| **DRILL NAME** | **Switching roles** |
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| **CONTENT** | **Basic understanding of the game** |
| **OBJECTIVES** | 1. **To change between offense and defense**
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| 1. **Understand when to attack and when to defend**
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| **GRAPHS** |
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| **DRILL DESCRIPTION** | **Doubles games** **Pair and 1 ball** **The idea of ​​playing = roles attacker/defender, winner/loser, Switching roles** **1 basket of war ??** **2 baskets of normal basketball ?** **basketball for all the baskets ??** **Off-d-out** **The attacker who touched the ball last touches the wall before the defense** **Switching roles, exercise of superiority. The idea of ​​"me or input"??** |
| **PROBABLE MISTAKES** | 1. **Players dont use superiority.**
2. **Players just want to attack or defend**
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| **CORRECTIONS** | 1. **Incitivate finding the open teammate for better chance of success**
2. **Make them understand that in basketball you are 50% of your time defending and 50% attacking.**
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