



OUTDOOR EDUCATION

Youth Worker Exchange
Italy-South Tyrol
9-14/10/2023



WHAT IS A YOUTH WORKER EXCHANGE?

Youth worker exchanges are part of the European Erasmus+ programme which offers opportunities to organise projects for the mobility of young people and youth workers. For youth workers, organisations can take part in opportunities to support the professional development, capacity building, network of youth workers and thereby the development of quality youth work at local, regional, national, European and international level, through non-formal and informal learning experiences in mobility. More specifically, mobility projects for youth workers aim to:

- Provide non-formal and informal learning opportunities for educational and professional development of youth workers;
- Build a community of youth workers that can support the quality of projects and activities for young people in EU programmes and beyond;
- Develop local youth work practices and contribute to capacity building for quality youth work of the participants and their organisation, having a clear impact on the participating youth workers' regular work with young people.

WHAT IS THE PROJECT “OUTDOOR EDUCATION” ABOUT?

THE PROJECT AIMS TO BE AN OPPORTUNITY FOR YOUTH WORKERS FROM DIFFERENT PARTS OF EUROPE TO MEET AND COMPARE METHODS AND TOOLS OF OUTDOOR EDUCATION.



From a comparison between our organization and a group of local youth workers, a strong need emerged for knowing innovative and sharing tools and methods to involve and stimulate the motivation and participation of young people, to get them out of the house and to get them disconnected from excessive cell phone use.

We want to discover new ideas and ideas together to combat the isolation of young people, to help them build their own identity but also to weave social relationships.

The objective of this Youth worker exchange project is therefore to offer youth workers from all over Europe the opportunity to share best practices and create possible outdoor activities together. We want to stimulate an openness of youth workers that they can pass on to young people.



WHO CAN PARTICIPATE?

The project targets youth workers from all over Europe who work closely with young people, such as youth center workers etc. It is mandatory to have at least 1 year of experience as youth worker and experience in organising outdoor activities in order to be able to share good practices with other participants

A total of 24 youth workers can take part in this exchange: It is mandatory to have a sending organisation with a valid OID. Each organisation can send from 1 to 5 participants.

WHEN AND WHERE WILL IT TAKE PLACE?

The exchange will take place from the 9th of October until the 14th of October 2023 (the 9th and the 14th being travel days) in a beautiful valley in the middle of the Dolomites in South Tyrol, Italy





BOARD AND LODGING

Board and lodging are provided by our organization during the whole youth worker exchange.

The house is located in a beautiful, secluded place in the middle of the Dolomites in south Tyrol (Italy), at an altitude of about 2000 meters.

The house is a self-management house with a nice equipped kitchen, a common room and shared bedrooms for 5-8 people.

The area lends itself quite well to outdoor activities with groups. We decided to implement the youth worker in a house in the middle of the mountain surrounded by nature, due to the topic of the project. There is no wi-fi at the house.

[You can view the house at this link.](#)





WHAT TO BRING

- Comfortable, sporty and warm clothing
- waterproof-sporty shoes
- waterproof jacket/raincoat
- backpack for day trips
- slippers to be used inside the accommodation
- headlamp
- thermos
- sheets
- towels
- toiletries
- something nice :-) to share at the intercultural dinner
- your energy and willing to share experience :-)
- flexibility to share time to cook together breakfast, lunches and dinners; keeping clean and tidy the house

If you can:

- boardgames/games you would like to share
- musical instruments
- a mat/blanket for outdoor sessions

Take into consideration that the youth worker exchange will be implemented in the mountains (2000m of altitude) and there is no wi-fi connection. The activities will be done outside.





INTERNATIONAL TRAVEL

Actual travel expenses from the country of residence to the place of exchange will be reimbursed up to the amount indicated below. The refund will be made after receipt of the complete travel documents (original tickets and boarding passes). The maximum amount of travel costs will be calculated according to your residence in your country up to the place where the exchange takes place.

You can calculate the amount using the official link.

ELIGIBLE TRANSPORTATION

Participants must travel by public transportation (plane, train, buses) in the dates specified (9th and 14th) in order to get the reimbursement.

Please find the information about the reimbursement of the travel expenses according to Erasmus plus criteria.

Travel distance	Standard travel
10 – 99 km	23 EUR
100 – 499 km	180 EUR
500 – 1999 km	275 EUR
2000 – 2999 km	360 EUR

INTERNATIONAL TRAVEL



IMPORTANT INFORMATION!!

It is important that each participant will arrive on October 9th in Bolzano (Italy) within 5PM. We have organized a private bus to get to the accommodation on the mountain because there is no public transportation to get there.

On October 14th a private bus will leave from the accommodation at 10AM to take participants to Bolzano (in 1,5 hours), where they can either take a train or a Flixbus to get to the main airports.



To participants who must take a flight to Italy: the closest airport is Milano Bergamo (Orio al Serio). From the airport it is possible either to take a Flixbus or a shuttle and then a train to get to Bolzano.

THE COORDINATING ORGANIZATIONS

The project is proposed and coordinated by a network of youth organizations operating in the Trentino Alto Adige region in Northern Italy and a group of youth workers from local youth centers with many years and decades of experience in the youth work sector.



ASSOCIAZIONE INCO

InCo - Interculturality & Communication is a non-profit association in Trento who's aim is to create opportunities for people of different cultures to meet in order to increase intercultural sensitivity and international solidarity among young people, to encourage their active participation in society, but also to offer concrete opportunities for non-formal learning, personal and professional development. InCo organizes and manages various international mobility projects for young people and youth workers.

THE COORDINATING ORGANIZATIONS

AMT FÜR JUGENDARBEIT

Is a public institution of the province of Bolzano and supports the work with young people in youth organizations and youth centers. The office promotes the non-formal education of young people in the areas of interculturality, political education, culture, mobility, European projects etc.

[Learn more about AMT FÜR JUGENDARBEIT at this link.](#)

N.E.T.Z- OFFENE JUGENDARBEIT

N.E.T.Z is a private organization promoting quality in youth work and youth culture.

[Learn more about N.E.T.Z- Offene Jugendarbeit at this link.](#)



CONTACT US

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