

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:1 (cat.1)

Category **Ind Under 30 Female**

Competitors **27**

Class **A**

**1**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>23</b>	<b>Camille La Cour Pedersen</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	2.9	2.8	2.2	2.8	2.9	0.0	0.0	13.6	<b>Total</b>	<b>7.02</b>
					<b>P</b>	4.0	4.2	3.8	4.1	4.3	0.0	0.0	20.4	<b>Pres.</b>	<b>4.17</b>
					<b>T</b>	2.8	2.9	3.2	2.8	2.9	0.0	0.0	14.6	<b>Acc.</b>	<b>2.85</b>
					<b>P</b>	4.0	4.3	4.4	4.2	4.2	0.0	0.0	21.1	<b>Overall</b>	<b>69.70</b>
<b>2</b>	<b>141</b>	<b>Alicia Brännback</b>	<b>PTE Sweden</b>	<b>SWE</b>	<b>T</b>	3.1	2.7	2.1	2.6	2.8	0.0	0.0	13.3	<b>Total</b>	<b>6.92</b>
					<b>P</b>	4.2	4.2	4.5	4.2	4.2	0.0	0.0	21.3	<b>Pres.</b>	<b>4.20</b>
					<b>T</b>	2.9	2.8	2.4	2.7	2.7	0.0	0.0	13.5	<b>Acc.</b>	<b>2.72</b>
					<b>P</b>	4.2	4.3	3.9	4.2	4.2	0.0	0.0	20.8	<b>Overall</b>	<b>68.90</b>
<b>3</b>	<b>21</b>	<b>Mechid Palman</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	2.8	2.8	2.7	2.4	2.9	0.0	0.0	13.6	<b>Total</b>	<b>6.92</b>
					<b>P</b>	4.0	4.3	4.1	4.0	4.1	0.0	0.0	20.5	<b>Pres.</b>	<b>4.09</b>
					<b>T</b>	2.9	2.9	3.0	2.9	2.6	0.0	0.0	14.3	<b>Acc.</b>	<b>2.84</b>
					<b>P</b>	4.1	4.3	4.1	4.1	4.1	0.0	0.0	20.7	<b>Overall</b>	<b>69.10</b>
<b>4</b>	<b>17</b>	<b>Laura Nancke</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	2.7	2.6	2.4	2.7	2.9	0.0	0.0	13.3	<b>Total</b>	<b>6.85</b>
					<b>P</b>	3.9	4.1	4.1	4.1	4.2	0.0	0.0	20.4	<b>Pres.</b>	<b>4.12</b>
					<b>T</b>	2.8	2.6	3.1	2.8	2.8	0.0	0.0	14.1	<b>Acc.</b>	<b>2.74</b>
					<b>P</b>	4.1	4.1	4.4	4.1	4.2	0.0	0.0	20.9	<b>Overall</b>	<b>68.70</b>
<b>5</b>	<b>60</b>	<b>Mia Knutsson</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.7	2.9	2.5	2.6	2.7	0.0	0.0	13.4	<b>Total</b>	<b>6.81</b>
					<b>P</b>	4.0	4.3	3.8	4.1	4.1	0.0	0.0	20.3	<b>Pres.</b>	<b>4.09</b>
					<b>T</b>	2.8	2.7	2.9	2.8	2.6	0.0	0.0	13.8	<b>Acc.</b>	<b>2.72</b>
					<b>P</b>	4.1	4.1	4.2	4.1	4.1	0.0	0.0	20.6	<b>Overall</b>	<b>68.10</b>

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Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>6</b>	<b>8</b>	<b>Annesofie Leuenhagen Fredberg</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	2.6	3.0	2.4	2.4	2.7	0.0	0.0	13.1	<b>Total</b>	<b>6.77</b>
					<b>P</b>	3.9	4.3	4.2	4.1	4.1	0.0	0.0	20.6	<b>Pres.</b>	<b>4.13</b>
					<b>T</b>	2.7	2.8	2.7	2.7	2.7	0.0	0.0	13.6	<b>Acc.</b>	<b>2.64</b>
					<b>P</b>	4.0	4.1	4.3	4.1	4.2	0.0	0.0	20.7	<b>Overall</b>	<b>68.00</b>
<b>7</b>	<b>84</b>	<b>Helmi Riuttala</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.6	2.7	2.3	2.5	2.7	0.0	0.0	12.8	<b>Total</b>	<b>6.77</b>
					<b>P</b>	3.8	4.2	4.0	4.1	4.2	0.0	0.0	20.3	<b>Pres.</b>	<b>4.12</b>
					<b>T</b>	2.7	2.6	2.9	2.5	2.8	0.0	0.0	13.5	<b>Acc.</b>	<b>2.65</b>
					<b>P</b>	4.0	4.2	4.1	4.1	4.2	0.0	0.0	20.6	<b>Overall</b>	<b>67.20</b>
<b>8</b>	<b>82</b>	<b>Linda Rökköläinen</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.9	2.9	2.7	2.6	2.3	0.0	0.0	13.4	<b>Total</b>	<b>6.77</b>
					<b>P</b>	4.2	4.2	3.5	4.1	3.8	0.0	0.0	19.8	<b>Pres.</b>	<b>4.05</b>
					<b>T</b>	2.8	2.8	2.5	2.8	2.5	0.0	0.0	13.4	<b>Acc.</b>	<b>2.72</b>
					<b>P</b>	4.2	4.1	3.6	4.1	4.0	0.0	0.0	20.0	<b>Overall</b>	<b>66.60</b>
<b>9</b>	<b>20</b>	<b>Sofie A.R. Nielsen</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	2.7	2.7	2.6	2.6	2.8	0.0	0.0	13.4	<b>Total</b>	<b>6.73</b>
					<b>P</b>	3.9	4.1	3.8	4.1	4.2	0.0	0.0	20.1	<b>Pres.</b>	<b>4.03</b>
					<b>T</b>	2.8	2.6	3.0	2.7	2.7	0.0	0.0	13.8	<b>Acc.</b>	<b>2.70</b>
					<b>P</b>	3.9	4.1	3.9	4.1	4.2	0.0	0.0	20.2	<b>Overall</b>	<b>67.50</b>
<b>10</b>	<b>105</b>	<b>Rikke Heggedal</b>	<b>Hamar Taekwondo Klubb</b>	<b>NOR</b>	<b>T</b>	2.5	2.7	2.9	2.7	2.7	0.0	0.0	13.5	<b>Total</b>	<b>6.67</b>
					<b>P</b>	3.8	4.0	4.3	4.1	4.1	0.0	0.0	20.3	<b>Pres.</b>	<b>4.02</b>
					<b>T</b>	2.6	2.4	2.9	2.5	2.7	0.0	0.0	13.1	<b>Acc.</b>	<b>2.65</b>
					<b>P</b>	3.9	4.0	3.9	4.0	4.2	0.0	0.0	20.0	<b>Overall</b>	<b>66.90</b>

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<b>11</b>	<b>13</b>	<b>Silje Anne L. Jensen</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	2.7	2.4	2.5	2.1	2.9	0.0	0.0	12.6	<b>Total</b>	<b>6.60</b>
					<b>P</b>	3.9	4.0	3.6	4.0	4.2	0.0	0.0	19.7	<b>Pres.</b>	<b>4.02</b>
					<b>T</b>	2.6	2.4	2.5	2.8	2.8	0.0	0.0	13.1	<b>Acc.</b>	<b>2.58</b>
					<b>P</b>	3.8	4.0	4.2	4.1	4.1	0.0	0.0	20.2	<b>Overall</b>	<b>65.60</b>
<b>12</b>	<b>109</b>	<b>Anette Nilsen</b>	<b>Hwa Rang Team Drammen</b>	<b>NOR</b>	<b>T</b>	2.6	2.7	2.4	2.4	2.7	0.0	0.0	12.8	<b>Total</b>	<b>6.55</b>
					<b>P</b>	4.0	3.9	3.5	4.0	4.0	0.0	0.0	19.4	<b>Pres.</b>	<b>3.95</b>
					<b>T</b>	2.7	2.2	2.7	2.6	2.6	0.0	0.0	12.8	<b>Acc.</b>	<b>2.60</b>
					<b>P</b>	3.9	3.9	3.6	4.0	4.0	0.0	0.0	19.4	<b>Overall</b>	<b>64.40</b>
<b>13</b>	<b>110</b>	<b>Kine Solvang Tellnes</b>	<b>Keum Gang Taekwondo Norway</b>	<b>NOR</b>	<b>T</b>	2.7	2.4	2.8	2.5	2.6	0.0	0.0	13.0	<b>Total</b>	<b>6.53</b>
					<b>P</b>	4.0	4.0	4.2	4.0	4.1	0.0	0.0	20.3	<b>Pres.</b>	<b>4.02</b>
					<b>T</b>	2.6	2.4	2.7	2.3	2.2	0.0	0.0	12.2	<b>Acc.</b>	<b>2.52</b>
					<b>P</b>	4.1	4.0	4.0	3.9	4.0	0.0	0.0	20.0	<b>Overall</b>	<b>65.50</b>
<b>14</b>	<b>36</b>	<b>Anna Alatalo</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.6	2.5	2.3	2.5	2.5	0.0	0.0	12.4	<b>Total</b>	<b>6.45</b>
					<b>P</b>	3.9	4.0	3.4	3.9	3.9	0.0	0.0	19.1	<b>Pres.</b>	<b>3.94</b>
					<b>T</b>	2.7	2.5	2.6	2.5	2.4	0.0	0.0	12.7	<b>Acc.</b>	<b>2.52</b>
					<b>P</b>	4.0	4.0	3.8	3.9	4.0	0.0	0.0	19.7	<b>Overall</b>	<b>63.90</b>
<b>15</b>	<b>86</b>	<b>Kerttu Salminen</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.6	2.7	2.4	2.6	2.7	0.0	0.0	13.0	<b>Total</b>	<b>6.42</b>
					<b>P</b>	3.9	3.9	3.4	3.9	3.9	0.0	0.0	19.0	<b>Pres.</b>	<b>3.89</b>
					<b>T</b>	2.5	2.5	2.3	2.3	2.5	0.0	0.0	12.1	<b>Acc.</b>	<b>2.53</b>
					<b>P</b>	3.8	3.9	3.2	3.9	3.9	0.0	0.0	18.7	<b>Overall</b>	<b>62.80</b>

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Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>16</b>	<b>54</b>	<b>Aino Kangasmaa</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.6	2.6	2.6	2.5	2.6	0.0	0.0	12.9	<b>Total</b>	<b>6.39</b>
					<b>P</b>	3.9	4.0	3.6	4.0	3.9	0.0	0.0	19.4	<b>Pres.</b>	<b>3.90</b>
					<b>T</b>	2.3	2.4	2.3	2.5	2.4	0.0	0.0	11.9	<b>Acc.</b>	<b>2.49</b>
					<b>P</b>	3.8	4.0	2.8	3.9	3.9	0.0	0.0	18.4	<b>Overall</b>	<b>62.60</b>
<b>17</b>	<b>94</b>	<b>Saila-Kristine Vienonen</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.5	2.6	2.7	2.5	2.6	0.0	0.0	12.9	<b>Total</b>	<b>6.39</b>
					<b>P</b>	3.8	3.9	3.5	3.9	3.9	0.0	0.0	19.0	<b>Pres.</b>	<b>3.84</b>
					<b>T</b>	2.6	2.1	3.0	2.4	2.6	0.0	0.0	12.7	<b>Acc.</b>	<b>2.55</b>
					<b>P</b>	3.7	3.8	3.7	3.9	4.0	0.0	0.0	19.1	<b>Overall</b>	<b>63.70</b>
<b>18</b>	<b>61</b>	<b>Julia Korja</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.4	2.6	2.6	2.5	2.5	0.0	0.0	12.6	<b>Total</b>	<b>6.32</b>
					<b>P</b>	3.6	3.9	3.4	3.9	3.9	0.0	0.0	18.7	<b>Pres.</b>	<b>3.85</b>
					<b>T</b>	2.5	2.4	2.2	2.3	2.5	0.0	0.0	11.9	<b>Acc.</b>	<b>2.47</b>
					<b>P</b>	3.8	3.9	4.1	3.8	4.0	0.0	0.0	19.6	<b>Overall</b>	<b>62.80</b>
<b>19</b>	<b>106</b>	<b>Emma Christine Larsen</b>	<b>Hamar Taekwondo Klubb</b>	<b>NOR</b>	<b>T</b>	2.6	2.4	2.5	2.1	2.5	0.0	0.0	12.1	<b>Total</b>	<b>6.26</b>
					<b>P</b>	3.7	3.8	3.8	3.8	3.9	0.0	0.0	19.0	<b>Pres.</b>	<b>3.79</b>
					<b>T</b>	2.4	2.1	2.8	2.5	2.5	0.0	0.0	12.3	<b>Acc.</b>	<b>2.47</b>
					<b>P</b>	3.8	3.7	3.1	3.8	3.8	0.0	0.0	18.2	<b>Overall</b>	<b>61.60</b>
<b>20</b>	<b>76</b>	<b>Heidi Natunen</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.4	2.6	2.1	2.3	2.7	0.0	0.0	12.1	<b>Total</b>	<b>6.23</b>
					<b>P</b>	3.7	4.0	3.3	3.8	4.0	0.0	0.0	18.8	<b>Pres.</b>	<b>3.83</b>
					<b>T</b>	2.5	2.2	2.4	2.1	2.5	0.0	0.0	11.7	<b>Acc.</b>	<b>2.40</b>
					<b>P</b>	3.8	3.9	3.8	3.8	4.0	0.0	0.0	19.3	<b>Overall</b>	<b>61.90</b>

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Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>21</b>	<b>117</b>	<b>Rebecka Chiu</b>	<b>Chae TKD Rumlaborg</b>	<b>SWE</b>	<b>T</b>	2.4	2.3	2.2	2.6	2.3	0.0	0.0	11.8	<b>Total</b>	<b>6.13</b>
					<b>P</b>	3.6	3.9	3.6	4.0	3.9	0.0	0.0	19.0	<b>Pres.</b>	<b>3.80</b>
					<b>T</b>	2.5	2.3	2.4	2.3	2.2	0.0	0.0	11.7	<b>Acc.</b>	<b>2.33</b>
					<b>P</b>	3.7	3.9	3.5	4.0	3.8	0.0	0.0	18.9	<b>Overall</b>	<b>61.40</b>
<b>22</b>	<b>144</b>	<b>Elin Fors</b>	<b>PTE Sweden</b>	<b>SWE</b>	<b>T</b>	2.5	2.0	2.1	2.1	2.3	0.0	0.0	11.0	<b>Total</b>	<b>6.05</b>
					<b>P</b>	3.7	4.3	3.9	3.9	3.7	0.0	0.0	19.5	<b>Pres.</b>	<b>3.83</b>
					<b>T</b>	2.3	1.9	2.5	2.2	2.3	0.0	0.0	11.2	<b>Acc.</b>	<b>2.22</b>
					<b>P</b>	3.6	4.0	3.8	3.9	3.8	0.0	0.0	19.1	<b>Overall</b>	<b>60.80</b>
<b>23</b>	<b>26</b>	<b>Hjarsø Alberte</b>	<b>Gangnam Sportstaekwondo</b>	<b>DEN</b>	<b>T</b>	2.5	2.2	2.0	2.3	2.2	0.0	0.0	11.2	<b>Total</b>	<b>6.04</b>
					<b>P</b>	3.9	3.8	3.2	3.8	3.7	0.0	0.0	18.4	<b>Pres.</b>	<b>3.79</b>
					<b>T</b>	2.4	2.1	2.1	2.4	2.3	0.0	0.0	11.3	<b>Acc.</b>	<b>2.25</b>
					<b>P</b>	3.6	3.8	3.8	3.9	3.8	0.0	0.0	18.9	<b>Overall</b>	<b>59.80</b>
<b>24</b>	<b>27</b>	<b>Andersen Benedicte</b>	<b>Gangnam Sportstaekwondo</b>	<b>DEN</b>	<b>T</b>	2.3	2.5	2.4	2.0	2.1	0.0	0.0	11.3	<b>Total</b>	<b>5.97</b>
					<b>P</b>	3.5	4.1	3.6	3.8	3.5	0.0	0.0	18.5	<b>Pres.</b>	<b>3.65</b>
					<b>T</b>	2.4	2.4	2.4	2.3	1.9	0.0	0.0	11.4	<b>Acc.</b>	<b>2.32</b>
					<b>P</b>	3.6	4.1	3.3	3.9	3.5	0.0	0.0	18.4	<b>Overall</b>	<b>59.60</b>
<b>25</b>	<b>44</b>	<b>Ada Gustafsson</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.5	2.1	2.3	2.3	2.6	0.0	0.0	11.8	<b>Total</b>	<b>5.90</b>
					<b>P</b>	3.6	3.8	3.1	3.8	3.9	0.0	0.0	18.2	<b>Pres.</b>	<b>3.70</b>
					<b>T</b>	2.3	2.0	1.0	1.8	2.3	0.0	0.0	09.4	<b>Acc.</b>	<b>2.20</b>
					<b>P</b>	3.4	3.8	2.5	3.8	3.8	0.0	0.0	17.3	<b>Overall</b>	<b>56.70</b>

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**1**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>26</b>	<b>73</b>	<b>Mira Mänty</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.0	2.6	1.9	2.5	1.9	0.0	0.0	10.9	<b>Total</b>	<b>5.80</b>
					<b>P</b>	3.2	4.2	3.2	3.8	3.6	0.0	0.0	18.0	<b>Pres.</b>	<b>3.63</b>
					<b>T</b>	2.1	2.2	2.7	2.2	2.2	0.0	0.0	11.4	<b>Acc.</b>	<b>2.17</b>
					<b>P</b>	3.3	4.1	3.7	3.8	3.7	0.0	0.0	18.6	<b>Overall</b>	<b>58.90</b>
<b>27</b>	<b>99</b>	<b>Sólborg Vanda</b>	<b>Guðmundsdóttir</b>	<b>ISL</b>	<b>T</b>	2.4	1.7	1.8	1.9	2.3	0.0	0.0	10.1	<b>Total</b>	<b>5.55</b>
					<b>P</b>	3.6	3.7	2.9	3.7	3.6	0.0	0.0	17.5	<b>Pres.</b>	<b>3.58</b>
					<b>T</b>	2.2	1.5	2.0	1.8	2.0	0.0	0.0	09.5	<b>Acc.</b>	<b>1.97</b>
					<b>P</b>	3.4	3.6	2.3	3.7	3.6	0.0	0.0	16.6	<b>Overall</b>	<b>53.70</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:1 (cat.1)

Category **Ind Under 30 Female**

Competitors **27**

Class **A**

**2**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages
<b>1</b>	<b>23</b>	<b>Camille La Cour Pedersen</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	3.0	3.0	3.1	3.0	3.0	0.0	0.0	15.1	<b>Total</b> <b>7.18</b>
					<b>P</b>	4.2	4.3	4.2	4.2	4.3	0.0	0.0	21.2	<b>Pres.</b> <b>4.23</b>
					<b>T</b>	2.9	2.8	3.1	2.9	2.9	0.0	0.0	14.6	<b>Acc.</b> <b>2.95</b>
					<b>P</b>	4.2	4.4	4.0	4.2	4.3	0.0	0.0	21.1	<b>Overall</b> <b>72.00</b>
<b>2</b>	<b>8</b>	<b>Annesofie Leuenhagen Fredberg</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	3.3	2.9	3.3	3.0	2.8	0.0	0.0	15.3	<b>Total</b> <b>7.11</b>
					<b>P</b>	4.2	4.2	4.1	4.1	4.2	0.0	0.0	20.8	<b>Pres.</b> <b>4.14</b>
					<b>T</b>	2.8	2.6	3.1	3.0	2.8	0.0	0.0	14.3	<b>Acc.</b> <b>2.97</b>
					<b>P</b>	4.0	4.0	4.5	4.1	4.2	0.0	0.0	20.8	<b>Overall</b> <b>71.20</b>
<b>3</b>	<b>60</b>	<b>Mia Knutsson</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	3.0	3.0	3.2	3.0	2.9	0.0	0.0	15.1	<b>Total</b> <b>7.09</b>
					<b>P</b>	4.0	4.3	4.3	4.1	4.2	0.0	0.0	20.9	<b>Pres.</b> <b>4.20</b>
					<b>T</b>	2.8	2.8	2.7	3.0	2.1	0.0	0.0	13.4	<b>Acc.</b> <b>2.89</b>
					<b>P</b>	3.9	4.4	4.6	4.2	4.0	0.0	0.0	21.1	<b>Overall</b> <b>70.50</b>
<b>4</b>	<b>141</b>	<b>Alicia Brännback</b>	<b>PTE Sweden</b>	<b>SWE</b>	<b>T</b>	2.7	3.0	2.5	2.9	2.9	0.0	0.0	14.0	<b>Total</b> <b>6.97</b>
					<b>P</b>	4.2	4.3	4.5	4.1	4.2	0.0	0.0	21.3	<b>Pres.</b> <b>4.20</b>
					<b>T</b>	2.8	2.5	2.8	2.5	2.8	0.0	0.0	13.4	<b>Acc.</b> <b>2.77</b>
					<b>P</b>	4.0	4.3	4.6	4.0	4.2	0.0	0.0	21.1	<b>Overall</b> <b>69.80</b>
<b>5</b>	<b>82</b>	<b>Linda Räcköläinen</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.6	3.0	3.1	2.8	2.9	0.0	0.0	14.4	<b>Total</b> <b>6.95</b>
					<b>P</b>	4.0	4.3	4.3	4.0	4.1	0.0	0.0	20.7	<b>Pres.</b> <b>4.12</b>
					<b>T</b>	2.3	2.9	2.7	3.0	2.7	0.0	0.0	13.6	<b>Acc.</b> <b>2.84</b>
					<b>P</b>	3.7	4.4	4.2	4.1	4.0	0.0	0.0	20.4	<b>Overall</b> <b>69.10</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:1 (cat.1)

Category **Ind Under 30 Female**  
 Competitors **27**  
 Class **A**

**2**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>6</b>	<b>21</b>	<b>Mechid Palman</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	2.8	3.0	3.0	2.9	3.1	0.0	0.0	14.8	<b>Total</b>	<b>6.94</b>
					<b>P</b>	4.3	4.3	3.6	4.1	4.2	0.0	0.0	20.5	<b>Pres.</b>	<b>4.14</b>
					<b>T</b>	2.6	2.4	2.6	2.8	2.7	0.0	0.0	13.1	<b>Acc.</b>	<b>2.80</b>
					<b>P</b>	4.1	4.1	4.0	4.0	4.3	0.0	0.0	20.5	<b>Overall</b>	<b>68.90</b>
<b>7</b>	<b>20</b>	<b>Sofie A.R. Nielsen</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	2.5	2.8	3.1	2.9	3.0	0.0	0.0	14.3	<b>Total</b>	<b>6.87</b>
					<b>P</b>	4.0	4.2	3.8	4.1	4.2	0.0	0.0	20.3	<b>Pres.</b>	<b>4.07</b>
					<b>T</b>	3.0	2.5	2.7	2.6	2.8	0.0	0.0	13.6	<b>Acc.</b>	<b>2.80</b>
					<b>P</b>	4.1	4.0	3.7	4.0	4.2	0.0	0.0	20.0	<b>Overall</b>	<b>68.20</b>
<b>8</b>	<b>17</b>	<b>Laura Nancke</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	3.0	2.9	3.1	3.0	2.9	0.0	0.0	14.9	<b>Total</b>	<b>6.86</b>
					<b>P</b>	4.0	4.2	4.0	4.1	4.2	0.0	0.0	20.5	<b>Pres.</b>	<b>4.04</b>
					<b>T</b>	2.6	2.4	2.7	2.7	2.7	0.0	0.0	13.1	<b>Acc.</b>	<b>2.82</b>
					<b>P</b>	3.9	4.0	4.0	3.9	4.2	0.0	0.0	20.0	<b>Overall</b>	<b>68.50</b>
<b>9</b>	<b>84</b>	<b>Helmi Riuttala</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.7	3.0	2.9	2.7	2.8	0.0	0.0	14.1	<b>Total</b>	<b>6.79</b>
					<b>P</b>	3.9	4.3	3.5	4.0	4.1	0.0	0.0	19.8	<b>Pres.</b>	<b>4.05</b>
					<b>T</b>	2.6	2.6	2.8	2.9	2.6	0.0	0.0	13.5	<b>Acc.</b>	<b>2.74</b>
					<b>P</b>	4.1	4.0	3.7	4.2	4.2	0.0	0.0	20.2	<b>Overall</b>	<b>67.60</b>
<b>10</b>	<b>13</b>	<b>Silje Anne L. Jensen</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	2.7	2.9	3.2	3.0	2.8	0.0	0.0	14.6	<b>Total</b>	<b>6.72</b>
					<b>P</b>	3.8	4.2	4.3	4.1	4.2	0.0	0.0	20.6	<b>Pres.</b>	<b>4.00</b>
					<b>T</b>	2.7	2.5	2.3	2.8	2.4	0.0	0.0	12.7	<b>Acc.</b>	<b>2.72</b>
					<b>P</b>	3.7	3.9	3.6	3.9	4.2	0.0	0.0	19.3	<b>Overall</b>	<b>67.20</b>



# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:1 (cat.1)

Category **Ind Under 30 Female**

Competitors **27**

Class **A**

**2**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>11</b>	<b>105</b>	<b>Rikke Heggedal</b>	<b>Hamar Taekwondo Klubb</b>	<b>NOR</b>	<b>T</b>	2.3	3.0	3.0	2.8	2.6	0.0	0.0	13.7	<b>Total</b>	<b>6.60</b>
					<b>P</b>	3.8	4.0	3.9	4.0	3.9	0.0	0.0	19.6	<b>Pres.</b>	<b>3.93</b>
					<b>T</b>	2.5	2.4	2.7	2.7	2.2	0.0	0.0	12.5	<b>Acc.</b>	<b>2.67</b>
					<b>P</b>	3.6	3.8	4.0	4.0	6.0	0.0	0.0	21.4	<b>Overall</b>	<b>67.20</b>
<b>12</b>	<b>109</b>	<b>Anette Nilsen</b>	<b>Hwa Rang Team Drammen</b>	<b>NOR</b>	<b>T</b>	2.8	2.7	2.8	2.9	2.6	0.0	0.0	13.8	<b>Total</b>	<b>6.50</b>
					<b>P</b>	4.0	3.9	3.8	3.9	4.0	0.0	0.0	19.6	<b>Pres.</b>	<b>3.93</b>
					<b>T</b>	2.1	2.3	2.3	2.5	2.5	0.0	0.0	11.7	<b>Acc.</b>	<b>2.57</b>
					<b>P</b>	3.7	3.9	4.0	3.9	4.1	0.0	0.0	19.6	<b>Overall</b>	<b>64.70</b>
<b>13</b>	<b>36</b>	<b>Anna Alatalo</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.2	2.7	3.2	2.6	2.6	0.0	0.0	13.3	<b>Total</b>	<b>6.15</b>
					<b>P</b>	3.6	4.0	3.6	3.8	3.9	0.0	0.0	18.9	<b>Pres.</b>	<b>3.79</b>
					<b>T</b>	2.3	2.3	1.8	2.2	1.8	0.0	0.0	10.4	<b>Acc.</b>	<b>2.37</b>
					<b>P</b>	3.6	3.8	3.9	3.8	3.8	0.0	0.0	18.9	<b>Overall</b>	<b>61.50</b>
<b>14</b>	<b>110</b>	<b>Kine Solvang Tellnes</b>	<b>Keum Gang Taekwondo Norway</b>	<b>NOR</b>	<b>T</b>	2.7	2.8	3.2	2.7	2.6	0.0	0.0	14.0	<b>Total</b>	<b>6.07</b>
					<b>P</b>	3.9	4.0	4.0	4.0	3.9	0.0	0.0	19.8	<b>Pres.</b>	<b>3.89</b>
					<b>T</b>	0.8	2.0	1.6	1.6	1.7	0.0	0.0	07.7	<b>Acc.</b>	<b>2.18</b>
					<b>P</b>	3.7	3.8	3.9	3.8	3.8	0.0	0.0	19.0	<b>Overall</b>	<b>60.50</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:1 (cat.1)

Category **Ind Under 30 Female**

Competitors **27**

Class **A**

**3**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>23</b>	<b>Camille La Cour Pedersen</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	3.1	3.1	3.1	3.2	3.3	0.0	0.0	15.8	<b>Total</b>	<b>7.44</b>
					<b>P</b>	4.3	4.3	4.0	4.2	4.5	0.0	0.0	21.3	<b>Pres.</b>	<b>4.29</b>
					<b>T</b>	3.0	3.2	3.1	3.2	3.2	0.0	0.0	15.7	<b>Acc.</b>	<b>3.15</b>
					<b>P</b>	4.2	4.4	4.2	4.3	4.5	0.0	0.0	21.6	<b>Overall</b>	<b>74.40</b>
<b>2</b>	<b>141</b>	<b>Alicia Brännback</b>	<b>PTE Sweden</b>	<b>SWE</b>	<b>T</b>	3.0	2.9	3.0	3.1	3.1	0.0	0.0	15.1	<b>Total</b>	<b>7.33</b>
					<b>P</b>	4.4	4.3	4.3	4.2	4.3	0.0	0.0	21.5	<b>Pres.</b>	<b>4.30</b>
					<b>T</b>	2.8	3.1	3.3	3.0	3.0	0.0	0.0	15.2	<b>Acc.</b>	<b>3.03</b>
					<b>P</b>	4.2	4.4	4.6	4.2	4.3	0.0	0.0	21.7	<b>Overall</b>	<b>73.50</b>
<b>3</b>	<b>60</b>	<b>Mia Knutsson</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	3.0	2.9	3.1	3.1	2.8	0.0	0.0	14.9	<b>Total</b>	<b>7.27</b>
					<b>P</b>	4.2	4.2	4.0	4.2	4.2	0.0	0.0	20.8	<b>Pres.</b>	<b>4.22</b>
					<b>T</b>	3.1	3.1	3.4	3.1	3.1	0.0	0.0	15.8	<b>Acc.</b>	<b>3.05</b>
					<b>P</b>	4.3	4.3	3.7	4.2	4.2	0.0	0.0	20.7	<b>Overall</b>	<b>72.20</b>
<b>4</b>	<b>8</b>	<b>Annesofie Leuenhagen Fredberg</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	3.0	2.7	2.8	2.9	3.3	0.0	0.0	14.7	<b>Total</b>	<b>7.17</b>
					<b>P</b>	4.3	4.0	4.1	4.1	4.3	0.0	0.0	20.8	<b>Pres.</b>	<b>4.17</b>
					<b>T</b>	3.2	2.7	3.2	2.9	3.2	0.0	0.0	15.2	<b>Acc.</b>	<b>3.00</b>
					<b>P</b>	4.5	4.1	3.6	4.1	4.3	0.0	0.0	20.6	<b>Overall</b>	<b>71.30</b>
<b>5</b>	<b>82</b>	<b>Linda Räcköläinen</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.6	3.0	2.9	3.1	2.8	0.0	0.0	14.4	<b>Total</b>	<b>7.12</b>
					<b>P</b>	3.8	4.3	3.9	4.2	4.1	0.0	0.0	20.3	<b>Pres.</b>	<b>4.12</b>
					<b>T</b>	2.6	3.2	3.4	3.1	3.0	0.0	0.0	15.3	<b>Acc.</b>	<b>3.00</b>
					<b>P</b>	4.0	4.5	3.3	4.3	4.2	0.0	0.0	20.3	<b>Overall</b>	<b>70.30</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:1 (cat.1)

Category **Ind Under 30 Female**

Competitors **27**

Class **A**

**3**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>6</b>	<b>20</b>	<b>Sofie A.R. Nielsen</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	2.8	2.9	3.0	2.9	3.1	0.0	0.0	14.7	<b>Total</b>	<b>7.06</b>
					<b>P</b>	4.1	4.2	3.9	4.1	4.2	0.0	0.0	20.5	<b>Pres.</b>	<b>4.13</b>
					<b>T</b>	2.6	2.9	3.5	3.0	2.9	0.0	0.0	14.9	<b>Acc.</b>	<b>2.93</b>
					<b>P</b>	3.9	4.3	3.7	4.2	4.3	0.0	0.0	20.4	<b>Overall</b>	<b>70.50</b>
<b>7</b>	<b>21</b>	<b>Mechid Palman</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	2.7	3.0	2.7	2.9	3.2	0.0	0.0	14.5	<b>Total</b>	<b>7.02</b>
					<b>P</b>	4.0	4.2	3.6	4.1	4.5	0.0	0.0	20.4	<b>Pres.</b>	<b>4.12</b>
					<b>T</b>	2.7	3.0	2.8	3.0	3.2	0.0	0.0	14.7	<b>Acc.</b>	<b>2.90</b>
					<b>P</b>	4.0	4.3	3.3	4.1	4.4	0.0	0.0	20.1	<b>Overall</b>	<b>69.70</b>
<b>8</b>	<b>17</b>	<b>Laura Nancke</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	3.0	2.9	3.1	3.0	2.9	0.0	0.0	14.9	<b>Total</b>	<b>7.02</b>
					<b>P</b>	4.0	4.1	4.3	4.1	4.2	0.0	0.0	20.7	<b>Pres.</b>	<b>4.05</b>
					<b>T</b>	2.1	3.0	2.9	3.0	3.0	0.0	0.0	14.0	<b>Acc.</b>	<b>2.97</b>
					<b>P</b>	3.9	4.0	3.5	4.0	4.3	0.0	0.0	19.7	<b>Overall</b>	<b>69.30</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:1 (cat.2)

Category **Ind Under 60 Female**

Competitors **4**

Class **A**

**3**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>96</b>	<b>Niina Virtala</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.6	2.5	2.2	2.8	1.8	0.0	0.0	11.9	<b>Total</b>	<b>6.31</b>
					<b>P</b>	3.7	3.9	3.3	3.9	3.6	0.0	0.0	18.4	<b>Pres.</b>	<b>3.78</b>
					<b>T</b>	2.4	2.7	2.5	2.9	2.7	0.0	0.0	13.2	<b>Acc.</b>	<b>2.53</b>
					<b>P</b>	3.6	4.0	3.7	3.9	3.9	0.0	0.0	19.1	<b>Overall</b>	<b>62.60</b>
<b>2</b>	<b>49</b>	<b>Marita Jaakkola</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.4	2.5	2.3	2.6	2.2	0.0	0.0	12.0	<b>Total</b>	<b>5.95</b>
					<b>P</b>	3.6	3.9	3.6	3.9	3.7	0.0	0.0	18.7	<b>Pres.</b>	<b>3.67</b>
					<b>T</b>	2.2	2.1	2.2	1.6	2.2	0.0	0.0	10.3	<b>Acc.</b>	<b>2.29</b>
					<b>P</b>	3.4	3.9	3.5	3.7	3.6	0.0	0.0	18.1	<b>Overall</b>	<b>59.10</b>
<b>3</b>	<b>33</b>	<b>Lene Werge</b>	<b>Islev Taekwondo Klub</b>	<b>DEN</b>	<b>T</b>	2.5	1.4	2.4	2.1	2.1	0.0	0.0	10.5	<b>Total</b>	<b>5.57</b>
					<b>P</b>	3.4	3.6	3.5	3.7	2.9	0.0	0.0	17.1	<b>Pres.</b>	<b>3.49</b>
					<b>T</b>	2.3	1.7	2.3	1.8	1.8	0.0	0.0	09.9	<b>Acc.</b>	<b>2.09</b>
					<b>P</b>	3.2	3.6	3.6	3.7	2.9	0.0	0.0	17.0	<b>Overall</b>	<b>54.50</b>
<b>4</b>	<b>103</b>	<b>May-Lisbeth Fjeld</b>	<b>Askim If Taekwondo Klubb</b>	<b>NOR</b>	<b>T</b>	2.3	1.7	2.2	2.2	1.7	0.0	0.0	10.1	<b>Total</b>	<b>5.33</b>
					<b>P</b>	3.5	3.8	3.4	3.7	2.8	0.0	0.0	17.2	<b>Pres.</b>	<b>3.47</b>
					<b>T</b>	2.1	1.6	2.0	1.5	1.5	0.0	0.0	08.7	<b>Acc.</b>	<b>1.87</b>
					<b>P</b>	3.3	3.6	3.3	3.6	2.8	0.0	0.0	16.6	<b>Overall</b>	<b>52.60</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:1 (cat.5)

Category **Ind Under 30 Male**

Competitors **9**

Class **A**

**2**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>85</b>	<b>Frans Salmi</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	3.1	3.0	3.0	3.1	2.8	0.0	0.0	15.0	<b>Total</b>	<b>7.30</b>
					<b>P</b>	4.3	4.3	4.0	4.2	4.2	0.0	0.0	21.0	<b>Pres.</b>	<b>4.23</b>
					<b>T</b>	3.0	3.1	3.1	3.1	3.1	0.0	0.0	15.4	<b>Acc.</b>	<b>3.07</b>
					<b>P</b>	4.2	4.3	4.1	4.2	4.3	0.0	0.0	21.1	<b>Overall</b>	<b>72.50</b>
<b>2</b>	<b>4</b>	<b>Bastian Thinggaard Byrgesen</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	3.0	2.8	3.0	2.9	3.3	0.0	0.0	15.0	<b>Total</b>	<b>7.19</b>
					<b>P</b>	4.1	4.2	4.1	4.1	4.5	0.0	0.0	21.0	<b>Pres.</b>	<b>4.17</b>
					<b>T</b>	3.1	3.0	3.1	3.0	3.4	0.0	0.0	15.6	<b>Acc.</b>	<b>3.02</b>
					<b>P</b>	4.1	4.3	4.2	4.1	4.4	0.0	0.0	21.1	<b>Overall</b>	<b>72.70</b>
<b>3</b>	<b>136</b>	<b>Vincent Saigne</b>	<b>MUDO Team Academy IF</b>	<b>SWE</b>	<b>T</b>	2.8	2.5	3.0	2.3	2.7	0.0	0.0	13.3	<b>Total</b>	<b>6.89</b>
					<b>P</b>	4.2	4.2	4.0	3.9	4.1	0.0	0.0	20.4	<b>Pres.</b>	<b>4.12</b>
					<b>T</b>	2.7	3.0	2.9	3.0	2.7	0.0	0.0	14.3	<b>Acc.</b>	<b>2.77</b>
					<b>P</b>	4.1	4.2	3.9	4.1	4.2	0.0	0.0	20.5	<b>Overall</b>	<b>68.50</b>
<b>4</b>	<b>18</b>	<b>Lucas Nicolaisen</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	2.9	2.7	2.8	2.8	2.8	0.0	0.0	14.0	<b>Total</b>	<b>6.75</b>
					<b>P</b>	4.0	4.1	3.9	4.0	4.2	0.0	0.0	20.2	<b>Pres.</b>	<b>4.02</b>
					<b>T</b>	2.6	2.7	2.9	2.7	2.6	0.0	0.0	13.5	<b>Acc.</b>	<b>2.74</b>
					<b>P</b>	4.0	4.0	4.0	3.9	4.1	0.0	0.0	20.0	<b>Overall</b>	<b>67.70</b>
<b>5</b>	<b>98</b>	<b>Orri Þór Eggertsson</b>	<b>Icelandic Taekwondo Federation</b>	<b>ISL</b>	<b>T</b>	2.8	2.6	2.8	2.8	3.0	0.0	0.0	14.0	<b>Total</b>	<b>6.70</b>
					<b>P</b>	4.0	3.9	3.9	3.8	4.2	0.0	0.0	19.8	<b>Pres.</b>	<b>3.95</b>
					<b>T</b>	2.7	2.7	2.9	2.7	2.7	0.0	0.0	13.7	<b>Acc.</b>	<b>2.75</b>
					<b>P</b>	4.0	4.0	3.9	3.7	4.1	0.0	0.0	19.7	<b>Overall</b>	<b>67.20</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:1 (cat.5)

Category **Ind Under 30 Male**

Competitors **9**

Class **A**

**2**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>6</b>	<b>108</b>	<b>Andy Nguyen</b>	<b>Hwa Rang Team Drammen</b>	<b>NOR</b>	<b>T</b>	2.8	2.3	2.7	2.7	2.8	0.0	0.0	13.3	<b>Total</b>	<b>6.63</b>
					<b>P</b>	4.0	3.9	3.9	3.9	4.2	0.0	0.0	19.9	<b>Pres.</b>	<b>3.92</b>
					<b>T</b>	2.7	2.6	2.6	2.9	2.8	0.0	0.0	13.6	<b>Acc.</b>	<b>2.72</b>
					<b>P</b>	3.9	3.9	3.8	3.9	4.2	0.0	0.0	19.7	<b>Overall</b>	<b>66.50</b>
<b>7</b>	<b>16</b>	<b>Alexandar Vinther Larsen</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	2.9	2.2	2.7	2.8	2.9	0.0	0.0	13.5	<b>Total</b>	<b>6.62</b>
					<b>P</b>	4.0	3.8	3.9	4.0	4.2	0.0	0.0	19.9	<b>Pres.</b>	<b>3.94</b>
					<b>T</b>	2.5	2.5	2.6	2.7	2.6	0.0	0.0	12.9	<b>Acc.</b>	<b>2.69</b>
					<b>P</b>	3.9	3.9	3.9	3.9	4.1	0.0	0.0	19.7	<b>Overall</b>	<b>66.00</b>
<b>8</b>	<b>100</b>	<b>Egill Kári Gunnarsson</b>	<b>Icelandic Taekwondo Federation</b>	<b>ISL</b>	<b>T</b>	2.5	2.5	2.8	2.6	2.8	0.0	0.0	13.2	<b>Total</b>	<b>6.50</b>
					<b>P</b>	3.9	3.9	3.9	3.8	4.1	0.0	0.0	19.6	<b>Pres.</b>	<b>3.92</b>
					<b>T</b>	2.6	2.6	2.8	2.4	2.3	0.0	0.0	12.7	<b>Acc.</b>	<b>2.58</b>
					<b>P</b>	4.0	3.9	3.9	3.8	4.0	0.0	0.0	19.6	<b>Overall</b>	<b>65.10</b>
<b>9</b>	<b>116</b>	<b>Alexander Månsson</b>	<b>?Restad Baekdusan Taekwondo</b>	<b>SWE</b>	<b>T</b>	2.3	2.3	2.6	2.7	2.5	0.0	0.0	12.4	<b>Total</b>	<b>6.41</b>
					<b>P</b>	3.9	3.9	3.8	3.8	4.1	0.0	0.0	19.5	<b>Pres.</b>	<b>3.89</b>
					<b>T</b>	2.6	2.4	2.7	2.6	2.5	0.0	0.0	12.8	<b>Acc.</b>	<b>2.52</b>
					<b>P</b>	3.9	3.9	3.9	3.7	4.1	0.0	0.0	19.5	<b>Overall</b>	<b>64.20</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:1 (cat.5)

Category **Ind Under 30 Male**

Competitors **9**

Class **A**

**3**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages		
<b>1</b>	<b>4</b>	<b>Bastian Thinggaard</b>	<b>Byrgersen</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	3.1	3.1	3.1	2.7	3.1	0.0	0.0	15.1	<b>Total</b>	<b>7.34</b>
						<b>P</b>	4.3	4.3	4.2	4.2	4.3	0.0	0.0	21.3	<b>Pres.</b>	<b>4.24</b>
						<b>T</b>	3.0	3.1	3.0	3.2	3.2	0.0	0.0	15.5	<b>Acc.</b>	<b>3.10</b>
						<b>P</b>	4.2	4.3	4.1	4.0	4.3	0.0	0.0	20.9	<b>Overall</b>	<b>72.80</b>
<b>2</b>	<b>85</b>	<b>Frans Salmi</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	3.1	3.2	3.0	3.1	3.1	0.0	0.0	15.5	<b>Total</b>	<b>7.33</b>	
					<b>P</b>	4.3	4.4	4.1	4.3	4.3	0.0	0.0	21.4	<b>Pres.</b>	<b>4.27</b>	
					<b>T</b>	3.0	3.1	3.1	3.0	3.0	0.0	0.0	15.2	<b>Acc.</b>	<b>3.07</b>	
					<b>P</b>	4.2	4.3	4.2	4.2	4.4	0.0	0.0	21.3	<b>Overall</b>	<b>73.40</b>	
<b>3</b>	<b>136</b>	<b>Vincent Saigne</b>	<b>MUDO Team Academy IF</b>	<b>SWE</b>	<b>T</b>	2.7	3.1	3.1	2.8	2.7	0.0	0.0	14.4	<b>Total</b>	<b>7.07</b>	
					<b>P</b>	4.1	4.2	4.0	4.0	4.2	0.0	0.0	20.5	<b>Pres.</b>	<b>4.14</b>	
					<b>T</b>	3.0	2.8	3.0	3.0	3.1	0.0	0.0	14.9	<b>Acc.</b>	<b>2.94</b>	
					<b>P</b>	4.1	4.2	4.0	4.2	4.3	0.0	0.0	20.8	<b>Overall</b>	<b>70.60</b>	
<b>4</b>	<b>18</b>	<b>Lucas Nicolaisen</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	2.8	2.7	3.0	2.9	3.2	0.0	0.0	14.6	<b>Total</b>	<b>6.92</b>	
					<b>P</b>	4.0	4.0	4.0	4.1	4.3	0.0	0.0	20.4	<b>Pres.</b>	<b>4.03</b>	
					<b>T</b>	2.6	2.9	2.9	2.8	3.0	0.0	0.0	14.2	<b>Acc.</b>	<b>2.89</b>	
					<b>P</b>	4.0	4.0	4.0	4.1	4.3	0.0	0.0	20.4	<b>Overall</b>	<b>69.60</b>	
<b>5</b>	<b>108</b>	<b>Andy Nguyen</b>	<b>Hwa Rang Team Drammen</b>	<b>NOR</b>	<b>T</b>	2.7	2.6	3.0	2.8	2.9	0.0	0.0	14.0	<b>Total</b>	<b>6.84</b>	
					<b>P</b>	4.1	3.9	4.0	3.9	4.1	0.0	0.0	20.0	<b>Pres.</b>	<b>4.00</b>	
					<b>T</b>	2.7	2.8	2.8	3.0	3.0	0.0	0.0	14.3	<b>Acc.</b>	<b>2.84</b>	
					<b>P</b>	4.1	4.0	3.9	3.9	4.2	0.0	0.0	20.1	<b>Overall</b>	<b>68.40</b>	

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:1 (cat.5)

Category **Ind Under 30 Male**

Competitors **9**

Class **A**

**3**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>6</b>	<b>16</b>	<b>Alexandar Vinther Larsen</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	2.5	2.7	2.8	2.7	3.1	0.0	0.0	13.8	<b>Total</b>	<b>6.80</b>
					<b>P</b>	4.0	4.0	3.9	4.0	4.3	0.0	0.0	20.2	<b>Pres.</b>	<b>3.99</b>
					<b>T</b>	2.5	2.9	3.0	2.8	3.0	0.0	0.0	14.2	<b>Acc.</b>	<b>2.82</b>
					<b>P</b>	3.9	4.0	4.0	3.9	4.2	0.0	0.0	20.0	<b>Overall</b>	<b>68.20</b>
<b>7</b>	<b>100</b>	<b>Egill Kári Gunnarsson</b>	<b>Icelandic Taekwondo Federation</b>	<b>ISL</b>	<b>T</b>	2.4	2.5	2.9	2.6	3.0	0.0	0.0	13.4	<b>Total</b>	<b>6.59</b>
					<b>P</b>	3.9	3.9	3.9	3.9	4.2	0.0	0.0	19.8	<b>Pres.</b>	<b>3.92</b>
					<b>T</b>	2.6	2.6	2.8	2.5	2.8	0.0	0.0	13.3	<b>Acc.</b>	<b>2.67</b>
					<b>P</b>	4.0	3.9	3.9	3.9	4.1	0.0	0.0	19.8	<b>Overall</b>	<b>66.30</b>
<b>8</b>	<b>98</b>	<b>Orri Þór Eggertsson</b>	<b>Icelandic Taekwondo Federation</b>	<b>ISL</b>	<b>T</b>	2.3	2.4	2.5	2.5	2.6	0.0	0.0	12.3	<b>Total</b>	<b>6.54</b>
					<b>P</b>	3.9	3.9	3.9	3.7	4.0	0.0	0.0	19.4	<b>Pres.</b>	<b>3.94</b>
					<b>T</b>	2.7	2.7	2.8	2.9	2.6	0.0	0.0	13.7	<b>Acc.</b>	<b>2.60</b>
					<b>P</b>	4.1	4.0	3.9	3.9	4.0	0.0	0.0	19.9	<b>Overall</b>	<b>65.30</b>



# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:2 (cat.2)

Category **Ind Under 65 Male**

Competitors **5**

Class **A**

**3**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>6</b>	<b>Ky-Tu Dang</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	3.2	3.0	2.9	3.0	2.8	0.0	0.0	14.9	<b>Total</b>	<b>7.27</b>
					<b>P</b>	4.5	4.4	4.2	4.3	4.1	0.0	0.0	21.5	<b>Pres.</b>	<b>4.34</b>
					<b>T</b>	3.1	2.5	3.2	2.7	2.9	0.0	0.0	14.4	<b>Acc.</b>	<b>2.94</b>
					<b>P</b>	4.6	4.4	4.4	4.2	4.3	0.0	0.0	21.9	<b>Overall</b>	<b>72.70</b>
<b>2</b>	<b>118</b>	<b>Josef Chiu</b>	<b>Chae TKD Rumlaborg</b>	<b>SWE</b>	<b>T</b>	2.6	2.7	2.5	2.6	2.7	0.0	0.0	13.1	<b>Total</b>	<b>6.37</b>
					<b>P</b>	3.8	4.0	3.6	4.0	3.7	0.0	0.0	19.1	<b>Pres.</b>	<b>3.85</b>
					<b>T</b>	2.5	2.2	2.6	2.3	2.4	0.0	0.0	12.0	<b>Acc.</b>	<b>2.52</b>
					<b>P</b>	3.6	4.1	3.8	3.9	3.9	0.0	0.0	19.3	<b>Overall</b>	<b>63.50</b>
<b>3</b>	<b>2</b>	<b>Jørn C. Andersen</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	2.7	2.3	2.3	2.5	2.4	0.0	0.0	12.2	<b>Total</b>	<b>6.33</b>
					<b>P</b>	3.8	4.1	4.0	3.9	3.8	0.0	0.0	19.6	<b>Pres.</b>	<b>3.92</b>
					<b>T</b>	2.6	2.1	2.5	2.2	2.7	0.0	0.0	12.1	<b>Acc.</b>	<b>2.42</b>
					<b>P</b>	3.7	4.2	3.9	4.0	3.9	0.0	0.0	19.7	<b>Overall</b>	<b>63.60</b>
<b>4</b>	<b>46</b>	<b>Matti Huuskonen</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	1.9	1.8	1.4	2.3	2.6	0.0	0.0	10.0	<b>Total</b>	<b>5.67</b>
					<b>P</b>	3.2	3.9	3.1	3.7	3.5	0.0	0.0	17.4	<b>Pres.</b>	<b>3.52</b>
					<b>T</b>	2.2	2.0	2.7	1.9	2.7	0.0	0.0	11.5	<b>Acc.</b>	<b>2.15</b>
					<b>P</b>	3.3	3.8	3.7	3.5	3.5	0.0	0.0	17.8	<b>Overall</b>	<b>56.70</b>
<b>5</b>	<b>74</b>	<b>Juho Metsälä</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	1.7	1.2	2.2	2.0	1.4	0.0	0.0	08.5	<b>Total</b>	<b>4.73</b>
					<b>P</b>	2.5	3.6	3.2	3.4	2.7	0.0	0.0	15.4	<b>Pres.</b>	<b>3.12</b>
					<b>T</b>	1.4	0.3	2.2	1.8	1.4	0.0	0.0	07.1	<b>Acc.</b>	<b>1.62</b>
					<b>P</b>	2.6	3.4	3.1	3.6	2.9	0.0	0.0	15.6	<b>Overall</b>	<b>46.60</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:2 (cat.10)

Category **Ind Under 40 Female**

Competitors **5**

Class **A**

**3**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>22</b>	<b>Charlotte Pedersen</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	3.1	2.9	2.9	2.9	3.1	0.0	0.0	14.9	<b>Total</b>	<b>7.14</b>
					<b>P</b>	4.1	4.0	4.1	4.2	4.2	0.0	0.0	20.6	<b>Pres.</b>	<b>4.17</b>
					<b>T</b>	3.1	2.8	3.0	3.2	2.7	0.0	0.0	14.8	<b>Acc.</b>	<b>2.97</b>
					<b>P</b>	4.2	4.2	4.2	4.3	4.2	0.0	0.0	21.1	<b>Overall</b>	<b>71.40</b>
<b>2</b>	<b>59</b>	<b>Laura Kinnunen</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.8	2.9	2.7	2.9	2.8	0.0	0.0	14.1	<b>Total</b>	<b>6.77</b>
					<b>P</b>	3.7	4.0	3.9	4.0	4.1	0.0	0.0	19.7	<b>Pres.</b>	<b>3.94</b>
					<b>T</b>	2.8	2.8	2.7	3.0	2.9	0.0	0.0	14.2	<b>Acc.</b>	<b>2.83</b>
					<b>P</b>	3.8	3.9	3.9	3.9	4.1	0.0	0.0	19.6	<b>Overall</b>	<b>67.60</b>
<b>3</b>	<b>90</b>	<b>Miia Siutila</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	1.5	2.4	2.5	2.5	2.2	0.0	0.0	11.1	<b>Total</b>	<b>6.13</b>
					<b>P</b>	3.1	3.6	3.7	3.6	3.7	0.0	0.0	17.7	<b>Pres.</b>	<b>3.68</b>
					<b>T</b>	2.3	2.3	2.6	2.8	2.7	0.0	0.0	12.7	<b>Acc.</b>	<b>2.45</b>
					<b>P</b>	3.4	3.7	3.8	3.7	3.8	0.0	0.0	18.4	<b>Overall</b>	<b>59.90</b>
<b>4</b>	<b>97</b>	<b>Laura Wild</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.1	2.7	2.4	2.1	2.6	0.0	0.0	11.9	<b>Total</b>	<b>6.09</b>
					<b>P</b>	3.3	3.8	3.6	3.4	3.9	0.0	0.0	18.0	<b>Pres.</b>	<b>3.57</b>
					<b>T</b>	2.3	2.7	2.5	2.9	2.8	0.0	0.0	13.2	<b>Acc.</b>	<b>2.52</b>
					<b>P</b>	3.3	3.5	3.7	3.4	4.0	0.0	0.0	17.9	<b>Overall</b>	<b>61.00</b>
<b>5</b>	<b>88</b>	<b>Triin Saviauk</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.1	2.4	2.2	2.0	2.2	0.0	0.0	10.9	<b>Total</b>	<b>6.02</b>
					<b>P</b>	3.4	3.8	3.8	3.5	3.9	0.0	0.0	18.4	<b>Pres.</b>	<b>3.69</b>
					<b>T</b>	2.4	2.4	2.5	3.0	2.6	0.0	0.0	12.9	<b>Acc.</b>	<b>2.34</b>
					<b>P</b>	3.5	3.7	3.7	3.6	3.8	0.0	0.0	18.3	<b>Overall</b>	<b>60.50</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:2 (cat.13)

Category **Ind Under 50 Female**  
 Competitors **8**  
 Class **A**

**3**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>78</b>	<b>Johanna Nukari</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	3.1	2.8	2.9	3.2	2.4	0.0	0.0	14.4	<b>Total</b>	<b>6.99</b>
					<b>P</b>	4.2	3.8	4.2	4.2	3.7	0.0	0.0	20.1	<b>Pres.</b>	<b>4.09</b>
					<b>T</b>	2.8	2.8	3.1	3.0	2.7	0.0	0.0	14.4	<b>Acc.</b>	<b>2.90</b>
					<b>P</b>	4.1	4.0	4.2	4.2	3.9	0.0	0.0	20.4	<b>Overall</b>	<b>69.30</b>
<b>2</b>	<b>14</b>	<b>Lene Kjær</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	2.7	2.5	3.0	2.9	2.2	0.0	0.0	13.3	<b>Total</b>	<b>6.55</b>
					<b>P</b>	4.0	3.8	4.1	4.0	3.4	0.0	0.0	19.3	<b>Pres.</b>	<b>3.92</b>
					<b>T</b>	2.8	2.5	2.7	2.4	2.5	0.0	0.0	12.9	<b>Acc.</b>	<b>2.64</b>
					<b>P</b>	3.9	3.8	4.0	4.0	3.7	0.0	0.0	19.4	<b>Overall</b>	<b>64.90</b>
<b>3</b>	<b>19</b>	<b>Nicole Nielsen</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	2.9	2.6	2.8	2.6	2.6	0.0	0.0	13.5	<b>Total</b>	<b>6.51</b>
					<b>P</b>	4.0	3.9	4.0	4.0	3.7	0.0	0.0	19.6	<b>Pres.</b>	<b>3.94</b>
					<b>T</b>	2.4	2.5	2.9	2.4	2.5	0.0	0.0	12.7	<b>Acc.</b>	<b>2.57</b>
					<b>P</b>	3.8	3.7	4.1	4.0	3.9	0.0	0.0	19.5	<b>Overall</b>	<b>65.30</b>
<b>4</b>	<b>83</b>	<b>Satu Ritari</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	1.6	2.1	2.2	2.4	2.2	0.0	0.0	10.5	<b>Total</b>	<b>5.69</b>
					<b>P</b>	3.1	3.5	3.8	3.8	3.7	0.0	0.0	17.9	<b>Pres.</b>	<b>3.59</b>
					<b>T</b>	1.9	1.9	2.3	2.1	2.1	0.0	0.0	10.3	<b>Acc.</b>	<b>2.10</b>
					<b>P</b>	2.9	3.3	3.7	3.7	3.5	0.0	0.0	17.1	<b>Overall</b>	<b>55.80</b>
<b>5</b>	<b>81</b>	<b>Kirsimarja Raitasalo</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	1.8	1.7	1.9	2.2	2.4	0.0	0.0	10.0	<b>Total</b>	<b>5.42</b>
					<b>P</b>	3.3	3.1	3.4	3.7	3.6	0.0	0.0	17.1	<b>Pres.</b>	<b>3.47</b>
					<b>T</b>	1.7	1.6	2.3	2.2	1.9	0.0	0.0	09.7	<b>Acc.</b>	<b>1.95</b>
					<b>P</b>	3.3	3.2	3.6	3.8	3.6	0.0	0.0	17.5	<b>Overall</b>	<b>54.30</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:2 (cat.13)

Category **Ind Under 50 Female**  
 Competitors **8**  
 Class **A**

**3**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>6</b>	<b>123</b>	<b>Katariina Edling</b>	<b>MUDO Team Academy IF</b>	<b>SWE</b>	<b>T</b>	2.4	1.6	1.8	2.4	2.2	0.0	0.0	10.4	<b>Total</b>	<b>5.23</b>
					<b>P</b>	3.4	3.2	3.4	3.7	3.6	0.0	0.0	17.3	<b>Pres.</b>	<b>3.40</b>
					<b>T</b>	1.5	1.8	1.5	1.2	1.6	0.0	0.0	07.6	<b>Acc.</b>	<b>1.83</b>
					<b>P</b>	3.0	3.1	3.3	3.6	3.7	0.0	0.0	16.7	<b>Overall</b>	<b>52.00</b>
<b>7</b>	<b>64</b>	<b>Kati Kuosmanen</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	1.5	2.1	1.5	2.2	2.1	0.0	0.0	09.4	<b>Total</b>	<b>5.17</b>
					<b>P</b>	2.8	3.3	3.2	3.9	3.5	0.0	0.0	16.7	<b>Pres.</b>	<b>3.30</b>
					<b>T</b>	1.4	1.9	2.0	1.8	1.8	0.0	0.0	08.9	<b>Acc.</b>	<b>1.87</b>
					<b>P</b>	3.0	3.1	3.3	3.8	3.4	0.0	0.0	16.6	<b>Overall</b>	<b>51.60</b>
<b>8</b>	<b>51</b>	<b>Nyman Jenny</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	1.7	2.2	2.0	2.3	2.0	0.0	0.0	10.2	<b>Total</b>	<b>5.14</b>
					<b>P</b>	2.4	3.2	3.3	3.8	3.3	0.0	0.0	16.0	<b>Pres.</b>	<b>3.19</b>
					<b>T</b>	1.8	1.7	2.4	2.0	1.7	0.0	0.0	09.6	<b>Acc.</b>	<b>1.95</b>
					<b>P</b>	2.9	3.0	3.1	3.7	3.2	0.0	0.0	15.9	<b>Overall</b>	<b>51.70</b>

### Court:2 (cat.14)

Category **Ind Juniors Male**  
 Competitors **12**  
 Class **A**

**2**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>111</b>	<b>Jens Grambo Gundersen</b>	<b>Oslo Nord Taekwondo Club</b>	<b>NOR</b>	<b>T</b>	3.0	3.1	3.0	2.9	3.0	0.0	0.0	15.0	<b>Total</b>	<b>7.05</b>
					<b>P</b>	4.0	4.2	4.3	4.0	4.1	0.0	0.0	20.6	<b>Pres.</b>	<b>4.14</b>
					<b>T</b>	2.9	2.6	2.8	2.8	3.5	0.0	0.0	14.6	<b>Acc.</b>	<b>2.92</b>
					<b>P</b>	3.9	4.3	4.2	4.1	4.2	0.0	0.0	20.7	<b>Overall</b>	<b>70.90</b>
<b>2</b>	<b>53</b>	<b>Lassi Kaasinen</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	3.0	3.0	2.9	3.0	3.0	0.0	0.0	14.9	<b>Total</b>	<b>7.02</b>
					<b>P</b>	3.8	4.1	3.9	4.0	4.0	0.0	0.0	19.8	<b>Pres.</b>	<b>4.02</b>
					<b>T</b>	2.8	3.0	3.1	2.9	3.1	0.0	0.0	14.9	<b>Acc.</b>	<b>3.00</b>
					<b>P</b>	3.8	4.2	4.0	4.1	4.1	0.0	0.0	20.2	<b>Overall</b>	<b>69.80</b>
<b>3</b>	<b>124</b>	<b>Lukas Erlandsson</b>	<b>MUDO Team Academy IF</b>	<b>SWE</b>	<b>T</b>	2.5	3.2	2.9	2.7	2.9	0.0	0.0	14.2	<b>Total</b>	<b>6.88</b>
					<b>P</b>	3.9	4.3	3.7	4.0	3.9	0.0	0.0	19.8	<b>Pres.</b>	<b>4.03</b>
					<b>T</b>	3.0	2.7	2.9	2.6	3.1	0.0	0.0	14.3	<b>Acc.</b>	<b>2.85</b>
					<b>P</b>	3.9	4.3	4.2	4.1	4.1	0.0	0.0	20.6	<b>Overall</b>	<b>68.90</b>
<b>4</b>	<b>52</b>	<b>Alex Jürgens</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.8	3.3	3.2	2.9	2.9	0.0	0.0	15.1	<b>Total</b>	<b>6.85</b>
					<b>P</b>	3.8	4.3	3.8	3.7	3.9	0.0	0.0	19.5	<b>Pres.</b>	<b>3.87</b>
					<b>T</b>	2.3	3.1	3.1	2.8	3.0	0.0	0.0	14.3	<b>Acc.</b>	<b>2.99</b>
					<b>P</b>	3.7	4.2	3.9	3.8	4.0	0.0	0.0	19.6	<b>Overall</b>	<b>68.50</b>
<b>5</b>	<b>140</b>	<b>Mille Bergh</b>	<b>PTE Sweden</b>	<b>SWE</b>	<b>T</b>	3.0	2.9	3.1	2.8	2.8	0.0	0.0	14.6	<b>Total</b>	<b>6.80</b>
					<b>P</b>	3.9	4.0	3.9	3.8	3.9	0.0	0.0	19.5	<b>Pres.</b>	<b>3.94</b>
					<b>T</b>	3.0	2.2	2.7	2.8	3.0	0.0	0.0	13.7	<b>Acc.</b>	<b>2.87</b>
					<b>P</b>	4.0	4.0	3.9	3.8	4.0	0.0	0.0	19.7	<b>Overall</b>	<b>67.50</b>

### Court:2 (cat.14)

Category **Ind Juniors Male**  
 Competitors **12**  
 Class **A**

**2**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>6</b>	<b>132</b>	<b>Noah Mkrtchian</b>	<b>MUDO Team Academy IF</b>	<b>SWE</b>	<b>T</b>	3.0	3.0	2.6	2.9	2.8	0.0	0.0	14.3	<b>Total</b>	<b>6.75</b>
					<b>P</b>	3.9	4.3	4.0	3.9	3.7	0.0	0.0	19.8	<b>Pres.</b>	<b>3.93</b>
					<b>T</b>	2.7	2.8	2.6	2.7	2.9	0.0	0.0	13.7	<b>Acc.</b>	<b>2.82</b>
					<b>P</b>	3.7	4.2	3.9	4.0	3.9	0.0	0.0	19.7	<b>Overall</b>	<b>67.50</b>
<b>7</b>	<b>91</b>	<b>Henry Suoniitty</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.5	3.2	2.7	2.3	2.9	0.0	0.0	13.6	<b>Total</b>	<b>6.45</b>
					<b>P</b>	3.5	4.1	3.8	3.7	3.8	0.0	0.0	18.9	<b>Pres.</b>	<b>3.79</b>
					<b>T</b>	2.3	3.0	2.6	2.1	3.0	0.0	0.0	13.0	<b>Acc.</b>	<b>2.67</b>
					<b>P</b>	3.7	4.2	3.7	3.7	4.0	0.0	0.0	19.3	<b>Overall</b>	<b>64.80</b>
<b>8</b>	<b>139</b>	<b>David Agrest</b>	<b>PTE Sweden</b>	<b>SWE</b>	<b>T</b>	2.5	3.0	2.6	2.8	2.8	0.0	0.0	13.7	<b>Total</b>	<b>6.34</b>
					<b>P</b>	3.7	4.2	3.9	3.8	4.0	0.0	0.0	19.6	<b>Pres.</b>	<b>3.84</b>
					<b>T</b>	2.3	2.1	2.1	2.6	2.4	0.0	0.0	11.5	<b>Acc.</b>	<b>2.50</b>
					<b>P</b>	3.5	4.1	3.8	3.7	3.8	0.0	0.0	18.9	<b>Overall</b>	<b>63.70</b>
<b>9</b>	<b>135</b>	<b>Folke Rudh Sjöholm</b>	<b>MUDO Team Academy IF</b>	<b>SWE</b>	<b>T</b>	2.5	3.1	3.1	2.8	2.7	0.0	0.0	14.2	<b>Total</b>	<b>6.32</b>
					<b>P</b>	3.7	4.0	3.6	3.6	3.4	0.0	0.0	18.3	<b>Pres.</b>	<b>3.65</b>
					<b>T</b>	2.4	2.4	2.5	2.6	2.5	0.0	0.0	12.4	<b>Acc.</b>	<b>2.67</b>
					<b>P</b>	3.8	4.0	3.5	3.7	3.4	0.0	0.0	18.4	<b>Overall</b>	<b>63.30</b>
<b>10</b>	<b>37</b>	<b>Alexander Andersson</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.1	2.4	2.6	2.6	2.7	0.0	0.0	12.4	<b>Total</b>	<b>6.00</b>
					<b>P</b>	3.5	4.0	3.5	3.5	3.4	0.0	0.0	17.9	<b>Pres.</b>	<b>3.55</b>
					<b>T</b>	1.8	2.5	2.3	2.3	2.5	0.0	0.0	11.4	<b>Acc.</b>	<b>2.45</b>
					<b>P</b>	3.6	3.9	3.6	3.6	3.5	0.0	0.0	18.2	<b>Overall</b>	<b>59.90</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:2 (cat.14)

Category **Ind Juniors Male**  
 Competitors **12**  
 Class **A**

**2**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>11</b>	<b>42</b>	<b>Frans Frangén</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.4	1.9	2.3	2.7	2.6	0.0	0.0	11.9	<b>Total</b>	<b>5.80</b>
					<b>P</b>	3.6	3.9	3.6	3.6	3.6	0.0	0.0	18.3	<b>Pres.</b>	<b>3.60</b>
					<b>T</b>	2.0	1.7	1.7	2.2	2.8	0.0	0.0	10.4	<b>Acc.</b>	<b>2.20</b>
					<b>P</b>	3.5	3.9	3.7	3.5	3.6	0.0	0.0	18.2	<b>Overall</b>	<b>58.80</b>
<b>12</b>	<b>102</b>	<b>Álfgeir Stefánsson</b>	<b>Icelandic Taekwondo Federation</b>	<b>ISL</b>	<b>T</b>	1.8	2.5	2.3	2.6	2.4	0.0	0.0	11.6	<b>Total</b>	<b>5.54</b>
					<b>P</b>	3.1	3.8	3.4	3.4	3.3	0.0	0.0	17.0	<b>Pres.</b>	<b>3.37</b>
					<b>T</b>	1.4	2.3	2.0	1.9	1.9	0.0	0.0	09.5	<b>Acc.</b>	<b>2.17</b>
					<b>P</b>	3.2	3.7	3.4	3.5	3.2	0.0	0.0	17.0	<b>Overall</b>	<b>55.10</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:2 (cat.14)

Category **Ind Juniors Male**  
 Competitors **12**  
 Class **A**

**3**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>53</b>	<b>Lassi Kaasinen</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.7	2.4	2.9	3.0	3.1	0.0	0.0	14.1	<b>Total</b>	<b>7.02</b>
					<b>P</b>	4.0	4.2	3.9	4.1	4.0	0.0	0.0	20.2	<b>Pres.</b>	<b>4.10</b>
					<b>T</b>	2.8	3.1	3.3	2.9	2.9	0.0	0.0	15.0	<b>Acc.</b>	<b>2.92</b>
					<b>P</b>	4.2	4.3	3.9	4.2	4.1	0.0	0.0	20.7	<b>Overall</b>	<b>70.00</b>
<b>2</b>	<b>124</b>	<b>Lukas Erlandsson</b>	<b>MUDO Team Academy IF</b>	<b>SWE</b>	<b>T</b>	2.9	3.0	2.9	2.9	2.7	0.0	0.0	14.4	<b>Total</b>	<b>7.02</b>
					<b>P</b>	4.0	4.4	4.1	4.1	4.0	0.0	0.0	20.6	<b>Pres.</b>	<b>4.07</b>
					<b>T</b>	2.7	3.0	3.1	2.9	3.1	0.0	0.0	14.8	<b>Acc.</b>	<b>2.95</b>
					<b>P</b>	3.9	4.4	4.1	4.0	4.1	0.0	0.0	20.5	<b>Overall</b>	<b>70.30</b>
<b>3</b>	<b>132</b>	<b>Noah Mkrтчian</b>	<b>MUDO Team Academy IF</b>	<b>SWE</b>	<b>T</b>	3.0	2.8	3.0	2.8	3.1	0.0	0.0	14.7	<b>Total</b>	<b>7.02</b>
					<b>P</b>	4.0	4.3	3.8	4.1	4.0	0.0	0.0	20.2	<b>Pres.</b>	<b>4.05</b>
					<b>T</b>	2.8	3.2	3.1	2.7	3.1	0.0	0.0	14.9	<b>Acc.</b>	<b>2.97</b>
					<b>P</b>	4.0	4.3	3.9	4.1	4.1	0.0	0.0	20.4	<b>Overall</b>	<b>70.20</b>
<b>4</b>	<b>111</b>	<b>Jens Grambo Gundersen</b>	<b>Oslo Nord Taekwondo Club</b>	<b>NOR</b>	<b>T</b>	2.9	2.5	2.8	2.6	3.0	0.0	0.0	13.8	<b>Total</b>	<b>6.96</b>
					<b>P</b>	4.2	4.2	4.1	4.2	4.1	0.0	0.0	20.8	<b>Pres.</b>	<b>4.14</b>
					<b>T</b>	2.9	2.9	3.2	2.6	2.8	0.0	0.0	14.4	<b>Acc.</b>	<b>2.82</b>
					<b>P</b>	4.1	4.2	4.0	4.3	4.0	0.0	0.0	20.6	<b>Overall</b>	<b>69.60</b>
<b>5</b>	<b>140</b>	<b>Mille Bergh</b>	<b>PTE Sweden</b>	<b>SWE</b>	<b>T</b>	2.9	2.7	2.9	3.0	2.9	0.0	0.0	14.4	<b>Total</b>	<b>6.93</b>
					<b>P</b>	4.1	4.1	4.0	4.0	4.0	0.0	0.0	20.2	<b>Pres.</b>	<b>4.03</b>
					<b>T</b>	2.9	2.9	3.0	2.7	2.9	0.0	0.0	14.4	<b>Acc.</b>	<b>2.90</b>
					<b>P</b>	4.1	4.1	4.1	3.9	3.9	0.0	0.0	20.1	<b>Overall</b>	<b>69.10</b>



# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:2 (cat.14)

Category **Ind Juniors Male**  
 Competitors **12**  
 Class **A**

**3**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>6</b>	<b>52</b>	<b>Alex Jürgens</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.6	3.2	2.9	3.1	2.8	0.0	0.0	14.6	<b>Total</b>	<b>6.90</b>
					<b>P</b>	3.7	4.2	4.0	3.9	3.9	0.0	0.0	19.7	<b>Pres.</b>	<b>3.93</b>
					<b>T</b>	2.5	3.1	3.2	2.9	3.0	0.0	0.0	14.7	<b>Acc.</b>	<b>2.97</b>
					<b>P</b>	3.6	4.2	4.1	3.7	4.0	0.0	0.0	19.6	<b>Overall</b>	<b>68.60</b>
<b>7</b>	<b>91</b>	<b>Henry Suoniitty</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.3	2.7	2.3	3.1	2.7	0.0	0.0	13.1	<b>Total</b>	<b>6.57</b>
					<b>P</b>	3.5	4.0	3.8	3.8	3.9	0.0	0.0	19.0	<b>Pres.</b>	<b>3.85</b>
					<b>T</b>	2.6	3.0	2.9	2.7	3.1	0.0	0.0	14.3	<b>Acc.</b>	<b>2.72</b>
					<b>P</b>	3.6	4.1	3.8	3.7	4.1	0.0	0.0	19.3	<b>Overall</b>	<b>65.70</b>
<b>8</b>	<b>139</b>	<b>David Agrest</b>	<b>PTE Sweden</b>	<b>SWE</b>	<b>T</b>	2.8	2.3	2.4	2.4	2.3	0.0	0.0	12.2	<b>Total</b>	<b>6.31</b>
					<b>P</b>	3.8	4.2	3.8	3.6	3.8	0.0	0.0	19.2	<b>Pres.</b>	<b>3.84</b>
					<b>T</b>	2.3	2.4	2.7	2.6	2.9	0.0	0.0	12.9	<b>Acc.</b>	<b>2.47</b>
					<b>P</b>	3.8	4.2	3.9	3.7	3.9	0.0	0.0	19.5	<b>Overall</b>	<b>63.80</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:2 (cat.15)

Category **Ind Under 40 Male**

Competitors **9**

Class **A**

**2**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>89</b>	<b>Olli Siltanen</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	3.1	3.2	3.2	3.0	2.7	0.0	0.0	15.2	<b>Total</b>	<b>7.44</b>
					<b>P</b>	4.1	4.3	4.4	4.4	4.1	0.0	0.0	21.3	<b>Pres.</b>	<b>4.32</b>
					<b>T</b>	3.2	3.2	3.1	3.1	3.1	0.0	0.0	15.7	<b>Acc.</b>	<b>3.12</b>
					<b>P</b>	4.2	4.4	4.4	4.5	4.3	0.0	0.0	21.8	<b>Overall</b>	<b>74.00</b>
<b>2</b>	<b>10</b>	<b>Benjamin Harder</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	3.2	2.9	3.4	2.9	2.7	0.0	0.0	15.1	<b>Total</b>	<b>7.22</b>
					<b>P</b>	4.1	4.3	4.3	4.6	4.0	0.0	0.0	21.3	<b>Pres.</b>	<b>4.25</b>
					<b>T</b>	2.8	3.0	3.0	2.8	3.2	0.0	0.0	14.8	<b>Acc.</b>	<b>2.97</b>
					<b>P</b>	4.1	4.2	4.3	4.3	4.4	0.0	0.0	21.3	<b>Overall</b>	<b>72.50</b>
<b>3</b>	<b>38</b>	<b>Sampsa Aukio</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.7	2.4	3.2	2.4	2.6	0.0	0.0	13.3	<b>Total</b>	<b>6.69</b>
					<b>P</b>	4.0	3.9	4.1	3.7	3.8	0.0	0.0	19.5	<b>Pres.</b>	<b>3.92</b>
					<b>T</b>	3.0	2.9	3.0	2.6	3.2	0.0	0.0	14.7	<b>Acc.</b>	<b>2.77</b>
					<b>P</b>	3.7	3.9	4.1	3.9	4.0	0.0	0.0	19.6	<b>Overall</b>	<b>67.10</b>
<b>4</b>	<b>137</b>	<b>Murat Sarikus</b>	<b>MUDO Team Academy IF</b>	<b>SWE</b>	<b>T</b>	2.8	2.4	2.9	2.6	2.2	0.0	0.0	12.9	<b>Total</b>	<b>6.69</b>
					<b>P</b>	4.1	3.7	4.1	3.5	3.8	0.0	0.0	19.2	<b>Pres.</b>	<b>3.92</b>
					<b>T</b>	2.8	3.0	3.1	2.6	3.0	0.0	0.0	14.5	<b>Acc.</b>	<b>2.77</b>
					<b>P</b>	4.1	3.8	4.1	3.6	4.0	0.0	0.0	19.6	<b>Overall</b>	<b>66.20</b>
<b>5</b>	<b>48</b>	<b>Tatu Iivanainen</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.8	2.4	3.2	2.7	2.6	0.0	0.0	13.7	<b>Total</b>	<b>6.54</b>
					<b>P</b>	3.8	3.6	4.0	3.9	3.8	0.0	0.0	19.1	<b>Pres.</b>	<b>3.85</b>
					<b>T</b>	2.6	2.4	2.8	2.6	2.9	0.0	0.0	13.3	<b>Acc.</b>	<b>2.69</b>
					<b>P</b>	3.6	3.8	4.0	3.9	3.9	0.0	0.0	19.2	<b>Overall</b>	<b>65.30</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:2 (cat.15)

Category **Ind Under 40 Male**

Competitors **9**

Class **A**

**2**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>6</b>	<b>104</b>	<b>Michael Phan</b>	<b>Askim If Taekwondo Klubb</b>	<b>NOR</b>	<b>T</b>	2.5	2.4	2.8	2.7	2.8	0.0	0.0	13.2	<b>Total</b>	<b>6.32</b>
					<b>P</b>	3.3	3.7	3.9	3.6	3.7	0.0	0.0	18.2	<b>Pres.</b>	<b>3.67</b>
					<b>T</b>	2.6	2.6	2.7	2.5	3.1	0.0	0.0	13.5	<b>Acc.</b>	<b>2.65</b>
					<b>P</b>	3.3	3.7	3.8	3.5	3.9	0.0	0.0	18.2	<b>Overall</b>	<b>63.10</b>
<b>7</b>	<b>34</b>	<b>Jesper Hansen</b>	<b>Lyngby Taekwondo Klub</b>	<b>DEN</b>	<b>T</b>	2.4	2.2	2.3	2.5	2.5	0.0	0.0	11.9	<b>Total</b>	<b>6.17</b>
					<b>P</b>	3.5	3.5	4.0	3.8	4.0	0.0	0.0	18.8	<b>Pres.</b>	<b>3.74</b>
					<b>T</b>	2.3	2.3	2.6	2.5	2.9	0.0	0.0	12.6	<b>Acc.</b>	<b>2.44</b>
					<b>P</b>	3.5	3.5	3.9	3.7	4.0	0.0	0.0	18.6	<b>Overall</b>	<b>61.90</b>
<b>8</b>	<b>77</b>	<b>Elmer Nordberg</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.0	1.9	2.6	2.3	2.5	0.0	0.0	11.3	<b>Total</b>	<b>5.82</b>
					<b>P</b>	3.1	3.4	3.9	3.4	3.8	0.0	0.0	17.6	<b>Pres.</b>	<b>3.58</b>
					<b>T</b>	1.7	2.2	1.9	2.5	2.8	0.0	0.0	11.1	<b>Acc.</b>	<b>2.24</b>
					<b>P</b>	3.1	3.5	3.8	3.6	3.8	0.0	0.0	17.8	<b>Overall</b>	<b>57.80</b>
<b>9</b>	<b>127</b>	<b>Alexander Lagos Kusk</b>	<b>MUDO Team Academy IF</b>	<b>SWE</b>	<b>T</b>	1.8	1.5	2.2	1.8	1.8	0.0	0.0	09.1	<b>Total</b>	<b>5.17</b>
					<b>P</b>	3.4	3.4	3.9	3.3	3.5	0.0	0.0	17.5	<b>Pres.</b>	<b>3.38</b>
					<b>T</b>	1.7	2.0	1.7	1.9	1.7	0.0	0.0	09.0	<b>Acc.</b>	<b>1.79</b>
					<b>P</b>	3.1	3.4	3.7	3.3	3.3	0.0	0.0	16.8	<b>Overall</b>	<b>52.40</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:2 (cat.15)

Category **Ind Under 40 Male**  
 Competitors **9**  
 Class **A**

**3**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>89</b>	<b>Olli Siltanen</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	3.2	2.9	3.3	3.0	3.1	0.0	0.0	15.5	<b>Total</b>	<b>7.50</b>
					<b>P</b>	4.2	4.3	4.3	4.6	4.3	0.0	0.0	21.7	<b>Pres.</b>	<b>4.34</b>
					<b>T</b>	3.1	3.6	3.3	3.2	3.2	0.0	0.0	16.4	<b>Acc.</b>	<b>3.17</b>
					<b>P</b>	4.3	4.3	4.3	4.5	4.5	0.0	0.0	21.9	<b>Overall</b>	<b>75.50</b>
<b>2</b>	<b>10</b>	<b>Benjamin Harder</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	3.2	3.1	3.0	2.5	3.1	0.0	0.0	14.9	<b>Total</b>	<b>7.47</b>
					<b>P</b>	4.2	4.3	4.4	4.4	4.4	0.0	0.0	21.7	<b>Pres.</b>	<b>4.39</b>
					<b>T</b>	3.0	3.3	3.2	3.1	3.0	0.0	0.0	15.6	<b>Acc.</b>	<b>3.09</b>
					<b>P</b>	4.4	4.3	4.4	4.5	4.4	0.0	0.0	22.0	<b>Overall</b>	<b>74.20</b>
<b>3</b>	<b>137</b>	<b>Murat Sarikus</b>	<b>MUDO Team Academy IF</b>	<b>SWE</b>	<b>T</b>	3.0	2.7	2.4	2.7	3.0	0.0	0.0	13.8	<b>Total</b>	<b>7.02</b>
					<b>P</b>	4.1	4.0	4.1	3.9	4.1	0.0	0.0	20.2	<b>Pres.</b>	<b>4.10</b>
					<b>T</b>	2.9	3.2	3.1	2.7	3.1	0.0	0.0	15.0	<b>Acc.</b>	<b>2.92</b>
					<b>P</b>	4.3	4.0	4.1	4.0	4.4	0.0	0.0	20.8	<b>Overall</b>	<b>69.80</b>
<b>4</b>	<b>38</b>	<b>Sampsa Aukio</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.8	2.7	3.1	2.7	2.9	0.0	0.0	14.2	<b>Total</b>	<b>6.87</b>
					<b>P</b>	4.0	4.0	4.2	3.7	4.0	0.0	0.0	19.9	<b>Pres.</b>	<b>4.02</b>
					<b>T</b>	2.5	2.9	3.2	2.8	3.0	0.0	0.0	14.4	<b>Acc.</b>	<b>2.85</b>
					<b>P</b>	4.0	3.9	4.1	4.0	4.2	0.0	0.0	20.2	<b>Overall</b>	<b>68.70</b>
<b>5</b>	<b>48</b>	<b>Tatu Iivanainen</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.5	2.2	2.8	2.4	2.8	0.0	0.0	12.7	<b>Total</b>	<b>6.52</b>
					<b>P</b>	3.6	3.8	4.1	3.9	3.7	0.0	0.0	19.1	<b>Pres.</b>	<b>3.87</b>
					<b>T</b>	2.5	2.6	2.8	2.8	3.0	0.0	0.0	13.7	<b>Acc.</b>	<b>2.65</b>
					<b>P</b>	3.9	3.8	4.0	3.9	4.0	0.0	0.0	19.6	<b>Overall</b>	<b>65.10</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:2 (cat.15)

Category **Ind Under 40 Male**

Competitors **9**

Class **A**

**3**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>6</b>	<b>104</b>	<b>Michael Phan</b>	<b>Askim If Taekwondo Klubb</b>	<b>NOR</b>	<b>T</b>	2.3	2.6	2.3	2.7	3.0	0.0	0.0	12.9	<b>Total</b>	<b>6.50</b>
					<b>P</b>	3.6	3.7	4.0	4.0	3.9	0.0	0.0	19.2	<b>Pres.</b>	<b>3.85</b>
					<b>T</b>	2.4	2.7	2.8	2.8	3.0	0.0	0.0	13.7	<b>Acc.</b>	<b>2.65</b>
					<b>P</b>	3.7	3.7	3.9	3.9	4.1	0.0	0.0	19.3	<b>Overall</b>	<b>65.10</b>
<b>7</b>	<b>34</b>	<b>Jesper Hansen</b>	<b>Lyngby Taekwondo Klub</b>	<b>DEN</b>	<b>T</b>	2.2	2.4	2.7	2.5	2.7	0.0	0.0	12.5	<b>Total</b>	<b>6.32</b>
					<b>P</b>	3.5	3.8	4.2	3.8	3.9	0.0	0.0	19.2	<b>Pres.</b>	<b>3.82</b>
					<b>T</b>	2.0	2.5	2.4	2.5	2.6	0.0	0.0	12.0	<b>Acc.</b>	<b>2.50</b>
					<b>P</b>	3.5	3.7	4.0	3.9	3.8	0.0	0.0	18.9	<b>Overall</b>	<b>62.60</b>
<b>8</b>	<b>77</b>	<b>Elmer Nordberg</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.1	2.4	2.1	2.4	2.9	0.0	0.0	11.9	<b>Total</b>	<b>6.06</b>
					<b>P</b>	3.4	3.7	4.0	3.6	4.0	0.0	0.0	18.7	<b>Pres.</b>	<b>3.77</b>
					<b>T</b>	1.7	2.3	2.7	2.5	2.0	0.0	0.0	11.2	<b>Acc.</b>	<b>2.29</b>
					<b>P</b>	3.2	3.6	4.0	3.8	3.9	0.0	0.0	18.5	<b>Overall</b>	<b>60.30</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:3 (cat.5)

Category **Ind Cadets Female**

Competitors **14**

Class **A**

**2**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>3</b>	<b>Emma Au-Nguyen</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	3.1	2.8	2.7	2.5	3.1	0.0	0.0	14.2	<b>Total</b>	<b>6.59</b>
					<b>P</b>	4.1	3.6	3.6	3.6	3.6	0.0	0.0	18.5	<b>Pres.</b>	<b>3.67</b>
					<b>T</b>	3.2	2.9	2.9	3.1	2.9	0.0	0.0	15.0	<b>Acc.</b>	<b>2.92</b>
					<b>P</b>	4.0	3.8	3.7	3.6	3.7	0.0	0.0	18.8	<b>Overall</b>	<b>66.50</b>
<b>2</b>	<b>72</b>	<b>Elisa Mäkinen</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.9	2.8	2.8	2.9	3.2	0.0	0.0	14.6	<b>Total</b>	<b>6.50</b>
					<b>P</b>	3.9	3.6	3.5	3.9	3.7	0.0	0.0	18.6	<b>Pres.</b>	<b>3.70</b>
					<b>T</b>	2.8	2.6	2.8	2.5	2.9	0.0	0.0	13.6	<b>Acc.</b>	<b>2.80</b>
					<b>P</b>	3.9	3.5	3.7	3.7	3.6	0.0	0.0	18.4	<b>Overall</b>	<b>65.20</b>
<b>3</b>	<b>75</b>	<b>Mimi Miettinen</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.7	2.9	2.9	3.2	2.8	0.0	0.0	14.5	<b>Total</b>	<b>6.47</b>
					<b>P</b>	3.9	3.6	3.6	3.6	3.6	0.0	0.0	18.3	<b>Pres.</b>	<b>3.62</b>
					<b>T</b>	2.9	3.0	2.8	2.8	2.8	0.0	0.0	14.3	<b>Acc.</b>	<b>2.85</b>
					<b>P</b>	3.9	3.7	3.6	3.6	3.6	0.0	0.0	18.4	<b>Overall</b>	<b>65.50</b>
<b>4</b>	<b>39</b>	<b>Inès Benaissa</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.6	2.9	2.9	2.6	2.5	0.0	0.0	13.5	<b>Total</b>	<b>6.39</b>
					<b>P</b>	3.7	3.7	3.7	3.5	3.7	0.0	0.0	18.3	<b>Pres.</b>	<b>3.70</b>
					<b>T</b>	2.6	2.6	2.8	2.2	3.0	0.0	0.0	13.2	<b>Acc.</b>	<b>2.69</b>
					<b>P</b>	3.8	3.6	3.9	3.4	3.7	0.0	0.0	18.4	<b>Overall</b>	<b>63.40</b>
<b>5</b>	<b>40</b>	<b>Nea Forsell</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.8	2.9	2.3	3.1	2.9	0.0	0.0	14.0	<b>Total</b>	<b>6.29</b>
					<b>P</b>	3.8	3.7	3.5	3.9	3.5	0.0	0.0	18.4	<b>Pres.</b>	<b>3.60</b>
					<b>T</b>	2.8	2.8	2.0	2.1	2.6	0.0	0.0	12.3	<b>Acc.</b>	<b>2.69</b>
					<b>P</b>	3.9	3.6	3.5	3.5	3.4	0.0	0.0	17.9	<b>Overall</b>	<b>62.60</b>

### Court:3 (cat.5)

Category **Ind Cadets Female**

Competitors **14**

Class **A**

**2**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages		
<b>6</b>	<b>66</b>	<b>Pinja</b>	<b>Latvajärvi</b>		<b>FIN</b>	<b>T</b>	2.7	2.8	2.8	1.9	2.4	0.0	0.0	12.6	<b>Total</b>	<b>6.13</b>
						<b>P</b>	3.6	3.6	3.6	3.3	3.4	0.0	0.0	17.5	<b>Pres.</b>	<b>3.52</b>
						<b>T</b>	2.8	2.5	2.5	1.7	2.8	0.0	0.0	12.3	<b>Acc.</b>	<b>2.62</b>
						<b>P</b>	3.8	3.6	3.5	3.2	3.4	0.0	0.0	17.5	<b>Overall</b>	<b>59.90</b>
<b>Team Finland</b>																
<b>7</b>	<b>29</b>	<b>Shiri</b>	<b>Ginnerup</b>		<b>DEN</b>	<b>T</b>	2.6	2.9	2.6	2.5	3.0	0.0	0.0	13.6	<b>Total</b>	<b>6.12</b>
						<b>P</b>	3.7	3.6	3.4	3.3	3.6	0.0	0.0	17.6	<b>Pres.</b>	<b>3.48</b>
						<b>T</b>	2.3	2.7	1.8	2.7	2.8	0.0	0.0	12.3	<b>Acc.</b>	<b>2.64</b>
						<b>P</b>	3.7	3.5	3.4	3.3	3.4	0.0	0.0	17.3	<b>Overall</b>	<b>60.80</b>
<b>Gangnam Sportstaekwondo</b>																
<b>8</b>	<b>126</b>	<b>Anna Maria</b>	<b>Juharyan</b>		<b>SWE</b>	<b>T</b>	2.0	2.5	2.8	2.1	2.7	0.0	0.0	12.1	<b>Total</b>	<b>6.07</b>
						<b>P</b>	3.4	3.5	3.7	3.6	3.6	0.0	0.0	17.8	<b>Pres.</b>	<b>3.60</b>
						<b>T</b>	2.5	2.5	2.2	2.6	2.5	0.0	0.0	12.3	<b>Acc.</b>	<b>2.47</b>
						<b>P</b>	3.6	3.5	3.8	3.7	3.6	0.0	0.0	18.2	<b>Overall</b>	<b>60.40</b>
<b>MUDO Team Academy IF</b>																
<b>9</b>	<b>43</b>	<b>Matleena</b>	<b>Grönlund</b>		<b>FIN</b>	<b>T</b>	2.6	2.9	2.5	2.7	2.4	0.0	0.0	13.1	<b>Total</b>	<b>5.94</b>
						<b>P</b>	3.4	3.6	3.3	3.6	3.4	0.0	0.0	17.3	<b>Pres.</b>	<b>3.42</b>
						<b>T</b>	2.3	2.4	1.9	2.7	2.6	0.0	0.0	11.9	<b>Acc.</b>	<b>2.52</b>
						<b>P</b>	3.4	3.4	3.3	3.3	3.5	0.0	0.0	16.9	<b>Overall</b>	<b>59.20</b>
<b>Team Finland</b>																
<b>10</b>	<b>113</b>	<b>Cassandra</b>	<b>Cansund</b>		<b>SWE</b>	<b>T</b>	2.6	2.6	2.0	2.4	2.6	0.0	0.0	12.2	<b>Total</b>	<b>5.83</b>
						<b>P</b>	3.7	3.5	3.5	3.4	3.4	0.0	0.0	17.5	<b>Pres.</b>	<b>3.45</b>
						<b>T</b>	2.4	2.3	2.0	2.1	2.3	0.0	0.0	11.1	<b>Acc.</b>	<b>2.38</b>
						<b>P</b>	3.6	3.4	3.5	3.3	3.4	0.0	0.0	17.2	<b>Overall</b>	<b>58.00</b>
<b>?Restad Baekdusan Taekwondo</b>																

### Court:3 (cat.5)

Category **Ind Cadets Female**

Competitors **14**

Class **A**

**2**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>11</b>	<b>122</b>	<b>Maja Bergström</b>	<b>MUDO Team Academy IF</b>	<b>SWE</b>	<b>T</b>	2.6	2.1	2.1	2.6	2.4	0.0	0.0	11.8	<b>Total</b>	<b>5.52</b>
					<b>P</b>	3.8	3.3	3.3	3.2	3.3	0.0	0.0	16.9	<b>Pres.</b>	<b>3.29</b>
					<b>T</b>	2.7	1.7	1.3	2.0	2.6	0.0	0.0	10.3	<b>Acc.</b>	<b>2.24</b>
					<b>P</b>	3.9	3.2	3.3	3.2	3.3	0.0	0.0	16.9	<b>Overall</b>	<b>55.90</b>
<b>12</b>	<b>138</b>	<b>Lily Toth</b>	<b>MUDO Team Academy IF</b>	<b>SWE</b>	<b>T</b>	2.5	2.3	2.2	2.2	2.4	0.0	0.0	11.6	<b>Total</b>	<b>5.40</b>
					<b>P</b>	3.6	3.3	3.3	3.1	3.4	0.0	0.0	16.7	<b>Pres.</b>	<b>3.27</b>
					<b>T</b>	2.6	1.8	1.5	2.3	1.8	0.0	0.0	10.0	<b>Acc.</b>	<b>2.14</b>
					<b>P</b>	3.7	3.2	3.2	3.2	3.2	0.0	0.0	16.5	<b>Overall</b>	<b>54.80</b>
<b>13</b>	<b>28</b>	<b>Filippa Blaedel</b>	<b>Gangnam Sportstaekwondo</b>	<b>DEN</b>	<b>T</b>	2.4	1.6	2.3	2.0	1.6	0.0	0.0	09.9	<b>Total</b>	<b>5.35</b>
					<b>P</b>	3.6	3.5	3.4	3.3	3.2	0.0	0.0	17.0	<b>Pres.</b>	<b>3.37</b>
					<b>T</b>	2.0	2.0	1.6	2.4	2.0	0.0	0.0	10.0	<b>Acc.</b>	<b>1.99</b>
					<b>P</b>	3.4	3.5	3.3	3.3	3.3	0.0	0.0	16.8	<b>Overall</b>	<b>53.70</b>
<b>14</b>	<b>134</b>	<b>Ekatarina Rafailovic</b>	<b>MUDO Team Academy IF</b>	<b>SWE</b>	<b>T</b>	2.5	1.9	1.6	2.2	2.0	0.0	0.0	10.2	<b>Total</b>	<b>5.24</b>
					<b>P</b>	3.4	3.3	3.1	3.3	3.3	0.0	0.0	16.4	<b>Pres.</b>	<b>3.29</b>
					<b>T</b>	2.2	1.5	0.6	2.2	1.9	0.0	0.0	08.4	<b>Acc.</b>	<b>1.95</b>
					<b>P</b>	3.2	3.3	3.0	3.3	3.3	0.0	0.0	16.1	<b>Overall</b>	<b>51.10</b>



# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:3 (cat.5)

Category **Ind Cadets Female**

Competitors **14**

Class **A**

**3**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>3</b>	<b>Emma Au-Nguyen</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	2.8	2.8	2.6	3.1	3.4	0.0	0.0	14.7	<b>Total</b>	<b>6.86</b>
					<b>P</b>	3.8	3.9	3.8	3.9	3.9	0.0	0.0	19.3	<b>Pres.</b>	<b>3.87</b>
					<b>T</b>	3.0	3.1	2.6	3.3	3.1	0.0	0.0	15.1	<b>Acc.</b>	<b>2.99</b>
					<b>P</b>	4.0	4.0	3.8	3.7	3.8	0.0	0.0	19.3	<b>Overall</b>	<b>68.40</b>
<b>2</b>	<b>40</b>	<b>Nea Forsell</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.9	2.8	2.5	2.5	2.8	0.0	0.0	13.5	<b>Total</b>	<b>6.55</b>
					<b>P</b>	3.9	4.0	3.9	3.6	3.6	0.0	0.0	19.0	<b>Pres.</b>	<b>3.79</b>
					<b>T</b>	3.0	2.6	2.6	2.9	3.0	0.0	0.0	14.1	<b>Acc.</b>	<b>2.77</b>
					<b>P</b>	4.0	3.7	3.9	3.6	3.7	0.0	0.0	18.9	<b>Overall</b>	<b>65.50</b>
<b>3</b>	<b>126</b>	<b>Anna Maria Juharyan</b>	<b>MUDO Team Academy IF</b>	<b>SWE</b>	<b>T</b>	2.6	2.2	2.5	2.8	2.8	0.0	0.0	12.9	<b>Total</b>	<b>6.45</b>
					<b>P</b>	3.9	3.6	3.9	3.7	3.6	0.0	0.0	18.7	<b>Pres.</b>	<b>3.75</b>
					<b>T</b>	2.7	2.8	2.8	2.7	3.0	0.0	0.0	14.0	<b>Acc.</b>	<b>2.70</b>
					<b>P</b>	3.9	3.7	3.9	3.6	3.7	0.0	0.0	18.8	<b>Overall</b>	<b>64.40</b>
<b>4</b>	<b>72</b>	<b>Elisa Mäkinen</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.7	2.1	2.6	2.6	3.0	0.0	0.0	13.0	<b>Total</b>	<b>6.43</b>
					<b>P</b>	3.8	3.1	3.8	3.5	3.6	0.0	0.0	17.8	<b>Pres.</b>	<b>3.65</b>
					<b>T</b>	3.0	3.0	2.9	2.9	2.8	0.0	0.0	14.6	<b>Acc.</b>	<b>2.78</b>
					<b>P</b>	3.9	3.5	3.8	3.6	3.6	0.0	0.0	18.4	<b>Overall</b>	<b>63.80</b>
<b>5</b>	<b>75</b>	<b>Mimi Miettinen</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.5	2.5	2.3	2.6	2.8	0.0	0.0	12.7	<b>Total</b>	<b>6.42</b>
					<b>P</b>	3.8	3.4	3.7	3.7	3.7	0.0	0.0	18.3	<b>Pres.</b>	<b>3.69</b>
					<b>T</b>	2.9	2.6	2.9	3.3	3.0	0.0	0.0	14.7	<b>Acc.</b>	<b>2.73</b>
					<b>P</b>	3.8	3.6	3.7	3.7	3.6	0.0	0.0	18.4	<b>Overall</b>	<b>64.10</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:3 (cat.5)

Category **Ind Cadets Female**  
 Competitors **14**  
 Class **A**

**3**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages		
<b>6</b>	<b>66</b>	<b>Pinja</b>	<b>Latvajärvi</b>		<b>FIN</b>	<b>T</b>	2.8	2.4	2.2	2.0	2.7	0.0	0.0	12.1	<b>Total</b>	<b>6.38</b>
						<b>P</b>	3.9	3.7	3.8	3.4	3.5	0.0	0.0	18.3	<b>Pres.</b>	<b>3.70</b>
						<b>T</b>	3.0	2.9	2.5	3.1	2.9	0.0	0.0	14.4	<b>Acc.</b>	<b>2.68</b>
						<b>P</b>	4.0	3.8	3.8	3.4	3.6	0.0	0.0	18.6	<b>Overall</b>	<b>63.40</b>
<b>7</b>	<b>29</b>	<b>Shiri</b>	<b>Ginnerup</b>		<b>DEN</b>	<b>T</b>	2.7	1.9	2.3	2.1	2.4	0.0	0.0	11.4	<b>Total</b>	<b>6.11</b>
						<b>P</b>	3.9	3.0	3.7	3.3	3.4	0.0	0.0	17.3	<b>Pres.</b>	<b>3.54</b>
						<b>T</b>	3.0	2.8	2.7	3.0	2.8	0.0	0.0	14.3	<b>Acc.</b>	<b>2.57</b>
						<b>P</b>	3.9	3.3	3.9	3.3	3.6	0.0	0.0	18.0	<b>Overall</b>	<b>61.00</b>
<b>8</b>	<b>39</b>	<b>Inès</b>	<b>Benaissa</b>		<b>FIN</b>	<b>T</b>	2.6	2.3	1.7	1.8	2.6	0.0	0.0	11.0	<b>Total</b>	<b>5.93</b>
						<b>P</b>	3.9	3.7	3.8	3.5	3.6	0.0	0.0	18.5	<b>Pres.</b>	<b>3.62</b>
						<b>T</b>	2.8	2.4	2.5	2.3	2.2	0.0	0.0	12.2	<b>Acc.</b>	<b>2.32</b>
						<b>P</b>	3.9	3.3	3.8	3.4	3.4	0.0	0.0	17.8	<b>Overall</b>	<b>59.50</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:3 (cat.7)

Category **Ind Juniors Female**

Competitors **17**

Class **A**

**2**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>62</b>	<b>Aino Kortelainen</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	3.1	2.9	3.1	2.9	3.3	0.0	0.0	15.3	<b>Total</b>	<b>7.07</b>
					<b>P</b>	4.1	3.9	4.0	4.0	4.0	0.0	0.0	20.0	<b>Pres.</b>	<b>4.04</b>
					<b>T</b>	3.0	2.8	3.3	3.0	3.1	0.0	0.0	15.2	<b>Acc.</b>	<b>3.03</b>
					<b>P</b>	4.1	3.9	4.1	4.0	4.2	0.0	0.0	20.3	<b>Overall</b>	<b>70.80</b>
<b>2</b>	<b>12</b>	<b>Annebell T.W. Ibsen</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	2.9	2.9	2.9	2.7	3.1	0.0	0.0	14.5	<b>Total</b>	<b>7.00</b>
					<b>P</b>	3.9	4.0	3.8	3.9	3.9	0.0	0.0	19.5	<b>Pres.</b>	<b>3.99</b>
					<b>T</b>	3.1	3.1	3.2	3.2	3.0	0.0	0.0	15.6	<b>Acc.</b>	<b>3.02</b>
					<b>P</b>	4.1	4.1	4.0	4.1	3.8	0.0	0.0	20.1	<b>Overall</b>	<b>69.70</b>
<b>3</b>	<b>125</b>	<b>Mia Galvenius</b>	<b>MUDO Team Academy IF</b>	<b>SWE</b>	<b>T</b>	2.9	2.7	3.1	3.0	3.1	0.0	0.0	14.8	<b>Total</b>	<b>7.00</b>
					<b>P</b>	3.8	3.9	4.0	4.0	4.0	0.0	0.0	19.7	<b>Pres.</b>	<b>3.95</b>
					<b>T</b>	3.1	3.0	2.9	3.3	3.2	0.0	0.0	15.5	<b>Acc.</b>	<b>3.05</b>
					<b>P</b>	3.9	3.9	4.0	4.2	3.9	0.0	0.0	19.9	<b>Overall</b>	<b>69.90</b>
<b>4</b>	<b>45</b>	<b>Airada Heikkinen</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	3.1	2.5	2.7	2.6	2.9	0.0	0.0	13.8	<b>Total</b>	<b>6.97</b>
					<b>P</b>	4.0	3.9	3.8	4.0	4.0	0.0	0.0	19.7	<b>Pres.</b>	<b>4.04</b>
					<b>T</b>	3.1	2.9	3.1	3.3	3.2	0.0	0.0	15.6	<b>Acc.</b>	<b>2.93</b>
					<b>P</b>	4.0	4.0	4.1	4.2	4.2	0.0	0.0	20.5	<b>Overall</b>	<b>69.60</b>
<b>5</b>	<b>87</b>	<b>Sofia Sarala</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.9	2.8	2.8	2.6	3.4	0.0	0.0	14.5	<b>Total</b>	<b>6.85</b>
					<b>P</b>	3.7	4.1	3.7	4.0	4.1	0.0	0.0	19.6	<b>Pres.</b>	<b>3.92</b>
					<b>T</b>	3.1	2.9	3.2	2.8	3.1	0.0	0.0	15.1	<b>Acc.</b>	<b>2.93</b>
					<b>P</b>	3.8	3.9	3.9	3.9	3.9	0.0	0.0	19.4	<b>Overall</b>	<b>68.60</b>

### Court:3 (cat.7)

Category **Ind Juniors Female**  
 Competitors **17**  
 Class **A**

**2**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>6</b>	<b>92</b>	<b>Bao Boi Trieu</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.7	2.6	3.0	2.5	2.9	0.0	0.0	13.7	<b>Total</b>	<b>6.83</b>
					<b>P</b>	3.9	3.9	3.8	3.8	3.7	0.0	0.0	19.1	<b>Pres.</b>	<b>3.92</b>
					<b>T</b>	3.0	2.7	3.1	3.3	3.2	0.0	0.0	15.3	<b>Acc.</b>	<b>2.92</b>
					<b>P</b>	4.0	4.0	3.9	4.1	4.0	0.0	0.0	20.0	<b>Overall</b>	<b>68.10</b>
<b>7</b>	<b>128</b>	<b>Isabelle Lammers</b>	<b>MUDO Team Academy IF</b>	<b>SWE</b>	<b>T</b>	2.9	2.6	2.6	2.6	3.0	0.0	0.0	13.7	<b>Total</b>	<b>6.70</b>
					<b>P</b>	3.9	3.7	3.7	3.9	3.8	0.0	0.0	19.0	<b>Pres.</b>	<b>3.82</b>
					<b>T</b>	3.1	3.3	2.8	3.2	2.9	0.0	0.0	15.3	<b>Acc.</b>	<b>2.89</b>
					<b>P</b>	3.9	3.9	3.7	4.1	3.7	0.0	0.0	19.3	<b>Overall</b>	<b>67.30</b>
<b>8</b>	<b>67</b>	<b>Aino Laukkanen</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.4	2.7	2.7	2.7	2.8	0.0	0.0	13.3	<b>Total</b>	<b>6.62</b>
					<b>P</b>	3.6	3.7	3.7	3.9	3.6	0.0	0.0	18.5	<b>Pres.</b>	<b>3.74</b>
					<b>T</b>	3.1	3.2	3.0	3.0	3.1	0.0	0.0	15.4	<b>Acc.</b>	<b>2.89</b>
					<b>P</b>	3.8	3.8	3.8	4.0	3.8	0.0	0.0	19.2	<b>Overall</b>	<b>66.40</b>
<b>9</b>	<b>143</b>	<b>Ellen Eckerström</b>	<b>PTE Sweden</b>	<b>SWE</b>	<b>T</b>	1.9	2.5	2.4	2.8	3.1	0.0	0.0	12.7	<b>Total</b>	<b>6.55</b>
					<b>P</b>	3.5	3.9	3.6	3.9	3.7	0.0	0.0	18.6	<b>Pres.</b>	<b>3.82</b>
					<b>T</b>	2.9	2.9	2.9	2.9	3.1	0.0	0.0	14.7	<b>Acc.</b>	<b>2.74</b>
					<b>P</b>	3.8	4.0	3.6	3.9	4.1	0.0	0.0	19.4	<b>Overall</b>	<b>65.40</b>
<b>10</b>	<b>114</b>	<b>Felicia Leventin</b>	<b>?Restad Baekdusan Taekwondo</b>	<b>SWE</b>	<b>T</b>	2.4	2.1	2.5	2.6	3.0	0.0	0.0	12.6	<b>Total</b>	<b>6.20</b>
					<b>P</b>	3.4	3.1	3.6	3.9	3.7	0.0	0.0	17.7	<b>Pres.</b>	<b>3.59</b>
					<b>T</b>	2.6	2.5	2.7	3.0	2.9	0.0	0.0	13.7	<b>Acc.</b>	<b>2.62</b>
					<b>P</b>	3.5	3.5	3.7	4.0	3.6	0.0	0.0	18.3	<b>Overall</b>	<b>62.30</b>

### Court:3 (cat.7)

Category **Ind Juniors Female**

Competitors **17**

Class **A**

**2**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>11</b>	<b>119</b>	<b>Ellen Örsing</b>	<b>MUDO Team Academy IF</b>	<b>SWE</b>	<b>T</b>	2.3	2.3	2.2	2.7	2.6	0.0	0.0	12.1	<b>Total</b>	<b>6.15</b>
					<b>P</b>	3.4	3.1	3.5	3.9	3.5	0.0	0.0	17.4	<b>Pres.</b>	<b>3.50</b>
					<b>T</b>	3.0	2.8	2.8	2.9	3.0	0.0	0.0	14.5	<b>Acc.</b>	<b>2.65</b>
					<b>P</b>	3.6	3.4	3.5	3.9	3.5	0.0	0.0	17.9	<b>Overall</b>	<b>61.90</b>
<b>12</b>	<b>65</b>	<b>Veera Lampinen</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	1.6	2.0	2.4	2.2	2.1	0.0	0.0	10.3	<b>Total</b>	<b>5.84</b>
					<b>P</b>	3.3	3.3	3.7	3.8	3.4	0.0	0.0	17.5	<b>Pres.</b>	<b>3.50</b>
					<b>T</b>	2.8	2.6	2.3	2.7	2.4	0.0	0.0	12.8	<b>Acc.</b>	<b>2.34</b>
					<b>P</b>	3.5	3.5	3.6	3.8	3.5	0.0	0.0	17.9	<b>Overall</b>	<b>58.50</b>
<b>13</b>	<b>133</b>	<b>Lovisa Nihlén</b>	<b>MUDO Team Academy IF</b>	<b>SWE</b>	<b>T</b>	2.0	1.4	1.9	2.3	2.3	0.0	0.0	09.9	<b>Total</b>	<b>5.79</b>
					<b>P</b>	3.4	3.2	3.4	3.8	3.4	0.0	0.0	17.2	<b>Pres.</b>	<b>3.44</b>
					<b>T</b>	3.0	2.4	2.5	3.2	2.4	0.0	0.0	13.5	<b>Acc.</b>	<b>2.35</b>
					<b>P</b>	3.6	3.3	3.4	4.2	3.4	0.0	0.0	17.9	<b>Overall</b>	<b>58.50</b>
<b>14</b>	<b>71</b>	<b>Roosa Määttä</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	1.9	1.5	1.8	2.6	1.2	0.0	0.0	09.0	<b>Total</b>	<b>5.65</b>
					<b>P</b>	3.3	2.8	3.4	3.9	3.5	0.0	0.0	16.9	<b>Pres.</b>	<b>3.49</b>
					<b>T</b>	2.0	2.7	2.5	2.8	2.6	0.0	0.0	12.6	<b>Acc.</b>	<b>2.17</b>
					<b>P</b>	3.4	3.5	3.6	3.9	3.6	0.0	0.0	18.0	<b>Overall</b>	<b>56.50</b>
<b>15</b>	<b>120</b>	<b>Vera Angsell</b>	<b>MUDO Team Academy IF</b>	<b>SWE</b>	<b>T</b>	1.1	1.9	2.5	2.4	2.0	0.0	0.0	09.9	<b>Total</b>	<b>5.64</b>
					<b>P</b>	3.3	3.1	3.4	3.6	3.4	0.0	0.0	16.8	<b>Pres.</b>	<b>3.37</b>
					<b>T</b>	2.5	2.6	2.0	3.1	2.2	0.0	0.0	12.4	<b>Acc.</b>	<b>2.27</b>
					<b>P</b>	3.4	3.2	3.3	4.1	3.4	0.0	0.0	17.4	<b>Overall</b>	<b>56.50</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:3 (cat.7)

Category **Ind Juniors Female**  
 Competitors **17**  
 Class **A**

**2**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>16</b>	<b>32</b>	<b>Thea Elise Jensen</b>	<b>Islev Taekwondo Klub</b>	<b>DEN</b>	<b>T</b>	1.6	2.1	2.3	2.6	2.5	0.0	0.0	11.1	<b>Total</b>	<b>5.63</b>
					<b>P</b>	3.4	3.3	3.6	3.9	3.6	0.0	0.0	17.8	<b>Pres.</b>	<b>3.47</b>
					<b>T</b>	1.8	2.3	1.7	2.7	2.0	0.0	0.0	10.5	<b>Acc.</b>	<b>2.17</b>
					<b>P</b>	3.5	3.2	3.2	3.8	3.5	0.0	0.0	17.2	<b>Overall</b>	<b>56.60</b>
<b>17</b>	<b>35</b>	<b>Naja Nancke</b>	<b>Skanderborg Moo Sa</b>	<b>DEN</b>	<b>T</b>	1.6	1.1	1.5	1.4	1.8	0.0	0.0	07.4	<b>Total</b>	<b>5.12</b>
					<b>P</b>	3.2	2.9	3.3	3.1	3.4	0.0	0.0	15.9	<b>Pres.</b>	<b>3.27</b>
					<b>T</b>	2.2	2.2	2.2	2.2	1.8	0.0	0.0	10.6	<b>Acc.</b>	<b>1.85</b>
					<b>P</b>	3.4	3.4	3.5	3.2	3.2	0.0	0.0	16.7	<b>Overall</b>	<b>50.60</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:3 (cat.7)

Category **Ind Juniors Female**  
 Competitors **17**  
 Class **A**

**3**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>62</b>	<b>Aino Kortelainen</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.8	3.1	3.2	3.2	3.0	0.0	0.0	15.3	<b>Total</b>	<b>7.29</b>
					<b>P</b>	4.1	4.1	4.2	3.9	4.0	0.0	0.0	20.3	<b>Pres.</b>	<b>4.14</b>
					<b>T</b>	2.8	3.2	3.2	3.2	3.2	0.0	0.0	15.6	<b>Acc.</b>	<b>3.15</b>
					<b>P</b>	4.2	4.2	4.3	3.9	4.2	0.0	0.0	20.8	<b>Overall</b>	<b>72.00</b>
<b>2</b>	<b>45</b>	<b>Airada Heikkinen</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.8	3.0	3.2	2.6	2.7	0.0	0.0	14.3	<b>Total</b>	<b>6.97</b>
					<b>P</b>	4.1	4.1	4.0	3.9	3.9	0.0	0.0	20.0	<b>Pres.</b>	<b>4.02</b>
					<b>T</b>	3.1	3.2	3.2	2.8	2.9	0.0	0.0	15.2	<b>Acc.</b>	<b>2.95</b>
					<b>P</b>	4.2	4.1	3.9	4.0	4.0	0.0	0.0	20.2	<b>Overall</b>	<b>69.70</b>
<b>3</b>	<b>92</b>	<b>Bao Boi Trieu</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	3.1	3.1	3.1	2.3	2.3	0.0	0.0	13.9	<b>Total</b>	<b>6.97</b>
					<b>P</b>	4.1	4.0	4.2	3.6	3.8	0.0	0.0	19.7	<b>Pres.</b>	<b>4.02</b>
					<b>T</b>	3.0	3.0	3.1	3.1	3.1	0.0	0.0	15.3	<b>Acc.</b>	<b>2.95</b>
					<b>P</b>	4.2	4.0	4.2	4.0	4.0	0.0	0.0	20.4	<b>Overall</b>	<b>69.30</b>
<b>4</b>	<b>12</b>	<b>Annebell T.W. Ibsen</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	3.1	3.0	3.3	2.7	2.8	0.0	0.0	14.9	<b>Total</b>	<b>6.85</b>
					<b>P</b>	4.1	3.9	4.3	3.8	3.6	0.0	0.0	19.7	<b>Pres.</b>	<b>3.97</b>
					<b>T</b>	2.8	2.7	3.3	2.7	2.9	0.0	0.0	14.4	<b>Acc.</b>	<b>2.89</b>
					<b>P</b>	4.2	3.9	4.2	3.9	3.8	0.0	0.0	20.0	<b>Overall</b>	<b>69.00</b>
<b>5</b>	<b>87</b>	<b>Sofia Sarala</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	3.0	3.0	3.1	3.0	2.9	0.0	0.0	15.0	<b>Total</b>	<b>6.84</b>
					<b>P</b>	4.1	4.0	4.0	3.7	3.9	0.0	0.0	19.7	<b>Pres.</b>	<b>3.92</b>
					<b>T</b>	2.7	3.1	3.1	2.4	2.7	0.0	0.0	14.0	<b>Acc.</b>	<b>2.92</b>
					<b>P</b>	3.9	3.9	4.1	3.7	3.8	0.0	0.0	19.4	<b>Overall</b>	<b>68.10</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:3 (cat.7)

Category **Ind Juniors Female**  
 Competitors **17**  
 Class **A**

**3**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>6</b>	<b>125</b>	<b>Mia Galvenius</b>	<b>MUDO Team Academy IF</b>	<b>SWE</b>	<b>T</b>	3.1	2.7	3.2	3.1	2.5	0.0	0.0	14.6	<b>Total</b>	<b>6.82</b>
					<b>P</b>	4.1	3.9	3.9	3.9	3.8	0.0	0.0	19.6	<b>Pres.</b>	<b>3.90</b>
					<b>T</b>	3.1	2.6	2.9	3.0	2.7	0.0	0.0	14.3	<b>Acc.</b>	<b>2.92</b>
					<b>P</b>	4.1	3.9	3.7	3.9	3.9	0.0	0.0	19.5	<b>Overall</b>	<b>68.00</b>
<b>7</b>	<b>128</b>	<b>Isabelle Lammers</b>	<b>MUDO Team Academy IF</b>	<b>SWE</b>	<b>T</b>	3.0	2.4	3.2	2.7	2.4	0.0	0.0	13.7	<b>Total</b>	<b>6.65</b>
					<b>P</b>	4.0	3.8	4.1	3.8	3.9	0.0	0.0	19.6	<b>Pres.</b>	<b>3.89</b>
					<b>T</b>	2.6	2.9	3.0	2.5	3.1	0.0	0.0	14.1	<b>Acc.</b>	<b>2.77</b>
					<b>P</b>	4.1	3.8	3.9	3.6	3.9	0.0	0.0	19.3	<b>Overall</b>	<b>66.70</b>
<b>8</b>	<b>67</b>	<b>Aino Laukkanen</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.7	2.3	2.8	2.5	2.6	0.0	0.0	12.9	<b>Total</b>	<b>6.20</b>
					<b>P</b>	3.9	3.5	3.6	3.6	3.6	0.0	0.0	18.2	<b>Pres.</b>	<b>3.59</b>
					<b>T</b>	2.8	2.5	2.6	2.4	2.8	0.0	0.0	13.1	<b>Acc.</b>	<b>2.62</b>
					<b>P</b>	3.8	3.5	3.6	3.5	3.6	0.0	0.0	18.0	<b>Overall</b>	<b>62.20</b>



# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:3 (cat.8)

Category **Ind Under 65 Female**  
 Competitors **1**  
 Class **A**

**3**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>47</b>	<b>Sirpa Huuskonen</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	1.8	1.8	0.9	0.5	1.7	0.0	0.0	06.7	<b>Total</b>	<b>4.84</b>
					<b>P</b>	2.8	3.3	3.6	3.0	3.2	0.0	0.0	15.9	<b>Pres.</b>	<b>3.17</b>
					<b>T</b>	1.9	2.6	1.5	1.0	2.2	0.0	0.0	09.2	<b>Acc.</b>	<b>1.67</b>
					<b>P</b>	2.8	3.3	3.5	3.0	3.2	0.0	0.0	15.8	<b>Overall</b>	<b>47.60</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:3 (cat.9)

Category **Ind Under 60 Male**

Competitors **3**

Class **A**

**3**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>130</b>	<b>Ji-Pyo Lim</b>	<b>MUDO Team Academy IF</b>	<b>SWE</b>	<b>T</b>	3.1	3.3	3.0	2.9	2.8	0.0	0.0	15.1	<b>Total</b>	<b>6.92</b>
					<b>P</b>	4.0	4.1	3.8	3.9	4.0	0.0	0.0	19.8	<b>Pres.</b>	<b>3.95</b>
					<b>T</b>	3.0	2.9	2.9	3.0	2.9	0.0	0.0	14.7	<b>Acc.</b>	<b>2.97</b>
					<b>P</b>	3.9	4.1	3.9	3.8	4.0	0.0	0.0	19.7	<b>Overall</b>	<b>69.30</b>
<b>2</b>	<b>58</b>	<b>Rejman Kim</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.9	2.9	3.0	2.9	2.4	0.0	0.0	14.1	<b>Total</b>	<b>6.54</b>
					<b>P</b>	3.9	3.6	3.8	3.7	3.6	0.0	0.0	18.6	<b>Pres.</b>	<b>3.70</b>
					<b>T</b>	2.8	2.4	2.9	2.8	2.7	0.0	0.0	13.6	<b>Acc.</b>	<b>2.84</b>
					<b>P</b>	3.8	3.7	3.7	3.7	3.7	0.0	0.0	18.6	<b>Overall</b>	<b>64.90</b>
<b>3</b>	<b>107</b>	<b>Jan Helge Mehren</b>	<b>Hwa Rang Team Drammen</b>	<b>NOR</b>	<b>T</b>	2.5	2.9	2.7	2.6	2.6	0.0	0.0	13.3	<b>Total</b>	<b>6.30</b>
					<b>P</b>	3.5	3.6	3.7	3.6	3.6	0.0	0.0	18.0	<b>Pres.</b>	<b>3.62</b>
					<b>T</b>	2.8	2.9	2.6	2.8	2.6	0.0	0.0	13.7	<b>Acc.</b>	<b>2.68</b>
					<b>P</b>	3.4	3.6	3.7	3.7	3.6	0.0	0.0	18.0	<b>Overall</b>	<b>63.00</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:3 (cat.10)

Category **Ind Under 50 Male**

Competitors **6**

Class **A**

**3**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>145</b>	<b>David Jansson</b>	<b>Vänernsberg Tkd YOKSA</b>	<b>SWE</b>	<b>T</b>	3.2	2.9	3.1	3.2	2.9	0.0	0.0	15.3	<b>Total</b>	<b>6.88</b>
					<b>P</b>	4.0	3.9	4.1	3.9	3.9	0.0	0.0	19.8	<b>Pres.</b>	<b>3.93</b>
					<b>T</b>	2.6	2.2	2.7	3.2	3.2	0.0	0.0	13.9	<b>Acc.</b>	<b>2.95</b>
					<b>P</b>	3.9	3.9	4.0	3.9	4.1	0.0	0.0	19.8	<b>Overall</b>	<b>68.80</b>
<b>2</b>	<b>80</b>	<b>Erik Pohjonen</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.7	3.2	2.7	3.1	2.8	0.0	0.0	14.5	<b>Total</b>	<b>6.44</b>
					<b>P</b>	3.7	3.6	3.6	3.8	3.6	0.0	0.0	18.3	<b>Pres.</b>	<b>3.70</b>
					<b>T</b>	2.4	1.6	3.1	2.8	2.6	0.0	0.0	12.5	<b>Acc.</b>	<b>2.74</b>
					<b>P</b>	3.8	3.6	3.7	3.8	3.8	0.0	0.0	18.7	<b>Overall</b>	<b>64.00</b>
<b>3</b>	<b>115</b>	<b>Peter Leventin</b>	<b>?Restad Baekdusan Taekwondo</b>	<b>SWE</b>	<b>T</b>	2.0	2.2	2.1	2.6	1.9	0.0	0.0	10.8	<b>Total</b>	<b>5.62</b>
					<b>P</b>	3.4	3.2	3.5	3.7	3.3	0.0	0.0	17.1	<b>Pres.</b>	<b>3.44</b>
					<b>T</b>	2.3	1.5	2.3	2.2	2.7	0.0	0.0	11.0	<b>Acc.</b>	<b>2.19</b>
					<b>P</b>	3.5	3.3	3.6	3.3	3.7	0.0	0.0	17.4	<b>Overall</b>	<b>56.30</b>
<b>4</b>	<b>93</b>	<b>Antti Vehman</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.3	2.3	1.3	1.9	2.4	0.0	0.0	10.2	<b>Total</b>	<b>5.54</b>
					<b>P</b>	3.5	3.4	3.4	3.4	3.6	0.0	0.0	17.3	<b>Pres.</b>	<b>3.47</b>
					<b>T</b>	2.1	1.9	1.4	1.9	2.4	0.0	0.0	09.7	<b>Acc.</b>	<b>2.07</b>
					<b>P</b>	3.6	3.2	3.6	3.3	3.6	0.0	0.0	17.3	<b>Overall</b>	<b>54.50</b>
<b>5</b>	<b>95</b>	<b>Mikko Virta</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.3	2.3	0.6	1.3	1.7	0.0	0.0	08.2	<b>Total</b>	<b>5.05</b>
					<b>P</b>	3.5	3.3	3.3	3.3	3.0	0.0	0.0	16.4	<b>Pres.</b>	<b>3.32</b>
					<b>T</b>	2.1	1.7	1.2	1.3	2.5	0.0	0.0	08.8	<b>Acc.</b>	<b>1.74</b>
					<b>P</b>	3.1	3.3	3.4	3.4	3.3	0.0	0.0	16.5	<b>Overall</b>	<b>49.90</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:3 (cat.11)

Category **Ind Under 50 Male**  
 Competitors **6**  
 Class **A**

**2**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>6</b>	<b>31</b>	<b>Johnny Jensen</b>	<b>Islev Taekwondo Klub</b>	<b>DEN</b>	<b>T</b>	1.9	2.5	0.7	1.4	1.0	0.0	0.0	07.5	<b>Total</b>	<b>4.72</b>
					<b>P</b>	3.1	3.5	3.4	3.3	2.9	0.0	0.0	16.2	<b>Pres.</b>	<b>3.22</b>
					<b>T</b>	1.7	2.2	0.6	1.2	1.8	0.0	0.0	07.5	<b>Acc.</b>	<b>1.50</b>
					<b>P</b>	2.9	3.3	3.3	3.3	2.9	0.0	0.0	15.7	<b>Overall</b>	<b>46.90</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:3 (cat.11)

Category **Ind Cadets Male**

Competitors **9**

Class **A**

**2**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>112</b>	<b>Liam Sky Lumban</b>	<b>Oslo Nord Taekwondo Club</b>	<b>NOR</b>	<b>T</b>	2.5	1.6	3.0	2.6	2.3	0.0	0.0	12.0	<b>Total</b>	<b>6.66</b>
					<b>P</b>	3.8	4.0	4.0	3.8	3.5	0.0	0.0	19.1	<b>Pres.</b>	<b>3.92</b>
					<b>T</b>	3.0	3.0	3.2	3.0	3.0	0.0	0.0	15.2	<b>Acc.</b>	<b>2.74</b>
					<b>P</b>	3.9	4.0	4.3	3.9	4.0	0.0	0.0	20.1	<b>Overall</b>	<b>66.40</b>
<b>2</b>	<b>121</b>	<b>Hektor Askelöf</b>	<b>MUDO Team Academy IF</b>	<b>SWE</b>	<b>T</b>	2.3	1.7	2.9	2.2	2.3	0.0	0.0	11.4	<b>Total</b>	<b>6.44</b>
					<b>P</b>	3.8	3.8	4.1	3.6	3.7	0.0	0.0	19.0	<b>Pres.</b>	<b>3.84</b>
					<b>T</b>	3.1	2.6	3.4	2.9	2.8	0.0	0.0	14.8	<b>Acc.</b>	<b>2.60</b>
					<b>P</b>	3.9	4.0	4.2	3.7	3.8	0.0	0.0	19.6	<b>Overall</b>	<b>64.80</b>
<b>3</b>	<b>7</b>	<b>Isaac Rask Drube</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	2.1	2.1	2.9	2.6	2.9	0.0	0.0	12.6	<b>Total</b>	<b>6.35</b>
					<b>P</b>	3.5	4.0	3.6	3.7	3.8	0.0	0.0	18.6	<b>Pres.</b>	<b>3.79</b>
					<b>T</b>	2.6	2.0	3.2	2.3	2.9	0.0	0.0	13.0	<b>Acc.</b>	<b>2.57</b>
					<b>P</b>	3.8	3.9	3.9	3.6	3.9	0.0	0.0	19.1	<b>Overall</b>	<b>63.30</b>
<b>4</b>	<b>55</b>	<b>Alex Karlsson</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.2	1.9	3.2	2.4	2.3	0.0	0.0	12.0	<b>Total</b>	<b>6.21</b>
					<b>P</b>	3.6	3.7	3.9	3.7	3.5	0.0	0.0	18.4	<b>Pres.</b>	<b>3.67</b>
					<b>T</b>	2.7	2.2	3.0	2.8	2.8	0.0	0.0	13.5	<b>Acc.</b>	<b>2.54</b>
					<b>P</b>	3.5	3.8	3.9	3.6	3.6	0.0	0.0	18.4	<b>Overall</b>	<b>62.30</b>
<b>5</b>	<b>129</b>	<b>Sander Lammers</b>	<b>MUDO Team Academy IF</b>	<b>SWE</b>	<b>T</b>	2.2	2.0	2.6	2.1	2.2	0.0	0.0	11.1	<b>Total</b>	<b>6.05</b>
					<b>P</b>	3.4	3.9	3.6	3.6	3.6	0.0	0.0	18.1	<b>Pres.</b>	<b>3.62</b>
					<b>T</b>	2.9	2.7	2.8	2.6	2.4	0.0	0.0	13.4	<b>Acc.</b>	<b>2.44</b>
					<b>P</b>	3.8	3.9	3.6	3.5	3.5	0.0	0.0	18.3	<b>Overall</b>	<b>60.90</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:3 (cat.11)

Category **Ind Cadets Male**

Competitors **9**

Class **A**

**2**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>6</b>	<b>101</b>	<b>Nicolas Marciuk</b>	<b>Icelandic Taekwondo Federation</b>	<b>ISL</b>	<b>T</b>	1.8	2.0	3.0	2.6	2.0	0.0	0.0	11.4	<b>Total</b>	<b>5.95</b>
					<b>P</b>	2.9	3.5	3.7	3.7	3.5	0.0	0.0	17.3	<b>Pres.</b>	<b>3.60</b>
					<b>T</b>	2.4	1.7	3.1	2.3	2.8	0.0	0.0	12.3	<b>Acc.</b>	<b>2.35</b>
					<b>P</b>	3.4	3.5	3.8	3.6	3.8	0.0	0.0	18.1	<b>Overall</b>	<b>59.10</b>
<b>7</b>	<b>30</b>	<b>Hugo Hjarsø</b>	<b>Gangnam Sportstaekwondo</b>	<b>DEN</b>	<b>T</b>	2.1	1.8	2.4	2.3	2.7	0.0	0.0	11.3	<b>Total</b>	<b>5.92</b>
					<b>P</b>	3.3	3.5	3.6	3.6	3.9	0.0	0.0	17.9	<b>Pres.</b>	<b>3.59</b>
					<b>T</b>	2.4	1.4	2.4	2.4	2.8	0.0	0.0	11.4	<b>Acc.</b>	<b>2.34</b>
					<b>P</b>	3.6	3.6	3.6	3.6	3.9	0.0	0.0	18.3	<b>Overall</b>	<b>58.90</b>
<b>8</b>	<b>56</b>	<b>Emil Karma</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	2.3	1.8	2.4	1.7	1.9	0.0	0.0	10.1	<b>Total</b>	<b>5.82</b>
					<b>P</b>	3.5	3.5	3.5	3.4	3.3	0.0	0.0	17.2	<b>Pres.</b>	<b>3.59</b>
					<b>T</b>	2.4	2.3	3.1	1.4	2.7	0.0	0.0	11.9	<b>Acc.</b>	<b>2.24</b>
					<b>P</b>	3.8	3.9	3.6	3.5	3.7	0.0	0.0	18.5	<b>Overall</b>	<b>57.70</b>
<b>9</b>	<b>70</b>	<b>Luca Lonka</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	0.9	0.5	2.0	1.3	1.6	0.0	0.0	06.3	<b>Total</b>	<b>4.92</b>
					<b>P</b>	2.9	3.3	3.7	3.3	3.0	0.0	0.0	16.2	<b>Pres.</b>	<b>3.30</b>
					<b>T</b>	1.9	1.8	2.2	1.8	2.7	0.0	0.0	10.4	<b>Acc.</b>	<b>1.62</b>
					<b>P</b>	3.1	3.3	3.5	3.4	3.6	0.0	0.0	16.9	<b>Overall</b>	<b>49.80</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:3 (cat.11)

Category **Ind Cadets Male**

Competitors **9**

Class **A**

**3**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages		
<b>1</b>	<b>112</b>	<b>Liam Sky</b>	<b>Lumban</b>		<b>NOR</b>	<b>T</b>	2.9	3.0	3.0	3.2	3.2	0.0	0.0	15.3	<b>Total</b>	<b>7.30</b>
						<b>P</b>	4.0	4.1	4.2	4.3	4.1	0.0	0.0	20.7	<b>Pres.</b>	<b>4.15</b>
						<b>T</b>	3.1	3.0	3.3	3.3	3.4	0.0	0.0	16.1	<b>Acc.</b>	<b>3.15</b>
						<b>P</b>	4.1	4.2	4.2	4.2	4.1	0.0	0.0	20.8	<b>Overall</b>	<b>72.90</b>
<b>2</b>	<b>121</b>	<b>Hektor Askelöf</b>	<b>MUDO Team Academy IF</b>		<b>SWE</b>	<b>T</b>	2.3	3.0	2.6	3.2	3.0	0.0	0.0	14.1	<b>Total</b>	<b>6.85</b>
						<b>P</b>	3.7	4.2	3.9	4.2	4.0	0.0	0.0	20.0	<b>Pres.</b>	<b>4.02</b>
						<b>T</b>	2.7	2.6	2.3	3.1	3.4	0.0	0.0	14.1	<b>Acc.</b>	<b>2.84</b>
						<b>P</b>	3.9	4.1	3.9	4.0	4.2	0.0	0.0	20.1	<b>Overall</b>	<b>68.30</b>
<b>3</b>	<b>7</b>	<b>Isaac Rask Drube</b>	<b>Danish National Team Poomsae</b>		<b>DEN</b>	<b>T</b>	2.6	1.9	2.8	3.0	2.8	0.0	0.0	13.1	<b>Total</b>	<b>6.75</b>
						<b>P</b>	3.7	3.9	4.2	4.0	4.0	0.0	0.0	19.8	<b>Pres.</b>	<b>4.00</b>
						<b>T</b>	2.5	2.6	2.8	2.9	3.2	0.0	0.0	14.0	<b>Acc.</b>	<b>2.75</b>
						<b>P</b>	4.0	4.0	4.1	3.9	4.1	0.0	0.0	20.1	<b>Overall</b>	<b>67.00</b>
<b>4</b>	<b>30</b>	<b>Hugo Hjarsø</b>	<b>Gangnam Sportstaekwondo</b>		<b>DEN</b>	<b>T</b>	2.2	2.3	2.8	2.8	2.9	0.0	0.0	13.0	<b>Total</b>	<b>6.44</b>
						<b>P</b>	3.8	3.6	3.7	3.9	3.9	0.0	0.0	18.9	<b>Pres.</b>	<b>3.79</b>
						<b>T</b>	2.5	1.4	2.8	2.7	2.9	0.0	0.0	12.3	<b>Acc.</b>	<b>2.65</b>
						<b>P</b>	3.8	3.7	3.7	3.8	3.9	0.0	0.0	18.9	<b>Overall</b>	<b>63.10</b>
<b>5</b>	<b>55</b>	<b>Alex Karlsson</b>	<b>Team Finland</b>		<b>FIN</b>	<b>T</b>	2.2	2.5	2.3	2.9	2.9	0.0	0.0	12.8	<b>Total</b>	<b>6.37</b>
						<b>P</b>	3.6	3.7	3.8	3.7	3.9	0.0	0.0	18.7	<b>Pres.</b>	<b>3.77</b>
						<b>T</b>	1.9	2.3	2.5	3.1	3.2	0.0	0.0	13.0	<b>Acc.</b>	<b>2.60</b>
						<b>P</b>	3.6	3.8	3.8	3.8	4.0	0.0	0.0	19.0	<b>Overall</b>	<b>63.50</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:3 (cat.11)

Category **Ind Cadets Male**

Competitors **9**

Class **A**

**3**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>6</b>	<b>129</b>	<b>Sander Lammers</b>	<b>MUDO Team Academy IF</b>	<b>SWE</b>	<b>T</b>	1.8	2.3	2.3	2.2	2.7	0.0	0.0	11.3	<b>Total</b>	<b>6.29</b>
					<b>P</b>	3.6	3.8	4.0	3.7	3.8	0.0	0.0	18.9	<b>Pres.</b>	<b>3.79</b>
					<b>T</b>	1.8	2.4	3.0	3.0	2.8	0.0	0.0	13.0	<b>Acc.</b>	<b>2.50</b>
					<b>P</b>	3.7	3.8	3.9	3.8	3.8	0.0	0.0	19.0	<b>Overall</b>	<b>62.20</b>
<b>7</b>	<b>56</b>	<b>Emil Karma</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	1.8	1.8	2.3	2.4	2.5	0.0	0.0	10.8	<b>Total</b>	<b>5.96</b>
					<b>P</b>	3.5	3.6	3.7	3.6	3.5	0.0	0.0	17.9	<b>Pres.</b>	<b>3.62</b>
					<b>T</b>	1.8	2.3	2.6	3.0	2.6	0.0	0.0	12.3	<b>Acc.</b>	<b>2.34</b>
					<b>P</b>	3.7	3.7	3.6	3.7	3.6	0.0	0.0	18.3	<b>Overall</b>	<b>59.30</b>
<b>8</b>	<b>101</b>	<b>Nicolas Marciuk</b>	<b>Icelandic Taekwondo Federation</b>	<b>ISL</b>	<b>T</b>	2.2	1.7	2.2	2.4	2.1	0.0	0.0	10.6	<b>Total</b>	<b>5.92</b>
					<b>P</b>	3.7	3.7	3.9	3.7	3.4	0.0	0.0	18.4	<b>Pres.</b>	<b>3.69</b>
					<b>T</b>	1.3	1.6	2.9	2.6	2.7	0.0	0.0	11.1	<b>Acc.</b>	<b>2.24</b>
					<b>P</b>	3.5	3.7	3.9	3.6	3.7	0.0	0.0	18.4	<b>Overall</b>	<b>58.50</b>



### Court:1 (cat.4)

Category **Pair Pair Under 30**

Competitors **9**

Class **A**

**2**

Pos.	Surname	Country	Type	1	2	3	4	5	6	7	Round total	Averages
<b>1</b>	<b>PTE Sweden</b>  Alicia Brännback / Måns Dahlgren	<b>SWE</b>	<b>T</b>	3.0	2.7	2.8	2.9	3.2	0.0	0.0	14.6	<b>Total 7.17</b>
			<b>P</b>	4.2	4.1	4.2	4.2	4.2	0.0	0.0	20.9	<b>Pres. 4.17</b>
			<b>T</b>	3.1	3.1	3.1	2.7	3.1	0.0	0.0	15.1	<b>Acc. 3.00</b>
			<b>P</b>	4.1	4.2	3.9	4.1	4.2	0.0	0.0	20.5	<b>Overall 71.10</b>
<b>2</b>	<b>Danish National Team Poomsae</b>  Johan Hogrefe Fredman / Silja Kjølbo	<b>DEN</b>	<b>T</b>	2.9	3.1	3.0	2.8	3.2	0.0	0.0	15.0	<b>Total 7.17</b>
			<b>P</b>	4.0	4.2	4.2	4.0	4.3	0.0	0.0	20.7	<b>Pres. 4.12</b>
			<b>T</b>	3.0	3.1	3.3	3.1	3.1	0.0	0.0	15.6	<b>Acc. 3.05</b>
			<b>P</b>	4.1	4.0	3.9	4.2	4.3	0.0	0.0	20.5	<b>Overall 71.80</b>
<b>3</b>	<b>Team Finland</b>  Mia Knutsson / Frans Salmi	<b>FIN</b>	<b>T</b>	2.9	3.1	3.3	2.9	2.8	0.0	0.0	15.0	<b>Total 7.16</b>
			<b>P</b>	4.1	4.2	4.1	4.2	4.2	0.0	0.0	20.8	<b>Pres. 4.19</b>
			<b>T</b>	2.8	2.9	3.4	3.0	3.0	0.0	0.0	15.1	<b>Acc. 2.97</b>
			<b>P</b>	4.0	4.1	4.4	4.2	4.3	0.0	0.0	21.0	<b>Overall 71.90</b>
<b>4</b>	<b>MUDO Team Academy IF</b>  Johanna Lim Falk / Vincent Saigne	<b>SWE</b>	<b>T</b>	2.8	2.9	3.2	2.6	2.9	0.0	0.0	14.4	<b>Total 6.95</b>
			<b>P</b>	4.0	4.1	4.1	4.0	4.0	0.0	0.0	20.2	<b>Pres. 4.05</b>
			<b>T</b>	2.9	3.0	3.2	2.9	2.8	0.0	0.0	14.8	<b>Acc. 2.90</b>
			<b>P</b>	4.0	4.0	4.3	4.1	4.1	0.0	0.0	20.5	<b>Overall 69.90</b>
<b>5</b>	<b>Danish National Team Poomsae</b>  Lucas Nicolaisen / Sofie A.R. Nielsen	<b>DEN</b>	<b>T</b>	2.9	2.6	3.1	2.8	3.1	0.0	0.0	14.5	<b>Total 6.90</b>
			<b>P</b>	4.0	3.9	3.9	4.1	4.2	0.0	0.0	20.1	<b>Pres. 4.00</b>
			<b>T</b>	2.8	2.7	2.9	2.9	3.2	0.0	0.0	14.5	<b>Acc. 2.90</b>
			<b>P</b>	3.9	4.0	3.6	4.1	4.3	0.0	0.0	19.9	<b>Overall 69.00</b>

### Court:1 (cat.4)

Category **Pair Pair Under 30**

Competitors **9**

Class **A**

**2**

Pos.	Surname	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>6</b>	<b>Danish National Team Poomsae / Icelandic Taekwondo Federation</b> Camille La Cour Pedersen / Orri Þór Eggertsson	<b>DEN</b>	<b>T</b>	2.9	2.3	3.2	2.7	3.0	0.0	0.0	14.1	<b>Total</b>	<b>6.86</b>
			<b>P</b>	4.0	3.9	3.7	4.0	4.2	0.0	0.0	19.8	<b>Pres.</b>	<b>3.99</b>
			<b>T</b>	2.8	2.7	3.1	2.6	3.2	0.0	0.0	14.4	<b>Acc.</b>	<b>2.87</b>
			<b>P</b>	4.0	4.0	4.0	4.0	4.3	0.0	0.0	20.3	<b>Overall</b>	<b>68.60</b>
<b>7</b>	<b>Danish National Team Poomsae / Icelandic Taekwondo Federation</b> Mechid Palman / Egill Kári Gunnarsson	<b>DEN</b>	<b>T</b>	2.9	2.8	2.8	2.8	3.3	0.0	0.0	14.6	<b>Total</b>	<b>6.80</b>
			<b>P</b>	4.0	3.9	4.1	4.0	4.3	0.0	0.0	20.3	<b>Pres.</b>	<b>3.95</b>
			<b>T</b>	2.8	2.7	2.9	2.9	3.0	0.0	0.0	14.3	<b>Acc.</b>	<b>2.85</b>
			<b>P</b>	3.9	3.7	3.6	4.0	4.3	0.0	0.0	19.5	<b>Overall</b>	<b>68.70</b>
<b>8</b>	<b>Hwa Rang Team Drammen</b> Andy Nguyen / Anette Nilsen	<b>NOR</b>	<b>T</b>	2.8	3.0	2.8	2.9	3.0	0.0	0.0	14.5	<b>Total</b>	<b>6.80</b>
			<b>P</b>	4.0	3.8	3.7	4.1	4.1	0.0	0.0	19.7	<b>Pres.</b>	<b>3.95</b>
			<b>T</b>	2.8	2.8	3.2	2.8	2.8	0.0	0.0	14.4	<b>Acc.</b>	<b>2.85</b>
			<b>P</b>	3.9	3.9	3.8	4.0	4.1	0.0	0.0	19.7	<b>Overall</b>	<b>68.30</b>
<b>9</b>	<b>Team Finland</b> Anna Alatalo / Leo Lehti	<b>FIN</b>	<b>T</b>	2.8	2.4	2.5	2.2	3.0	0.0	0.0	12.9	<b>Total</b>	<b>6.41</b>
			<b>P</b>	3.9	3.8	3.1	3.9	4.1	0.0	0.0	18.8	<b>Pres.</b>	<b>3.87</b>
			<b>T</b>	2.5	2.4	2.4	2.8	2.6	0.0	0.0	12.7	<b>Acc.</b>	<b>2.54</b>
			<b>P</b>	3.9	3.8	2.7	3.9	4.1	0.0	0.0	18.4	<b>Overall</b>	<b>62.80</b>

### Court:1 (cat.4)

Category **Pair Pair Under 30**

Competitors **9**

Class **A**

**3**

Pos.	Surname	Country	Type	1	2	3	4	5	6	7	Round total	Averages
<b>1</b>	<b>PTE Sweden</b>  Alicia Brännback / Måns Dahlgren	<b>SWE</b>	<b>T</b>	2.8	2.8	1.9	2.9	2.9	0.0	0.0	13.3	<b>Total</b> 7.15
			<b>P</b>	4.2	4.2	3.8	4.0	4.2	0.0	0.0	20.4	<b>Pres.</b> 4.20
			<b>T</b>	3.1	2.6	3.2	3.0	3.1	0.0	0.0	15.0	<b>Acc.</b> 2.95
			<b>P</b>	4.3	4.3	4.2	4.0	4.3	0.0	0.0	21.1	<b>Overall</b> 69.80
<b>2</b>	<b>Team Finland</b>  Mia Knutsson / Frans Salmi	<b>FIN</b>	<b>T</b>	2.8	2.9	2.6	3.0	2.6	0.0	0.0	13.9	<b>Total</b> 7.11
			<b>P</b>	4.3	4.1	4.0	4.0	4.1	0.0	0.0	20.5	<b>Pres.</b> 4.19
			<b>T</b>	3.2	2.8	3.2	2.9	3.1	0.0	0.0	15.2	<b>Acc.</b> 2.92
			<b>P</b>	4.3	4.3	4.3	4.0	4.3	0.0	0.0	21.2	<b>Overall</b> 70.80
<b>3</b>	<b>MUDO Team Academy IF</b>  Johanna Lim Falk / Vincent Saigne	<b>SWE</b>	<b>T</b>	2.7	2.8	2.3	3.0	2.7	0.0	0.0	13.5	<b>Total</b> 6.92
			<b>P</b>	4.1	4.1	3.6	4.1	4.2	0.0	0.0	20.1	<b>Pres.</b> 4.07
			<b>T</b>	3.0	2.9	3.1	2.9	3.0	0.0	0.0	14.9	<b>Acc.</b> 2.85
			<b>P</b>	4.2	4.0	3.8	3.9	4.2	0.0	0.0	20.1	<b>Overall</b> 68.60
<b>4</b>	<b>Danish National Team Poomsae</b>  Johan Hogrefe Fredman / Silja Kjølbø	<b>DEN</b>	<b>T</b>	2.8	3.0	2.2	2.6	2.7	0.0	0.0	13.3	<b>Total</b> 6.88
			<b>P</b>	4.1	4.0	3.5	3.9	4.3	0.0	0.0	19.8	<b>Pres.</b> 4.02
			<b>T</b>	2.9	3.1	3.2	2.8	3.1	0.0	0.0	15.1	<b>Acc.</b> 2.87
			<b>P</b>	4.0	4.0	4.1	4.0	4.4	0.0	0.0	20.5	<b>Overall</b> 68.70
<b>5</b>	<b>Danish National Team Poomsae / Icelandic Taekwondo Federation</b> Camille La Cour Pedersen / Orri Þór Eggertsson	<b>DEN</b>	<b>T</b>	2.3	2.3	2.9	2.9	2.5	0.0	0.0	12.9	<b>Total</b> 6.67
			<b>P</b>	3.9	3.8	3.5	4.0	4.2	0.0	0.0	19.4	<b>Pres.</b> 3.94
			<b>T</b>	2.9	2.6	3.2	3.0	2.8	0.0	0.0	14.5	<b>Acc.</b> 2.74
			<b>P</b>	4.0	3.9	3.3	4.0	4.1	0.0	0.0	19.3	<b>Overall</b> 66.10

### Court:1 (cat.4)

Category **Pair Pair Under 30**

Competitors **9**

Class **A**

**3**

Pos.	Surname	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>6</b>	<b>Danish National Team Poomsae / Icelandic Taekwondo Federation</b> Mechid Palman / Egill Kári Gunnarsson	<b>DEN</b>	<b>T</b>	2.4	2.5	1.4	2.4	2.6	0.0	0.0	11.3	<b>Total</b>	<b>6.55</b>
			<b>P</b>	3.9	3.7	2.1	3.9	4.1	0.0	0.0	17.7	<b>Pres.</b>	<b>3.90</b>
			<b>T</b>	2.9	2.8	3.1	2.7	2.9	0.0	0.0	14.4	<b>Acc.</b>	<b>2.65</b>
			<b>P</b>	4.0	3.9	3.7	4.0	4.2	0.0	0.0	19.8	<b>Overall</b>	<b>63.20</b>
<b>7</b>	<b>Danish National Team Poomsae</b> Lucas Nicolaisen / Sofie A.R. Nielsen	<b>DEN</b>	<b>T</b>	2.3	2.4	2.5	2.5	2.4	0.0	0.0	12.1	<b>Total</b>	<b>6.55</b>
			<b>P</b>	3.8	3.8	3.7	3.9	4.1	0.0	0.0	19.3	<b>Pres.</b>	<b>3.88</b>
			<b>T</b>	3.0	2.7	3.1	2.7	3.0	0.0	0.0	14.5	<b>Acc.</b>	<b>2.67</b>
			<b>P</b>	4.0	3.9	3.5	3.9	4.2	0.0	0.0	19.5	<b>Overall</b>	<b>65.40</b>
<b>8</b>	<b>Hwa Rang Team Drammen</b> Andy Nguyen / Anette Nilsen	<b>NOR</b>	<b>T</b>	2.7	2.7	1.9	2.8	2.6	0.0	0.0	12.7	<b>Total</b>	<b>6.47</b>
			<b>P</b>	3.9	3.9	3.4	4.0	4.1	0.0	0.0	19.3	<b>Pres.</b>	<b>3.88</b>
			<b>T</b>	2.6	2.1	2.4	2.5	2.9	0.0	0.0	12.5	<b>Acc.</b>	<b>2.59</b>
			<b>P</b>	3.9	3.7	2.4	3.9	4.2	0.0	0.0	18.1	<b>Overall</b>	<b>62.60</b>

### Court:2 (cat.1)

Category **Pair Pair Over 30**

Competitors **13**

Class **A**

**2**

Pos.	Surname	Country	Type	1	2	3	4	5	6	7	Round total	Averages
<b>1</b>	<b>Danish National Team Poomsae</b> Benjamin Harder / Charlotte Pedersen	<b>DEN</b>	<b>T</b>	3.1	2.8	3.1	2.9	3.0	0.0	0.0	14.9	<b>Total</b> 7.17
			<b>P</b>	3.9	4.1	4.1	4.3	4.3	0.0	0.0	20.7	<b>Pres.</b> 4.19
			<b>T</b>	3.1	2.8	3.1	3.0	2.7	0.0	0.0	14.7	<b>Acc.</b> 2.99
			<b>P</b>	4.1	4.1	4.2	4.4	4.3	0.0	0.0	21.1	<b>Overall</b> 71.40
<b>2</b>	<b>Team Finland</b> Johanna Nukari / Olli Siltanen	<b>FIN</b>	<b>T</b>	2.7	2.5	3.0	2.6	2.8	0.0	0.0	13.6	<b>Total</b> 6.69
			<b>P</b>	3.8	3.9	4.0	3.6	4.2	0.0	0.0	19.5	<b>Pres.</b> 3.90
			<b>T</b>	2.7	2.9	3.0	2.7	3.1	0.0	0.0	14.4	<b>Acc.</b> 2.79
			<b>P</b>	4.0	3.8	3.9	3.8	4.0	0.0	0.0	19.5	<b>Overall</b> 67.00
<b>3</b>	<b>Danish National Team Poomsae</b> Jørn C. Andersen / Lene Kjær	<b>DEN</b>	<b>T</b>	3.1	2.1	2.9	2.2	2.8	0.0	0.0	13.1	<b>Total</b> 6.57
			<b>P</b>	3.8	3.7	4.0	3.7	4.0	0.0	0.0	19.2	<b>Pres.</b> 3.87
			<b>T</b>	2.7	2.6	2.9	2.7	3.0	0.0	0.0	13.9	<b>Acc.</b> 2.70
			<b>P</b>	3.6	3.9	4.0	3.8	4.1	0.0	0.0	19.4	<b>Overall</b> 65.60
<b>4</b>	<b>Team Finland</b> Tatu Iivanainen / Laura Wild	<b>FIN</b>	<b>T</b>	2.8	2.3	2.8	2.5	2.7	0.0	0.0	13.1	<b>Total</b> 6.17
			<b>P</b>	3.4	3.7	3.5	3.7	3.7	0.0	0.0	18.0	<b>Pres.</b> 3.62
			<b>T</b>	2.5	2.4	2.9	2.4	2.4	0.0	0.0	12.6	<b>Acc.</b> 2.55
			<b>P</b>	3.5	3.7	3.6	3.5	3.8	0.0	0.0	18.1	<b>Overall</b> 61.80
<b>5</b>	<b>Team Finland</b> Ville Lehtinen / Triin Saviak	<b>FIN</b>	<b>T</b>	2.7	2.0	2.4	2.6	2.9	0.0	0.0	12.6	<b>Total</b> 6.16
			<b>P</b>	3.8	3.2	3.8	3.6	3.7	0.0	0.0	18.1	<b>Pres.</b> 3.69
			<b>T</b>	2.1	2.7	2.4	2.0	2.6	0.0	0.0	11.8	<b>Acc.</b> 2.47
			<b>P</b>	3.6	3.7	3.7	3.4	3.9	0.0	0.0	18.3	<b>Overall</b> 60.80

### Court:2 (cat.1)

Category **Pair Pair Over 30**

Competitors **13**

Class **A**

**2**

Pos.	Surname	Country	Type	1	2	3	4	5	6	7	Round total	Averages
<b>6</b>	<b>Team Finland</b> Sampsu Aukio / Laura Kinnunen	<b>FIN</b>	<b>T</b>	2.8	2.6	2.5	2.9	2.5	0.0	0.0	13.3	<b>Total</b> <b>6.10</b>
			<b>P</b>	3.5	3.7	3.4	3.6	3.9	0.0	0.0	18.1	<b>Pres.</b> <b>3.55</b>
			<b>T</b>	2.4	2.4	2.7	2.6	2.3	0.0	0.0	12.4	<b>Acc.</b> <b>2.55</b>
			<b>P</b>	3.4	3.6	3.2	3.5	3.8	0.0	0.0	17.5	<b>Overall</b> <b>61.30</b>
<b>7</b>	<b>MUDO Team Academy IF</b> Katariina Edling / Ji-Pyo Lim	<b>SWE</b>	<b>T</b>	2.4	1.9	2.5	2.2	2.4	0.0	0.0	11.4	<b>Total</b> <b>5.77</b>
			<b>P</b>	2.9	3.4	3.7	3.6	3.7	0.0	0.0	17.3	<b>Pres.</b> <b>3.55</b>
			<b>T</b>	2.0	2.1	2.4	2.0	2.2	0.0	0.0	10.7	<b>Acc.</b> <b>2.22</b>
			<b>P</b>	3.2	3.3	3.9	3.5	3.8	0.0	0.0	17.7	<b>Overall</b> <b>57.10</b>
<b>8</b>	<b>Team Finland</b> Erik Pohjonen / Niina Virtala	<b>FIN</b>	<b>T</b>	2.4	2.3	2.0	2.2	2.3	0.0	0.0	11.2	<b>Total</b> <b>5.31</b>
			<b>P</b>	2.8	3.2	2.7	2.9	3.8	0.0	0.0	15.4	<b>Pres.</b> <b>2.97</b>
			<b>T</b>	2.4	2.3	2.5	2.0	2.7	0.0	0.0	11.9	<b>Acc.</b> <b>2.34</b>
			<b>P</b>	2.6	3.1	2.9	2.9	3.7	0.0	0.0	15.2	<b>Overall</b> <b>53.70</b>
<b>9</b>	<b>Team Finland</b> Satu Ritari / Mikko Virta	<b>FIN</b>	<b>T</b>	2.1	1.9	2.2	2.1	1.9	0.0	0.0	10.2	<b>Total</b> <b>5.08</b>
			<b>P</b>	2.8	3.0	3.1	3.3	3.3	0.0	0.0	15.5	<b>Pres.</b> <b>3.13</b>
			<b>T</b>	1.8	2.0	2.4	1.8	1.8	0.0	0.0	09.8	<b>Acc.</b> <b>1.95</b>
			<b>P</b>	2.9	3.0	3.3	3.2	3.2	0.0	0.0	15.6	<b>Overall</b> <b>51.10</b>
<b>10</b>	<b>Askim If Taekwondo Klubb</b> May-Lisbeth Fjeld / Michael Phan	<b>NOR</b>	<b>T</b>	1.4	2.1	2.2	1.9	1.8	0.0	0.0	09.4	<b>Total</b> <b>4.97</b>
			<b>P</b>	2.0	3.2	2.8	2.9	3.2	0.0	0.0	14.1	<b>Pres.</b> <b>3.02</b>
			<b>T</b>	1.5	1.9	2.4	2.0	2.0	0.0	0.0	09.8	<b>Acc.</b> <b>1.95</b>
			<b>P</b>	2.2	3.0	3.2	3.1	3.1	0.0	0.0	14.6	<b>Overall</b> <b>47.90</b>

### Court:2 (cat.1)

Category **Pair Pair Over 30**

Competitors **13**

Class **A**

**2**

Pos.	Surname	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>11</b>	Team Finland Sini Forssell / Antti Vehman	FIN	T	1.6	1.9	2.6	2.3	2.0	0.0	0.0	10.4	<b>Total</b>	<b>4.89</b>
			P	2.4	3.1	3.0	3.3	3.4	0.0	0.0	15.2	<b>Pres.</b>	<b>3.00</b>
			T	1.6	1.8	2.0	1.7	1.3	0.0	0.0	08.4	<b>Acc.</b>	<b>1.89</b>
			P	2.3	2.9	2.7	3.0	3.1	0.0	0.0	14.0	<b>Overall</b>	<b>48.00</b>
<b>12</b>	Team Finland Kati Kuosmanen / Juho Metsälä	FIN	T	2.0	1.6	2.1	2.0	2.0	0.0	0.0	09.7	<b>Total</b>	<b>4.82</b>
			P	2.4	3.0	2.8	2.8	3.0	0.0	0.0	14.0	<b>Pres.</b>	<b>2.92</b>
			T	1.8	1.6	2.4	1.8	1.8	0.0	0.0	09.4	<b>Acc.</b>	<b>1.90</b>
			P	2.3	2.9	3.0	3.0	3.0	0.0	0.0	14.2	<b>Overall</b>	<b>47.30</b>
<b>13</b>	Islev Taekwondo Klub Johnny Jensen / Lene Werge	DEN	T	1.6	1.8	2.0	2.1	1.4	0.0	0.0	08.9	<b>Total</b>	<b>4.58</b>
			P	2.4	3.1	2.8	3.1	3.2	0.0	0.0	14.6	<b>Pres.</b>	<b>2.92</b>
			T	1.2	1.6	1.8	1.7	1.3	0.0	0.0	07.6	<b>Acc.</b>	<b>1.67</b>
			P	2.3	2.8	2.7	3.0	3.2	0.0	0.0	14.0	<b>Overall</b>	<b>45.10</b>

### Court:2 (cat.1)

Category **Pair Pair Over 30**

Competitors **13**

Class **A**

**3**

Pos.	Surname	Country	Type	1	2	3	4	5	6	7	Round total	Averages
<b>1</b>	<b>Danish National Team Poomsae</b> Benjamin Harder / Charlotte Pedersen	<b>DEN</b>	<b>T</b>	3.1	2.5	3.1	3.0	2.7	0.0	0.0	14.4	<b>Total</b> <b>6.99</b>
			<b>P</b>	4.1	4.1	4.2	4.1	4.1	0.0	0.0	20.6	<b>Pres.</b> <b>4.14</b>
			<b>T</b>	2.7	2.8	2.8	2.9	2.1	0.0	0.0	13.3	<b>Acc.</b> <b>2.85</b>
			<b>P</b>	3.9	4.2	4.1	4.3	4.2	0.0	0.0	20.7	<b>Overall</b> <b>69.00</b>
<b>2</b>	<b>Team Finland</b> Johanna Nukari / Olli Siltanen	<b>FIN</b>	<b>T</b>	2.9	2.5	3.1	2.5	2.9	0.0	0.0	13.9	<b>Total</b> <b>6.49</b>
			<b>P</b>	3.8	3.9	3.9	3.4	4.2	0.0	0.0	19.2	<b>Pres.</b> <b>3.80</b>
			<b>T</b>	2.6	2.6	2.7	2.6	2.5	0.0	0.0	13.0	<b>Acc.</b> <b>2.69</b>
			<b>P</b>	3.5	3.8	3.8	3.6	4.1	0.0	0.0	18.8	<b>Overall</b> <b>64.90</b>
<b>3</b>	<b>Team Finland</b> Sampsa Aukio / Laura Kinnunen	<b>FIN</b>	<b>T</b>	2.8	2.5	2.9	2.5	2.7	0.0	0.0	13.4	<b>Total</b> <b>6.01</b>
			<b>P</b>	3.6	3.6	3.5	3.4	3.8	0.0	0.0	17.9	<b>Pres.</b> <b>3.52</b>
			<b>T</b>	2.4	2.4	1.9	2.1	2.7	0.0	0.0	11.5	<b>Acc.</b> <b>2.49</b>
			<b>P</b>	3.4	3.4	3.4	3.6	3.7	0.0	0.0	17.5	<b>Overall</b> <b>60.30</b>
<b>4</b>	<b>Danish National Team Poomsae</b> Jørn C. Andersen / Lene Kjær	<b>DEN</b>	<b>T</b>	2.8	2.7	2.9	2.3	2.5	0.0	0.0	13.2	<b>Total</b> <b>5.94</b>
			<b>P</b>	3.8	3.7	4.1	3.5	3.8	0.0	0.0	18.9	<b>Pres.</b> <b>3.62</b>
			<b>T</b>	2.2	1.8	1.8	2.4	1.9	0.0	0.0	10.1	<b>Acc.</b> <b>2.32</b>
			<b>P</b>	3.3	3.4	3.9	3.6	3.4	0.0	0.0	17.6	<b>Overall</b> <b>59.80</b>
<b>5</b>	<b>Team Finland</b> Tatu Iivanainen / Laura Wild	<b>FIN</b>	<b>T</b>	2.3	2.5	2.9	2.6	2.2	0.0	0.0	12.5	<b>Total</b> <b>5.90</b>
			<b>P</b>	3.3	3.6	4.0	3.7	3.6	0.0	0.0	18.2	<b>Pres.</b> <b>3.57</b>
			<b>T</b>	2.2	2.3	2.8	2.1	1.8	0.0	0.0	11.2	<b>Acc.</b> <b>2.34</b>
			<b>P</b>	3.2	3.5	3.7	3.7	3.3	0.0	0.0	17.4	<b>Overall</b> <b>59.30</b>



### Court:2 (cat.1)

Category **Pair Pair Over 30**

Competitors **13**

Class **A**

**3**

Pos.	Surname	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>6</b>	<b>MUDO Team Academy IF</b> Katriina Edling / Ji-Pyo Lim	<b>SWE</b>	<b>T</b>	2.4	2.2	2.5	2.3	2.3	0.0	0.0	11.7	<b>Total</b>	<b>5.69</b>
			<b>P</b>	3.3	3.4	3.8	3.5	3.5	0.0	0.0	17.5	<b>Pres.</b>	<b>3.49</b>
			<b>T</b>	2.2	2.0	2.0	2.3	1.9	0.0	0.0	10.4	<b>Acc.</b>	<b>2.20</b>
			<b>P</b>	3.3	3.4	3.5	3.6	3.6	0.0	0.0	17.4	<b>Overall</b>	<b>57.00</b>
<b>7</b>	<b>Team Finland</b> Ville Lehtinen / Triin Saviak	<b>FIN</b>	<b>T</b>	2.4	2.5	2.5	2.4	2.9	0.0	0.0	12.7	<b>Total</b>	<b>5.47</b>
			<b>P</b>	3.4	3.5	3.6	3.3	3.7	0.0	0.0	17.5	<b>Pres.</b>	<b>3.40</b>
			<b>T</b>	1.7	2.1	1.1	1.4	1.9	0.0	0.0	08.2	<b>Acc.</b>	<b>2.07</b>
			<b>P</b>	2.9	3.3	3.4	3.2	3.4	0.0	0.0	16.2	<b>Overall</b>	<b>54.60</b>
<b>8</b>	<b>Team Finland</b> Erik Pohjonen / Niina Virtala	<b>FIN</b>	<b>T</b>	2.3	2.3	2.3	2.5	2.6	0.0	0.0	12.0	<b>Total</b>	<b>5.25</b>
			<b>P</b>	3.1	3.3	3.3	3.1	3.6	0.0	0.0	16.4	<b>Pres.</b>	<b>3.18</b>
			<b>T</b>	1.4	2.0	1.9	1.7	1.7	0.0	0.0	08.7	<b>Acc.</b>	<b>2.07</b>
			<b>P</b>	2.7	3.2	3.2	3.0	3.3	0.0	0.0	15.4	<b>Overall</b>	<b>52.50</b>

### Court:3 (cat.1)

Category **Pair Pair Junior**

Competitors **7**

Class **A**

**3**

Pos.	Surname	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>Team Finland</b>  Lassi Kaasinen / Sofia Sarala	<b>FIN</b>	<b>T</b>	2.8	2.9	2.8	2.3	2.8	0.0	0.0	13.6	<b>Total</b>	<b>6.59</b>
			<b>P</b>	4.0	3.8	4.0	3.4	3.9	0.0	0.0	19.1	<b>Pres.</b>	<b>3.85</b>
			<b>T</b>	2.5	2.8	2.3	2.7	2.8	0.0	0.0	13.1	<b>Acc.</b>	<b>2.74</b>
			<b>P</b>	3.8	3.7	4.1	3.3	3.9	0.0	0.0	18.8	<b>Overall</b>	<b>64.60</b>
<b>2</b>	<b>PTE Sweden</b>  Mille Bergh / Ellen Eckerström	<b>SWE</b>	<b>T</b>	2.5	2.8	2.4	2.2	3.1	0.0	0.0	13.0	<b>Total</b>	<b>6.40</b>
			<b>P</b>	3.8	3.8	4.0	3.5	3.9	0.0	0.0	19.0	<b>Pres.</b>	<b>3.82</b>
			<b>T</b>	2.6	2.9	1.8	2.5	2.7	0.0	0.0	12.5	<b>Acc.</b>	<b>2.59</b>
			<b>P</b>	3.9	3.8	4.0	3.3	3.7	0.0	0.0	18.7	<b>Overall</b>	<b>63.20</b>
<b>3</b>	<b>MUDO Team Academy IF</b>  Lukas Erlandsson / Lovisa Nihlén	<b>SWE</b>	<b>T</b>	2.7	2.4	2.9	2.2	2.6	0.0	0.0	12.8	<b>Total</b>	<b>6.32</b>
			<b>P</b>	3.7	3.7	3.9	3.7	3.7	0.0	0.0	18.7	<b>Pres.</b>	<b>3.72</b>
			<b>T</b>	1.9	2.6	2.8	2.5	2.9	0.0	0.0	12.7	<b>Acc.</b>	<b>2.60</b>
			<b>P</b>	3.3	3.7	4.0	3.7	3.8	0.0	0.0	18.5	<b>Overall</b>	<b>62.70</b>
<b>4</b>	<b>MUDO Team Academy IF</b>  Ellen Örsing / Noah Mkrтчian	<b>SWE</b>	<b>T</b>	2.3	2.4	2.3	2.4	2.7	0.0	0.0	12.1	<b>Total</b>	<b>6.09</b>
			<b>P</b>	3.7	3.6	4.0	3.6	3.7	0.0	0.0	18.6	<b>Pres.</b>	<b>3.70</b>
			<b>T</b>	2.6	2.4	2.3	2.5	2.3	0.0	0.0	12.1	<b>Acc.</b>	<b>2.39</b>
			<b>P</b>	3.8	3.5	4.1	3.8	3.6	0.0	0.0	18.8	<b>Overall</b>	<b>61.60</b>
<b>5</b>	<b>Team Finland</b>  Roosa Määttä / Henry Suoniitty	<b>FIN</b>	<b>T</b>	2.2	2.1	2.4	2.4	2.8	0.0	0.0	11.9	<b>Total</b>	<b>6.03</b>
			<b>P</b>	3.4	3.6	3.9	3.3	3.7	0.0	0.0	17.9	<b>Pres.</b>	<b>3.60</b>
			<b>T</b>	2.6	2.4	1.7	2.6	2.8	0.0	0.0	12.1	<b>Acc.</b>	<b>2.43</b>
			<b>P</b>	3.7	3.6	3.8	3.3	3.6	0.0	0.0	18.0	<b>Overall</b>	<b>59.90</b>

### Court:3 (cat.1)

Category **Pair Pair Junior**

Competitors **7**

Class **A**

**3**

Pos.	Surname	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>6</b>	<b>MUDO Team Academy IF</b>  Vera Angsell / Folke Rudh Sjöholm	<b>SWE</b>	<b>T</b>	1.9	2.0	1.7	2.4	2.7	0.0	0.0	10.7	<b>Total</b>	<b>5.67</b>
			<b>P</b>	3.2	3.6	3.8	3.3	3.9	0.0	0.0	17.8	<b>Pres.</b>	<b>3.55</b>
			<b>T</b>	2.3	1.6	1.0	2.5	2.6	0.0	0.0	10.0	<b>Acc.</b>	<b>2.12</b>
			<b>P</b>	3.4	3.5	3.7	3.3	3.7	0.0	0.0	17.6	<b>Overall</b>	<b>56.10</b>
<b>7</b>	<b>Team Finland</b>  Alexander Andersson / Veera Lampinen	<b>FIN</b>	<b>T</b>	2.3	1.6	2.2	2.4	2.2	0.0	0.0	10.7	<b>Total</b>	<b>5.64</b>
			<b>P</b>	3.3	3.6	3.8	3.3	3.6	0.0	0.0	17.6	<b>Pres.</b>	<b>3.49</b>
			<b>T</b>	1.9	2.0	2.0	2.2	2.5	0.0	0.0	10.6	<b>Acc.</b>	<b>2.15</b>
			<b>P</b>	3.4	3.5	3.7	3.2	3.5	0.0	0.0	17.3	<b>Overall</b>	<b>56.20</b>

### Court:3 (cat.2)

Category **Pair Pair Cadet**

Competitors **6**

Class **A**

**3**

Pos.	Surname	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>Danish National Team Poomsae</b> Emma Au-Nguyen / Isaac Rask Drube	<b>DEN</b>	<b>T</b>	2.4	3.0	2.7	1.9	3.1	0.0	0.0	13.1	<b>Total</b>	<b>6.27</b>
			<b>P</b>	3.4	3.8	3.8	3.3	3.6	0.0	0.0	17.9	<b>Pres.</b>	<b>3.60</b>
			<b>T</b>	2.6	3.1	2.6	1.9	2.7	0.0	0.0	12.9	<b>Acc.</b>	<b>2.67</b>
			<b>P</b>	3.6	3.7	3.7	3.3	3.5	0.0	0.0	17.8	<b>Overall</b>	<b>61.70</b>
<b>2</b>	<b>MUDO Team Academy IF</b> Anna Maria Juharyan / Sander Lammers	<b>SWE</b>	<b>T</b>	2.0	3.0	2.6	2.4	2.9	0.0	0.0	12.9	<b>Total</b>	<b>6.24</b>
			<b>P</b>	3.3	3.7	3.7	3.7	3.6	0.0	0.0	18.0	<b>Pres.</b>	<b>3.67</b>
			<b>T</b>	2.3	2.6	2.6	2.0	3.1	0.0	0.0	12.6	<b>Acc.</b>	<b>2.57</b>
			<b>P</b>	3.5	3.6	3.9	3.7	3.7	0.0	0.0	18.4	<b>Overall</b>	<b>61.90</b>
<b>3</b>	<b>Team Finland</b> Inès Benaissa / Alex Karlsson	<b>FIN</b>	<b>T</b>	2.6	1.8	2.7	2.4	2.9	0.0	0.0	12.4	<b>Total</b>	<b>5.97</b>
			<b>P</b>	3.2	3.5	3.7	3.8	3.6	0.0	0.0	17.8	<b>Pres.</b>	<b>3.55</b>
			<b>T</b>	2.2	2.3	2.3	2.1	2.6	0.0	0.0	11.5	<b>Acc.</b>	<b>2.42</b>
			<b>P</b>	3.3	3.6	3.5	3.6	3.4	0.0	0.0	17.4	<b>Overall</b>	<b>59.10</b>
<b>4</b>	<b>Team Finland</b> Emil Karma / Elisa Mäkinen	<b>FIN</b>	<b>T</b>	2.1	2.2	2.7	2.5	2.6	0.0	0.0	12.1	<b>Total</b>	<b>5.87</b>
			<b>P</b>	3.3	3.5	3.7	3.4	3.6	0.0	0.0	17.5	<b>Pres.</b>	<b>3.52</b>
			<b>T</b>	2.0	2.2	2.7	1.9	2.6	0.0	0.0	11.4	<b>Acc.</b>	<b>2.35</b>
			<b>P</b>	3.5	3.5	3.6	3.4	3.6	0.0	0.0	17.6	<b>Overall</b>	<b>58.60</b>
<b>5</b>	<b>Team Finland</b> Matleena Grönlund / Luca Lonka	<b>FIN</b>	<b>T</b>	2.5	1.9	2.2	2.1	2.3	0.0	0.0	11.0	<b>Total</b>	<b>5.50</b>
			<b>P</b>	3.0	3.4	3.4	3.2	3.5	0.0	0.0	16.5	<b>Pres.</b>	<b>3.32</b>
			<b>T</b>	2.0	2.0	2.1	2.4	2.6	0.0	0.0	11.1	<b>Acc.</b>	<b>2.19</b>
			<b>P</b>	3.0	3.4	3.3	3.2	3.5	0.0	0.0	16.4	<b>Overall</b>	<b>55.00</b>

### Court:3 (cat.2)

Category **Pair Pair Cadet**  
 Competitors **6**  
 Class **A**

**3**

Pos.	Surname	Country	Type	1	2	3	4	5	6	7	Round total	Averages
<b>6</b>	<b>Gangnam Sportstaekwondo</b> Shiri Ginnerup / Hugo Hjarsø	<b>DEN</b>	<b>T</b>	1.3	1.9	1.8	1.5	2.3	0.0	0.0	08.8	<b>Total 5.27</b>
			<b>P</b>	3.1	3.0	3.2	3.3	3.3	0.0	0.0	15.9	<b>Pres. 3.29</b>
			<b>T</b>	2.3	1.9	2.6	2.0	2.4	0.0	0.0	11.2	<b>Acc. 1.98</b>
			<b>P</b>	3.0	3.4	3.5	3.3	3.4	0.0	0.0	16.6	<b>Overall 52.50</b>

### Court:1 (cat.3)

Category **Team Team Under 30 Female**

Competitors **6**

Class **A**

**3**

Pos.	Surname	Country	Type	1	2	3	4	5	6	7	Round total	Averages
<b>1</b>	<b>Danish National Team Poomsae</b>  Signe Damgaard / Annesofie Leuenhagen Fredberg / Laura Nancke	<b>DEN</b>	<b>T</b>	3.0	2.9	2.8	2.6	3.3	0.0	0.0	14.6	<b>Total</b> <b>6.94</b>
			<b>P</b>	4.2	4.2	4.0	4.0	3.8	0.0	0.0	20.2	<b>Pres.</b> <b>4.07</b>
			<b>T</b>	2.9	2.5	2.8	2.8	3.1	0.0	0.0	14.1	<b>Acc.</b> <b>2.87</b>
			<b>P</b>	4.1	4.2	4.1	4.0	3.8	0.0	0.0	20.2	<b>Overall</b> <b>69.10</b>
<b>2</b>	<b>Team Finland</b>  Aino Kangasmaa / Mia Knutsson / Helmi Riuttala	<b>FIN</b>	<b>T</b>	3.0	2.9	2.8	2.7	2.9	0.0	0.0	14.3	<b>Total</b> <b>6.91</b>
			<b>P</b>	4.1	4.3	4.0	4.2	3.9	0.0	0.0	20.5	<b>Pres.</b> <b>4.09</b>
			<b>T</b>	2.8	2.8	2.7	2.9	2.4	0.0	0.0	13.6	<b>Acc.</b> <b>2.82</b>
			<b>P</b>	4.0	4.3	4.0	4.2	3.9	0.0	0.0	20.4	<b>Overall</b> <b>68.80</b>
<b>3</b>	<b>Team Finland</b>  Anna Alatalo / Linda Rökköläinen / Kerttu Salminen	<b>FIN</b>	<b>T</b>	2.9	2.9	2.9	2.8	2.9	0.0	0.0	14.4	<b>Total</b> <b>6.77</b>
			<b>P</b>	3.9	4.2	4.1	3.9	3.5	0.0	0.0	19.6	<b>Pres.</b> <b>3.97</b>
			<b>T</b>	2.7	2.7	2.8	2.7	2.5	0.0	0.0	13.4	<b>Acc.</b> <b>2.80</b>
			<b>P</b>	4.0	4.2	4.0	3.9	3.9	0.0	0.0	20.0	<b>Overall</b> <b>67.40</b>
<b>4</b>	<b>Hamar Taekwondo Klubb / Hwa Rang Team Drammen / Keum Gang Taekwondo Norway</b> Rikke Heggedal / Anette Nilsen / Kine Solvang Tellnes	<b>NOR</b>	<b>T</b>	2.7	2.8	2.6	2.7	2.8	0.0	0.0	13.6	<b>Total</b> <b>6.67</b>
			<b>P</b>	4.0	4.0	3.9	4.1	4.0	0.0	0.0	20.0	<b>Pres.</b> <b>3.97</b>
			<b>T</b>	2.9	2.4	2.7	2.6	2.7	0.0	0.0	13.3	<b>Acc.</b> <b>2.70</b>
			<b>P</b>	3.9	3.9	4.0	4.0	3.6	0.0	0.0	19.4	<b>Overall</b> <b>66.30</b>
<b>5</b>	<b>Team Finland</b>  Julia Korja / Aino Koskinen / Iiris Petäjä	<b>FIN</b>	<b>T</b>	2.7	2.8	2.8	2.5	2.8	0.0	0.0	13.6	<b>Total</b> <b>6.47</b>
			<b>P</b>	3.8	4.0	4.0	3.9	3.8	0.0	0.0	19.5	<b>Pres.</b> <b>3.87</b>
			<b>T</b>	2.5	2.4	2.7	2.4	2.3	0.0	0.0	12.3	<b>Acc.</b> <b>2.60</b>
			<b>P</b>	3.7	3.9	4.1	3.9	3.3	0.0	0.0	18.9	<b>Overall</b> <b>64.30</b>

### Court:2 (cat.3)

Category **Team Team Under 30 Female**

Competitors **3**

Class **A**

**3**

Pos.	Surname	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>6</b>	<b>Team Finland</b>  Ada Gustafsson / Mira Mänty / Heidi Natunen	<b>FIN</b>	<b>T</b>	2.7	2.5	2.6	2.5	3.0	0.0	0.0	13.3	<b>Total</b>	<b>6.34</b>
			<b>P</b>	3.8	3.9	3.7	3.9	3.9	0.0	0.0	19.2	<b>Pres.</b>	<b>3.87</b>
			<b>T</b>	2.3	2.2	2.5	2.4	2.3	0.0	0.0	11.7	<b>Acc.</b>	<b>2.47</b>
			<b>P</b>	3.9	3.9	3.8	3.8	3.9	0.0	0.0	19.3	<b>Overall</b>	<b>63.50</b>

### Court:2 (cat.3)

Category **Team Team Over 30 Male**

Competitors **3**

Class **A**

**3**

Pos.	Surname	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>Team Finland</b>  Sampsu Aukio / Tatu Iivanainen / Ville Lehtinen	<b>FIN</b>	<b>T</b>	2.6	2.9	2.8	2.6	2.4	0.0	0.0	13.3	<b>Total</b>	<b>6.54</b>
			<b>P</b>	3.8	4.3	4.0	3.7	3.8	0.0	0.0	19.6	<b>Pres.</b>	<b>3.90</b>
			<b>T</b>	2.5	2.6	2.4	2.8	2.7	0.0	0.0	13.0	<b>Acc.</b>	<b>2.64</b>
			<b>P</b>	3.9	4.2	4.0	3.9	3.9	0.0	0.0	19.9	<b>Overall</b>	<b>65.80</b>
<b>2</b>	<b>MUDO Team Academy IF</b>  Alexander Lagos Kusk / Ji-Pyo Lim / Murat Sarikus	<b>SWE</b>	<b>T</b>	2.1	2.3	2.5	2.5	1.9	0.0	0.0	11.3	<b>Total</b>	<b>5.74</b>
			<b>P</b>	3.4	4.2	3.6	3.7	3.1	0.0	0.0	18.0	<b>Pres.</b>	<b>3.55</b>
			<b>T</b>	1.6	2.0	2.3	2.2	2.0	0.0	0.0	10.1	<b>Acc.</b>	<b>2.19</b>
			<b>P</b>	3.4	4.1	3.7	3.5	3.4	0.0	0.0	18.1	<b>Overall</b>	<b>57.50</b>
<b>3</b>	<b>Team Finland</b>  Elmer Nordberg / Antti Vehman / Mikko Virta	<b>FIN</b>	<b>T</b>	1.3	1.9	2.0	2.3	2.4	0.0	0.0	09.9	<b>Total</b>	<b>5.47</b>
			<b>P</b>	2.7	3.9	3.5	3.2	3.6	0.0	0.0	16.9	<b>Pres.</b>	<b>3.43</b>
			<b>T</b>	1.3	1.6	2.4	2.0	2.4	0.0	0.0	09.7	<b>Acc.</b>	<b>2.04</b>
			<b>P</b>	2.6	3.8	3.7	3.1	3.5	0.0	0.0	16.7	<b>Overall</b>	<b>53.20</b>



### Court:2 (cat.4)

Category **Team Team Over 30 Female**

Competitors **4**

Class **A**

**3**

Pos.	Surname	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>Danish National Team Poomsae</b>  Lene Kjær / Nicole Nielsen / Charlotte Pedersen	<b>DEN</b>	<b>T</b>	2.9	2.6	2.8	2.6	2.7	0.0	0.0	13.6	<b>Total</b>	<b>6.70</b>
			<b>P</b>	3.8	4.1	3.9	3.9	4.1	0.0	0.0	19.8	<b>Pres.</b>	<b>3.99</b>
			<b>T</b>	2.7	2.9	2.7	2.7	2.8	0.0	0.0	13.8	<b>Acc.</b>	<b>2.72</b>
			<b>P</b>	3.9	4.0	4.0	4.0	4.2	0.0	0.0	20.1	<b>Overall</b>	<b>67.30</b>
<b>2</b>	<b>Team Finland</b>  Johanna Nukari / Triin Saviauk / Niina Virtala	<b>FIN</b>	<b>T</b>	2.6	2.8	2.2	2.7	2.7	0.0	0.0	13.0	<b>Total</b>	<b>6.46</b>
			<b>P</b>	3.7	4.1	3.9	3.7	3.5	0.0	0.0	18.9	<b>Pres.</b>	<b>3.77</b>
			<b>T</b>	2.6	2.9	1.9	2.7	2.8	0.0	0.0	12.9	<b>Acc.</b>	<b>2.69</b>
			<b>P</b>	3.7	3.9	3.8	3.8	3.7	0.0	0.0	18.9	<b>Overall</b>	<b>63.70</b>
<b>3</b>	<b>Team Finland</b>  Laura Kinnunen / Miia Siutila / Laura Wild	<b>FIN</b>	<b>T</b>	2.3	2.5	2.8	2.5	2.4	0.0	0.0	12.5	<b>Total</b>	<b>6.25</b>
			<b>P</b>	3.5	3.9	3.9	3.8	3.7	0.0	0.0	18.8	<b>Pres.</b>	<b>3.77</b>
			<b>T</b>	2.1	2.8	2.3	2.7	2.5	0.0	0.0	12.4	<b>Acc.</b>	<b>2.49</b>
			<b>P</b>	3.6	3.8	3.8	3.9	3.6	0.0	0.0	18.7	<b>Overall</b>	<b>62.40</b>
<b>4</b>	<b>Team Finland</b>  Marita Jaakkola / Nyman Jenny / Kati Kuosmanen	<b>FIN</b>	<b>T</b>	1.6	2.1	2.7	2.5	2.0	0.0	0.0	10.9	<b>Total</b>	<b>5.84</b>
			<b>P</b>	2.5	3.5	3.7	3.7	3.4	0.0	0.0	16.8	<b>Pres.</b>	<b>3.55</b>
			<b>T</b>	1.9	2.3	2.5	2.4	2.4	0.0	0.0	11.5	<b>Acc.</b>	<b>2.29</b>
			<b>P</b>	2.6	3.6	3.9	3.5	3.6	0.0	0.0	17.2	<b>Overall</b>	<b>56.40</b>

### Court:2 (cat.11)

Category **Team Team Cadet Male**

Competitors **1**

Class **A**

**3**

Pos.	Surname	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>Team Finland</b>	<b>FIN</b>	<b>T</b>	1.5	1.5	2.0	1.7	2.1	0.0	0.0	08.8	<b>Total</b>	<b>4.63</b>
	Alex Karlsson / Emil Karma / Julius Karma		<b>P</b>	2.6	3.1	3.6	3.1	3.1	0.0	0.0	15.5	<b>Pres.</b>	<b>3.02</b>
			<b>T</b>	0.9	1.4	1.7	1.4	1.7	0.0	0.0	07.1	<b>Acc.</b>	<b>1.62</b>
			<b>P</b>	2.4	2.8	3.4	3.0	3.0	0.0	0.0	14.6	<b>Overall</b>	<b>46.00</b>

### Court:2 (cat.12)

Category **Team Team Cadet Female**

Competitors **2**

Class **A**

**3**

Pos.	Surname	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>Team Finland</b>  Nea Forsell / Pinja Latvajärvi / Mimi Miettinen	<b>FIN</b>	<b>T</b>	2.7	2.7	2.1	2.8	2.5	0.0	0.0	12.8	<b>Total</b>	<b>5.75</b>
			<b>P</b>	3.5	3.9	3.5	3.5	3.5	0.0	0.0	17.9	<b>Pres.</b>	<b>3.44</b>
			<b>T</b>	1.9	2.6	2.2	1.9	1.8	0.0	0.0	10.4	<b>Acc.</b>	<b>2.32</b>
			<b>P</b>	2.9	3.8	3.6	3.3	3.2	0.0	0.0	16.8	<b>Overall</b>	<b>57.90</b>
<b>2</b>	<b>MUDO Team Academy IF</b>  Maja Bergström / Ekatarina Rafailovic / Lily Toth	<b>SWE</b>	<b>T</b>	2.1	2.4	2.4	2.0	2.3	0.0	0.0	11.2	<b>Total</b>	<b>4.89</b>
			<b>P</b>	3.2	3.4	3.5	3.2	3.4	0.0	0.0	16.7	<b>Pres.</b>	<b>3.12</b>
			<b>T</b>	0.7	1.1	2.0	1.2	1.5	0.0	0.0	06.5	<b>Acc.</b>	<b>1.77</b>
			<b>P</b>	2.9	2.6	3.4	2.8	3.0	0.0	0.0	14.7	<b>Overall</b>	<b>49.10</b>

### Court:3 (cat.3)

Category **Team Team Junior Male**

Competitors **2**

Class **A**

**3**

Pos.	Surname	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>MUDO Team Academy IF</b>  Lukas Erlandsson / Noah Mkrtchian / Folke Rudh Sjöholm	<b>SWE</b>	<b>T</b>	2.5	2.6	2.5	2.7	3.0	0.0	0.0	13.3	<b>Total</b>	<b>6.25</b>
			<b>P</b>	3.6	3.6	3.7	3.9	3.5	0.0	0.0	18.3	<b>Pres.</b>	<b>3.67</b>
			<b>T</b>	2.4	2.6	2.6	2.8	2.5	0.0	0.0	12.9	<b>Acc.</b>	<b>2.59</b>
			<b>P</b>	3.7	3.6	3.8	3.9	3.4	0.0	0.0	18.4	<b>Overall</b>	<b>62.90</b>
<b>2</b>	<b>Team Finland</b>  Alexander Andersson / Frans Frangén / Henry Suoniitty	<b>FIN</b>	<b>T</b>	2.1	2.4	2.4	1.9	2.2	0.0	0.0	11.0	<b>Total</b>	<b>5.65</b>
			<b>P</b>	3.3	3.5	3.5	3.6	3.4	0.0	0.0	17.3	<b>Pres.</b>	<b>3.47</b>
			<b>T</b>	2.4	2.1	2.1	2.2	1.7	0.0	0.0	10.5	<b>Acc.</b>	<b>2.18</b>
			<b>P</b>	3.5	3.4	3.5	3.5	3.2	0.0	0.0	17.1	<b>Overall</b>	<b>55.90</b>

### Court:3 (cat.4)

Category **Team Team Junior Female**

Competitors **3**

Class **A**

**3**

Pos.	Surname	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>Team Finland</b>  Airada Heikkinen / Aino Kortelainen / Sofia Sarala	<b>FIN</b>	<b>T</b>	3.1	3.4	2.8	2.6	3.0	0.0	0.0	14.9	<b>Total</b>	<b>6.52</b>
			<b>P</b>	4.0	3.9	3.9	3.7	3.8	0.0	0.0	19.3	<b>Pres.</b>	<b>3.72</b>
			<b>T</b>	2.4	2.7	2.8	2.3	2.8	0.0	0.0	13.0	<b>Acc.</b>	<b>2.80</b>
			<b>P</b>	3.1	3.7	4.0	3.3	3.7	0.0	0.0	17.8	<b>Overall</b>	<b>65.00</b>
<b>2</b>	<b>MUDO Team Academy IF</b>  Mia Galvenius / Isabelle Lammers / Lovisa Nihlén	<b>SWE</b>	<b>T</b>	2.9	2.8	2.4	2.6	2.7	0.0	0.0	13.4	<b>Total</b>	<b>6.45</b>
			<b>P</b>	3.9	3.7	3.8	3.3	3.6	0.0	0.0	18.3	<b>Pres.</b>	<b>3.70</b>
			<b>T</b>	2.7	2.9	2.8	2.5	3.0	0.0	0.0	13.9	<b>Acc.</b>	<b>2.75</b>
			<b>P</b>	3.7	3.7	3.7	3.3	3.7	0.0	0.0	18.1	<b>Overall</b>	<b>63.70</b>
<b>3</b>	<b>Team Finland</b>  Aino Laukkanen / Roosa Määttä / Bao Boi Trieu	<b>FIN</b>	<b>T</b>	2.8	2.5	2.6	1.9	2.4	0.0	0.0	12.2	<b>Total</b>	<b>6.27</b>
			<b>P</b>	3.8	3.6	3.7	3.3	3.5	0.0	0.0	17.9	<b>Pres.</b>	<b>3.60</b>
			<b>T</b>	2.8	2.8	2.7	3.0	2.9	0.0	0.0	14.2	<b>Acc.</b>	<b>2.67</b>
			<b>P</b>	3.9	3.6	3.8	3.3	3.4	0.0	0.0	18.0	<b>Overall</b>	<b>62.30</b>

### Court:3 (cat.6)

Category **Team Team Under 30 Male**

Competitors **1**

Class **A**

**3**

Pos.	Surname	Country	Type	1	2	3	4	5	6	7	Round total	Averages
<b>1</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	3.0	2.9	3.1	3.2	3.2	0.0	0.0	15.4	<b>Total 6.98</b>
			<b>P</b>	4.0	3.9	3.9	4.2	3.9	0.0	0.0	19.9	<b>Pres. 3.97</b>
			<b>T</b>	2.7	2.4	3.0	3.3	3.1	0.0	0.0	14.5	<b>Acc. 3.02</b>
			<b>P</b>	4.1	3.9	4.0	4.2	3.8	0.0	0.0	20.0	<b>Overall 69.80</b>

Nikolaj Amby / Bastian Thinggaard Byrgesen / Victor Schultz

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:2 (cat.5)

Category **Free Ind Freestyle O17 Male**

Competitors **3**

Class **A**

**3**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>25</b>	<b>Andreas Sørensen</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	3.6	4.3	4.3	3.9	3.7	0.0	0.0	19.8	<b>Total</b>	<b>6.67</b>
					<b>P</b>	2.7	2.9	3.4	2.3	2.5	0.0	0.0	13.8	<b>Pres.</b>	<b>2.70</b>
					<b>T</b>	0.0	0.0	0.0	0.0	0.0	0.0	0.0	00.0	<b>Acc.</b>	<b>3.97</b>
					<b>P</b>	0.0	0.0	0.0	0.0	0.0	0.0	0.0	00.0	<b>Overall</b>	<b>33.60</b>
<b>2</b>	<b>9</b>	<b>Johan Hogrefe Fredman</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	2.4	3.6	3.5	3.7	3.8	0.0	0.0	17.0	<b>Total</b>	<b>5.93</b>
					<b>P</b>	2.0	2.7	2.8	1.9	2.3	0.0	0.0	11.7	<b>Pres.</b>	<b>2.33</b>
					<b>T</b>	0.0	0.0	0.0	0.0	0.0	0.0	0.0	00.0	<b>Acc.</b>	<b>3.60</b>
					<b>P</b>	0.0	0.0	0.0	0.0	0.0	0.0	0.0	00.0	<b>Overall</b>	<b>28.70</b>
<b>3</b>	<b>11</b>	<b>Johan Hollederer</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	2.5	3.7	3.5	3.1	3.3	0.0	0.0	16.1	<b>Total</b>	<b>5.70</b>
					<b>P</b>	2.2	2.6	2.8	1.7	2.4	0.0	0.0	11.7	<b>Pres.</b>	<b>2.40</b>
					<b>T</b>	0.0	0.0	0.0	0.0	0.0	0.0	0.0	00.0	<b>Acc.</b>	<b>3.30</b>
					<b>P</b>	0.0	0.0	0.0	0.0	0.0	0.0	0.0	00.0	<b>Overall</b>	<b>27.80</b>

# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:2 (cat.6)

Category **Free Ind Freestyle U17 Male**  
 Competitors **1**  
 Class **A**

**3**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>129</b>	<b>Sander Lammers</b>	<b>MUDO Team Academy IF</b>	<b>SWE</b>	<b>T</b>	1.7	1.8	2.0	1.4	2.2	0.0	0.0	09.1	<b>Total</b>	<b>3.40</b>
					<b>P</b>	1.5	1.9	1.1	1.4	1.8	0.0	0.0	07.7	<b>Pres.</b>	<b>1.57</b>
					<b>T</b>	0.0	0.0	0.0	0.0	0.0	0.0	0.0	00.0	<b>Acc.</b>	<b>1.83</b>
					<b>P</b>	0.0	0.0	0.0	0.0	0.0	0.0	0.0	00.0	<b>Overall</b>	<b>16.80</b>



# Poomsae individual

## Nordic Championships 2023 poomsae

### Court:2 (cat.8)

Category **Free Ind Freestyle U17 Female**  
 Competitors **1**  
 Class **A**

**3**

Pos.	Id	Surname	Team	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>128</b>	<b>Isabelle Lammers</b>	<b>MUDO Team Academy IF</b>	<b>SWE</b>	<b>T</b>	2.5	3.3	2.6	1.9	2.8	0.0	0.0	13.1	<b>Total</b>	<b>4.70</b>
					<b>P</b>	2.0	2.1	2.1	1.8	2.3	0.0	0.0	10.3	<b>Pres.</b>	<b>2.07</b>
					<b>T</b>	0.0	0.0	0.0	0.0	0.0	0.0	0.0	00.0	<b>Acc.</b>	<b>2.63</b>
					<b>P</b>	0.0	0.0	0.0	0.0	0.0	0.0	0.0	00.0	<b>Overall</b>	<b>23.40</b>

### Court:2 (cat.7)

Category **Free Pair Frees. Pair O17**

Competitors **1**

Class **A**

**3**

Pos.	Surname	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	3.3	4.2	3.2	3.4	3.1	0.0	0.0	17.2	<b>Total</b>	<b>5.90</b>
	Johan Hogrefe Fredman / Silja Kjølbo		<b>P</b>	2.4	3.1	3.3	2.3	2.1	0.0	0.0	13.2	<b>Pres.</b>	<b>2.60</b>
			<b>T</b>	0.0	0.0	0.0	0.0	0.0	0.0	0.0	00.0	<b>Acc.</b>	<b>3.30</b>
			<b>P</b>	0.0	0.0	0.0	0.0	0.0	0.0	0.0	00.0	<b>Overall</b>	<b>30.40</b>

### Court:2 (cat.9)

Category **Free Mixed Frees. Mix-team**

Competitors **1**

Class **A**

**3**

Pos.	Surname	Country	Type	1	2	3	4	5	6	7	Round total	Averages	
<b>1</b>	<b>Danish National Team Poomsae</b>	<b>DEN</b>	<b>T</b>	3.3	4.3	4.2	3.7	3.4	0.0	0.0	18.9	<b>Total</b>	<b>6.60</b>
	Johan Hogrefe Fredman / Johan Hollederer / Silje Anne L. Jensen / Silja Kjølbo / Andreas Sørensen		<b>P</b>	2.6	3.2	3.4	2.5	2.7	0.0	0.0	14.4	<b>Pres.</b>	<b>2.83</b>
			<b>T</b>	0.0	0.0	0.0	0.0	0.0	0.0	0.0	00.0	<b>Acc.</b>	<b>3.77</b>
			<b>P</b>	0.0	0.0	0.0	0.0	0.0	0.0	0.0	00.0	<b>Overall</b>	<b>33.30</b>