# **Central Finland Sports Association**

KESKI-SUOMEN LIIKUNTA

20.9.2021





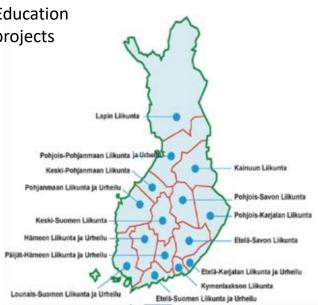
#### The Regional Sports Federations in general

We are non-governmental, and get some operating grant from the Ministry of Education and Culture of Finland, but most of money we'll do through services, versatile projects and through own fund-raising.

We operate in four main sectors:

- Support services for the sport clubs
- Sport for children and youngsters
- Health-enhancing physical activity for adults
- Sport policy

The aim is to encourage people of all ages to engage in health-enhancing physical activity and to produce sports services and campaings as well as education and development services.





# **Central Finland Sports Association**

Founded: 1993

Operational area: Central Finland region

Members: 166 organisations (mainly voluntary based)

Staff: 6 employees

+ part-time workers and trainees

Funding: Own services app. 60%, covernment support app. 40 %

Office located: Jyväskylä

Connection: www.kesli.fi





#### Mission:

Supporting the well-being in Central Finland through exercise and sports.

#### **Vision 2025:**

Central Finland Sports Association is a well-known and a desired partner with a recognized status as a sports development organization.



## **Objectives:**

- 1. The sportsclubs in Central Finland have good know-how and their activities are on high level.
- **2.** General physical activity in Central Finland has increased.
- **3.** Central Finland Sports Association has a recognized position as a sports developer.
- **4.** Central Finland has a strong and active network of sports actors.



1. The sportsclubs in Central Finland have good know-how (as an association) and their activities are on high level.

**What:** - our development services are on high level

- we share expertise on current topics / phenomenas

**How:** - constant development of sports clubs

- knowledge sharing and development

**Indicators**: - number of "Tähtiseurat" (high-standard clubs)

- number of members and employees of the clubs
- success of getting funding (recourses) for sports
- general success of athletes in Central Finland





#### 2. General physical activity in Central Finland has increased

**What**: - closer cooperation with municipalities (day care, schools etc.)

- physical activity promotion projects, trainings and events (e.g. club forums)

How: - creating concepts for the promotion of physical activity (e.g. www.\_\_\_\_iianpol\_\_\_i/

- development and evaluation of our services

- project development

**Indicators**: - co-operation with municipalities (e.g. club forums)

- positive change in the number of active people

- using research data



# 3. Central Finland Sports Association has a recognized position as a sports developer

What: - quality of operations and services

- general awareness of our services

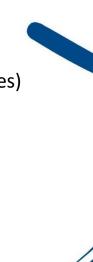
**How**: - partnerships (member associations, province, municipalities)

- quality of training and development services

- active communication, membership and feedback surveys

**Indicators**: - demand for services, number of partnerships

- number of members and the quality of feedback





## 4. Central Finland has a strong and active network of sports actors

**What:** - we are active operator in networks

- we are expert in selected networks

**How:** - a network of club executive directors

- "Tähtiseura" network

- Municipal School and Early Childhood Education coordinators

- KEHO Network (<a href="https://kehofinland.fi/en/about-keho">https://kehofinland.fi/en/about-keho</a>)

**Indicators**: - the number of participants in the networks and their effectiveness

- development projects with the support of the KEHO network