

Korean Ambassador's Cup 2024 Poomsae Schedule

Court 1				Court 2				Court 3			
Category	Start time	Duration	Competitors	Category	Start time	Duration	Competitors	Category	Start time	Duration	Competitors
Pairs under 17	09:00	00:30	6	Under 40 female	09:00	00:15	3	Kids red-black belts	09:00	00:10	2
Junior female	09:30	01:50	14	Over 50 male	09:15	00:25	5	Kids blue belts	09:10	00:40	10
Under 50 male	11:20	00:30	6	Over 50 female	09:40	00:25	5	Kids green belts	09:50	01:15	21
Lounas	11:50	00:55		Teams under 30	10:05	00:10	2	Kids yellow belts	11:05	00:30	8
Avajaiset	12:45	01:15		Teams over 30	10:15	00:15	3	Pairs kids	11:35	00:20	5
Teams under 17	14:00	00:25	5	Juniors male	10:30	00:05	1	Lounas	11:55	00:50	
Cadet male	14:25	00:20	4	Pairs over 30	10:35	00:30	6	Avajaiset	12:45	01:15	
Cadet female	14:45	01:25	9	Freestyle, mix-team	11:05	00:10	2	Teams beginners	14:00	00:20	4
Pairs higher belts	16:10	00:55	11	Freestyle beginners	11:15	00:10	2	Pairs lower belts	14:20	00:45	9
Red-black belts male	17:05	00:20	4	Freestyle female	11:25	00:10	2	Green belts female	15:05	01:45	23
Green belts male	17:25	00:45	9	Freestyle, pairs	11:35	00:15	3	Yellow belts male	16:50	00:10	2
Diesel male	18:10	00:45	9	Lounas	11:50	00:55		Yellow belts female	17:00	00:25	5
Finished	18:55			Avajaiset	12:45	01:15		Blue belts, female	17:25	01:15	15
				Pairs under 30	14:00	00:15	3	Finished	18:40		
				Under 50 female	14:15	00:20	4				
				Under 40 male	14:35	00:15	3				
				Under 30 male	14:50	00:25	5				
				Under 30 female	15:15	01:25	9				
				Red-black belts female	16:40	00:55	9				
				Diesel female	17:35	00:55	9				
				Blue belts male	18:30	00:10	2				
				Finished	18:40						