

Hiihtocup 2022

| | | 4 parasta tulosta (yht.) | Jämsänkoski (p) 16.2.2022 | Jämsä(v) 23.2.2022 | Halli (p) 2.3.2022 | Jämsänkoski (v) 9.3.2022 | Jämsä (p) 16.3.2022 | Runttimäki (v) 23.3.2022 |
|-------------|--------------------------------------|--------------------------|---------------------------|--------------------|--------------------|--------------------------|---------------------|--------------------------|
| N 4 | 1 Valma Silventoinen | 20 | | 10 | | | 10 | |
| M 6 | 1 Matias Kotilainen | 40 | | 8 | 10 | 10 | 10 | 10 |
| | 2 Onni Hellström Kaipolan Vire | 10 | | 10 | | | | |
| N 6 | 1 Vaula Silventoinen | 40 | 10 | 10 | 10 | | 10 | |
| | 2 Pihla Peltonen | 36 | 8 | | 8 | 10 | 8 | 10 |
| | 3 Fiona Jokela Kaipolan Vire | 14 | | 8 | | | 6 | |
| | 4 Aino Tiihala | 8 | | | | | | 8 |
| | 5 Elli Tiihala | 6 | | | | | | 6 |
| M 8 | 1 Hiski Kiviranta Mäntän Eräpirkat | 38 | | 8 | 10 | 10 | | 10 |
| | 2 Filip Jokela Kaipolan Vire | 10 | | | | | 10 | |
| | 2 Leevi Puttonen Kaipolan Vire | 10 | | 10 | | | | |
| | 2 Roope Karvonen Jämsänkosken Ilves | 10 | 10 | | | | | |
| N 8 | 1 Elma Ruotsalainen | 40 | | 10 | 10 | 10 | | 10 |
| | 2 Olivia Kotilainen | 36 | | 8 | 10 | 8 | 10 | 8 |
| | 3 Anni Hellström Kaipolan Vire | 6 | | 6 | | | | |
| M 10 | 1 Jonne Palsinajärvi Kaipolan Vire | 28 | | 8 | | 10 | 10 | |
| | 2 Akseli Heinonen Pargas IF | 10 | | 10 | | | | |
| | 2 Konsta Karvonen Jämsänkosken Ilves | 10 | 10 | | | | | |
| N 10 | 1 Alisa Äyrämö Ski Jyväskylä | 40 | | 10 | 10 | 10 | 8 | 10 |
| | 2 Heta Kiviranta Mäntän Eräpirkat | 22 | | 8 | 6 | | | 8 |
| | 3 Linnea Jokela Kaipolan Vire | 10 | | | | | 10 | |
| | 4 Hilja Ruuhinen | 8 | | | 8 | | | |
| M 12 | 1 Elias Heinonen Pargas IF | 10 | | 10 | | | | |
| | 1 Jaakko Peltonen | 10 | | | | 10 | | |
| N 12 | 1 Elli Leppä Oriveden Ponnistus | 40 | 10 | 10 | 10 | | | 10 |
| | 2 Veera Puttonen Kaipolan Vire | 18 | | 8 | | | 10 | |
| N 14 | 1 Fanni Jokela Kaipolan Vire | 10 | | 10 | | | | |
| M 16 | 1 Elias Ruokostenpohja Ski Jyväskylä | 10 | 10 | | | | | |
| N 16 | 1 Enni Laivanen | 34 | | 6 | 10 | 8 | 10 | 6 |
| | 2 Julia Äikiä | 30 | | 10 | | 10 | | 10 |
| | 3 Riikka Peltonen | 24 | | 5 | | 6 | 8 | 5 |
| | 4 Annika Hahl JRV | 16 | | 8 | | | | 8 |
| N | 1 Tanja Kuronen | 10 | | | | 10 | | |
| M Y | 1 Jouko Humppi Kuoreveden Kärki | 40 | | 10 | 10 | 10 | 10 | 10 |
| | 2 Heikki Aaltonen | 16 | | | 8 | | 8 | |
| | 3 Milo Äyrämö Ski Jyväskylä | 8 | | | | | | 8 |
| | 4 Pasi Vanhatalo | 6 | | | 6 | | | |
| | 5 Jarkko Heikkilä | 5 | | | 5 | | | |