

Parkinsonin taudin uusien hoitojen kehityksen nykytilanne

Filip Scheperjans, neurologian erikoislääkäri, dosentti

Aava
HYKS Neurokeskus
Helsingin yliopisto
NeuroInnovation Oy



Sidonnaisuudet

Travel Support

AbbVie, Herantis, Global Kinetics, UCB, NordicInfu Care, Medtronic, Zambon

Grants

Academy of Finland, The Michael J. Fox Foundation for Parkinson's Research, The Finnish Medical Foundation, The Finnish Parkinson Foundation, Renishaw, Olvi Foundation, Stockmann Foundation, Aaltonen Foundation

Honoraria

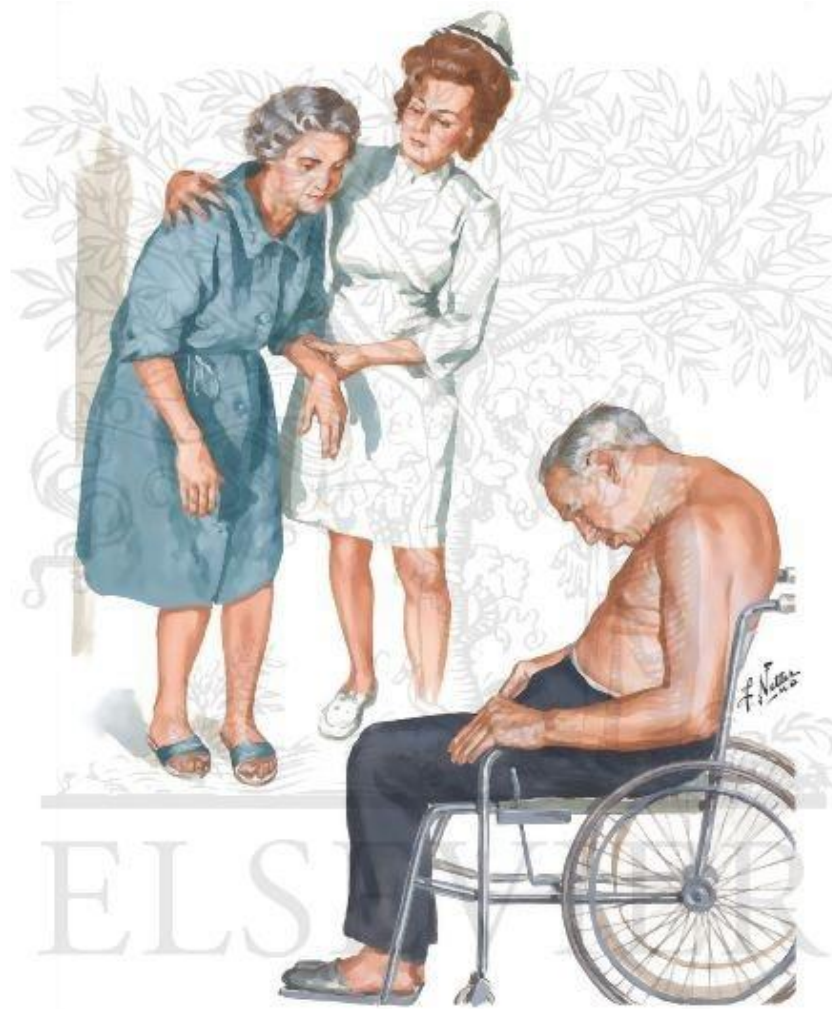
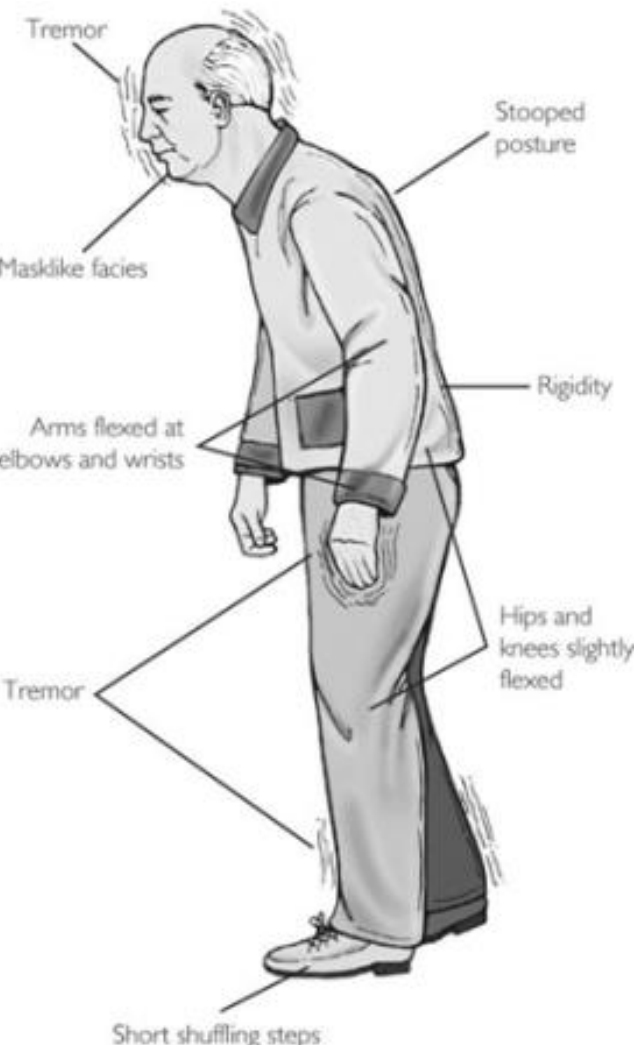
AbbVie, Herantis, UCB, Zambon, LivaNova, Orion, GE Healthcare, Merck, Teva, Biogen, Bristol Myers Squibb, Sanofi

Other

Founder and CEO of NeuroInnovation Oy and Neurobiome Ltd., patents WO2015181449A1, US15314240, EP20150798909, FI20145492A

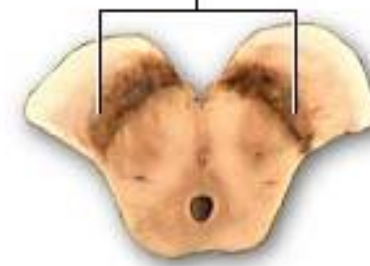
Scientific advisory board of Axial Biotherapeutics & Abbvie.

Parkinsonin tauti

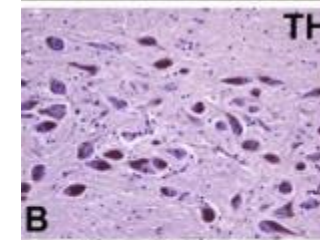
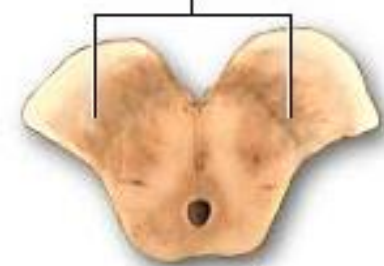


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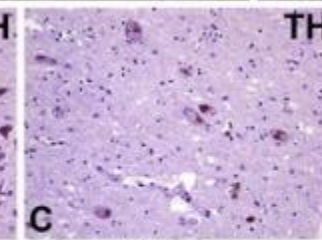
Substantia nigra



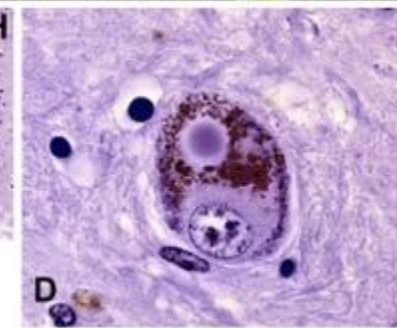
Diminished substantia nigra as seen in Parkinson's disease



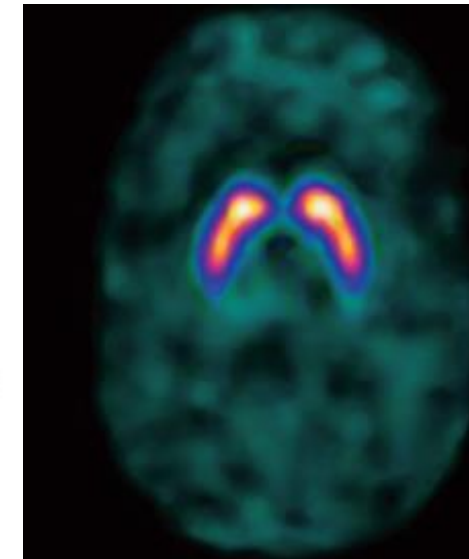
Normal SN pars-compacta



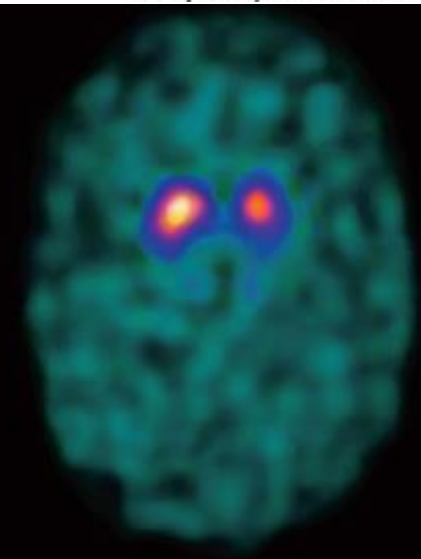
SN pars-compacta in PD



Lewy body in a SN neuron



DaTscan of normal patient.

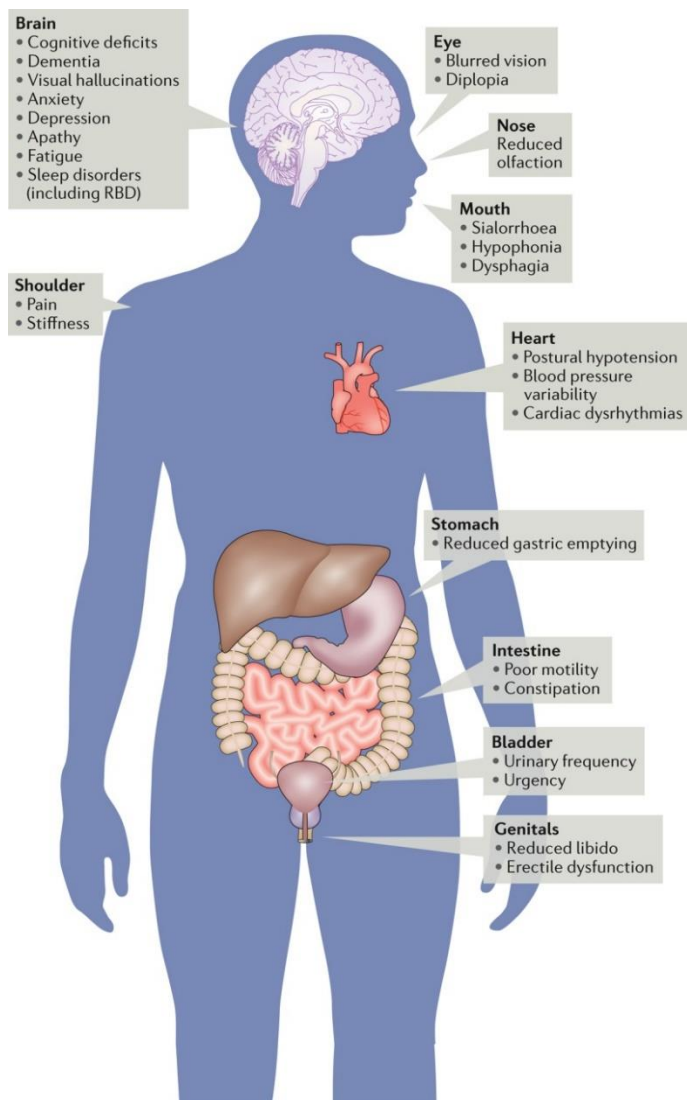


DaTscan of patient with Parkinsonian syndrome.

2015 © Cedars-Sinai.

Potilaan kokonaisvaltainen arviointi

Päivämäärä (pvm./kk/vuosi)



Parkinson-hyvinvointikartta (Parkinson's Well-Being Map™)

Täydentääksesi Parkinson-hyvinvointikartan, etene edellisten sivujen kohtien 1-5 mukaisesti.

Unihäiriöt

- ☐ Ei oireita
- ☐ Nukun levottomasti
- ☐ Minulla on nukahtamisvaikeuksia iltaisin
- ☐ Heräilen öisin
- ☐ Minun on vaikea nukahtaa uudelleen, jos herään
- ☐ Minulla on aamuväsymystä
- ☐ Minulla on päiväaikaista uupumusta
- ☐ Nukahtelen toistuvasti epäsovivissa tilanteissa
- ☐ Muuta:

Mieliala

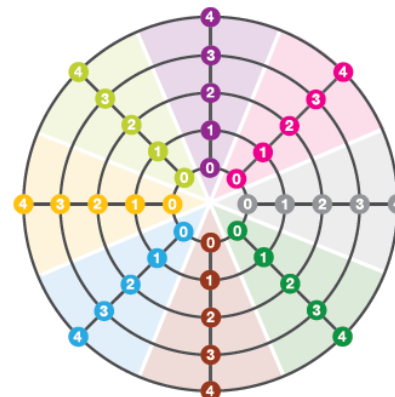
- ☐ Ei oireita
- ☐ Olen menettänyt mielenkiinnon asioihin
- ☐ En nauti asioista, joista nautin ennen
- ☐ Tunnen olevani onneton
- ☐ Olen ahdistunut, pelokas tai hätääntynyt
- ☐ Olen masentunut
- ☐ Muuta:

Muut ei-motoriset oireet

- ☐ Ei oireita
- ☐ Tunnen pyörryttävää / huimaavaa oloa, kun nousen pystyasentoon
- ☐ Kaadun, koska minua huimaa/pyörryttää
- ☐ Olen havainnut muutoksia haju- ja makuaistissani
- ☐ Painoni on muuttunut (ei liity ruokavalion muutoksiin)
- ☐ Hikoinen runsaasti
- ☐ Näen tai kuulen asioita, jotka eivät ole todellisia
- ☐ Muuta:

Tarkkaavaisuus/muisti

- ☐ Ei oireita
- ☐ Kadotan ajatukseni johtolangan keskustelun aikana
- ☐ En pysty keskittymään toimintoihin
- ☐ Joudun etsimään sanoja
- ☐ Olen hajamielinen
- ☐ Minulla on vaikeuksia muistaa nimiä, numeroita, tapahtumia
- ☐ Muuta:



Virtsaaminen ja seksuaalisuus

- ☐ Ei oireita
- ☐ Tunnen pakottavaa virtsaustarvetta
- ☐ Joudun nousemaan öisin virtsaamaan
- ☐ Kiinnostukseni seksiä kohtaan on muuttunut
- ☐ Minulla on seksiä liittyviä vaikeuksia
- ☐ Muuta:

Suolen toiminta

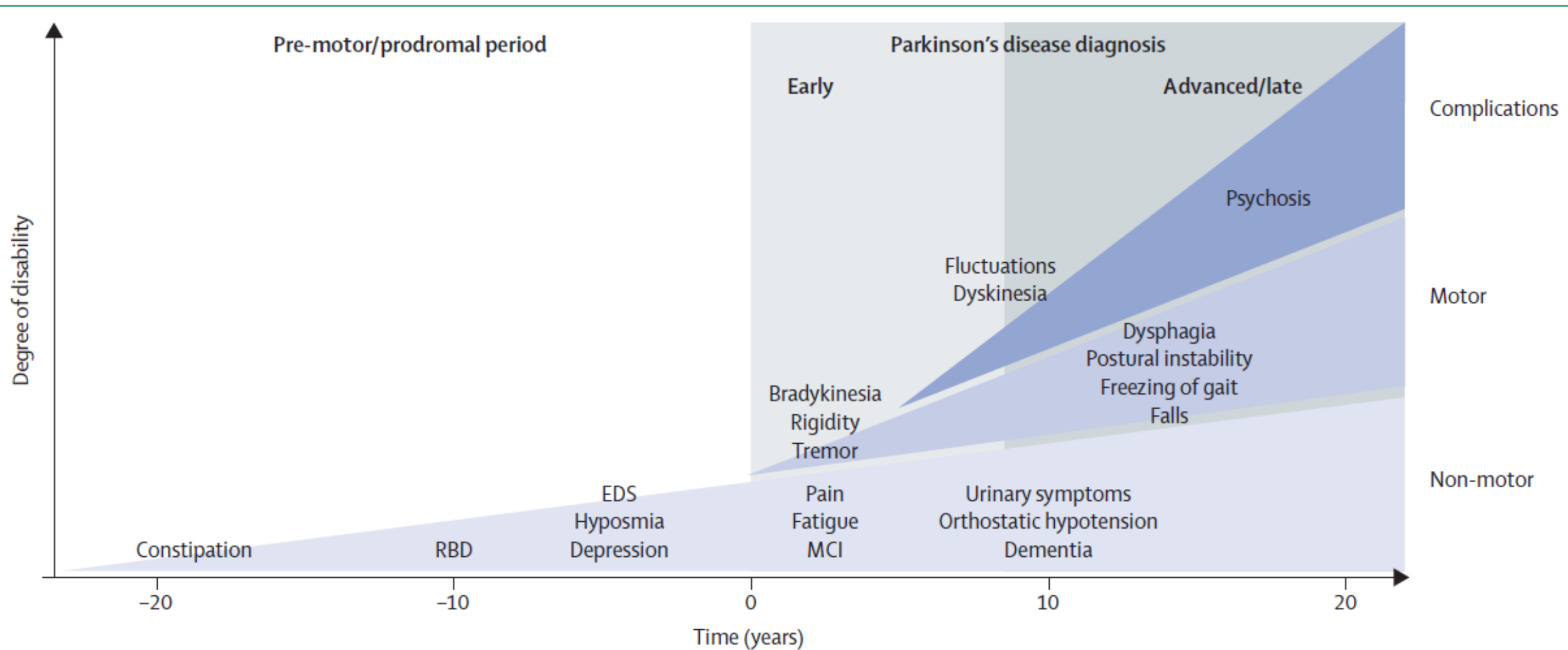
- ☐ Ei oireita
- ☐ Minulla on nielemisvaikeuksia
- ☐ Minulla on syljen valumista (kuolaan)
- ☐ Minulla on pahoinvointi- tai oksennuskohtauksia
- ☐ Minulla on ummetusta
- ☐ Minulla on ripulia
- ☐ Minulla on vatsavaivoja
- ☐ Muuta:

Liikkuminen

- ☐ Ei oireita
- ☐ Tuntuu kuin jalkani juuttuisivat lattiaan / minulla on vaikeuksia lähteä liikkeelle
- ☐ Liikkeeni tuntuvat jäykiltä (rigideiltä) etenkin aikaisin aamulla heräämisen jälkeen
- ☐ Minulla on jäykkyyttä (rigideettiä) koko päivän
- ☐ Minulla on vapinaa (tremor)
- ☐ Minulla on liikkeiden hitautta (bradykinesia)
- ☐ Liikkumiskykyni päivän aikana on toisinaan alentunut
- ☐ Minulla on tahattomia liikkeitä (dyskinesia)
- ☐ Minulla on tasapainoni kanssa hankaluuksia
- ☐ Kaatuilen
- ☐ Asentoni kallistuu eteenpäin tai sivulle
- ☐ Minulla on puhevaikeuksia
- ☐ Käsialani on pienentynyt (mikrografia)
- ☐ Muuta:

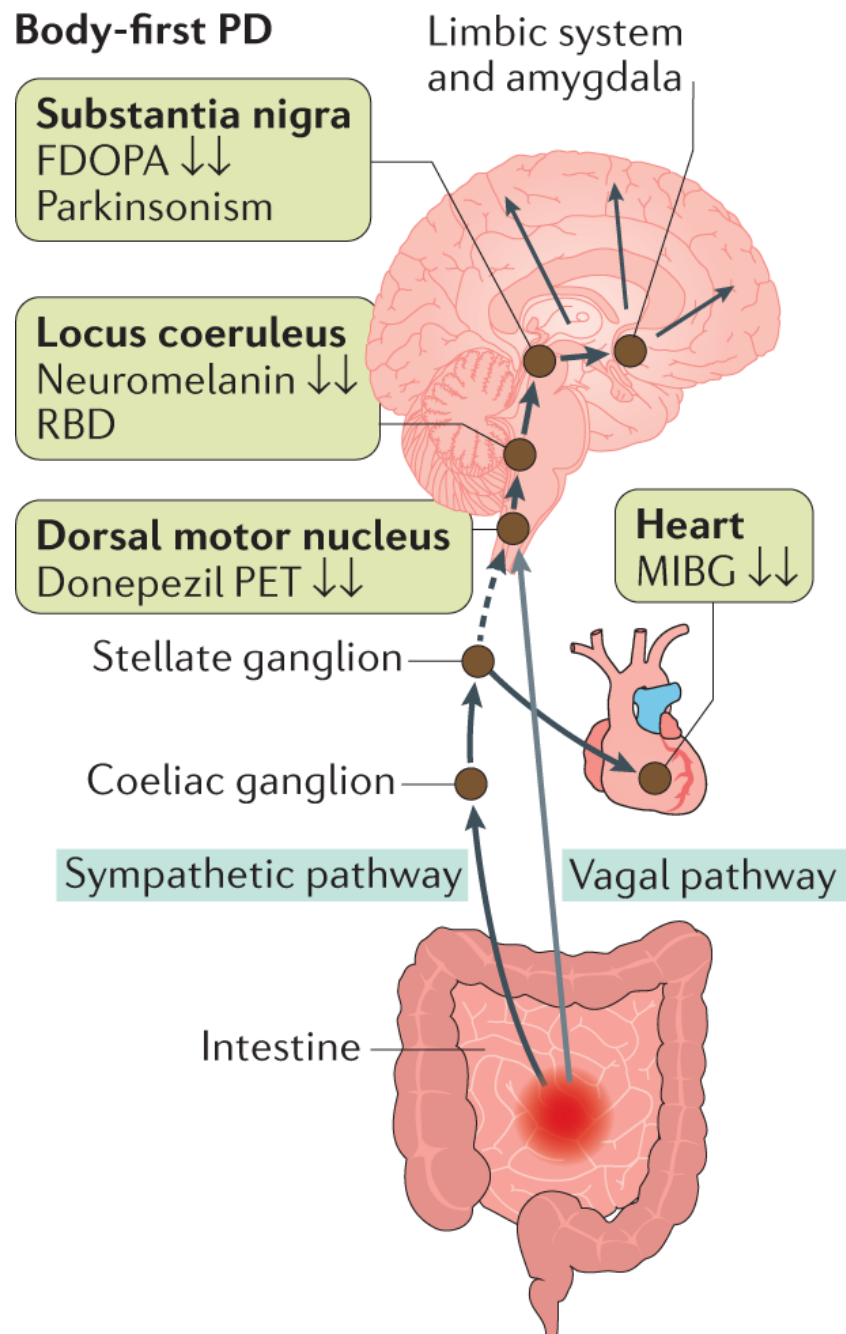
Kipu

- ☐ Ei oireita
- ☐ Minulla on aikaisen aamun kivuliaita lihaskouristuksia (dystonia)
- ☐ Raajani ovat päivällä kipeät ja jäykät
- ☐ Raajani ovat yöllä kipeät ja jäykät
- ☐ Minulla on sähköiskun kaltaista vihlovaa kipua raajojeni tyviosissa
- ☐ Minulla on kivuliaita tahattomia liikkeitä (dyskinesia)
- ☐ Minulla on ankaraa päänsärkyä
- ☐ Muuta:

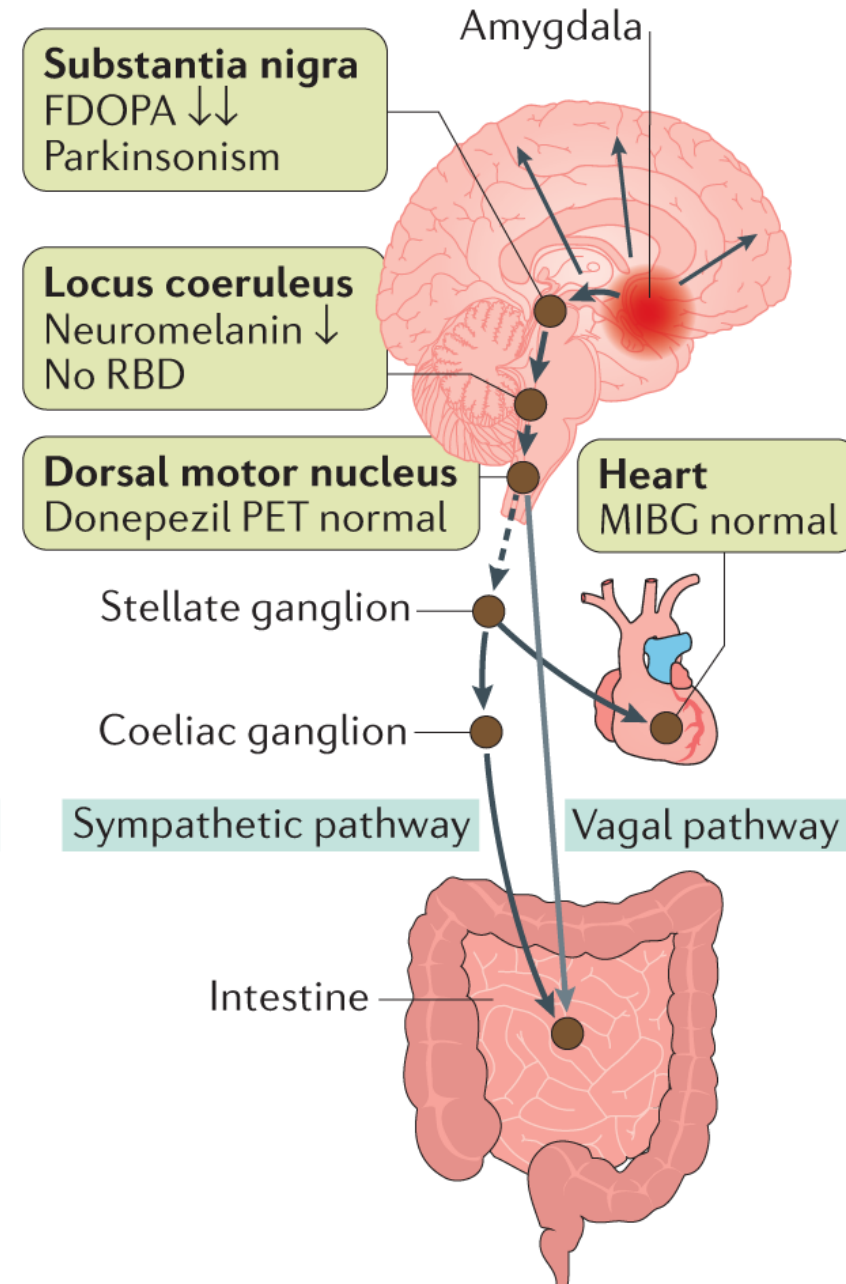


Kalia and Lang, Lancet. 2015 Aug 29;386(9996):896-912.

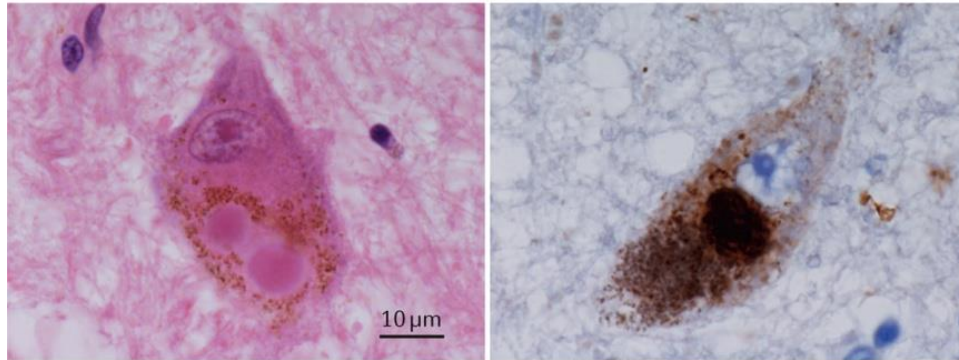
Body-first PD



Brain-first PD



a



Gastric α -synuclein immunoreactive inclusions in Meissner's and Auerbach's plexuses in cases staged for Parkinson's disease-related brain pathology

Heiko Braak^{a,*}, Rob A.I. de Vos^b, Jürgen Bohl^c, Kelly Del Tredici^a

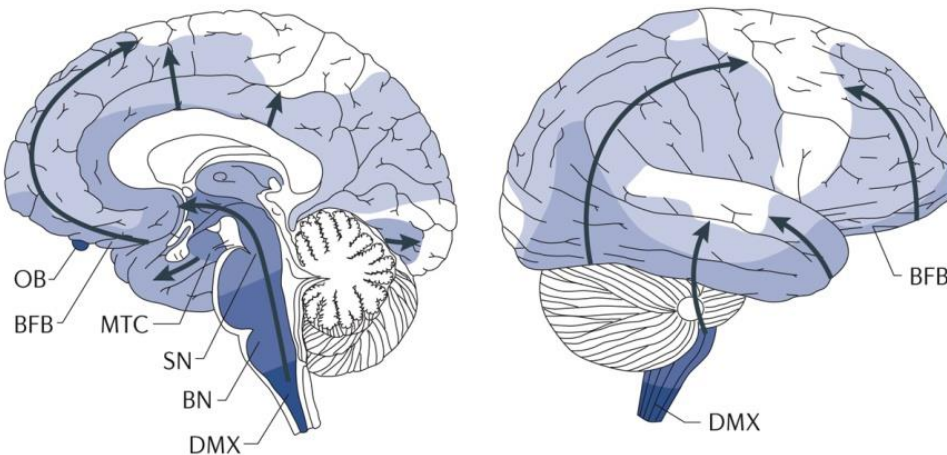
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^c Department of Neuropathology, Johannes Gutenberg University, Langenbeckstrasse 1, Mainz, Germany

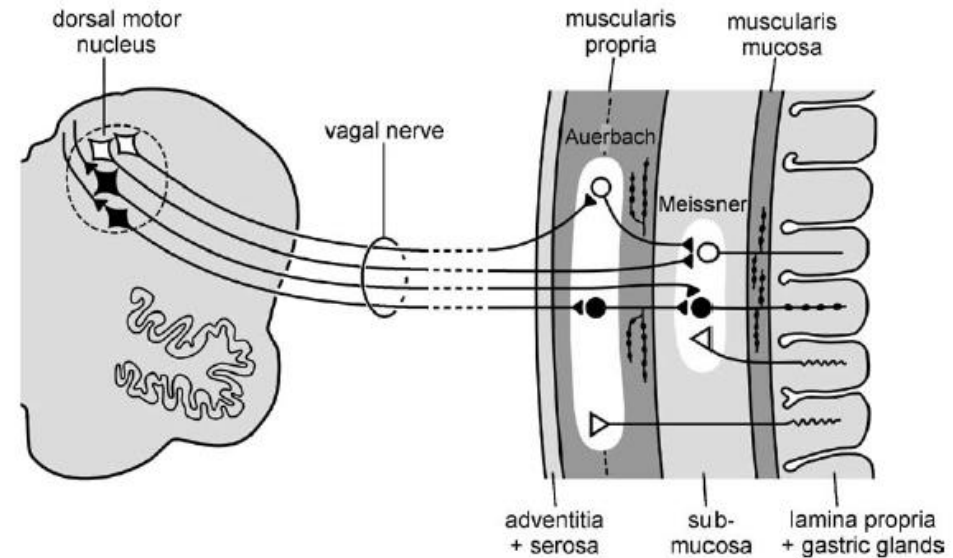
Received 25 August 2005; received in revised form 23 October 2005; accepted 4 November 2005

b



central nervous system

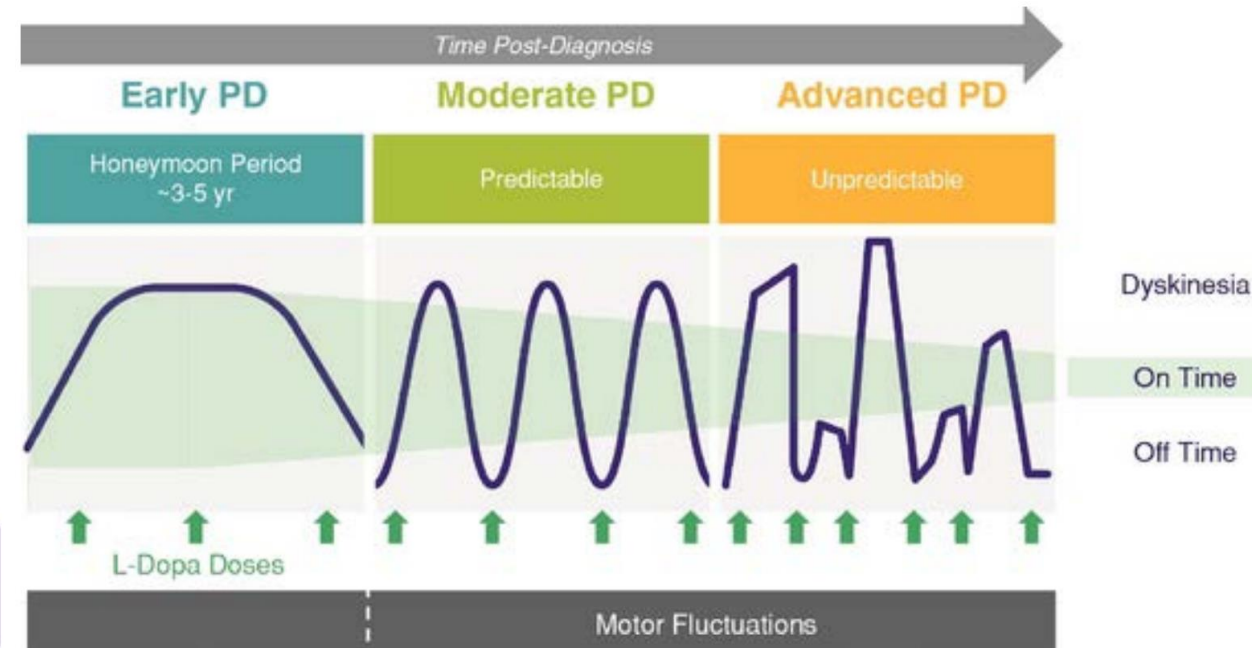
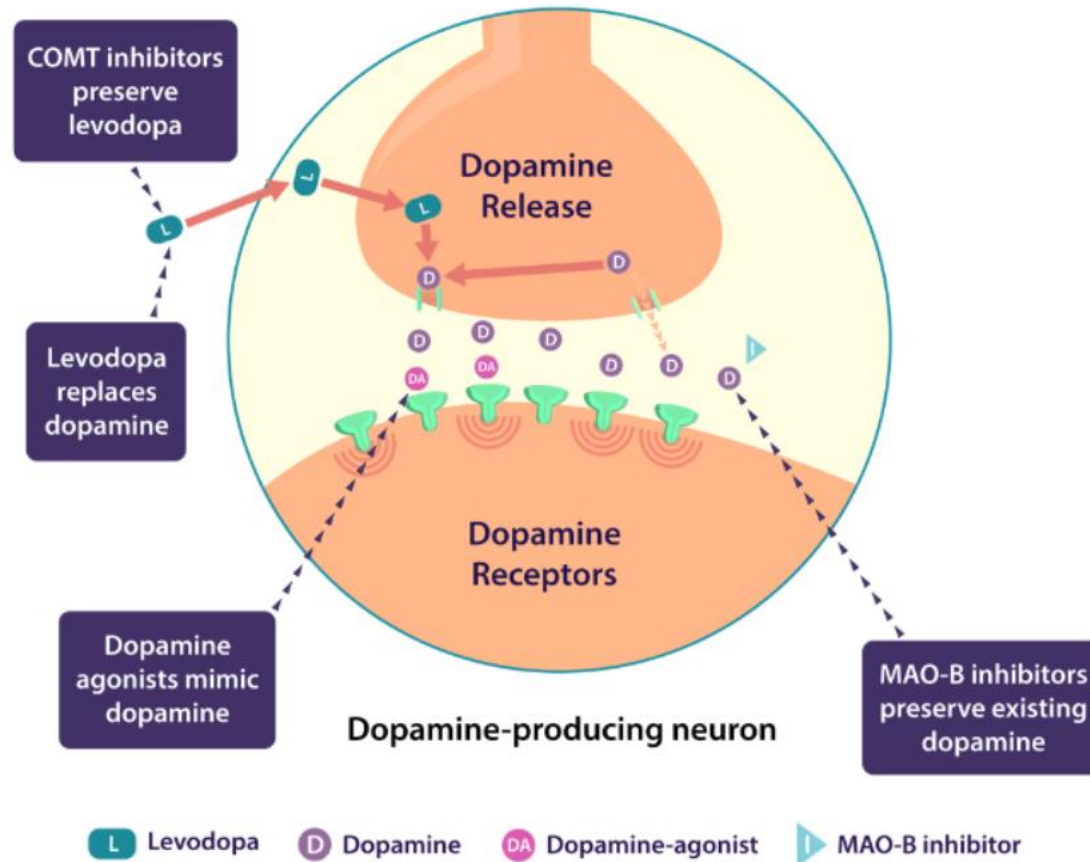
enteric nervous system



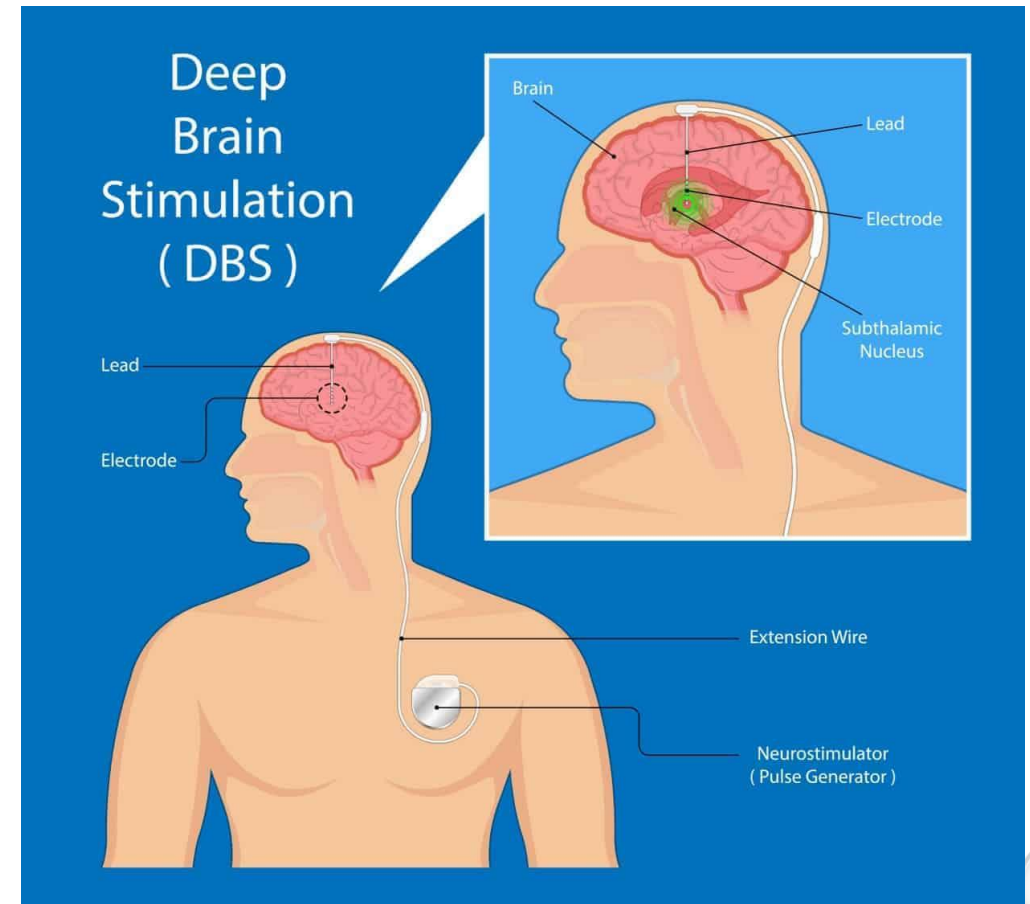
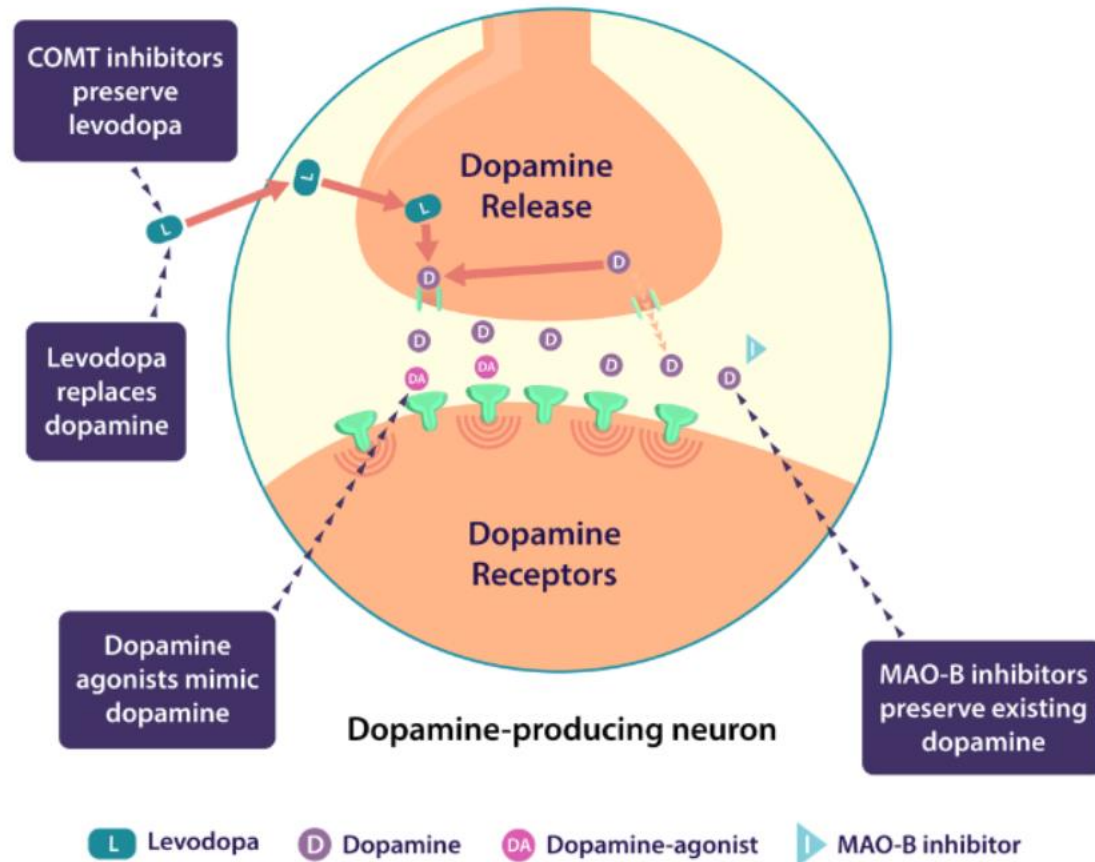
Nature Reviews | Neuroscience

Schapira, A., Chaudhuri, K. & Jenner, P. Non-motor features of Parkinson disease. Nat Rev Neurosci 18, 435–450 (2017).

THE CURRENT CONCEPT AND TREATMENT OF PD

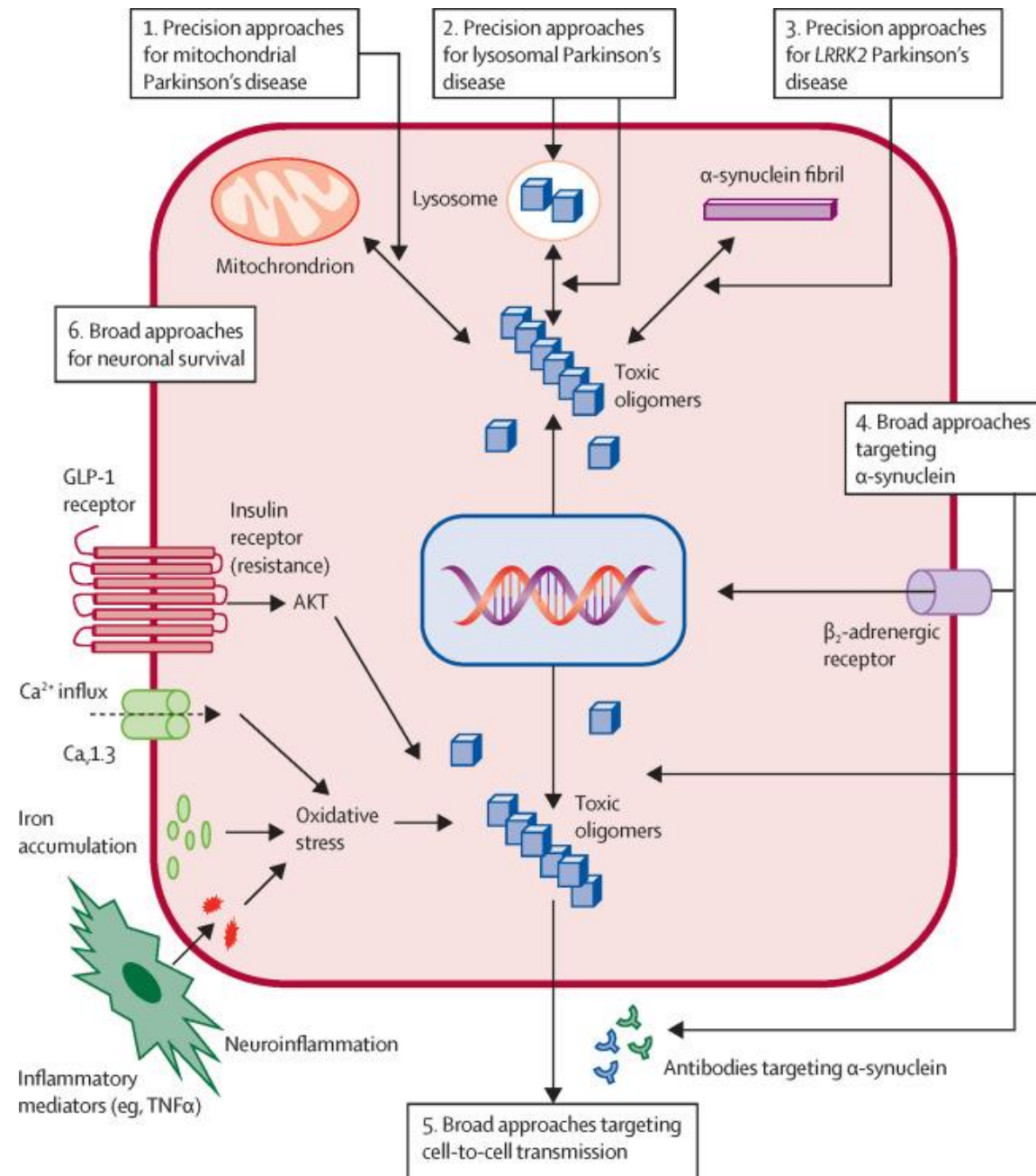


THE CURRENT CONCEPT AND TREATMENT OF PD



Symptoms	Treatment
Depression	• Norepinephrine antidepressants such as: Amitriptyline, imipramine, nortriptyline, and desipramine • SSRI's such as fluoxetine and nefazodone • Second generation non-ergot agonists, for example, Pramipexole and ropinirole • Psychotherapy
Anxiety	• Buspirone and SSRI • Cognitive Behavioral Therapy
Apathy	• Piribedil • Dopamine enhancing medication, for example, Pramipexole and ropinirole
Dementia	• Rivastigmine
Front Executive Dysfunction	• Cholinesterase inhibitors
EDS	• Correct timing of medication • CNS stimulants: Modafinil, Ritalin • Avoid benzodiazepine
MCI	• Cholinesterase inhibitors
RBD	• Clonazepam • Donepezil • Melatonin • Pramipexole
Incontinence	• Anticholinergic drugs • α-Blockers • Pelvic floor muscle therapy • Lifestyle changes
Hyperhidrosis	• Dopamine agonist therapy • Apomorphine
Drooling	• Anti-Parkinson's drug therapy • Speech and language therapy • Chewing gum • Trihexyphenidyl • Amitriptyline
Sexual dysfunction	• ED: Phosphodiesterase inhibitors, for example, Sildenafil • Hypersexuality: Pergolide mesylate with L-DOPA • Counseling
Postural hypotension	• Fludrocortisone
Non-motor symptom fluctuation	• COMT inhibitors • IMAOB • Apomorphine infusion • Subthalamic deep brain stimulation • Amatine • Free salt intake • Increased fluid intake
Pain	• Musculoskeletal pain: NSAIDS, physical therapy and exercise program • Dystonic pain: deep brain stimulation, trihexyphenidyl • Pain from akathisia: managed with dopaminergic treatments • Central pain: analgesics, opiates, and atypical neuroleptics
Speech dysfunction	• Behavioral speech therapy • LSVT LOUD
Constipation	• Diet of high fiber foods and fluids • Exercise • Reduction of anticholinergic medication
EDS: Excessive day time sleepiness; MCI: Mild cognitive impairment; PLMS: Periodic limb movements of sleep; RBD: REM behavioral disorder; RLS: Restless leg syndrome.	

Symptoms	Treatment
	• Macrogol • Milk of magnesia • Psyllium • Polyethylene glycol • Laxatives and enemas as a last resort
Dysphagia	• Softening solid food and thickening liquids before consumption • Gastrostomy
Ocular dysfunction	• Artificial tears • Bifocal and progressive lenses
RLS	• Pramipexole, ropinirole • Pregabalin • Simplify psychoactive medications with atypical neuroleptics, for example, clozapine • Gabapentin enacarbil to treat PLMS • Oxycodone with naloxone
EDS: Excessive day time sleepiness; MCI: Mild cognitive impairment; PLMS: Periodic limb movements of sleep; RBD: REM behavioral disorder; RLS: Restless leg syndrome.	



HIFU

PURJEHDUS: Miekkavalaat hyökkäsivät suomalaisnaisten purjeveneeseen kimppeen Atlantilla: "Oli leikki kaukana"

PÄIVÄN TIMANTTI: Vantaalla on kartano, jonka ruokasaliin kaikki arvovieraat eivät astu – Syynä on sisustuksen yksityiskohta

MAINOS: Lunasta kaksi viikkoa maksutonta lukuaikaa!

Tiede

Kullervo Hynysen keksintö saattaa mullistaa syövän, Alzheimerin ja Parkinsonin taudin hoidon – fyysikon löytöjä on verrattu penisilliinin ja röntgenkuvauksen keksimiseen

Suomalaislähtöinen fyysikko on kehittänyt ultraäänelle sovelluksia, joita on verrattu röntgenkuvauksen ja penisilliinin keksimiseen.



Luetuimmat

1 HS Vantaa | Valtiolla on Vantaalla vieraskartano, jonka ruokasaliin kaikki arvovieraat eivät suostu astumaan – Syynä on yllättävä yksityiskohta kartanon sisustuksessa
TILAAJILLE

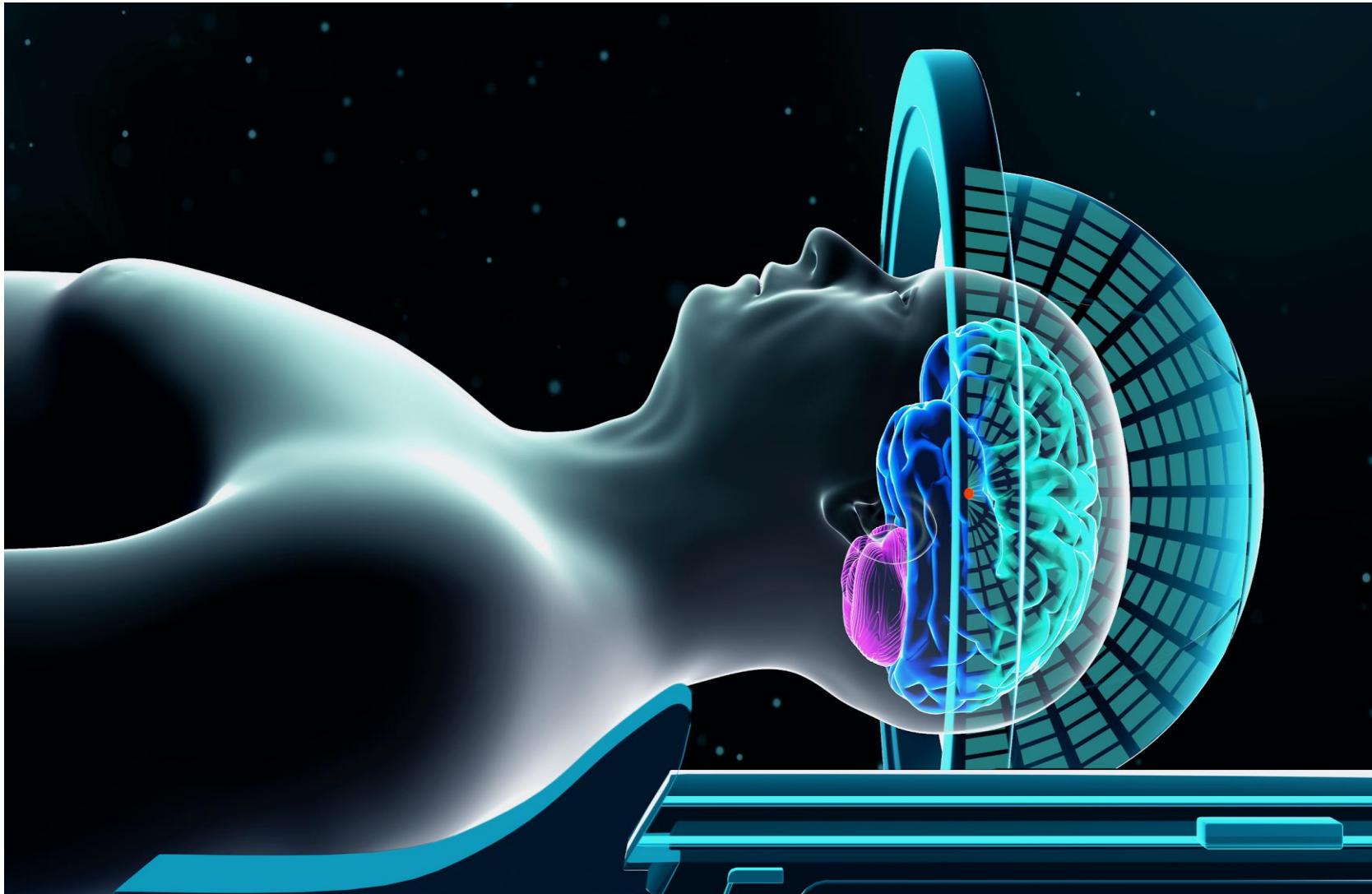
2 Purjehdus | Miekkavalaat hyökkäsivät suomalaisnaisten purjeveneeseen kimppeen Atlantilla: "Nyt jo naurattaa, mutta maanantain vastaisena yönä oli leikki kaukana"

3 Rajoitukset | Pääministeri Marinin mukaan koronarajoituksia ei ole purettu liian nopeasti: "Emme voi pitää yhteiskuntaa suljettuna vain sen vuoksi, että osa ihmisistä ei ole rokotetta halunnut ottaa"

4 Koronavirus | THL ohjeistaa, ettei Modernan rokotetta annettaisi alle 30-vuotiaille pojille ja miehille

5 Terveystieteiden tutkimus | Matti Bergendahl valittiin Husin uudeksi toimitusjohtajaksi

6 Asuntomarkkinat | Ennuste: Asunnot kallistuvat Helsingissä seuraavan vuoden aikana yli neljä prosenttia – Näillä alueilla hintojen nousu on hurjinta



HIFU

- HIFU = High Intensity Focused Ultrasound
- Aivojen kohdennettu ultraäänihoito
- Kajoamatonta neurokirurgiaa
- Voidaan hoitaa vain aivojen toinen puoli
- Hoidettavat sairaudet tällä hetkellä:
 - Essentiaalinen vapina
 - Parkinsonin taudin vapina

HIFU-laite

HIFU-
kypärä

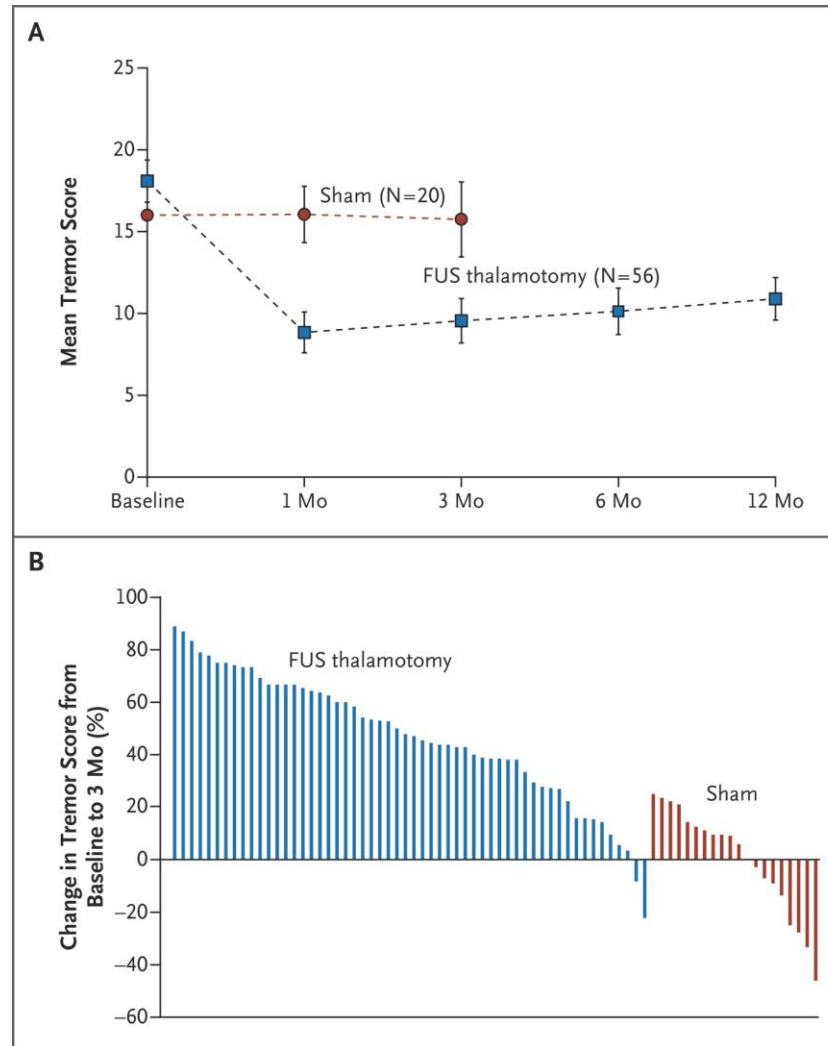


Yli tuhat UÄ-
elementtiä



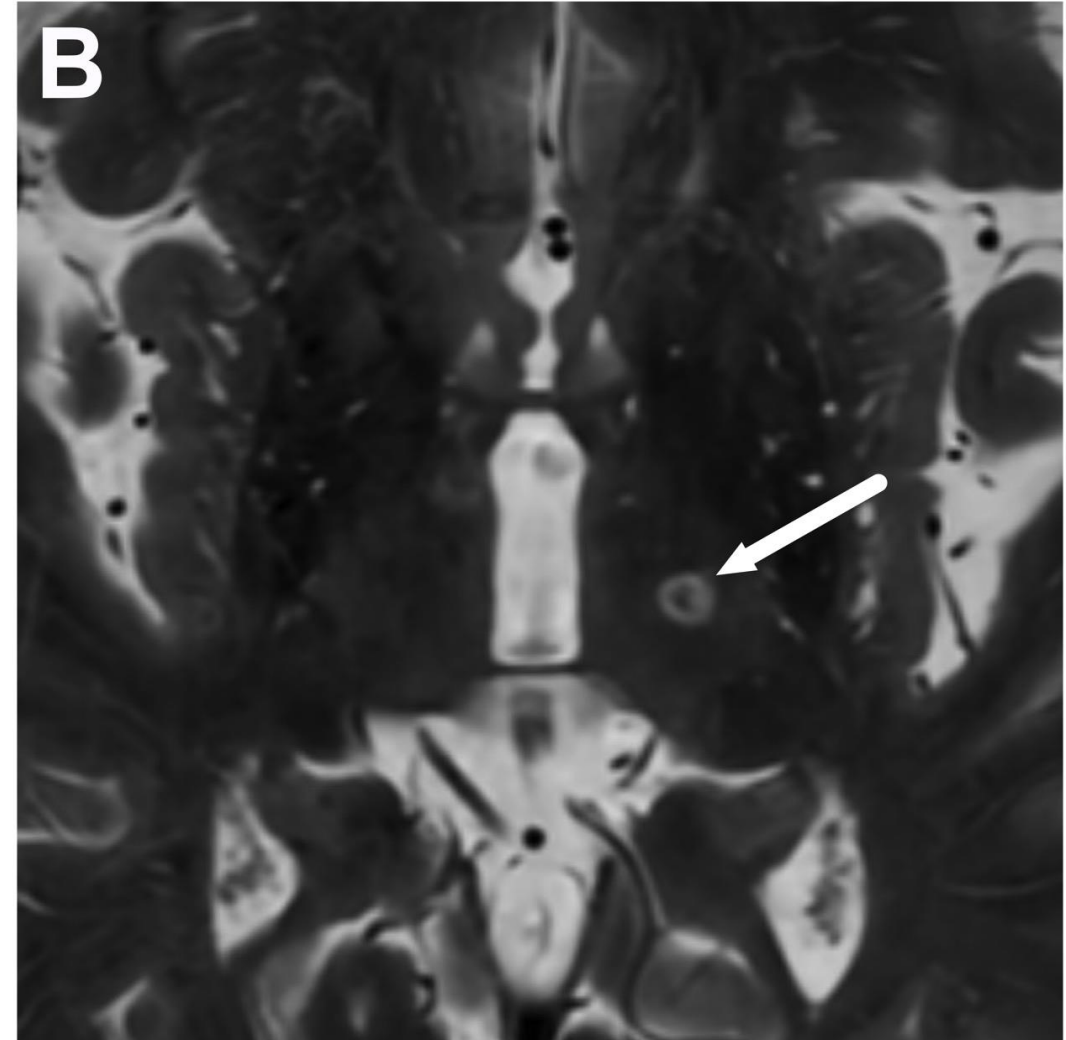
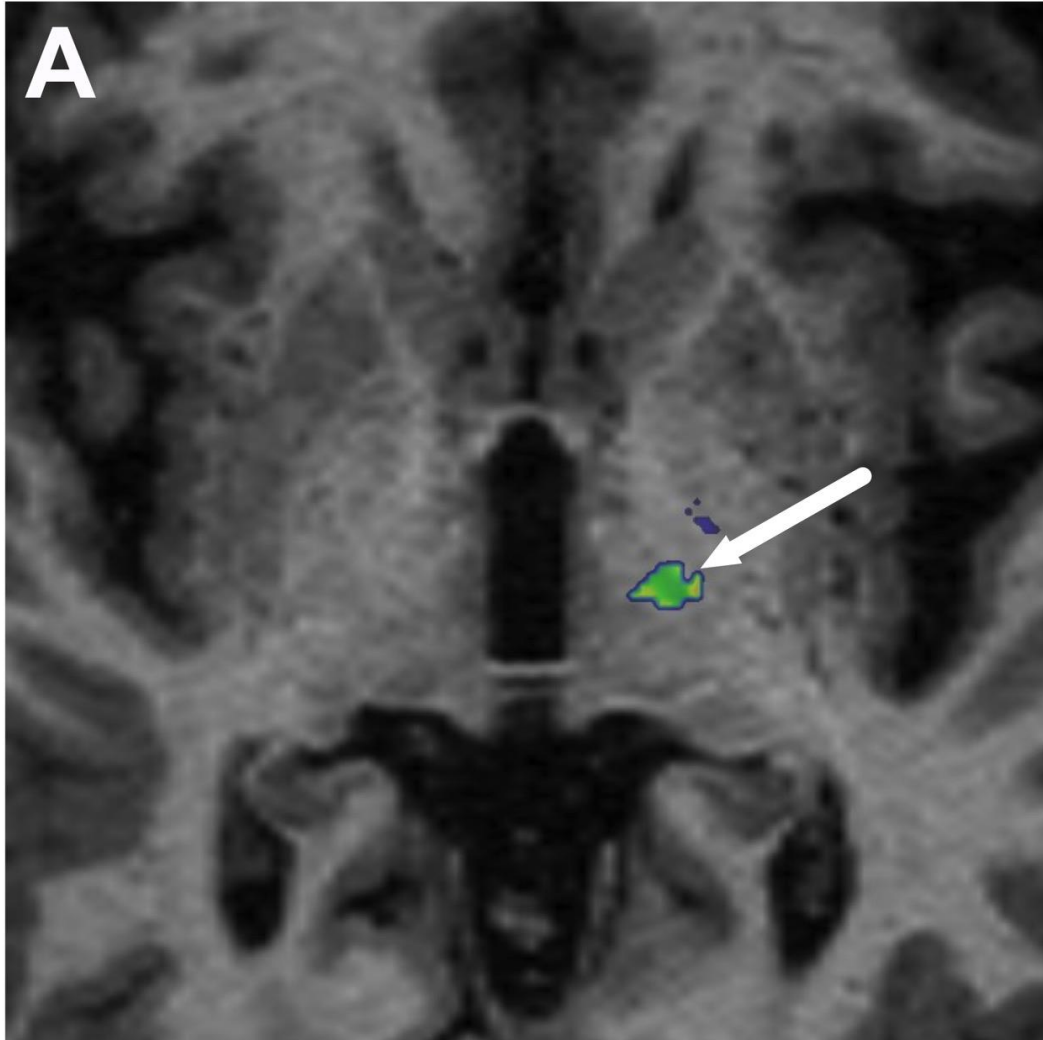
Magneettikuvaus =
hoidon “silmä”





Varoituksen sana

- Elias et al. -tutkimuksissa HIFU aiheutti jnkverran sivuvaikutuksia
- Kävelyvaikeuksia 9%:lle 12 kk kohdalla
- Tuntohäiriöitä 14%:lle 12 kk kohdalla
- Tyypillisesti lieviä ja ohittuvia



HIFU

Vasta-aiheet

- Potilaalle ei voi tehdä MRI tutkimusta (vierasesine, joka estää magneettikuvauksen, ahtaan paikan kammo, reaktio varjoaineelle)
- Aivoissa shuntti, aneurysmaklipsi, elektrodi tai muu vierasesine
- Tiedossa oleva aivokasvain, aneurysma tai verisuoniepämuodostuma
- Vuoden sisään sairastettu aivoinfarkti, aivoverenvuoto tai kouristus
- Verenvuototaipumus tai verenohennuslääke, jota ei voi tauottaa
- Skull density ratio (SDR) liian matala

Apomorfiini kielen alle (tulossa)

Apomorphine sublingual film for off episodes in Parkinson's disease: a randomised, double-blind, placebo-controlled phase 3 study



C Warren Olanow*, Stewart A Factor, Alberto J Espay, Robert A Hauser, Holly A Shill, Stuart Isaacson, Rajesh Pahwa, Mika Leinonen, Parul Bhargava, Ken Sciarappa, Bradford Navia*, David Blum, for the CTH-300 Study investigators†

Summary

Background Many patients with Parkinson's disease have potentially disabling off episodes that are not predictably responsive to levodopa. In this study we assessed the safety and efficacy of apomorphine sublingual film as an on-off switch.

Lancet Neurol 2020; 19: 135–44

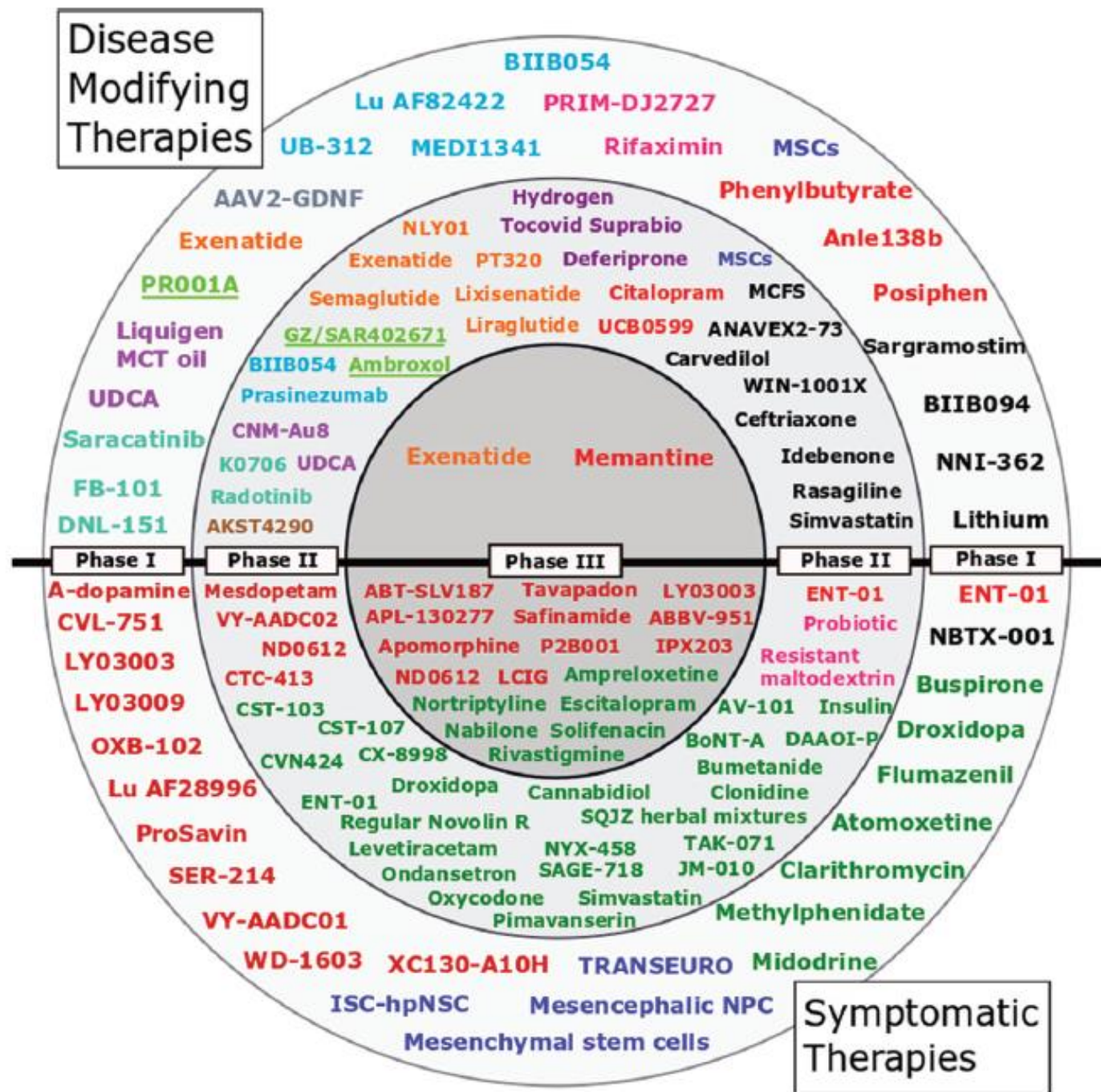
Olanow et al. *Lancet Neurol* 2020



Kliinisten tutkimusten määrä nyt

- Tällä hetkellä värvääviä Parkinson-tutkimuksia
 - Maailma: 569 tutkimusta
 - Eurooppa: 203 tutkimusta
 - (Lähde: ClinicalTrials.gov 22.09.2022)

Parkinsonin taudin kliiniset hoitotutkimukset



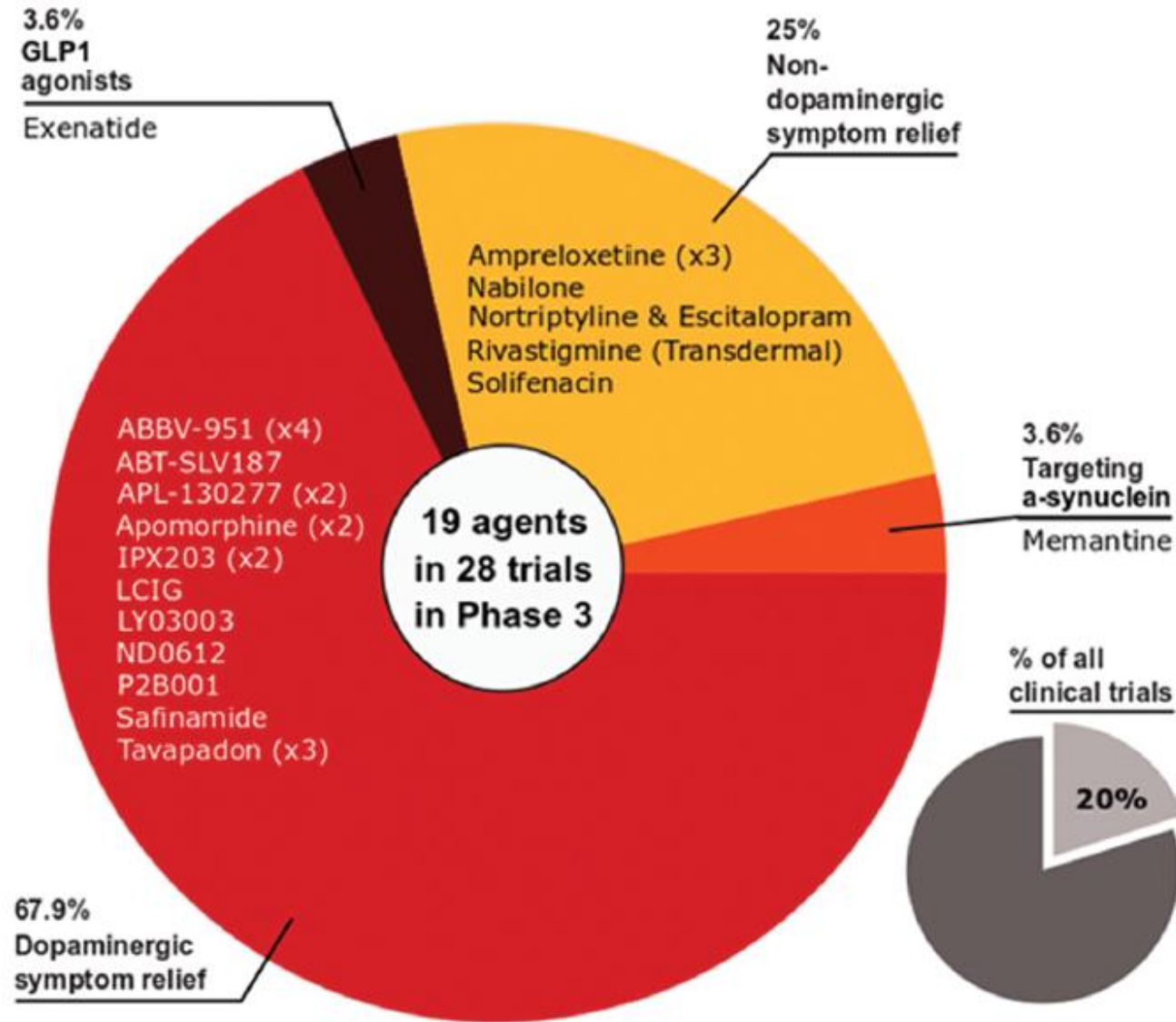


Fig. 4. A schematic of the agents in active phase 3 trials for PD, registered on clinicaltrials.gov as of February 18th 2021.

Uusia hoitoja: Levodopa ihon alle

PHARMA

AbbVie's Parkinson's pump hits goal in phase 3, setting stage for approval filings

By Nick Paul Taylor · Nov 1, 2021 12:42pm

Parkinson's disease

subcutaneous drug delivery

AbbVie



AbbVie's data landed before results on NeuroDerm's rival subcutaneous Parkinson's prospect. (AbbVie)

AbbVie's bid to cannibalize its own Parkinson's disease business has advanced, with the phase 3 [success](#) of subcutaneous, pump-delivered levodopa-carbidopa formulation ABBV-951 providing the backbone of planned approval filings.

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abbvie.com

ABBV-951 | AbbVie

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ABBV-951

ABBV-951 is subcutaneous delivery of Levodopa/Carbidopa being investigated for the treatment of Parkinson's disease.

Type of Molecule

Target

Product Type

Small Molecule

Dopamine Receptor

New Indication

(High Quality Voices)

American English



Subcutaneous Levodopa Infusion for Parkinson's Disease: 1-Year Data from the Open-Label BeyoND Study

Werner Poewe, MD,^{1*} Fabrizio Stocchi, MD, PhD,²
David Arkadir, MD, PhD,³ Georg Ebersbach, MD,⁴
Aaron L. Ellenbogen, MD,⁵ Nir Giladi, MD,⁶
Stuart H. Isaacson, MD,⁷ Karl Kieburtz, MD,⁸
Peter LeWitt, MD,⁹ C. Warren Olanow, MD,⁸ 
Tanya Simuni, MD,¹⁰ Astrid Thomas, MD, PhD,¹¹
Abraham Zlotogorski, MD,¹² Liat Adar, PhD,¹³
Ryan Case, PhD,¹³  Sheila Oren, MD,¹³
Shir Fuchs Orenbach, MD,¹³ Olivia Rosenfeld, MD,¹³
Nissim Sasson, MSc,¹³ Tami Yardeni, MSc,¹³
Alberto J. Espay, MD,¹⁴  and for the BeyoND study group

¹Department of Neurology, Medical University Innsbruck,
Innsbruck, Austria ²University and Institute for Research and
Medical Care IRCCS San Raffaele, Rome, Italy ³Department of
Neurology, The Faculty of Medicine, Hadassah Medical Center,

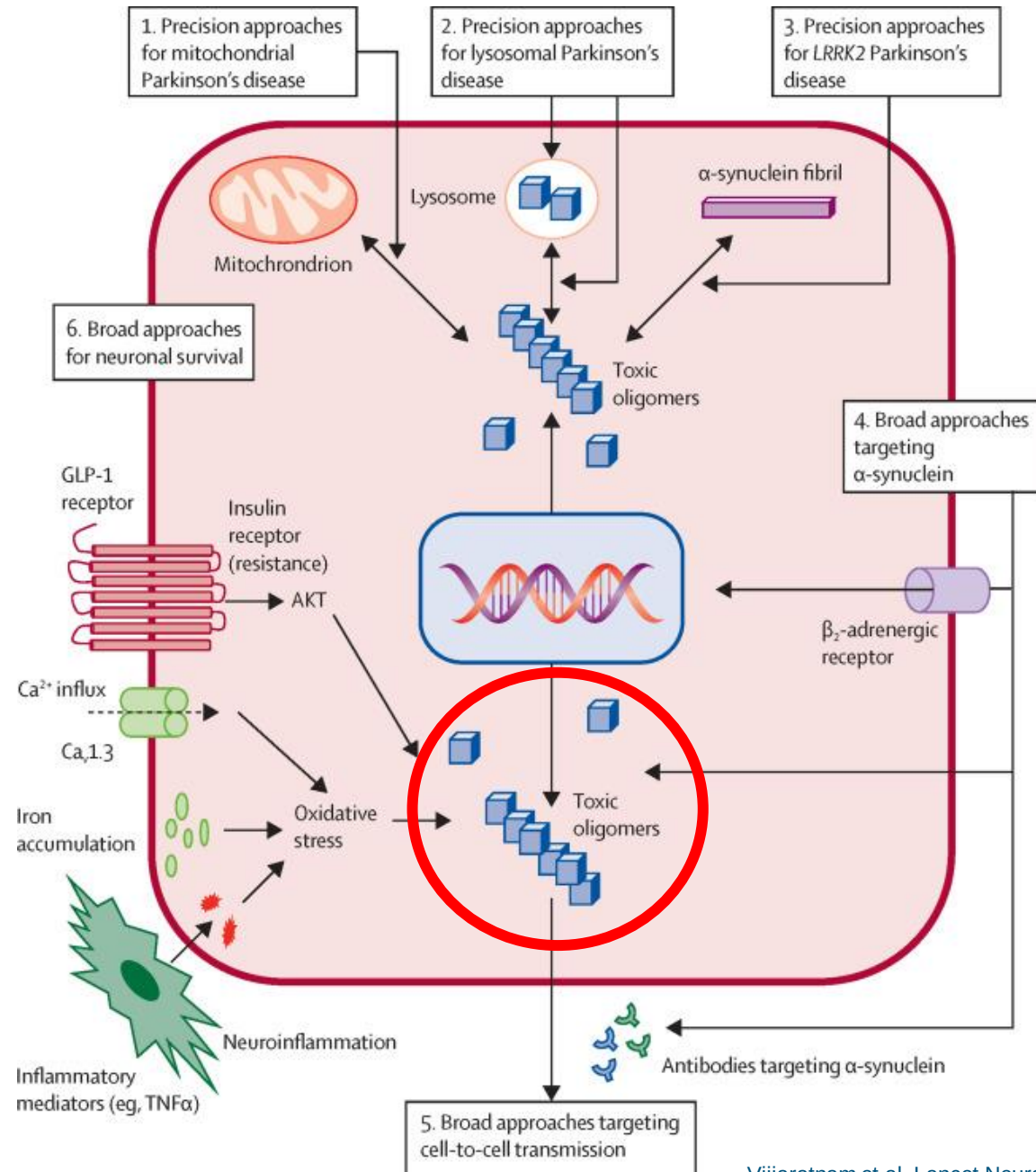
Poewe et al. Mov Disord 2021



ND0612 belt pump

A simple, daily, convenient drug pump
that delivers LD/CD to treat severe
Parkinson's disease patients.





RESEARCH SUMMARY

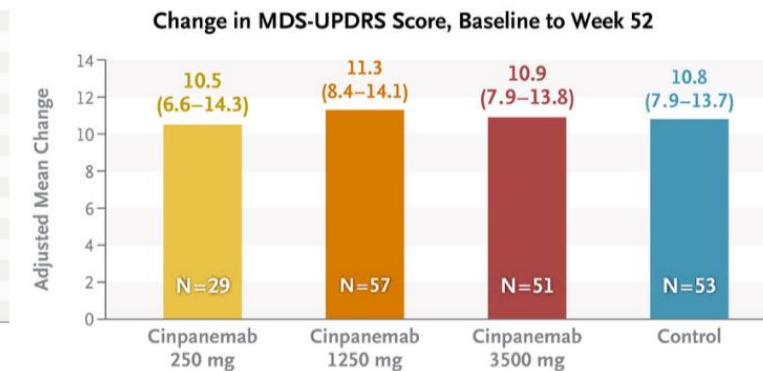
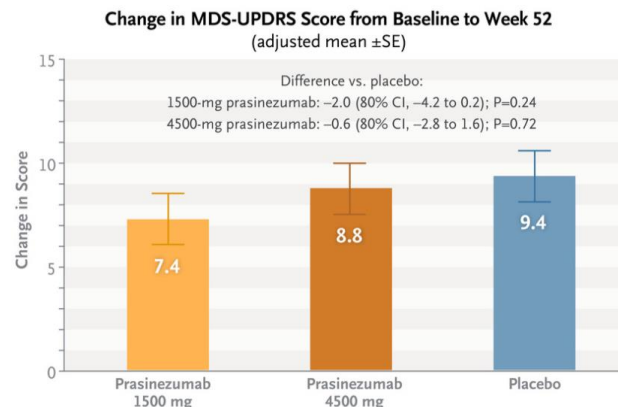
Trial of Prasinezumab in Early-Stage Parkinson's Disease

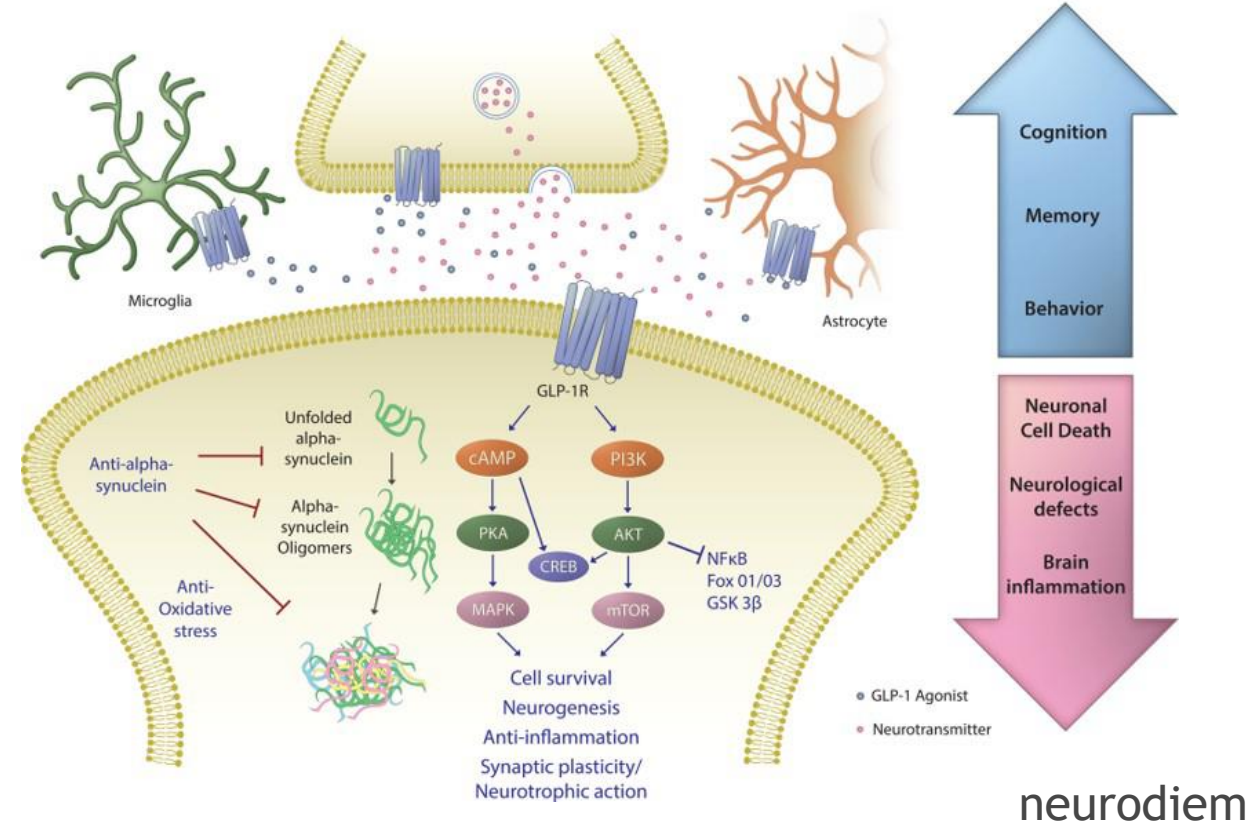
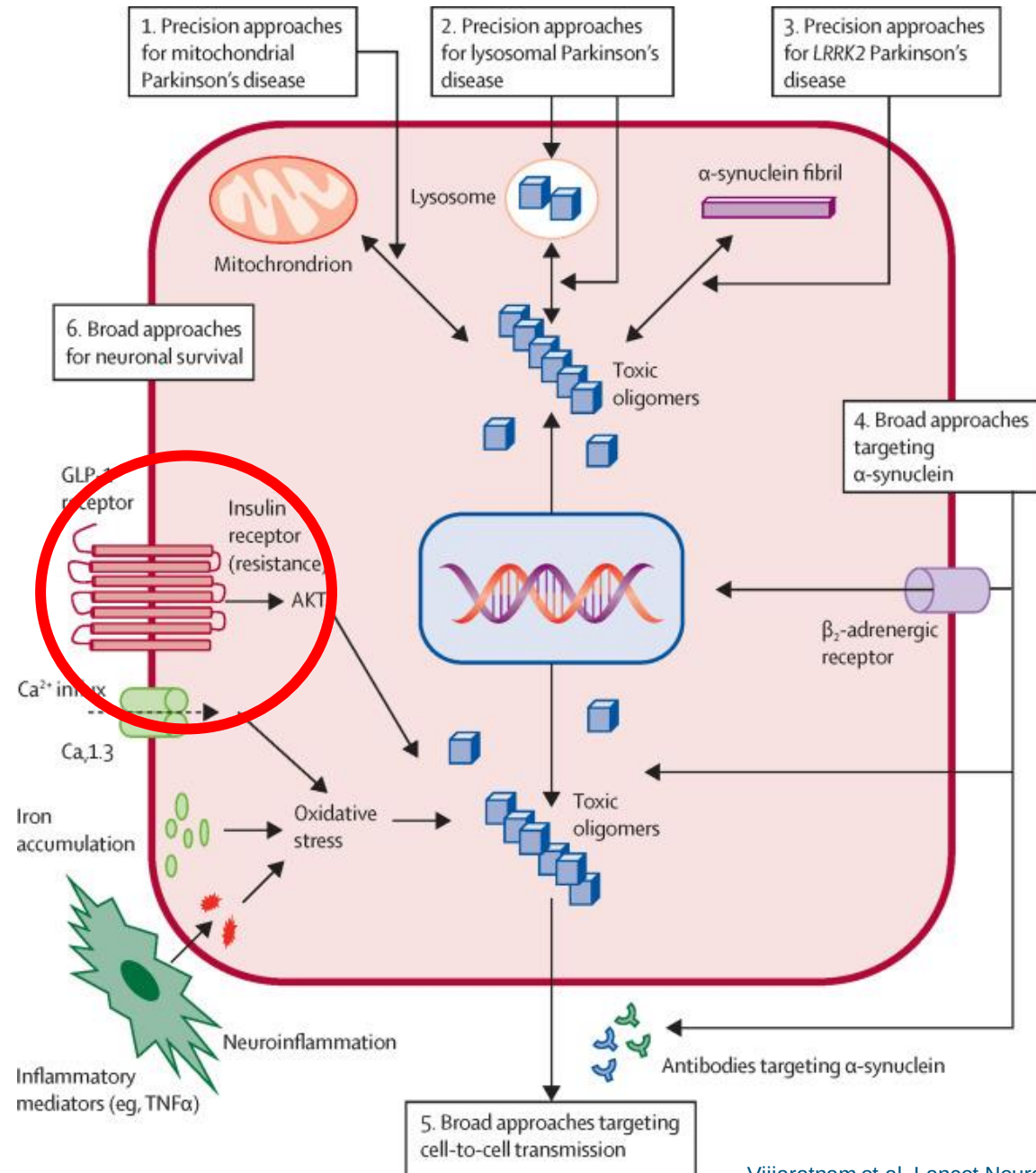
Pagano G et al. DOI: 10.1056/NEJMoa2202867

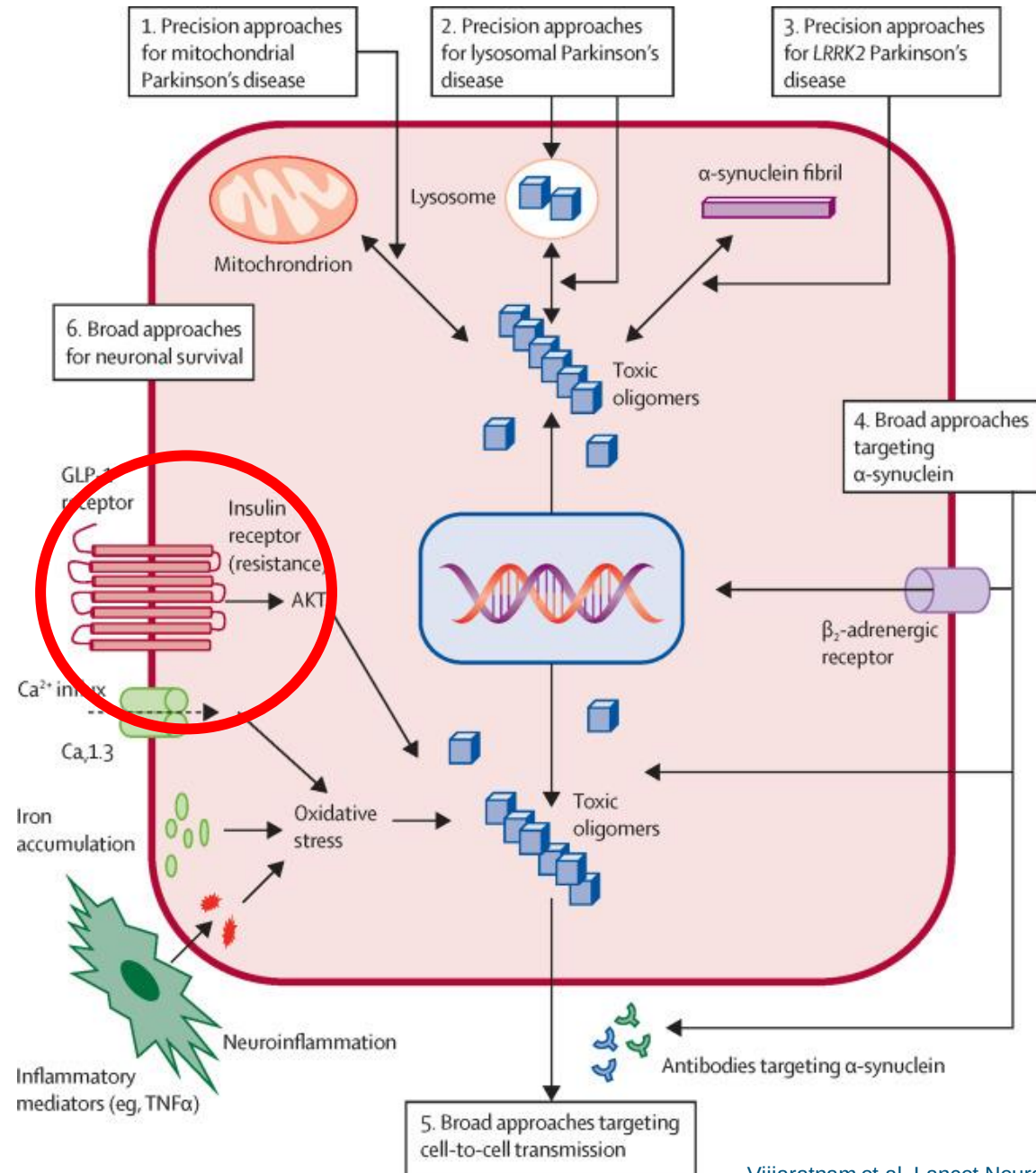
RESEARCH SUMMARY

Trial of Cinpanemab in Early Parkinson's Disease

Lang AE et al. DOI: 10.1056/NEJMoa2203395



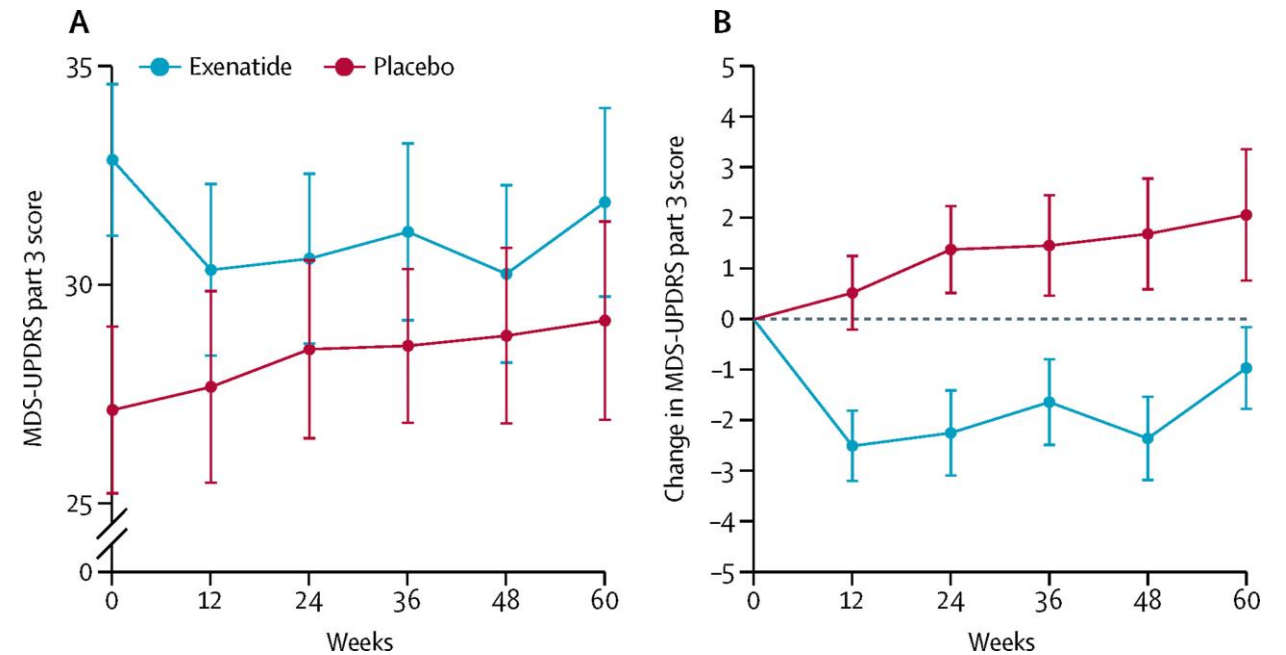




Articles

Exenatide once weekly versus placebo in Parkinson's disease: a randomised, double-blind, placebo-controlled trial

Dilan Athauda MRCP ^a, Kate MacLagan PhD ^b, Simon S Skene PhD ^b, Martha Bajwa-Joseph PhD ^b, Dawn Letchford ^b, Kashfia Chowdhury MSc ^b, Steve Hibbert MBA ^b, Natalia Budnik Vrach ^c, Luca Zampieri MSc ^c, John Dickson PhD ^d, Yazhou Li PhD ^e, Iciar Aviles-Olmos PhD ^a, Prof Thomas T Warner FRCP ^f, Prof Patricia Limousin MD ^a, Prof Andrew J Lees FRCP ^a, Nigel H Greig PhD ^g, Susan Tebbis MSc ^b, Prof Thomas Foltynie PhD ^a 



Safety, Pharmacokinetics, and Pharmacodynamics of Oral Venglustat in Patients with Parkinson's Disease and a GBA Mutation: Results from Part 1 of the Randomized, Double-Blinded, Placebo-Controlled MOVES-PD Trial

M Judith Peterschmitt¹, Hidemoto Saiki², Taku Hatano³, Thomas Gasser⁴, Stuart H Isaacson⁵, Sebastiaan J M Gaemers⁶, Pascal Minini⁷, Stéphane Saubadu⁷, Jyoti Sharma⁸, Samantha Walbillic⁷, Roy N Alcalay⁹, Gary Cutter¹⁰, Nobutaka Hattori³, Günter U Höglinger^{11,12}, Kenneth Marek¹³, Anthony H V Schapira¹⁴, Clemens R Scherzer¹⁵, Tanya Simuni¹⁶, Nir Giladi¹⁷, Sergio Pablo Sardi¹, Tanya Z Fischer¹, MOVES-PD Investigators



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BIOTECH

Sanofi flunks phase 2 Parkinson's test, culls clutch of programs

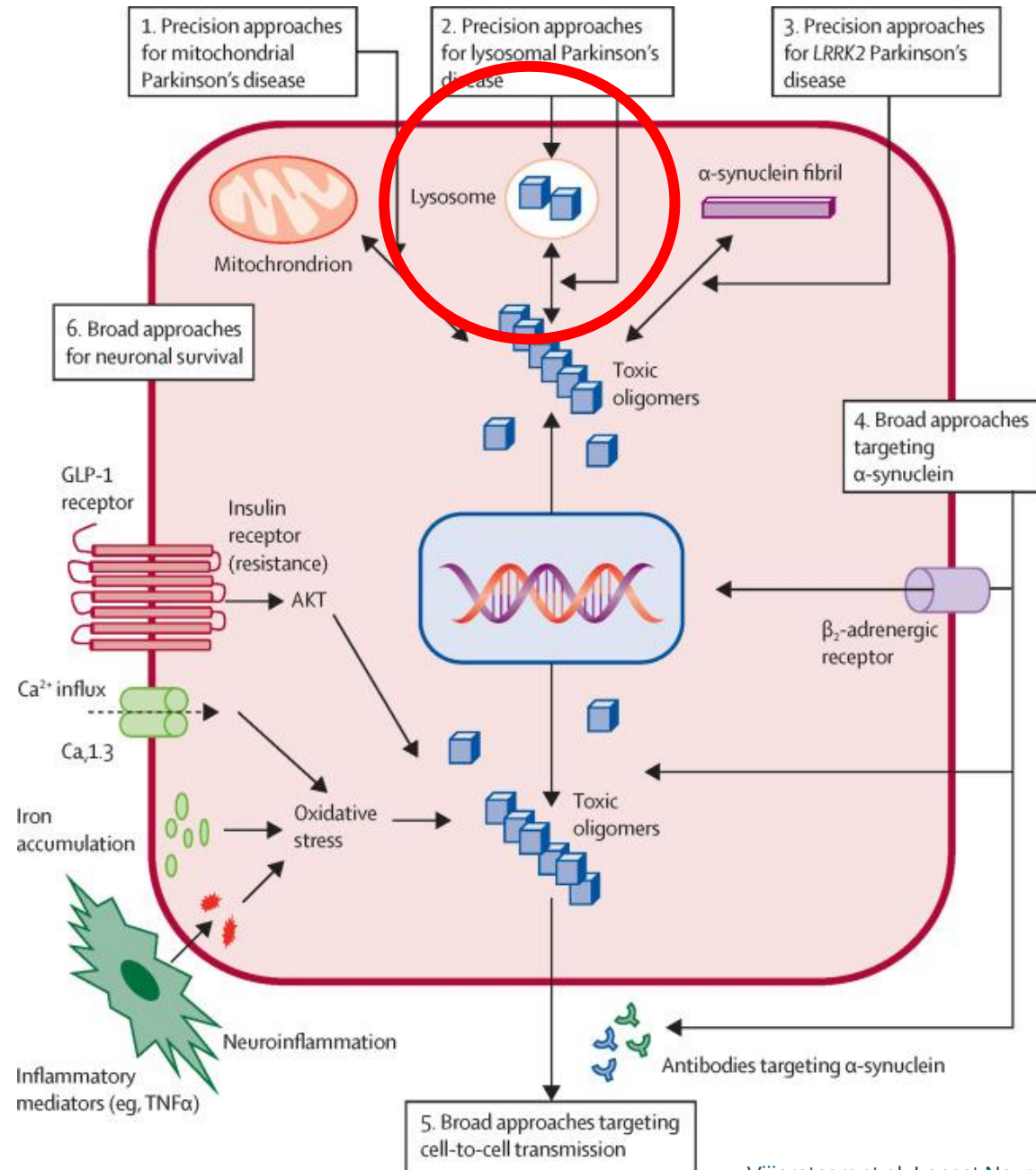
By Nick Paul Taylor · Feb 5, 2021 06:55am

central nervous system

failed trials

monoclonal antibody

Parkinson's disease





Original Investigation

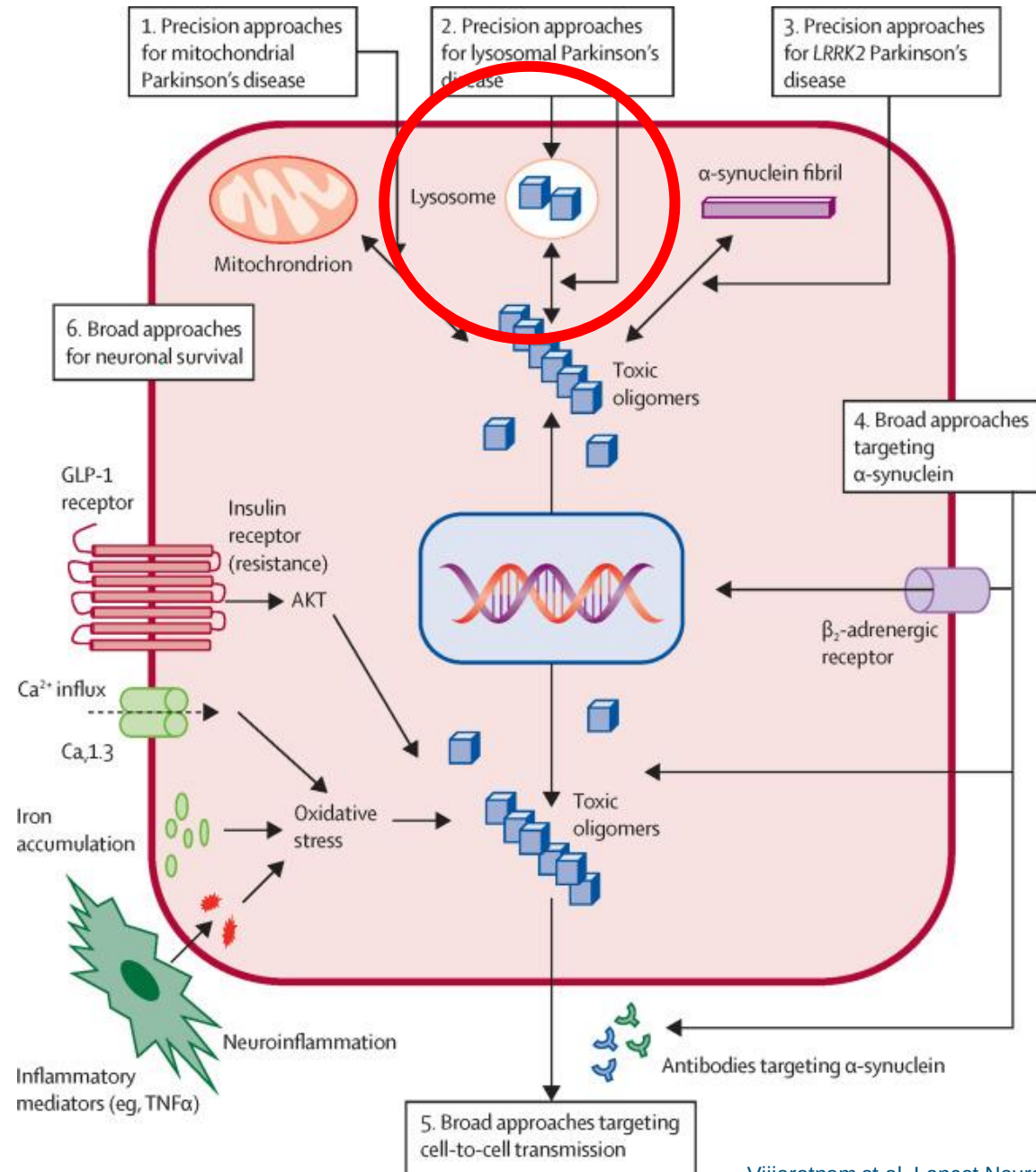
January 13, 2020

Ambroxol for the Treatment of Patients With Parkinson Disease With and Without Glucocerebrosidase Gene Mutations A Nonrandomized, Noncontrolled Trial

Stephen Mullin, PhD, MRCP^{1,2}; Laura Smith, MSc¹; Katherine Lee, MRes¹; et al

[» Author Affiliations](#) | [Article Information](#)

JAMA Neurol. 2020;77(4):427-434. doi:10.1001/jamaneurol.2019.4611





Original Investigation

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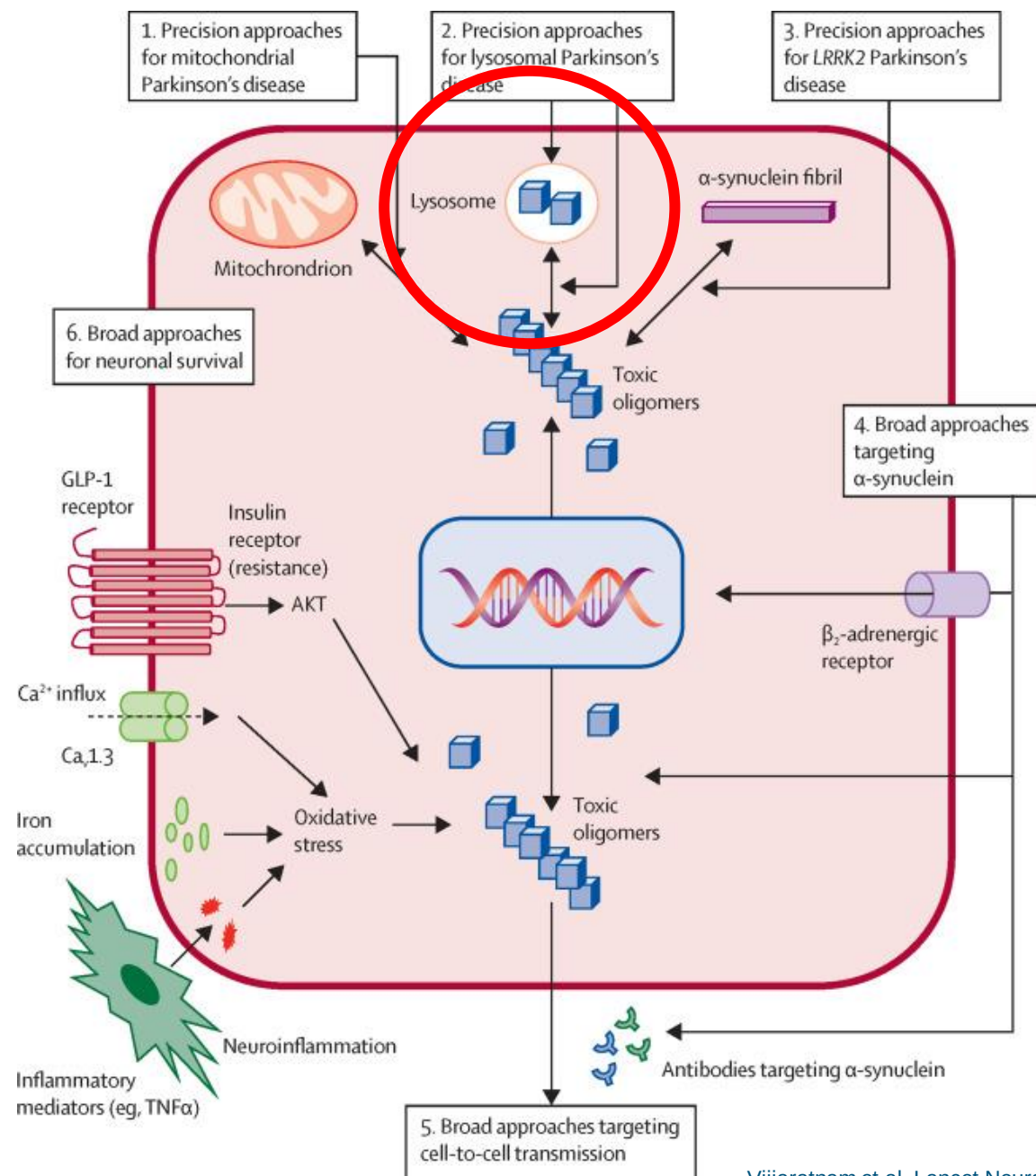
Stephen Mullin, PhD, MRCP^{1,2}; Laura Smith, MSc¹; Katherine Lee, MRes¹; et al

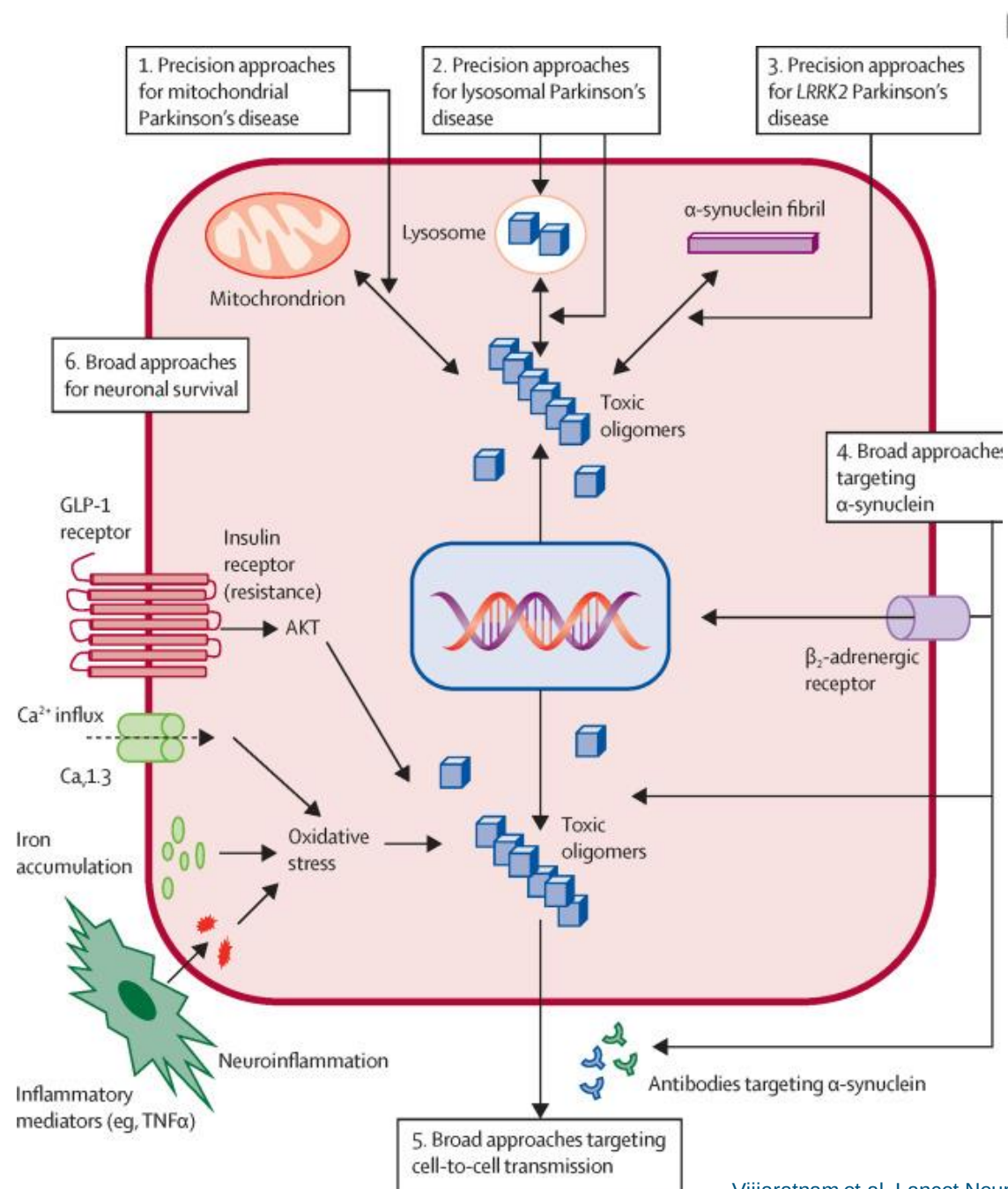
» [Author Affiliations](#) | [Article Information](#)

JAMA Neurol. 2020;77(4):427-434. doi:10.1001/jamaneurol.2019.4611

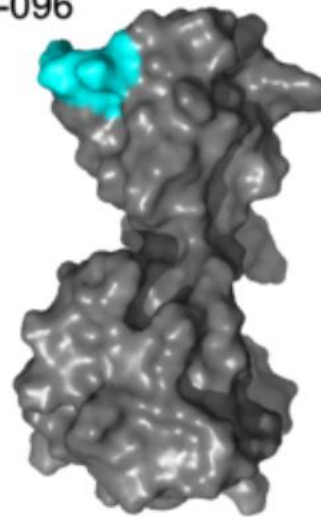
Findings In this open-label clinical trial of 17 patients with Parkinson disease, ambroxol crossed the blood-brain barrier and bound to the β -glucocerebrosidase enzyme, and it increased β -glucocerebrosidase enzyme protein levels and cerebrospinal fluid α -synuclein levels in patients both with and without glucocerebrosidase gene mutations.

Meaning Ambroxol therapy has potential for study as a neuroprotective compound for the treatment of patients with Parkinson disease both with and without glucocerebrosidase gene mutations.

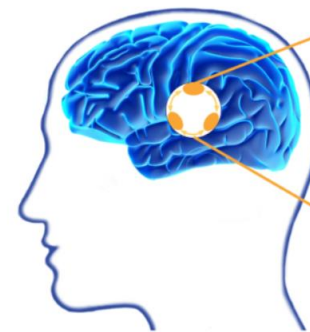




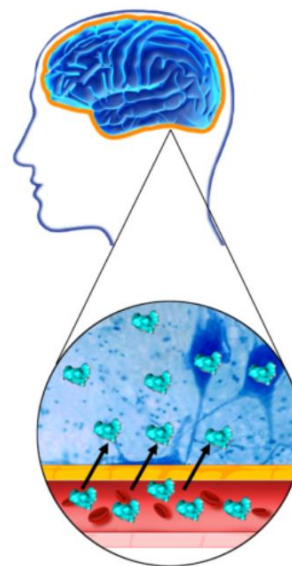
HER-096



CDNF protein



Parkinsonin taudissa rappeutuvien dopamiinia tuottavien hermosolujen sijainti



HER-096:n vapaa pitoisuus terveiden rottien aivoissa on

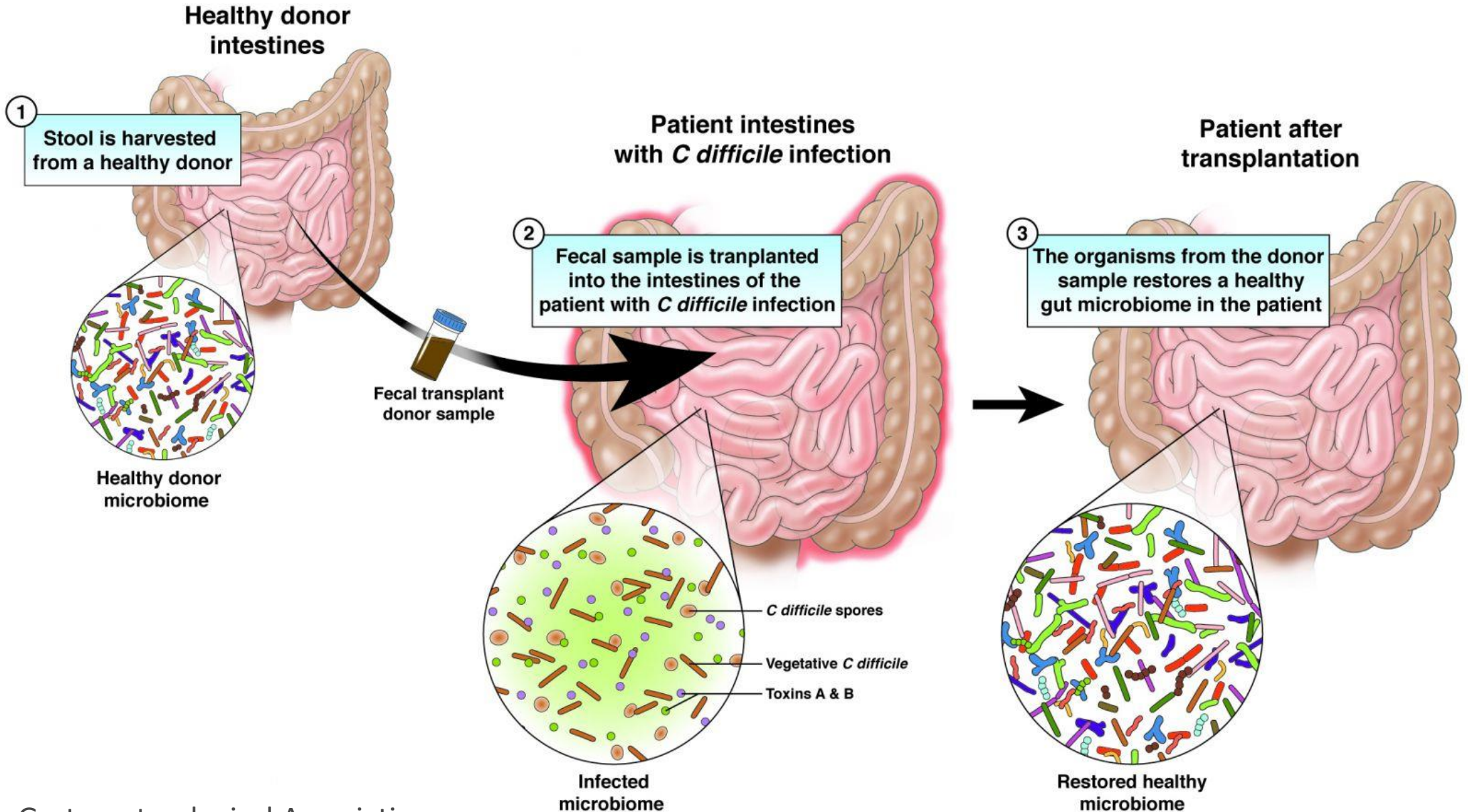
>20%

pitoisuudesta veressä yhden ihonalaisen injektion jälkeen, mikä selvästi ylittää terapeuttisen pitoisuuden

HERANTIS
PHARMA

Aava

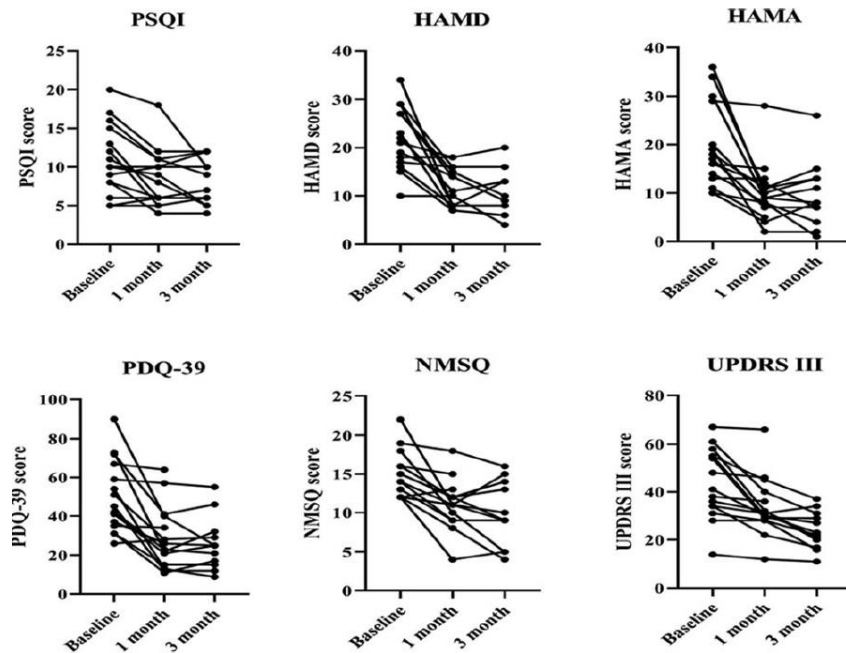
Ulosteeniirto



Ulosteesiirto Parkinsonin taudissa

Xue et al., 2020, Medicine

- Uncontrolled
- 10 via colonoscopy, 5 via NJT



Kuai et al., 2021, Microb Cell Fact

- constipated patients, uncontrolled
- 11 via NJT

Table 2 Outcome measures in the participants

	Before FMTa	6 weeks After FMT	12 weeks After FMT	p-value
BMI (mm/kg ²)	22.01 ± 1.73	23.52 ± 1.65	24.65 ± 1.09	
H-Y Grade**	2.27 ± 0.75	1.45 ± 0.82	1.09 ± 0.83	0.0023
UPDRSII Score**	11.36 ± 4.7	6.18 ± 3.6	4.90 ± 3.33	0.0036
NMSS**	22.36 ± 7.05	12.55 ± 5.54	10.36 ± 4.54	0.003
PAC-QOL score**	102.55 ± 5.05	51.27 ± 6.71	43.45 ± 5.34	< 0.0001
Wexner constipation score*	11.63 ± 3.22	8.16 ± 2.62	6.22 ± 1.03	0.0231
HCY (μmol/L)**	15.85 ± 2.89	12.74 ± 2.05	11.22 ± 1.85	0.002
Alb (g/L)	38.49 ± 3.92	40.38 ± 4.35	41.62 ± 4.26	
UA (μmol/L)	306.13 ± 75.94	282.09 ± 65.31	274.91 ± 55.73	
OCTT (min)**	150.91 ± 12.21	NA	105.45 ± 20.18	< 0.0001

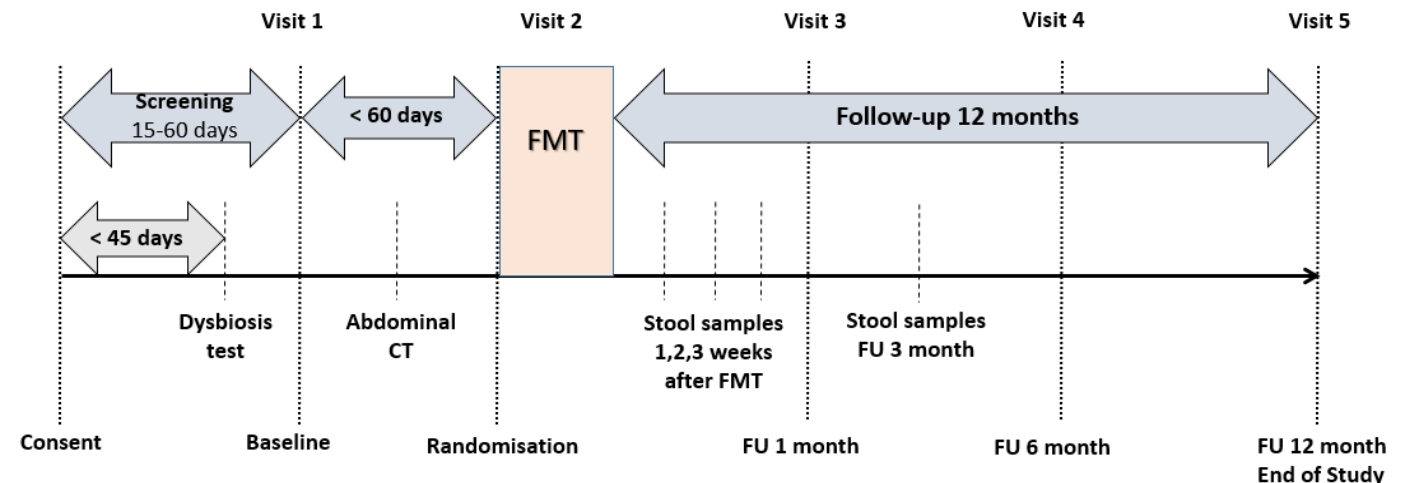
H-Y Grade: Hoehn-Yahr Grade, UPDRS II Score: Unified Parkinson's Disease Rating Scale II Score. NMSS: non-motor symptom questionnaire, BMI: body mass index (mm/kg²), HCY: homocysteine, Alb: albumen, UA: uric acid

* p < 0.05 Before FMTvs 12 weeks After FMT in the same patient

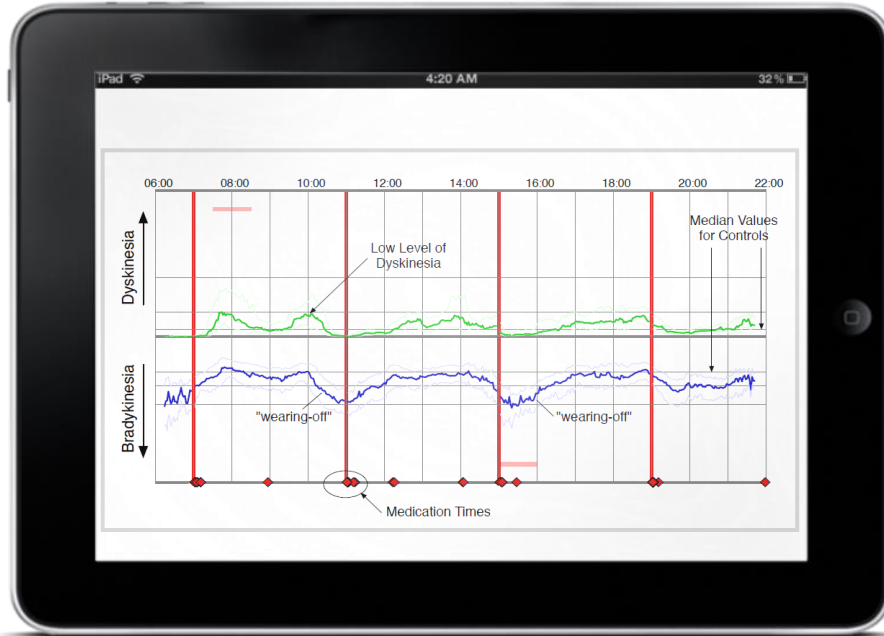
** p < 0.01 Before FMTvs 12 weeks After FMT in the same patient

STUDY DESIGN

- Randomized, double blind, biomarker-gated multicenter trial
- 48 patients randomized in 2:1 ratio to active FMT or placebo via colonoscopy
- Patients need to be positive in fecal PD-dysbiosis test
- Primary outcome measure is the change from baseline to 6-month post FMT of the sum of MDS-UPDRS I-III (part III in OFF-state).
 - Even when assuming a placebo effect of 28%, this trial is powered to detect a difference of 12.8 points between the two groups.
- Extensive secondary outcome measures related to motor and non-motor symptoms
- Extensive target engagement studies
 - Microbiota composition
 - Metabolomics
 - Gut permeability
 - Transit time
 - Biopsies
 - ...



PKG™ - Menetelmä Parkinsonin taudin motoristen oireiden objektiiviseen mittaamiseen potilaan kotona

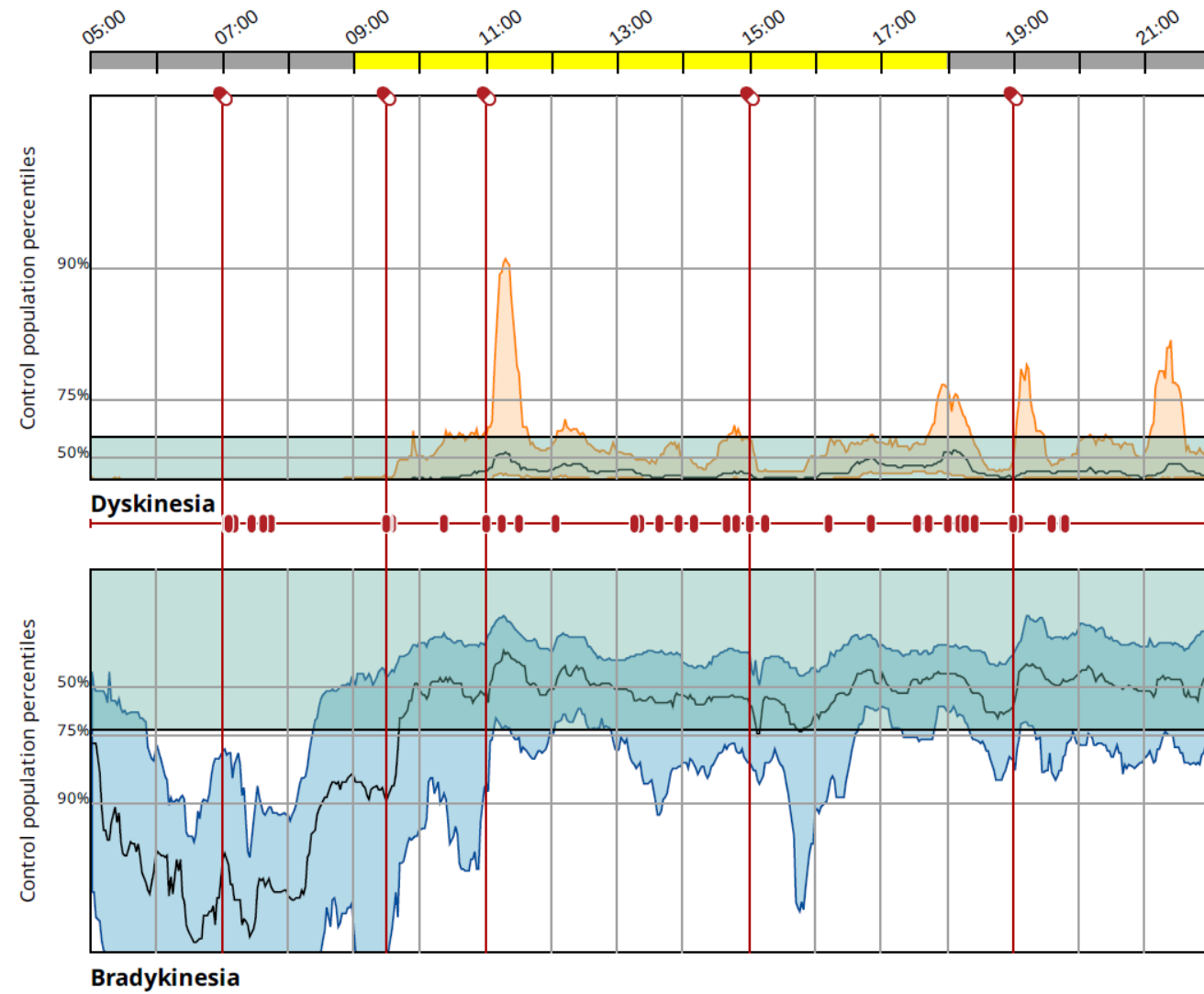


PKG™-rekisteröinnillä saadaan tietoa:

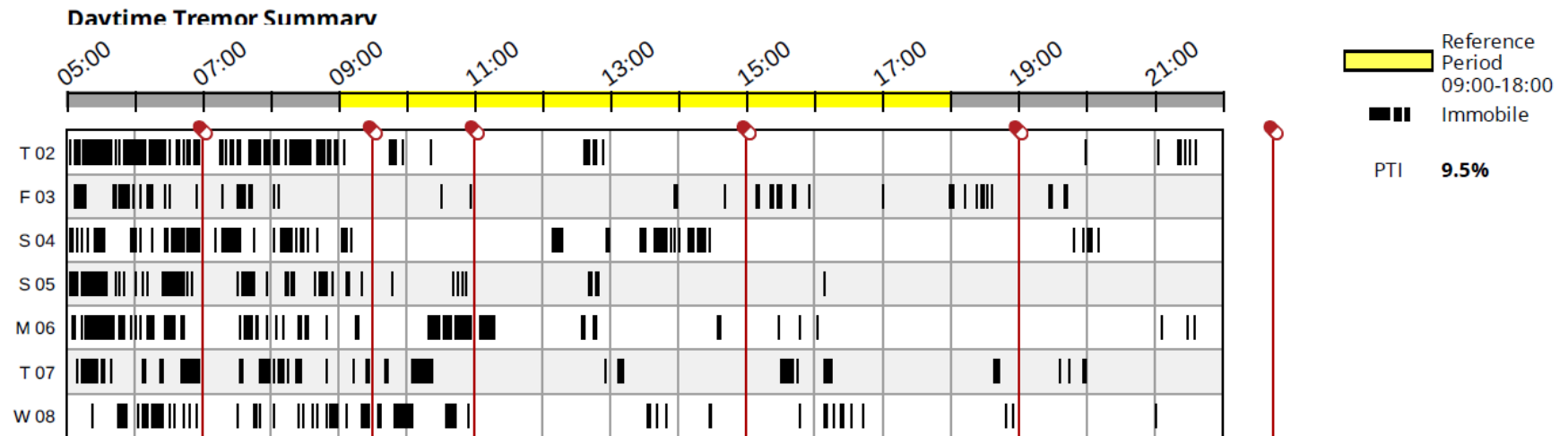
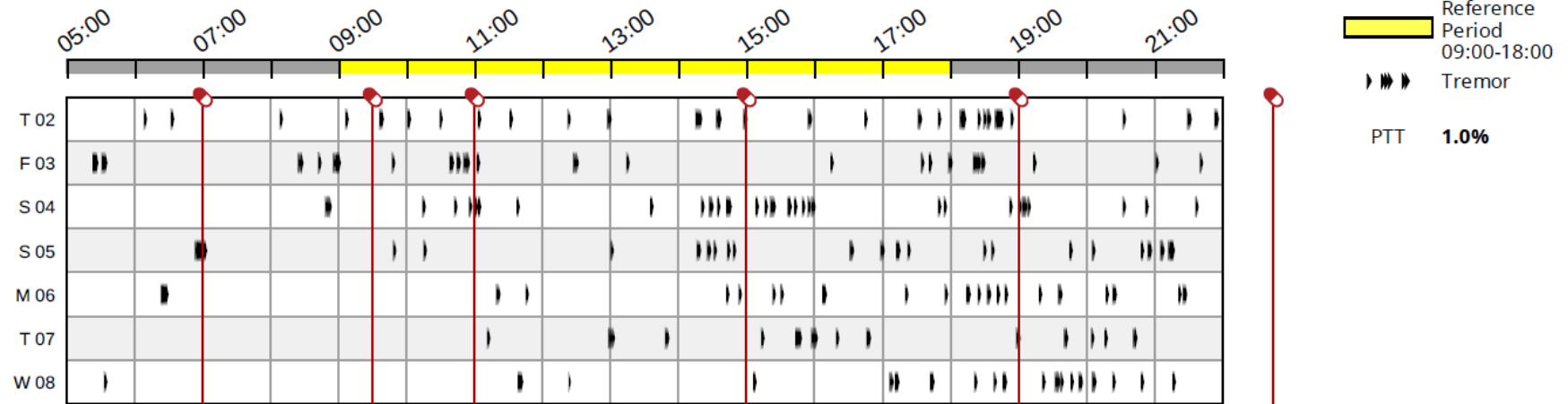
- Bradykinesian ja dyskinesian määrästä ja vaikeusasteesta
- Tilanvaihteluiden vaikeusasteesta
- Levodopan lääkevasteesta
- Vapinasta
- Päiväaikaisesta nukahtelutaipumuksesta
- Pakko-oireilusta
- Lääkitysmuutosten vaikutuksista
- Kajoaviin hoitoihin siirtymisen ajoittamisen tueksi.



PKG raportti



Daytime Summaries - Tremor + Immobility

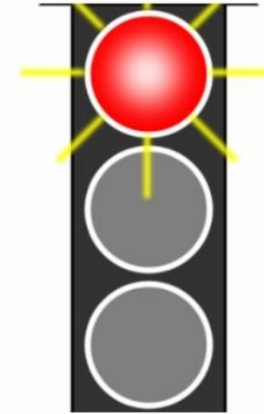
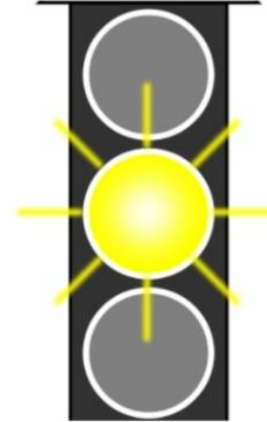
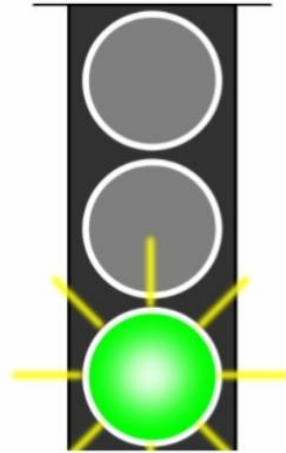


TREATING TO TARGET

REVIEW ARTICLE OPEN

Viewpoint and practical recommendations from a movement disorder specialist panel on objective measurement in the clinical management of Parkinson's disease

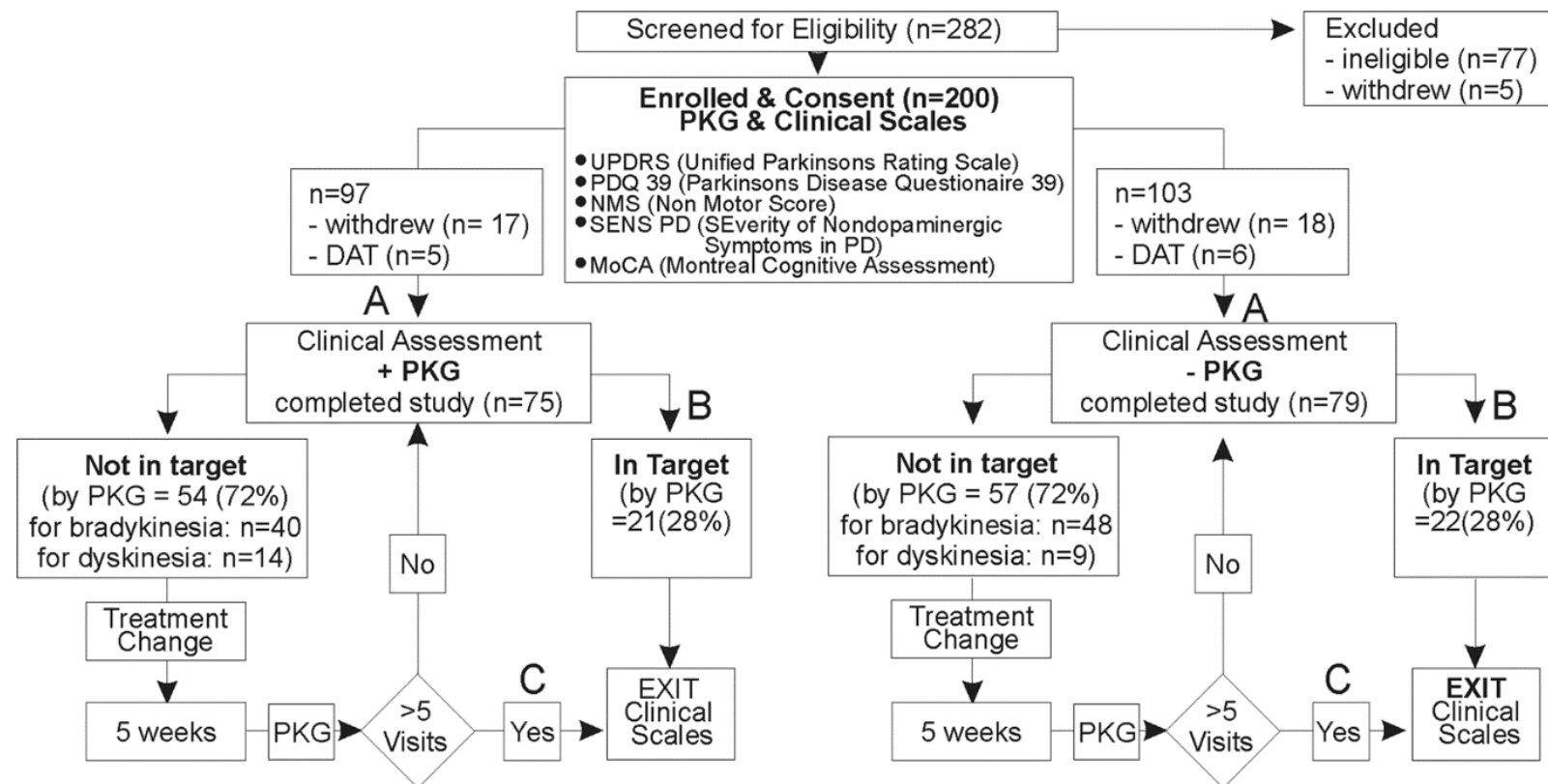
Per Odin^{1,2}, K. Ray Chaudhuri^{3,4}, Jens Volkmann⁵, Angelo Antonini⁶, Alexander Storch⁷, Espen Dietrichs⁸, Zvezdan Pirtosek⁹, Tove Henriksen¹⁰, Malcolm Horne^{11,12}, David De Vos¹³ and Filip Bergquist¹⁴



	Optimaalinen	Hyväksyttävä	Kontrollloimaton
Bradykinesia (BKS)	BKS<23	BKS 23-25	BKS>25
Dyskinesia (DKS)	DKS<7	DKS 7-9	DKS>9
Tilanjvaihtelut (FDS)	FDS<10,8	FDS 10,8-12,9	FDS>12,9

ARTICLE OPEN

A blinded, controlled trial of objective measurement in Parkinson's disease

Holly Woodrow^{1,2,17}, Malcolm K. Horne^{1,2,3,17}, Chathurini V. Fernando¹, Katya E. Kotschet³ and Treat to Target Study Group*

- Väh. 4 vuotta diagnoosista
- Väh 4 annosta levodopaa/vrk
- Ikä 59-75v

EI

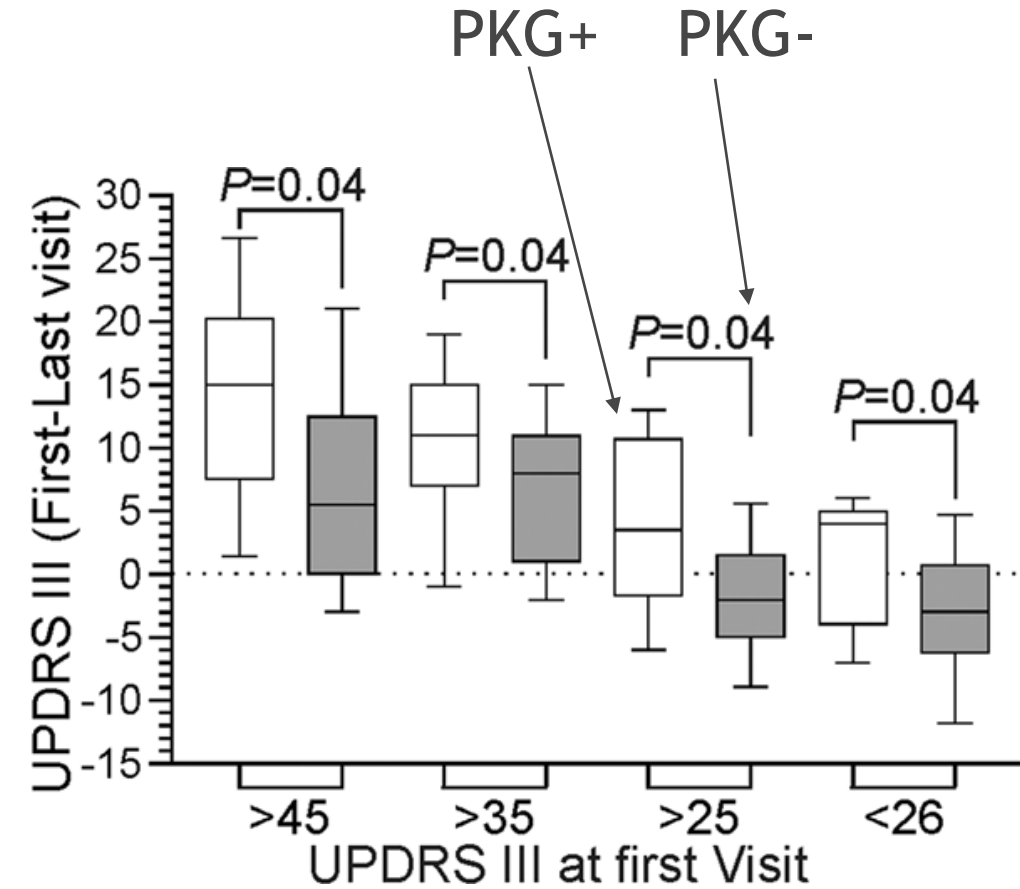
- Laiteavusteiset hoidot
- MoCa <22
- Ortostatismi tai psykoosi
- Aiempi PKG

ARTICLE OPEN

A blinded, controlled trial of objective measurement in Parkinson's disease

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	PKG+ (mean ± SD)	PKG- (mean ± SD)	P val
All participants' final scores. PKG+ vs PKG-			
UPDRS ^a Total	51.1 ± 14.8	57.4 ± 17.5	0.02*
UPDRS III	28.6 ± 8.0	33.2 ± 10.0	0.002*
PDQ39 ^b	22.2 ± 13.6	25.6 ± 18.8	0.21
SENS PD ^c	9.9 ± 4.6	11.4 ± 4.9	0.055
All participants. PKG+ (1st-last visit) vs PKG- (1st-final visit)			
UPDRS Total	8.1 ± 13.6	3.8 ± 10.2	0.07
UPDRS III	5.6 ± 8.2	1.5 ± 9.6	0.01*
PDQ39	5.1 ± 10.6	4.6 ± 9.2	0.85
SENS PD	1.1 ± 4.2	0.6 ± 9.3	0.49
Out of target at 1st visit. PKG+ (1st-last visit) vs PKG- (1st-last visit)			
UPDRS Total	10.4 ± 12.7	3.1 ± 9.9	0.0019*
UPDRS III	7.1 ± 7.0	1.8 ± 9.9	0.0004*
PDQ39	6.1 ± 9.8	4.0 ± 8.5	0.335
SENS PD	1.7 ± 4.2	0.8 ± 9.1	0.26
Bradykinesia at 1st visit. PKG+ (1st-last visit) vs PKG- (1st-last visit)			
UPDRS Total	12.7 ± 12.2	4.8 ± 10.3	0.0027*
UPDRS III	8.6 ± 8.3	2.6 ± 9.8	0.0008*
PDQ39	6.8 ± 11.2	2.9 ± 8.8	0.065
SENS PD	2.2 ± 4.5	0.4 ± 9.6	0.052

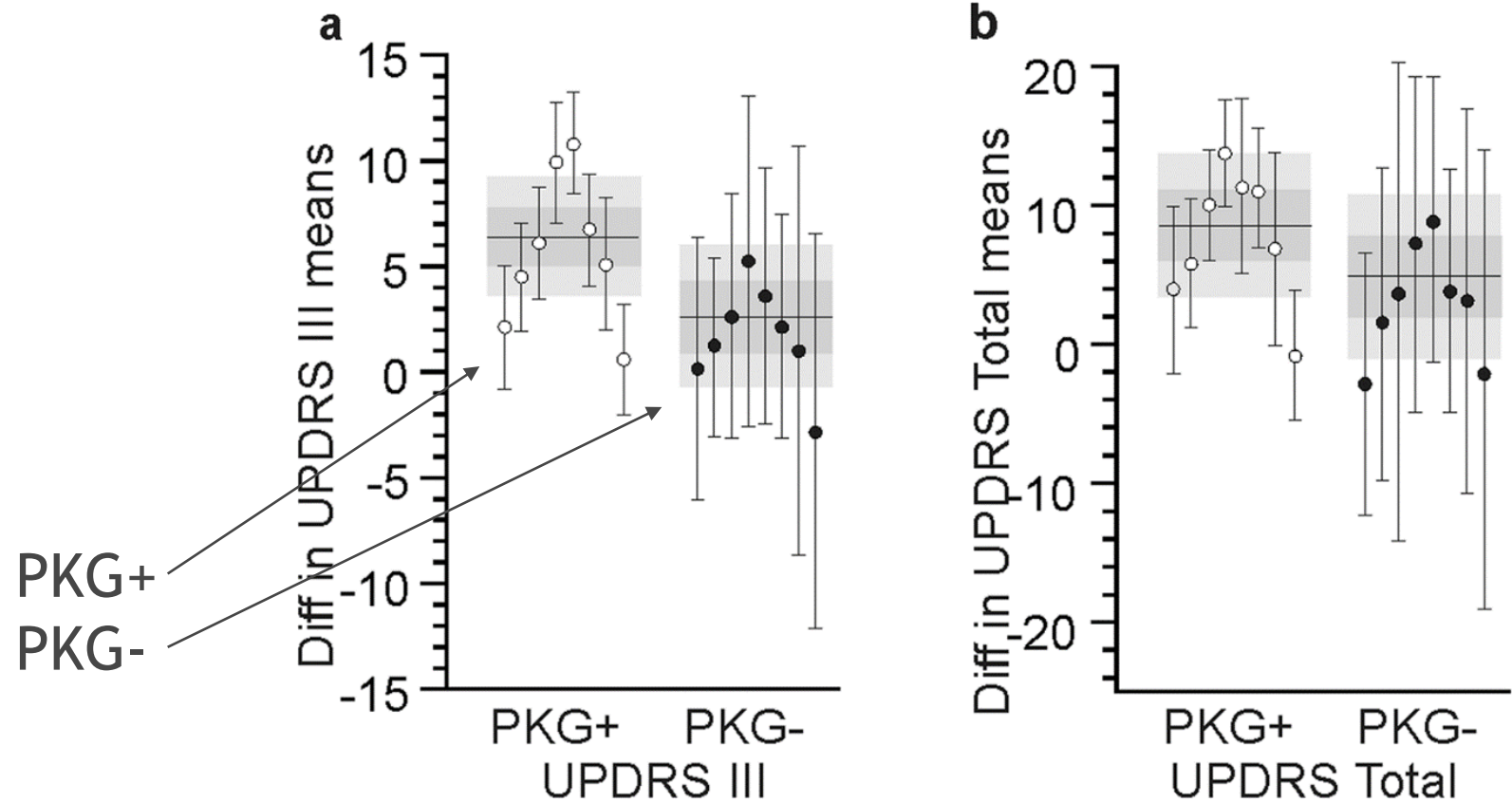


ARTICLE OPEN

A blinded, controlled trial of objective measurement in Parkinson's disease

Holly Woodrow^{1,2,17}, Malcolm K. Horne^{1,2,3,17}✉, Chathurini V. Fernando¹, Katya E. Kotschet³ and Treat to Target Study Group*

UPDRS muutokset
eriteltyinä
lääkärin mukaan





Comparing subjective and objective response to medications in Parkinson's disease patients using the Personal KinetiGraph™

Erik Krause, Jaskaren Randhawa, Raja Mehanna*

UT MOVE, University of Texas Health Science Center at Houston Mc Govern Medical School, Houston, TX, USA

Results: 170 PKG results were reviewed. PKG complemented patient input in 82.9%(141/170) and led to medication changes in 71%(100/141) of the complemented inputs. PKG contributed the least to correcting or complementing patients' input when patients self-reported as undertreated (22%) and the most when patient were unable to answer all questions regarding motor response to individual doses (100%) (Fisher, $p < 0.0001$). The majority of patient undergoing 3 or 4 PKG encounters did not reach a controlled state as defined by PKG until the 3rd or 4th encounter, suggesting that repeated use of the PKG might be needed to help optimize motor control as therapy changes done after one encounter might not be enough.

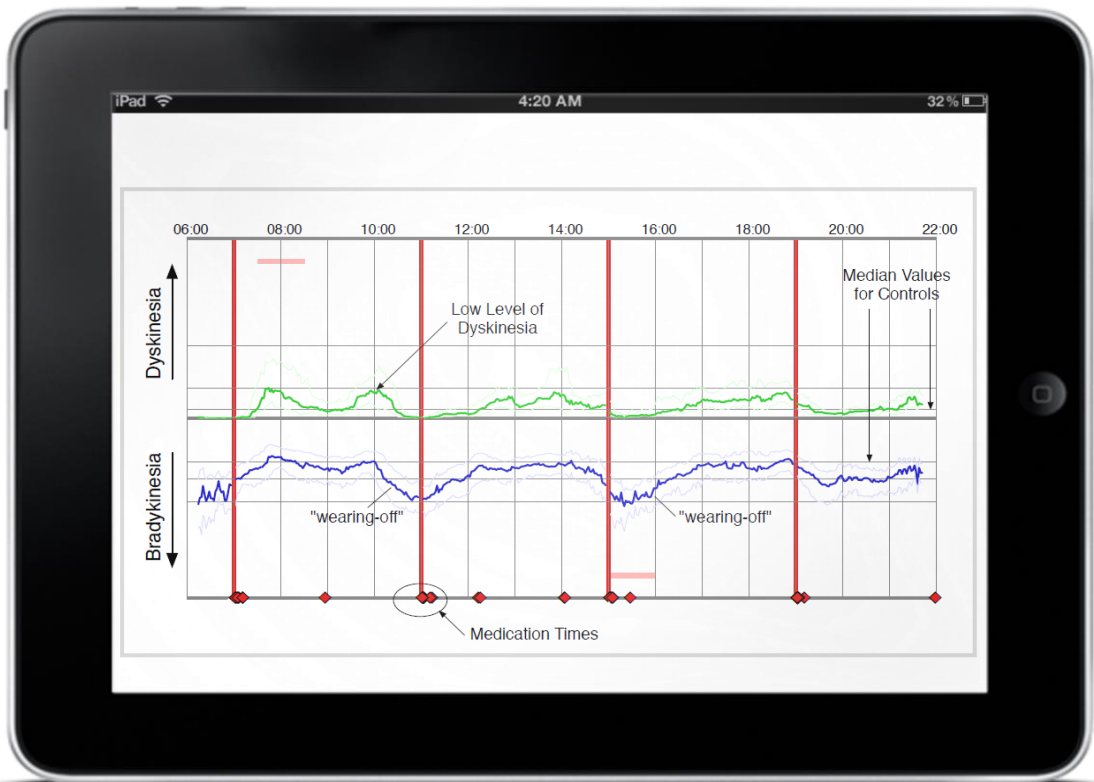
Conclusions: PKG might be useful in supplementing patient-provided information for accurate assessment and treatment plan.

- 1 Patient was unable to give all characteristics of response to individual doses of medication (latency from medication intake to initial therapeutic effect, percentage of improvement in the ON phase, duration of benefit/wearing off before the next dose, presence, timing and severity of dyskinesia).
- 2 Patient did not feel any response to medication individual doses but overall felt better.
- 3 Patient felt no response at all to medication, i.e. considered him/herself undertreated.
- 4 Patient was able to give all characteristics of response to individual doses of medication.

Impact of PKG results on assessment and management.

Category	Number of PKG encounters	PKG modified patient input	Treatment changed after PKG (%)
1	46	46 (100%)	25 (54%)
2	28	24 (86%)	19 (79%)
3	18	4 (22%)	0 (as these patient felt uncontrolled but were found to be adequately controlled on PKG and thus did not require medication change)
4	78	67 (86%)	56 (including 4 DBS programming) (84%)
Total	170	141 (83%)	100 (71%)

PKG - Menetelmä Parkinsonin taudin motoristen oireiden objektiiviseen mittaamiseen potilaan kotona



PKG™-menetelmän etuja:

- Helpottaa keskustelua potilaan kanssa ja päätöksentekoa.
- Objektiivista tietoa pitkältä aikajaksolta.
- Riippumaton henkilökohtaisista tulkinnoista.
- Vastaanotolla jää enemmän aikaa keskittyä Parkinsonin taudin kokonaisvaltaiseen hoitoon.
- Oikea hoito oikeaan aikaan.
- Parempi hoitotasapaino parantaa elämänlaatua ja vähentää uusintakäyntejä.

•TREAT TO TARGET