



Save the Baltic Sea



Information and instructions for the participants of Silakkasoutu and Silakkapatikka 1.10.2023

Welcome to our rowing & hiking event. Help clean the Baltic Sea and local waterways!

The funds raised from Silakkasoutu (Rowing for Baltic Herring) and Silakkapatikka (Hiking for Baltic Herring) event will be donated to the Baltic Sea Action Group's (BSAG) work to protect the underwater diversity of the Baltic Sea. www.bsag.fi Funds are collected through support fees and participation fees. You can also support the protection of the Baltic Sea by buying lottery tickets (5€/piece) during the event. Please remember to bring cash with you!

These instructions are for participants of the Silakkasoutu and Silakkapatikka event. Please read the instructions carefully and take them with you. Also share them with your companions and other members of your group.

9.00 Skippers' meeting at Little-Finlandia's Honka hall; address: Karamzininranta 4

The meeting is mandatory for boat skippers and hiking group leaders. At the meeting, material related to rowing and hiking is shared and instructions are given regarding the details.

9-10 Registration and morning coffee in the Little-Finlandia lobby

At the reception, the boat number and hiking group ID will be given. Rowers and hikers will sit at the table with the corresponding number. The skippers and hiking group leaders will give further instructions to their team during breakfast.

Supporters, i.e. spectators, can choose their table freely. Breakfast will be served from a buffet table. Accordionist Annika Lindqvist will entertain us during breakfast. Lottery tickets will be sold in the room and the winnings can be claimed at the tables in the lobby.

10.00 Information in the Honka hall

Opening words for the Silakkasoutu event. Presentation of the teams and sponsors. Final instructions for rowing, hiking, and Secchi Disk measurements during the rowing.

10.45 Moving to Töölönlahti shore

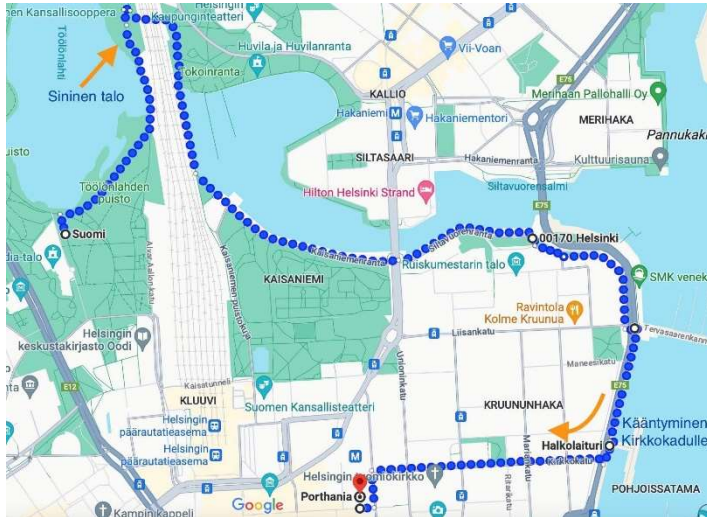
Leaving from Little-Finlandia, the teams are led by their skipper or hiking group leader to the shore of Töölönlahti. Skippers will give their teams life vests. Photographs will be taken before the hiking groups leave and the rowers board their boats.

11.00 Guided rowing from Töölönlahti bay to the Kauppatori Market Square

The boats can row freely in Töölönlahti bay and take the first Secchi Disk measurement. When all the boats are waterborne, the guided rowing starts by following the leading boat in a single line.

After Pitkäsilta-bridge, safety boats from Meripelastusseura (Marine Rescue Society) will be present to ensure the safety of the rowing event. During the journey, the team makes the second Secchi Disk Measurement according to the instructions given by the skipper.

The convoy continues behind the leading boat in a loose formation with distances of 50 – 100 m between each other until landing at the Vironallas pier in the Kauppatori market square. Care must be taken to avoid the ferry lane to Suomenlinna and also to watch out for any other traffic on the sea.



11.00 Guided hiking from Töölönlahti to Kauppatori along the seafront

Hiking groups go on a guided walk in groups of about 10 people. On the way, there will be three posts: Sininen talo (BSAG), Kaisaniemi waterfront and Halkolaituri pier (Baltic Challenge). The end point is the University of Helsinki's Porthania building at Yliopistonkatu 3, around 12:30 p.m. The total length of the route is about 4 kilometers.

12.00-12.30 Landing of boats at Kauppatori Market Square

Landing at the Vironallas pier may cause a small traffic jam! The boats will row into the pool next to the pier according to the flagman's signals. While waiting for the landing, the boats can make a short trip south of the Vironallas pier.

Life jackets, Secchi plates and others will be handed over to the organizers. After that the boat crews will immediately walk in a group led by their skipper to the University of Helsinki, Porthania building, Yliopistonkatu 3.

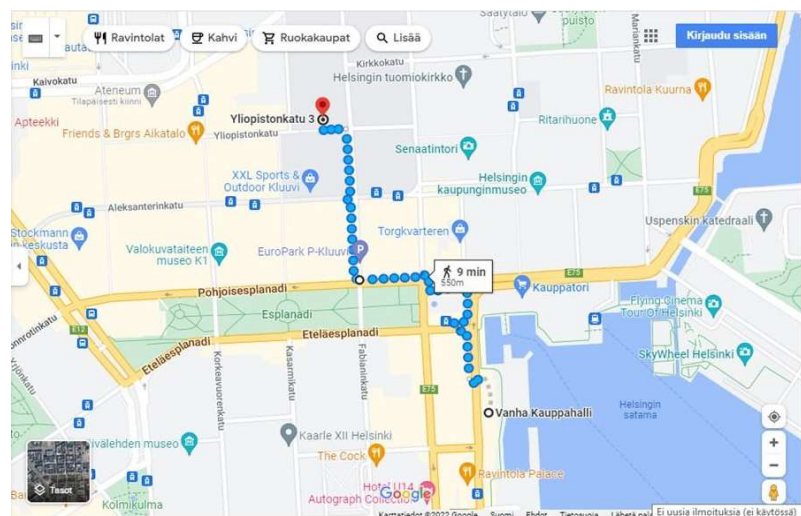
12.30 Welcome to Porthania

Luggage, backpacks, outerwear, etc. are taken to the clothes storage on the left of Porthania's lobby. Lottery tickets (5€/piece) are also sold in the lobby! Bring cash with you!

Lunch at UniCafe Porthania

The restaurant is located on the 2nd floor of Porthania. In line with the theme, there are herring steaks for lunch, but other foods are also available. The tables are marked with the boat and hiking group numbers.

Lottery tickets are also sold during lunch! Winnings can be claimed at the tables in Porthania's lobby.



14.00 – 15.30 Silakkaseminaari – The Herring Seminar:

Eläköön meriluonto – pysäytetään vedenalainen luontokato! Long live marine nature – let's stop the destruction of underwater nature! The Seminar will be held in Hall PII, in the University of Helsinki's Porthania building at Yliopistonkatu 3. **The event ends at 16:00.**

PARKING

Aimo-Park, underground parking space (Karamzininranta 2), is located under Finlandia Hall. There is a parking fee. The garage is open from 8:00 a.m. to 10:00 p.m.

You can get back to Finlandia Hall after the event, e.g. by tram no. 4. The name of the tram stop is Lasipalatsi, from where you have to walk to Finlandia Hall due to the ongoing major Mannerheimintie street renovation. The ticket must be purchased before boarding the tram - you can buy a ticket e.g. from R-kiosks or from the HSL app.

TRANSPORT AND PUBLIC TRANSPORT

The tram stops for lines 4 and 10 are located on Mannerheimintie. The stop is called Lasipalatsi, from where you have to walk to Finlandia Hall due to the ongoing major Mannerheimintie street renovation. The ticket must be purchased before boarding the tram - you can buy a ticket e.g. from R-kiosks or from the HSL app.

Companions and volunteers are also allowed to use, space allowing, the chartered bus transportation to either Kauppatori or Porthania.

CHANGING ROOMS AND TOILETS

There are changing rooms and toilets available both at Little-Finlandia Hall and in Porthania. There are also public toilets at the Kauppatori market square in the northern end of the Kauppahalli Market Hall.

ROWING EQUIPMENT AND TRANSPORTATION OF BELONGINGS

Keep spare clothes in a small backpack. You can take it with you in the long boat. Bigger luggage will be transported from Little Finlandia Hall to the Porthania. Pick up your luggage from the Porthania lobby when you leave the building! We recommend that rowers wear comfortable clothing suitable for the possibly wet autumn weather. Teams are encouraged to dress in a special theme of their own choice.

ROWING

The total rowing distance is about 6 km. You do not need to have previous rowing experience on a long boat. Rowing is easy and fun. The boat has an experienced skipper steering the boat. The skipper is responsible for the safety of the boat and their instructions must be followed. Life vests are reserved for all participants and they must be worn at all times on the long boat.

COMPANY VISIBILITY ON BOATS

It is permitted to attach advertising stickers of companies and sponsors to the side of the boat by stapling, not gluing.

COMPANIONS

Companions, supporters and spectators are welcome to join. They also have the opportunity to dine together with the participants. For companions, the breakfast and meal package costs 35 €. Payment and registration in advance. Account: FI82 1351 3000 1331 21 payable to the Rotary Club of Vantaa Myyrmäki. Payment on site only in cash. Everybody must register in the morning at Little Finland!

INSURANCE

The organizers have liability insurance, but everyone participates in the event at their own risk.

FIRST AID AND SAFETY

Staff with first aid skills will be in the safety boats and at the venue. If you feel weak in the boat, inform the skipper and person next to you about it immediately.

A Safety Officer has been appointed by the organizers of Silakkasoutu to supervise the safety of the event. Also, there are two Safe Boat vessels to supervise the safety of the long boats. First Aid Kits are available in the safety boats. If necessary, the skipper of the long boat calls the safety boat over by giving the universal emergency signal or by phoning the safety boat. If you are unwell, please don't attend the event! Report it to the provider of additional information (see below).

SOCIAL MEDIA

Use the hashtag #silakkasoutu when you post pictures of the event! Also feel free to tag and follow our accounts on Facebook and Instagram (@silakkasoutu_fi). We share photos from the event on our accounts!

RIGHT TO USE PHOTOGRAPHS

The organizer of the event has the right to use the photos taken during **Silakkasoutu**. The pictures may be used in next year's Silakkasoutu marketing.

You are warmly welcome to row and hike to help the Baltic Sea and local waterways!

With kind regards Rotary clubs of Finlandia Hall, Helsinki Baltic Sea, Helsinki International, Meri Espoo, Riihimäki-Hausjärvi, Herttoniemi, Pasila and Vantaa Myyrmäki.

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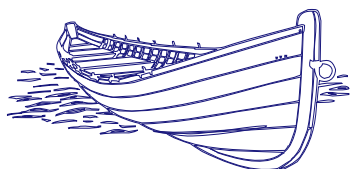
Thank you to our wonderful sponsors and partners –
Strength lies in cooperation!



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