

TALVIHAASTESARJA: TAMMIKUU



ZWIFT

Haasta mukaan
kaverit ja toiset
seurat!

Laji: ZWIFT – Volcano Circuit 4,2km

Sarjat: Tytöt ja pojat 17, 15, 13, 11 ja 9 vuotta

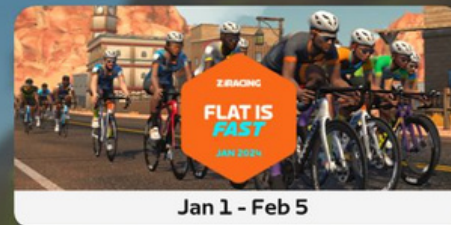
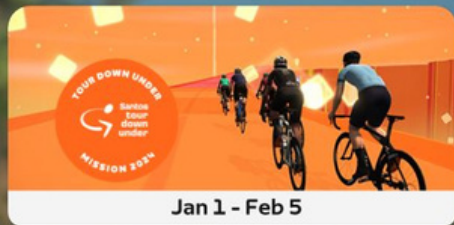
Suoritus aika: 8.1.–31.1.2024

OHJEET:

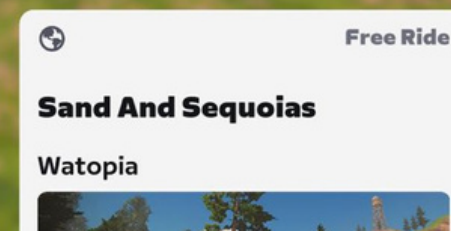
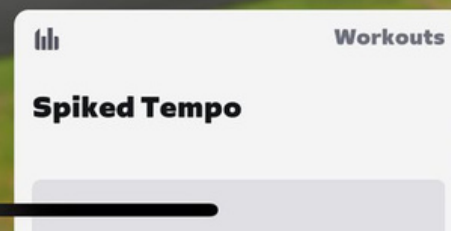
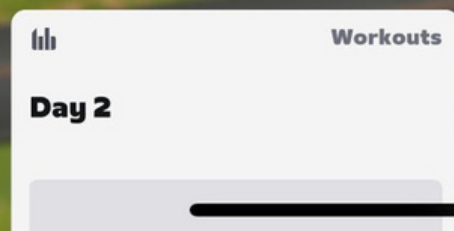
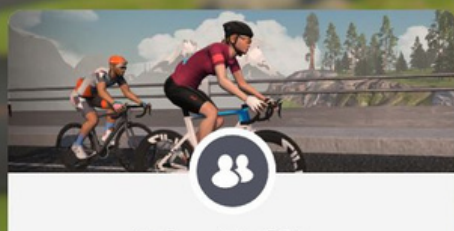
1) Lataa tunnukset osoitteesta
www.zwift.com/eu/memberships

Huom! Alle 16-vuotiaalle Zwift on ilmainen, mutta tunnusten saaminen on hitaampaa, joten varaa aikaa niiden lataukseen.

Yli 16-vuotiaille uusille käyttäjille on tarjolla 14 vrk ilmainen jakso.

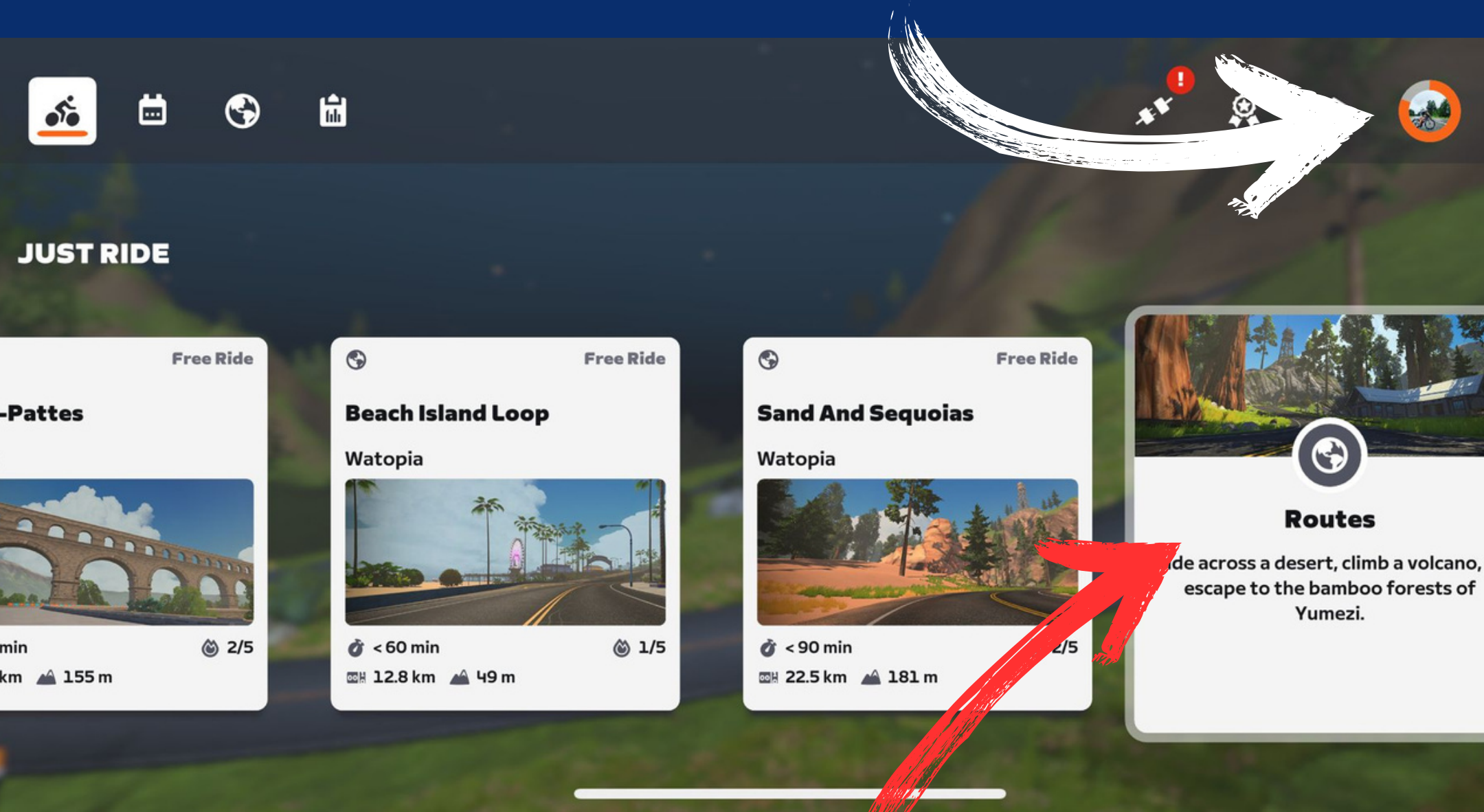


FOR YOU



2) Tarkasta asetukset

Kun olet yhdistänyt pyörän ja tehomittarin/ trainerin sekä päässyt kirjautumaan, tarkista käyttäjän takaa, että kuljettajan paino on mahdollisimman oikein.



3) Valitse: JUST RIDE alta ROUTES

4) Valitse: VOLCANO CIRCUIT 5,3KM

The screenshot shows a cycling application interface. At the top, there are navigation icons for a bicycle, a calendar, a globe (selected), and a clipboard. On the right, there are icons for a location pin with a '3' badge and a medal. The main heading is 'EXPLORE ROUTES'. Below this are three location filters: 'WATOPIA' (13,356 users), 'RICHMOND' (500 users), and 'LONDON' (3,960 users). A 'SORT BY' dropdown menu is set to 'Duration', with 'World Schedule' also visible. A table lists several routes with their names, distances, elevations, and effort levels. A large red arrow points from the top right towards the 'Volcano Circuit' row in the table.

NAME	DISTANCE	ELEVATION	EFFORT
Volcano Circuit	5.3 km	28 m	1/5
Two Bridges Loop	7.1 km	81 m	1/5
Volcano Circuit CCW	7.4 km	38 m	1/5
Hilly Route	9.4 km	109 m	1.5/5
Temple Trail	10.1 km	112 m	1/5

5) Valitse: START RIDE

The image shows a mobile application interface for selecting a ride. On the left, a list of routes is displayed with columns for location, distance, and elevation. The 'Volcano Circuit' route is highlighted. On the right, a detailed view of the 'Volcano Circuit' is shown, including a map, route details, and a 'START RIDE' button. A large red arrow points from the title '5) Valitse: START RIDE' to the 'START RIDE' button.

EXPLORE ROUTES

WATOPIA 13,356

RICHMOND 500

LONDON 3,960

BY
ation

World Schedule

DISTANCE

Route Name	Distance	Elevation
Volcano Circuit	5.3 km	28 m
Volcano Bridges Loop	7.1 km	
Volcano Circuit CCW	7.4 km	38 m
Volcano Circuit	9.4 km	109 m

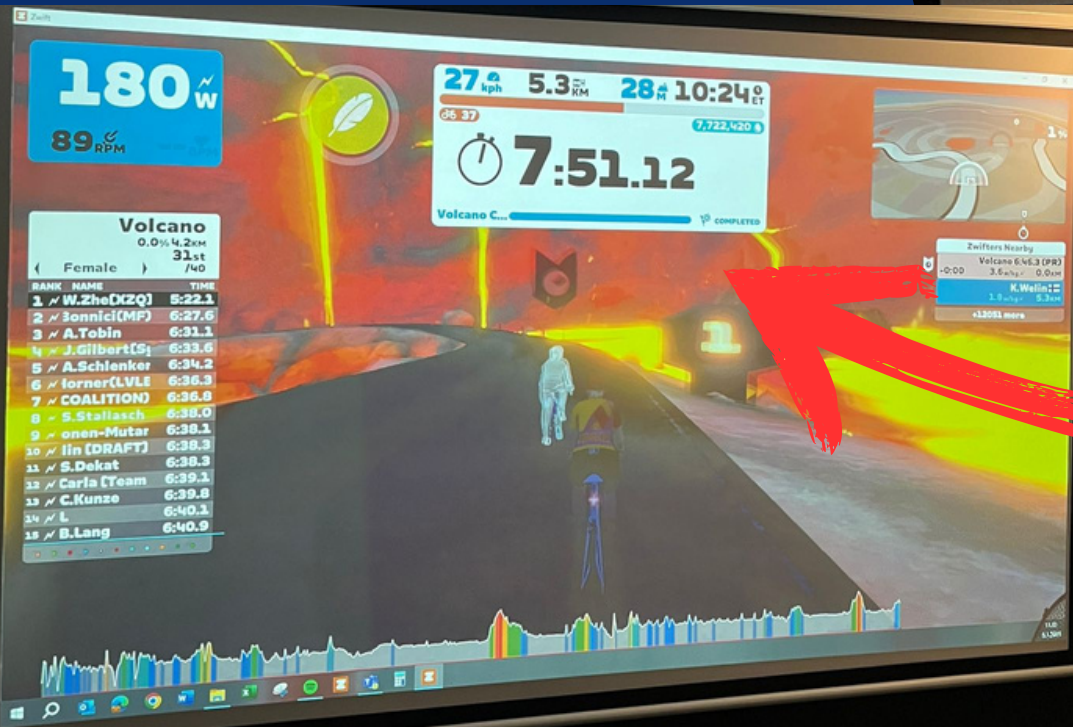
Free Ride **COMPLETE**

Volcano Circuit
Watopia 1/5

5.3 km ▲ 28 m
includes lead-in

START RIDE

6) Reitillä on n. 1km ajoa, ennen varsinaisen segmentin alkua, vasempaan reunaan tulee info, kun segmentin alku lähestyy



7) KOVAA AJOA!
Aja 4,2km segmentti ja zwift näyttää loppuajan!