

LAHDEN SEUDUN OPPAAT - LAHTI REGION GUIDES

LAHTI SPORTS CENTER WALKING TOUR FACT SHEET



FACT SHEET: Lahti Sports Center Walking Tour

Step into the Arena of Legends

Experience the heights of Finnish sports history and the beating heart of winter culture. This guided walk takes you through the world-renowned venues where world records have been broken and the "Home of Skiing" comes to life.

TOUR HIGHLIGHTS

Giant Ski Jumps: Stand at the base of the iconic "Three Sisters" and learn about the nerves of steel required to fly over 100 meters.

Stadium Cauldron: Walk the same tracks as legendary Olympians in the stadium that has hosted a record-breaking seven World Championships.

Salpausselkä Ridge: Discover how the Ice Age-formed geology creates the natural, challenging terrain that defines Lahti's sporting identity.

Panoramic Views: Enjoy breathtaking views of the city and Lake Vesijärvi from the highest points of the park.

Culture & Stories: Hear about the famous Salpausselän Kisat (Salpausselkä Games) and the local passion for winter sports.

SERVICE DETAILS

Product: Lahti Sports Center Walking Tour

Departure Point: In front of the Lahti Ski Museum.

Duration: 2 hours (Standard tour; flexible 1–1.5h versions available).

Physical Effort: Moderate (Involves mostly paved paths but includes some uphill sections).

Availability: Year-round.

Group Size: Maximum 20 persons per guide.

Accessibility: Mostly accessible, despite the ridge terrain.

PRICING & TERMS

Price: 176 € (excluding VAT)

Optional Add-on: Visit to the Ski Museum (includes ski jump simulator).

Terms: Subject to the general booking and cancellation terms of Lahden seudun oppaat ry.

CONTACT & SALES

Lahden seudun oppaat ry (Lahti Region Guides)

Email: lahti.oppaat@gmail.com

Website: lahdenseudunoppaat.yhdistysavain.fi

Sales: Book now to conquer the heights of Lahti!

Feel the roar of the crowd and the crisp air of the ridges in Finland's sports capital.