

# AO Trauma Course Basic Principles of Fracture Management

April 09–11, 2025

Porvoo, Finland

Language: Finnish

## Goal of the event

The AO Trauma course Basic Principles of Fracture Management teaches fundamental principles and current concepts in the treatment of injuries, incorporating the latest techniques in operative fracture management.

The AO Trauma Basic Principles course is the initial step along the path of lifelong learning in the area of operative fracture management and the main focus of this course lies in the basic principles of fracture management.

## Target participants

Doctors in surgical training but is also open to those who are interested in furthering their knowledge and skills in operative fracture management.

## Learning objectives

- Discuss the concepts of stability, their influence on bone healing, and how to apply implants to achieve appropriate stability.
- Plan a treatment based on assessment, imaging, classification, and decision-making.
- Apply reduction techniques in fracture management with attention to the importance of the soft tissue.
- Use appropriate fixation techniques to treat diaphyseal and simple (peri)articular fractures.
- Evaluate and recognize special problems related to fractures in the immature skeleton, pelvic injuries, osteoporotic fractures, postoperative infection, and delayed union and/or nonunion.
- Plan the initial treatment of the polytraumatized patient.

## Chairperson



**Jan Lindahl**  
Helsingin yliopistollinen  
sairaala, Helsinki

## Faculty

Lauri Halonen, Etelä-Karjalan keskussairaala Lappeenranta  
Kari Isotalo, Turun yliopistollinen keskussairaala Turku  
Mikko Heinänen, Helsingin yliopistollinen sairaala Helsinki  
Jussi Jalkanen, Kuopion yliopistollinen sairaala Kuopio  
Iikka Lantto, Oulun yliopistollinen sairaala Oulu  
Heikki Nurmi, Sairaala Nova Jyväskylä  
Sami Nurmi, Tampereen yliopistollinen sairaala Tampere  
Lasse Rämö, Helsingin yliopistollinen sairaala Helsinki  
Kaisa Virtanen, Helsingin yliopistollinen sairaala Helsinki  
Juho Salo, Helsingin yliopistollinen sairaala Helsinki

## Registration

Course fee: EUR 1650  
Venue: Hotel Haikko Manor & Spa  
114 Haikkoontie, Porvoo 06400  
Finland



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