

# NCCC Course Map

1.5 km track

START Green dot

FINISH Red flag

The surface is mainly grass

**7.5 km** five complete laps and the final stretch to the finish line

**6 km** 4 complete laps and the final stretch to the finish line

**4.5 km** 3 complete laps and the final stretch to the finish line

**3 km** 2 complete laps and the final stretch to the finish line

**1.5 km** one full lap and the final stretch to the finish line

