

INTERNATIONAL

INSTRUCTOR COURSE (IIC) & TECHNICAL SEMINAR (ITS)

WITH GRAND MASTER GARY MILLER 9TH DEGREE

21st–23rd | HELSINKI
NOVEMBER 2025 | FINLAND



ORGANIZED BY



International
Taekwon-Do
Federation (ITF)



ITF TAEKWON-DO
FINLAND

MORE INFORMATION: WWW.ITFTAETKWONDO.FI | PRESIDENT@ITFTAETKWONDO.FI

INFORMATION PACK

International Technical Seminar & International Instructor Course (IIC) 21st–23rd November 2025 | Helsinki, Finland

On behalf of the Finland ITF Taekwon-Do Federation, we are honoured to invite you to attend the International Technical Seminar (ITS) and International Instructor Course (IIC), which will be conducted by **Grand Master Gary Miller, 9th Degree**. The seminar will be conducted in the English language.

I. Date

21st – 23rd November 2025

II. Venue

Helsingin Kielilukio, Liikuntasali

Address: Kiviparintie 1, 00920 Helsinki, Finland

(Please note that participants are kindly requested to arrange their own transportation to and from the venue. A metro station is conveniently located nearby.)

Only in-person attendance is permitted. Online participation will not be provided.

III. Seminar and Course Fees

The International Technical Seminar (ITS) is an integral component of the International Instructor Course (IIC). Participation in the IIC automatically includes attendance at the ITS, with no additional fees required. However, individuals who attend only the ITS, they will need to pay the ITS seminar fee separately.

International Technical Seminar (ITS) Fee

- **Up to 2nd Dan:** € 80
- **3rd Dan and above:** € 160

International Instructor Course (IIC) Fee (only 3 Dan ->)

- **3rd – 6th Dan:** € 160 (including seminar endorsement barcode)
- **7th Dan and above:** € 50 (organizer's fee only)



Please note that an **organizer's fee of € 50** will be added to the prices listed above (excludes holders of 7th Dan and above). If you wish to obtain the official International Instruction Qualification Certificate, a qualification fee of € 250 must be paid directly to the ITF.

IV. Certification

This IIC is officially recognized by the **ITF HQ**. Participants will be assigned a personal serial number (HHY-IIC-xx-yy) by ITF HQ.

- Optional: A printed ITF course certificate is available for an additional **€30**.
- All participants will receive a **certificate of participation** issued by the Finland ITF Taekwon-Do Federation, free of charge.

V. Examination

Those applying for **International Instructor qualification** may be examined by Grand Master Gary Miller at the end of the course.

- Please inform the organizer in advance via email if you wish to be examined.
(Note: Examination/promotion fees are not included in the course price.)
- 3rd Degree holders may be examined **only if** they are scheduled to take their 4th Degree Test **within the next 6 months**.

VI. Course Schedule

Day	Time	Session Type
Friday, 21 Nov	16:30 – 17:00	Registration (business suit required) (only for IIC)
	17:00 – 20:00	Session I (business suit required) (only for IIC)
Saturday, 22 Nov	09:00 – 12:00	Session II (dobok required)
	13:30 – 17:00	Session III (dobok required)
Sunday, 23 Nov	09:00 – 11:00	Session IV
	11:00 – 12:00	Instructor Examinations (suit required)
	13:00 – 15:00	Degree Examinations (suit/dobok)



VII. Enrollment

Participants must register through the **ITF Online Database (ITF DB)**.

Please note: Only '**Active**' **ITF members** (Annual Membership Fee paid) can enroll. The participants who are unable to enroll, please contact your **NGB** or **ITF Technical Support**.

Enrollment deadline: Friday, 14th November 2025 at 23.59

VIII. Payment

Fees for the ITS/IIC seminar must be paid via bank transfer, while examination fees must be paid in cash.

Bank Account Information:

Recipient's name: ITF Taekwon-Do liitto ry

Address: Latokuja 5 08100 Lohja, Finland

IBAN: FI58 5554 0920 0846 46

BIC/SWIFT: OKOYFIHH

Reference: ITS/IIC Seminar Fee & Participant's Name

Payment Deadline: 19th of November 2025. Please ensure that your payment has been credited to our bank account by this date.

IX. Accommodation , Transportation & Meals

Participants are kindly requested to arrange their own flights and transportation to and from the venue. Travel visas are the responsibility of each participant.

(Note: Please verify whether a visa is required for entry into Finland by consulting the official website of the Ministry for Foreign Affairs at www.um.fi. If a visa is required, you may complete the application form online at www.finlandvisa.fi)

All participants are also expected to arrange their own accommodation and meals during the event. No group dining or catering will be provided.



There are numerous **hotels and hostels** available in Helsinki for different budgets.

Recommended accommodations:

1. Hotel Sofia (Kallvikinniementie 35, 00980, Helsinki) – It's best for those traveling by car. Getting to the seminar location by public transport from Hotel Sofia is difficult.
2. Citybox Helsinki (Kolmas linja 8 B, Kallio, 00530, Helsinki) – Hakaniemi metro station is nearby, with a direct line to **Myllypuro station**, where the seminar takes place. (Mellunmäki train)
3. Scandic Paasi (Paasivuorenkatu 5 B, Kallio, 00530, Helsinki) – Hakaniemi metro station is nearby, with a direct line to **Myllypuro station**, where the seminar takes place. (Mellunmäki train)
4. Scandic Hakaniemi (Siltasaarenkatu 14, Kallio, 00530, Helsinki) – Hakaniemi metro station is nearby, with a direct line to **Myllypuro station**, where the seminar takes place. (Mellunmäki train)
5. Scandic Kallio (Läntinen Brahenkatu 2, 00510, Helsinki) – You can either take tram 1T to Sörnäinen metro station or walk to the metro (about 15 minutes). Then take the metro to **Myllypuro station** on the Mellunmäki train.

Transportation info:

Public transport in Helsinki works excellently and allows for smooth travel around the city. We recommend using the www.hsl.fi website, where you can find detailed route instructions. You can also download the HSL app to plan your trips and purchase tickets. We recommend buying tickets only through the HSL app.

Getting Around by Taxi We recommend using the BOLT or UBER apps for convenient and easy taxi booking.

X. Organizer:

Finland ITF Taekwon-Do Federation

 www.itftaekwondo.fi

 Contact: Rose Pakarinen, President

 Email: president@itftaekwondo.fi

