

LaSu Kuntorastit 12.8.2025 - Kattavaara, Ivalo

Rata A 4,9km, tilanne rasteilla, rastivälien ajat

	1. [110]	2. [056]	3. [057]	4. [036]	5. [088]	6. [033]	7. [075]	8. [130]	9. [077]	10. [131]	11. [074]	12. [070]	13. [102]	14. [100]	Tulos
1. Ylitepsa Mikko	2-03.13 2-03.13	1-09.23 2-06.10	1-11.11 1-01.48	1-13.48 1-02.37	1-17.09 1-03.21	1-28.44 6-11.35	1-30.30 1-01.46	1-33.32 1-03.02	1-37.48 1-04.16	1-39.02 1-01.14	1-44.08 1-05.06	1-46.54 1-02.46	1-53.01 2-06.07	1-55.27 2-02.26	55.27
2. Jani Nuutinen	6-04.41 6-04.41	4-12.18 4-07.37	5-15.26 7-03.08	4-19.15 3-03.49	3-23.15 2-04.00	4-32.48 5-09.33	4-35.00 6-02.12	2-38.40 4-03.40	3-44.00 4-05.20	3-46.01 5-02.01	2-52.46 2-06.45	2-56.15 2-03.29	2-1.04.28 6-08.13	2-1.07.12 4-02.44	1.07.12
3. Arffman Vesa	4-03.49 4-03.49	2-09.57 1-06.08	2-11.56 2-01.59	6-20.43 9-08.47	5-26.04 6-05.21	3-32.39 1-06.35	3-34.47 5-02.08	3-38.49 6-04.02	2-43.14 2-04.25	2-45.43 7-02.29	3-53.26 5-07.43	4-58.44 6-05.18	3-1.04.39 1-05.55	3-1.07.27 6-02.48	1.07.27
4. Jari Kleemola	7-05.40 7-05.40	7-15.05 7-09.25	7-17.54 5-02.49	7-21.45 4-03.51	6-26.37 4-04.52	6-34.29 2-07.52	6-36.29 4-02.00	5-39.56 3-03.27	5-45.08 3-05.12	4-46.51 2-01.43	5-54.05 4-07.14	3-57.38 4-03.33	4-1.05.53 7-08.15	4-1.09.12 7-03.19	1.09.12
5. Lauri Kekoni	3-03.41 3-03.41	5-12.38 6-08.57	3-14.42 3-02.04	2-18.30 2-03.48	2-22.49 3-04.19	2-32.11 4-09.22	2-34.09 3-01.58	6-39.59 7-05.50	6-45.36 6-05.37	6-47.32 4-01.56	6-55.42 6-08.10	5-1.00.20 5-04.38	5-1.08.06 4-07.46	5-1.10.53 5-02.47	1.10.53
6. Markku Välitälo	5-04.27 5-04.27	6-13.21 5-08.54	6-15.38 4-02.17	5-19.57 6-04.19	4-24.56 5-04.59	5-34.13 3-09.17	5-36.05 2-01.52	4-39.30 2-03.25	4-44.54 5-05.24	5-47.06 6-02.12	4-53.53 3-06.47	6-1.00.48 9-06.55	6-1.08.55 5-08.07	6-1.11.25 3-02.30	1.11.25
7. Huru Ari	9-07.02 9-07.02	9-17.41 8-10.39	9-20.52 8-03.11	8-26.50 7-05.58	8-33.17 8-06.27	8-46.13 8-12.56	8-49.42 9-03.29	7-55.46 8-06.04	8-1.03.50 8-08.04	8-1.06.59 9-03.09	8-1.18.43 8-11.44	7-1.24.18 7-05.35	7-1.36.34 9-12.16	7-1.41.04 8-04.30	1.41.04
8. Pekka Meskanen	8-06.52 8-06.52	8-17.32 9-10.40	8-20.38 6-03.06	9-26.59 8-06.21	7-33.15 7-06.16	7-46.10 7-12.55	7-49.33 8-03.23	8-55.54 9-06.21	7-1.03.37 7-07.43	7-1.06.36 8-02.59	7-1.18.28 9-11.52	8-1.24.26 8-05.58	8-1.36.35 8-12.09	8-1.41.11 9-04.36	1.41.11
9. Roope Äärelä	1-02.43 1-02.43	3-10.14 3-07.31	4-15.13 9-04.59	3-19.08 5-03.55	9-39.42 9-20.34	9-57.12 9-17.30	9-1.00.05 7-02.53	9-1.04.06 5-04.01	9-1.17.40 9-13.34	9-1.19.25 3-01.45	9-1.28.34 7-09.09	9-1.32.04 3-03.30	9-1.39.41 3-07.37	9-1.41.22 1-01.41	1.41.22

Rata B 3,1km, tilanne rasteilla, rastivälien ajat

	1. [092]	2. [110]	3. [056]	4. [057]	5. [062]	6. [077]	7. [131]	8. [074]	9. [102]	10. [117]	11. [100]	Tulos
1. Jenna Komulainen	1-03.49 1-03.49	1-05.20 1-01.31	1-14.41 1-09.21	2-18.04 5-03.23	1-22.23 1-04.19	1-28.09 1-05.46	1-31.22 8-03.13	1-39.18 2-07.56	1-48.18 2-09.00	1-50.14 6-01.56	1-53.33 3-03.19	53.33
2. Martikainen Emmi	2-03.53 2-03.53	2-05.27 2-01.34	2-14.51 2-09.24	1-18.01 4-03.10	2-22.28 2-04.27	2-28.14 1-05.46	2-31.26 7-03.12	2-39.19 1-07.53	2-48.22 3-09.03	2-50.15 2-01.53	2-53.34 3-03.19	53.34
3. Sini Honkanen	9-07.34 9-07.34	9-09.15 3-01.41	6-20.59 6-11.44	6-24.00 3-03.01	6-28.57 3-04.57	5-35.31 5-06.34	5-38.08 3-02.37	3-47.33 3-09.25	3-58.07 5-10.34	3-1.00.02 3-01.55	3-1.03.13 2-03.11	1.03.13
4. Pussi Karoliina	7-05.43 7-05.43	7-07.48 8-02.05	5-18.42 5-10.54	5-22.27 7-03.45	5-27.35 4-05.08	4-34.07 4-06.32	4-37.04 5-02.57	4-48.07 5-11.03	4-58.49 6-10.42	4-1.01.02 7-02.13	4-1.05.24 6-04.22	1.05.24
5. Tiina Virtanen	3-04.04 3-04.04	3-05.48 4-01.44	3-15.16 3-09.28	3-18.06 1-02.50	3-26.23 9-08.17	3-32.41 3-06.18	3-35.01 1-02.20	5-53.00 9-17.59	5-1.01.26 1-08.26	5-1.02.58 1-01.32	5-1.05.29 1-02.31	1.05.29
6. Virtala Matti	4-04.49 4-04.49	5-06.45 7-01.56	7-22.58 7-16.13	7-25.51 2-02.53	7-33.38 8-07.47	6-40.17 6-06.39	6-42.41 2-02.24	6-59.52 8-17.11	6-1.09.21 4-09.29	6-1.11.16 3-01.55	6-1.16.29 8-05.13	1.16.29
7. Oikarainen Oiva	5-04.50 5-04.50	4-06.35 5-01.45	4-17.09 4-10.34	4-21.22 8-04.13	4-26.46 5-05.24	9-54.05 9-27.19	9-56.52 4-02.47	9-1.07.14 4-10.22	8-1.18.23 7-11.09	7-1.20.18 3-01.55	7-1.23.44 5-03.26	1.23.44
8. Paulus Keskitälo	6-05.00 6-05.00	6-06.53 6-01.53	9-31.03 9-24.10	9-34.27 6-03.24	9-40.47 6-06.20	8-47.54 7-07.07	7-50.56 6-03.02	7-1.04.08 6-13.12	7-1.17.52 8-13.44	8-1.20.39 9-02.47	8-1.25.42 7-05.03	1.25.42
9. Marjut Ylitepsa	8-06.17 8-06.17	8-08.35 9-02.18	8-27.18 8-18.43	8-31.48 9-04.30	8-38.10 7-06.22	7-47.02 8-08.52	8-51.05 9-04.03	8-1.05.30 7-14.25	9-1.29.39 9-24.09	9-1.32.09 8-02.30	9-1.39.40 9-07.31	1.39.40