



# Balt Cup

International  
Taekwon-do itf tournament

13-14 of MAY 2023

TALLINN, Estonia



Tallinn





# INFORMATION



## DATE:

13-14 of MAY 2023

## PLACE:

"Kalev's" SPORTS HALL (Juhkentali 12, Tallinn)

## REGISTRATION and WEIGH IN:

"Kalev's" SPORTS HALL (Juhkentali 12, Tallinn)

## ORGANIZER:

Estonian Taekwon-do Union

E-mail: [taekwondo@tkd.ee](mailto:taekwondo@tkd.ee)

Phone: +372 58081044

## ACCOMMODATION & REGISTRATION DEADLINE:

1<sup>st</sup> of May 2023

Applications are on-line through:

<https://events.taekwondo-itf.com/taekwondo/tournaments.php>





# GENERAL INFORMATION

## SPORTS HALL

The Championships will take place in "Kalev's" Sports Hall. Kalev's sports hall is located in Tallinn on **12 Juhkentali Street**. The sports hall was built on 1962 and nowadays remains under state protection as **an architectural monument**.

## FEES

Entry Fee and payment:

All the payments will take place at the "Kalev" Sports Hall on the 12<sup>th</sup> of MAY 2023.

Entry fee: 35 € per competitor

Official Protest fee: 50 €

## UMPIRES

The Organizing committee will cover 4 days/3 nights (from 12<sup>th</sup> until 15<sup>th</sup> of May) Hotel accommodation for an umpire WHOSE TEAM IS NOT LESS THAN 10 COMPETITORS.

## LUNCH

The Organizing Committee can provide lunch, dinner during the competition (upon prior request) at a cost of 14 € per person per day.

## REGISTRATION and WEIGH IN

Arrival, Registration and Weigh in will be from 09:00 until 19:00 on 12<sup>th</sup> of MAY 2023 at the "Kalev's" Sports Hall

## HOTEL ACCOMMODATION AT SEVERAL PACKAGES:

We have arranged different packages of accommodation in Hotels from 4 and 5 stars. Price is from 40 € and up to 80 € per day per person in a double room. Please send us information about accommodation for your team as soon as you can.

Please contact: Ilona Uzlova, [Ilona.uzlova@gmail.com](mailto:Ilona.uzlova@gmail.com), tel. +372 58081044



# COMPETITION

In preliminary rounds, competitors (**juniors and adults**) will be divided in **groups** of three, with a maximum of four. They will compete against each other and the competitors who receive more points will proceed to the pyramid system.

## CHILDREN 8-9 AGE

**Pattern** – the children will perform only one Designated pattern till the final and on the final two – Optional pattern and designated

**8-7 gup: Optional pattern-** Dan Gun – Do San **Designated pattern-** Chon Ji – Do San

**6-5 gup: Optional pattern-** Won Hyo – Yul Gok **Designated pattern-** Chon Ji – Yul Gok

**4-3 gup: Optional pattern-** Chun Gun – Toi Gye **Designated pattern-** Chon Ji – Toi Gye

**Sparring** - minimum – 8th gup for all ages;

For children 8-9 y.o. – 2 rounds x 1 min.

pause within round: 30 seconds.

**Boys:** -25, -28, -31, -34, -37, -40, -43, -46, 46+.

**Girls:** -25, -28, -31, -34, -37, -40, -43, -46, 46+.

## CADETS 10-11 AND 12-13 AGE

There are two **cadets** sparring divisions:

Cadets (10-11) must be 10-11 years old on the 12<sup>th</sup> of May 2023, Cadets (12-13) must be 12-13 years old on the 12<sup>th</sup> of May 2023

**Pattern** – **until 1 gup** the cadets will perform only one Designated pattern till the final and on the final two – Optional pattern and designated

**8-7 gup: Optional pattern-** Dan Gun – Do San **Designated pattern-** Chon Ji – Do San

**6-5 gup: Optional pattern-** Won Hyo – Yul Gok **Designated pattern-** Chon Ji – Yul Gok

**4-3 gup: Optional pattern-** Chung Gun – Toi Gye **Designated pattern-** Chon Ji – Toi Gye

**2-1 gup: Optional pattern-** Hwa Rang – Choong Moo **Designated pattern-** Chon Ji – Choong Moo

**1 dan Optional pattern-** Kwan Gae – Ge Beak **Designated pattern-** Chon Ji – Ge Beak

**Sparring** - minimum – 8<sup>th</sup> gup for all ages;

For cadets 10-11 y.o. – 2 rounds x 1,30 min.

For children 12-13 y.o. – 2 rounds x 1,30 min.

pause within round: 45 seconds.

### 10-11 age

**Boys:** -30, -35, -40, -45, -50, -55, -55+.

**Girls:** -25, -30, -35, -40, -45, -50, -55+.

### 12-13 age

**Boys:** -35, -40, -45, -50, -55, -60, -60+.

**Girls:** -30, -35, -40, -45, -50, -55, -55+.



## JUNIORS 14-15 AND 16-17 AGE

### Pattern

**6-5 gup** Optional pattern- Won Hyo – Yul Gok Designated pattern- Chon Ji – Yul Gok

**4-3 gup** Optional pattern- Chung Gun – Toi Gye Designated pattern- Chon Ji – Toi Gye

**2-1 gup** Optional pattern- Hwa Rang – Choong Moo Designated pattern- Chon Ji – Choong Moo

I degree Optional pattern- Kwan Gae – Ge Beak Designated pattern- Chon Ji – Ge Beak

II degree Optional pattern- Eui Am – Juche Designated pattern- Chon Ji – Juche

III degree Optional: Sam Il – Choi Yong Designated: Chon Ji – Choi Yong

**Sparring** – minimum – 6<sup>th</sup> gup for all ages

For all juniors – 2 rounds x 2 min.

pause within round: 60 seconds.

### 14-15 age

**Boys:** -45, -50, -55, -60, -65, -70, 70+.

**Girls:** -40, -45, -50, -55, -60, -65+.

### 16-17 age

**Boys:** -45, -51, -57, -63, -69, -75, 75+.

**Girls:** -40, -46, -52, -58, -64, -70, 70+.

## ADULTS

Adults must be 18-39 years old on the 12<sup>th</sup> of May 2023

### Pattern

**6-5 gup** Optional pattern- Won Hyo – Yul Gok Designated pattern- Chon Ji – Yul Gok

**4-3 gup** Optional pattern- Chung Gun – Toi Gye Designated pattern- Chon Ji – Toi Gye

**2-1 gup** Optional pattern- Hwa Rang – Choong Moo Designated pattern- Chon Ji – Choong Moo

I degree Optional pattern- Kwan Gae – Ge Beak Designated pattern- Chon Ji – Ge Beak

II degree Optional pattern- Eui Am – Juche Designated pattern- Chon Ji – Juche

III degree Optional: Sam Il – Choi Yong Designated: Chon Ji – Choi Yong

IV degree Optional: - Yon-Gae – Moon-Moo Designated: - Chon Ji – Moon-Moo

**Sparring** – minimum – 6<sup>th</sup> gup for all ages

For all adults – 2 rounds x 2 min.

pause within round: 60 seconds.

**Adult male:** - 52, - 58, - 64, - 71, - 78, - 85, - 92, + 92;

**Adult female:** -47, -52, -57, -62, -67, -72, -77, + 77;

In the sparring competition, the competitor from the red corner must wear **red** hands and feet safety equipment and the competitor from the blue corner must wear **blue** hands and feet safety equipment.

**Team Sparring** event - each team must have a minimum of 4 competitors.. When a team has one member short at the time of competition then the opposing team will automatically be awarded two points.

It is the participants' responsibility to have full Insurance coverage for all eventualities. Organising committee will not be responsible for any injury or loss for participants before, during, and after the Championships howsoever arising.



# PRELIMINARY PROGRAM

## Friday 12<sup>th</sup> May 2023

09:00 – 18:00 – Arriving and registration ("Kalev's" Sports Hall, Tallinn)  
19:00–20:00 – Coach meeting ("Kalev's" Sports Hall, Tallinn)

## Saturday 13<sup>th</sup> May 2022

08:00 - Entering hall  
08:30 – Umpire meeting  
09:00 – 13:00 – Competitions  
13:00 – 14:00 – Opening ceremony and Lunch break  
14:00 – 19:00 – Competitions and awarding ceremony

## Sunday 14<sup>th</sup> May 2023

07:30 - Entering hall  
08:00 - Umpire meeting  
09:00 – 13:00 – Competitions  
13:00 – 14:00 – Lunch break  
14:00 – 19:00 – Competitions and awarding ceremony



*Welcome to Tallinn!*