



Welcome to ToPoLa!

Hello new ToPoLa member,

These are the things you should know when starting basketball at ToPoLa. If you have any questions, feel free to contact ToPoLa's office at toimisto@topola.fi. All contact details can be found on our website: [Toimihenkilöt - Touhun Pojat Lauttasaari ToPoLa ry](#). Please note that most of the club's communication is in Finnish. However, you can contact toimisto@topola.fi at any time if you need assistance or guidance in English or Swedish.

Club Rules

By starting the two-week trial period, you commit to the club's rules: Club Rules | Touhun Pojat Lauttasaari ToPoLa ry.

Two-Week Free Trial

Before joining a team, you can attend practices for two weeks without any commitment. After the two-week trial, you will need to inform us whether you wish to continue in the team or not. If you choose to continue, we will send you the season fee starting from the end of the trial period, as well as a membership fee invoice of 80€.

Team Communication

Team communication is primarily handled through MyClub and WhatsApp. If you haven't been added yet, please ask the team manager or the office to add you. From MyClub, you can view the team's events and receive club announcements and invoices. For invoicing purposes, all your contact information must be up to date in MyClub. You can contact the

team manager or coach for any team-related matters.

Club Communication

The club also communicates via MyClub and WhatsApp. The main communication channel is Touhuposti, which is sent at the beginning of each month via email and is also available to read in MyClub and on the website. Touhuposti includes up-to-date information on events, season fees, camps, club merchandise orders, club activities, and basketball. Be sure to follow other club emails, the website [Touhun Pojat Lauttasaari ToPoLa ry](#), and the club's social media channels [ToPoLa somessa - Touhun Pojat Lauttasaari ToPoLa ry](#) to stay informed about current matters. Make sure that messages/invoices from toimisto@topola.fi do not end up in your spam folder. For any club-related matters, you can contact the Executive Director, Club Coordinator, Administration Coordinator, the office, or the board.



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Season Fees

As a member of ToPoLa, you commit to a half-year season fee. The amounts and details of the season fees can be found on our website at [Kausimaksut - Touhun Pojat Lauttasaari ToPoLa ry](#). If necessary, you can apply for a discount on the season fee due to financial reasons, injury, or other unforeseen circumstances. Submit your application through the form available via the link above. If you do not wish to commit to the upcoming fall season's fee, please inform us by July. Similarly, if you do not wish to commit to the upcoming spring season's fee, please inform us by December. The notification should be made using the form available on the website at [Lopettaminen - Touhun Pojat Lauttasaari ToPoLa ry](#).

License and Insurance

Every player participating in the Basketball Federation's leagues must have a license. The license is not included in the season fee, and each player is responsible for obtaining it themselves: [Lisenssikauppa](#). Everyone (even if not playing games) must have insurance. This can be purchased alongside the license or through your own insurance company. In case of injury, we recommend the services of our partner, Urheilu Mehiläinen. Once you are registered for the free OmaUrheilu service, you can receive

treatment quickly and earn bonuses for the club. You can access OmaUrheilu through this link: [OmaUrheilu – benefits for you and support for your club | Mehiläinen](#).

Club Merchandise and Basketball Equipment

For practices, the basic equipment includes athletic clothing, indoor basketball shoes, a water bottle, and a basketball. Some teams use the club's training kit for practices, and some teams also practice outdoors, in which case outdoor clothing is required. For games, teams have a separate game kit starting from the mini age group. Game and training kits can be purchased through the team manager. Other club merchandise can be purchased from Ballzy: [ToPoLa-kauppa - Touhun Pojat Lauttasaari ToPoLa ry](#).

Materials

Explore the extensive materials available on the club's website: [Materiaalit - Touhun Pojat Lauttasaari ToPoLa ry](#). There, you will find guides and tips for players, parents, team managers, officials, and coaches. For example, official guides are available in English!

A warm welcome to the ToPoLa family!

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