

EVT Trophy categories:

Cubs girls, Springs B girls, Springs A girls, Debutants A girls and boys, Novice B girls, Advanced Novice girls, Junior B Ladies, Pre-young axel

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Program component factors in all categories (excluding Advance Novice) according to the rules of Finnish Figure Skating Association.

**CUBS Girls, born 2008 and younger (star evaluation)**

Free program: max. 2.30 min. Vocal music with lyrics is allowed.

- All single jumps
- Axel and/or max. 1 double jump or trying
- Axel and 1 kind of double jump can be repeated
- 3 different spins minimum 4 revolutions
- Step sequence covering ½ of the ice-rink
- At least 2 unsupported spiral positions

**SPRINGS B Girls, born 2006 and younger (star evaluation)**

Free program: 2.30 min (+/- 10sec). Vocal music with lyrics is allowed.

- Max. 5 jump elements
  - \* 1 of which must be single Axel jump
  - \* At least 1 double jump (it is allowed to try all double jumps)
  - \* Max. 2 jump combinations or jump sequences of which max. 1 jump combination may consist of 3 jumps
  - \* Single or double jumps can be repeated max twice
- Max. 2 different spins (every spin has to have different abbreviation!)
  - \* Spin combination (8 revolutions) with or without change of foot. There must be at least 2 basic positions at min. 2 revolutions. You may not start with the jump.
  - \* One spin with one position with or without change of foot. You may start the spin with the jump (one position spin min. 5 rev./change of foot min. 8 rev.)
- 1 step sequence must fully utilize the ice surface.
- At least 2 unsupported spirals, both on edge and one must be at least 3 sec. (May not include step sequence.)

**SPRINGS A Girls, born 2006 and younger (ISU evaluation)**

Free program: 2.30 min (+/- 10sec), 8 elements. Vocal music with lyrics is allowed.

- Max. of 5 jump elements.
  - \* 1 of which must be Axel jump.
  - \* 3 different double jumps are required. All double jumps may be attempted.
  - \* Max. of 2 jump combinations or sequences (one with 3 jumps, one with 2 jumps)
  - \* no single or double jump, incl. 1A or 2A, may be attempted more than twice (jumps do not

need to be attempted in a jump combinations or jump sequence)

- Max. of 2 spins with different abbreviations
  - \* 1 spin combination with or without a change of foot (min. 8 revolutions) You may not start the spin with the jump.
  - \* 1 spin of one foot and in one position (min. 5 revolutions). With change of foot min. 8 revolutions. May start with a jump.
- 1 step sequence fully utilize the ice surface.
- At least 2 unsupported spirals, both on edge and one must last at least 3 sec. (May not include step sequence.)

Deduction: - 0,5 points for each fall

### **DEBS A Girls and Boys, born 1.7.2004 and younger (ISU evaluation)**

Free program: girls 3.00 min (+/- 10sec), boys 3.30 min (+/- 10sec), 9 elements/girls, 10 elements/boys.  
Vocal music with lyrics is allowed.

- Maximum of 6 jump elements (girls) and 7 jump elements (boys):
  - \* One must be an Axel type jump.
  - \* Max. 2 jump combination or jump sequences
  - \* Only one jump combination may contain 3 jumps, other combinations max. 2 jumps.
  - \* Only 2 jumps with 3 or more revolutions may be repeated either in a jump combination or a jump sequence
  - \* No single or double jump, incl. 1A and 2A, may be attempted more than twice (jumps do not need to be attempted in a jump combination or jump sequence)
  - \* There should be at least 4 different double jumps in the program
- Max. 2 different spins (every spin has to have different abbreviation!)
  - \* Spin combination (8 revolutions) with or without change of foot. You may not start the spin with the jump (CoSp or CCoSp)
  - \* Flying or with flying entrance one position spin (camel, sit or upright spin).  
You may change of foot.  
One position at least 5 revolutions. With change of foot at least 8 revolutions.
- 1 Step sequence must fully utilize the ice surface.
- Min. 2 spirals, both on edge and one must last at least 3 sec. (May not include step sequence.)

Bonus: 2A = + 1,0 points, triple jump = + 2,0 points, 2 different triple jumps + 4,0 points. The max. bonus is + 4,0 points counted from the three most valuable bonus jumps.

Deduction: - 0,5 points for each fall

### **NOVICE B Girls, born 1.7.2002 or younger (ISU evaluation)**

Free program: girls 3.00 min (+/- 10sec), boys 3.30 min (+/- 10sec), 9 elements/girls,  
10 elements/boys. Vocal music with lyrics is allowed.

- Max. 6 jump elements (girls) and 7 jump elements (boys)
  - \* 1 of which must be Axel jump.
  - \* Max. 2 jump combination or jump sequences of which max. 1 jump combination may consist of 3 jumps.
  - \* Only 2 jumps with 3 or more revolutions may be repeated either in a jump combination or a jump sequence
  - \* Single and double jumps can be repeated twice. (jumps do not need to be attempted in a jump combinations or jump sequence)
  
- Max. 2 different spins (every spin has to have different abbreviation!)
  - \* Spin combination (8 revolutions) with or without change of foot. You may not start the spin with the jump. (CoSp or CCoSp)
  - \* 1 spin with one position with or without change of foot. You may start the spin with the jump at least 5 rev. Spin with a change of foot min. 8 revolutions.
  
- 1 Step sequence must fully utilize the ice surface.
- Min. 2 spirals, both on edge and one must last at least 3 sec. (May not include step sequence.)

Deduction: - 0,5 points for each fall

### **JUNIOR B, Ladies and Men, born 1.7.1998-30.6.2004 (ISU evaluation)**

All requirements according to the rules of Finnish Figure Skating Association in category "Juniorit",

Vocal music with lyrics is allowed.

Short program: 2 min 40 sec (+/-10 sec), 7 elements

1. Axel or double Axel.
  2. Double or triple jump immediately preceded by connecting steps or other free skating movements.
  3. One jump combination (double-double). Solo jumps may not be repeated.
  4. Flying spin (min. 6 revs in the landing position). Landing position has to be different than in the spin in one position (bullet 5.)
  5. Ladies: Layback and/or sideways-leaning spin or camel or sitting spin (min. 6 revs in position), no change of foot. Rotational position has to be different than in the flying spin (bullet 4)
- Men: Camel or sit spin with only one change of foot (min 5 + 5 revs)

6. Spin combination with only one change of foot (min 5+5 revs). Spin may not start with a jump. Spin must include a minimum of 2 different basic positions with 2 revs in each of these positions anywhere within the spin.

7. Step sequence fully utilizing the skating area, may contain unclassified jumps.

Base value for jump elements executed after the first half of the program will be multiplied with 1,1.

Free program: max 3.40 min, 11 elements

- Max. 7 jump elements
  - o 1 Single axel or double axel
  - o Max. 3 jump combination or jump sequences. Max. 1 combination may consist of 3 jumps and the other jump combinations may contain max. 2 jumps.
  - o Only 2 jumps with 3 or more revolutions can be repeated either in a jump combination or in a jump sequence
  - o Single or double jump, incl. 1A or 2A, may be attempted twice (jumps do not need to be attempted in a jump combinations or jump sequence)
- Max. 3 different spins (every spin has to have different abbreviation!)
  - o 1 spin combination (10 revolutions) with or without change of foot.
  - o 1 spin with one position (min. 6 revolution). You may start the spin with the jump with or without change of foot.
  - o 1 spin different abbreviation from the two other spins
- 1 Step sequence must fully utilize the ice surface

\*Base value for jump elements executed after the first half of the program will be multiplied with 1,1.

### **PRE-YOUNG, Axel, Girls and Boys (star evaluation)**

Free program: max 2.30 min

- max. 5 jump elements, single jumps
- Axel or trying
- max.3 different spins.
- Step sequence (at least covering ½ of the ice-rink)
- At least 2 spiral
- Double jumps are not allowed

### **ADVANCE NOVICE girls**

According to the ISU requirements (Communication No. 2024)

Short Program: 2 min 20 sec (+/- 10 sec)

Free Skating: 3 min. (+/- 10 sec)