

1. WHAT'S NEW IN MOTM?

The **Mentor on The Move project**, funded by the Erasmus+ programme, continues to make progress in developing innovative solutions to promote social inclusion through sports. Over the past months, the European MOTM consortium has worked together to develop the **training content, prepare practical tools, and take the next steps toward launching the local pilot activities.**

In this second newsletter, we highlight some of the project's latest developments. One important step was the **consortium's second in-person meeting**, held in **Bucharest, Romania**, where partners worked together to refine the content and structure of the mentoring programme. Discussions focused on the preparation of the local WP3 workshops, the dissemination and visibility plan, the relaunch of the Diverse Advisory Group, and the next steps for project coordination.

We are also pleased to share that the **MOTM Online Training Course** is now available. The course provides key knowledge and practical tools to support future mentors and other professionals preparing for the upcoming pilot phase.

At the consortium meeting held in Madrid in April 2026, partners shared the main findings from the local training workshops carried out in each country, confirming the relevance of the project's methodological approach and drawing key lessons for the next phase. This meeting also marked the shift from training and preparation to the pilot phase. The consortium is now getting ready to open the recruitment process for mentors and mentees who will participate in the local pilot activities.

2. TRAINING WITHOUT BORDERS: EXPLORE THE MOTM ONLINE TRAINING COURSE

The Mentor on the Move Online Training Course is now available. The course has been developed to support inclusive, sport-based mentoring for the inclusion and well-being of migrant women.

The course builds on the collaborative work of the MOTM consortium, including the in-person meeting held in Bucharest, Romania, on 21–22 October 2025. During the meeting, partners reviewed the training modules, aligned the content, and worked together on the co-creation process for the course.

The training is designed for three main groups: programme coordinators developing or improving inclusive mentoring initiatives, mentors looking for practical tools to support migrant women, and sport clubs, NGOs, or community organisations seeking to create more accessible pathways to participation.



The poster for the MOTM Online Training Course features the MOTM logo at the top left. Below it, a circular image shows a group of people participating in a sports activity. The text on the poster reads: "Empower Your Skills with Our Online Training Course". It describes the course as a free online program providing practical strategies for inclusion and equality in sports. Key benefits listed include flexible, self-paced learning, real-world applications, and free access to resources. A QR code is provided to start the journey today. At the bottom, it mentions Project No. 101185227, funded by the European Union, and lists co-funders: MONALIKU, PLAN INTERNATIONAL, Laurus Sport for Good, and the Migration Institute of Finland.



The course is fully online, free of charge, and open to both organisations participating in the pilot programme and the wider public. It includes seven learning modules and is available on the MOTM training platform:

Access the Online
Training Course

Participants who complete the course will receive a **certificate of participation**.

3. VOICES AND LEARNINGS FROM THE LOCAL TRAINING WORKSHOPS

The project reached an important milestone through the Local Training Workshops organised by consortium partners in Finland, Romania, Belgium, Greece, and Spain. Held between January and April 2026, the workshops brought together approximately 120 participants across the participating countries, showing strong interest in the MOTM approach.

Adapted to each local context, the workshops gathered professionals from education, sport, NGOs, social work, and future mentors. Together, they explored how mentoring and sport can support the inclusion, well-being, and participation of migrant women.



Throughout the sessions, participants were introduced to the **Online Training Course** and addressed topics such as inclusion and migration, the role of the mentor, intercultural communication, well-being, and the potential of sport to foster participation and a sense of belonging. The activities also combined **practical dynamics, discussions, and collaborative exercises** that allowed participants to share experiences, identify barriers, and develop solutions adapted to the needs of each community. **The results achieved have been highly positive**, highlighting the strong interest in practical and inclusive tools that can help transform good intentions into meaningful action. In addition, the workshops helped **strengthen collaboration networks among organisations, professionals, and future mentors** committed to social inclusion.

Overall, these workshops demonstrated **that sport, when combined with mentoring and appropriate support structures, can create new opportunities** for participation, confidence, and community building **for migrant women**. This milestone marks a key step forward in the implementation of the project and paves the way for the **upcoming pilot activities of *Mentor on the Move***. Find your movement through Sport and Mentorship!



4. MADRID MEETING MARKS THE NEXT STEP TOWARD THE PILOT PHASE

On **23–24 April 2026**, the **MOTM partners** gathered in **Madrid, Spain**, to prepare for the launch of the local pilot activities. The working sessions focused on the practical steps needed for the pilot phase, including recruitment of mentors and mentees, local implementation planning, coordination, communication, and dissemination..

The meeting concluded with partners agreeing on the next steps for the **Local Pilots**, in which both mentors and mentees will participate. The pilots are expected to begin in **late September or early October 2026**, with recruitment of participants starting in the coming months across the participating countries.

Very soon, we will share more information on how to become part of this pilot experience and help build networks of support and inclusion through sport and mentoring. **Stay tuned — exciting updates are coming soon!**



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