

CALL FOR PARTNERS

TO BE ME OR NOT TO BE

Act II - A Stage for Evrey Self

Youth exchange for 18 - 30 years old

From 17/10 to 1/11 2026

To Be Me or Not To Be is dedicated to identity, self-discovery and belonging. In a world strongly influenced by social media, appearance and social expectations, many young people struggle to understand who they are, how they have built their identity and how they can remain true to themselves while finding their place in society.



- Experience two weeks of intercultural life through art and identity exploration
- Affirm your voice, explore who you are – while discovering who we are, together
- Use theatre and creativity to break stereotypes, confront norms, and reclaim stories – personal and collective
- Create a space where every self matters, where differences meet, clash, resonate and build bridges

Step 1 – Reflect: Explore your own identity and how it's shaped by culture, gender, history and context. Discover others' stories and find unexpected connections.

Step 2 – Express: Experiment with theatre, movement, writing, and symbolic language to express what defines and transforms us – individually and collectively.

Step 3 – Create: In small international groups, co-create performances that speak not only about “me” but about “us”. Explore how our identities cohabit, challenge and enrich each other. **Step 4 – Perform & Share:** Bring these shared stories to the stage. Perform for a local audience. Make the invisible visible. Celebrate diversity as strength.

Le Créneau - Solidarités Jeunesses

INFORMATION

During this youth exchange, you will explore who you are and what shapes your identity. Together, we will question stereotypes, reflect on our differences and discover how diversity can become a source of strength.

Through theatre, body expression, creative workshops and non-formal education activities, you will express yourself, meet people from different cultures, build self-confidence and learn to trust yourself and others in a safe and supportive environment.

ACCOMMODATION AND FOOD

You will be accommodated in collective non-mixed rooms (3 - 6 people per rooms) in the Château des Prureaux. Indoor bathroom facilities (showers and toilets) are available.

Wi-Fi is not available on site.

Food will be provided and prepared in the collective kitchen by participants with the support of the kitchen supervisors.

Meals are in majority vegetarian : two meals per week contain meat or/and fish.

DAILY LIFE

Collective living is at the heart of the project. In addition to working on the project topic, participants will also contribute to daily tasks such as cooking, cleaning common spaces, and taking care of shared responsibilities. This organization promotes autonomy, cooperation, and a strong sense of community.

Night and weekend activities are organized collectively with the whole group.



Le Créneau - Solidarités Jeunesses

ABOUT US

Location of the project

Le Créneau
Château des Prureaux
03130 Montcombroux-les-Mines, France

Dates

17/10 - 01/11 2026
(including the arrival and departure dates)

Participants

20 participants 18-30 years old and 5 leaders 18+
(a group of 5 per country)

Needs

basic level in English

Cost

Accommodation and meal will be provided by the organization.
Travel costs will be reimbursed according to the Erasmus+ distance calculator.

Contact

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Le Créneau is one of the regional branches of Solidarités Jeunesses. It is located in a château in Montcombroux-les-Mines, in a rural area. It has been working for local **social**, **educational** and **cultural** development since 1993.



The aim of our association is to **bring together people from different social and cultural backgrounds** to create a mix, learn to live and work together, get to **know each other** and share their own experiences in a spirit of **respect and tolerance**. To achieve these objectives, the young people will prepare their own menus, cook as a group, do the housework and organise their activities. Supervised and accompanied by a trained team, they will **experience interculturality**.



Erasmus+

