nina Korpikoski, Susanna Hedman and Sanna Salonen. The team trains 11 – 12 hours a week, 7 hours on ice and 4 to 5 hours for supportive training. In addition to skating, weekly training includes ballet, dancing, physical training. Training also covers mental training, spin techniques, artistry, and physiotherapy.

Dream Steps is the 2009 national bronze medalist in the novice division and three-time silver medalist (2007, 2008 and 2009) in the international Leon Lurje Trophy, Sweden. The Savanna Rocks program was put together on a training camp in July and was finalized during the fall.

The season has begun very well for Dream Steps. The team took silver in the 1st qualifying and won gold in the 2nd qualifying competition.

Now the team is focusing on international competitions Cup of Berlin and Finlandia Cup in January, Finnish Championships in February and Leon Lurje Trophy in March 2010.

Etelä-Vantaan Taitoluistelijat, EVT – the Club

EVT is one of the leading figure skating clubs in Finland with its 30 years heritage in figure and synchronized skating, 600 skaters and 700 club members. The club is based in Myyrmäki ice rink in Vantaa but skaters train also in ice rinks in Helsinki, Espoo and Vihti.

EVT believes in persistent work and continuous improvement. The club runs skating school of 300 skaters (our future stars), 100 singles skaters in 6 groups. Synchronized skating in EVT is based on synchro school (2 groups) and 7 competitive teams with 200 skaters. The club employs 4 full time skating coaches, 15 assistant coaches and a club secretary.

For additional info, visit www.evt.sporttisaitti.com

Theme for the season 2009 - 2010

Savanna Rocks!

It's early morning after a rainy night. The last rain drops are falling from bush branches into mud ponds. The savanna breaths the steaming sun of a new day. The warm air is flickering and tall grass dangling in the gentle wind as a herd of antelopes gallops across the savanna. Sleepy lions return from their nightly hunting and settle down in shade, hiding from the burning sun.

Suddenly, the mid day brightness fades away and the horizon becomes purple and dark. Wind starts to roll bushes, lightning strikes and mud ponds become wide streams. Elephants alert for danger with their trunks. Soon, just when the storm reaches savanna, the pouring rain becomes a drizzle...

The hunters are breaking their covers and start to tighten their strings. You will then hear the warthog calling. It's time to celebrate! Birds are singing, chimpanzees are screaming, and everybody gathers around the steaming mud pond in a wild dance.

Music from movies Madagascar, the Wild and Ace Ventura - When Nature Calls, and PlayStation3 soundtrack Africa.