







Welcome to Korean Ambassador's Cup 2024 organized by The Finnish Taekwondo Federation and Malmin Taekwondo in co-operation with the Embassy of the Republic of Korea in Finland!

Date Saturday, November 9th 2024

Venue Ruskeasuon liikuntahalli

Ratsastie 10 00280 Helsinki

Finland



Venue: Ruskeasuon liikuntahalli

POOMSAE

Categories Official, beginners, and kids

Registration Please make registration through <u>www.tpss2021.eu</u>. Please don't

use the old site. Deadline for entries is Wednesday, October 30th,

2024.

Entry fees

Categories	Fee
Individual	39,00 €
Pair	19,50 € / person
Team	13,00 € / person
Freestyle Mix-team	7,80 € / person

Participating in more than one kids' or beginners' category costs 55 € per competitor. In official categories, the fee is 39 € per individual, pair, or team, for every category, regardless of how many categories the person participates in.

Categories: Official categories

Categories	Age	Gender	
Cadets	12-14 y.	Girls and boys	Taegeuk 4–8 Jang, Koryo, Keumgang,
		in their own	Taeback
		categories	
Juniors	15-17 y.	Girls and boys	Taegeuk 5–8 Jang, Koryo, Keumgang,
		in their own	Taeback, Pyongwon
11. 1 00	40.00	categories	
Under 30	18-30 y.	Women and	Taegeuk 7–8 Jang, Koryo, Keumgang,
		men in their own categories	Taeback, Pyongwon, Shipjin, Jitae
Under 40	31-40 y.	Women and	Taegeuk 7–8 Jang, Koryo, Keumgang,
		men in their own	Taeback, Pyongwon, Shipjin, Jitae
		categories	
Under 50	+41-50	Women and	Taegeuk 8 Jang, Koryo, Keumgang,
	у.	men in their own	Taeback, Pyongwon, Shipjin, Jitae,
		categories	Chonkwon
Over 50	+51 y.	Women and	Koryo, Keumgang, Taeback,
		men in their own	Pyongwon, Shipjin, Jitae, Chonkwon,
		categories	Hansu
Pairs under	12–17 y.	One (1) girl and	Taegeuk 5–8 Jang, Koryo, Keumgang,
17		one (1) boy	Taeback, Pyongwon
Pairs under	18-30 y.	One (1) woman	Taegeuk 7–8 Jang, Koryo, Keumgang,
30		and one (1) man	Taeback, Pyongwon, Shipjin, Jitae
Pairs over 30	+31 y.	One (1) woman	Taegeuk 8 Jang, Koryo, Keumgang,
		and one (1) man	Taeback, Pyongwon, Shipjin, Jitae,
			Chonkwon

Teams under 17	12–17 y.	Three (3) girls or three (3) boys *	Taegeuk 5–8 Jang, Koryo, Keumgang, Taeback, Pyongwon
Teams under 30	18-30 y.	Three (3) women or three (3) men *	Taegeuk 7–8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae
Teams over 30	+31 y.	Three (3) women or three (3) men *	Taegeuk 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon
		*Female and male teams compete in the same category.	
Freestyle individual	+12 y.	Women and men in their own categories	
Freestyle pairs	+12 y.	One (1) woman and one (1) man	
Freestyle mix-team	+12 y.	Two (2) women and three (3) men, or three (3) women and two (2) men	

The age limit for each division is based on the year, not on the date, when the competition is held. For this year, a person born between January 1st 2007 and December 31st 2009 is eligible to participate in the junior category. Beginners (no age limit)

Categories	Belt	Gender	Poomsae list
Yellow belts	8th-7th kup	Separate	Taegeuk 1-4 Jang
Green belts	6th-5th kup	categories	Taegeuk 2-6 Jang
Blue belts	4th-3rd kup	for females	Taegeuk 4-8 Jang
Red and black belts	2nd kup –	and males	Taegeuk 6-8 Jang, Koryo,
	2nd dan		Keumgang, Taeback
Diesel, over 30 y.	8th kup –		Taegeuk 4-8 Jang, Koryo,
	9th dan		Keumgang, Taeback
Pairs, lower belts	8th-5th kup	Mixed	Taegeuk 2-6 Jang
Pairs, higher belts	4th kup –	Mixed	Taegeuk 5-8 Jang, Koryo
_	2nd dan		
Teams, beginners	8th kup –	Mixed	Taegeuk 4-8 Jang, Koryo
	2nd dan		
Freestyle, beginners	8th kup –	Mixed	
	2nd dan		

Kids (under 13 years old)

Categories	Belt	Gender	Poomsae list
Yellow belts	87. kup	Mixed	Taegeuk 1-4 Jang
Green belts	65. kup	Mixed	Taegeuk 2-6 Jang
Blue belts	43. kup	Mixed	Taegeuk 4-8 Jang
Red- and black	2.kup-2.	Mixed	Taegeuk 6-8 Jang, Koryo,
belts	poom		Keumgang, Taeback
Pairs	8.kup-2.	Mixed	Taegeuk 2-6 Jang
	poom		

Kids (under 13 years old) can participate both in the kids' and beginners' categories. Competitors competing in the official categories cannot compete in the kids' or beginners' categories. Please note that freestyle categories are official categories, so competitors competing in kids' or beginners' categories cannot compete in them.

In the beginners' pair and team categories the players can be of the same of different gender. If the players of the pair are of different belt grade groups, they compete in the pairs, higher belts category.

In case there is a low number of competitors in the kids' or beginners' categories, the organizers may combine categories if permitted by the referee director. If two categories are combined, the players will perform poomsae according to the category they were originally registered to.

Rules

The WT Poomsae rules (as of June 14, 2024) will be used except as noted below.

- A competitor participating in any official category cannot participate in kids' or beginners' categories
- The compulsory poomsae for the official categories will be drawn and published on the competition's website on Friday, November 8th before 8 pm. The poomsae lists are as described in Article 8 of the WT Poomsae rules, except for the following: in individual over 50 the WT list for individual under 60 will be used, and in the pairs and teams under 17 the WT lists for junior pairs and junior teams, respectively, will be used.
- In the official categories, only a final round will be held if there are eight (8) or fewer competitors. If there are nine (9) or more competitors, a semi-final round will be held, and the eight (8) players with the highest score will advance to the final round. If there are twenty (20) or more competitors, a preliminary round will be held, and 50 % (rounded up) of the players with the highest score will advance to the semi-final round. In all rounds, two (2) drawn poomsae will be performed. The organizers reserve the right to start the competition directly from the semi-final round if necessary for the schedule.
- In the kids' and beginners' categories only, the final round will be held regardless of the number of competitors. Each competitor will perform two poomsae. The poomsae are free of choice from the poomsae list of the category, except that the same poomsae cannot be performed twice by the player. In kids' categories the player is allowed to perform the lowest

- poomsae from the list of the category twice, but no other poomsae.
- Prizes: one (1) gold medal for the first place, one (1) silver medal for the second place, and one (1) bronze medal for the third place. No medal will be awarded for the fourth place.
- In freestyle mix-team: The team has to bring their own boards.
 The organizer doesn't provide boards.

Preliminary Schedule

Saturday	
07.00	Doors are opened.
08.00-08.30	Referee meeting
08.30-09.00	Head of Team meeting
09.00-20.00	Competition
12.00-12.45	Lunch break
12.45-13.45	Opening Ceremony
	inc. Kukkiwon Demo Team Show
14.00	Competition continues

The Organizer reserves the right to make changes to schedules. The schedule will be updated to Finnish Taekwondo Federation's website https://www.suomentaekwondoliitto.fi

Contacts

Tournament director: Mrs. Laura Ojanen

Poomsae Referee Director: Mr. Christian Hagman hadehagman@gmail.com