

SJR 2025

TIME	MONDAY 7.7.2025	TUESDAY 8.7.2025	WEDNESDAY 9.7.2025	THURSDAY 10.7.2025	FRIDAY 11.7.2025	TIME
08.00-08.30		BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	08.00-08.30
08.30-09.00		BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	08.30-09.00
09.00-09.30		TRAINING GROUP 1-2	TRAINING GROUP 3	TRAINING GROUP 1-2	TRAINING ALL GROUPS	09.00-09.30
09.30-10.00		TRAINING GROUP 1-2	TRAINING GROUP 3	TRAINING GROUP 1-2	TRAINING ALL GROUPS	09.30-10.00
10.00-10.30		TRAINING GROUP 1-2	TRAINING GROUP 3	TRAINING GROUP 1-2	TRAINING ALL GROUPS	10.00-10.30
10.30-11.00		TRAINING GROUP 3	TRAINING GROUP 1-2	TRAINING GROUP 3	TRAINING ALL GROUPS	10.30-11.00
11.00-11.30	REGISTRATION	TRAINING GROUP 3	TRAINING GROUP 1-2	TRAINING GROUP 3	LUNCH	11.00-11.30
11.30-12.00	REGISTRATION	TRAINING GROUP 3	TRAINING GROUP 1-2	TRAINING GROUP 3	LUNCH	11.30-12.00
12.00-12.30	REGISTRATION	LUNCH	LUNCH	LUNCH	CLEANING	12.00-12.30
12.30-13.00	REGISTRATION	LUNCH	LUNCH	LUNCH	CLEANING	12.30-13.00
13.00-13.30	TRAINING ALL GROUPS	LUNCH	LUNCH	LUNCH	THE END	13.00-13.30
13.30-14.00	TRAINING ALL GROUPS	LUNCH	LUNCH	LUNCH	THE END	13.30-14.00
14.00-14.30	TRAINING ALL GROUPS		 TECHNIQUE			14.00-14.30
14.30-15.00	TRAINING ALL GROUPS		TECHNIQUE			14.30-15.00
15.00-15.30	LUNCH	TRAINING GROUP 1-2		TRAINING GROUP 1-2		15.00-15.30
15.30-16.00	LUNCH	TRAINING GROUP 1-2		TRAINING GROUP 1-2		15.30-16.00
16.00-16.30	LUNCH	TRAINING GROUP 1-2		TRAINING GROUP 1-2		16.00-16.30
16.30-17.00	TRAINING GROUP 1-2		TRAINING GROUP 3			16.30-17.00
17.00-17.30	TRAINING GROUP 1-2		TRAINING GROUP 3			17.00-17.30
17.30-18.00	TRAINING GROUP 1-2	TRAINING GROUP 3	TRAINING GROUP 3	TRAINING GROUP 3		17.30-18.00
18.00-18.30	TRAINING GROUP 3	TRAINING GROUP 3	TRAINING GROUP 1-2	TRAINING GROUP 3		18.00-18.30
18.30-19.00	TRAINING GROUP 3	TRAINING GROUP 3	TRAINING GROUP 1-2	TRAINING GROUP 3		18.30-19.00
19.00-19.30	TRAINING GROUP 3	DINNER	TRAINING GROUP 1-2	DINNER		19.00-19.30
19.30-20.00	SUPPER	DINNER	DINNER	DINNER		19.30-20.00
20.00-20.30	SUPPER		DINNER			20.00-20.30
20.30-21.00						20.30-21.00
21.00-21.30	BREAKFAST 08:00-09:30	LUNCH 12:00-14:00	DINNER 18:30-20:00			21.00-21.30
21.30-22.00						21.30-22.00