



# ESTONIAN OPEN CUP 2024

## INTERNATIONAL TAEKWONDO- ITF TOURNAMENT

### ORGANIZER

Pärnu Taekwondo club with support of Estonian Taekwondo union

**DATE** 19 of october 2024

**PLACE** Pärnu Kergejõustikuhall (Väike Kuke 8c, Pärnu)

### ENTRY FEE

50 per competitor

### HOTEL ACCOMMODATION:

We have arranged different packages of accommodation in Hotels from 4 and 5 stars. Price is from 30,00 EURO and up to 70,00 EURO per day per person in a double room. Please send us information about accommodation of your team until 30.09.2024

Please contact: Vladislav Shonichev, vladislav.shonichev@gmail.com, tel. +37255681317

### UMPIRES

Every club shall bring an umpire

Registration of umpires is via iScore

All the umpires must have valid Umpire category of Estonian umpire committee, International Umpire category or national umpire category.

The Organizing committee will cover one night stay in hotel in double room for an umpire, whos team is not less than 15 competitors

### VISA APLICATION

Teams, who require visa, should contact us until 19.09.2024

[taekwondo@taekwondo.ee](mailto:taekwondo@taekwondo.ee) тел. +37258081044

**DEADLINE 13.10.2024**



## DEADLINES FOR DOCUMENT APPLICATIONS

### **Deadline for visa applications:**

**19.09.2024**

Please contact [taekwondo@taekwondo.ee](mailto:taekwondo@taekwondo.ee) phone: +37258081044.

### **Deadline for accommodation application:**

**30.09.2024**

Please send Your application to [Vladislav.shonichev@gmail.com](mailto:Vladislav.shonichev@gmail.com) phone +37255681317.

### **Registration deadline:**

**13.10.2024**

Applications should be done via iScore

<https://data.taekwondo-itf.com/event/31732/8140>

Please use real weight, when applying to sparring.

Please check, that each athlete has their coach selected in the system.

## COMPETITION RULES

1. Competitions will be held according to rules approved by the E.T.U., in accordance with I.T.F. requirements among children (6-7 years), (8-9 years), cadets (10-11 years), (12-13 years), juniors (14-15 years), (16-17 years) and adults (18+ years)

- individual pattern (children, cadets, juniors and adults).

– individual sparring (children, cadets, juniors and adults).

– individual reaction and power test (children, cadets, juniors and adults).

1. The age of participants will be determined on the day of competition via ITF database. Color belts and black belts are allowed to compete. Each sports organization (federation, club) may delegate an unlimited number of competitors.

2. For children and cadet categories 8 OZ open palm gloves of red or blue color must be used. For junior and adult categories 10 OZ closed palm gloves of red or blue color must be used. In all age categories it is compulsory to wear red or blue helmet, breast guard for woman, groin guard for man, shin guard, foot guard and month guard. Competitors must wear an official ITF Dobok. The color of the equipment must be the same as the competitor corner color. It is possible to wear foot guard and helmet of the neutral color (black or white), except the opponents color). Cadets (12-13 years) are allowed to compete in 8 OZ open palm gloves or 10 OZ closed palm gloves.

3. In case there is only one competitor in a weight category, the competitor will be moved to a higher category or by agreement of the coaches to a lower category.

4. In the 6–7 years old category, in individual competitions, hand attacks to high sections are prohibited. Points are awarded for hand attack directed to mid-section

## INDIVIDUAL COMPETITIONS

In categories 10–11 years old and 12–13 years old sparring will be held in two divisions - B (up to 7 gup) and A (6 gup and above).

The children will perform only one Designated pattern till the final and on the final two – Optional pattern and designated pattern. There will be two third places in patterns

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There will be two third places in sparring.  
In reaction speed and power competitions 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places will be awarded.

## CHILDREN 6-7 YEARS

### PATTERN:

**10-9 gup:** optional pattern: Chon Ji

**8-7 gup:** optional pattern: Dan Gun - Do San **designated pattern:** Chon Ji - Do San

### SPARRING:

Hand attacks to high sections are prohibited.

In preliminary rounds and finals 2 rounds x 1 min with 30 sec break.

Male: -19kg, -22kg, -25kg, -28kg, - 31kg, -34kg, -37kg, +37kg

Female: -19kg, -22kg, -25kg, -28kg, - 31kg, -34kg, -37kg, +37kg

## CHILDREN 8-9 YEARS

### PATTERN:

**10-9 gup:** optional pattern: Chon Ji

**8-7 gup:** optional pattern: Dan Gun - Do San **designated pattern:** Chon Ji - Do San

**6-5 gup:** optional pattern: Won Hyo-Yul Gok **designated pattern:** Chon Ji - Yul Gok

### SPARRING:

#### SPARRING: B division

In preliminary rounds and finals 2 rounds x 1 min with 30 sec break.

Male: -25kg, -28kg, -31kg, - 34kg, -37kg, -40kg, +40kg

Female: -25kg, -28kg, -31kg, - 34kg, -37kg, -40kg, +40kg

#### SPARRING: A division

In preliminary rounds and finals 2 rounds x 1 min with 30 sec break.

Male: -25kg, -28kg, -31kg, - 34kg, -37kg, -40kg, +40kg

Female: -25kg, -28kg, -31kg, - 34kg, -37kg, -40kg, +40kg

## CADETS 10-11 YEARS

### PATTERN:

**10-9 gup:** optional pattern: Chon Ji

**8-7 gup:** optional pattern: Dan Gun - Do San **designated pattern:** Chon Ji - Do San

**6-5 gup:** optional pattern: Won Hyo-Yul Gok **designated pattern:** Chon Ji - Yul Gok

**4-3 gup:** optional pattern: Joong Gun-Toi Gae **designated pattern:** Chon Ji - Toi Gae

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**2-1 gup: optional pattern:** Hwa Rang- Chung Moo **designated pattern:** Chon Ji - Chung Moo

### **SPARRING: B division**

In preliminary rounds and finals 2 rounds x 1,5 min with 45 sec break.

Male: -31kg, -34kg, -37kg, - 40kg, -43kg, -46kg, -49kg, +49kg

Female: -31kg, -34kg, -37kg, - 40kg, -43kg, -46kg, -49kg, +49kg

### **SPARRING: A division**

In preliminary rounds and finals 2 rounds x 1,5 min with 45 sec break.

Male: -31kg, -34kg, -37kg, - 40kg, -43kg, -46kg, -49kg, +49kg

Female: -31kg, -34kg, -37kg, - 40kg, -43kg, -46kg, -49kg, +49kg

## **CADETS 12-13 YEARS**

### **PATTERN:**

**10-9 gup: optional pattern:** Chon Ji

**8-7 gup: optional pattern:** Dan Gun - Do San **designated pattern:** Chon Ji - Do San

**6-5 gup: optional pattern:** Won Hyo-Yul Gok **designated pattern:** Chon Ji - Yul Gok

**4-3 gup: optional pattern:** Joong Gun-Toi Gae **designated pattern:** Chon Ji - Toi Gae

**2-1 gup: optional pattern:** Hwa Rang- Chung Moo **designated pattern:** Chon Ji - Chung Moo

**I dan: optional pattern:** Kwang Gae-Ge Baek **designated pattern:** Chon Ji - Ge Baek

### **SPARRING: B division**

In preliminary rounds and finals 2 rounds x 1,5 min with 45 sec break.

Male: -35kg, -40kg, -45kg, -50kg, -55kg, -60kg, +60kg

Female: -30kg, -35kg, -40kg, -45kg, -50kg, -55kg, +55kg

### **SPARRING: A division**

In preliminary rounds and finals 2 rounds x 1,5 min with 45 sec break.

Male: -35kg, -40kg, -45kg, -50kg, -55kg, -60kg, +60kg

Female: -30kg, -35kg, -40kg, -45kg, -50kg, -55kg, +55kg

## **JUNIORS 14-15 YEARS**

### **PATTERN:**

**10-9 gup: optional pattern:** Chon Ji

**8-7 gup: optional pattern:** Dan Gun - Do San **designated pattern:** Chon Ji - Do San

**6-5 gup: optional pattern:** Won Hyo-Yul Gok **designated pattern:** Chon Ji - Yul Gok

**4-3 gup: optional pattern:** Joong Gun-Toi Gae **designated pattern:** Chon Ji - Toi Gae

**2-1 gup: optional pattern:** Hwa Rang- Chung Moo **designated pattern:** Chon Ji - Chung Moo

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**I dan: optional pattern:** Kwang Gae-Ge Baek **designated pattern:** Chon Ji - Ge Baek

### **SPARRING:**

In preliminary rounds and finals 2 rounds x 2 min with 45 sec break.

**No compulsory techniques.**

Male: -45kg, -50kg, -55kg, -60kg, -65kg, -70kg, +70kg

Female: -40kg, -45kg, -50kg, -55kg, -60kg, -65kg, +65kg

## **JUNIORS 16-17 YEARS**

### **PATTERN:**

**10-9 gup: optional pattern:** Chon Ji

**8-7 gup: optional pattern:** Dan Gun - Do San **designated pattern:** Chon Ji - Do San

**6-5 gup: optional pattern:** Won Hyo-Yul Gok **designated pattern:** Chon Ji - Yul Gok

**4-3 gup: optional pattern:** Joong Gun-Toi Gae **designated pattern:** Chon Ji - Toi Gae

**2-1 gup: optional pattern:** Hwa Rang- Chung Moo **designated pattern:** Chon Ji - Chung Moo

**I dan: optional pattern:** Kwang Gae-Ge Baek **designated pattern:** Chon Ji - Ge Baek

### **SPARRING:**

In preliminary rounds and finals 2 rounds x 2 min with 45 sec break.

**No compulsory techniques.**

Male: -45kg, -51kg, -57kg, -63kg, -69kg, -75kg, +75kg

Female: -40kg, -46kg, -52kg, -58kg, -64kg, -70kg, +70kg

## **ADULTS 18+ YEARS**

### **PATTERN:**

**10-9 gup: optional pattern:** Chon Ji

**8-7 gup: optional pattern:** Dan Gun - Do San **designated pattern:** Chon Ji - Do San

**6-5 gup: optional pattern:** Won Hyo-Yul Gok **designated pattern:** Chon Ji - Yul Gok

**4-3 gup: optional pattern:** Joong Gun-Toi Gae **designated pattern:** Chon Ji - Toi Gae

**2-1 gup: optional pattern:** Hwa Rang- Chung Moo **designated pattern:** Chon Ji - Chung Moo

**I dan: optional pattern:** Kwang Gae-Ge Baek **designated pattern:** Chon Ji - Ge Baek

**II dan: optional pattern:** Eui Am - Juche **designated pattern:** Chon Ji - Juche

### **SPARRING:**

In preliminary rounds and finals 2 rounds x 2 min with 45 sec break.

**No compulsory techniques.**

Male: -52kg, -58kg, -64kg, -71kg, -78kg, -85kg, -92kg, +92kg

Female: -47kg, -52kg, -57kg, -62kg, -67kg, -72kg, -77kg, +77kg

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## INDIVIDUAL REACTION SPEED AND POWER

The competitions will be held among children, cadets, juniors and adults.

The competitions will be held with using BlazePod system and power measurement stance.

## PROTEST

Official protest can be given not later than 5 minutes after the match is over. The protest should be given with deposit of 50 euros. If the protest will be accepted, the money will be returned. If the protest will be rejected, the money will not be returned. Video recordings will not be accepted (except video protest on the pattern (should be given tight away, than the pattern score comes to the screen).

**Attention! In case, if the team hasn't got any umpire, the team loses possibility to do the protests.**

## COACHES

Only one coach is allowed to accompany the sportsman to the dojang. The coach should be dressed in sports suit and sport shoes.

## AWARDS

All the winners in individual categories will be awarded with medals.

(1 – 1<sup>st</sup> place, 1 – 2<sup>nd</sup> place, 2 – 3<sup>rd</sup> places)

There will also be awarding with cups for the best coaches. Coaches, whose students will get more medals will be awarded with 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place cups.

**All the winners must come to awarding ceremony in sport dress or dobok.**

## ATTENTION!!!

- 1 Those athletes, who are missing in the competition registration list will not be allowed to compete.
2. Registration after a deadline: +10 euros additional fee per competitor.
3. Competing in two age divisions or in two weight divisions is not allowed.
4. If the coach wants to protest for opponents weight, he can do the official protest. Allowance for the weight in dobok will be category weight +5%. If the opponent will fit in this allowance, the protest will be rejected and the money will be not returned. If the opponent will not fit, the protest will be accepted, money will be returned and exceeded sportsman will be disqualified.
5. It is in interest of sportsman to have full insurance during the competitions. Organizers do not take any responsibilities for injuries, which can happen before, during the competitions or after those. The sportsman can be not allowed to the competitions by medical committee of Estonian Taekwondo union. In this case, they will send their statement to organizers and a coach in advance.

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## PRELIMINARY PROGRAMM

**Saturday 19<sup>th</sup> October 2024**

09:00 – Entering hall (Väike Kuke 8c)

09:15 – 09:30 Umpire meeting

09:35 – 09:50 Coach meeting

10:00 – 19:00 Competitions. Awarding ceremony.

**WELCOME  
to PÄRNU!**

## CONTACT INFORMATION

**ORGANIZING COMMITTEE:**

**Pärnu Taekwondo**

**CONTACT NUMBERS:**

**+372 55 68 13 17      +372 55 13 807**

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