



# 33<sup>rd</sup> BELGIAN OPEN KYORUGI & POOMSAE 2012



European Taekwondo Union Official A - Class Tournament

## INVITATION POOMSAE

Dear Mr President,  
Dear Sir,  
Dear Madam,

On behalf of the Belgian Taekwondo Union, I am proud to invite You and Your athletes to participate in the 33<sup>rd</sup> Belgian Open Taekwondo Championships Kyorugi and Poomsae 2012 which will be held in Gent, Belgium, on **31 March and 1 April 2012**.

**The Belgian Open Championships are the perfect preparation for the European Senior Championships Kyorugi in May in Manchester and for the World Championships Poomsae in Columbia!!**

For the **Poomsae competition** the A-class categories are programmed on Saturday. The B- and C- Class Categories (**8 Geup until 1 Geup**) will be able to compete on Sunday.

There are two NEW aspects regarding this 33<sup>rd</sup> edition!!!

1. The **new WTF-regularization** for A-categories will be used!
2. **Electronic scoring systems** will be used on Saturday and Sunday for the A and B Categories!

We guarantee high quality organization and competition - with only the best international referees worldwide - in order to guarantee high level transparency, fair play & impartiality for the athletes.

We are looking forward to receive your **confirmation of participation** for this event **no later than 12 March 2012**. **Hotel bookings** must reach the organization **no later than 27 February 2012!!**

The Belgian Taekwondo Union will be honoured to welcome You and Your athletes.

Yours sincerely,

Steve Grommen



**President National Belgian Taekwondo Union**  
**President Flemish Taekwondo Union**

## 1. ORGANIZATION

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<b>Supervisor</b>	National Belgian Taekwondo Union
<b>Organization</b>	Vlaamse Taekwondo Bond vzw - Flemish Taekwondo Union H. Van Veldekesingel 150/73 BE-3500 Hasselt Phone: + 32 11 87 09 19 Fax: +32 11 87 09 17 belgianopen@taekwondo.be
<b>President</b>	Mr. Steve Grommen
<b>Poomsae Referee Director</b>	<b>Mr. Mustapha Moutarazak (IPR)</b>

## 2. DATE AND PLACE

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<b>Date</b>	30 - 31 March and 1 April 2012
<b>Competition date</b>	Saturday 31 March 2012: <b>A-Cat.: 1<sup>st</sup> Dan/Poom and higher</b> Sunday 1 April 2012: <b>8<sup>st</sup> Geup until 1<sup>st</sup> Geup</b>
<b>Competition hall</b>	Topsportal Vlaanderen Zuiderlaan 14, 9000 Gent
<b><u>Time Table</u></b>	
<b>Friday 30<sup>th</sup> March</b>	Registration for both competition days in competition hall. Registration: 14:00 – 20:00 (local time) <b>Because of organizational concern, teams and individual athletes are encouraged to register on Friday!</b>
<b>Saturday 31<sup>st</sup> March</b>	08.00-09.00: Registration for competition on Saturday 09.30: Start competition A-cat.: 1 <sup>st</sup> Dan/Poom and higher
<b>Sunday 1<sup>st</sup> of April</b>	08.00-09.00: Registration for competition on Sunday 09.30: Start competition <b>8<sup>st</sup> Geup until 1<sup>st</sup> Geup</b>
	<b>NOTE:</b> Times are subject to change.

## 3. CONTESTANTS

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<b>Membership</b>	Proof of membership by valid National Federation Passport with ETU/WTF membership. All competitors have to prove their age and nationality by presenting their passport or identification card at the registration. Those who are <b>not recognized as adults</b> by law in their own country must submit <b>a passport or identification card together with a written consent</b> (liability declaration) at registration signed by parents or lawful guardians, accepting the participation and all parts of the official invitation.
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**Graduation****Dangrades A-Cat.: 1<sup>st</sup> Dan/Poom and higher**

(Belt class according to WTF-regulations)

**Geupgrades B-Cat.: 4<sup>th</sup> Geup until 1<sup>st</sup> Geup**

(Belt class according to WTF / VTB-regulations)

**Geupgrades C-Cat.: 8<sup>th</sup> Geup until 5<sup>th</sup> Geup**

(Belt class according to WTF / VTB-regulations)

*The age categories are based on the year of birth. For example, if someone is 17 years old on the day of competition and he/she is still to become 18 years, then he/she will participate in the division 18 until 29 years.*

**A-Class Categories (Saturday 31 March 2012)**

(Belt class according to WTF regulations)

One day before the competition the Taegeuk/Poomsae will be published on the VTB-site:

[www.taekwondo.be](http://www.taekwondo.be)

**1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> round (finals): 2 taegeuks/poomsae (1<sup>st</sup> and 2<sup>nd</sup> Compulsory Poomsae table).**

2 Taegeuk/Poomsae with 30 second pause. For each Taegeuk/Poomsae 2 points will be given (each Taegeuk/Poomsae is judged separately and the points will be announced immediately after the Taegeuk/Poomsae).

**Table Individual A-class**

Division	Table A-class from 1 <sup>st</sup> Dan/Poom and higher
	1 <sup>st</sup> and 2 <sup>nd</sup> Compulsory Poomsae
until 10 year	Taegeuk 2, 3, 4, 5, 6, 7, 8 jang, Koryo
11 - 13 year	
14 – 17 year	Taegeuk 4, 5, 6, 7, 8 jang Koryo, Keumgang, Taeback
18 - 29 year	Taegeuk 6, 7, 8 jang, Koryo Keumgang, Taeback, Pyongwon, Shipjin
30 - 39 year	
40 - 49 year	Taegeuk 8 jang, Koryo, Keumgang, Taeback Pyongwon, Shipjin, Jitae, Cheonkwon
50 - 59 year	Koryo, Keumgang, Taeback, Pyongwon Shipjin, Jitae, Chonkwon, Hansu
plus 60 year	

**Table Pair (1 male and 1 female) & Teams (3 male or 3 female) A-class**

Pair division	Table A-class from 1 <sup>st</sup> Dan/Poom and higher
	1 <sup>st</sup> and 2 <sup>nd</sup> Compulsory Poomsae
t/m 13 year	Taegeuk 2, 3, 4, 5, 6, 7, 8 jang, Koryo
14 – 29 year	Taegeuk 6, 7, 8 Jang, Koryo Keumgang, Taeback, Pyongwon, Shipjin
plus 30 year	Taegeuk 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Cheonkwon
Team division	Table A-class from 1 <sup>st</sup> Dan/Poom and higher
	1 <sup>st</sup> and 2 <sup>nd</sup> Compulsory Poomsae
t/m 13 year	Taegeuk 2, 3, 4, 5, 6, 7, 8 jang, Koryo
14 – 29 year	Taegeuk 6, 7, 8 Jang, Koryo Keumgang, Taeback, Pyongwon, Shipjin
plus 30 year	Taegeuk 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Cheonkwon

All compulsory Poomsae for the 1<sup>st</sup>, 2<sup>nd</sup> and final round for A-Categories will be announced 1 day before the competition on the website: [www.taekwondo.be](http://www.taekwondo.be)

#### Free Style Poomsae Competition A-Class Categories (Saturday 31 March 2012)

The Free Style competition will be started **for only** Dan/Poom degrees in all age categories.

Below an overview of the rules which should be followed:

1. Free Style Poomsae is the performance based on taekwondo techniques with composition of music and choreography.
2. Number of Poom: Each performance shall be composed of 20 to 24 poom. (Composition of 1 poom shall be no more than 5 motions.)
3. Technique: Each performance shall be composed of attacking and defending techniques of taekwondo with **60% foot techniques** and **40% hand techniques**.
4. Music & choreography shall be the choice of the contestant.
5. Free Style Poomsae: **Individual**, **Pair**, and **Mixed Team** competitions from 60 seconds to 70 seconds.

**Geupgrades B- and D-Class Categories (1 April 2012)**

(Belt class according to WTF/VTB-regulations)

**Tabel: Individual B-Class Categories**

Must give four different Taegeuk/Poomsae:

**1<sup>st</sup>, 2<sup>nd</sup> round: 1 taegeuk** (1<sup>st</sup> and 2<sup>nd</sup> Compulsory Poomsae table).**3<sup>rd</sup> round (finale): 2 taegeuks** with 30 seconds pause (1<sup>st</sup> and 2<sup>nd</sup> Compulsory Poomsae table).**Table Individual B-class**

Division	Table B-class from 4 <sup>th</sup> geup until 1 <sup>st</sup> geup
	1 <sup>st</sup> and 2 <sup>nd</sup> Compulsory Poomsae
until 7 year	<b>Taegeuk: 1, 2, 3, 4, 5, 6, 7, 8 jang</b>
8 - 10 year	
11 - 13 year	
14 – 17 year	
18 - 29 year	
30 - 39 year	
40 - 49 year	
50 - 59 year	
plus 60 year	

**Table Pair (1 male and 1 female) & Teams (3 male or 3 female) B-class**

Pair division	Table B-class from 4 <sup>th</sup> geup until 1 <sup>st</sup> geup
	1 <sup>st</sup> and 2 <sup>nd</sup> Compulsory Poomsae
until 13 year	<b>Taegeuk: 1, 2, 3, 4, 5, 6, 7, 8 jang</b>
14 – 29 year	
plus 30 year	
Team division	Table B-class from 4 <sup>th</sup> geup until 1 <sup>st</sup> geup
	1 <sup>st</sup> and 2 <sup>nd</sup> Compulsory Poomsae
until 13 year	<b>Taegeuk: 1, 2, 3, 4, 5, 6, 7, 8 jang</b>
14 – 29 year	
plus 30 year	

**Tabel: Individual C-Class Categories**

Must give different or same Taegeuk/Saju:

1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> or more rounds: 1 taegeuks/Saju (1<sup>st</sup> and 2<sup>nd</sup> Compulsory Poomsae table).

"Saju" literally means four directions (kick and/or hand techniques) in a stand. It's a kind of preparation for Poomsae/Taegeuk.

**Table Individual C-class**

Division	Table C-class from 8 <sup>th</sup> geup until 5 <sup>th</sup> geup
	1 <sup>st</sup> and 2 <sup>nd</sup> Compulsory Poomsae
until 7 year	<p><b>Saju:</b> (1x Right / 1x Left turn)</p> <p><b>or</b></p> <p><b>Taegeuk:</b> 1, 2, 3, 4, 5, 6 jang</p>
8 - 10 year	
11 - 13 year	
14 – 17 year	
18 - 29 year	
30 - 39 year	
40 - 49 year	
50 - 59 year	
plus 60 year	

**Table Pair (1 male and 1 female) & Teams (3 male or 3 female) C-class**

Pair division	Table C-class from 8 <sup>th</sup> geup until 5 <sup>th</sup> geup
	1 <sup>st</sup> and 2 <sup>nd</sup> Compulsory Poomsae
until 13 year	<p><b>Saju:</b> (1x Right / 1x Left turn)</p> <p><b>or</b></p> <p><b>Taegeuk:</b> 1, 2, 3, 4, 5, 6 jang</p>
14 – 29 year	
plus 30 year	
Team division	Table C-class from 8 <sup>th</sup> geup until 5 <sup>th</sup> geup
	1 <sup>st</sup> and 2 <sup>nd</sup> Compulsory Poomsae
until 13 year	<p><b>Saju:</b> (1x Right / 1x Left turn)</p> <p><b>or</b></p> <p><b>Taegeuk:</b> 1, 2, 3, 4, 5, 6 jang</p>
14 – 29 year	
plus 30 year	

**Note: Pair and Team (C-category) that are participating on the same field, must discuss with each other who's next.**

#### 4. COMPETITION RULES

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<b>Competition Rules</b>	Saturday: WTF competition rules Sunday: WTF/VTB competition rules
<b>Forms</b>	Taegeuk and higher WTF/Kukkiwon poomsae
<b>Mode</b>	<p>1) Athletes shall be allowed to compete in more divisions: Individual Division, Team Division, Pair Division.</p> <p>2) <b><u>Cut off system</u></b> for Dangrades and B-Class Categories:  <b>1<sup>st</sup> round:</b> all competitors (<b>+20 competitors</b>)  <b>2<sup>nd</sup> round:</b> at least 50% of the competitors (<b>9-19</b>) (including participants with equal scores)          (possibility for extra rounds in case of equal scores to qualify for the finals)  <b>3<sup>rd</sup> round:</b> maximum of <b>8 competitors</b> (highest scores) can qualify for this round.  <b>4<sup>th</sup> round:</b> after equal score: between 1 – 2 – 3 – 4 ranking</p> <p>3) <b><u>Single elimination tournament system</u></b> or <b><u>Round robin system</u></b> for C-Class *</p> <p>Red and Blue Card: Two participants run at the same time Taegeuk / Saju or basic technique and the jury will be raising the card for the winner. Teams and pairs do not run at the same time, but alternately.</p> <p><i>* Depending on the number of participants in the C-Class, single elimination or round robin system will be used.</i></p>
<b>Doping Control</b>	Some contestants chosen at random will be tested. The list of prohibited products will be equal to the list of the IOC.
<b>Awards</b>	To all winners of 1 <sup>st</sup> , 2 <sup>nd</sup> and 3 <sup>rd</sup> place, cups will be awarded.
<b>Hall Rules</b>	Only the competitors and their coaches have admittance with their registration cards to the contest areas.
<b>Protest</b>	Must be made by the <b>official coach</b> within 10 minutes of the end of the contest to the Poomsae Referee Director. Protest fee is €100.
<b>Liability</b>	All competitors participate at their own risk. The organizers or the VTB shall not accept responsibility for any damages, injuries or losses sustained or incurred.

## 5. ENTRY

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**Applications** Subscriptions via **Taekoplan Tournament Subscription Site (TPSS)**  
To **register** and **login** to the service please use this link:

**[www.tpss.nl](http://www.tpss.nl)**

**Deadline** **Monday 12 March 2012**  
**Entries after this deadline will not be accepted**

**Entry Fee**

A–individual (1):	€ 45,-	B- and C-individual (1):	€ 20,-
A–pairs (2):	€ 45,-	B- and C-pairs (2):	€ 20,-
A–teams (3):	€ 45,-	B- and C-teams (3):	€ 20,-

**Entry fees must be paid by bank before the deadline of 12 March 2012!** The entry fee must be paid and specified to the bank account of the Vlaamse Taekwondo Bond vzw:

**Bank:** Dexia, Havermarkt 36-38, B-3500 Hasselt  
**Account:** BE21 0682 3723 0503  
**Swift Code:** GKCCBEBB

**The costs of the bank transfer (non-Euro zone) will be charged. There will be no refund if a registered competitor fails to show up for the competition!**

**NOTE:** Registrations are only valid when payments have been received and can be confirmed by the Bank and the Organizer.

**Modifications** For all modifications that are to be made after the deadline, an administration fee of **€ 15,-** will be charged. This must be paid in cash at the registration.

**Coach** For every 5 contestants within the same team, one coach is granted free admission, with a maximum of 3 coaches.  
Only competitors and coaches have admittance to the competition areas.  
**Coaching is only allowed in sports wear (no dobok!). All coaches must be 18 years or older!**

All coaches need to register on **[www.tpss.nl](http://www.tpss.nl)** and are obliged to upload a photograph. An amount of **€ 5 (Euro)** has to be paid when this is not done or if a photograph of another person was uploaded. In case you didn't upload a photo you can take a photo at the registration desk but it will cost 5 euro.

**Spectators**

Up to 7 years old:	admission is free
8 years and older:	1 day-ticket € 5,-



