

IRONMAN FINLAND 2021

National Championchips

Individual: Pro Women - Starters: 14 - Finishers: 14

| Rank | bib | Firstname | LastName | club | Time | Swim | Bike | Run |
|------|-----|-----------|-------------|---------------------------|---------|---------|---------|---------|
| 1 | 16 | Tiina | Pohjalainen | Triathlon Suomi | 9:15:42 | 1:02:59 | 4:55:17 | 3:13:20 |
| 2 | 15 | Heini | Hartikainen | SKB Racing Triathlon Team | 9:17:23 | 1:02:16 | 4:50:16 | 3:20:24 |

Individual: Women 25-29 years - Starters: 7 - Finishers: 7

| Rank | bib | Firstname | LastName | club | Time | Swim | Bike | Run |
|------|-----|-----------|-----------|--------------------------|----------|---------|---------|---------|
| 1 | 746 | Taru | Niemi | Triathlon Club Heinola | 12:12:12 | 1:07:11 | 6:18:36 | 4:35:43 |
| 2 | 303 | Vilma | Lauslahti | TriathlonSuomi | 12:22:05 | 1:02:25 | 6:11:22 | 4:57:40 |
| 3 | 563 | Miia | Aitto-Oja | Oulu Triathlon & Cycling | 13:15:08 | 1:22:42 | 6:37:22 | 5:05:08 |

Individual: Women 30-34 years - Starters: 19 - Finishers: 16

| Rank | bib | Firstname | LastName | club | Time | Swim | Bike | Run |
|------|-----|-----------|------------|-----------------------------------|----------|----------|---------|---------|
| 1 | 624 | Anni | Antikainen | Tampereen Triathlon Klubi | 9:53:34 | 1:00:03 | 5:19:41 | 3:28:55 |
| 2 | 181 | Carolina | Granfors | Keski-Pohjanmaan Triathlon Kp-Tri | 9:56:04 | 1:03:26 | 5:13:30 | 3:34:22 |
| 3 | 462 | Mira | Leskinen | Triathlon Club Heinola | 10:04:55 | 56:53:00 | 5:21:47 | 3:40:47 |
| 4 | 571 | Maiju | Welling | TriathlonSuomi | 10:52:06 | 1:16:51 | 5:36:43 | 3:49:07 |
| 5 | 307 | Marjut | Hirvonen | TriathlonSuomi | 11:41:10 | 1:27:56 | 5:55:36 | 4:10:53 |
| 6 | 798 | Niina | Tuovinen | TDT Triathlon Club Ry | 11:46:07 | 1:19:19 | 5:49:27 | 4:28:12 |
| 7 | 208 | Elina | Ylitalo | SKB Racing Triathlon Team | 11:58:58 | 1:20:35 | 6:19:48 | 4:10:05 |
| 8 | 629 | Outi | Matikainen | WillTri Ry | 12:06:31 | 1:30:49 | 6:13:34 | 4:09:20 |
| 9 | 715 | Kaisa | Honkaniemi | Stamina Triathlon Club ry | 12:42:31 | 1:25:37 | 6:18:41 | 4:42:47 |
| 10 | 613 | Heidi | Holm | Hyvinkää Triathlon | 13:29:27 | 1:27:08 | 6:55:22 | 4:54:56 |
| 11 | 302 | Jenni | Hammarberg | TriathlonSuomi | 14:36:31 | 1:26:21 | 7:10:43 | 5:46:43 |

Individual: Women 35-39 years - Starters: 26 - Finishers: 22

| Rank | bib | Firstname | LastName | club | Time | Swim | Bike | Run |
|------|-----|-----------|---------------|---------------------------|----------|---------|---------|---------|
| 1 | 312 | Sanna | Paavilainen | SKB Racing Triathlon Team | 10:18:31 | 1:13:21 | 5:23:51 | 3:34:21 |
| 2 | 178 | Anna | Latva-Pukkila | TriathlonSuomi | 10:24:39 | 1:04:44 | 5:24:14 | 3:50:41 |
| 3 | 547 | Michaela | Åvall | Diablos Rojos | 10:55:53 | 1:09:51 | 5:40:36 | 3:59:35 |
| 4 | 493 | Liisa | Rantatulkkila | Haukiputaan Heitto ry | 11:20:02 | 1:09:12 | 5:54:41 | 4:10:26 |

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|----|-----|----------|------------|---------------------------|----------|---------|---------|---------|
| 5 | 751 | Milla | Vihavainen | TDT Triathlon Club Ry | 12:09:41 | 1:20:08 | 5:48:37 | 4:51:18 |
| 6 | 527 | Kaisa | Lällä | Stamina Triathlon Club ry | 12:17:08 | 1:18:54 | 6:12:31 | 4:36:47 |
| 7 | 288 | Kaisa | Toivonen | Helsinki Triathlon ry | 12:22:19 | 1:25:50 | 6:01:41 | 4:43:18 |
| 8 | 536 | Tanja | Ylisirniö | Haukiputaan Heitto ry | 12:26:12 | 1:19:26 | 6:24:48 | 4:35:32 |
| 9 | 229 | Reija | Kurki | Tampereen Triathlon Klubi | 12:39:41 | 1:13:41 | 6:31:43 | 4:43:36 |
| 10 | 273 | Eveliina | Puustjärvi | Helsinki Triathlon ry | 12:59:55 | 1:22:51 | 6:10:33 | 5:17:50 |
| 11 | 777 | Piia | Manninen | Stamina Triathlon Club ry | 13:46:41 | 1:26:02 | 6:51:44 | 5:17:57 |
| 12 | 308 | Enni | Isojoki | TriathlonSuomi | 13:53:33 | 1:17:06 | 6:14:07 | 6:11:58 |
| 13 | 722 | Maarit | Toivainen | Tawast Cycling Club | 13:58:41 | 1:33:26 | 7:01:35 | 4:59:25 |

Individual: Women 40-44 years - Starters: 25 - Finishers: 23

| Rank | bib | Firstname | LastName | club | Time | Swim | Bike | Run |
|------|-----|-----------|-------------------|-----------------------------|----------|---------|---------|---------|
| 1 | | Jenny | Pettersson | Åland Triathlon Club | | | | |
| 2 | 578 | Pia | Vakkilainen-Liegl | Kajo Triathlon | 11:24:54 | 1:22:25 | 5:48:55 | 4:06:23 |
| 3 | 791 | Tiina | Mätäsjärvi | Tampereen Triathlon Klubi | 11:46:27 | 1:24:21 | 6:07:39 | 4:07:04 |
| 4 | 642 | Heta | Pohjavirta | Stamina Triathlon Club ry | 12:01:28 | 1:15:11 | 6:08:45 | 4:30:44 |
| 5 | 620 | Anu | Junnila | Oulu Triathlon & Cycling | 12:12:01 | 1:26:22 | 6:18:29 | 4:18:34 |
| 6 | 292 | Päivi | Kainulainen | Helsinki Triathlon ry | 12:49:31 | 1:16:34 | 6:35:31 | 4:45:26 |
| 7 | 285 | Johanna | Wiik | Helsinki Triathlon ry | 12:57:27 | 1:31:55 | 6:47:32 | 4:24:41 |
| 8 | 545 | Mari | Haatanen | Karjalan Uimarit Triathlon | 13:35:37 | 1:42:32 | 6:42:15 | 4:55:20 |
| 9 | 604 | Mervi | Hillukkala | Haukiputaan Heitto ry | 13:58:21 | 1:09:13 | 6:48:47 | 5:50:47 |
| 10 | 645 | Mirja | Puhakka | Järvenpään Pyöräilijät | 14:50:40 | 1:29:20 | 7:14:35 | 5:48:46 |
| 11 | 597 | Karoliina | Mäkinen | Triathlonteam 226 (Finland) | 15:05:25 | 1:26:26 | 6:47:43 | 6:36:48 |

Individual: Women 45-49 years - Starters: 26 - Finishers: 24

| Rank | bib | Firstname | LastName | club | Time | Swim | Bike | Run |
|------|-----|-----------|-------------|-----------------------------------|----------|---------|---------|---------|
| 1 | 172 | Katja | Kallioinen | X-tri Lahti | 10:52:34 | 1:16:52 | 5:31:13 | 3:55:56 |
| 2 | 787 | Terhi | Nyberg | Triathlon Suomi | 11:32:55 | 1:19:58 | 5:41:13 | 4:24:37 |
| 3 | 749 | Katri | Hautakangas | Oulu Triathlon & Cycling | 11:40:29 | 1:19:01 | 6:01:43 | 4:11:48 |
| 4 | 207 | Mirka | Lumia | Lane 4 Swimming Triathlon Club ry | 11:42:03 | 1:34:17 | 5:48:24 | 4:10:58 |
| 5 | 298 | Suvi | Kaunisto | TriathlonSuomi | 12:03:12 | 1:18:17 | 6:18:48 | 4:13:50 |
| 6 | 149 | Laura | Juvala | ProVictoria | 12:10:15 | 1:24:17 | 5:49:15 | 4:49:49 |

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|----|-----|--------|--------------|----------------------------|----------|---------|---------|---------|
| 7 | 553 | Tuija | Jantunen | Tawast Cycling Club | 12:12:59 | 1:19:48 | 6:11:19 | 4:34:14 |
| 8 | 461 | Henna | Virkkunen | Stamina Triathlon Club ry | 12:30:47 | 1:42:56 | 6:10:10 | 4:25:49 |
| 9 | 456 | Katja | Mitrunen | Stamina Triathlon Club ry | 12:33:55 | 1:20:18 | 6:32:18 | 4:31:38 |
| 10 | 671 | Jaana | Sjöblom | PUHTI triathlon | 12:34:23 | 1:19:18 | 6:10:47 | 4:52:01 |
| 11 | 543 | Päivi | Ruotsalainen | Karjalan Uimarit Triathlon | 13:03:30 | 1:17:08 | 6:31:23 | 5:03:11 |
| 12 | 191 | Katja | Remes | TriathlonSuomi | 13:19:29 | 1:38:35 | 6:43:39 | 4:44:10 |
| 13 | 705 | Marjut | Uronen | Vihti Triathlon | 13:45:59 | 1:26:36 | 6:36:21 | 5:25:40 |
| 14 | 297 | Päivi | Peltokumpu | TriathlonSuomi | 13:53:27 | 1:34:06 | 6:55:04 | 5:07:23 |
| 15 | 733 | Sanna | Kalliomaa | X-tri Lahti | 14:02:29 | 1:51:22 | 6:38:25 | 5:18:23 |
| 16 | 697 | Miia | Kuisma | Vihti Triathlon | 14:06:13 | 1:23:48 | 7:01:08 | 5:24:42 |
| 17 | 608 | Raisa | Friberg | Helsinki Triathlon ry | 14:30:44 | 1:22:07 | 7:13:43 | 5:39:16 |
| 18 | 274 | Päivi | Aapro | Helsinki Triathlon ry | 14:31:55 | 1:33:30 | 7:05:33 | 5:30:37 |
| 19 | 803 | Iina | Puskala | Pyörä-68 Turku | 14:41:49 | 1:44:54 | 7:16:43 | 5:25:34 |

Individual: Women 50-54 years - Starters: 11 - Finishers: 10

| Rank | bib | Firstname | LastName | club | Time | Swim | Bike | Run |
|------|-----|--------------|-------------|-----------------------------|----------|---------|---------|---------|
| 1 | 174 | Minna | Lahtinen | TriathlonSuomi | 11:21:03 | 1:11:12 | 5:53:22 | 4:05:45 |
| 2 | 660 | Sari | Raitakari | Aqua Plus Triathlon | 11:41:16 | 1:28:35 | 5:58:47 | 4:04:38 |
| 3 | 691 | Suzanne | Innes-Stubb | Stamina Triathlon Club ry | 12:31:15 | 1:32:44 | 6:19:58 | 4:25:33 |
| 4 | 554 | Tiina-Tuulia | Kukkalahti | Tawast Cycling Club | 13:05:16 | 1:25:13 | 6:24:55 | 5:00:08 |
| 5 | 230 | Imke | Höfling | KUTU Triathlon | 13:26:28 | 1:12:04 | 7:06:05 | 4:55:49 |
| 6 | 605 | Mari | Seppä | Triathlonteam 226 (Finland) | 13:50:46 | 1:39:10 | 6:36:47 | 5:25:13 |

Individual: Women 55-59 years - Starters: 5 - Finishers: 3

| Rank | bib | Firstname | LastName | club | Time | Swim | Bike | Run |
|------|-----|-----------|----------|-------------------------|----------|---------|---------|---------|
| 1 | 786 | Elina | Laitinen | TriathlonTeam Aquaterra | 12:54:24 | 1:29:01 | 6:37:50 | 4:33:24 |
| 2 | 197 | Armi | Sutinen | TriathlonSuomi | 14:38:12 | 1:40:25 | 7:05:58 | 5:29:50 |

Individual: Women 60-64 years - Starters: 2 - Finishers: 2

| Rank | bib | Firstname | LastName | club | Time | Swim | Bike | Run |
|------|-----|-----------|----------|-------------|----------|---------|---------|---------|
| 1 | 706 | Marika | Rantanen | X-tri Lahti | 13:08:29 | 1:15:00 | 6:28:12 | 5:12:03 |

Individual: Men 25-29 years - Starters: 34 - Finishers: 33

| Rank | bib | Firstname | LastName | club | Time | Swim | Bike | Run |
|------|-----|-----------|----------|------|------|------|------|-----|
|------|-----|-----------|----------|------|------|------|------|-----|

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|---|-----|----------|-----------|---------------------------|----------|----------|---------|---------|
| 1 | 167 | Juuso | Manninen | TriathlonSuomi | 8:42:39 | 53:23:00 | 4:35:14 | 3:10:32 |
| 2 | 636 | Mikael | Myllymäki | Helsinki Triathlon ry | 9:54:26 | 1:02:23 | 4:55:17 | 3:52:22 |
| 3 | 807 | Kalle | Muli | Stamina Triathlon Club ry | 11:01:44 | 1:15:45 | 5:36:07 | 3:59:04 |
| 4 | 295 | Viljami | Sinisalo | TriathlonSuomi | 11:25:39 | 1:16:15 | 5:46:35 | 4:12:44 |
| 5 | 675 | Arttu | Marttinen | TriathlonSuomi | 11:53:23 | 1:21:05 | 5:43:29 | 4:33:55 |
| 6 | 522 | Waltteri | Kivelä | Tampereen Triathlon Klubi | 13:43:56 | 1:22:42 | 6:54:07 | 4:55:26 |

Individual: Men 30-34 years - Starters: 72 - Finishers: 70

| Rank | bib | Firstname | LastName | club | Time | Swim | Bike | Run |
|------|-----|-----------|--------------|---------------------------|----------|----------|---------|---------|
| 1 | 116 | Pasi | Heiskanen | Tampereen Triathlon Klubi | 9:44:02 | 1:05:39 | 4:58:30 | 3:32:06 |
| 2 | 287 | Anselmi | Kukkonen | Helsinki Triathlon ry | 10:41:52 | 1:18:08 | 5:40:52 | 3:34:43 |
| 3 | 729 | Jukka | Tonteri | X-tri Lahti | 10:52:19 | 1:15:42 | 5:29:21 | 3:50:57 |
| 4 | 561 | Janne | Jääskeläinen | SSU-Triathlon | 11:11:04 | 1:14:50 | 6:14:58 | 3:33:44 |
| 5 | 628 | Olli | Hoikka | WillTri Ry | 11:21:11 | 1:19:06 | 5:56:02 | 3:54:00 |
| 6 | 271 | Ville | Sirkiä | Helsinki Triathlon ry | 11:26:49 | 1:18:08 | 5:47:37 | 4:11:24 |
| 7 | 299 | Teemu | Blomqvist | TriathlonSuomi | 11:27:53 | 1:01:47 | 5:17:40 | 4:59:07 |
| 8 | 630 | Tuomas | Räikkönen | Aquatics Hyvinkää | 11:37:10 | 1:11:36 | 5:36:52 | 4:41:05 |
| 9 | 640 | Janne | Tamminen | Tampereen Triathlon Klubi | 11:43:37 | 1:21:56 | 5:44:34 | 4:25:29 |
| 10 | 812 | Pekka | Pakarainen | TT AquaTerra Kuopio | 11:47:19 | 1:18:09 | 5:44:27 | 4:34:45 |
| 11 | 623 | Jarkko | Räihä | X-tri Lahti | 11:48:50 | 1:14:16 | 6:07:12 | 4:19:49 |
| 12 | 518 | Mitja | Kylliäinen | IBD Triathlon | 12:11:31 | 1:12:56 | 6:13:56 | 4:38:10 |
| 13 | 758 | Aki | Tuomaala | Kajo Triathlon | 12:39:21 | 58:43:00 | 6:01:38 | 5:28:40 |
| 14 | 696 | Tuomas | Ketola | Triathlon Suomi | 13:55:10 | 1:32:36 | 6:42:10 | 5:24:35 |
| 15 | 289 | Joni | Sirkiä | Helsinki Triathlon ry | 15:25:43 | 1:37:06 | 7:15:14 | 6:11:25 |

Individual: Men 35-39 years - Starters: 70 - Finishers: 66

| Rank | bib | Firstname | LastName | club | Time | Swim | Bike | Run |
|------|-----|-----------|------------|-------------------------------|---------|----------|---------|---------|
| 1 | 646 | Ilkka | Utriainen | Turun Urheiluliitto Triathlon | 9:07:26 | 56:28:00 | 4:48:11 | 3:17:48 |
| 2 | 742 | Juha | Laitinen | Lapuan Virkiä | 9:20:42 | 1:04:10 | 5:01:16 | 3:08:05 |
| 3 | 712 | Gustav | Långbacka | Teisko Triathlon | 9:27:03 | 1:05:38 | 4:55:13 | 3:19:34 |
| 4 | 180 | Elias | Hämäläinen | Helsinki Triathlon ry | 9:28:55 | 1:18:54 | 4:47:03 | 3:13:23 |
| 5 | 146 | Jaakko | Rantala | 4speed Triathlon Team | 9:30:39 | 1:06:51 | 4:54:04 | 3:23:35 |

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|----|-----|----------|-------------|-------------------------------|----------|---------|---------|---------|
| 6 | 215 | Antti | Snicker | Helsinki Triathlon ry | 9:51:17 | 1:15:02 | 4:59:09 | 3:31:22 |
| 7 | 766 | Timo | Vuorela | Tampereen Triathlon Klubi | 9:55:18 | 1:24:39 | 4:56:36 | 3:27:51 |
| 8 | 237 | Paavo | Hiltunen | TT AquaTerra Kuopio | 10:18:26 | 1:04:28 | 4:47:31 | 4:20:46 |
| 9 | 533 | Lauri | Aaltonen | Helsinki Triathlon ry | 10:20:38 | 1:07:59 | 5:25:18 | 3:37:53 |
| 10 | 281 | Tomi | Halme | Helsinki Triathlon ry | 10:22:17 | 1:22:04 | 5:25:12 | 3:28:29 |
| 11 | 625 | Matti | Moisio | TDT Triathlon Club Ry | 10:26:30 | 1:08:42 | 5:23:25 | 3:49:10 |
| 12 | 590 | Tuomo | Pilvijärvi | Tri Coaching Finland | 10:44:24 | 1:03:41 | 5:17:35 | 4:18:16 |
| 13 | 278 | Petri | Tuomainen | Helsinki Triathlon ry | 10:45:42 | 1:09:50 | 5:24:49 | 4:02:32 |
| 14 | 796 | Timo | Tuovinen | TDT Triathlon Club Ry | 11:01:45 | 1:17:42 | 5:22:17 | 4:13:37 |
| 15 | 707 | Tuomas | Kangas | Wasa Triathlon | 11:04:27 | 1:19:06 | 5:17:31 | 4:18:58 |
| 16 | 277 | Olli | Salo | Helsinki Triathlon ry | 11:07:00 | 1:18:47 | 5:33:53 | 4:05:02 |
| 17 | 752 | Jere | Vihavainen | TDT Triathlon Club Ry | 11:11:41 | 1:05:32 | 5:24:39 | 4:35:32 |
| 18 | 595 | Simo | Puumalainen | Karjala Triathlon | 11:14:23 | 1:15:22 | 5:34:22 | 4:13:51 |
| 19 | 771 | Jukka | Vehviläinen | TriathlonTeam Aquaterra | 11:21:12 | 1:15:48 | 5:33:02 | 4:22:51 |
| 20 | 435 | Teemu | Lamminmäki | Turun Urheiluliitto Triathlon | 11:37:36 | 1:34:36 | 5:37:41 | 4:17:22 |
| 21 | 823 | Aleksi | Varinen | Kangasalan triathlonseura ry | 11:51:22 | 1:24:47 | 5:58:12 | 4:17:56 |
| 22 | 674 | Olli | Kaure | IBD Triathlon | 12:03:05 | 1:12:36 | 6:12:18 | 4:27:00 |
| 23 | 538 | Johannes | Junes | Triathlon Vantaa ry | 12:08:14 | 1:14:08 | 5:50:01 | 4:53:59 |
| 24 | 730 | Lauri | Tonteri | Kajo Triathlon | 12:21:17 | 1:17:07 | 5:43:17 | 5:06:06 |
| 25 | 601 | Perttu | Mukkala | Kangasalan triathlonseura ry | 12:58:12 | 1:19:26 | 6:08:18 | 5:19:43 |
| 26 | 670 | Juha | Rinne | Wasa Triathlon | 13:51:41 | 1:23:06 | 6:49:11 | 5:23:18 |
| 27 | 727 | Ville | Tulkki | WillTri Ry | 13:56:41 | 1:37:06 | 6:02:30 | 6:04:19 |

Individual: Men 40-44 years - Starters: 112 - Finishers: 105

| Rank | bib | Firstname | LastName | club | Time | Swim | Bike | Run | |
|------|-----|-----------|----------|---------------------------|---------------------------|---------|----------|---------|---------|
| 1 | 206 | Tero | Juhani | Setola | SKB Racing Triathlon Team | 8:56:34 | 55:25:00 | 4:30:20 | 3:26:12 |
| 2 | 643 | Perttu | Tavast | Ride Etelä-Pohjanmaa | 9:19:28 | 1:03:48 | 4:47:35 | 3:23:10 | |
| 3 | 199 | Timo | Juntunen | Oulu Triathlon & Cycling | 9:21:15 | 1:00:41 | 4:48:33 | 3:24:27 | |
| 4 | 313 | Pekka | Ylitalo | SKB Racing Triathlon Team | 9:23:34 | 1:10:25 | 4:51:52 | 3:16:10 | |
| 5 | 311 | Timo | Rinne | SKB Racing Triathlon Team | 9:26:27 | 1:06:33 | 4:54:40 | 3:20:28 | |
| 6 | 467 | Timo | Kanninen | TDT Triathlon Club Ry | 9:31:00 | 1:08:53 | 4:49:46 | 3:27:20 | |

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|----|-----|------------|--------------|-----------------------------------|----------|---------|---------|---------|
| 7 | 309 | Timo | Ruohoalho | SKB Racing Triathlon Team | 9:55:18 | 1:08:00 | 5:21:18 | 3:18:52 |
| 8 | 106 | Eero | Heiskanen | VO2Magnum | 9:57:29 | 1:14:33 | 4:57:03 | 3:40:06 |
| 9 | 738 | Mika | Marjeta | ProVictoria | 9:59:36 | 1:02:18 | 5:18:56 | 3:29:52 |
| 10 | 140 | Kalle | Peltonen | Aqua Plus Triathlon | 10:06:16 | 1:09:43 | 5:11:04 | 3:38:25 |
| 11 | 809 | Olli | Jäntti | TriathlonTeam Aquaterra | 10:11:13 | 1:09:37 | 5:24:47 | 3:30:18 |
| 12 | 677 | Harri | Määttä | Oulu Triathlon & Cycling | 10:35:14 | 1:00:19 | 5:28:55 | 4:00:24 |
| 13 | 282 | Mikko | Auromaa | Helsinki Triathlon ry | 10:37:58 | 1:00:59 | 5:27:04 | 4:04:37 |
| 14 | 214 | Antti | Karessuo | TriathlonSuomi | 10:42:10 | 1:06:53 | 5:24:41 | 3:59:30 |
| 15 | 550 | Kimmo | Kiprianoff | TriVATeam | 10:43:58 | 1:06:05 | 5:22:15 | 4:09:19 |
| 16 | 175 | Elias | Viitakoski | Porin Tarmo | 10:49:14 | 1:22:38 | 5:30:08 | 3:48:33 |
| 17 | 552 | Vesa | Uuspelto | Triathlon Vantaa ry | 10:58:42 | 1:08:50 | 5:47:46 | 3:56:15 |
| 18 | 682 | Ossi | Kangas | Oulu Triathlon & Cycling | 11:00:13 | 1:18:43 | 5:34:36 | 3:59:48 |
| 19 | 594 | Hannu | Holm | WillTri Ry | 11:00:34 | 1:12:24 | 5:31:30 | 4:05:11 |
| 20 | 283 | Pekka | Tykkä | Helsinki Triathlon ry | 11:20:58 | 1:14:55 | 5:20:30 | 4:37:59 |
| 21 | 235 | Karri | Safo | Helsinki Triathlon ry | 11:23:25 | 1:13:39 | 5:29:22 | 4:33:01 |
| 22 | 276 | Mikko | Saarinen | Helsinki Triathlon ry | 11:31:26 | 1:38:32 | 5:59:11 | 3:44:07 |
| 23 | 534 | Juha-Matti | Hautaniemi | Porin Tarmo | 11:31:56 | 1:12:57 | 5:40:30 | 4:30:03 |
| 24 | 793 | Kalle | Mätäsjärvi | Tampereen Triathlon Klubi | 11:32:54 | 1:12:06 | 5:47:00 | 4:24:17 |
| 25 | 704 | Markus | Roukala | Triathlon Suomi | 11:34:10 | 1:17:46 | 5:37:57 | 4:30:40 |
| 26 | 740 | Sami | Mattila | Kajo Triathlon | 11:34:15 | 1:16:59 | 5:50:11 | 4:17:10 |
| 27 | 182 | Jussi | Oikarainen | Triathlon Vantaa ry | 11:39:58 | 1:13:31 | 5:54:18 | 4:23:01 |
| 28 | 784 | Zachary | Mäenpää | Tampereen Triathlon Klubi | 11:45:55 | 1:22:25 | 5:57:18 | 4:16:25 |
| 29 | 504 | Tomi | Junkkila | Keski-Pohjanmaan Triathlon Kp-Tri | 11:48:12 | 1:29:05 | 5:54:43 | 4:17:03 |
| 30 | 778 | Harri | Autio | Stamina Triathlon Club ry | 11:55:21 | 1:26:00 | 6:06:51 | 4:11:58 |
| 31 | 509 | Timo | Alalääkkölä | Oulu Triathlon & Cycling | 11:56:25 | 1:27:35 | 6:04:59 | 4:14:11 |
| 32 | 286 | Marko | Mettenranta | Helsinki Triathlon ry | 11:58:21 | 1:19:20 | 6:15:55 | 4:11:37 |
| 33 | 406 | Janne | Hämämäläinen | TT AquaTerra Kuopio | 11:58:31 | 1:23:35 | 6:01:49 | 4:24:48 |
| 34 | 767 | Ismo | Rintala | OgolomaTriathlon | 12:15:08 | 1:17:37 | 6:00:22 | 4:47:50 |
| 35 | 779 | Pertti | Pulkkinen | Stamina Triathlon Club ry | 12:16:48 | 1:06:59 | 6:05:07 | 4:56:42 |
| 36 | 719 | Tomi | Suomi | Turun Urheiluliitto Triathlon | 12:22:05 | 1:23:20 | 6:18:57 | 4:28:56 |

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|----|-----|--------|----------|-----------------------------|----------|---------|---------|---------|
| 37 | 754 | Peter | Starck | X-tri Lahti | 12:27:17 | 1:15:29 | 6:17:06 | 4:45:40 |
| 38 | 119 | Mikko | Arminen | KUTU Triathlon | 12:29:09 | 1:15:16 | 5:59:49 | 5:06:10 |
| 39 | 693 | Teemu | Vieruaho | Helsinki Triathlon ry | 12:32:11 | 1:18:53 | 6:15:20 | 4:48:06 |
| 40 | 789 | Jaakko | Husari | Porin Tarmo | 12:34:42 | 1:18:12 | 5:51:55 | 5:12:36 |
| 41 | 656 | Henry | Luimula | Iisalmen Visa | 12:37:33 | 1:25:53 | 6:10:30 | 4:51:28 |
| 42 | 540 | Simo | Tammela | Haukiputaan Heitto ry | 12:38:29 | 1:28:03 | 6:08:11 | 4:53:33 |
| 43 | 797 | Tomi | Sinisalo | Triathlonteam 226 (Finland) | 12:48:53 | 1:31:36 | 6:20:40 | 4:45:55 |
| 44 | 305 | Jukka | Kanerva | TriathlonSuomi | 13:01:52 | 1:27:47 | 6:38:30 | 4:42:27 |
| 45 | 743 | Jussi | Ahtikari | Triathlon Vantaa ry | 13:17:48 | 1:24:20 | 6:29:24 | 5:09:27 |
| 46 | 555 | Timo | Lampi | WillTri Ry | 13:33:39 | 1:20:29 | 6:33:47 | 5:24:43 |
| 47 | 609 | Sami | Niromaa | Tampereen Maratonklubi ry | 14:18:12 | 1:13:26 | 6:39:24 | 6:13:21 |

Individual: Men 45-49 years - Starters: 111 - Finishers: 108

| Rank | bib | Firstname | LastName | club | Time | Swim | Bike | Run |
|------|-----|-----------|--------------|---------------------------|----------|----------|---------|---------|
| 1 | 114 | Kimmo | Tuunanen | Lapuan Virkiä | 9:09:02 | 1:03:00 | 4:34:50 | 3:25:30 |
| 2 | 218 | Sauli | Haahtela | SKB Racing Triathlon Team | 9:14:04 | 59:08:00 | 4:35:17 | 3:34:30 |
| 3 | 125 | Janne | Kallio | Finntriathlon Masters | 9:47:05 | 1:03:21 | 4:53:14 | 3:44:46 |
| 4 | 529 | Mikael | Löfqvist | Wasa Endurance | 9:48:44 | 1:01:52 | 5:10:24 | 3:29:57 |
| 5 | 227 | Teemu | Mäkinieniemi | ProVictoria | 9:59:39 | 1:20:00 | 5:16:02 | 3:17:05 |
| 6 | 115 | Markku | Poikolainen | Helsinki Triathlon ry | 10:07:43 | 1:11:29 | 5:07:52 | 3:42:17 |
| 7 | 223 | Antti | Tiri | Team Manyone | 10:13:33 | 1:08:34 | 5:23:33 | 3:35:07 |
| 8 | 572 | Arto | Helovuo | Triathlon Suomi | 10:22:31 | 1:09:54 | 5:13:12 | 3:53:24 |
| 9 | 517 | Miika | Lahtela | Rauman Seudun Pyöräilijät | 10:24:23 | 1:23:46 | 5:06:21 | 3:48:01 |
| 10 | 127 | Harri | Karvonen | Reckless Race | 10:27:25 | 1:12:09 | 5:21:00 | 3:47:31 |
| 11 | 187 | Teemu | Paatela | SKB Racing Triathlon Team | 10:32:09 | 1:01:38 | 5:06:51 | 4:18:13 |
| 12 | 176 | Tom | Perttala | Velo Salo | 10:32:34 | 1:14:08 | 5:12:01 | 3:59:52 |
| 13 | 610 | Esa | Ollikainen | Helsinki Triathlon ry | 10:38:35 | 1:09:49 | 5:13:43 | 4:06:11 |
| 14 | 596 | Timo | Ristolainen | Aqua Plus Triathlon | 10:38:43 | 1:00:40 | 5:35:25 | 3:54:58 |
| 15 | 781 | Markus | Holmlund | Wasa Endurance | 10:42:33 | 1:08:53 | 5:27:41 | 3:56:02 |
| 16 | 159 | Marcus | Lindqvist | Tri Coaching Finland | 10:52:00 | 1:07:34 | 5:11:51 | 4:26:56 |
| 17 | 802 | Joni | Jantunen | Helsinki Triathlon ry | 10:57:44 | 1:16:04 | 5:25:06 | 4:07:47 |

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|----|-----|-----------|-------------|-----------------------------------|----------|---------|---------|---------|
| 18 | 429 | Juho | Himanen | Velo Saimaa | 11:01:25 | 1:07:00 | 5:57:54 | 3:48:22 |
| 19 | 716 | Jaakko | Saarela | Stamina Triathlon Club ry | 11:02:54 | 1:13:50 | 5:34:14 | 4:07:33 |
| 20 | 402 | Tommi | Miettinen | KUTU Triathlon | 11:11:28 | 1:19:33 | 5:41:24 | 4:03:34 |
| 21 | 607 | Jarno | Saarela | Triathlonteam 226 (Finland) | 11:11:30 | 1:20:31 | 5:27:42 | 4:06:47 |
| 22 | 224 | Esa-Jussi | Mikkonen | Reckless Race | 11:11:48 | 1:19:25 | 5:35:34 | 4:07:40 |
| 23 | 548 | Jussi | Puustinen | WillTri Ry | 11:15:59 | 1:21:52 | 5:34:51 | 4:12:07 |
| 24 | 820 | Ville | Kervinen | Triathlon Vantaa ry | 11:19:41 | 1:34:33 | 5:46:23 | 3:50:07 |
| 25 | 284 | Eki | Monni | Helsinki Triathlon ry | 11:21:26 | 1:15:58 | 5:35:06 | 4:21:14 |
| 26 | 761 | Toni | Pilsari | Järvenpään Pyöräilijät | 11:28:43 | 1:15:07 | 5:57:24 | 4:03:19 |
| 27 | 635 | Mikko | Paalumäki | WillTri Ry | 11:35:27 | 1:22:21 | 5:36:14 | 4:27:33 |
| 28 | 708 | Tero | Pernu | Triathlon Vantaa ry | 11:44:19 | 1:16:17 | 5:43:54 | 4:35:28 |
| 29 | 683 | Juha | Rantala | Aqua Plus Triathlon | 11:49:50 | 1:27:17 | 5:45:29 | 4:24:33 |
| 30 | 236 | Aleksi | Sipilä | Helsinki Triathlon ry | 12:19:05 | 1:21:47 | 6:29:36 | 4:16:36 |
| 31 | 487 | Marko | Luostarinen | Joroisten Sporttiklubi | 12:27:21 | 1:24:59 | 5:48:40 | 5:01:27 |
| 32 | 459 | Joni | Köykkä | Aqua Plus Triathlon | 12:30:09 | 1:13:19 | 6:18:43 | 4:46:49 |
| 33 | 291 | Jarno | Toivonen | Helsinki Triathlon ry | 12:33:24 | 1:32:06 | 6:26:16 | 4:24:35 |
| 34 | 562 | Petri | Tykkä | BS-PU Triathlon | 12:34:18 | 1:09:31 | 5:48:35 | 5:23:56 |
| 35 | 279 | Petri | Paavilainen | Helsinki Triathlon ry | 12:45:30 | 1:52:47 | 6:09:37 | 4:31:23 |
| 36 | 589 | Tomi | Luomala | Keski-Pohjanmaan Triathlon Kp-Tri | 12:47:04 | 1:30:07 | 6:29:52 | 4:36:43 |
| 37 | 672 | Juha | Sjöblom | PUHTI triathlon | 12:53:45 | 1:20:59 | 6:25:34 | 4:59:35 |
| 38 | 603 | Tomi | Hillukkala | Haukiputaan Heitto ry | 13:14:15 | 1:27:48 | 6:17:02 | 5:20:40 |
| 39 | 484 | Antti | Männistö | Hyvinkää Triathlon | 13:23:30 | 1:35:48 | 7:11:37 | 4:24:55 |
| 40 | 654 | Matti | Pelkonen | Tawast Cycling Club | 13:32:18 | 1:26:52 | 6:52:12 | 4:55:39 |
| 41 | 694 | Mikko | Alivuotila | Tampereen Triathlon Klubi | 13:48:01 | 1:27:19 | 6:08:27 | 6:00:35 |
| 42 | 417 | Marko | Virtanen | Aquila Triathlon | 14:28:58 | 1:29:22 | 6:42:25 | 5:58:22 |
| 43 | 460 | Kai | Hietala | Oulu Triathlon & Cycling | 14:29:45 | 1:32:55 | 6:21:13 | 6:24:28 |
| 44 | 805 | Mika | Puskala | Pyörä-68 Turku | 14:41:43 | 1:32:36 | 7:16:47 | 5:25:34 |
| 45 | 304 | Lauri | Karppinen | TriathlonSuomi | 14:49:39 | 1:43:01 | 6:58:28 | 5:51:35 |

Individual: Men 50-54 years - Starters: 86 - Finishers: 80

| Rank | bib | Firstname | LastName | club | Time | Swim | Bike | Run |
|------|-----|-----------|----------|------|------|------|------|-----|
|------|-----|-----------|----------|------|------|------|------|-----|

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|----|-----|---------|------------|-----------------------------------|----------|---------|---------|---------|
| 1 | 196 | Matti | Punkari | Hyvinkään Pyöräilijät | 9:29:35 | 1:03:59 | 4:57:08 | 3:23:19 |
| 2 | 228 | Markus | Kemetter | Helsinki Triathlon ry | 9:41:49 | 1:02:56 | 5:02:30 | 3:30:57 |
| 3 | 200 | Pekka | Juntunen | Oulu Triathlon & Cycling | 9:42:03 | 1:06:26 | 5:01:03 | 3:27:03 |
| 4 | 173 | Simo | Juvaste | Karjalan Uimarit Triathlon | 9:53:45 | 1:07:59 | 5:04:39 | 3:34:24 |
| 5 | 211 | Harri | Riutta | Tampereen Triathlon Klubi | 9:57:58 | 1:10:11 | 5:03:01 | 3:36:41 |
| 6 | 209 | Janne | Lumia | Lane 4 Swimming Triathlon Club ry | 10:10:02 | 1:17:20 | 5:26:07 | 3:21:01 |
| 7 | 582 | Marko | Elo | Triathlonteam 226 (Finland) | 10:37:09 | 1:04:08 | 5:25:48 | 3:59:22 |
| 8 | 728 | Juha | Toivonen | Stamina Triathlon Club ry | 10:43:35 | 1:05:35 | 5:38:00 | 3:52:31 |
| 9 | 485 | Ari | Jurvanen | TDT Triathlon Club Ry | 10:44:34 | 1:16:03 | 5:22:03 | 4:00:52 |
| 10 | 634 | Tero | Korhonen | Helsinki Triathlon ry | 10:53:55 | 1:05:23 | 5:20:03 | 4:16:23 |
| 11 | 760 | Marko | Saarinen | Oulu Triathlon & Cycling | 11:00:36 | 1:14:54 | 5:35:13 | 3:55:51 |
| 12 | 782 | Jarkko | Keinänen | X-tri Lahti | 11:15:27 | 1:04:51 | 5:51:18 | 4:12:58 |
| 13 | 188 | Timo | Rapeli | Rauman Seudun Pyöräilijät | 11:25:05 | 1:25:32 | 5:38:09 | 4:13:03 |
| 14 | 689 | Tony | Elomaa | Reckless Race | 11:34:31 | 1:19:40 | 5:44:00 | 4:23:54 |
| 15 | 272 | Petteri | Lahti | Helsinki Triathlon ry | 11:36:10 | 1:08:01 | 5:46:25 | 4:31:40 |
| 16 | 810 | Harri | Holma | Helsinki Triathlon ry | 11:58:36 | 1:24:12 | 6:00:46 | 4:23:36 |
| 17 | 664 | Juha | Suikkanen | Wasa Triathlon | 12:05:37 | 1:13:38 | 5:57:16 | 4:44:30 |
| 18 | 598 | Heikki | Mustonen | Wasa Triathlon | 12:06:55 | 1:19:57 | 5:58:59 | 4:37:36 |
| 19 | 216 | Jussi | Ranta | Tri Coaching Finland | 12:08:02 | 1:18:14 | 5:39:47 | 5:00:22 |
| 20 | 275 | Juha | Kasslin | Helsinki Triathlon ry | 12:13:44 | 1:21:30 | 6:10:34 | 4:31:09 |
| 21 | 310 | Raoul | Blomfelt | SKB Racing Triathlon Team | 12:14:03 | 1:21:47 | 6:10:02 | 4:31:18 |
| 22 | 280 | Markku | Patronen | Helsinki Triathlon ry | 12:24:33 | 1:12:30 | 6:08:39 | 4:49:29 |
| 23 | 290 | Kimmo | Tuuha | Helsinki Triathlon ry | 12:26:40 | 1:28:07 | 6:23:14 | 4:19:45 |
| 24 | 637 | Lasse | Sohlberg | Triathlon Suomi | 12:31:21 | 1:22:36 | 6:09:54 | 4:47:19 |
| 25 | 539 | Juha | Viita | SSU-Triathlon | 12:57:56 | 1:24:42 | 6:40:12 | 4:42:13 |
| 26 | 296 | Pauli | Forma | TriathlonSuomi | 13:04:05 | 1:24:39 | 6:17:00 | 5:14:14 |
| 27 | 564 | Heikki | Vehkaoja | SSU-Triathlon | 13:20:51 | 1:23:44 | 6:10:16 | 5:34:30 |
| 28 | 531 | Vesa | Varjoranta | Triathlon Suomi | 13:24:13 | 1:23:20 | 6:26:14 | 5:16:13 |
| 29 | 732 | Sami | Kalliomaa | X-tri Lahti | 13:42:25 | 1:37:42 | 6:44:30 | 5:05:30 |
| 30 | 520 | Simo | Sahari | Aquila Triathlon | 13:45:02 | 1:27:05 | 6:20:14 | 5:41:56 |

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|----|-----|-------------|-----------|---------------------|----------|---------|---------|---------|
| 31 | 718 | Marko | Karppinen | Triathlon Vantaa ry | 13:45:50 | 1:33:00 | 6:38:51 | 5:15:24 |
| 32 | 480 | Harri | Luhtanen | Triing Finns | 13:53:25 | 1:22:46 | 6:04:39 | 6:15:08 |
| 33 | 663 | Teppo | Hyytiä | Velo Salo | 13:55:31 | 1:42:09 | 6:27:16 | 5:33:11 |
| 34 | 306 | Jouni | Mäkelä | TriathlonSuomi | 14:30:11 | 1:37:54 | 6:17:39 | 6:16:01 |
| 35 | 497 | Kalle-Antti | Mikkonen | Reckless Race | 14:40:10 | 1:25:14 | 6:55:38 | 6:02:11 |
| 36 | 734 | Magnus | Still | BS-PU Triathlon | 15:18:07 | 1:29:28 | 6:59:24 | 6:37:14 |

Individual: Men 55-59 years - Starters: 38 - Finishers: 37

| Rank | bib | Firstname | LastName | club | Time | Swim | Bike | Run |
|------|-----|-----------|-------------|---------------------------|----------|---------|---------|---------|
| 1 | 213 | Ari | Numminen | TriathlonSuomi | 10:54:59 | 1:31:35 | 5:30:10 | 3:45:26 |
| 2 | 210 | Petri | Ahti | 4speed Triathlon Team | 11:10:55 | 1:18:10 | 5:23:50 | 4:18:27 |
| 3 | 190 | Pekka | Mäkelä | Aqua Plus Triathlon | 11:18:23 | 1:20:35 | 5:33:00 | 4:17:57 |
| 4 | 753 | Juha | Kiilamaa | Stamina Triathlon Club ry | 11:19:32 | 1:21:24 | 5:25:03 | 4:25:31 |
| 5 | 144 | Jari | Haverinen | Helsinki Triathlon ry | 11:32:00 | 1:21:50 | 5:37:08 | 4:23:16 |
| 6 | 152 | Pasi | Nieminen | Tampereen Triathlon Klubi | 12:27:24 | 1:25:36 | 6:19:18 | 4:26:46 |
| 7 | 124 | Kari | Nieminen | TT AquaTerra Kuopio | 12:42:44 | 1:17:35 | 5:17:43 | 5:57:10 |
| 8 | 526 | Jarmo | Himanka | Hyvinkään Pyöräilijät | 13:10:08 | 1:16:25 | 6:32:39 | 5:07:28 |
| 9 | 400 | Magnus | Riska | Helsinki Triathlon ry | 14:06:29 | 1:21:48 | 6:52:16 | 5:38:31 |
| 10 | 600 | Kaj | Järveläinen | Joroisten Sporttiklubi | 14:27:30 | 1:34:48 | 6:41:30 | 5:54:28 |
| 11 | 519 | Janne | Pettersson | Aquila Triathlon | 14:43:52 | 1:27:33 | 6:08:24 | 6:52:47 |

Individual: Men 60-64 years - Starters: 9 - Finishers: 9

| Rank | bib | Firstname | LastName | club | Time | Swim | Bike | Run |
|------|-----|-----------|-----------|---------------------------|----------|---------|---------|---------|
| 1 | 633 | Pekka | Aijasaho | Stamina Triathlon Club ry | 11:52:42 | 1:20:56 | 5:48:29 | 4:34:47 |
| 2 | 508 | Kimmo | Madekivi | Triathlon Club Heinola | 11:57:25 | 1:23:29 | 6:08:23 | 4:14:38 |
| 3 | 735 | Juha | Hulkkonen | TriathlonSuomi | 14:36:40 | 1:57:23 | 6:50:38 | 5:32:36 |
| 4 | 300 | Pasi | Salmela | TriathlonSuomi | 15:48:26 | 1:47:22 | 7:41:13 | 6:05:24 |