



INTERNATIONAL

*Figure Skating
Competition*

Kouvola, Finland

ISU evaluation**Springs A (girls and boys)**

Free skating, duration: 2 min 30 sec +/- 10 sec

- max. 5 jump elements – one of them must be an Axel type jump
- max. 2 jump combinations or jump sequences
 - three different double jumps required, all double jumps can be attempted
 - 1 jump combination with 3 jumps allowed, another combination with max two jumps
 - all single and double jumps, incl. 1A and 2A, are allowed only twice (jumps do not need to be done in a jump combination or jump sequence)
- maximum of 3 spins, each with different abbreviations
 - one spin combination with or without change of foot (min 8 revs)
 - must include a minimum of 2 different basic positions with 2 revs in each of these positions
 - basic positions can be anywhere within the spin
 - one spin on one foot and in one position (min 5 revs)
 - may start with a jump
 - one spin with a different abbreviation than the two mentioned above
 - a spin with one position and one foot = 5 revs, a spin combination and a change foot spin = 8 revs
 - a spin combination must include a minimum of 2 different basic positions with 2 revs in each of these positions anywhere within the spin
 - basic positions can be anywhere within the spin
- maximum of 1 step sequence fully utilizing the skating area
- minimum of 2 unsupported spirals, both on edge and one must last at least 3 secs
 - evaluated in transitions (ISU evaluation)
 - 0,5 point reduction for a missing spiral, or if the spiral position is not reached, or if the spiral is not on edge or is too short.
- vocal music with lyrics is allowed
- the program component factor is 1,2 and the deduction of a fall is 0,5
- in the second half of the programme, the base value of all jump elements will be multiplied by 1.1

Debutants Free Skating, duration: 3 min +/- 10 sec (girls), 3 min 30 sec +/- 10 sec (boys)

- girls max. 10 elements, boys max. 11 elements
- girls max. 6, boys max 7 jump elements - one of them must be an Axel type jump

- at least 1 jump combination or jump sequence, max 3 jump combinations or jump sequences (max one with 3 jumps, two with max 2 jumps)
- only 2 jumps with 3 or more revs can be repeated either in a jump combination or in a jump sequence
 - if at least the other jump is in a jump combination or sequence, both jumps will be evaluated normally
 - if both jumps are executed as solo jumps, the second jump will get 70 % of the normal value
 - any single and double jump, including 1A and 2A, are allowed only twice in total (jumps do not need to be executed in jump combinations or sequences)
- at least 4 different double jumps
- maximum of 3 spins with different ISU abbreviations
 - 1 spin combination with or without change of foot (min 8 revs). The spin must include at least two different basic positions with at least 2 revs in each of these positions. Basic positions may take place at any stage of the spin
 - 1 camel spin with one change of foot (min 4 revs by each foot)
 - Flying spin (min 5 revs in landing position). No change of foot and position.
- step sequence fully utilizing the ice surface
- minimum of **2 spirals**, both on edge and one must last at least 3 sec
 - evaluated in transitions
 - 0.5 points deduction for every missing spiral
 - deduction (-0.5 points) will also be made if no spiral has been attempted, if the foot is lower than the hip, if a spiral is not on edge or if a spiral is too short
- Bonus: Three most valuable jumps are rewarded, for 2A bonus is 2.0 points and for triple jumps 3.0 points, also for 3Fe and 3Lze. The maximum bonus is 9.0 points.
- the programme component factor is 1.5.
- in the second half of the programme, the base value of all jump elements will be multiplied by 1.1
- vocal music with lyrics is allowed

Novice B Free Skating, duration: 3 min +/- 10 sec (girls), 3 min 30 sec +/- 10 sec (boys)

- girls max. 10 elements, boys max. 11 elements
- girls max. 6, boys max 7 jump elements - one of them must be an Axel type jump
- at least 1 jump combination or jump sequence, max 3 jump combinations or jump sequences (max one with 3 jumps, two with max 2 jumps)
- only 2 jumps with 3 or more revs can be repeated either in a jump combination or in a jump sequence
 - if at least the other jump is in a jump combination or sequence, both jumps will be evaluated normally
 - if both jumps are executed as solo jumps, the second jump will get 70 % of the normal value
 - any single and double jump, including 1A and 2A, are allowed only twice in total (jumps do not need to be executed in jump combinations or sequences)
- at least 3 different double jumps
- maximum of 3 spins with different ISU abbreviations
 - 1 spin combination with or without change of foot (min 8 revs). The spin must include at least two different basic positions with at least 2

- 1 spin on one foot and in one position, may start with a jump (min 5 revs)
 - 1 spin with a different abbreviation than the two above mentioned. A spin on one foot and in one position (min 5 revs) or a spin combination or a spin with change of foot (min 8 revs). A spin combination must include at least two different basic positions with at least 2 revs in each of these positions. Basic positions may take place at any stage of the spin
- step sequence fully utilizing the ice surface
- minimum of 2 spirals, both on edge and one must last at least 3 sec
 - evaluated in transitions
 - 0.5 points deduction for every missing spiral.
 - deduction (-0.5 points) will also be made if no spiral has been attempted, if the foot is lower than the hip, if a spiral is not on edge or if a spiral is too short
- the programme component factor is 1.5.
- in the second half of the programme, the base value of all jump elements will be multiplied by 1.1
- vocal music with lyrics is allowed

Novice A Free Skating, duration: 3 min +/- 10 sec (girls), 3 min 30 sec +/- 10 sec (boys)

- girls max 9 elements, boys max 11 elements
- girls max 6 jump elements, boys max 7 jump elements
 - 1 must be Axel type of jump
 - maximum of 2 jump combinations or jump sequences (max one with 3 jumps, one with max 2 jumps)
 - only 2 jumps with 3 or more revolutions can be repeated either in a jump combination or in a jump sequence
 - if at least the other jump is in a jump combination or sequence both jumps will be evaluated normally
 - if both jumps are executed as solo jumps, the second jump will get 70 % of the normal value
 - any single and double jump, including 2A, cannot be executed more than twice in total (jumps do not need to be executed in jump combinations or sequences)
- maximum of 2 different spins of different nature
 - 1 spin must be a spin combination (min 10 revs). The spin must include at least two different basic positions with at least 2 revs in each of these positions. Basic positions may take place at any stage of the spin
 - the other spin should be a flying spin or a spin with a flying entrance (min 6 revs)
- maximum of 1 step sequence fully utilizing the ice surface
- level 4 of difficulty is permitted (spins, step sequence)
- Bonus: Three most valuable jumps are rewarded, for 2A bonus is 2.0 points and for triple jumps 3.0 points, also for 3Fe and 3Lze. The maximum bonus is 9.0 points.
- the factors for the five different program components are for boys 2.0 and for girls 1.6.
- in the second half of the programme, the base value of all jump elements will be multiplied by 1.1

Junior B Free Skating, duration max 3 min 40 sec

- max 11 elements
- max 7 jump elements
 - 1 Axel type of jump
 - at least 1 and max 3 jump combinations or jump sequences (max one with 3 jumps, two with max 2 jumps)
 - only 2 jumps with 3 or more revolutions can be repeated either in a jump combination or in a jump sequence
 - if at least the other jump is in a jump combination or sequence both jumps will be evaluated normally
 - if both jumps are executed as solo jumps, the second jump will get 70 % of the normal value
 - any single and double jump, including 1 A and 2A, cannot be executed more than twice in total (jumps do not need to be executed in jump combinations or sequences)
- max 3 spins with different ISU abbreviations
 - 1 spin combination with or without change of foot (min 10 revs)
 - at least two different basic positions with at least 2 revs in each of these positions
 - basic positions may take place at any stage of the spin
 - 1 spin on one foot and in one position, may start with a jump (min 5 revs)
 - 1 spin with a different abbreviation than the two above mentioned
- 1 step sequence fully utilizing the ice surface
- programme component factor in performance is 1.6
- in the second half of the programme, the base value of all jump elements will be multiplied by 1.1

Junior A Free Skating, duration max 3 min 40 sec (girls) or 4 min +/- 10 s (boys)

- girls max 11 elements, boys max 12 elements
- girls max 7 jump elements, boys max 8 jump elements
 - 1 Axel type of jump
 - max 3 jump combinations or jump sequences
 - max one with 3 jumps, two with max 2 jumps
 - each double jumps, incl. 2A, may be executed max 2 times
 - only 2 jumps with 3 or 4 revolutions can be repeated
 - if at least the other jump is in a jump combination or sequence both jumps will be evaluated normally
 - if both jumps are executed as solo jumps, the second jump will get 70 % of the normal value
 - any triple or quad jump cannot be executed more than twice in total (jumps do not need to be executed in jump combinations or sequences)
- max 3 spins with different ISU abbreviations
 - 1 spin combination with or without change of foot (min 10 revs)
 - at least two different basic positions with at least 2 revs in each of these positions
 - basic positions may take place at any stage of the spin
 - 1 flying spin (min 6 revs)
 - 1 spin in one position (min 6 revs)
 - 1 spin with a different abbreviation than the two above mentioned
- 1 step sequence fully utilizing the ice surface
- programme component factor in performance is 1,6 (girls) or 2,0 (boys)

- in the second half of the programme, the base value of all jump elements will be multiplied by 1.1
- vocal music with lyrics is allowed

Finnish Star Evaluation

Chicks Free skating, duration max. 2 min

- single jumps (no Axel or double jump)
- 2 spins, each with min. 3 revs
- vocal music with lyrics is allowed
- Finnish basic star evaluation

Cubs Free skating, duration max. 2 min 30 sec

- all single jumps required
- only Axel and/or 1 kind of double jump may be attempted and repeated
- 3 spins, each with min. 4 revs
- 1 step sequence utilizing half of the skating area
- 2 unsupported spirals
- vocal music with lyrics is allowed
- Finnish basic star evaluation

Springs B Free skating, duration max. 2 min 30 sec (+/- 10 sec)

- max. 5 jump elements – one of them must be an Axel type jump
- max. 2 jump combinations or jump sequences
 - one double jump required, but all double jumps can be attempted
 - 1 jump combination with 3 jumps allowed, another combination with max two jumps
 - all single and double jumps, incl. 1A and 2A, are allowed only twice (jumps do not need to be done in a jump combination or jump sequence)
- maximum of 3 spins, each with different abbreviations
 - one spin combination with or without change of foot (min 8 revs)
 - must include a minimum of 2 different basic positions with 2 revs in each of these positions
 - basic positions can be anywhere within the spin
 - one spin on one foot and in one position (min 5 revs)
 - may start with a jump
 - one spin with a different abbreviation than the two mentioned above
 - a spin with one position and one foot = 5 revs, a spin combination and a change foot spin = 8 revs
 - a spin combination must include a minimum of 2 different basic positions with 2 revs in each of these positions anywhere within the spin
 - basic positions can be anywhere within the spin
- maximum of 1 step sequence fully utilizing the skating area
- Minimum of 2 unsupported spirals, both on edge and one must last at least 3 secs.

- evaluated in steps, spirals and transitions (Finnish extended star evaluation)
- 0,5 point reduction for a missing spiral
- vocal music with lyrics is allowed
- Finnish extended star evaluation

Novice C and Junior C Free skating, duration max. 3 min 10 sec

- max. 6 jump elements – one of them must be an Axel type jump
 - no more than 3 jump combinations or sequences
 - only 1 jump combination may contain 3 jumps, the others max 2 jumps
 - each single or double jump incl. single or double Axel (1A/2A) can be attempted no more than 2 times (jumps do not have to be done in combination or sequences)
- maximum of 3 spins, each with different abbreviations
 - one spin combination (min 8 revolutions) with or without a change of foot
 - must include a minimum of 2 different basic positions with 2 revs in each of these positions
 - basic positions can be anywhere within the spin.
 - one spin on one foot and in one position (min 5 rev)
 - may start with a jump
 - one spin which must have a different abbreviation than the two mentioned above
 - a spin with one position and one foot = 5 revs, a spin combination and a change foot spin = 8 revs
 - a spin combination must include a minimum of 2 different basic positions with 2 revs in each of these positions
 - basic positions can be anywhere within the spin
- 1 step sequence fully utilizing the skating area.
- minimum of 2 spirals, both on edge and one must last at least 3 secs.
 - 0,5 points deduction for a missing spiral
- vocal music with lyrics is allowed
- Finnish extended star evaluation

Starlets Free skating, duration max. 2 min 30 sec

- max. 5 jump elements
- no double jumps (according to the STLL East-Western area rules)
- an Axel is allowed
- max. 3 spins
- a step sequence, utilizing at least the half of the skating area
- 2 spirals
 - 0,5 points deduction for a missing spiral, max. -1,0 points
- vocal music with lyrics is allowed
- Finnish extended star evaluation
- category is divided into age groups