

## Event rules

Pahkan Hisut ja Savo- Karjalan am-kisat 18-19.2020

### 1. Organisation

Event leader Tuula Rissanen 050-3020519

Course setter Hannu Heiskanen 050-3075503

Result service Harri Hakkarainen 044-2748602

Information Jari Heiskanen 040-7506104

Event supervisor Matti Kumpulainen 044-3273030

Info Terhi Heiskanen 0449813175

Announcer Kari Saastamoinen 0400-373080

Parking Pasi Rissanen 041 3173722

Jury : Tero Linnainmaa, Kyrös-Rasti, chair

Ritva Partanen, Lammin Säkiä,

Arto Vilppola, Suunta 2000

### 2. Competition terrain

Racing terrain is typical savonian hilly terrain. Maximum elevation of 50 m on the longest tracks. Ground is mostly canvas. Swamps and forest are mainly open, with some dense young forest. There are also a few fields on the map. Snow is about 30 cm deep.

wide track 6 km  
skiing track 35,5 km  
road, skiable 0,4 km

Total 41,5km

Forbidden areas are marked in the event center map and competition map. Two yards are allowed for skiing. Oinasjärventie and Matomäentie roads are forbidden for skiing and marked in map. These rules are controlled and rulebreakers will be disqualified.

### 3. Maps

Maps are updated 1/2020 and printed by Mapline oy

Size of the maps is A4

Scales:

18.1 Long 1:10 000

19.1 Middle 1:10 000

Courses H21, D21, H20 have map change

### 4. Courses and distances

Distances and courses will be published in the internet on Fri 17.1 and on the result wall.

### 5. Start

Startlist will be published on Fri 17.1 in the internet site <http://www.sonkajarvenpahka.sporttisaitti.com/> and on 18.1 on the result wall.

starts:

18.1 Long	at 11.00	800m
19.1 Middle	at 10.30	200m

Yellow ribbons to starts. Start interval is 2 min in all classes. There is warmin up area in the start.

Start procedure:

- 4 min competitors are called by the start time and number is checked
- 3 min EmiTag boot
- 2 min race map visible
- 1 min competitor takes the map from box marked with class nr (H/D 13 and younger classes)
- 15 sec competitor takes the map from box marked with class nr (H/D 15 and older classes)

Competitors in classes H and D 11 can be assisted with the map.

OBS!

Competitors have to use the chip (EmiTag) recorded in the start list. Organizer will not control the number of function of the chip in the start. If any other chip is used, the race will be cancelled (except classes H and D 13 and younger). Any changes in chip numbers have to be announced in the info before start.

6. Finish

No punching at the finish. After finish, follow the fences to punch control.

In the Long race, maps are left in the plastic bag. Maps are delivered after the Middle race.

Juice is available after finish.

Competitors who cancel their race have to announce in the finish.

Finish closed Sa 18.1 at 15.30 and Su 19.1 at 14.

## 7. Controls

Controls are placed beside tracks. Model control is near the info pole.

Testing of EmiTag is possible at the model control.

## 8. Bibs and Emitags

Bibs are available outside near result wall. All competitors use bibs. The same bib will be used in both races. The bib shall be attached visibly to right leg.

Info delivers the rented Emitags. Fee of EmiTag not returned to info is 100€.

Safety pins are available in the info for bibs.

Info is in Oinaspirtti. Payments only in cash.

## 9. Results and claims

Result are available in the result wall and the internet site:

<http://sonkajarvenpahka.sporttisaitti.com//>

Claims of corrections in the case of disqualification can be made in the finish.

## 10. Prizes

Prizes will be given on Sunday based on total results of two races.

Prizes are available in the info. Organizer will not send them after the event.

## 11. Toilets and dressing

WC:s are available at the event center behind the blue building. No toilets at the starts.

There are changing rooms in the blue building and warmed tent in the event center for men and women.

There is behind the Oinaspirtti changing room in the sauna for women.

There is no showering facilities in the event center.

## 12. Waxing and extra equipment

Ski waxing is possible only outside. Ski testing and warm-up area are marked in the map.

In the case of broken equipment, change is possible in the Long race 18.1 courses H21 D21 and H20.

It is near map change, and marked in the event center map

## 13. Cafeteria

Cafe serves coffee, sausage, soup

## 14. First Aid and warnings

First aid is available in the competition center. Transport of wounded persons from the area is possibly by snowscooter. Emergency number is 112.

Competitors are asked to be careful with cars on the roads. competitors are obliged to help others in emergency situation, call help and guide staff.

Right-side skiing traffic on the trails. Take care with steep slopes on the forested terrain.

## 15. Parking

The parking areas are near the competition center. Organisers are guiding in P area.

Parking fee is 5€ for two days.

## 1. 16. Changes and low temperature limit

The temperature limit is - 20°C one hour before the first start. Starts can be delayed following the Jury's decision.

Notice of starts or cancellation of the race will be announced at least two hours before the first starts. The delay of a start or cancelling of a race due to low temperature will be informed two hours before the first start.

Changes due to low temperature are in the event site

<http://www.sonkajarvenpahka.sporttisaitti.com//> .

Shall the races be delayed, all the entries will stay valid if not cancelled in the IRMA service. If a race must be cancelled because of natural conditions, the organizers can hold a part of the registration fee.

Welcome to snowy Oinasjärvi

Sonkajärven Pahka