



We have the great honour to invite your club to attend the 13th edition of International Rhythmic Gymnastics Competition



SVS Open

2nd – 3rd of May 2020

INVITATION

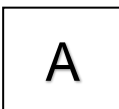
TIME:	2. – 3.5.2020
ORGANIZER:	<p>Club: Suomalainen Voimistelu-seura Espoo (SVS Finland) Inessa Rif</p> <p>E-mail: svsekilpailut@gmail.com (ENG/RUS/FIN)</p> <p>Website: www.voimisteluseura.fi</p>
COMPETITION HALL:	<p>Sport Hall Opinmäki Address: Lillhemptintie 1, 02250 Espoo FINLAND</p>  <ul style="list-style-type: none"> ▪ Spacious, High ceiling (over 9 meters), competition area + two training areas ▪ Near Helsinki (15-30 min by car)
PROGRAM:	<p>SATURDAY 2.5.2020</p> <ul style="list-style-type: none"> ▪ Arrival of the delegations ▪ Competition day 1 ▪ Award ceremony <p>SUNDAY 3.5.2020</p> <ul style="list-style-type: none"> ▪ Competition day 2 ▪ Award ceremony ▪ Departures of the delegations
DELEGATION:	Delegations will consist of judge(s), coach(es) and unlimited number of gymnasts. Judge: International brevet or highest national category (for missing judge -50€)
CATEGORIES:	<ul style="list-style-type: none"> ▪ RG Individual level A ▪ RG Individual level B ▪ RG Groups (5 gymnasts) ▪ RG Small groups duo/trio (2-3 gymnasts) ▪ Stara 2013 and younger (performances, without scores. Every gymnast will be awarded with a medal)

	<i>More info about categories below next page.</i>
PARTICIPATION FEE:	<p>EUR 40 per gymnast EUR 80 per duo/trio EUR 125 per group EUR 20 /exercise Stara (2013 and younger)</p> <p>Participation fees are to be paid either in advance or by cash on arrival at the competition hall, at the SVS info desk.</p> <p>Bank transfer Aktia Bank, Helsinki, FINLAND SWIFT/BIC: HELSFIHH IBAN FI2240554320058603 SVS Espoo ry Ahertajantie 6C 02100 Espoo</p>
AWARDS:	<p>Winners (1. – 3. place) by age categories and by apparatus will be awarded with medals and prizes. Stara 2013 and younger (performances, without scores. Every gymnast will be awarded with a medal) All participants will receive a gift in the award ceremony.</p>
REGISTRATION:	<p>DL 1.4.2020 via RIFORM (gymnasts, judges, coaches) http://rgform.eu/event.php?id_prop=1806</p>
MUSIC:	<p>DL 10.4.2020 via RIFORM Please bring also your backup music on CD or USB-stick (flash driver)</p>
TRANSPORT AND ACCOMMODATION:	<p>OC is not responsible for the transport and accommodation, if you have questions, dont hesitate to ask us for help. Please contact svsekipailut@gmail.com if needed, we gladly help you.</p>
MEALS:	<p>Warm food is provided to the judges. There is a buffet at the event and a small shopping center near the hall with small restaurant and food market.</p>
INSURANCE:	<p>All delegations are responsible for having the necessary coverage against accidents and illness. Organizers will not take any responsibilities.</p>
MEDIA:	<p>During the competition, photos/videos will be taken, which will be used for example social media. By registering, the gymnast gives permission to take pictures and use the pictures/videos during the event on social media channels. <i>(EU General Data Protection Regulation (2016/679))</i></p>

WELCOME ! 😊

CATEGORIES AND TECHNICAL PROGRAM:

RG INDIVIDUAL



Senior (2004 and older)

Senior A: 3 apparatus by choice (hoop, ball, clubs, ribbon) FIG SENIOR	Senior B: 1-3 apparatus by choice E = 10.00 D= 5.0 Max.
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Junior (2007-2005)

Junior A: 3 apparatus by choice (rope, ball, clubs, ribbon) FIG JUNIOR	Junior B: 1-3 apparatus by choice E = 10.00 D= 5.0 Max.
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Pre-Junior 2008 and 2009

Pre-Junior A: 3 apparatus by choice UEG JUNIORS	Pre-Junior B: 1-2 apparatus by choice E = 10.00 D= 4.0 Max.
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Children 2010 and 2011

Children A: 2 apparatus by choice UEG JUNIORS	Children B: 1-2 apparatus by choice E = 10.00 D= 3.0 Max.
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Mini 2012

Mini A: 2 apparatus by choice UEG JUNIORS	Mini B: 1 apparatus by choice E = 10.00 D= 3.0 Max.
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Stara 2013 and younger

1-2 performances (Without scores. Medals and diplomas will be given for every gymnast.)

RG GROUPS

Pre-Junior group (2007-2010)

Junior group (2008-2005)

Apparatus by choice UEG JUNIORS	 FIG JUNIORS
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RG DUO/TRIO (DUO= 2 gymnasts, TRIO= 3 gymnasts)

Senior (2005 and older)

Junior (2008-2005)

Senior: apparatus by choice	Junior: apparatus by choice
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Pre-Junior 2007-2010

Children 2010- 2012

Pre-Junior: apparatus by choice	Children: apparatus by choice
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Technical Regulations of DUO/TRIO (Nordic/Scandinavian rules)>>>

http://rqform.eu/uploads/pp_1806_Technical_Regulations_Small_Groups_duotrio.pdf?1577293633