

## **Gymnastics Builds a Strong Foundation for Life**

Gymnastics Club Kyrön Kieppi is a gymnastics club founded in 1994 in Hämeenkyrö, Finland. The club offers various disciplines, including acrobatics, parkour, teamgym, and artistic gymnastics. There are groups for all ages, from toddlers to adults. For artistic gymnastics, the groups for preschool-aged children are known as gymnastics schools, and toddlers have their own dedicated group. School-aged children can train at three different levels: purely recreational groups, pre-training groups, and training groups. For adult enthusiasts, options include acrobatics, a handstand course, and artistic gymnastics.

Our activities are guided by responsibility, fair play, and the ethical principles of gymnastics.