| **DRILL NAME** | | **Switching roles** | | | | | | | | | |
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| **CONTENT** | | **Basic understanding of the game** | | | | | | | | | |
| **OBJECTIVES** | 1. **To change between offense and defense** | | | | | | | | | | |
| 1. **Understand when to attack and when to defend** | | | | | | | | | | |
| **GRAPHS** | | | | | | | | | | | |
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| **DRILL DESCRIPTION** | | **Doubles games**  **Pair and 1 ball**  **The idea of ​​playing = roles attacker/defender, winner/loser, Switching roles**  **1 basket of war ??**  **2 baskets of normal basketball ?**  **basketball for all the baskets ??**    **Off-d-out**  **The attacker who touched the ball last touches the wall before the defense**  **Switching roles, exercise of superiority. The idea of ​​"me or input"??** | | | | | | | | | |
| **PROBABLE MISTAKES** | | 1. **Players dont use superiority.** 2. **Players just want to attack or defend** | | | | | | | | | |
| **CORRECTIONS** | | 1. **Incitivate finding the open teammate for better chance of success** 2. **Make them understand that in basketball you are 50% of your time defending and 50% attacking.** | | | | | | | | | |