| **DRILL NAME** | | **Two ball + Spacing** | | | | | | | | | |
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| **CONTENT** | | **Spacing, dribbling, one handed passes** | | | | | | | | | |
| **OBJECTIVES** | 1. **Space according to the ball** | | | | | | | | | | |
| 1. **Passing the ball** | | | | | | | | | | |
| **GRAPHS** | | | | | | | | | | | |
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| **DRILL DESCRIPTION** | | **One player has two balls and starts dribbling from middle court. Player without the ball has to move, keeping space with the ball. When the player wants, makes a pass to his teammate. This player that is receiving will choose if to shoot or take a lay up. The other player will have to read the situation. If my teammate goes dribbling to make the lay up, will take a shot. If he takes a shot, then the player will go dribbling to do the lay up.** | | | | | | | | | |
| **PROBABLE MISTAKES** | | 1. **Bad passing** 2. **Bad reception** | | | | | | | | | |
| **CORRECTIONS** | | 1. **When they pass we want them down too, opening the elbow to get the move from there to the wrist and fingers, opening the angle** 2. **Player who receives the pass must be ready to catch with hands ready to shot.** | | | | | | | | | |