**YOUTH EXCHANGE 2024**

**Everyone on Stage – 02/07/2024 – 15/07/2024**

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| **Project title :**  **(might be changed)** | What’s my age again ? |
| **Location :** | Marche-en-Famenne |
| **Dates:** | Period of activity: 14 days from Tuesday, 2nd of July to Monday, 15th of July 2024. |
| **Country participants :** | * Belgium (CBB) * Egyesek (Hungary) ? * *Zavod Voluntariat - SCI Slovenia ?* * YRS (Serbia) ? * Alliansii (Finland) ? |
| **Project summary:** | This project started in an evening discussion during our campleaders training this fall 2023. The discussion developed around the question “what does it mean to be an adult?” ".  Gradually the debate began to gain momentum and several young and less young people began to intervene with questions, opinions, objections, etc.  What is certain:  Being an adult is no longer: school 🡪 work 🡪 home 🡪 marriage 🡪 children (and why not a dog in our garden) how it was like for our parents and grandparents.  At the age of our first job our parents were almost 10 years closer to retirement, they were married and we were already born.  These great pillars of society as previous generations knew them are either clearly in crisis (marriage and having children are no longer priorities), or there is much more complexity (which can be read as more freedom but also more uncertainty) that was added to the equation.  At the time, traveling was not something to be contemplated. First school, work, home, marriage and then perhaps travel (only during the 2-3 weeks of vacation) but without forgetting to have children in the meantime. If you wanted to travel before all this, you weren’t “serious”.  Now before becoming too “old” we want to travel, discover the world, have experiences, …  In conclusion, being an adult today is not the same thing as it was 30 years ago. But what exactly does it mean to be an adult in 2024?  After a few hours we were unable to give a definitive answer and we all went to sleep unsatisfied.  The next day someone at breakfast suggested making it a theme for a youth exchange... and now a group of committed young people started to think about the implementation of this project which has the aim to answer this big question, or at least to think about it together, to confront, exchange, discuss, through different workshops, round tables, intergenerational activities (parents and grandparents will be invited), role games and theatrical improvisation (to get into the shoes of adults), visits, etc.  The project aims to bring together young people in order to have multiple backgrounds and cultures and to discover and promote inclusiveness.  With non-formal education techniques, the young people will be encouraged to develop an open-mind and a spirit of inclusion/inclusiveness. They will create, together with the help of the artistic youth leaders, a final product, which will allow them to share the results of their exchange in a creative way. |
| **Objectives :** | The aim of this youth exchange will be to put into perspective the different facets of “what does it mean to be an adult today?” »  - Create a healthy discussion, based on respectful listening in order to hear all opinions and points of view  - Discuss what it was for our parents and grandparents and what it is for us  - Live an immersive experience by bringing together young people from different backgrounds where they will contribute to the success of the project  - Create a play together that will be presented publicly at the end of the project |
| **Activities :** | The main tool of this youth exchange will be theater and improvisation.  Through theatrical workshops led by a professional artist, young people will work on the theme of being an adult.  In this project they can find activities that include theater:  - Improvisation workshops  - Required sketch expression workshops  In addition to the creative approach, the project will include various workshops which will allow us to learn more about the theme of the project and to enrich our discussions by sharing stories, experiences and many others.  - Animated debates (3D)  - World cafes  - Thematic debates  - Intergenerational meetings  - Role games  - Escape game (what’s an adult?)  - Visits |
| **Participants profile :** | The group will be composed of 25-26 people from 4-5 partner countries (20 young people + 5-6 youth leaders)  The target group is young people between 16 and 25 years old who come from various places. Each organization will ensure that its group is heterogeneous and includes young people from different social backgrounds and abilities. |
| **Groups leading :** | There will be 1 youth leader per national group, 2 for CBB.  The coordination and logistics of the projects will be provided and covered by Compagnons Bâtisseurs. |
| **Preparation and contacts before the exchange :** | The project was initiated by a group of CBB active volunteers  The preparatory phase of the project will be organized by the youth leaders and participants of the various partner organizations via Zoom meetings or other online tools (WhatsApp, Drive)  We insist on the importance of keeping regular contact and a common preparation before the youth exchange. |
| **Accommodation :** | Complexe Saint-François.  Located in Marche-En-Famenne, the complex has a large meeting room, a beautiful outdoor area, a collective kitchen and small rooms for 2 people, as well as all the necessary amenities (toilets, showers). |
| **Budget :** | To run this project, we ask for a grant of the European ERASMUS+ program (Action 1).  Lodging and activity costs will be covered by CBB.  Travel costs will be reimbursed according to the flat-rate of the ERASMUS+ program (travel distance is calculated with <http://ec.europa.eu/programmes/erasmus-plus/tools/distance_fr.htm> ) |
| **Type :** | ERAMUS+ - Action 1 - Youth Exchange (European Commission) |

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