



EUROPEAN SCHOOL SPORT DAY

#ESSD2024

RESULTS HANDBOOK

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#BEACTIVE
EUROPEAN WEEK OF SPORT



Co-funded by
the European Union

Introduction to ESSD

- ESSD is a not-for-profit sport event co-founded by the Erasmus+ Program of the European Union [Reference 101090102 (ESSD2024)], jointly organised by an alliance of international partners, led by the Hungarian School Sport Federation.
- The Day is part of the European Week of Sport's #BeActive campaign, organised on the last Friday of September since 2015. In 2024, we celebrated 10th anniversary on 27 September.

Why? The facts

- Children and adolescents in Europe are more inactive than ever (WHO 'Global Status Report on Physical Activity', 2022).
- We aim to drive social change by improving young people's health and activity levels.
- The Day is an opportunity to encourage students to #BeActive for at least 120 minutes.



CORE CONCEPT OF ESSD

Plenty of research shows that #Being active makes students healthier and better learners in the classroom.

1

Any kind of PA is more than welcome (inclusivity)

2

120 minutes of PA encouraged

3

Yearly focus topics (2022: Going green, 2023: Joy in Sport and Physical Activity, 2024: Education through movement)

4

Promoting sport + social values

5

Based on the network of national coordinators

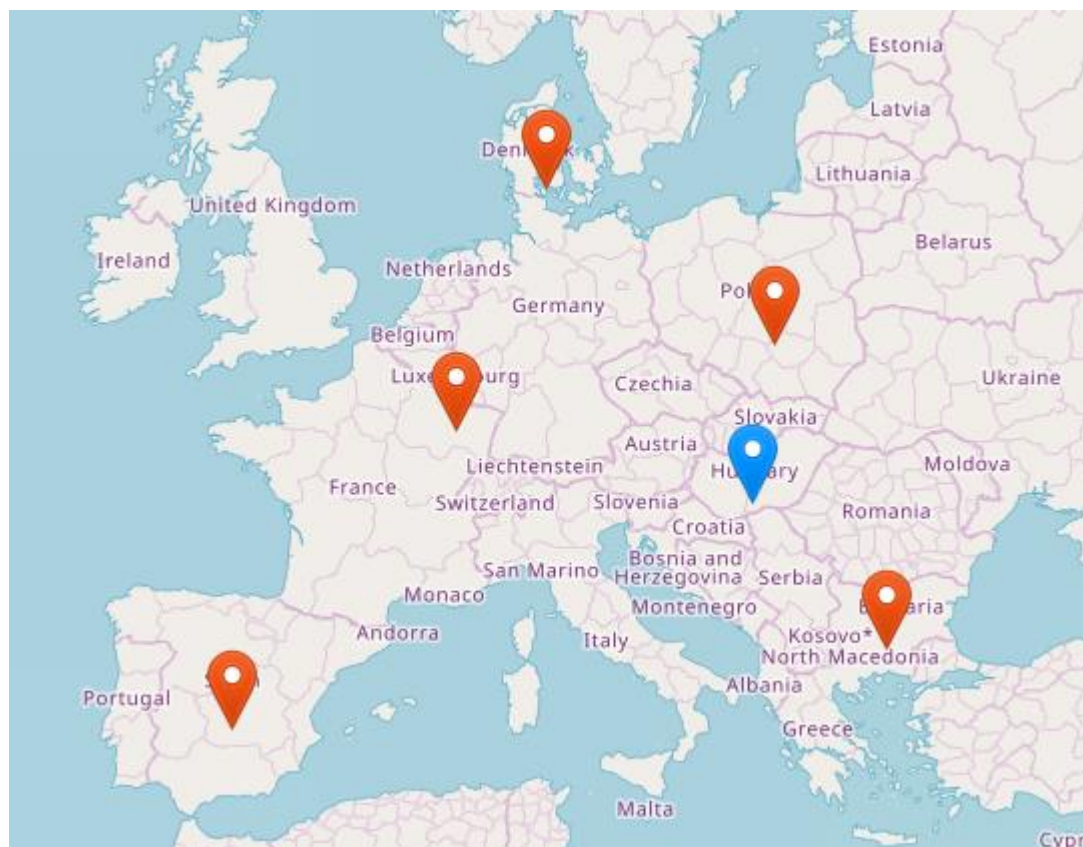


Project Information

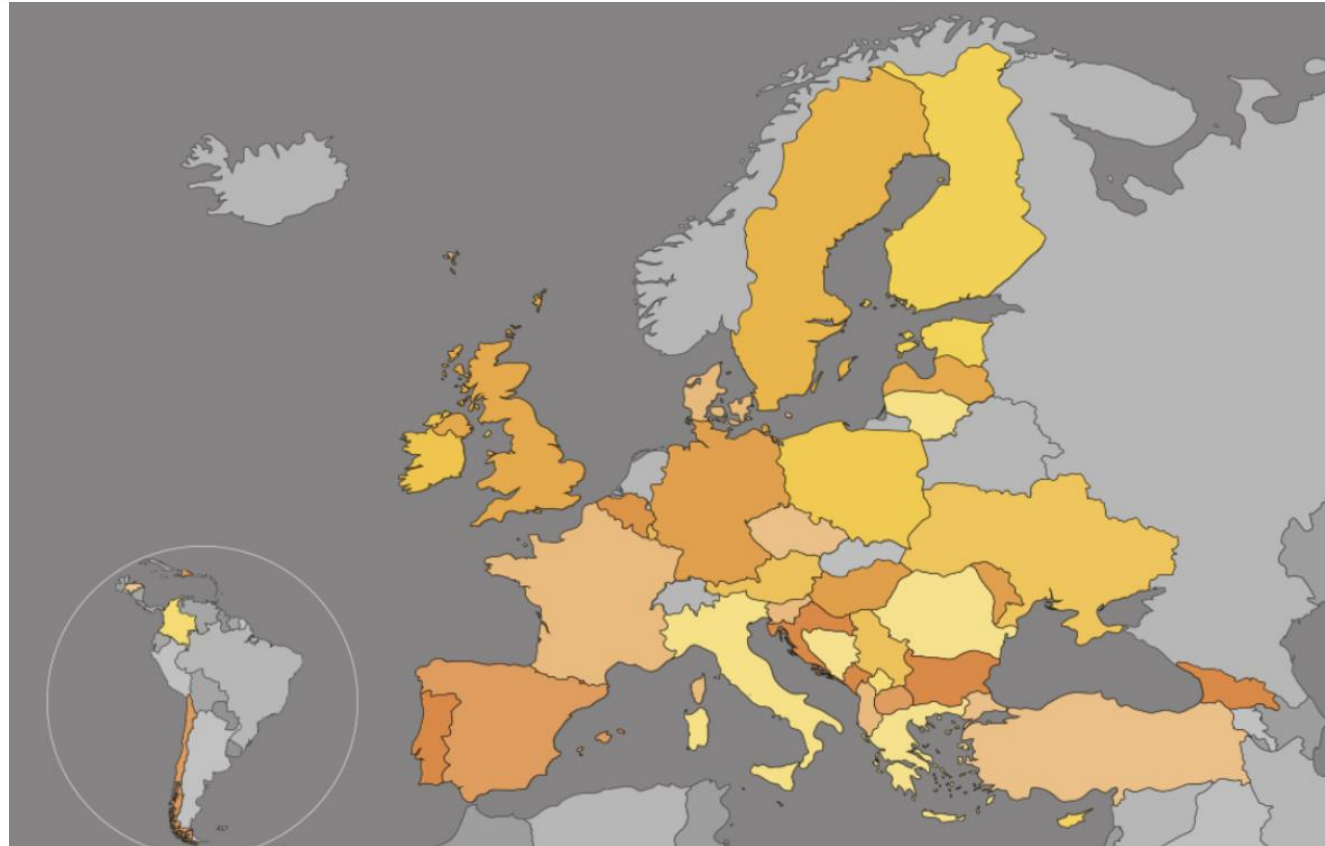


Project name	European School Sport Day - Education through Movement
Project acronym	ESSD 2024
Call	ERASMUS-SPORT-2023-SNCESE
Program	ERASMUS2027
Project number	101134021
Grant support	€ 300.000
Project duration	12 months → 01.01.2024 – 31.12.2024
Coordinator	Hungarian School Sport Federation (HSSF)

Consortium partners and trademark owners



ESSD 2024 – Participating countries



42



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ESSD 2024 WP4 - EVENTS OVERVIEW



European School Sport Day 2024

	Number of schools who joined ESSD 2024	14 267
	Number of participants in ESSD 2024	3 223 306



Education Through Movement - Focus topic toolkit



https://www.essd.eu/api/uploads/Education_Through_Movement_ESSD_toolkit_2024_fdae75c989.pdf

THE AIM OF THE TOOLKIT

School age youth spend nearly half of their school years in educational institutions. School therefore has a huge role to play in encouraging young people to be physically active. Physical education (PE) classes alone do not provide youth with the adequate amount of physical activity (PA) they need for healthy physical, mental and psychological development.

- How can schools encourage young people to be active by embedding actions in the educational process?
- What forms of PA can be provided within the framework of the classroom's educational process?
- What does "Education through movement" mean, which is the focus topic of European School Sport Day (ESSD) 2024?

The aim of this toolkit is to answer these above-mentioned questions.

Classroom-based PA helps break up the traditional school day, which otherwise tends to enhance inactive behaviour by forcing children to sit through 40-45 minute lessons 6-7 times a day. The goal of ESSD 2024 is to familiarise teachers with classroom-based PA in all participating countries and to provide them with practical ideas on implementing "Education

through movement" as part of their ESSD 2024 activities. Teachers can use the occasion of ESSD to try this teaching method, which could then become the basis for integrating active learning methods into their teaching in the long term.

Therefore, the overarching objective of this toolkit is to share good practices, tools and methods that teachers can use in the long term in the education and teaching process, to reduce student inactivity whilst increasing their academic achievement.

FOR WHOM IS THE TOOLKIT?

Our toolkit

- is primarily intended to give non-physical education teachers ideas for classroom-based PA.
- provides inspiration for implementing physically active lessons and cross-curricular links in PE lessons for PE teachers.
- supports ESSD National Coordinators in implementing the ESSD 2024 "Education through movement" theme.
- provides knowledge and inspiration to all professionals interested in the "Education through movement" topic.

ESSD 2024 – Numbers achieved by HSSF's National Coordinators' network

COUNTRY	AFFILIATION	CATEGORY	SCHOOLS (2024)	PARTICIPANTS (2024)
<input type="checkbox"/> Austria	HSSF	EU country	41	3 261
<input type="checkbox"/> Belgium	HSSF	EU country	3 005	288 822
<input type="checkbox"/> Cyprus	HSSF	EU country	165	37 000
<input type="checkbox"/> Hungary	HSSF	EU country	1 460	356 428
<input type="checkbox"/> Sweden	HSSF	EU country	544	112 415

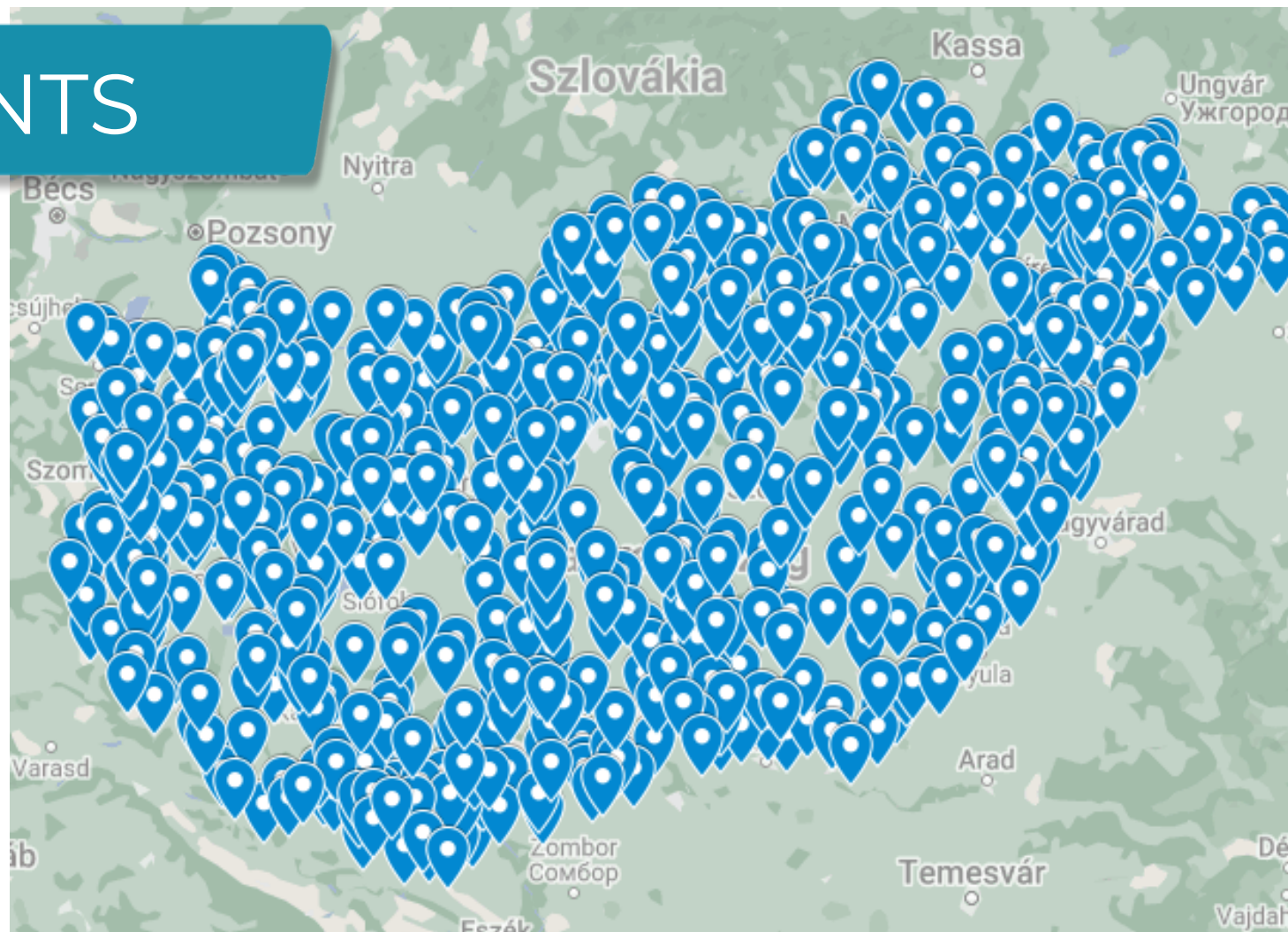
HUNGARY - COUNTRY REPORT SUMMARY



- National Coordinator: HSSF
- Number of participating schools: 1.460
- Number of participants: 356.428
- Number of flagship events: 3
(Dunakeszi, Pacsa, Kaposvár)



HUNGARY - EVENTS



HUNGARY - HIGHLIGHTS



<https://www.youtube.com/watch?v=jdcB1pEA-ws>



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HUNGARY – FLAHSHIP HIGHLIGHTS



In Dunakeszi, current and former Olympic athletes - including **Pál Schmitt (fencing)**, **Dániel Gyurta (swimming)**, **Michelle Gulyás** and **Gábor Balogh (both modern pentathlon)** - joined the children at the school sports festival.

AUSTRIA - COUNTRY REPORT SUMMARY

- National Coordinator:
Fit Sport Austria
- Number of participating
schools: 41
- Number of participants:
3.261
- 7th participation at ESSD



AUSTRIA - HIGHLIGHTS



- Flagship event in Vienna – **Wiener Prater**, 80 stations, 2.200 participants
- At the ESSD flagship event a press event with representatives from the sports sector and the top athletes Andreas Onea (Paralympics swimmer) and Sarah Fischer (weightlifting) took place.



- Small scale events

BELGIUM - COUNTRY REPORT SUMMARY



- National Coordinator: MOEV
- Number of participating schools: 3.005
- Number of participants: 288.822
- MOEV works in the Flemish Region of Belgium.



Flanders running weeks for schools



Project ties in with the European Week of Sport where outdoor exercise is central



36th edition of the project where we try to get as many pupils as possible to move



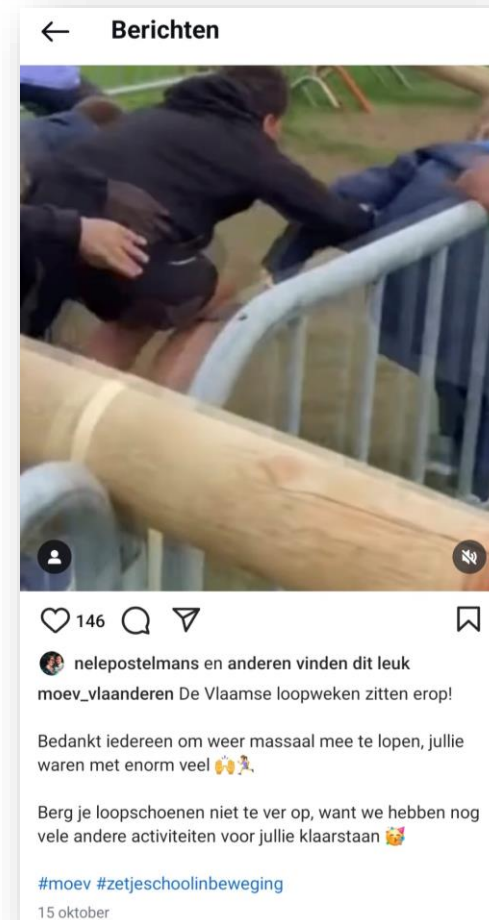
With this project, MOEV wants to contribute to the daily exercise standard of 60 minutes



Unique collaboration Ministry of Education and Sports - Municipalities
- Sports clubs – Schools – MOEV (School Sport Federation)



Flanders - MOEV - Social media



CYPRUS - COUNTRY REPORT SUMMARY



- National Coordinator: Ministry of Education, Sport and Youth
- Number of participating schools: 165
- Number of participants: 37.000
- Many flagship events
- Huge media coverage at local and national level
- 50+ top athletes/former athletes and VIP were present in schools



**ΥΠΟΥΡΓΕΙΟ ΠΑΙΔΕΙΑΣ
ΑΘΛΗΤΙΣΜΟΥ ΚΑΙ ΝΕΟΛΑΙΑΣ**



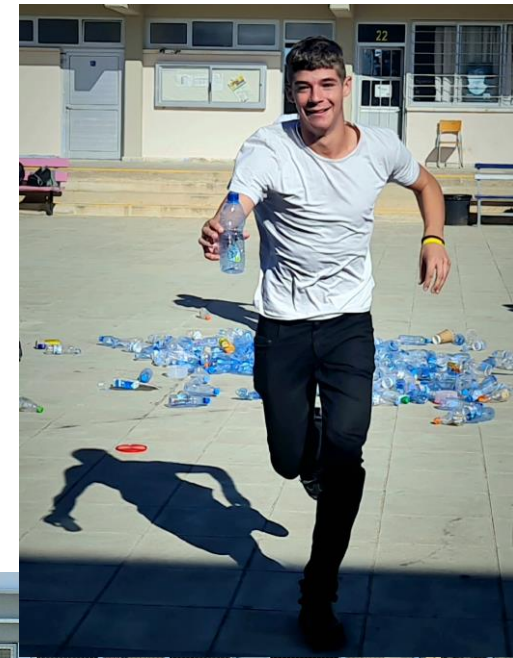
Co-funded by
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EVENTS IN CYPRUS

FLAGSHIP EVENT 1

Education through movement

Going green in sport



**Gymnasium
Xylotymbou**



Gymnasium Vergina, Larnaca



FLAGSHIP EVENT 2

Education through movement

Going green in sport

EVENTS IN CYPRUS



SWEDEN - COUNTRY REPORT SUMMARY



- National Coordinator:
Riksidrottsförbundet/Swedish Sports Confederation
- Number of participating schools: 544
- Number of participants: 112.415



Riksidrottsförbundet



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SWEDEN - HIGHLIGHTS



<https://youtu.be/m0-9WL-riT8?si=xERUu3jjrlN3Ba79>

Press release:

- **Idrottens dag (The Day of Sport)** is part of the European School Sports Day, which is organised with school children across Europe, and the EU's European Week of Sport. The event attracts millions across Europe, and in Sweden alone, thousands of children have participated since its launch in 2017.

<https://www.rf.se/om-riksidrottsforbundet/pressrum#/embedded/release/3627569/idrottens-dag-satter-hundratusentals-barn-i-rorelse-vill-na-de-minst-aktiva?publisherId=3235685&lang=sv>



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ESSD 2024 – numbers achieved by ISCA's National Coordinators' network



Country	Number of participating schools in the country [A]	Total number of schools in the country [B]	Percentage of participating and reporting schools [A/B*100]	Total number of ESSD participants (students and teachers) in the country
Croatia (Health Life Academy)	21	878	2%	3370
Georgia (Children's and School National Federation of Georgia)	1089	2200	50%	40000
Lithuania (Lithuanian Rural Sport and Culture Association "Nemunas")	86	915	9%	15390
Latvia (Latvian School Sport Federation)	208	563	37%	36486
Portugal (Portugese Institute of Sport and Youth)	426	811	53%	177070
Romania (Asociatia Judeteana Sportul Pentru Toti Suceava)	694	5300	13%	86514
Türkiye (ENVERCEVKO Energy Efficiency and Environment Protection Association)	35	70000	0,1%	4829
TOTAL	2559			363659



CROATIA - COUNTRY REPORT SUMMARY



- National Coordinator: Health Life Academy
- Number of participating schools: 21
- Number of participants: 3.370



CROATIA - HIGHLIGHTS



4th edition of the European School Sport Day in Croatia.



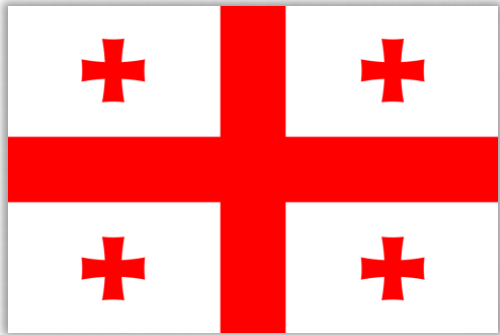
Fewer schools involved in ESSD and fewer participants.



Most of the schools exceeded 120 min in engaging in ESSD activities and promoting positive values of sport and physical activity.



GEORGIA - COUNTRY REPORT SUMMARY



- National Coordinator: Children's and School Sport National Federation of Georgia
- Number of participating schools: 1.089
- % of total number of schools in the country: 50%
- Number of participants: 40.000



GEORGIA - HIGHLIGHTS



European School Sports Day and School Sports Week were supported by 4 central TV stations, 2 top-rated radio stations and a top-rated sports newspaper.



Tbilisi hosted a flag-raising ceremony, educational programs, and fun activities within European School Sports Day



Broad Participation: over 1000 schools and 40,000 kids joined sports and educational events nationwide.



The event achieved its goals, opening the 2024-2025 school sports season



GREECE - COUNTRY REPORT SUMMARY



- National Coordinator: Organisation Earth
- Number of participating schools: 23
- Number of participants: 3.487



LITHUANIA COUNTRY REPORT SUMMARY



- National Coordinator: Lithuanian Rural Sport and Culture Association “Nemunas”
- Number of participating schools: 86
- % of total number of schools in the country: 11%
- Number of participants: 15.390

** country has two National Coordinators and the indicated number is the total ESSD participation number in the country*



LITHUANIA - HIGHLIGHTS



9th year of the European School Sport Day in Lithuania.



This year's edition a greater number of schools participated compared to 2023; however, the total number of participants was lower than in the previous year.



120 mins or more of physical activity at schools.



Schools have the flexibility to design their own European School Sport Day, tailoring activities and events to suit the needs, interests, and capabilities of their students and staff.



LATVIA - COUNTRY REPORT SUMMARY



- National Coordinator: Latvian School Sport Federation and Latvian Sports Federation Council
- Number of participating schools: 208
- % of total number of schools in the country: 37%
- Number of participants: 36.486



LATVIA - HIGHLIGHTS



The Latvian Sports Federations Council coordinated the ESSD in Latvia once again this year.



There was an over 70% increase in participation compared to the previous year.



The first 30 schools received sports equipment packages and physical certificates.



The flagship event took place at Salaspils Secondary School, where Olympic 3x3 basketball player Zigmars Raimo led activities.



Flagship event in Salaspils Secondary School



The European School Sport Day flagship event took place in Salaspils Secondary School on the 27th of September in Salaspils, Latvia.

The event was hosted by teachers, ESSD Latvia Team and #BeActive Ambassador:

- ESSD team from Latvia together with Olympian, 3x3 basketball player, Zigmars Raimo, visited a Latvian school. The visit started with an information about ESSD and trivia questions about the ESSD in Europe, followed by a speech and games led by Zigmars Raimo. Afterwards there were also sports activities that were filmed for the promotion for other schools to take action and participate.



School: Salaspils Secondary School
Children from ages 15 to 18: 56 participants
Photos and Recap video: [ESSD 2024 video](#); [photos](#)



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LATVIA - HIGHLIGHTS



PORTUGAL - COUNTRY REPORT SUMMARY



- National Coordinator: Portuguese Institute of Sport and Youth
- Number of participating schools: 426
- % of total number of schools in the country: 53%
- Number of participants: 177.070

PORTUGAL HIGHLIGHTS



All coordinating structures of the Educational System in Portugal are already including the ESSD in their annual activity plans.



Total participation: 426 schools/school clusters registered, with approximately 177.070 participants on the ESSD platform.



The World's Biggest Physical Education Class: 129 schools/school clusters signed up.



BeActive Portugal: 40 activities recorded, involving 14.184 participants.



ROMANIA - COUNTRY REPORT SUMMARY



- National Coordinator: Asociatia Judeteană Sportul Pentru Toti Suceava
- Number of participating schools: 694
- % of total number of schools in the country: 13%
- Number of participants: 86.514



ROMANIA - HIGHLIGHTS



Many participating schools were in rural areas, with some joining a European-scale project for the first time.



ESSD activities were conducted in 694 schools, including kindergartens, elementary schools, gymnasiums, and high schools, along with NGOs accredited by the Ministry of Education



A dedicated event on September 26 gathered 390 physical education teachers and coaches



The number of participants increased by approximately 20.34% compared to last year.



ROMANIA - HIGHLIGHTS



SLOVENIA - COUNTRY REPORT SUMMARY



- National Coordinator: Sports Union of Slovenia
- Number of participating schools: 18
- Number of participants: 4.095



SLOVENIA - HIGHLIGHTS



Being part of the European initiative offers schools and children a valuable opportunity to come together and stay active.



Promoting the benefits of sports and physical activity as a FUN way of spending leisure time and enjoying playing with your friends and/or family are key to build good habits for better future.



ESSD: children enjoyed gymnastic exercises and obstacle courses, while older ones engaged in running, jumping, and hiking.



The kindergarten emphasizes physical activity, healthy eating, and hydration year-round.



TÜRKİYE - COUNTRY REPORT SUMMARY



- National Coordinator: ENVERCEVKO Energy Efficiency and Environment Protection Association
- Number of participating schools: 35
- % of total number of schools in the country: <1%
- Number of participants: 4.829



TÜRKİYE - HIGHLIGHTS



9th edition of ESSD in Türkiye.



A total of 35 schools participated, with 4.401 students, 290 teachers, 107 adults, and 31 students with disabilities actively involved. The initiative successfully promoted inclusivity, engaging individuals of all abilities.



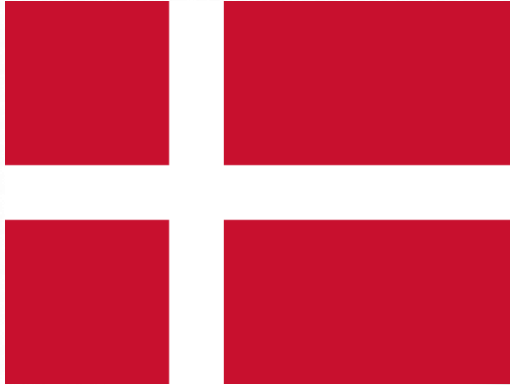
Schools engaged in ESSD with activities and promotion of positive values of sport and physical activity.



Twice as many schools participated in ESSD 2024 compared to 2023 edition, but the overall number of participants was lower.



DENMARK - COUNTRY REPORT SUMMARY



- National Coordinator: Danish School Sport Federation (supported by ISCA from EWOS grant)
- Number of participating schools: 1.163
- Number of participants: 382.772



DENMARK - HIGHLIGHTS



Over 382.000 students joined the event.



School Sport Day in Denmark has become a tradition and is celebrated every year for 42 years in a row.



The initiative was and inspiration to create other massive PA event in Denmark – National Workplace Activity Day/Week.



<https://skoleidraet.dk/skolernes-motionsdag/>



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DENMARK - HIGHLIGHTS



<https://vimeo.com/1006583580>

<https://www.youtube.com/watch?v=TLT2QszjGoo>



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ESSD 2024 – numbers achieved by EUPEA's National Coordinators' network



COUNTRY	AFFILIATION	CATEGORY	SCHOOLS (2024)	PARTICIPANTS (2024)
<input type="checkbox"/> Czech Republic	EUPEA	EU country	13	3 411
<input type="checkbox"/> Finland	EUPEA	EU country	25	7 900
<input type="checkbox"/> France	EUPEA	EU country	60	6 500
<input type="checkbox"/> Germany	EUPEA	EU country	32	11 081
<input type="checkbox"/> Ireland	EUPEA	EU country	245	39 868
<input type="checkbox"/> Italy	EUPEA	EU country	125	19 520
<input type="checkbox"/> Luxembourg	EUPEA	EU country	7	1 118
<input type="checkbox"/> North Macedonia	EUPEA	Associated - Third countries	27	1 082
<input type="checkbox"/> Serbia	EUPEA	Associated - Third countries	85	80 074
<input type="checkbox"/> Albania	EUPEA	Not Associated - Third countries	133	13 191
<input type="checkbox"/> Bosnia and Herzegovina	EUPEA	Not Associated - Third countries	19	2 578
<input type="checkbox"/> Kosovo	EUPEA	Not Associated - Third countries	6	755
<input type="checkbox"/> Montenegro	EUPEA	Not Associated - Third countries	53	21 225
<input type="checkbox"/> Palestinian National Authority	EUPEA	Not Associated - Third countries	327	20 400
<input type="checkbox"/> United Kingdom	EUPEA	Not Associated - Third countries	84	13 545

CZECHIA - COUNTRY REPORT SUMMARY



- National Coordinator: Czech Society of Physical Education Teachers CSUTV
- Number of participating schools: 14
- Number of participants: 2.098
- Part of the European Week of Sport and #BeActive campaign



CZECHIA - HIGHLIGHTS



FINLAND - COUNTRY REPORT SUMMARY



- National Coordinator: Association of Physical and Health Education Teachers in Finland (LIITO)
- Number of participating schools: 25
- Number of participants: 7.900 (6.673 students, 536 teachers)
- ESSD2024 was 6th edition in Finland



Liikunnan ja Terveystiedon Opettajat ry



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FINLAND - HIGHLIGHTS

1

Recruiting schools started in August 2024.

2

44% of registered schools received information about ESSD through the newsletter, 28% from social media, and 28% through other means

3

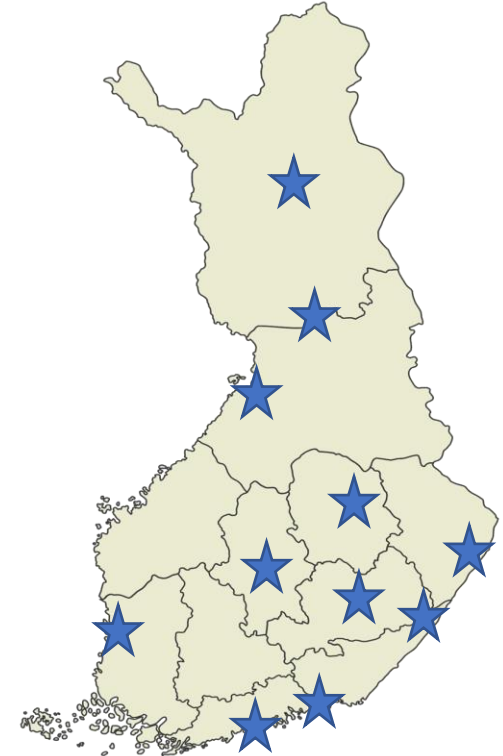
Totally 25 schools registered.

4

Totally 18 reported.

5

Schools were encouraged to organize an event of their own with the facilities and equipment available, for example during P-E. class or break.



FINLAND - HIGHLIGHTS

EUROPEAN SCHOOL SPORT DAY



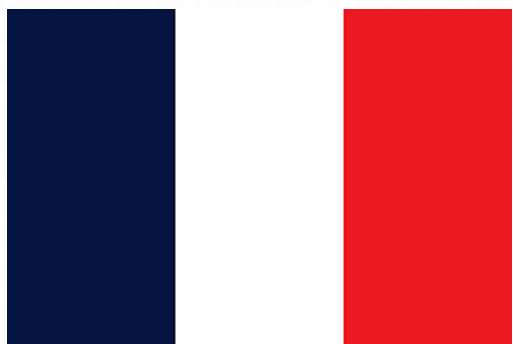
#ESSD2024 #BEACTIVE #ESSDFIN

<https://www.liito.fi/uutiset/european-school-sport-day-arvonta-o/>



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FRANCE - COUNTRY REPORT SUMMARY



- National Coordinator: SNEP-FSU
- Number of participating schools: 60
- Number of participants: 5.927 students + 500 teachers
- ESSD was celebrated for the 7th time in France
- A wide variety of sporting activities



FRANCE - FLAGSHIP EVENTS



Discover skateboarding
with Reims switch club



Beach day organized in Dinard:
20 schools and 600 students



Multiactivity raid

FRANCE – MEDIA COVERAGE

® European School Sport Day France

clg Jules Romains

JOURNÉE EUROPEENNE DU SPORT SCOLAIRE

Mercredi 25 septembre 2024

1. 8h - 12h cross des 6ème (challenge de classe). Parents invités à participer, bonus pour déguisements...

Atelier cyclo (en association avec les clubs de cyclotourisme, cyclocross et triathlon de la commune): comment entretenir son vélo ?

2. 13h30 - 16h30 Découverte de 4 activités de l'AS : badminton, basketball, escalade, biathlon. Activités ludiques sous forme de jeux et défis, mixtes.

Accueil de tous les élèves volontaires du collège, gratuit - Goûter offert par l'AS.

Rendez-vous au gymnase. N'oubliez pas votre gourde.

AS JR

European Commission

#BEACTIVE

® European School Sport Day France

JOURNÉE NATIONALE DU SPORT SCOLAIRE
18.09.2024

*Mercredi 18 septembre 2024
de 8 h à 12 h
Pour tous les 6ème*

#BEACTIVE



*Venez découvrir les activités
sportives de votre AS*

Collège Buvignier

European School Sport Day

Mercredi 28 septembre

UNSS 50
DISTRICT LYCÉES CENTRE MANCHE

#BEACTIVE

JNSS : MULTI ACTIVITÉS
Beach Volley - Futsal - Escalade & Bloc - Football - activités de la forme

13h30 au gymnase

ASSOCIATION SPORTIVE LPO CURIE CORDOT

RETROUVEZ-NOUS SUR facebook /AS LPO CURIE CORDOT

HELPDES

® European School Sport Day France

SEPTEMBRE 2024

JOURNÉE DU SPORT SCOLAIRE

COLLÈGE LA MANDALLAZ SILLINGY

#BEACTIVE

FRANCE - HIGHLIGHTS



1

A rich diversity of practices across the country, with a large number of staff.

2

Numerous outside contributors (disability associations, bike maintenance, etc.)

3

An inclusive day: ALL students were able to participate

4

Disability-related discovery activities (blind football...)

5

An event combined with National School Sports Day

GERMANY - COUNTRY REPORT SUMMARY



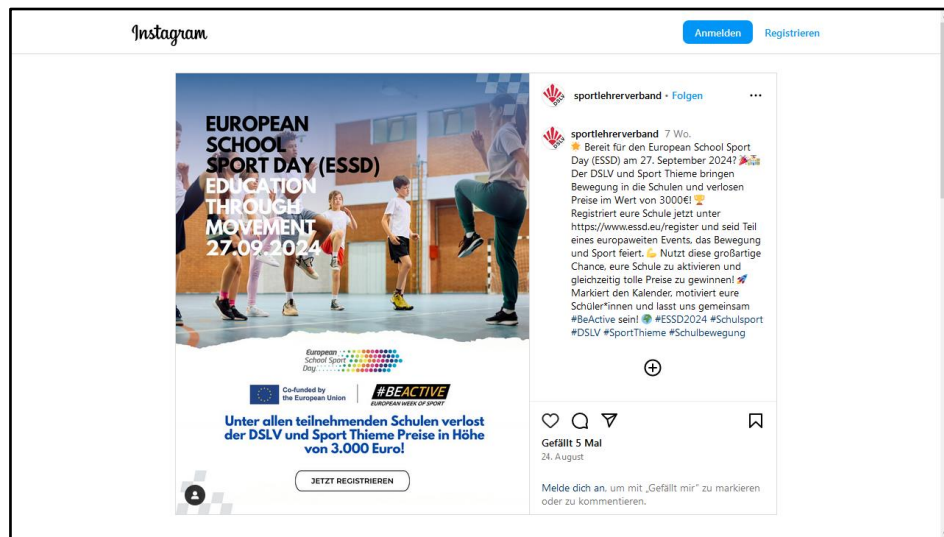
- National Coordinator: DSLV, Deutscher Sportlehrerverband
- Number of participating schools: 32
- Number of participants: 11.081
- Prizes (equipment worth 4.000 EUR) for selected schools.



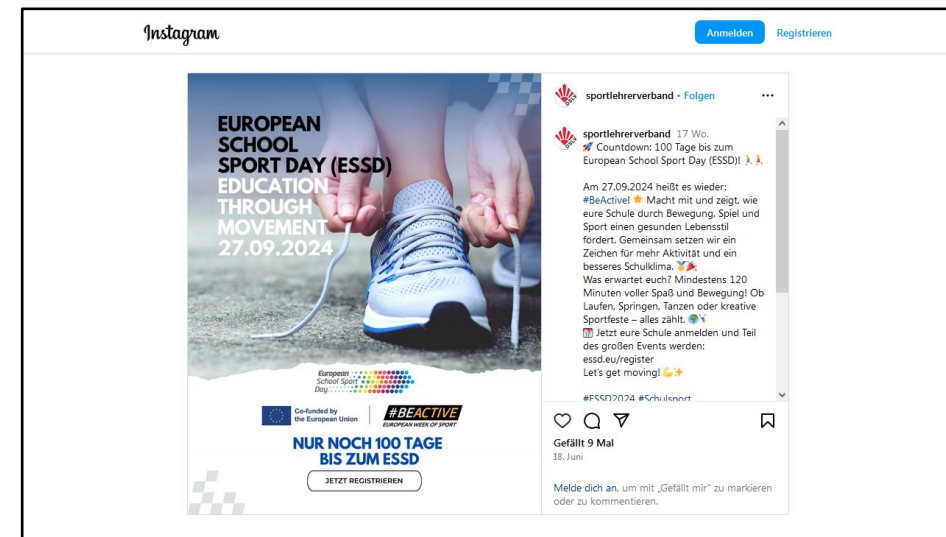
GERMANY - HIGHLIGHTS



GERMANY – SOCIAL MEDIA



www.instagram.com/sportlehrerverband/p/C_C8cZ6Rcyp



www.instagram.com/sportlehrerverband/p/C8W1eyOPhGv

IRELAND - COUNTRY REPORT SUMMARY



- National Coordinator: Irish Primary PE Association (IPPEA)
- Number of participating schools: 245
- Number of participants: 39.868
- Continued partnership with Sport Ireland



Irish Primary PE Association
Cumann Corpoideachais Bunscoile na hÉireann



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IRELAND - PROMOTION



1

ESSD webinars and workshops at IPPEA annual conference and in regional education centres for teachers.

2

ESSD email sent to every primary school in Ireland and ESSD tab on our website with sample activities.

3

Intense social media ESSD campaign collaborating with influencers and doing PE equipment giveaways.

4

National media coverage on RTE News for kids show.

5

Podcast recorded and shared on Spotify for ESSD as well as a playlist of suitable songs for ESSD.



IRELAND - SUPPORTS



CO-OPERATIVE SPORTS DAY ACTIVITIES

THE STATION ACTIVITIES IN THIS
PACK HAVE BEEN ADAPTED FROM
THOSE CREATED BY:
LIZZY GINGER
PHYSICAL EDUCATION TEACHER
(RETIRED)
MONFORT ELEMENTARY SCHOOL
GREELEY, COLORADO, USA

Workshop Notes for
teachers



Video Tutorials of
Activities

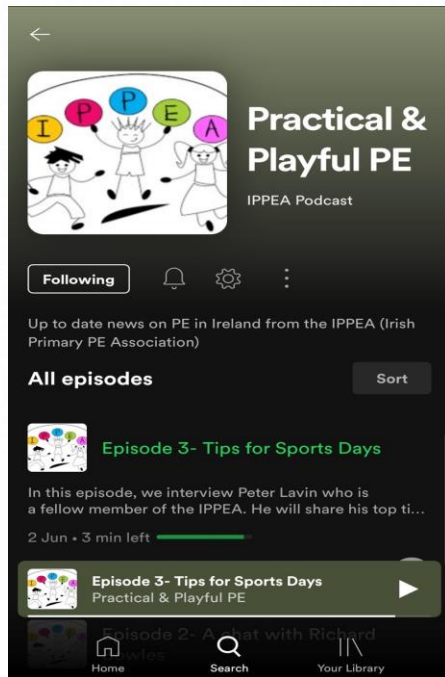


Email and phone
support.



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IRELAND - SUPPORTS



Podcast for teachers



Playlist for Sports Day



Webinars for teachers

IRELAND - FLAGSHIP EVENT

- The flagship event took place in a large primary school in Dublin City. It is a mixed gender, urban school with children aged 4-12yrs old.
- One well-known sports star was in attendance to take part in games, talk to the children and act as a role model for a healthy lifestyle.



ITALY - COUNTRY REPORT SUMMARY



- National Coordinator: Confederazione Associazioni provinciali Diplomati I.S.E.F. e Laureati Scienze Motorie (CAPDI e LSM)
- Number of participating schools: 125
- Number of participants: 19.520



ITALY - HIGHLIGHTS



We organize the ESSD 2024 only 2 weeks after the beginning of the school year



Thanks to the good weather lots of activities were organized outside



2024 meters walk, relays and new sport were the most chosen activities



The registration and report tutorial was very useful!



ITALY - FLASHMOB



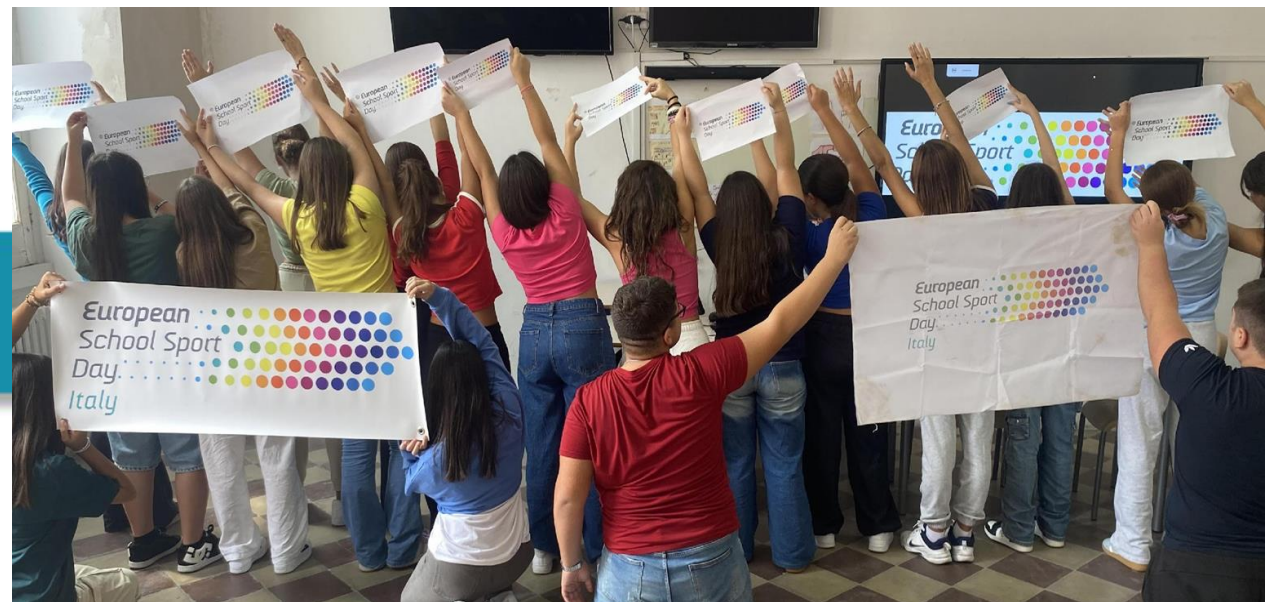
ITALY – ESSD AMBASSADORS - Stefano Raimondi & Giulia Terzi



ITALY - FLAGSHIP EVENTS



ITALY – FLAGSHIP EVENTS



NORTH-MACEDONIA - COUNTRY REPORT SUMMARY



- National Coordinator: Federation of Sport Pedagogues of Macedonia
- Number of participating schools: 27
- Number of participants: 1.082
- 13 events in different cities of North-Macedonia
- The main event was in Ohrid



NORTH-MACEDONIA - HIGHLIGHTS

OOU Vanco Prke Stip

European
School Sport
Day

#BEACTIVE



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SERBIA - COUNTRY REPORT SUMMARY



- National Coordinator: Serbian Association of Teachers of Physical Education and Sport
- Number of participating schools: 85
- Number of participants: 80.074



SERBIA - HIGHLIGHTS



1

Serbian schools mostly have 500+ pupils.

2

Therefore, the number of participants is significantly higher in comparison to the number of schools.

3

Teachers, as well as pupils, were motivated to participate.

4

Due to certain problems, a large number of schools applied to our association for ESSD.

5

Towns involved were: Kikinda, Čačak, Pirot, Bor, Belgrade, Uzice, Sombor, Novi Sad, Vrbas, Stara Pazova, Nis, Beocin, Sabac, Smederevo, Bogatic, Smederevo...



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SERBIA - HIGHLIGHTS

- Flagship event was organized in Pirot and Belgrade
- It gathered more than 400 pupils from the school Vasa Pelagic Belgrade
- Local authorities also took part in ESSD – from the City Council and the Sports Association of Pirot.



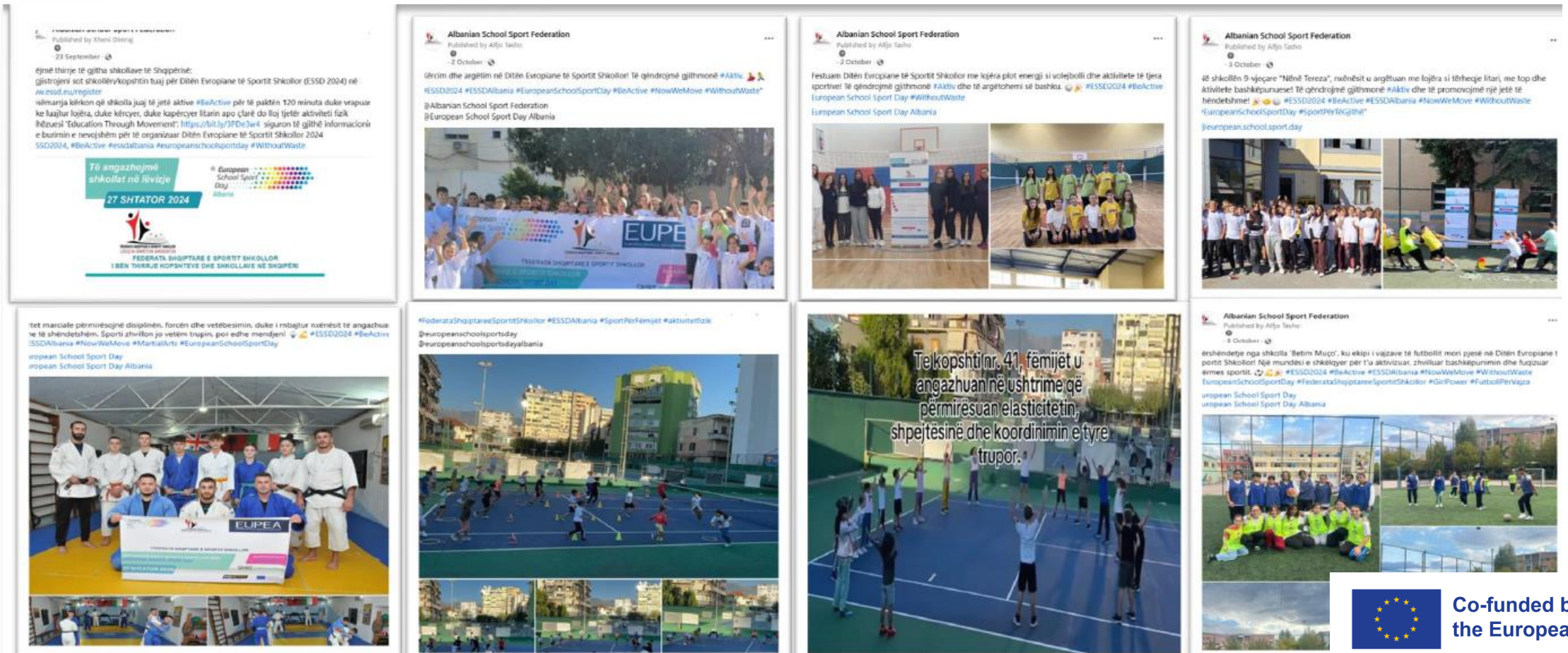
ALBANIA - COUNTRY REPORT SUMMARY



- National Coordinator: Albanian School Sport Federation
- Number of participating schools: 94
- Number of participants: 8.650



ALBANIA – SOCIAL MEDIA



Co-funded by
the European Union

ALBANIA - HIGHLIGHTS



<https://www.youtube.com/watch?v=1eaOgRUUVRA>



Co-funded by
the European Union

BOSNIA AND HERZEGOVINA - COUNTRY REPORT SUMMARY



- National Coordinator: „Zdrav život – KINEZIS
- Number of participating schools: 19
- Number of participants: 2.578



BOSNIA AND HERZEGOVINA - HIGHLIGHTS

1

Letter of intent to teachers to join the ESSD program

2

Promotion ESSD on social networks

3

Help for teachers with registration in the ESSD system

4


Organization of a competition for the most creative PE teachers


5

Organization of flagship events



BOSNIA AND HERZEGOVINA – SOCIAL MEDIA


 **Udruga Zdrav život - Kinezis** 30. ruj • 🌐




[Prikaži analitiku i oglase](#) [Promoviraj objavu](#)

👍 13 2 komentara Dijeljenja: 2

👍 Sviđa mi se 💬 Komentiraj 🔗 Kopiraj ➦ Dijeli

 **Udruga Zdrav život - Kinezis** 3 d • 🌐

Natjecanje "Najkreativniji nastavnik" u sklopu European School Sport Day Srednja ekonomska škola Joze Martinovića Mostar. Nastavnik Karlo Knezovic #ESSD2024 EUPEA European Physical Education Association Prva 3 videa koja do utorka 15.10. u 12:00h budu imali najviše 👍 biti će nagrađeni novčanim iznosima: 1.Mjesto 400KM ; 2. Mjesto 200KM ; 3. Mjesto 100KM



[Prikaži analitiku i oglase](#) [Promoviraj objavu](#)

👍 392 8 komentara Dijeljenja: 23 6,4 tis. prikaza

👍 Sviđa mi se 💬 Komentiraj ➦ Dijeli

 **Udruga Zdrav život - Kinezis** 15. ruj • 🌐

⚠️ Prijavite svoju ŠKOLU u program obilježavanja "Europskog školskog sportskog dana" koji će se održati u petak 27.09.2024. u Osnovnim... [Prikaži više](#)



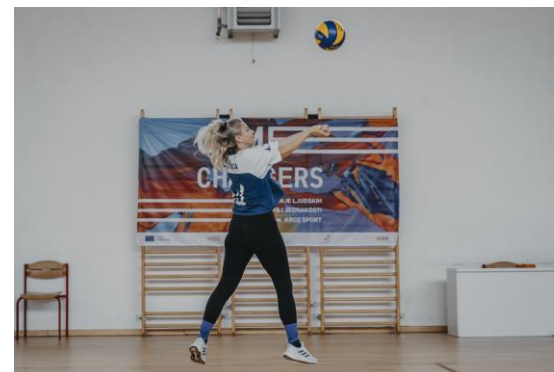
[Prikaži analitiku i oglase](#) [Promoviraj objavu](#)

👍 7 Dijeljenja: 4

👍 Sviđa mi se 💬 Komentiraj 🔗 Kopiraj ➦ Dijeli

BOSNIA AND HERZEGOVINA – FLAGSHIP EVENTS

- **Association KINEZIS** as the coordinator of the "European School Sports Day" for Bosnia and Herzegovina as part of the "European Sports Week" in „Cim“ Elementary School under the leadership of TZK teacher Ivana Džidić supported an interesting school sports competition.
- The program involved mutual competition between male and female students in futsal and the elementary game "border guard".
- The most interesting part was certainly the volleyball match between the teacher and the students.



Udruga KINEZIS Europski školski sportski dan obilježen u Osnovnoj školi Cim

Program je podrazumijevao međusobno natjecanje učenika i učenica u futsalu i graničaru. Najzanimljiviji dio je zasigurno bila odbojkaška utakmica između nastavnika i učenika.

Sport / Flash | 30. 09. 2024. u 11:48 Bljesak.info



AA bljesak.info X



Co-funded by
the European Union

KOSOVO - COUNTRY REPORT SUMMARY



- National Coordinator: Center of Research, Studies in Physical Education, Sport and Health-CRSPES
- Number of participating schools: 6
- Number of participants: 775
- Main event in Pristina



KOSOVO - HIGHLIGHTS



KOSOVO - SOCIAL MEDIA

Center of Research, Studies in Physical Education, Sport and Health-CRSPES
Publikuar nga CRSPES
· 4 Tetor në 10:42 MD ·

Gjimnazi i Shkencore Natyrore Xhavit Ahmeti nga Gjilani ka organizuar @european.school.sport.day #EUPEA #CRSPES #beactive #essdkosovo




Shiko statistikat dhe reklamat

Promovo postimin

Center of Research, Studies in Physical Education, Sport and Health-CRSPES
Publikuar nga Artan R. Kryeziu
· 27 Shtator ·

Eventi kryesor i European School Sport Day në edicionin e lajmeve në televizionin kombëtar T7. Linku nga minuta e 25:37 https://www.youtube.com/watch?v=P6Dcr_qSV9c #ESSD #Beactive #CRSPES #EUPEA



Lajmet e orës 19-30, 26

Center of Research, Studies in Physical Education, Sport and Health-CRSPES
Publikuar nga Artan R. Kryeziu
· 26 Shtator ·

Kopshti Elena Arbëri Prishtinë e ka organizuar European School Sport Day . #ESSD2024 #BeActive #essdkosovo



+10
Activate Windows
Go to Settings to activate Windows



Co-funded by
the European Union

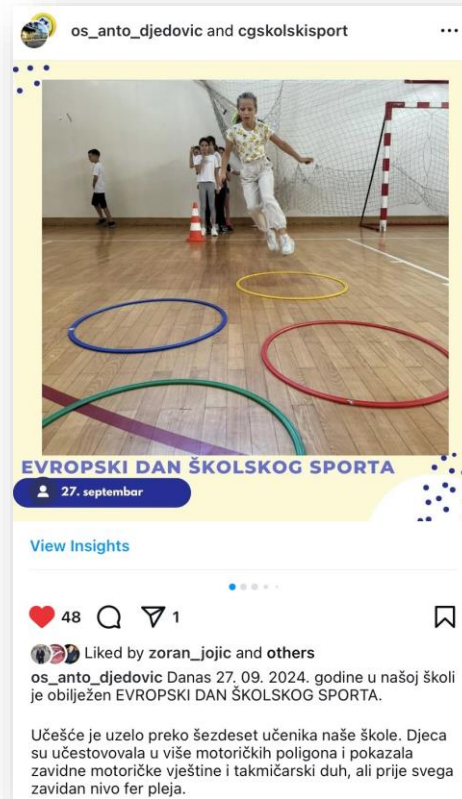
MONTENEGRO - COUNTRY REPORT SUMMARY



- National Coordinator: Montenegrin School Sports Federation
- Number of participating schools: 53
- Number of participants: 21.225
- 2 flagship events in Podgorica
- Activities: Agility courses, volleyball, jump rope, chess, etc.



MONTENEGRO – SOCIAL MEDIA



MONTENEGRO – FLAGSHIP EVENTS

2 flagship events held in Podgorica, featuring students from local schools

Activities: agility courses, volleyball, jump rope, chess, and more.

🏆 Events took place in the heart of Podgorica

🎨 Activities designed for all ages, from 6 to 18 years

🇪🇺 ESSD-branded T-shirts united participants."



PALESTINE - REPORT SUMMARY



- National Coordinator: Compte officiel de la Fédération Sportive et Gymnique du Travail (FSGT)
- Number of participating schools: 327
- Number of participants: 20.400



PALESTINE - SOCIAL MEDIA

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School Sport
Day

"اليوم الأوروبي للرياضة المدرسية 2024"
"تمكين التعليم من خلال النشاط الرياضي"




EUPEA
EUROPEAN WEEK OF SPORT

#BEACTIVE
EUROPEAN WEEK OF SPORT

Co-funded by
the European Union

وزارة التربية والتعليم العالي

www.moe.pna.ps



جانب من تكريم الطالبات المشاركات.

مدرسة بني نعيم الأساسية تحيي اليوم الأوروبي للرياضة المدرسية

كتب هيثم الدرابيع:

وقالت البكري لـ "أيام الملاعب" عن هذه النشاطات: شاركت في هذه الفعاليات (٩١) طالبة من طالبات الصف الخامس، وتنوعت الألعاب، وكان التركيز على رياضة الجري مع التزام الطالبات بزي موحد وبألوان مختلفة لكل مجموعة وجاءت المنافسة قوية ومثيرة بين الطالبات.

ونوهت البكري إلى أن الهدف من هذه الفعاليات، جعل الرياضة ثقافة منتشرة بين طالبات وطلاب المدارس، وأسعى من خلال النشاط الرياضي إلى نشر التوعية وكسب الرشاقة البدنية وتقوية الجسم للمساعدة في خلق روح المنافسة بين الطلاب وتنمية العمل الجماعي.

يذكر أن بسملة البكري هي نجمة منتخب ألعاب القوى وحصلت على العديد من الميداليات ومثلت فلسطين في أكثر من محفل عربي، وكذلك مثلت فلسطين في لعبة كرة الطائرة، ولعل أبرز تحد واجهته البكري وانتصرت عليه بإرادتها وصبرها هو إصابتها بمرض السرطان الذي لازمها لفترة طويلة، لكن في النهاية انتصرت البكري وبقيت تمارس هوايتها ورسالتها الرياضية بتألق وإبداع.

لا شك أن الأحداث التي تعصف في المنطقة منذ أكثر من عام، أثرت بشكل سلبي على مختلف مجالات الحياة في فلسطين، وشلت الكثير من النشاطات ومنها النشاط الرياضي، وجمدت الأندية جل نشاطاتها وتوقفت المسابقات والمنافسات على كافة الأصعدة.

وطال هذا التوقف المدارس أيضاً.

ومع بدء العام الدراسي الحالي، بدأت الحياة الرياضية تعود شيئاً فشيئاً في مدارسنا، وبدأت المواهب تكتشف من جديد بجهود مضاعفة من معلمي ومعلمات التربية البدنية، ومن هؤلاء نجمة ألعاب القوة وكرة الطائرة بسملة البكري.

البكري نفذت نشاطات رياضية متنوعة في اليوم الأوروبي للرياضة المدرسية، بالشراكة مابين وزارة التربية والتعليم العالي والفدرالية الفرنسية للرياضة العمالية (FSGT)، وجاءت هذه الفعاليات تحت عنوان "تمكين التعليم من خلال النشاط الرياضي"، وجررت أحداثها في ساحة مدرسة بني نعيم الأساسية للبنات.

PALESTINE – FLAGSHIP EVENTS



Accompanied by 3 basic schools' students, girls and boys, at Al-Hussein Stadium in Hebron city, educational games were carried out, and the participation of the students and their teachers was effective and interesting.

UNITED KINGDOM - COUNTRY REPORT SUMMARY



National Coordinator: NWCPEA (North Western Counties PE Association)

- Number of participating schools: 73
- Number of participants: 10.811

National Coordinator: SATPE (Scotland)

- Number of participating schools: 11
- Number of participants: 2.790

UK – NORTH-WEST ENGLAND - HIGHLIGHTS



- 1 Manchester Flagship event was held at the National Cycling Centre with the Team GB cycling team
- 2 120 Active minutes by every age group covering ages 3 – 16
- 3 Range of activities to engage children who are disadvantaged
- 4 Education through movement theme embraced
- 5 ALL children involved – fully inclusive day, but mainly aimed at the disadvantaged

UK – NORTH WESTERN – SOCIAL MEDIA

@beccy_cresswell

Next stop... @BradshawCPS 🙌 The pupils were full of energy, reciting times tables whilst exercising to the fast-paced music for the #ESSD2024 theme 'Education through movement!' 🎵💪
👏 #BeActive @YourLiveWire @NWCPEA_



St John's RC Primary
@St_Johns_RC

Learning some new skills in a game of Kin ball!



Off we go for European School Sports Day 2024... starting at Latchford St James Primary in Warrington, celebrating learning through movement! 🏃🏃
#BeActive #ESSD2024 @NWCPEA_ @YourLiveWire



St John's RC Primary
@St_Johns_RC

NEW Sport for St John's today! Spike Ball has arrived on European Sports Day and the children love it! @MCRActiveSchool



09:49 · 27/09/2024 · 488 Views



Co-funded by
the European Union

UK – NORTH-WEST ENGLAND – HIGHLIGHTS



UK – SCOTLAND – SOCIAL MEDIA



SATPE

For Teachers, By Teachers

PRIZE DRAW CAMPAIGN

REGISTER



POST on SOCIAL MEDIA @SATPE1 & #SATPESSD2023

PRIZES

- BRAND NEW SET OF FOOTBALL STRIPS (VSN SPORT)
- BRAND NEW PE EQUIPMENT (NEWITT'S)

WHAT IS EUROPEAN SPORTS DAY?

The European School Sport Day (ESSD) is a school day dedicated to having fun, playing together and promoting physical activity and health for everyone. ESSD is open to any kind of physical activity that has the aim to encourage children to be active for at least 120 minutes per the day or to run or walk the distance of the given year (e.g. 2023 metres in 2023).

WHEN

Enter Campaign ANY Day Week
Beginning 25th September

European Sports Day Friday
29th September 2023.



ESSD Support Toolkit

- Information
- Suggested Ideas
- Video Support Resources
- Certificate Templates










SPAIN - COUNTRY REPORT SUMMARY



- National Coordinator: DES
- Number of participating schools: 1.623
- Number of participants: **1.002.189**



SPAIN - HIGHLIGHTS



SPAIN - HIGHLIGHTS



ESSD Flagship event in Tenerife

<https://www.youtube.com/watch?v=rU-Y0jllvto>



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SPAIN - SOCIAL MEDIA

Deporte para la Educación y la Salud
November 4, 2024

🌍 Día Europeo del Deporte Escolar – Un movimiento por la salud y la inclusión en Europa. 🌟

El ESSD es más que una fecha en el calendario: es un proyecto anual que fomenta la actividad física, la vida saludable y la inclusión en centros educativos de toda Europa. Con el deporte como herramienta, el DEDE busca que niños y jóvenes disfruten de jornadas llenas de movimiento, diversión y aprendizaje en equipo. 🏆

Consejo COLEF European School Sport Day European School Sport Day
ISCA - International Sport and Culture Association Youth Sport Trust BG Бъди активен
Fundacja V4Sport L'Orma Universidad Autónoma de Madrid

#DíaEuropeoDelDeporteEscolar #BeActive

See Translation

® European
School Sport
Day



DES
EUROPEAN WEEK OF SPORT

#BEACTIVE
EUROPEAN WEEK OF SPORT

Co-funded by
the European Union

Colegio El Catón is with Deporte para la Educación y la Salud in Torrejón de Velasco, Spain.
September 28, 2024

Este viernes 27 de septiembre, con un tiempo excelente que nos acompañó durante toda la jornada, logramos sacar adelante un día memorable lleno de esfuerzo, compañerismo y diversión. Desde los más pequeños de infantil hasta nuestros alumnos de primaria y secundaria, participaron activamente en una serie de actividades físico-deportivas, enfocadas en promover la inclusión y el deporte adaptado. Con pruebas como circuitos para ciegos y lanzamientos de vortex. Tanto niños como adolescentes vivieron de primera mano los desafíos y valores del deporte paralímpico, trabajando en equipo y apoyándose mutuamente.

Además, tuvimos el honor de contar con la visita de Andreu Raya Demidoff, Presidente de la ONG Deporte para la Educación y la Salud (DES), quien destacó la importancia de educar a través del deporte y la necesidad de fomentar valores inclusivos en la actividad física. Su presencia fue todo un orgullo para nuestro centro, reforzando nuestro compromiso con la educación integral de nuestros alumnos.

¡Gracias a todos por hacer de este día un éxito total!

#ESSD2024 #WeMove #BeActive #DeporteParaTodos #EuropeanSchoolSportDay #DEDE #ColegioComprometidoConElDeporte #Agenda2030 #InclusiónYDeporte #TorrejónDeVelasco #Madrid #ElCatónMola

See Translation



European School Sport Day

0:00 / 1:00

Deporte para la Educación y la Salud
¡El viernes celebramos el Día Eur...



® European
School Sport
Day

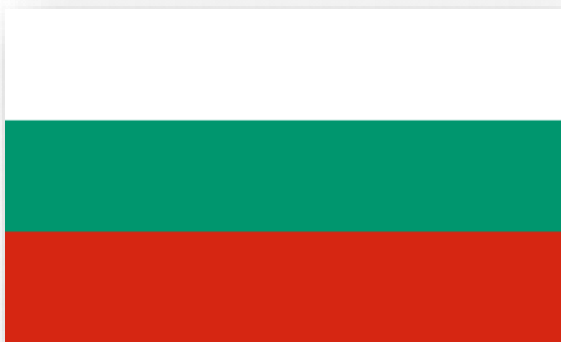
DES
EUROPEAN WEEK OF SPORT

#BEACTIVE
EUROPEAN WEEK OF SPORT

Co-funded by
the European Union

0:05 / 0:12

BULGARIA - COUNTRY REPORT SUMMARY



- National Coordinator: BG BE ACTIVE
- Number of participating schools: 796
- Number of participants: 226.000 students and teachers
- Education through Movement was combined with the national campaign on Sport #WithoutWaste, as the organisers received additional support for capacity-building activities, active environmental games and clean-up activities.

BG BE ACTIVE

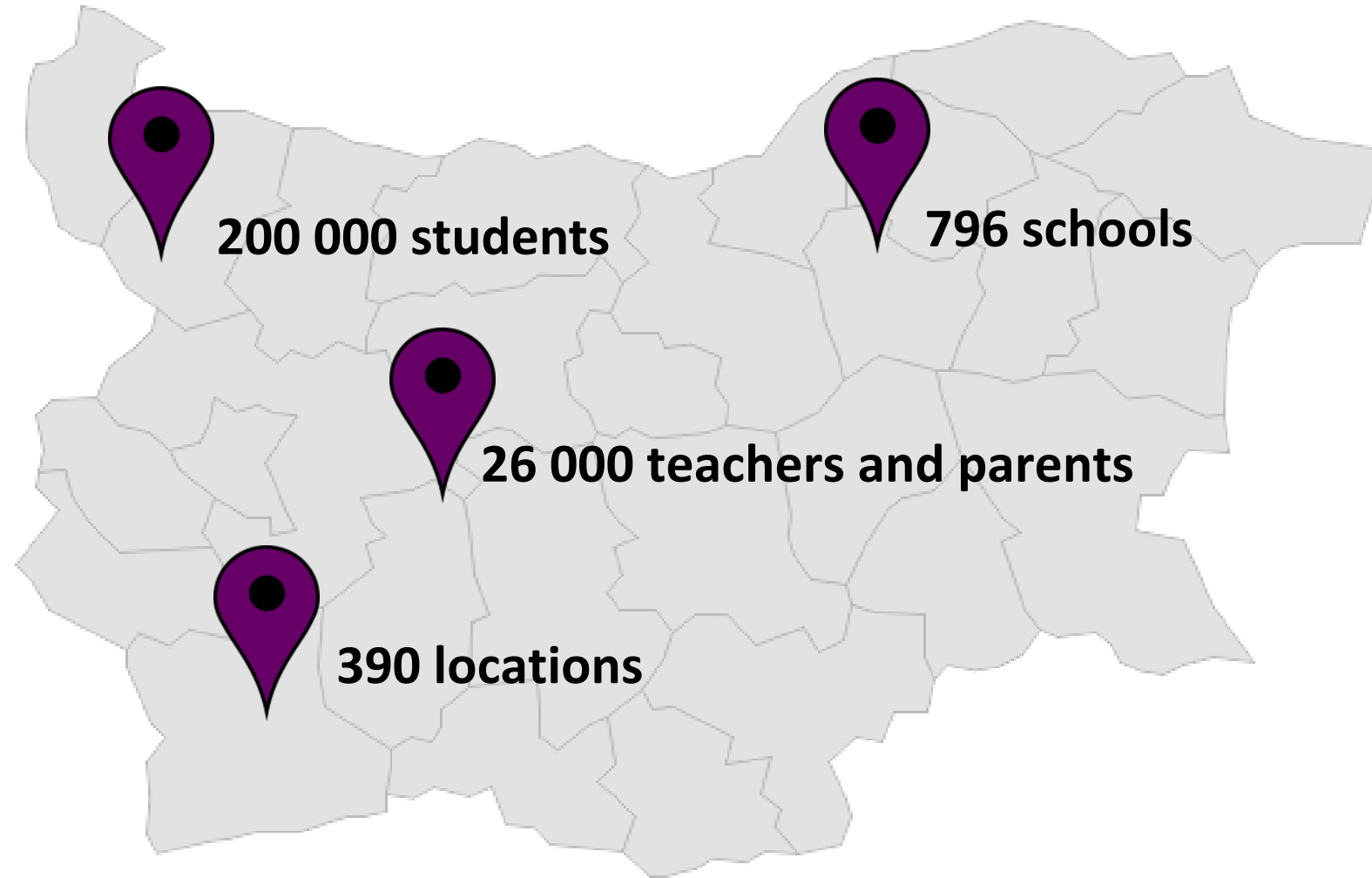


Co-funded by
the European Union

BULGARIA - HIGHLIGHTS

Focus on: (1) securing support from the municipalities; (2) communication; (3) connecting the physical activity with health through the support of the Regional Health Inspectorate

The team also conducted feedback survey among teachers to collect their opinions and improve ESSD



BULGARIA – COMMUNICATION



1

Mass Media Reach: **2,000,000+**

Organic Reach on BG Be Active Social Media: **500,000+**

2

2000+ social media publications

300+ media publications

3

Television reports: **10**

Radiobroadcast interviews: **15+**



BULGARIA - HIGHLIGHTS



1

Systematic work / Full-year campaign integration with the NowWeMOVE events (NoElevatorsDay and MOVEWeek)

2

Institutional support: ministries, municipalities, regional inspectorates

3

National award ceremony for most active schools at the end of the year: several categories introduced for small and big settlements and schools and kindergartens

4

PR and full-year communication through internal channels

5

Support for teachers: resources: toolkits, promotional materials for the participating schools, webinar



BULGARIA – WEBINARS



1

Following feedback from the teachers in 2023, BG Be Active decided to provide additional support and capacity to teachers

2

The webinar on 16 July involved 130 teachers from across the country

3

The topics raised: healthy nutrition, mental health, chronic diseases and how to prevent them

4

93% of participants positively evaluated the webinar



BULGARIA – ADVOCACY



- 1 Following the advocacy efforts of BG Be Active, the mayor of Plovdiv ordered school yards to be open for physical activity for everyone outside the school hours
- 2 On September 9, BG Be Active gathered 47 school teachers and directors from the Plovdiv district to discuss together challenges and opportunities
- 3 The event is set to create recommendations to help directors in managing school yards

BULGARIA – FLAGSHIP EVENTS

Two flagship events were organised on 27 September:

- Raina Knyagina School in Plovdiv -
<https://maps.app.goo.gl/RFwxStLjHVL4EFARA>
- Balgarsho Shkolo in Sofia -
<https://maps.app.goo.gl/C2Jw2oWgG6RhGsWF8>

Olympic, European and World champions and sports legends took part: Romyana Neikova, Hristiana Todorova, Yulia Mumdzhieva, Valentina Georgieva and Philip Yanev, Boris Borisov and Kaloyana Nalbantova



BULGARIA – HIGHLIGHTS 1

- Extensive programme: Sport #WithoutWaste - active games, competitions etc.
- A bridge between generations - the activities involved the elderly aged 55+
- Participation of sports clubs - Football Club "Orletata" Extensive communication
- Celebrities involved



Kindergarten "Shtastlivo Detstvo", Blagoevgrad

BULGARIA – HIGHLIGHTS 2

- **400 children** took part in active games and challenges **with grandparents** - a relay with grandma, karate with grandpa, competitive ball games
- Open training with Martial Arts Club "DA DAO" with Shihai Mario Todorov and sports club "Champion"
- Hike along the path of health with a talk for the kids how to exercise, eat healthy and keep nature clean



*Kindergarten "Izvorche"
(Bankya)*

BULGARIA – HIGHLIGHTS 3

- Prominent athletes, demonstration of sports dances and karate, functional group trainings, open yoga class - "Fit and Fun" club, "Lotus" club, "Prima Dance" club.
- Active clean games



*Hristo Smirnenski School
(Iskar)*

POLAND - COUNTRY REPORT SUMMARY



- National Coordinator: V4SPORT Foundation
- Number of participating schools: 1.126
- Number of participants: 107.624



Organisers:



Financed by:



Co-funded by
the European Union

International partners:



Local partners:



Honorary Patronage:



dla każdego dziecka



Co-funded by
the European Union

POLAND - FOCUS



**Focus theme - Physically
Active Learning**



**Children with disabilities -
Everyone can move**



Co-funded by
the European Union

POLAND - PHYSICALLY ACTIVE LEARNING

- In Poland, a lot of work has been done around the theme of “**Education through movement**” so that schools and kindergartens can get as involved as possible.
- Ready-to-use materials have been prepared, and we have organized a competition to present “**Lesson in motion**” to encourage children and teachers to be creative.



POLAND - PHYSICALLY ACTIVE LEARNING

Przedszkole Niepubliczne Akademia Przedszkolaka Ketrzyn
8 października o 17:40 · 🌐

!! Dnia 27 września !! grupa Bystrzaków i Stokrotek brała udział w Europejskim Dniu Sportu Szkolnego 🏆🏆🏆
Tematem przewodnim tegorocznej akcji była „Edukacja w ruchu” czyli połączenie nauki, ruchu i dobrej zabawy 🧡🧡🧡
Dzieci tego dnia wzięły udział w grze planszowej SPORTOPOLY, gdzie mogły się wykazać wiedzą na temat sportu, znajomości sprzętu sportowego, umiejętnościami matematycznymi, orientacją w przestrzeni, no i oczywiście sprawnością fizyczną 🧡🧡
[#ESSD2024](#) [#BeActive](#) [#ESSDPoland](#) [#ESSDPoland2024](#) [#RuchowyPlanLekcji](#)
@EuropejskiDzienSportuSzkolnego @fundusz.pfron
Muzyka: Sunshine State
Muzyk: AI music
Muzyka: Travel on the road
Muzyk: AI music
Muzyka: Foxistance
Muzyk: DaFox
[European School Sport Day](#)



👍👍 27 7 komentarzy 2 udostępnienia

Przedszkole Szamocin – 🧡 fantastycznie.
30 września o 06:41 · 🌐

Europejski Dzień Sportu Szkolnego 🧡🧡
Rybki 🐟, Pszczółki 🐝 i Sówki 🦉 wzięły udział w Europejskim Dniu Sportu Szkolnego
Jest to święto, którego celem jest promowanie aktywności fizycznej wśród uczniów.
Przedszkolaki zrealizowały dziś RUCHOWY PLAN LEKCJI (Active Lessons Plan) – przygotowany przez Akademię Krokieta i Lamy oraz w starych grupach Ruchome litery a w młodszych Ruchome symbole i kokory. Dzieci świetnie się bawiły i dawały z siebie wszystko dzięki dopingowi kolegów i koleżanek ze swoich grup.
Nasze działania zgłosiliśmy do konkursu „Lekcja w ruchu” : [#ESSD2024](#) [#BeActive](#) [#ESSDPoland](#) [#ESSDPoland2024](#) [#RuchowyPlanLekcji](#) @essd.europe @fundusz.pfron



👍👍 Ty i 16 innych użytkowników 1 komentarz 2 udostępnienia

Super Komentarz Wyślij Udostępnij

Przedszkole nr 19 w Przemyślu
3 października o 13:59 · 🌐

Konkurs „LEKCJA W RUCHU”
Przedszkole nr 19 w Przemyślu melduje wykonanie filmu.
[#ESSD2024](#) [#BeActive](#) [#ESSDPoland](#) [#ESSDPoland2024](#) [#RuchowyPlanLekcji](#)
@EuropeanSchoolSportDay
@fundusz.pfron



👍👍 Ty i 24 innych użytkowników 1 komentarz 1 udostępnienie



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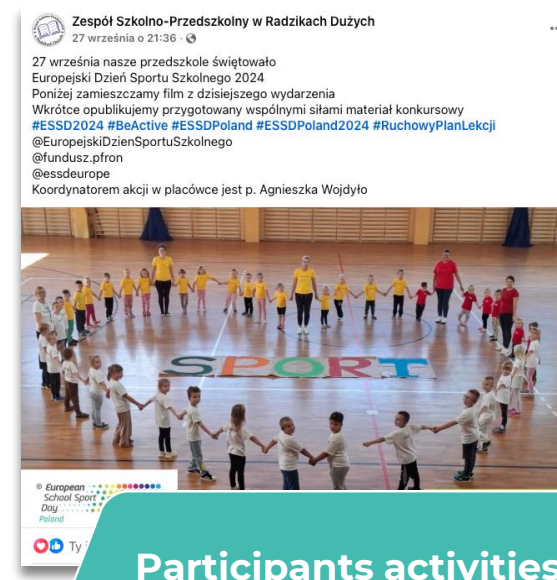
POLAND - HIGHLIGHTS

Participants had the opportunity to organise activities based on the **ready-to-use content** we had prepared, called the **Active Lessons Plan**, or to organise activities based on their own ideas.

With their original activities, they they could also take part in a **contest called 'Lesson in Motion'**.



Active Lessons Plan



Participants activities



Co-funded by
the European Union

POLAND – ACTIVE LESSON PLAN

ESSD 2024 partner **Krokiet & Lama Academy** prepared an **Active Lessons Plan** for children and teachers. This plan includes ready-to-use content for active breaks and learning math and Polish, offered as Physically Active Learning videos available online. There were also an educational game script and associated work sheet developed.

With the **support of PFRON**, all materials were **also adapted for children with disabilities**.

© European School Sport Day Poland

RUCHOWY PLAN LEKCJI

Organizatorzy:

Sfinansowano ze środków:

Partnerzy międzynarodowi:

Patronat Honorowy:

12 dla każdego dziecka

POLAND – ACTIVE LESSON PLAN - VIDEOS

Thanks to the support of the State Fund for the Rehabilitation of Persons with Disabilities (PFRON), **all materials have been adapted for children with visual impairments, hearing impairments, intellectual disabilities, and motor disabilities.**

The resources are available online on the Akademia Krokieta & Lamy YouTube channel as five dedicated playlists. Each playlist includes either a radio play or several videos, tailored to the specific needs of each group, with the exception of the playlist for children with motor disabilities, which contains four videos.

 <p>RUCHOWY PLAN LEKCJI - niepełnosprawność narządu...</p> <p>Wyświetl całą playlistę</p>	 <p>RUCHOWY PLAN LEKCJI - niepełnosprawność ruchowa</p> <p>Wyświetl całą playlistę</p>	 <p>RUCHOWY PLAN LEKCJI - niepełnosprawność intelektualna</p> <p>Wyświetl całą playlistę</p>	 <p>RUCHOWY PLAN LEKCJI - wersja podstawowa</p> <p>Wyświetl całą playlistę</p>	 <p>RUCHOWY PLAN LEKCJI - niepełnosprawność narządu...</p> <p>Wyświetl całą playlistę</p>
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POLAND – ACTIVE LESSON PLAN - VIDEOS

Ćwiczenia na stojąco

POLSKI **SYLABY** **ar** **ra** **04:15**

MATMA **MNOŻENIE** $12 \times 3 = ?$ $16 \times 18 = 36$ **04:13**

🍎 Owocowy quiz - dobieranie s...

🧮 Ruchowe rachunki - quiz pefen ...

ćwiczenia na siedząco

ROZGRZEWKA **Poranny rozruch w ławce** **03:39**

MATMA **MNOŻENIE** $12 \times 3 = ?$ $43 \times 34 = 14$ **04:13**

MATMA **DODAWANIE** $12 + 8 = ?$ $28 + 20 = 128$ 18 **04:13**

POLSKI **SYLABY** **fa** **wa** **na** **da** **04:14**

🍷 Ławki zamieniają się w instrume...

🧮 Ruchowe rachunki - quiz z mnoż...

🧮 Ruchowe rachunki - quiz z doda...

🐾 Zwierzakowy quiz - dobieranie s...

MATMA **DODAWANIE** $7 + 2 = ?$ 9 8 **04:53**

POLSKI **KOLORY** **ŻÓŁTY!** **05:07**

ROZGRZEWKA **Poranny rozruch w ławce** **03:39**

⊕ Ruchowe rachunki - quiz z doda...

🎲 Kolorowa kostka | Poznajemy k...

🍷 Ławki zamieniają się w instrume...

ćwiczenia z tłumaczeniem PJM

ROZGRZEWKA **Czy ktoś widział jesień?** **06:56**

POLSKI **SYLABY** **ku** **ko** **tek** **mo** **ba** **zo** **bo** **05:46**

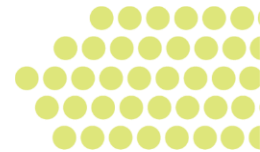
MATMA **DODAWANIE** $5 + 5 = ?$ 55 15 25 10 **04:13**

🍷 Czy ktoś widział jesień? | Rozgrz...

📖 Sylaby - uzupełnianie wyrazów, ...

⊕ Quiz z dodawaniem, poziom łat...

We produced 14 different videos primarily intended for grades 1-3 of primary school and older preschoolers, although we encouraged all participants to use the materials.



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POLAND – EVENTS



POLAND – FLAGSHIP EVENTS

On September 27, we celebrated the European School Sport Day at the **School and Kindergarten Complex No. 21 in Wrocław**.

The school organized activities in the gymnasium, featuring educational and movement games with Disney characters, and in the classrooms, where activities were supported by videos from Krokiet & Lama Academy.

The event was filled with joyful energy, with physical activity integrated into learning as the central theme.



POLAND – CERTIFICATES



Schools proudly
boasted the
certificates on their
Social Media.



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UKRAINE - COUNTRY REPORT SUMMARY



- National Coordinator: UkraineActive
- Registered schools: 537
- Reported participation: 443 schools
- Participating children: 67.689
- Active teachers: 3.164



UKRAINE - HIGHLIGHTS

- In Ukraine, the European School Sport Day (ESSD) 2024 took place on September 27, focusing primarily on school-age children and their teachers.
- This year's ESSD theme was “**ACTIVE SCHOOLS – ACTIVE STUDENTS.**” The event in Ukraine was made special thanks to **our partner, Active Water**, which provided sports water for participants.
- Active participants in ESSD 2024, as part of European Week of Sport, took part in a **prize draw** for physical activity and hydration gifts sponsored by Active Water and UkraineActive. This helped attract more schools, students, and teachers to join the initiative.

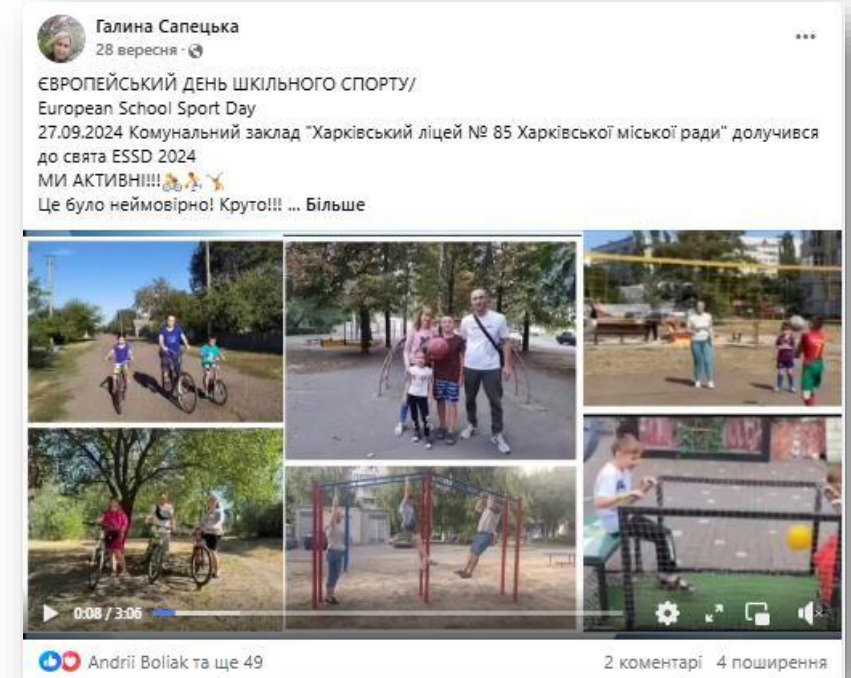
UKRAINE - HIGHLIGHTS



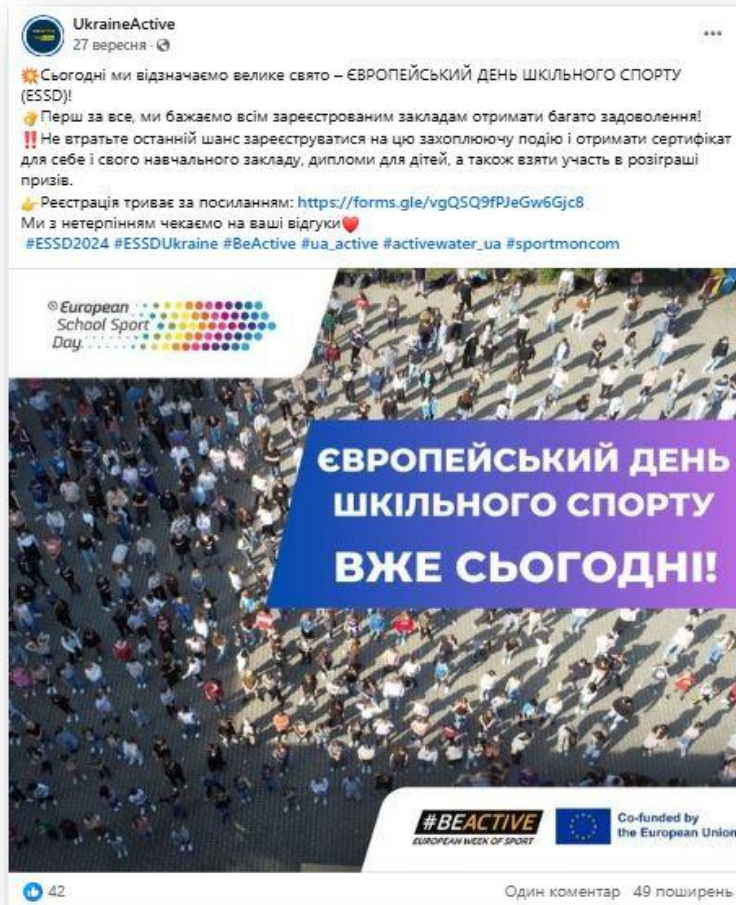
- Due to the Russian military aggression, many children in Ukraine cannot continue their studies under normal conditions. For many, daily routines now include seeking shelter during air raid sirens and continuing education online when possible. Under these challenging circumstances, joining peers across Europe in an inspiring event like ESSD holds great significance for Ukrainians. Some children even participated in the event while engaged in remote learning.
- To support Ukrainian participants, the Ministry of Education and Science of Ukraine organized a nationwide webinar, during which attendees were introduced to a guide provided by ESSD organizers. The information shared was valuable and contributed to implementing innovative approaches to physical activity in schools.

UKRAINE - EVENTS

Children and adults enthusiastically took part in ESSD activities, showcasing creativity by organizing engaging events and flashmobs.



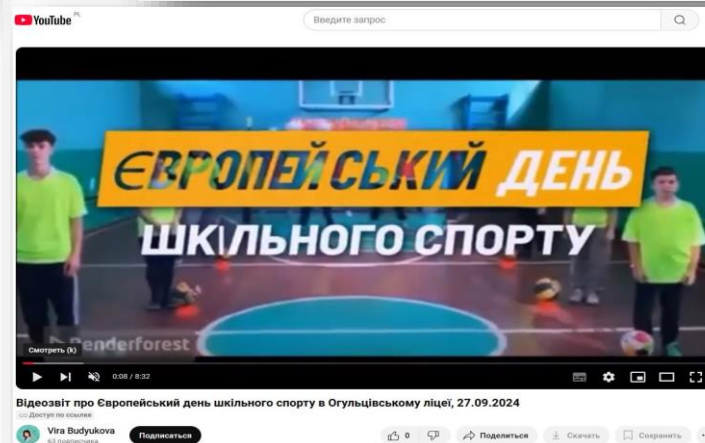
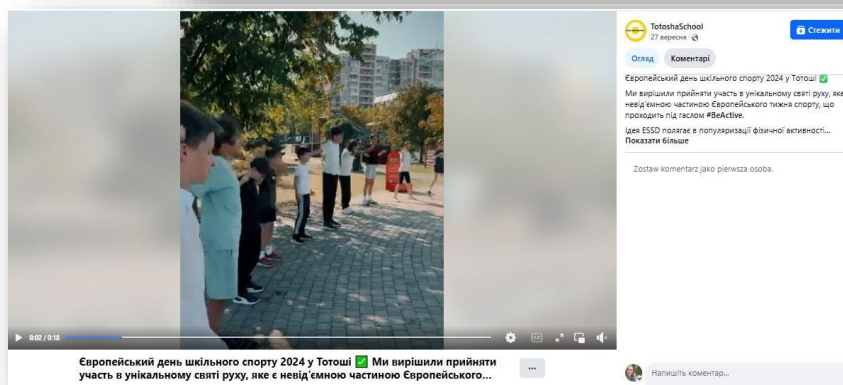
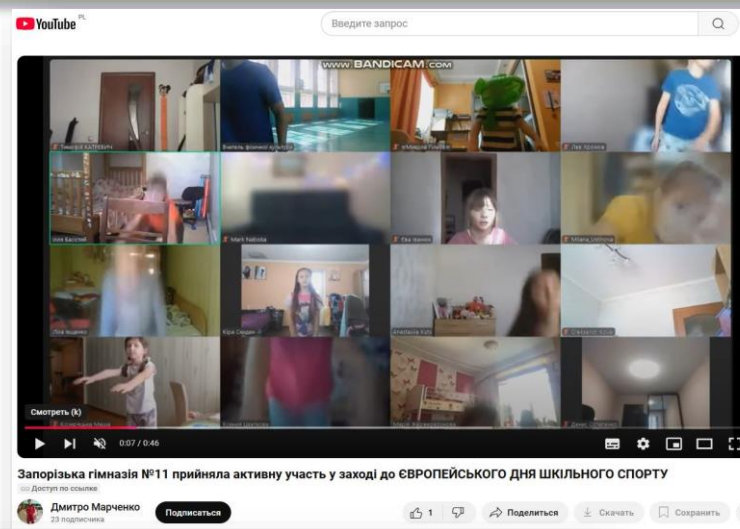
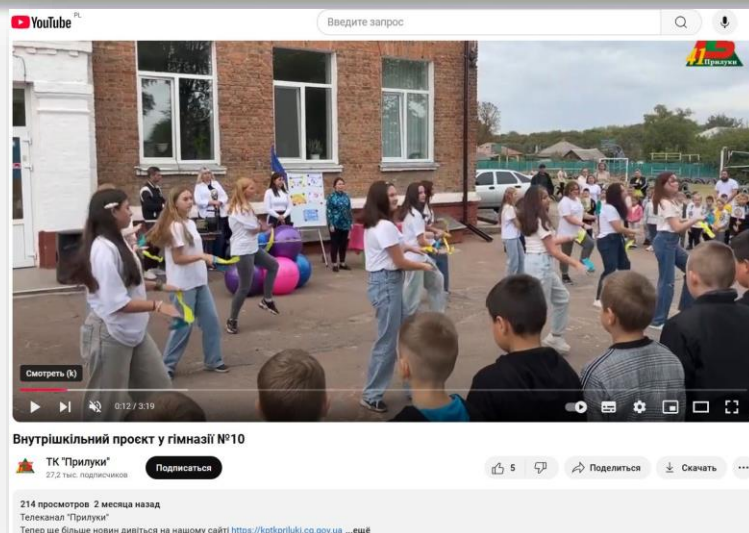
UKRAINE - SOCIAL MEDIA



Each of the posts was accompanied by dedicated hashtags:

[#ESSD2024Ukraine](#) [#ESSD2024](#)
[#BeActive](#)
[#ua_active](#) [#activewater_ua](#)
[#sportmoncom](#)

UKRAINE - SOCIAL MEDIA



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UKRAINE - TESTIMONIALS FROM SCHOOLS

Such activities are important for children, especially at this time...

This is a very good idea. It is very important for our children to break away from gadgets and spend time together doing such interesting activities.

I dream that the war will end and next year we will participate in the lyceum.

This is a wonderful event at this very disturbing time for our children!

Physical activity is an important part of our health. It's great that there is a project that everyone can join.

You are doing a great job of improving the psycho-emotional state of children during martial law!

Such sports challenges increase students' motivation to exercise and inspire teachers to come up with new ideas for physical activity with children.

You are incredible! It is very cool when sport unites us and makes us not only stronger, but also happy!

This is our first time participating and we loved it! Thank you)

Such events inspire us teachers in such a difficult time. Thank you for your support and help.

It is a very interesting initiative, because nowadays a large number of children do not play sports, do not want to, etc. Such sports days allow us to show by our own example and the example of European countries that sport is healthy, fun and cool.

Even in the most difficult times, we are able to find the strength to unite, support each other and move forward, and sport is one of the great ways to keep our spirits strong.





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JOIN US

THANK YOU!

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