



Competition invite

Welcome to the Spirit 5-6 ECL competition to Kouvola, Finland!

Registration open: 10.-24.3.2025

Competition date: 24.5.2025

Spirit 5-6- ECL, Diamond Cup

DATE: 24.5.2025
VENUE: Lumon arena
ADDRESS: Topinkuja 1, 45100 Kouvola, Finland

DIVISIONS

- Cheer, Junior All Girl, level 5
- Cheer, Junior Coed, level 5
- Cheer, Senior, level 5
- Cheer, Senior All Girl, level 6
- Cheer, Senior Coed, level 6
- Freestyle Pom, Junior
- Freestyle Pom, Senior
- Hiphop
- Jazz
- Groupstunt, Junior, level 5
- Groupstunt, Senior, level 5
- Groupstunt, Senior , level 6
- Partner Stunt, level 6
- Cheer dance doubles juniorit
- Cheer dance doubles senior*

PARTICIPATION FEE

Spirit level 5-6 – competition participation fees are as follows:

- 25€/participant

- If participating in several categories 12,5€/participant per extra category

Extra category fee will be charged for the participants who participate in more than one competition division. The extra category fee also applies to coaches, caregivers, and spotters.

Note! All registered participants must have a valid competition license/insurance for a team to participate in the competition series. Please note that a person who does not have a license/insurance CANNOT enter the competition. The number of registered people cannot be changed after registration has closed. Registered people can be changed no later than 14 days before the competition date (**due date at the end of this document**). The list of participants must correspond to the participating team. If it appears that this is not the case, the team's performance can be rejected. **Coaches and guardians can be edited (but not added or removed) no later than 2 days before the competition. Only the coaches and guardians listed on the participants' list will be allowed to accompany the team.**



An invoice for participation fees will be sent after registration, and the amounts to be invoiced are based on the information on the registration form. **Paying the invoice by the due date is a requirement for participating in the competition.**

REGISTRATION

Each club is allowed to register as many teams as they wish. See the maximum number of participants per category in the current competition rules. In addition to competitors, team rosters may include up to 10 substitutes, 4 coaches, 4 guardians, and 6 spotters. Competitors and substitutes are not distinguished on the registration form; all are registered as competitors

NOTE! Every team member, athlete, coach, guardian, and spotter must be registered in advance for the competition event along with the team. For example, if a coach coaches two (2) different teams in the competition, they must be registered with both teams (2). If an athlete competes in one (1) team and coaches another (1) team, they must be registered with both teams. The participant list must correspond to the team participating in the competition. **Only the athletes, coaches, and guardians listed on the participant list will be allowed to accompany the team in the competition area.**

You must register for the competition by 24.03.2025 at 8:00 pm. The registration must be sent by the due date. If there is any issue with registration, please contact the event producer of Finnish Cheerleading Federation, FCF (contact information at the end of this document)

The organizing club or FCF are not responsible for missing registrations or registrations that did not arrive. The competition order, competition schedule and other competition information will be sent to the registered teams later.

The registration link can be found on the event website.

CANCELLATION TERMS

Possible cancellation must be made in writing or electronically to the organizing club and it needs to be two (2) weeks before competitions or registration date. Cancellation can be done without fee until the end of registration date. Cancellation 14-30 day before competitions 50% participation fee. Cancellation under 14-day 100% participation fee – no refund.

Clubs and teams should consider the minimum participation requirements for each category as stated in the competition rules and make proactive plans for participation in case part of the team is unable to attend.

If the competition is cancelled for pandemic, war, or walkout which the organizer cannot predict, the participation fees will not be refunded, or possible damages caused by cancellation will not be compensated.



By ordering possible T-shirts or other competition products, the club commits to the purchase upon registration. Cancellation of the lunch order is only possible until a specific deadline, which can be found at the end of this document. After this deadline, the club is committed to paying for the lunches according to their order.

LICENSE / INSURANCE

Please make sure that each competitor, substitute, spotter, and coach has a valid sports license and insurance that covers cheerleading as a sport. The organizer is not responsible for any possible injury during the competition and/or practice time.

ANTI-DOPING JA EXEMPTION

The athlete should always primarily ask the doctor for treatment according to the permitted substances. If there is no permitted medication available for maintaining health or treating an illness, a different exemption for the medication can be applied for.

Athletes outside FINCIS's sport-specific level definition do not need to apply for exemption in advance. After a possible doping test, they must apply for exemption retroactively to demonstrate that there were medical grounds for the use of prohibited substances or methods required to grant exemption.

Applying for exemption is the athlete's own responsibility.

For questions related to anti-doping, you can contact the federation's office (office@scl.fi) or directly to FINCIS.

COMPETITION RULES & SCORE SHEETS

The competition rules and judging forms of the European Cheer Union and Finnish Cheerleading Federation are valid for the competitions, which can be found on the website of the Finnish Cheerleading Federation at <https://scl.fi/kilpailutoiminta/kilpailusaannot/>

We hope that the coaches of the teams will ensure the regularity of the programs in good time before the competition according to the FCF competition rules.

SAFETY

We recommend clubs and teams to include in the program the skills and elements that the team is sure to master. Skills are presented safety first!



The aim is to guarantee a safe environment for the people participating in the event. We require that everyone participates in the event only in good health.

If the competition must be canceled or the competition concept is modified due to government regulations, FCF and the organizing club reserve the right to modify the competition concept or cancel the competition.

All competitions under the federation follow the principles of Safer Space. Each competition has a designated harassment contact person, whose contact details will be provided in the competition info. During the competition, you can reach out to the harassment contact person if you experience any inappropriate behavior. Let's all ensure that everyone feels safe at cheerleading competitions. <3

PRINCIPLES OF A SAFER PLACE

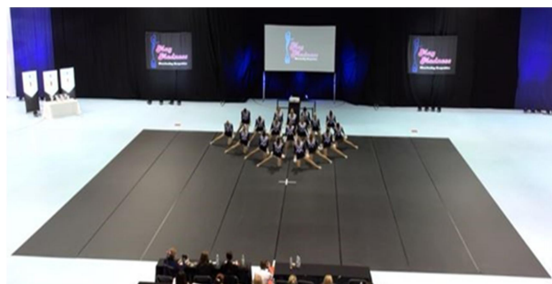
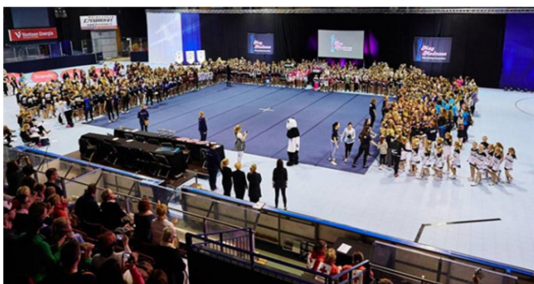
The principles and practices of a Safer Space aim to create an environment where everyone contributes through their actions to building an equal, respectful, and open atmosphere and dialogue. Let's take care of every member of the cheer family together. Let's celebrate successes at competitions—both our own and others'. The strength of the sport lies in encouragement and joy, so let's share that with each other in the community as well.

- **Respect the personal physical and mental space of others.** Do not touch someone without asking for permission. Remember, you cannot know someone's boundaries without asking.
- **Do not mock,** discriminate, demean, exclude, or embarrass anyone through your words, actions, or behavior. Do not criticize anyone's appearance or speak negatively about anyone.
- **Apologize** if you have intentionally or unintentionally hurt others. Speak openly if you feel offended. This way, you allow others the opportunity to apologize.

SIZE OF THE PERFORMANCE AREA

The size of the competition area is 14 m (W) x 16 m (L).

Illustrative images of the competition platforms below. You can see the location of the lines and central mark in the pictures.



MUSIC

The team's music must be emailed to kilpailut.bdc@gmail.com by **26.4.2025**.

A person represented by an external service provider is responsible for the operation of the sound system. The music is played from the arena level, and a team representative must come to the music station for the duration of the performance.

A team representative will be directed at the music playback station by the competition organizer. All music will be checked in advance by the service provider.

You must also be prepared to play the music at the competition venue yourself just in case. We recommend having the music stored on your phone with you. Please take care of your own adapters if your phone has a less common connection.

WARM UP

The gymnasium of Yhteislyseo High School, located near the competition venue, is reserved for warming up, as well as the gym at Urheilupuisto School for cheer dancers. Both warm-up locations are about a 300-meter walk from Lumon Arena. A detailed map and warm-up schedule will be sent as an attachment to the competition information to registered participants. Bringing your own music equipment is allowed. A cheer mat is available in the Yhteislyseo gymnasium.

We encourage a positive team spirit and good manners among the teams in the warm-up area! If a team member (including competitor, substitute, spotter, coach, or guardian) behaves inappropriately, the competition organizer has the right to interrupt the entire team's warm-up.

LUNCH

Food is ordered per team by email to kilpailut.bdc@gmail.com by 24.03.2025.

Lunch is 16€/per person.

The competition lunch buffet includes:

Fresh salad
Carrot-cabbage-pineapple slaw
Pickles
Beetroot

Minced meat sauce (L)
Chicken fillet in cream sauce (L, G)



Pasta (L)
Rice (L, G)
Vegetarian option (To be specified later) (L)

Bread, spreads
Water, juice"

(L = Lactose-free, G = Gluten-free)

COMPETITION'S SECONDARY PRODUCTS

The official competition T-shirt can be pre-ordered.

The competition shirt is white and features the competition logo on the front.

The pre-order price is €22. A limited number of shirts will also be available for sale at the competition venue for €25.

Pre-orders are made team-wise during the competition registration by 24th March 2025.

The order is binding.

Available sizes are: 118-128cm, 130-140cm, 150-160cm, XS, S, M, L, XL, XXL, 3XL, and 4XL.



TICKETS, LIVE STREAM, PHOTOGRAPHY

Ticket sales will begin on 28th April 2025. More details about the start of ticket sales and specific information will be provided in the competition info and on social media (Instagram @diamondcupkouvola and @bdcheer, Facebook Black Diamond Cheerleaders), as well as on the organizing club's website at www.bdc.fi.

Tickets

Pre Ordered:

- 17€ Adults
- 15€ Pensioners and students
- 12€ Children 7-12 years
- Note! Liveto's service fees will be added to the pre-sale ticket prices.
- **Children under school age enter free of charge when accompanied by an adult**



Tickets at the door:

- 20€ Adults
- 18€ Pensioners and students
- 15€ Children 7-12 years
- **Children under school age enter free of charge when accompanied by an adult**

The competition will be streamed on the FincheerTV platform.

Pricing for the service:

- Single competition broadcast: €11.99
- Season pass: €69.99

With a PPV purchased for a single competition broadcast, you get viewing access to the selected broadcast live and/or as a recording. Alternatively, you can purchase a season pass, which gives access to all spring competition events! The season pass includes 12 competition broadcasts (Spirit, Super, and National Championships).

With the season subscription, you can watch all content available on fincheer.tv at any time. The FincheerTV platform is available at fincheer.tv

The competition event may be photographed and will be streamed. The organizing club and the Finnish Cheerleading Federation have the right to use and store the visual material. The clubs and teams participating in the competition must ensure that the athletes, or the parents of minors, are aware of photography and have granted permission for it. By registering for the competition, the teams consent to photography.

IMPORTANT DATES

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| • 24.03.2025 at 20.00 | Last registration date, secondary product's order date |
| • 23.04.2025 at 20.00 | Last DL for adding or deleting participants(1month) |
| • 25.04.2025 | Last day of sending the music |
| • 25.04.2025 | Deadline for cancellation of lunch |
| • 28.04.2025 | Ticket sales open online |
| • 09.05.2025 at 20.00 | Last DL for editing competitors (14days) |
| • 21.05.2025 at 20.00 | Last DL for editing coaches and guardians (2days) |
| • 24.05.2025 | Competition day |



CONTACT INFORMATION

GENERAL COMPETITION ARRANGEMENTS AND REGISTRATION

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FINNISH CHEERLEADING FEDERATION

Inka Laitinen
Event producer FCF
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FINNISH CHEERLEADING FEDERATION OFFICE

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JUDGING OR FORM-RELATED QUESTIONS

Judging committee
tuomarivaliokunta@scl.fi

