



Leppävaaran Pallo

Guide for new players

Welcome to LePa – Leppävaara’s own football club!

This guide contains information for new players, or anyone interested in football activities at LePa.

Want to join?

If you want to join, contact your age group’s team leader or age group coordinator. You can find contact details, the registration form, and more information on the team pages.

The team leader will inform you about training times and locations, and when you can come along. For younger children, it’s good to have a parent/guardian present during the first training sessions. After a two-week trial period, you can decide whether you want to join the team and the club.

Leppävaaran Pallo in brief

Founded in 1957, Leppävaaran Pallo has grown from a small local club in the 1980s and 1990s into one of Espoo’s most significant development clubs. We have well over 1,000 registered players, from football school kids to veteran players. Both boys and girls participate equally at LePa.

In addition to team activities, LePa offers family football, hobby football for children and youth, and adults.

There is a place for everyone at LePa, whether you want to play competitively or just for fun. The club invests heavily in activities for under-12s but also offers competitive opportunities at all age levels, with a path to grow and develop to even the highest national level.

At LePa, you can play close to home! Leppävaara Sports Park, nearby fields, and the club-owned LePa Arena provide excellent conditions, and we continue to improve them.



Costs

The cost of playing at LePa consists of:

- Club fees – seasonal membership and club fee
- Team monthly fee – monthly operational fee for the team
- Player pass and insurance – Finnish FA fee for all players

Club	All LePa teams and the supporting organization
Team	An individual group within the club, e.g., Boys 2015 Competition, Girls 2017–18

Membership fee is mandatory for all LePa players to participate. It is the same for everyone. Players with older siblings in the club get a discount. Membership is invoiced in early December or when joining before the end of August.

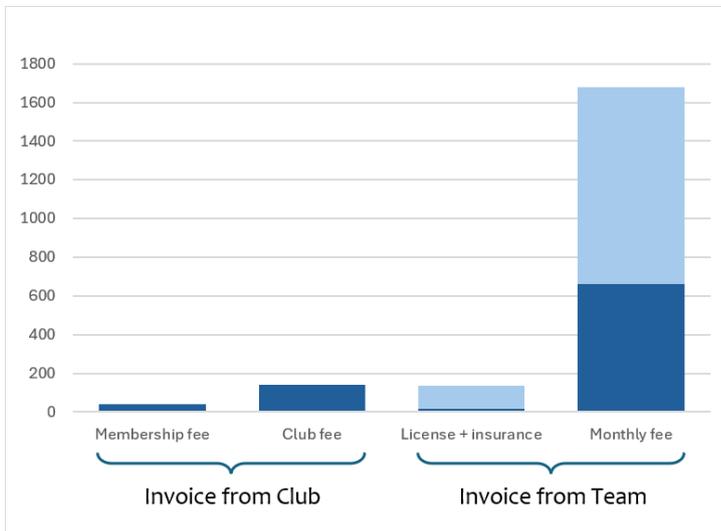
Club administration fee, together with the membership fee, enables the club’s operations and development. It covers services provided to teams and participation in leagues. This fee is invoiced in three installments during the season.

More information about the membership and content of club fee can be found from LePa website.

Monthly team fee covers most team activities, mainly coaching and training sessions. The amount depends on age group and activity level. Additional costs may arise from tournaments or camps, which are always optional.

Players also need a **player license and insurance**. Insurance is purchased with the player license unless the player already has a comprehensive sports accident insurance. The club arranges player passes and insurance, and the team invoices the player. Prices are available on the Football Association’s website. The player pass is valid for the calendar year and is purchased in December for existing players and after joining for new players.

Fees for 2025–2026



Membership fee	40 € / season
Club fee	140 € / season
Monthly team fee	
under 9	55–65 € / mo.
hobby teams	55–65 € / mo.
challenge teams	80–90 € / mo.
competitive teams	100–140 € / mo.
License & insurance	
6- to 9-year-olds	16–37 € / season
12- to 15-year-olds	113–138 € / season
16- to 18-year-olds	273 € / season

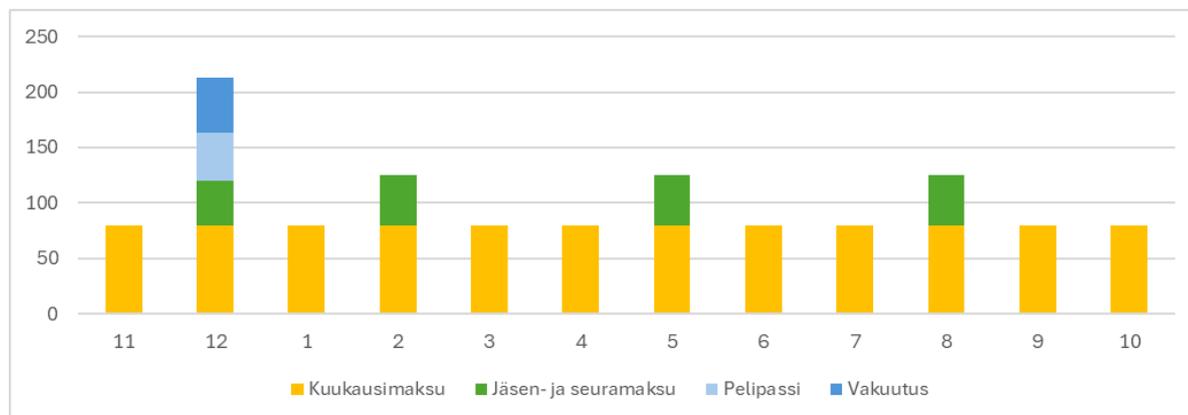
Financial Support

You can get support for the costs from Espoo, charity organizations and LePa’s support fund.

Paying the invoices

Paying fees on time is important. Invoices overdue for more than one month will result in suspension from activities. If you need more time, contact your team's treasurer (team invoices – monthly fee, player licenses, etc.) or the club treasurer (membership and club fees).

More information can be found from LePa website: [In English > Invoicing](#).



Timing of fees in an example team (U12 Challenge).

Breaks and Quitting

In principle, players should commit for the whole season, as planning and budgeting are based on certain number of players. The best time to quit or change clubs is in October/November when the season ends.

If a player quits or wants a break, inform the team leader immediately. They will tell you which invoices must be paid. See also LePa website: [In English > Invoicing](#).

MyClub

LePa uses MyClub for member management. It contains player information, training sessions, and other events. Keeping player details up to date in MyClub is essential as the information is needed in, for example, insurance acquisition, invoicing, and events.

For players under 18, **guardians are responsible** for updating information.

Team operations

The goal of LePa's coaches, staff, board, parents, and team officials is to provide children and youth with good opportunities to play football in a respectful and supportive environment.

Volunteers are essential – without them, teams cannot function. Parents are needed in roles such as coach, team leader, treasurer, equipment manager, driver, and so forth. Help from parents is also needed in other club and team activities like team fundraising or lifting / lowering the LePa Arena dome.

The team organization consists of head coach hired by the club, assistant coaches, team leader, treasurer and other volunteers chosen by the parents' meeting.

Training and matches

Teams train and play according to the club's age-group goals and principles, following the guidelines of the Finnish Football Association. During training, players are divided into smaller groups, and for games/competitions into playing groups, which can change from one session or match to another (i.e. flexible level groups).

The head coach plans the training sessions and makes decisions related to matches, such as team lineup and player positions. All game-related instructions always come from the coach.

All team events are entered in MyClub, where players and guardians register for training and matches. It is very important to indicate in advance whether you will attend or be absent. This makes the coaches' work easier!

Parents are welcome to watch training sessions and matches. However, it is important to remember that the coach leads the training and match events. These occasions are dedicated to the sport, and both players and coaches must be allowed to focus.

To help players concentrate on the game rather than parents, parents should watch training from outside the field boundaries. During matches, parents should position themselves on the opposite side of the field from the team bench.

Team communication

Successful communication is an extremely important part of team operations. To ensure that players, families, coaches, and team officials each receive the information they need without unnecessary overload, every team follows the rules below.

Internal communication channels

The team's primary communication channel is MyClub. In addition to MyClub, teams may use, for example, WhatsApp groups for quick announcements. Joining such groups is completely voluntary, and the team cannot require a player or parent to join.

Communicate respectfully

Football is a sport of strong emotions. Coaches are responsible for teaching emotional skills related to the game to players. We also hope that parents set a good example for players by behaving respectfully toward others, even in moments of strong emotions.

Creating a positive team atmosphere is everyone's responsibility. Therefore, all internal communication must be respectful, friendly, and appropriate. Any form of bullying, discrimination, inappropriate behavior, or poisoning the atmosphere is strictly prohibited and will result in removal from the team's communication groups.

Coaches do not compare players to parents and do not comment on other players' development or actions.

Questions and feedback to coaches or the club

To ensure every player receives the individual attention they deserve, coaches' working time is prioritized for coaching. Team leaders act as intermediaries between families and coaches.

If you have a question for the head coach or the club, please contact the team leader first. Also, check the guidelines and policies on the club's website, where you can find answers to many

common questions. If the team leader does not have an immediate answer, they will collect the questions and review them with the head coach or the club.

If you want to give feedback to the club, contact the team leader, who will forward your team's feedback to the club or, if necessary, to the Head of Coaching.

If you want to give feedback to a coach, do so primarily by email. WhatsApp or text messages are not suitable channels for feedback, and it is important to respect the coach's free time. We strongly recommend carefully considering the content of your feedback before sending it, so that the strong emotions often associated with sports have time to settle and the essential points become clear.

Team WhatsApp groups

Parents' WhatsApp groups are suitable for quick announcements. WhatsApp groups must not be used to discuss the actions of individual players, the team, coaches, officials, referees, or parents. WhatsApp is not a discussion forum and should not be used for giving feedback.

Examples of appropriate messages:

- "Training will exceptionally start today at 18:45 because we'll have a shorter warm-up due to the cold. This is also changed to MyClub."
- "Anni's ball was left on the field. Did anyone happen to take it?"

Examples of inappropriate messages:

- "We lost again! What are the coaches going to do about it!?"
- "Why wasn't Jari allowed to be the goalkeeper today? He would have been better than Mikko."

Note! WhatsApp is not for discussing the coach's decisions or matters concerning individual players. If you want to talk about your own child's situation, first take a moment to think calmly and then, if necessary, contact the coach by email.

Please also respect others' work and free time. Coaches or team leaders are not obliged to respond to every message immediately. Try to avoid sending messages late at night.

The team leader moderates the WhatsApp group discussions. The team leader has the right and duty to stop any conversation that does not follow the above guidelines or the club's values. If someone repeatedly behaves inappropriately in the group, the team leader must contact the club's executive officer, and the person may be removed from the team's messaging groups.

Players may also have their own groups. Each such group must include at least one adult moderator. The moderator ensures that everyone in the group is treated respectfully and fairly. In chat groups, like everywhere else, players should feel that being part of the team is fun and safe.