

EUROPEAN TAEKWONDO UNION



ETU COACHES AND REFEREE SEMINAR (Poomsae)
Athens/Greece, 17 – 19 Oct, 2014

5. CONDITIONS FOR PARTICIPATION

Airfare, Accommodation and Transportation

Round trip airfare, accommodation, board and local transportation shall be borne by the participants.

For any requests – enquiries regarding Accommodation –Local Transportation etc. please feel free to contact the following travel agency:



*NIKIS 23, 105 57 ATHENS GREECE
TEL. 0030 210 3225175 FAX 210 3229023
E-MAIL: circle@otenet.gr
E-MAIL: konstantinos@kyklostravel.gr
WEB PAGE: www.kyklostravel.gr*

6. QUALIFICATION OF PARTICIPATION

- Coaches: 1st Dan and higher
- Referees: 3rd Dan and higher

7. ATTENDANCE FEE

For each (Poomsae) coach and referee the entry fee is 250 Euros.

The duration of validation is two years.

All fees will be paid in Euros, before October 5th, to the following Bank Account:

Name: **European Taekwondo Union (ETU)**

Bank name: NATIONAL BANK OF GREECE

Country : GREECE

Account number: 093/296007-96

IBAN: GR 5501100930000009329600796

SWIFT : ETHNGRAA

Bank address: 84 Hlioupoleos avenue, Dafne/ Athens, Greece PC 17237

Payment reference: ETU Coach Seminar Poomsae Athens

All payments must be sent by email: etuoffice@mail.gr , in order the **participation to be valid.**

8. CLOSING DATE FOR ENTRIES -APPLICATIONS

Applications and payments must be **completed by no later than October 5th 2014.**

Registration through e-mail: etuoffice@mail.gr

E.T.U. might close application deadline earlier if registration reaches **160 coaches.**

9. AIMS

Participants who successfully take part in the seminar and the examination can obtain the **ETU coach license poomsae** and the **ETU referee license poomsae** at this seminar.

The **ETU coach license poomsae** is compulsory for national coaches who participate in the ETU European Championships Poomsae and A-Class Tournaments.

Apart from national coaches the seminar is open to all interested poomsae trainers who can obtain the ETU Coach license on a voluntary basis.

The **ETU referee license poomsae** is compulsory for referees who participate in ETU recognized poomsae-tournaments. (Holders of a WTF referee license poomsae are exempted from this rule.)

10. REMARKS

Coaches will take part in the scoring lesson on day 1 to experience the work of the referees.

The questionnaire for the written test is the same for coaches and referees. If the time given for the written test proves too short, additional time can be permitted.

In each part of the examination (practical poomsae examination, written text, scoring test) a minimum of 60 points out of 100 must be obtained.

11. WTF-RECOGNIZED TAEKWONDO UNIFORM (DOBOK)

Participating coaches are required to wear WTF-recognized doboks.

The latest version of WTF-recognized manufacturers' list is available at the website of WTF (http://www.wtf.org/wtf_eng/site/about_wtf/recognized.html).

Participating coaches are required to bring all necessary stationery (pens, copy-books etc).

12. SCHEDULE OF EVENTS (subject to change)

Time	Subject	Topic	Referent
Friday, October 17			
9:00 – 9:50		registration and opening ceremony	
10:00 – 10:50	Poomsae	basics (stances, steps),	Ik-Pil Kang
11:00 – 11:50	Poomsae	basics (hand movements, kicks)	Ik-Pil Kang
11:50 – 01:00		lunch break	
01:00 – 01:50	Poomsae	taeguk 4 – 6	Ik-Pil Kang
02:00 – 02:50	Poomsae	taeguk 7 – 8	Ik-Pil Kang
03:00 – 03:50	Competition rules	Scoring methods	Ik-Pil Kang
04:00 – 4:50	Practical scoring	Scoring system exercise	Mingwan Koo
05:00 – 08:00		Break	
08:00 – 09:30	Poomsae	Open training session	Ik-Pil Kang
Saturday, October 18			
9:00 – 9:50	Poomsae	Koryo, kumgang	
10:00 – 10:50	Poomsae	Taebaek, pyongwon	Ik-Pil Kang
11:00 – 11:50	Poomsae	Shipjin, jitae	Ik-Pil Kang
11:50 – 01:00		Lunch break	
01:00 – 01:50	Poomsae	Chonkwon, hansu	Ik-Pil Kang
02:00 – 03:50	Teaching methods	Training for poomsae competitors (for coaches only)	Ik-Pil Kang
02:00 – 03:50	Practical scoring	Scoring system exercise (for referees only)	Mingwan Koo
04:00 – 4:50	Competition rules	Accuracy	Mingwan Koo
05:00 – 08:00		Break	
08:00 – 09:30	Poomsae	Open training session	Ik-Pil Kang
Sunday, October 19			
9:00 – 9:50	Competition rules	Presentation	Ik-Pil Kang
10:00 – 10:50	Poomsae	Repetition taeguk 4 - 8	Ik-Pil Kang
11:00 – 11:50	Poomsae	Repetition koryo - hansu	Ik-Pil Kang
11:50 – 01:00		Lunch break	
01:00 – 01:50	Examination	Practical examination poomsae (coaches and referees)	
02:00 – 03:50	Examination	Written test (coaches and referees) / scoring test (referees only)	
		Closing ceremony, presentation of certificates	

APPLICATION FORM

ETU Coaches and Referees Poomsae Seminar- Athens 17-18-19/10/2014

NAME	
NATIONALITY	
DATE OF BIRTH	
MEMBER OF THE FOLLOWING NATIONAL FEDERATION	
TEL.	
FAX	
Email	
POSTAL ADDRESS	
Signature of PARTICIPANT	
GRADUATION	
Name of President National Federation	
Signature of President of National Federation	
Date	

1)The Application Form

2) Payment

3)A photo in digital format (color-portrait- passport size) of the participant must be send by e-mail to etuoffice@mail.gr **by no later than 05/10/2014**