

MARKO YRJÖVUORI

Performance Specialist
Athletic Trainer
Certified Speed Coach
Certified Biomechanics Coach
Certified strength conditioning specialist
Certified Instructor for Physical therapy (USA)



Member of the NHL team Los Angeles Kings medical staff (Athletic trainer and Sports Therapist 2000-2003).
Member of the NBA team Los Angeles Lakers training staff (Athletic trainer and head Sports Therapist (2003-2016).

Head Medical trainer for the Finnish National Basketball team.

Lecturer at Olympic Training Center Kuortane Finland.

Performance Specialist at Olympic research Center Kisakallio in Finland.

Director of business development for Hospital Neo Physical therapy.

Director of coaching at Neo Performance.

Owner of a Performance training company MYC-Training. Numerous NBA, NHL NFL, UFC and Olympic athletes have used his services to perform better in their field of sports.

Other achievements

Marko is an owner of a performance gym Elite Trainers in Helsinki Finland and a co-creator of Healthy Boss corporate wellness program. To make sure to stay on the top of his game globally Marko has two training facilities that focus on Athletes movement in Australia one in Brisbane and one in Sydney.

Several leading sports and wellness companies have used Marko as an advisor and consultant to test and improve their products. For example Symbio, Beddit, Suunto, Myontec, Hyperice, Vertimax, Occusweep-Sports to name a few.

He also works closely with Finnish Consulate of Los Angeles and General Consul of Finland to help Finnish wellness companies to reach US markets.

He is an author of a book "The Finn, Trusted man".

Being the only person ever to have won a national Championship in the winter, summer, and indoor sports in his native country Finland, he brings not only the passion for healthy life but the winning mentality to what ever he is part of.