

Nordic Cross Country Champ. 10th November

Miehet 7,5 km					Born	
1	Men 7.5 km	Andreas Bock	Bjørnsen	Denmark		room 5
2	Men 7.5 km	Joel Ibler	Lillesø	Denmark		room 4
3	Men 7.5 km	Jacob S	Simonsen	Denmark		room 5
4	Men 7.5 km	Elliot	Smith-Rasmussen	Denmark		room 4
5	Men 7.5 km	Mikko	Kauppinen	Finland		
6	Men 7.5 km	Niko	Putkinen	Finland		
7	Men 7.5 km	Julius	Taskinen	Finland		
8	Men 7.5 km	Baldvin	Magnússon	Iceland		
9	Men 7.5 km	Arnar	Pétursson	Iceland		
10	Men 7.5 km	Stefán Kári	Smáráson	Iceland		
11	Men 7.5 km	Ole Kasper Harlem	Fosser	Norway	21.4.1999	Men 7.5 km
12	Men 7.5 km	Simen Halle	Haugen	Norway	9.1.1999	Men 7.5 km
13	Men 7.5 km	Filip Mangen	Ingebrigtsen	Norway	20.4.1993	Men 7.5 km
14	Men 7.5 km	Mads Orø	Olsen	Norway	7.5.2002	Men 7.5 km
15	Men 7.5 km	Eivind	Øygard	Norway	18.2.1992	Men 7.5 km
16	Men 7.5 km	Oscar	Claesson	Sweden	95	Men
17	Men 7.5 km	Axel	Djurberg	Sweden	99	Men
18	Men 7.5 km	Jesper	Sandberg	Sweden	2	Men
19	Men 7.5 km	Martin	Regborn	Sweden	92	Men
20	Men 7.5 km	Otto	Kaario	Jyväskylä Kenttärheilijat		
Naiset 7,5 km						
30	Women 7.5 km	Nanna	Bové	Denmark		
31	Women 7.5 km	Juliane	Hvid	Denmark		
32	Women 7.5 km	Mari	Laakkonen	Finland		
33	Women 7.5 km	Ilona	Mononen	Finland		
34	Women 7.5 km	Taru	Palsa	Finland		
35	Women 7.5 km	Sigþóra Brynja	Kristjánsdóttir	Iceland		
36	Women 7.5 km	Íris Dóra	Snorradóttir	Iceland		

37	Women 7.5 km	Selma Løchen	Engdahl	Norway	20.12.2001	Women 7.5 km
38	Women 7.5 km	Thea Charlotte	Knutsen	Norway	26.9.2004	Women 7.5 km
39	Women 7.5 km	Maiken Homlung	Prøitz	Norway	16.6.2004	Women 7.5 km
40	Women 7.5 km	Mari Roligheten	Ruud	Norway	2.9.2002	Women 7.5 km
41	Women 7.5 km	Sara	Christiansson	Sweden	97	Women
42	Women 7.5 km	Liv	Dinis	Sweden	4	Women
43	Women 7.5 km	Evelina	Henriksson	Sweden	99	Women
44	Women 7.5 km	Lovisa	Modig	Sweden	93	Women

Miehet 20 v 4,5 km

2001	U20 M 4,5 km	Sebastian S	Grønkjær	Denmark		room 7
2002	U20 M 4,5 km	Benjamin A	Khanlarkhani	Denmark		room 7
2003	U20 M 4,5 km	Sebastian B	Nygaard	Denmark		room 6
2004	U20 M 4,5 km	Juho	Hyyryläinen	Finland		
2005	U20 M 4,5 km	Eden	Kotilainen	Finland		
2006	U20 M 4,5 km	Anssi	Mustonen	Finland		
2007	U20 M 4,5 km	Lukas	Buncic	Norway	27.12.2007	Men jr.
2008	U20 M 4,5 km	Kristian Bråthen	Børve	Norway	8.12.2006	Men jr.
2009	U20 M 4,5 km	Åsmund Sunde	Førde	Norway	11.1.2007	Men jr.
2010	U20 M 4,5 km	Magnus	Øyen	Norway	26.4.2007	Men jr.
2011	U20 M 4,5 km	Emil	Ling	Sweden	7	U20
2012	U20 M 4,5 km	Sebastian	Lörstad	Sweden	8	U20
2013	U20 M 4,5 km	Karl	Ottfalk	Sweden	6	U20
2014	U20 M 4,5 km	Adam	Sörqvist	Sweden	5	U20
2015	U20 M 4,5 km	Tero	Korpi	Kenttäurheilijat-58		
2016	U20 M 4,5 km	Sebastian	Stagh	IFK Lidingö	8	U20
2017	U20 M 4,5km	Samuel	Berhane	Hässelby SK	5	U20
2018	U20 M 4,5km	Sander Petri	Bere	Malmö AL		
2019	U20 M 4,5km	Hannes	Nikkinen	Länsi-Uudenmaan Urheilijat		

Naiset 20 v 4,5 km

2050	U20 W 4,5km	Siv	Bertelsen	Denmark		
2051	U20 W 4,5km	Pinja	Laasanen	Finland		

2052	U20 W 4,5km	Sini-Minea	Saarikoski	Finland		
2053	U20 W 4,5km	Elsa	Stadig	Finland		
2054	U20 W 4,5km	Helga	Lilja Maack	Iceland		
2055	U20 W 4,5km	Mia Austevik	Bø	Norway	3.11.2007	Women jr.
2056	U20 W 4,5km	Marte	Hovland	Norway	23.2.2005	Women jr.
2057	U20 W 4,5km	Wilma Anna Bekkem	Torbiörnsson	Norway	31.5.2007	Women jr.
2058	U20 W 4,5km	Freja	Bjerström	Sweden	7	U20
2059	U20 W 4,5km	Hannah	Kinane	Sweden	6	U20
2060	U20 W 4,5km	Ida	Kraft	Sweden	5	U20
2061	U20 W 4,5km	Julia	Rosén	Sweden	6	U20
2062	U20 W 4,5km	Elsa	Sundqvist	Sweden	5	U20
2063	U20 W 4,5km	Majken	Söderlund Larsson	Sweden	7	U20

Hanne Lyngstad		5.12.1975
Finn Kollstad		30.11.1974
Asle Rønning Tjelta		20.5.1985

Team Leader ; Burkni Maack Helgason

Team Leaders

Lorenzo Nesi

Richard Bäckström

Daniel Nilsson

Team leader

Fysio

Coach