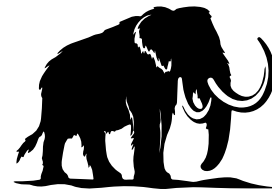


ICE AGE ODYSSEY

Free four-hour guided walk in Nuuksio National Park



Travel back in time to the formation of the Finnish bedrock, through the last Ice Age, and the arrival of the first people.

Friday
23.5.2025

10 am to 2 pm
Siikaniemi parking area,
Nuuksio, Espoo

- Learn about geology, history and nature of Nuuksio
- Participate in guided wellness exercises
- Get guidance on hiking skills
- Have a campfire lunch
- Relax and enjoy the beautiful scenery



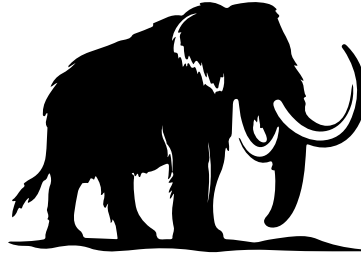
Bus 244 runs from Espoo Centre to the Siikaniemi (bus stop E6915).



For more information and enrollment, go to page 2/2

Itinerary

Departure: 10 am,
Siikaniemi Parking area by
the information board
(Kolmoislammenranta,
02860 Espoo)



Description & Requirements

- This tour is for people over 18 years of age
- The guided tour is in English
- The terrain is varied, including moderately steep descents and ascents.
- Part of the trail is rocky and have exposed tree roots on the path.
- Moderate to good physical condition is required
- Please bring with you:
 - * Hiking pack.
 - * Weather-appropriate clothing (waterproof and layers)
 - * Sit pad
 - * Hiking footwear
 - * Water

Outcrop along Korpinkierros Trail

Stack of Rocks

Steep descent to the stream channel and uphill climb

Kolmoislampi campfire site

WC



Aspen forest

**Gravel Road back to
Siikaniemi parking area**



(Return site)



Tour guide

Hannele Peltonen

FM (Geology and palaeontology)
MSc. in Palaeobiology
Authorized Helsinki Guide

Enrollment

- **Via email:** hk.peltonen@gmail.com
- Last day for enrollment: 18.5.2025
- Please note that registration is binding
- Maximum number of participants 9
- Tour guide has the right to cancel the event if weather conditions or other compelling reasons so require.
- Please let us know if you have a special diet or allergy.