

INEX-SDA WORKCAMPS



CZECH REPUBLIC 2023

INEX-SDA WORKCAMPS IN 2023

ABOUT INEX-SDA

INEX – Association of Voluntary Activities is a non-governmental not-for-profit organization founded in 1991 to carry out and support international voluntary work and intercultural education. We arrange voluntary placements abroad for Czech volunteers and organize voluntary projects in our country for incoming foreign volunteers. Annually we send almost 500 volunteers abroad to short-term or long-term projects and welcome around 300 volunteers in the Czech Republic.

The mission of INEX-SDA is to:

- 1. encourage the development of a respectful and open society,
- 2. promote an active and responsible approach to the world around us both locally and globally. Our tools are international voluntary projects, educational programs and campaigns.

We create space in which especially people can gain new experiences, expand their skills and develop their views of the complexity of the world around them.

BASIC GENERAL INFORMATION FOR WORKCAMP PARTICIPANTS

Age limit: Minimum age is 18 years. If not stated differently, there is no maximum age limit. For teenage workcamps, the age limit is 15-17. For family workcamps, the age limit for children is 5+.

Duration of the projects: 3 - 18 days

Number of volunteers per project: 5 - 15 volunteers + 1-2 campleaders

Project language: English

Working hours: Approximately 6 hours per day with 1-2 free days/week

Insurance:

INEX-SDA provides basic liability insurance for project participants above 15 years old. INEX-SDA does not provide any travel health insurance or COVID-19 insurance for the workcamp participants. Nevertheless, volunteers cannot stay at the workcamp without this insurance! We strongly advise volunteers to arrange additional <u>travel insurance</u> for the whole duration of the workcamp including <u>travel days</u>. The insurance should cover all the activities listed in the infosheet. Volunteers need to bring all the necessary documents along with them. Volunteers from the EU need to bring their EHIC cards as well.

Study part:

Excursions, discussions, workshops, guided tours or intercultural evenings for the public are planned as part of each project depending on the local possibilities. In this way, INEX-SDA supports non-formal (intercultural) learning in relation to the projects' topics. This year, our local partners were asked to focus especially on the study part of the projects.

Other requirements:

No special knowledge or skills are required, but enthusiasm and interest in the project are necessary. For some projects, we ask for a motivation letter, a certificate of good conduct and/or a medical form. The motivation letter needs to be handed in with the application form. Some projects require additional documents —a sworn declaration of the non-existence of a criminal record, a medical form filled in and signed by a doctor, etc. After acceptance of the volunteer, INEX-SDA will send you a template of these forms. Please note the additional information in the project descriptions.

Teenage workcamps:

INEX-SDA teenage workcamps are open for participants from 15 to 17 years old. We require each underage participant to send us **parental authorization** and a **medical form** filled and signed by a

parent or a legal guardian. Both documents will be provided after acceptance and must be sent as scan copies no later than 4 weeks before the start of the workcamp (by email) and then brought to the workcamp (in hard copies).

Participation fee:

Due to the limited outgoing resources INEX-SDA, we kindly ask participants to contribute 10 EUR (5 EUR for weekend workcamps) towards the costs of the general incoming administration of our workcamps. The fee will be collected upon arrival in cash by the campleaders. Please note that this fee does not directly contribute to the workcamp budgets. (

For teenage and family workcamps, we ask participants to contribute with a fee which covers the costs of some free time activities and/or accommodation, food, and costs of the local campleader/main campleader. The fee needs to be sent to us by bank transfer in advance. Bank details and the deadline for payment will be provided in the acceptance email.

Cancellation policy:

If the volunteer cancels the application ...

- ... more than 43 days before the start of the project -> The volunteer will be refunded 75% of the fee ... between 42-31 days before the start of the project -> The volunteer will be refunded 50% of the fee
- ... in case of last-minute cancellation (30 or fewer days), the fee will not be refunded to the volunteer If participation won't be possible due to COVID (due to sickness or travel restrictions) we will not enforce the cancellation policy. Nevertheless, we require the volunteers to send us a note from the doctor. INEX-SDA will send an email with bank transfer details to send the remaining part of the fee.

Campleaders:

Our workcamps are led by one or two campleaders who coordinate the everyday life in the group. They cooperate with the local partners and facilitate decision-making in the group. Our campleaders are required to complete an intensive 3-day training specially designed to their needs. Our campleaders also have basic first-aid training.

Alliance Access 4 All Campaign:

We welcome volunteers with fewer opportunities at our workcamps. Placement to the right project will be based on volunteers' needs and cooperation between all the parties involved. We use A4A tools. The placement of volunteers with fewer opportunities is mainly upon the agreement with our local partners. Do not hesitate to contact us to discuss the possibilities.

COVID-19:

In case of a COVID-positive volunteer, the workcamp will either have to be cancelled immediately or the volunteers will have to stay in a mandatory quarantine, depending on local health authorities' statement. If either situation occurs, volunteers will have to arrange their travels at their expense.

CLASSIFICATION OF THE INEX-SDA WORKCAMPS

Our workcamps can be classified into four thematic groups:

1. Help the Community (project code starts with 1)

The projects take place in small rural communities and focus on the sustainable development of the villages and the surrounding countryside (there are also projects in cities). Volunteers support local municipalities and non-governmental organizations by helping with renovation, organization of local festivals and events and preparing activities for children and youth.

2. Help the Landmarks (project code starts with 2)

The projects focus mainly on the preservation and renovation of historically significant objects such as castles, historical cemeteries, churches and other monuments. The volunteers will get familiar with the history of the Czech Republic. Through their practical work awareness of the importance to preserve historically and culturally important sites are raised.

3. Help the People (project code starts with 3)

The volunteers support various social projects which offer help to people facing social exclusion, children and youth, the elderly, people with special needs and others. According to the needs of the local partner, the volunteers do manual work (e.g. renovation, maintenance, construction work) or work directly with the projects' clients.

4. Help the Nature (project code starts with 4)

The projects aim at environmental protection and education towards an environment-friendly lifestyle. The volunteers will do practical environmental work in natural preserves, forests and other environmentally important areas. Most of the work takes place outdoors and can include planting trees, scything protected meadows or reviving springs etc.

Workcamps 2023

CODE	NAME	FROM	то	ТҮРЕ	VOLS	FEE	Special Remarks
SDA100	Make Broumov a European Capital of Culture	23.6.2023	30.6.2023	MANU/CULT	9+2	10€	NEW
SDA101	Summer in the Elbe Lowlands	2.7.2023	14.7.2023	RENO/MANU	16+2	10€	
SDA102	Get creative, paint cabins, drink Mattoni!	14.8.2023	22.8.2023	RENO/MANU	10+2	10€	NEW
SDA103	Rock Summer in Kozolupy	21.8.2023	1.9.2023	FEST/MANU	12+2	10€	
SDA104	Mingle with the locals in Dysina	21.8.2023	10.9.2023	MANU/FEST	7+2	10€	
SDA105	Create a Place of Reconciliation at Rabstejn	27.8.2023	10.9.2023	RENO/ENVI	12+2	10€	
SDA200	Volunteers for Porta Coeli Monastery	26.6.2023	8.7.2023	RENO/ENVI	12+2	10€	
SDA201	Ghosts of the Ore Mountains	30.6.2023	5.7.2023	RENO/MANU	7+2	10€	
SDA202	Dive into the history of Terezin	9.7.2023	16.7.2023	CULT/RENO	12+2	10€	NEW
SDA203	Rebuild the history of Sudeten school	10.7.2023	17.7.2023	RENO/MANU	8+2	10€	NEW
SDA204	Renovate Art Centre in Prague	10.7.2023	23.7.2023	RENO/ART	6+1	10€	
SDA205	Renovate a Baroque rectory in Semnevice	10.7.2023	24.7.2023	RENO/MANU	10+2	10€	
SDA300	Solidarity Pilgrimage: Connecting the Community	23.7.2023	6.8.2023	DISA/SOCI/FEST	6+1	10€	
SDA301	Organize an adventure camp for children	16.8.2023	28.8.2023	EDU/KIDS/LANG	10+2	10€	NEW
SDA400	Teens at Camphill Organic Farm	9.7.2023	16.7.2023	AGRI/MANU	10+3	155€	TEEN
SDA401	Animal Farm for Families	15.7.2023	23.7.2023	ENVI/ANIM/FA M	15+2	50€/25€	FAMILY
SDA402	BumbleBEe Part of Nature	16.7.2023	30.7.2023	ENVI/MANU	14+2	10€	
SDA403	Build an eco-centre in the Jizera mountains	6.8.2023	12.8.2023	ENVI/CONS	10+2	10€	
SDA404	Protect Krkonose Mountains National Park	12.8.2023	19.8.2023	ENVI/MANU	14+2	10€	
SDA405	Permaculture in Practice - Learn and Act!	13.8.2023	26.8.2023	ENVI/MANU	8+2	10€	NEW
SDA406	Back to Nature for Families	19.8.2023	26.8.2023	FAM/ENVI	15+2	50€/25€	FAMILY
SDA407	Back to Nature	26.8.2023	8.9.2023	ENVI	10+2	10€	
W01	Weekend at Camphill Organic Farm	19.10.2023	22.10.2023	AGRI/MANU	10+2	5€	

ESC projects 2023

CODE	NAME	FROM	то	TYPE	VOLS	FE E	Special Remarks
SDA ESC R1	ESC Centre for All	5.7.2023	19.7.2023	DISA/KIDS	10+2	0€	18-30 years
SDA ESC H1	ESC Farmstudio - A Centre of Contemporary Art	17.7.202 3	31.7.2023	RENO	8+2	0€	18-30 years
SDA ESC A1	ESC Free Farm	26.7.202 3	9.8.2023	AGRI/MANU	10+2	0€	18-30 years
SDA ESC R2	ESC Assist the Elderly in Prague	6.8.2023	20.8.2023	ELDE/SOCI	6+2	0€	18-30 years
SDA ESC H2	ESC Veseli Castle	6.8.2023	20.8.2023	RENO/MANU	8+2	0€	18-30 years
SDA ESC A2	ESC Collect Herbs and Make Tea in Bíle Karpaty	8.8.2023	22.8.2023	ENVI	10+2	0€	18-30 years
SDA ESC R3	ESC Centre for All - Survivor	9.8.2023	23.8.2023	DISA/KIDS	8+2	0€	18-30 years
SDA ESC A3	ESC Organic Farming in the Camphill Community	10.9.202	24.9.2023	AGRI/MANU	10+2	0€	18-30 years

INEX-SDA WORKCAMPS IN 2023

1. Community projects

SDA 100 Make Broumov a European Capital of Culture

23/06 – 30/06/2023 Vols: 9 + 2 team leaders

Age: 18+

Requirements/Note: -

Project: The workcamp is organised in cooperation with the Broumov Foundation, which focuses its resources on the cultural development of the city and the whole microregion. The goal of this project is to clean and tidy up the mill of the Broumov monastery to prepare it for a one-day public display. The long-term objective is to transform the mill into a cultural community centre. Broumov is also a candidate for the European Capital of Culture for the year 2028, and this workcamp is an indivisible part of its success. At this workcamp, you are actively contributing to the achievement of UN SDG11 Sustainable Cities and Communities.

Work: Your work will consist of: sweeping, moving light objects, preparing rooms for the exhibition, preparing the bonfire, preparation for the "mill open" event. You will also have an opportunity to contribute to the photo exhibition and the mill opening community program. During the week, you will get to know the students of the Broumov grammar school and will be able to establish new friendships. Bring suitable clothes and shoes that can get dirty during work. No previous experience is required.

Study part: Meeting the local community, sightseeing tour of the city, and visiting the Broumov monastery. You will also have the opportunity to show parts of your culture as part of the opening day. You will thus also learn about the different cultures of your colleagues.

Leisure time: In your free time you can primarily do outdoor activities. The city offers electric bikes for lease, or nearby, there is a national natural reservation which is ideal for rock climbing. The local monastery also hosts collective meditations each Tuesday morning. On the 25th of June, there is a meeting with the community and an option to attend the 'Experience Brewery Differently' event. June also hosts a variety of other cultural events which you can join.

Accommodation/Food: You will be accommodated in a guest house of the monastery, where you will sleep in one big room with the rest of your peers. You will have access to shared bathrooms and toilets. Bed sheets are included as well as free WiFi. There is no washing machine. Accommodation in the Broumov monastery is a great experience - you can experience how Benedictine monks used to live but you have to respect quiet hours after 10 PM. Breakfast will be provided in the place of accommodation and lunch with dinner will be served in a nearby restaurant.

Location: The workcamp will take place in the medieval city of Broumov, which is surrounded by walls from medieval times and known for its baroque features. The town has a population of approximately 7500 residents and is located on the border with Poland in the Northern part of Czechia. Nearby, you will find ATMs, stores, supermarkets, pharmacies, an info centre, a cinema, a theatre, and touristic paths.

Requirements: Bring suitable clothes and shoes that can get dirty during work.

Notes: Broumovsko is unique for its baroque past and wild nature. As part of the candidacy for the European Capital of Culture, we want to connect Broumov with the rest of Europe and the world and turn the periphery into a lively place.

Directions to the meeting point: From the airport take bus 119 to Nadrazi Veleslavin stop. Change to green metro line A in the direction of Depo Hostivar, get off at "Muzeum" and change to red metro line C in direction of Letnany, go 1 stop and get off at "Hlavni Nadrazi" stop (main railway station). From here, take train LE 1259 Leo Express at 13:00 to "Pardubice hlavni nadrazi". At 14:06 (careful, you will have 5 mins to switch trains), you

will take train Sp 1482 from station "Pardubice hlavni nadrazi" to "Hradec Kralove hlavni nadrazi". At 14:31 (8 mins to catch the train), you will take train Sp 2002 Dobrosov from station "Hradec Kralove hlavni nadrazi" to "Broumov". You will arrive at 16:30. Your campleader will be waiting there for you. Detailed information will be provided in the infosheet.

Address: Accommodation: Klasterni 1, 550 01, Broumov. 50.58631737717977, 16.334196969503473

Volunteering for all:

Vegetarian/vegan/gluten-free diet friendly: ✓
Accepting vols with visual impairments/blindness: ✓
Accepting vols with hearing impairments/deafness: ✓
Accepting vols with lighter mental health issues: ✓
Accepting vols with social, economic, and some health disadvantages: ✓

SDA 101 Summer in the Elbe Lowlands

02/07 – 14/07/2023 Vols: 16 + 2 team leaders

Age: 18+

Requirements/note: -

Project: The workcamp is organized in cooperation with the Local Action Group (LAG) Podlipansko in the small village of Dobrichov. The LAG focuses on the development of all parts of the region and helps to distribute European and state subsidies to improve the quality of life in the entire region. One of the projects is the reconstruction of the rectory with a neglected garden, which is in an unusable condition after years of no maintenance. Many ruins of old buildings of no historical value forbid a safe environment for the locals' visit. The goal of this project is to renovate the garden to make it accessible to the public for cultural or environmental events. At this workcamp, you will actively contribute to the achievement of the UN SDG11 Sustainable Cities and Communities.

Work: Your work will primarily be to clean the ruins of one of the old buildings which will be demolished as part of the reconstruction. You will also recycle some of the materials from the old buildings, so they can be reused for the renovation itself. Additionally, you will weed the garden and rake the grass to make it brighten the place. Most of the work will be outside and manual, so bring suitable clothes and shoes appropriate for work, long sleeves and pants are recommended. In cases of rain, you will work on emptying an old building which is part of the rectory.

Study part: Football or volleyball tournaments with the local community, as well as a visit to the nearby Radim castle and the ancient town of Kourim, a tour of the nearby towns of Pecky and Kolin.

Leisure time: You can play table tennis, table football, piano, lacrosse, and basketball, try archery, badminton and more sports activities. Musical instruments are welcome.

Accommodation/Food: You will sleep directly in the rectory in two renovated rooms on sleeping mats. There are three toilets, a shower, a small kitchen and a washing machine available. WIFI is available. You will need to bring a sleeping bag and a pillow. You can also bring an inflatable mat for better comfort. Lunch will be provided by a local partner. You will be responsible for preparing your breakfast and dinner from provided ingredients. Bring your favourite recipes.

Location: The project will take place in Dobrichov, which is a village of over 700 residents located 1 hour from Prague. It is surrounded by larger towns, such as Kolin or Cesky Brod. In the village, you can find a supermarket, a local pub, a soccer field, tennis courts, playgrounds, a church and more. An ATM and a pharmacy are both right in the city centre, not far away from the accommodation.

Requirements: You are not allowed to smoke on the premises of the town's rectory. Please bring a sleeping bag, a pillow, sturdy shoes and appropriate clothing for outdoor work.

Notes: Because the work will take place outside in the garden, beware of allergies to grass, pollen, and insects

Directions to the meeting point: From Prague airport, take bus 119 to "Nadrazi Veleslavin" station. From here, take train Os 9827 to "Masarykovo nadrazi" at 15:01 where you need to change to train Os 9341 to "Pecky" at 15:58. Lastly, you will walk from Pecky to Dobrichov (aprox. 17 mins), your campleader will guide you. Detailed information will be provided in the infosheet.

Address and GPS: Accommodation: Dobrichov 24, 289 11, Dobrichov. 50.07524346206267, 15.034075618352285

Volunteering for all:

Vegetarian/vegan/gluten-free diet friendly: ✓
Accepting vols with hearing impairments/deafness: ✓
Other types of disadvantages - social, economic, health -upon consultation: ✓

SDA 102 Get creative, paint cabins, drink Mattoni!

14/08 – 22/08/2023 Vols: 10 + 2 team leaders

Age: 18+

Requirements/note:

Project: This workcamp is organised in cooperation with Local Action Group Krusne hory (LAG Ore Mountains) and the municipality of Kyselka. This LAG focuses on the support and development of the region through organizing and funding educational and cultural projects, connecting various stakeholders, preparing tourist brochures or co-organizing volunteer activities. Kyselka is located 11 kilometres from Karlovy Vary in the forested valley of the Ohre River and its history is associated with Heinrich Matonni and the spa industry. This workcamp aims to renovate cabins at Ontario Recreation Area. At this workcamp, you will actively contribute to the achievement of UN SDG11 Sustainable Cities and Communities.

Work: The work will be mainly manual and consist of sanding the exterior and interior of the cabins, cleaning, painting and minor repairs. There will be an opportunity to apply your creativity while painting. The goal is to renovate 5 cabins in total. No previous experience is required, bring clothes and shoes that can get dirty or damaged and a raincoat.

Study part: You will have a chance to meet with local citizens in the Ontario area and they will introduce you to their daily life, you will learn about the history of the village, Czech culture and nature, and you might taste the local cuisine.

Leisure time: You might visit the spa areas, the Mattoni museum or the Bucina lookout tower. You might use a sports area, a swimming pool or make a bonfire. If interested, it is possible to arrange a boat trip on the Ohre river.

Accommodation/Food: You will be accommodated in two cabins directly on the premises of Ontario Recreational Area. Each cabin is divided into several rooms, you will sleep on beds, blankets, pillows and bedsheets will be provided. There is basic kitchen equipment in the cabin such as a cooker, a kettle, a pot, cups, glasses, etc. The bathrooms are in one building within the recreational area, you might use a washing machine if you need it. There is WIFI available. Bring your own towel. You will help with the preparation of breakfast and dinner, lunch will be provided by the local host.

Location: The Ontario Recreation Area is located in Kyselka near Karlovy Vary in the western part of the country. Kyselka means acidulous mineral water which is produced in the village. It is a very popular bottled water sold in the Czech Republic called Mattoni. In Ontario Recreational Centre, there is a central building, wooden cabins, sanitary facilities, a pub, a playground, a fireplace, and a swimming pool. The phone coverage is good. The closest cities are Ostrov and Karlovy Vary, famous for the film festival, where you can find all the services such as ATMs, grocery stores and pharmacies.

Requirements: Bring suitable clothes and shoes for work, a raincoat and a towel. You need to respect the other people accommodated in the Ontario Recreational Area.

Notes: Beware of allergies - dust, pollen etc.

Directions to the meeting point: Directly from the Prague airport, take the Regiojet bus at 13:00 to the Karlovy Vary bus terminal. Then change to bus 421180 at 15:10 in the direction to the Kyselka bus stop where your campleader will pick you up. Detailed travel information will be provided in the Infosheet.

Address and GPS: Radošov 30, 362 72 Kyselka, 50.276413, 12.996804

Volunteering for all

Vegetarian diet friendly -upon consultation: ✓

SDA 103 Rock Summer in Kozolupy

21/08 – 01/09/2023 FEST/MANU

Vols: 12 + 2 team leader

Age: 18+

Requirements/note:

Project: The workcamp is organized in cooperation with the Local Action Group (LAG) Radbuza and the municipality of Kozolupy. LAG Radbuza aims to protect regional values such as well-preserved nature, aesthetic landscape, local culture and healthy environment; and to support citizen initiatives at the local and regional level, including support of small enterprises, housing, education, use of leisure time, etc. The aim of the workcamp is active interaction with the local population and expanding the local population's awareness of the national differences of the individual participants. At this workcamp, you will actively contribute to the achievement of UN SDG11 Sustainable Cities and Communities.

Work: During their work, participants will focus on four areas. The first is the revitalization of a neglected municipality's orchard; the second is the maintenance of public and nursery playgrounds. In the middle of the workcamp (26.8.), participants will help with the preparation of the traditional music festival Rock Summer on Mze and the subsequent cleaning. Lastly, the volunteers will dedicate their working time to landscaping the river island, which is to serve as a relaxation zone for local residents in the future. All work activities will take place within walking distance.

Study part: Having discussions with local people and the members of the Local Action Group, organizing a sports tournament with the local community, an international evening focusing on gastronomy, an excursion to the city of Pilsen and the most important monuments of the area.

Leisure time: A guided tour of Pilsen the possibility of choosing specific places to visit (e.g. Pilsen brewery, Pilsen tower, historical monuments of the city, FC Viktoria Pilsen); trips to nature and the sights of LAG Radbuza (e.g. Chotesov Monastery, the ruins of Buben Castle, the town of Dobrany, the lookout tower Krizovy vrch), swimming in the Hracholusky dam, sports activities in the area of the Kozolupy Cultural Center (football and basketball courts), etc.

Accommodation/Food: In the local cultural centre. You will sleep on the floor in one of the halls of the centre on mats, small pillows and blankets will be provided. Toilets and showers are available in the building. There is wifi and a laundry machine. You will prepare breakfast together as a group in a small improvised kitchen (fridge, electric stove, microwave oven, kettle) from provided ingredients, lunch and dinner will be provided in a local restaurant nearby (you can taste traditional Czech cuisine).

Location: Kozolupy (1,100 inhabitants) in the Pilsen Region. It is located near the Hracholusky Dam and about 10 km from Pilsen. In Kozolupy there is good phone reception, a small shop where you can buy food and hygiene products, a pharmacy and ATM.

Requirements: Bring suitable clothes and shoes for work. Bring your favourite recipes and any special ingredients you might need from your home country.

Notes: We are looking for responsible and passionate volunteers who are eager to get to know the local community.

Directions to meeting point: From the airport take bus 119 to Nadrazi Veleslavin stop. Change to green metro line A in the direction of Depo Hostivar, get off at "Muzeum" and change to red metro line C in direction of Letnany, go 1 stop and get off at "Hlavni Nadrazi" stop (main railway station). From here, take the train EC354 in the direction of Munchen Hbf at 13:43. Get off at Plzen main train station at 14:58. Go to the bus terminal in front of the train station. Take the bus 490722 at 15:20 and get off at Kozolupy at 15:45. Your campleader will be waiting there for you and take you to the accommodation. Detailed travel information will be provided in the infosheet.

Address and GPS: Accommodation: Kozolupy 146, 330 32 Kozolupy GPS: 49.76492712225592, 13.247969829899482

Volunteering for all:

Vegetarian diet friendly: ✓

Accepting vols with hearing impairments/deafness: ✓

Accepting vols with lighter mental health issues: ✓

Accepting vols with social, economic, and some health disadvantages: ✓

SDA 104 Mingle with the locals in Dysina

21/08 – 10/09/2023 MANU/FEST

Vols: 7 + 2 team leaders

Age: 18+

Requirements/note: -

Project: This project is organized in cooperation with the municipality of Dysina located in northwestern Bohemia, near Pilsen. The village has had a long tradition of ironworks and due to this Dysina has lost its village character and has become more industrial. There is a monument to Gen. Patton who liberated the west and southwest of Bohemia at the end of WWII with his army and the community still maintains contact with the descendants of this American general. The goal of the workcamp is to help with the maintenance of the green areas, to organize a traditional beer festival and to prepare a local primary school and a kindergarten for the beginning of the new school year. At this workcamp, you will actively contribute to the achievement of UN SDG11 Sustainable Cities and Communities.

Work: You will help with the maintenance of public places (cutting bushes and grass, raking, landscaping etc.), renovation and maintenance of the local kindergarten and primary school. The new school year will start at the beginning of September, so you will have a chance to meet local children and prepare a presentation about your country and culture. Bring something special from your home country which could be suitable for such an activity (games, music, pictures, etc.). You will also help with the organisation of the traditional beer festival where you can mingle with locals. Bring clothes and shoes suitable for work and a raincoat.

Study part: You will have a chance to tour around the Greengate Golf + Leisure Resort Pilsen and visit horse stables. You will learn about the village of Dysina and its history. Be ready to present your country to the local community and the children.

Leisure time: You can go on a trip to Pilsen (visit the famous brewery, cultural and historical monuments, museums, etc), visit the spa towns in the west of Bohemia, swim in a natural swimming pool, do sports in the sports ground near the accommodation, play board games, etc.

Accommodation/Food: All the volunteers will sleep together in the local community centre in a bog room. Bring your own mat and a sleeping bag. There is also a common room with a kitchenette and a toilet. A washing machine is available. There is free WIFI too. Showers will be available in the football club about 10 mins walk from the accommodation. Breakfast and lunch will be provided in the local school canteen. Dinners and all the meals during the weekend will be prepared by the group from provided ingredients. A vegetarian and vegan diet is possible.

Location: Dysina is located in northwestern Bohemia. There is a primary school and a kindergarten, a general practitioner, a pharmacy, a football pitch, a swimming pool, a post office, a shop, a restaurant and Golf Park (Greensgate). Around 1,900 inhabitants live in the village surrounded by a stunning landscape. There is a church dedicated to The Holiest Trinity of Simon and Judah where a mass is held on Sundays. The closest city is Pilsen, located about 10 km from Dysina, where you can also find pharmacies and ATMs.

Requirements: Bring a mat, a sleeping bag and suitable clothes and shoes for work. Bring your favourite recipes or any special ingredients you might need to share your national dishes with others. Do not forget to bring traditional objects/clothes/pictures/games you might need from your home country to present your own culture to the local community and the children.

Notes: We are looking for responsible and passionate volunteers who are interested in working outside and eager to get to know what life in a small Czech village looks like.

Directions to the meeting point: From the airport take bus 119 to Nadrazi Veleslavin stop. Change to green metro line A in the direction of Depo Hostivar, get off at "Muzeum" and change to red metro line C in direction of Letnany, go 1 stop and get off at "Hlavni Nadrazi" stop (main railway station). From here take the train EC 354 Zapadni express at 13:43 to Pilsen main train station where you need to change to bus Bus 470231 14 leaving from platform 4 at 15:00. In 20 mins you will arrive at Dysina where your camp leader will be waiting for you and take you to the accommodation. Detailed travel information will be provided in the infosheet.

Address and GPS: Pratelstvi 281, 330 02 Dysina 49.777516376369675, 13.495845654949099

Volunteering for all:

Vegetarian/vegan/gluten-free diet friendly: ✓

SDA 105 Create a Place of Reconciliation at Rabstein

27/08 – 10/09/2023 RENO/ENVI

Vols: 12 + 2 team leaders

Age: 18+

Requirements/note: -

Project: The workcamp is organised in cooperation with the town of Ceska Kamenice located on the borderline of three protected landscape areas. The nearest one is Bohemian Switzerland National Park just on the outskirts of the town. The city centre consists of a well-preserved urban heritage zone with several cultural monuments. For these reasons, the town is a natural centre of tourism. The workcamp will take place in the nearby valley, where ruins of the former concentration camp of Rabstejn lie. The goals of the workcamp are two: 1) to ensure the rehabilitation of the former Rabstejn concentration camp, and 2) to improve the tourist infrastructure in the entire valley. At this workcamp, you will actively contribute to the achievement of the UN SDG11 Sustainable Cities and Communities.

Work: The work will be carried out in the area of Rabstejn Valley and it will be accessible from the camp on foot. The work will include removing woody plants, digging the soil, cleaning, installing educational signs, and marking and creating hiking trails (e.g. installing wooden stairs). The physical demands will correspond to the capabilities of the individual participants. An employee of the technical services of the town will supervise the work. All the work described above should take place outside. In case of rainy weather; you will work in the roofed building of the former textile factory or in the town

Study part: There will be a meeting with witnesses (displaced Sudeten Germans, some of them lived directly in the Rabstejn concentration camp after the war before they were relocated) and students of the English College of Prague, which will be conducted in the form of lectures and discussions.

Leisure time: You can go on a trip to the surrounding areas. There are three protected landscape areas, Czech Swiss National Park, and several cultural monuments – in Ceska Kamenice and the nearby area. There is also a swimming pool, a sports complex (ball games and outdoor tennis/badminton courts), a water park in Decin, Via Ferrata, a slackline, etc. We can organise a match with the locals. Feel free to bring your musical instruments.

Accommodation/Food: There will be a camp built for the purpose of the workcamp. Accommodation in tents for 2 people, you will need to bring a mat and a warm sleeping bag. Facilities (such as a kitchen or dining room), toilets and will be on the premises of the former textile factory just next to the camp. A shower is outside and the water is heated by the sun. Bring a towel and warm clothes, temperatures might drop in the valley to 8 degrees. Please be aware, that there will be limited access to electricity in the camp, limited phone coverage and no WIFI! You will cook your own meals on a mobile stove.

Location: Participants will be camping in a field located in the valley, in the proximity of the former textile factory. 1.7 km from the train station Vesele p. Rabstejnem. There are ruins and monuments of the former Rabstejn concentration camp in the valley. The nearest ATM, pharmacy and shops are in the town of Ceska Kamenice (3 km).

Requirements: Please bring your own sleeping bag and a sleeping mat, a towel, warm clothes for nights and clothes and shoes suitable for work. Please bring your favourite national recipes to prepare for the international evening. (If you need special ingredients from your country, take them along).

Notes: The workcamp is suitable for volunteers who like to get to know the history of the region and who enjoy working outdoors.

Directions to the meeting point: From Prague airport, take bus 119 to the "Nadrazi Veleslavin" stop. Change to green metro line A in the direction of Depo Hostivar, get off at "Muzeum" and change to red metro line C in direction of Letnany, go 1 stop and get off at "Hlavni Nadrazi" stop (main railway station). At 14:45, take train R 686 Labe from "Praha hlavni nadrazi" to "Decin hlavni nadrazi". At 16:37, take train Os 6660 from "Decin hlavni nadrazi" to "Vesele p. Rabstejnem". Arrival at 17:00. Your campleader will be waiting there for you and take you to the accommodation. Our camp is 1,7 km far from the train station, so pack in a backpack not a suitcase with wheels!

Address and GPS: Vesele pod Rabstejnem. 50.7943917N, 14.3628311E

Volunteering for all:

Vegetarian/vegan diet friendly: ✓

2. Renovation and cultural heritage

SDA 200 - Volunteers for Porta Coeli Monastery

26/06 – 08/07/2023 RENO/ENVI

Vols: 12 + 2 team leaders

Age: 18+

Requirements/note:

Project: The workcamp is organized in cooperation with the association Hojnost (abundance) which sees the future in collaboration and living soil. Therefore, they support organic farming and a dignified and meaningful life in the countryside such as a restoration of the old orchards of the Porta Coeli monastery, a self-sufficient community garden and projects aimed at environmental education. The goal of the workcamp is to help with all those activities and to mingle with the local community. In this workcamp, you are actively contributing toward the achievement of the UN SDG11 Sustainable Cities and Communities and UN SDG15 Life on Land.

Work: You will rake, turn and pile hay in the nuns' garden, remove invasive trees in the orchards, try to produce biochar, landscape the monastery garden, maintain the community garden, and sort building stones from the reconstructed parts of the monastery. We would also like to dedicate one day of work to the local community, which we will probably help with the maintenance of the park. The work will be varied and adjusted to the physical abilities of the volunteers and the weather conditions. Part of the team will always be involved in cooking for everyone from provided ingredients - for environmental and ethical reasons, we will cook only vegetarian food. No previous experience is required. Bring suitable clothes and shoes for work that can get dirty or damaged.

Study part: You will have an opportunity to present the culture and cuisine of your country to the local community or children from local schools. You will also go on a guided tour of the Porta Coeli monastery and see parts of the monastery where the public is not allowed. You will learn a lot about the history of the monastery, which also represents the history of Moravia and the Czech Republic. There is also a brewery on the grounds of the monastery, so volunteers can learn about beer production during the excursion. We will also organize a guided tour of Brno or a visit to Pernstejn Castle.

Leisure time: There is a weir on the river where you can swim and also a public swimming pool (1 km from the monastery), and a municipal park with an outdoor workout gym. You can make bonfires and barbecues in the monastery garden, and sing, there is a guitar.

Accommodation/Food: You will be accommodated in the monastery on mattresses but you can bring your own hammock/camping mat and sleep outside. Everyone is required to bring a sleeping bag! There is a shower and a toilet inside the building and two more showers and four dry toilets outside. Wifi is available. A few volunteers will always prepare vegetarian food for everyone from provided ingredients. Bring your favourite recipes.

Location: Predklasteri. A small village (1400 inhabitants) about 30 km from Brno. It is situated in a picturesque landscape and it is considered to be the gateway to the Bohemian-Moravian Highlands. The monastery is located in the middle of the village of Predklasteri, there is also a shop, a post office, and a bus stop, and the closest train station is a 20-minute walk away in the town of Tisnov. GSM signal and Wifi available.

Requirements: The consumption of hard alcohol is strictly prohibited in the area of the monastery, but you can visit a pub in the village. You must respect the quiet hours and be respectful towards the nuns living in the monastery. Bring your own sleeping bag, clothes and shoes suitable for work and a hat. We will cook only vegetarian food.

Notes: Beware of allergies - dust, hay etc.

Directions to the meeting point: From the airport take bus 119 to Nadrazi Veleslavin stop. Change to green metro line A in the direction of Depo Hostivar, get off at "Muzeum" and change to red metro line C in direction of Letnany, go 1 stop and get off at "Hlavni Nadrazi" stop (main railway station). From here, take the train R983

Vysocina at 14:06. After 3 hours, get off in Tisnov and go in front of the railway station and look for bus 336 leaving at 17:38. Take the bus and get off at the "Predkalsteri" stop where your campleader will be waiting for you to take you to the accommodation. Please, have in mind that the journey from Prague can take up to 4 hours. Detailed travel information will be provided in the infosheet.

Address and GPS: Porta Coeli 1001, 666 02 Predklasteri, 49.35391426291711, 16.401030057752276

Volunteering for all:

Vegetarian/vegan diet friendly: ✓
Accepting vols with lighter types of disadvantages: ✓
Accepting vols with hearing impairments/deafness: ✓
Accepting vols with mental health issues: ✓

SDA 201 Ghosts of the Ore Mountains

30/06 – 05/07/2023 RENO/MANU

Vols: 7 + 2 team leaders

AGE: 18+

Requirements/note:

Project: This short workcamp will take place in the small town of Hroznetin, at the foot of the picturesque Ore Mountains in cooperation with the Local Action Group Krusne Hory (Ore Mountains). The LAG focuses on the support and development of the region through organizing and funding educational and cultural projects, connecting various stakeholders, preparing tourist brochures or co-organizing volunteer activities. The workcamp aims to restore a forgotten Christian cemetery, activate the local community and introduce a piece of Czech land to the volunteers. At this workcamp, you will actively contribute to the achievement of UN SDG11 Sustainable Cities and Communities.

Work: The work will be mainly manual and outdoors in all kinds of weather. You will help to restore a part of the Christian cemetery - cleaning paths and areas of graves, relocating tombstones, removing branches, basic landscaping, sweeping, mowing grass, and removing trees in the surrounding area. No previous experience is required. Bring suitable working shoes and clothes and a raincoat.

Study part: You will learn about the town's history, Czech culture and nature. The workcamp will take place during the famous Karlovy Vary Film Festival, which offers an interesting cultural programme.

Leisure time: You can visit the town of Ostrov and its sights - the castle garden, also known as the 8th wonder of the world, the local monument zone in the city centre, the Prince's Palace, Ostrov Castle, beautiful churches and monasteries. Or make a trip to the biggest spa complex in Europe – Karlovy Vary – and visit its historical centre and hot springs.

Accommodation/Food: You will be accommodated in apartments in Mlynsky dum. You will sleep in beds, bedsheets will be provided. There is a kitchenette with microwave and refrigerator, bathroom with washing machine and small lounge. Bring your own towel. WIFI is available. You will prepare your own breakfast and dinner from provided ingredients, lunch will be provided. The accommodation is a 5-minute walk from the workplace.

Location: The workcamp takes place in Hroznetin, a small town in western Bohemia with about 2,000 inhabitants. There is a small grocery store, a school, and a post office, there is good phone reception. The closest cities are Ostrov (5 km) and Karlovy Vary (12 km) where you can find doctors, pharmacies and ATMS. The region is popular among tourists for its beautiful countryside near the Ore Mountains.

Requirements: Bring clothes and shoes suitable for work, a raincoat and a towel.

Notes: We are looking for volunteers eager to get to know Czech culture and life in a small village.

Directions to the meeting point: Directly from the Prague airport, take the Regiojet bus at 12:00 to the Karlovy Vary bus terminal. Get off at the bus stop "Karlovy Vary Terminal". Then change to bus 421104 15 in the direction of "Hroznetin, nam." leaving at 14:43. get off at the last stop "Hroznetin, nam.", your campleader will be waiting there for you and take you to the accommodation. Please be aware that the journey will take you approximately 3 hours. Detailed travel information will be provided in the infosheet.

Address and GPS: Apartmany Mlynsky dum, Mlynska 5, Hroznetin, 50.308806203516355, 12.86479382538546

Volunteering for all:

Vegetarian diet friendly -upon consultation: ✓

SDA 202 - Dive into the history of Terezin

09/07 – 16/07/2023 CULT/RENO

Vols: 12 + 2 team leaders

Age: 18+

Requirements/note:

Project: The workcamp is organised in cooperation with the association "Terezín - City of Change", which aims to repair the historical buildings of the Terezin fortress, make them accessible to the public and organize educational and cultural activities. Thanks to its rich history and unique 18th-century monuments, Terezin is on the UNESCO indicative list (waiting list). The aim of the workcamp is to help with the restoration and preservation of the fortress city and learn about the history of the city that goes far beyond the infamous WWII era. At this workcamp, you will actively contribute to the achievement of UN SDG11 Sustainable Cities and Communities.

Work: Volunteers will clean and restore the water system of the 18th-century fortress, clean and maintain the mini-zoo-military yard, clean the fortifications and underground passages of the fortress and maintain the green vegetation. Most of the work will be outside, please, bring suitable shoes and clothes that can get dirty or damaged.

Study part: Tour of the historic corridors - lecture in the English language on the origins of the fortress, museum exhibition of the La Grace sailors, art exhibition, workshop and demonstration of 18th-century crafts, an opportunity to visit the World War Memorial. Opportunity to meet city staff and representatives, have a barbecue and do other community activities.

Leisure time: You can visit nearby cities Litomerice or Usti nad Labem where you can find a swimming pool, parks, and a cinema. Or you can go on a hike to the nature-protected area of Ceske Stredohori.

Accommodation/Food: Accommodation is provided near the historical fortress. There are two rooms for 6 people each. Both rooms have bathroom facilities (shower and toilet). Bring your own towel. In the accommodation, there is also basic kitchen equipment (microwave, fridge, dishes). WIFI is available, and you can also use a washing machine. Accommodation is 5 minutes from the city centre, and 5 minutes from the fortress where you will be working. You will prepare breakfasts and dinners together as a group from provided ingredients. Lunch will be provided in the local restaurant.

Location: Terezin is a small historical town located approximately one hour away from Prague in the north of the Czech Republic. The nearest bigger city is Usti nad Labem. In Terezin, the phone coverage is good, and ATMs, pharmacies and grocery stores are in the town.

Requirements: Smoking in the houses and drinking alcohol during work hours are prohibited.

Notes: Workcamp is suitable for lovers of history and nature, students of architecture, and anyone who can appreciate the beauty of a preserved 18th-century site and give us a helping hand with the work. Possible risk of animals or hay allergy.

Directions to the meeting point: From Prague airport, take bus 119 to "Nadrazi Veleslavin" station. Change to green metro line A in the direction of Depo Hostivar. At the "Muzeum" stop, change to red metro line C in the direction of Letnany. Get off at the stop "Nadrazi Holesovice". Here, take a bus from platform 7 at 16:00 to your final destination "Terezin, autobusove nadrazi". The campleader will be waiting for you there at 17:00 and take you to the accommodation.

Address and GPS: Akademická 409, 411 55 Terezín 50.513717, 14.148363

Volunteering for all:

Vegetarian diet friendly -upon consultation: ✓

SDA 203 - Rebuild the history of Sudeten school

10/07 – 17/07/2023 RENO/MANU

Vols: 8 + 2 team leaders

Age: 18+

Requirements/note:

Project: This workcamp is organized in cooperation with the association Skola na hranici (School on the border) which operates the former school in the village of Pisecne located on the southern border with Austria. Until WWII the village of Pisecne was inhabited by Jews, Germans and Czechs. The school was built 120 years ago by the local German community to teach children German. Nevertheless, in the last decades, the school was empty. The association aims to sensitively renovate the school building and organize cultural, sporting and other leisure events for adults and children regardless of nationality, mother language or age. The aim of the workcamp is to help with the renovation. At this workcamp, you will actively contribute to the achievement of UN SDG11 Sustainable Cities and Communities.

Work: The work will be mostly manual such as sanding old window frames, painting windows and doors, painting interior walls using traditional methods, clearing up building rubble, cleaning, sanding parquet floors, repairing a historical summerhouse in the garden, and gardening. Please bring suitable shoes and clothes that can get dirty or damaged. No previous experience is required.

Study part: You will learn about Czech culture and nature, the history of the architecture of school buildings and go on excursions to see Jewish and Iron Curtain monuments. We will also have an international evening and a meeting with the local community.

Leisure time: You can go on a trip to see the nearby sites such as the historic towns of Slavonice, and Jemnice, the national park Czech Canada, Jewish monuments nearby, and the Iron Curtain Memorial. You can have a refreshing swim in the river Dyje, play ball games at the local sports centre, and make a campfire in the garden. In the school building, there is a yoga studio and a lounge with a library.

Accommodation/Food: You will be accommodated in shared rooms on bunk beds, sheets and blankets will be provided. In the building, there is also a shared bathroom with toilets and showers with hot water. Please, bring your own towel. There is no washing machine. WIFI is available. Volunteers will cook their own meals. Vegetarian or vegan meals are preferred.

Location: Pisecne is a small village near the Austrian border. In the village, there is a shop, a post office, a sports centre, and a pub. ATM, pharmacy and other services and shops are in Slavonice, 10 km from Pisecne. The phone coverage in the village is good.

Requirements: Bring suitable clothes and shoes for work, typical games and ingredients from your country that you can share with others.

Notes: We are looking for volunteers interested in history and not afraid to work.

Directions to the meeting point: From the airport take bus 119 to Nadrazi Veleslavin stop. Change to green metro line A in the direction of Depo Hostivar, get off at "Mustek" and change to yellow metro line B in direction of Cerny Most, go 2 stops and get off at "Florenc" stop. From here, at 12:00 take the Regiojet bus 1831023 in the direction of Znojmo that leaves from platform 23. Get off at 14:36 in "Moravske Budejovice, aut.nadr." stop. Go for coffee or ice cream while you wait on connecting bus 340376 18 which leaves at 16:20 and takes you to Pisecne. You should arrive around 17:25. Your campleader will pick you up and take you to the accommodation. Please be aware that the journey will take you approximately 5,5 hours. Detailed travel information will be provided in the Infosheet.

Address and GPS: Písečné 26, okres Jindřichův Hradec, 37872, 48.962290, 15.465357

Volunteering for all:

Vegetarian diet friendly - upon consultation: ✓
Accepting vols with lighter types of disadvantages: ✓

SDA 204 - Renovate Art Centre in Prague

10/07 – 23/07/2023 RENO/ART

Vols: 6 + 1 team leaders

Age: 18+

Requirements/note: Motivation letter

Project: This workcamp is organised in cooperation with Studio ALTA, a multicultural and creative hub focused on contemporary dance and theatre. The artistic program of Studio ALTA emphasizes courageous and innovative pieces that encourage engagement, creativity, sharing, and open-minded and constructive dialogue. The theatre is closed during summer, so you can have a look behind the curtain and see what ordinary visitors cannot. The aim of the workcamp is to help with installing a new seat for Alta. In this workcamp, you are actively working for the UN SDG11 Sustainable cities and communities.

Work: Studio Alta recently moved to a new location so you will help with the cleaning and beautifying of the interior and exterior of the new premises. Work gloves and tools will be provided. Bring some comfortable working clothes which can get dirty or damaged. The work is not physically demanding or complicated, but any DIY skills are welcome.

Study part: Look behind the scenes and learn what is necessary to run a theatre, studios and the entire community centre. In case of interest, we can organize a movement lesson with ALTA dancers or a guided tour around Prague.

Leisure time: You can explore Prague, stroll along the Vltava river, and visit the Pod Palmovkou theatre or Svetova 1 gallery, just a few stops by tram there is the Karlin district where you can also go to a theatre, or cinema or visit a concert in Kasarna Karlin (former barracks).

Accommodation/Food: Accommodation will be provided in the Studio Alta rehearsal room directly in the building of the former brewery. You will need your own mat, sleeping bag and pillow. There is a toilet and a shower, bring your own towel. Wifi is available. You will prepare meals together as a group.

Location: Prague-Karlin is an attractive part of Prague situated on the bank of the river Vltava which flows through the whole city. Karlin is a developing (and, unfortunately, also a gentrified) metropolitan area, where there are many cultural organizations, cafes and bars. Near ALTA there are also many places suitable for nice walks. Located close to the main train station, Studio ALTA offers a train trip.

Requirements: Please send a short motivation letter with your application with your motivation for joining the project in Studio ALTA.

Notes: This workcamp is mainly for people who are interested in culture and arts, who like to explore and like (independent) cultural space. We welcome responsible, skilful and independent people, who can sensitively combine work and fun. We prefer communicative and courageous people who can easily fit into new environments and collectives.

Directions to the meeting point: From Prague airport, take bus 191 to "Petriny" station. From there, take tram 1 in the direction of Sidliste Dablice and go to "Libensky zamek" station. From there, walk 350m to the final destination Studio Alta. Detailed information will be provided in the infosheet.

Address and GPS: Alta studio: ALT@RT z.ú., V Háji 32, Praha 7, 170 00 Accommodation: U Ceskych Iodenic 2158/4, 180 00 Praha 8-Liben 50.10782508535368, 14.470205033995185

Volunteering for all:

Vegetarian/vegan/gluten-free diet friendly: ✓
Accepting vols with lighter types of disadvantages: ✓
Accepting vols with lighter mental health issues: ✓

SDA 205 - Renovate a Baroque rectory in Semnevice

10/07 – 24/07/2023 RENO/MANU

Vols: 10 + 2 team leaders

Age: 18+

Requirements/note:

Project: This workcamp is organized in cooperation with the association Fara Semnevice ("Rectory Semnevice ") in the village of Semnevice. The association strives to build a sustainable community, support regional ecological and educational activities and revitalize the Baroque rectory. According to the association's vision, the rectory should become a place where people of different personalities, cultures, nationalities, and religions can meet and live together. The aim of this workcamp is to renovate the rectory and its surroundings, including the community spirit. At this workcamp, you will actively contribute to the achievement of the UN SDG11 Sustainable Cities and Communities.

Work: You will work on the interior design of the building (grinding window frames, painting, moving material, varnishing) and in the rectory garden (landscaping, renovation of stone walls and fences, chopping wood, mowing, moving soil, taking care of vegetable beds, planting trees and shrubs). In case of interest, it is possible to help with more specialized work, such as masonry. The work at the rectory is diverse and will be assigned to you according to your abilities. Please, bring suitable work clothes and shoes that can get dirty or damaged. No previous experience is required.

Study part: You will have the chance to discover and learn more about the church of St. George, where you can also organize a concert (bring your own musical instruments if you want). You will have a unique opportunity to go on a tour of the nearby castle Horsovsky Tyn and you can even access the places where the public is prohibited to enter. You will visit the Museum of Wirework.

Leisure time: There are many leisure activities to choose from – you can go on a hike, swim, and play all kinds of sports on the local playground (volleyball, football, softball, frisbee etc.). In case of interest, yoga classes or regular warm-ups and stretching might be organized under the supervision of an experienced physiotherapist. You can go on a trip to the Meclov Farm, which is a farm from the 19th century with well-preserved interiors typical for the Czech countryside and you can discover what life looked like back then. You might also go on a trip to the Sedmihori Natural Park.

Accommodation/Food: Accommodation is provided at the rectory in three large rooms on mattresses on wooden bunk beds. Please, bring your own sleeping bag! WIFI is available. The rectory has a dry eco-toilet and an outdoor shower. Regular toilets and showers are available in the municipal hall (5min) and in the neighbouring building. No washing machine. Water is provided from the rectory well. You will prepare breakfast

and dinner altogether. Lunch will be provided by the local partner. One day will be dedicated to Czech cuisine and international specialities. Bring any local ingredients you might need.

Location: The small village of Semnevice is located in the border region in the southwest of the Czech Republic. There is a pub, a small shop, and a playground in the village. It is surrounded by beautiful nature, forests, and meadows. Within walking distance, there is Sedmihori Natural Park. The nearest big cities are Horsovsky Tyn, Stribro or Domazlice where there are also the closest services such as ATMs or pharmacies.

Requirements: Smoking is prohibited in the entire rectory area. Remember to bring your own sleeping bag, shoes and clothes suitable for work and musical instruments if you play any. Board games or card games are also welcome.

Notes: Workcamp is suitable for volunteers interested in history, architecture, nature, and sustainable development, and everyone who wants to learn more about the history and culture of the Czech Republic.

Directions to the meeting point: From the airport take bus 119 to Nadrazi Veleslavin stop. Change to green metro line A in the direction of Depo Hostivar, get off at "Muzeum" and change to red metro line C in direction of Letnany, go 1 stop and get off at "Hlavni Nadrazi" stop (main railway station). From here, at 13:13 take the R766 Berounka train to the "Plzen, hl.n." stop. Change to Bus 400621 10 in the direction of Domazlice leaving at 14:40. The bus station is just in front of the train station, and the bus will leave from platform 5. Get off at the "Horsovsky Tyn" stop at 15:53. Change to Bus 400645 16 in the direction of Velky Malahov leaving from platform 3 at 16:17. Get off at Semnevice stop after 20 minutes at 16:37 where your campleader will be waiting and take you to the accommodation (5min walk).

Address and GPS: Semnevice (district Domazlice) 49.602497693267736, 12.928575878861999

Volunteering for all: Vegetarian diet friendly: ✓

3. Social projects

SDA 300 Solidarity Pilgrimage: Connecting the Community

23/07 - 06/08/2023 DISA/SOCI/FEST

Vols: 6 + 1 team leaders

AGE: 18+

Requirements/note: -

Project: This workcamp is organized in cooperation with the NGO Benediktus which is a community of people with and without disabilities. Benediktus provides social services, a daycare centre, social therapy workshops and sheltered housing, in order to involve people with disabilities in everyday life. Benediktus also creates sheltered jobs for people with altered working abilities such as drying fruits, cultivating a garden, organizing public events, or reconstructing historical buildings. The aim of the wokcamp is to help with the preparation and implementation of the largest annual cultural event, the pilgrimage to St. Anna, and to blur the lines between people regardless of their disability status. At this workcamp, you will actively contribute to the achievement of UN SDG10 Reduced Inequalities.

Work: The meaning of the pilgrimage to St. Anna is to spread the work of Benediktus among people. Volunteers will help to prepare and implement the event. The pilgrimage starts with Holy Mass and includes food and drink stalls, countless games for children, live music, theatre and much more. The work tasks will include mowing and raking grass, carrying things, setting up tents, tables and benches, cleaning, cooking, baking, frying, accompanying people with disabilities at work and in their free time, attending community meetings, selling products, making banners or doing face painting. The work will not be physically demanding and does not require any previous experience. Most of the work will be carried out outside, please, bring adequate boots and clothes that can get dirty and a raincoat.

Study part: As part of the pilgrimage, there will be a meeting with the general public and the volunteers will have the opportunity to present their culture, either in the form of theatre, fun games for children or making typical food. Other Czech and foreign volunteers also take part in the pilgrimage, with whom there will be an opportunity not only to work but also to spend free time together. During the workcamp, volunteers have a unique opportunity to learn about the life and work of people with and without disabilities in the L'Arche community.

Leisure time: Modletin is located in the heart of the protected landscape area of the Iron Mountains that offers a wide range of activities: hiking, swimming in a nearby dam, mushroom picking, sightseeing in the area (castles, chateaux, historic villages, geomorphological formations, natural monuments), cultural events (concerts, exhibitions, openings). In the area of Benediktus it is also possible to play sports.

Accommodation/Food: Accommodation for volunteers is located in the Benediktus complex in Modletin in the building of the former spa. It is a large attic room with a shower, two toilets and a kitchen. You will sleep on mattresses with sheets but bring your own sleeping bag. There is WIFI and a washing machine. Food will be provided by Benediktus (breakfast, lunch, dinner, snacks and good coffee). By prior arrangement, volunteers can also cook for themselves in the kitchen in their accommodation. We welcome volunteers who want to participate in the preparation of Czech dishes or cook dishes from their countries.

Location: The Benediktus community is located in the picturesque village of Modletin, between the villages of Horni Bradlo and Rusinov, in the heart of the Iron Mountains. The area consists of historically significant buildings, which Benediktus reconstructs and uses for activities such as housing, work and cultural activities. The complex has a timbered fruit dryer, orchard and vegetable garden. Everywhere in the village, there is good phone coverage, nevertheless, the village is small so there are no services such as ATMs or pharmacies.

Directions to the meeting point: From the airport take bus 119 to Nadrazi Veleslavin stop. Change to green metro line A in the direction of Depo Hostivar, get off at "Muzeum" and change to red metro line C in direction of Letnany, go 1 stop and get off at "Hlavni Nadrazi" stop (main railway station). From here take the train R 983 Vysocina at 14:06 and get off in Havlickuv Brod (at 15:57). Change to the train Os 5382 leaving at 16:13 and get off at Chotebor station (at 16:32) where your campleader will be waiting for you and take you to Modletin, your accommodation.

Address and GPS: Modletin, 49.792704 / Longitude: 15.712648

Volunteering for all:

Vegetarian/vegan diet friendly: ✓

Accepting vols with hearing impairments/deafness: ✓

Accepting vols with mental health issues: ✓

Accepting vols with lighter types of disadvantages (social, economic): ✓

SDA 301 Organize an adventure camp for children

16/08 – 28/08/2022 EDU/KIDS/LANG

Vols: 10 + 2 team leaders

Age: 18+

Requirements/Note: Motivation letter, criminal record, medical form

Project: This workcamp is organized in cooperation with the Local Action Group Mezi Hrady ("Between Castles") that strives to improve the quality of the environment in the 20 cities between the famous castles Karlstejn, Krivoklat and Tocnik in Central Bohemia. Mezi Hrady unites schools, associations, entrepreneurs, firefighters, farmers, church representatives and citizens. The aim of the workcamp is to help to prepare and implement an experiential program full of games and activities for the children's English camp (21.-25.8.). At this workcamp, you will actively contribute to the achievement of the UN SDG4 Quality Education.

Work: Volunteers will prepare and implement an experiential program full of games and activities for the children's camp which will be held from Monday to Friday, from 8 a.m. to 4 p.m., from August 21-25, 2023. The camp is organized by Hyskov Municipal Office and intended for children aged 7-14 with a maximum capacity of 15 children. Volunteers will spend the first 2-3 days with preparation (games, sports or creative activities etc.) and organization under the guidance of an experienced campleader. During the implementation of the camp, the volunteers will take turns, according to a pre-agreed schedule. On the last day of the camp, there will be a children's final performance for the parents and local residents. The communication language of the camp will be English.

Study part: An excursion to the fire station, a meeting with local associations, a ceramic workshop, and an excursion to the museum will be provided.

Leisure time: Hiking in Krivoklat region, visiting lookout towers, castles and chateaux (Nizbor, Krivoklat, Karlstejn, Tocnik), it is possible to use the sports centre within walking distance of 1 km from the accommodation. Swimming is possible in the river Berounka.

Accommodation/Food: You will be accommodated in the social and info centre, a two-floor building with a community garden and fireplace. On the ground floor, there are 2 toilets, a common room and a kitchen. You will sleep in a larger attic room. Bring a sleeping bag, pillow and a mat. WIFI is available, no washing machine. 6 showers and 2 changing rooms are in the gym 1 km away. You can use the gym and its equipment. You will cook your own meals. A kitchen with a fridge and microwave is available in the place of the accommodation. A lunch (Czech cuisine) will be provided during the children's camp.

Location: The village of Hyskov is located in the valley of the Berounka river, in the district of Beroun, Central Bohemia. Approximately 2100 inhabitants live in the village. Thanks to its location it is a popular area for tourism and recreation, especially as a starting point for the Krivoklatsko Natural Protected Area. The transport connection to the village is good 16 min by bus or 7 minutes by train from Beroun (from Prague to Beroun approx. 35 minutes by train). The telephone connection in the village is good and close to the workcamp site there is an ATM but no pharmacy.

Requirements: During the children's camp from 8 am to 4 pm, drinking alcohol and smoking are strictly prohibited. Bring sports clothes and shoes, a backpack (not a suitcase), a raincoat, swimwear, a water bottle and

a lunch box. You will have an opportunity to introduce your country to the locals - bring a special item that represents your country.

Notes: Previous experience with children is an advantage, but not a requirement.

Directions to the meeting point: From the airport take bus number 100 to Zlicin. Change to bus 384 leaving at 13:50 in the direction of Zdice. Get off at "Beroun, U Cerneho kone" stop at 14:16. Wait 15 minutes and from the same stop take bus 631 at 14:35 in the direction to Nizbor. Get off at "Hyskov, Na Krete" stop at 14:44 where your campleader will be waiting for you and take you to the accommodation (2 mins walk).

Address and GPS: Na Krétě 183, 267 06 Hýskov, 49.989380190000475, 14.057106453386531

Volunteering for all:

Vegetarian/vegan diet friendly: ✓

4. Ecological projects

SDA 400 Teens at Camphill Organic Farm

09/07-16/07/2023 AGRI/MANU Vols: 10+3 Age: 15-17

Requirements/note: Parental Authorization, Medical Form, TEEN workcamp 155€ participation fee

Project: This project is organised in cooperation with the NGO Free Farm in Ceske Kopisty, which is part of the Camphill Community movement. It is a family-like community that welcomes people with and without disabilities and creates a pleasant environment for everyone to live and work together. Vegetables, herbs, and fruits are grown and processed organically. Free Farm aims to raise awareness of biodynamic farming and the role of a farmer nowadays. The goal of the workcamp is to connect people from different countries and experience the operation of a Czech organic farm, develop a tolerant open society and acquire a responsible approach to the world. At this workcamp, you will actively contribute to the achievement of UN SDG2 Zero Hunger and UN SDG10 Reduced Inequalities.

Work: Your work will mainly consist of manual farm work of all kinds. These include weeding, planting, hoeing, harvesting, watering, cleaning and storing vegetables, etc. In addition to vegetables, there are medical herbs grown, which you can also help to collect and process. You might also do gardening work and help out with the maintenance of the farm and its premises. You will mostly work outside in the farm area or on the fields which are located within walking distance (500m) from the farm. Bring suitable work clothes and shoes, a hat, and a raincoat to protect yourself from the sun and rain. Working on a farm can be physically demanding, please be prepared for that, nevertheless, it can be done with a collective effort and a positive attitude.

Study part: Talking about organic farming and Camphill community movement, guided excursion around the farm.

Leisure time: There is a football pitch in the village and after the game, you can refresh by swimming in the river. You might visit the nearby Terezin Memorial at the location of the former concentration camp and the Terezin Ghetto Museum. You can also go on trips to the nature-protected area of Ceske Stredohori and/or visit the historical cities of Litomerice, Usti nad Labem where there is a cinema and a ZOO. We will also have a barbecue with the members of the community.

Accommodation/Food: Accommodation is provided directly at the farm. You will sleep in the attic on mattresses in a renovated historic farmhouse. Bring your own sleeping bag! There are two showers with hot water, two toilets, a common room, and a kitchen available. There is WIFI and a washing machine. You will prepare breakfast and dinner together as a group. Lunch will be prepared by the members of the community, you will eat all together with the community. The local project partner will provide ingredients, including local organic vegetables. Meals will be mostly vegetarian.

Location: Ceske Kopisty – a small village near the historical town of Litomerice. The farm uses 11 hectares of fields; there is a garden and a yard with a couple of animals (a cow, a horse, chickens, ducks, and pigs). The area is quite vast – there are 3 residential houses, a candle workshop, and a common hall. There are 8 adults, 4 children and 7 people with special needs living there. You might meet around 10 other external co-workers. Everywhere in the village is good phone reception. There is an ATM 3 km away in Terezín, and a pharmacy 5 km away in Litoměřice.

Requirements: As you will stay in a place where people with various disabilities live you must respect the privacy and night rest of the residents. Be aware that not all members of the community can speak English. Please, bring a sleeping bag, enthusiasm and a good mood!

Notes: The workcamp is mainly suitable for people who are interested in farming and community life and don't mind working from early hours.

Directions to the meeting point: From Prague airport, take bus 119 to "Nadrazi Veleslavin" station. Change to green metro line A in the direction of Depo Hostivar. At the "Muzeum" stop, change to red metro line C in the direction of Letnany. Get off at the stop "Nadrazi Holesovice". Here, take a bus from platform 7 at 16:00 to your final destination "Terezin, U Pamatniku". The campleader will be waiting for you there at 17:00 and take you to the accommodation.

Address and GPS: Ceske Kopisty 5, 412 01 Terezin 50.52482693923468, 14.16626919871175

Volunteering for all:

Vegetarian friendly: ✓
Upon agreement:

Accepting vols with visual impairments/blindness:

Accepting vols with hearing impairments/deafness:

Accepting vols with mild mental health issues:

Accepting vols with lighter types of disadvantages - social, economic, health: ✓

SDA 401 Animal Farm for Families

15/07 – 23/07/2023 ENVI/ANIM/FAM

Vols: 15 + 2 campleaders Age: 18+ (kids 5+)

Requirements/Note: FAMILY workcamp for families with children over 5 years old, 50/25 € participation fee,

Sworn declaration of the nonexistence of infectious diseases

Project: This workcamp is organised in cooperation with the environmental centre PROUD which provides environmental education courses for school groups on their educational farm. PROUD courses offer an alternative to the teaching of science, ecology and social science disciplines at schools in the region. The emphasis is on direct contact with the environment and experiential pedagogy. The goal of the workcamp is to improve the environment of the widely used teaching farm area, to ensure its daily operation and to enable families to have direct contact with the animals on a daily basis. At this workcamp, you are actively contributing to the achievement of the UN SDG15 of Life on Land and UN SDG11 Sustainable Cities and Communities.

Work: Volunteers will be involved in the operation of the farm (preparing food and feeding the animals or cleaning pens), and garden work (watering, weeding, harvesting fruit and vegetables, cutting grass, and raking). This work is also suitable for children. Adult volunteers might be occasionally involved in making minor repairs, chopping wood or pruning bushes. No previous experience with a similar type of work is required. The work will take place mainly outdoors, on the educational farm approx. 500 m from the accommodation. Bring suitable clothes and boots that can get dirty and a raincoat.

Study part: PROUD is equipped with a lot of tools for educational and scientific activities which participants can try such as catching aquatic or terrestrial invertebrates, microscopy, etc.

Leisure time: Volunteers might go on a trip to the ruins of Rabi Castle with a guided tour and, if the water conditions of the Otava River permit, a rafting trip down the river. We can go on a town tour with a cryptographic game, on a trip to the ruins of Prachen, swim in the Otava river, go to an aquapark, make handicraft activities, and play board games or sports. During the workcamp there will be an international evening, where you can present specialities from your country or games for children.

Accommodation/Food: You will be accommodated in a renovated building of a former mill. There are rooms for 6-10 people with shared bathrooms and a fully equipped kitchen. Large families will be accommodated in their own rooms, smaller families might share a room. WIFI and washing machine are available. You will cook your own meals from provided ingredients and clean their accommodation. From Monday to Friday lunch will be provided. For the rest of the food preparation, you will divide into cooking teams and make food for everybody. You might bring your favourite recipes and local ingredients.

Location: Horazdovice is a town (5,000 inhabitants) in the Pilsen Region, southwest of the Czech Republic. The phone reception in the town is good. There are all the necessary services such as grocery stores, ATMs and pharmacies. You can also find a castle, an aquapark, a children's playground or a natural park in the town.

Requirements: Volunteers are required to send a sworn declaration of the nonexistence of infectious diseases. Bring specialities from your home country or region to share during the international evening.

Notes: Workcamp is designed mainly for families with children, for those who like animals, and nature, and enjoy getting to know new places. Possible risk for people suffering allergies - hay, animal hair, pollen.

Directions to the meeting point: From the airport take bus 119 to Nadrazi Veleslavin stop. Change to green metro line A in the direction of Depo Hostivar, get off at "Muzeum" and change to red metro line C in direction of Letnany, go 1 stop and get off at "Hlavni Nadrazi" stop (main railway station). From here, at 13:13 take the R766 Berounka train to the final stop Klatovy. Change to Bus 430921 108 in the direction of Horazdovice which is leaving at 15:35. The bus station is just in front of the train station. Get off at the "Horazdovice, u skoly" stop at 16:32. Your campleader will be waiting there for you and take you to the accommodation (5min walk). Please note it takes over 3 hours to get there from Prague. The exact information will be provided in the infosheet.

Address and GPS: Horazdovice 49.321008, 13.709815

Volunteering for all:

Vegetarian/vegan diet friendly: ✓

Accepting vols with hearing impairments/deafness: ✓

Accepting vols with lighter mental health issues - upon consultation: \checkmark

Accepting vols with lighter types of disadvantages (social, economic): ✓

SDA 402 BumbleBEe Part of Nature

16/07 – 30/07/2023 ENVI/MANU

Vols: 14 + 2 team leaders

Age: 18+

Requirements/Note:

Project: The workcamp is organized in cooperation with the local NGO Cmelak - Friends of Nature Society whose activities focus on a sustainable lifestyle, nature protection, and environmental education. An example of such activities can be the replacement of unnatural spruce tree monoculture with seedlings of original trees or maintaining wetlands and meadows. The aim of this workcamp is to involve volunteers in activities in the New Forest on Jested mountain and Jablonne wetland park and introduce volunteers to a way of life outside the comforts of civilization at one of our mountain cottages. At this workcamp, you are actively contributing to the achievement of UN SDG15 Life on Land.

Work: Work includes repairing forest fencing for seedlings, raking hay, pulling weeds, preparing firewood, picking up trash in the backcountry, etc. The specific work schedule will be determined depending on weather conditions. You have the opportunity to discover different places in the region during your work. Most of the work will be done outside in the forest and in the wetlands. Bring suitable clothes and boots that can get dirty or damaged, including waterproof clothes with long sleeves, long trousers, and a raincoat. No previous experience is required, you will be trained on how to use the tools on spot.

Study part: Interactive field excursions are planned for the volunteers to get to know the locations where they will work and understand why their work is needed and beneficial.

Leisure time: You can play sports, go on hikes to the natural areas, climb the Jested Mountain - the highest peak in the region, or visit nearby castles. The closest city is Liberec which offers many possibilities to enjoy culture, visit the local ZOO, botanical garden or swimming pool etc. There is also a swimming pool on the premises of the second accommodation in the camp.

Accommodation/Food: You will be accommodated in two places. The first week is in the mountain cottage Padouchov, where you will sleep on the beds. The second accommodation is provided in a camp in Jablonne pod Jestedi, where you will sleep in small cabins with a sink. You need to bring your own sleeping bag and a towel. Toilet facilities and showers are available on both sites. Beware that there is no WIFI or washing machine. Volunteers will mostly cook their own meals from provided ingredients. Volunteers might also use the outside fireplace for cooking.

Location: Workcamp takes place at various work locations around the city of Liberec. The localities (Wetland Park in Jablonne, the new Forest on Jested mountain or the orchid meadows around the Jizera Mountains) are mostly outside the protected areas, but they are interesting and deserve care. Everywhere is a good phone reception. But the closest services such as ATMs or pharmacies are only in the closest bigger town - Liberec.

Requirements: Bring a sleeping bag, adequate clothes and boots for work in wet or hillside areas and a raincoat. It is necessary to pack your stuff into a backpack, not a wheely suitcase or a handbag due to the accommodation at the mountain cottage, where we move partly on foot!

Notes: You will spend a lot of time outdoors so you can get into contact with different kinds of plants, herbs, pollen, and insects - beware if you are allergic.

Directions to the meeting point: From the airport take bus 119 to Nadrazi Veleslavin stop. Change to green metro line A in the direction of Depo Hostivar, get off at "Mustek" stop and change to yellow metro line B in direction of Cerny Most and go all the way to the final stop "Cerny Most". From here take the Regiojet bus 15442021 at 14:00 to "Liberec, aut. nadr" (final stop) where your campleader will be waiting for you. Detailed information will be provided in the infosheet.

Address and GPS: Liberec, 50.7621525, 15.0340069

Volunteering for all:

Vegetarian/vegan friendly: ✓

Accepting volunteers with lighter types of disadvantages: ✓

SDA 403 Build an Eco-centre in the Jizera Mountains

06/08 - 12/08/2023

ENVI/CONS

Vols: 10 + 2 team leaders

Age: 18+

Requirements/note: -

Project: This workcamp is organized in cooperation with the Association for the Jizera Mountains operating in the Jizera Mountains since 1999. The association runs an eco-centre in the middle of the forest where they plant trees, restore tourist infrastructure and offer educational programs drawing children and adults into the adventure of exploring nature. Currently, they are setting up a new eco-centre in Hrabetice, part of the village of Janov nad Nisou. The aim of the workcamp is to expand the forest playground that is used by school groups and create a pool for retaining water in the landscape and modify the natural character. At this workcamp, you will actively contribute to the achievement of UN SDG15 Life on Land.

Work: Volunteers will have two main tasks. 1. Expansion of the forest playground - construction of obstacles, and creation of a forest path. 2. Landscaping - mowing grasslands, pulling out sods, digging a hole for a pool in partially waterlogged terrain. Since most of the work will be outdoors, we recommend bringing suitable clothes that can get dirty or damaged, proper shoes or rubber shoes and a raincoat. No previous similar work experience is required.

Study part: A lecture on the local history of the tramp settlements, and a workshop on environmental activities. Guided tours around the area. Informal meetings with locals and an international evening.

Leisure time: During your free time there is a possibility to rent bikes or scooters and explore the beauty of the Jizera mountains. Hiking trips to the Jizera Mountains, board games, table tennis.

Accommodation/Food: You will stay in a cottage that serves as the association's eco-centre. There are smaller rooms with showers and toilets in each room. Blankets and sheets are provided. The building has a kitchen, a common room and a dining room. There is a WIFI and a laundry machine available. Breakfast and lunch will be provided by the local host. You will cook dinners together as a group. The food will be mainly vegetarian.

Location: The eco-centre is located in Hrabetice near Janov nad Nisou in the Jizera Mountains. The closest bigger towns are Jablonec nad Nisou and Liberec, where there are ATMs and a pharmacy. Nevertheless, the workcamp location is secluded away from civilization, there are no shops or services but still a good phone reception.

Requirements: Please, bring clothes and shoes that are suitable for work.

Notes: You will spend a lot of time outdoors so you can get into contact with different kinds of plants, herbs, pollen, and insects.

Directions to the meeting point: From the airport take bus 119 to Nadrazi Veleslavin stop. Change to green metro line A in the direction of Depo Hostivar. At Mustek stop, change to yellow metro line B in the direction of Cerny most. At 14:00 take the RegioJet bus from Cerny most, platform 6, to Liberec, Fugnerova. In Liberec, Fugnerova, platform M, take the last bus n. 791 at 15:25 and get off at the stop Janov n.Nisou, Hrabetice, kaplicka. The meeting point is at the bus stop at 16:00. It takes 10 minutes to reach the accommodation on foot from the bus station and your campleader will walk you there.

Address and GPS: Hrabětice - Janov nad Nisou 1017, 46811 Janov nad Nisou 50.7843261, 15.1732801

Volunteering for all:

Vegetarian/vegan/gluten-free diet-friendly: ✓

SDA 404 Protect Krkonose Mountains National Park

12/08 – 19/08/2023 ENVI/MANU

Vols: 14 + 2 team leaders

Age: 18+

Requirements/Note:

Project: The workcamp is organized in cooperation with the Association of Friends of the Krkonose Nature. The purpose of the association is nature and landscape protection, cooperation with public and private entities, and environmental education in cooperation with the KRNAP Administration. The aim of the project is to familiarize participants with the unique mountain ecosystems of the national park, to assist in maintaining and restoring species diversity of plants and trees and to motivate the volunteers to engage in local nature protection in their place of residence. At this workcamp, you are actively contributing to the achievement of the UN SDG15 Life on Land.

Work: The work will include: taking care of the forest (cleaning of brushwood after logging, repairing fences against animals' gnawing, peeling of tree bark after bark beetle infestation), maintaining the meadows (raking, removal of invasive trees and plants, mowing with a scythe, breaking up the turf, making turf after wild pigs, collecting stones), collection and cleaning of garbage, disposal of illegal dumps, cleaning of gutters, etc. Most of the work will be outdoors, bring a long-sleeved T-Shirt and full-length trousers, boots and a raincoat. No previous experience is required. Transport to the places of work will be provided by KRNAP Administration vehicles.

Study part: Science excursions, lectures and workshops on environmental education and nature protection, management in the natural park and organization of an international evening.

Leisure time: There are many possibilities for trips such as trips in the Krkonose Mountains (Snezka, Labska Bouda, Pancavsky waterfall), a treetop trail in the Krkonose Mountains, a trip to the ZOO in Dvur Kralove nad Labem, Trutnov swimming pool, games and discussions with environmental topics, visits to Krkonose museums, learning about traditional Krkonose crafts, a visit to the KRNAP environmental centre etc.

Accommodation/Food: You will stay in a mountain cottage Stare Polesi in Horni Mala Upa. You will sleep in rooms for 2-6 people on beds, blankets and sheets will be provided. There are bathrooms and a kitchen. There is no washing machine. WiFI is available. You will prepare your own meals together as a group.

Location: The workcamp will take place in Horni Mala Upa and its surroundings. Since the area is mainly used for recreation and is located close to the border with Poland, there are not many services in comparison with the cities. There are several restaurants, an information centre, a post office, and an ATM, but there is no grocery store, the nearest pharmacy is in Svoboda nad Upou (18 km) and a hospital is in Trutnov (28 km). During the workcamp, however, as part of the informal education, we will be in the city at least every other day.

Requirements: Please bring suitable clothes that can get dirty or damaged, good shoes, and waterproof clothes or a raincoat.

Notes: You will spend a lot of time outdoors so you can get into contact with different kinds of plants, herbs, pollen, and insects (risk for people with allergies). The workcamp is suitable for everyone interested in the environment and its protection.

Directions to the meeting point: From the airport take bus 119 to Nadrazi Veleslavin stop. Change to green metro line A in the direction of Depo Hostivar, get off at "Mustek" stop and change to yellow metro line B in direction of Cerny Most and go all the way to the final stop "Cerny Most". From here take the bus Bus 690250 106 leaving from platform 1 at 13:30 to "Pec p.Snezkou, aut.st." stop. You should arrive at 16:40. Change to bus 453 leaving at 17:11 and go to the final stop "Mala Upa, Pomezní Boudy" where your camp leaders will be waiting for you at the time of your arrival at 17:36 and take you to your accommodation. Keep in mind that it takes around 4 hours to get there from Prague. More information will be provided in the infosheet.

Address and GPS: Ubytovna Stare Polesi Horni Mala Upa 18, 542 21 Mala Upa, 50.7412564N, 15.8202267E

Volunteering for all:

Vegetarian/vegan friendly: NO

Accepting vols with hearing impairments/deafness: ✓

Accepting vols with mental health issues: ✓

SDA 405 Permaculture in Practice - Learn and Act!

13/08 – 26/08/2023 ENVI/MANU

Vols: 8 + 2 team leaders

Age: 18+

Requirements/Note:

Project: This workcamp is organised in cooperation with the Association for Development 3K which aims to develop three areas: 1. Education through promoting the knowledge and skills needed for the harmonious development of man, humanity and the planet in the third millennium. 2. Language skills, international understanding, and local cooperation. 3. Permaculture and circular relationships. The aim of the workcamp is to prepare the orchard for autumn planting according to the rules of permaculture to increase the long-term resistance of crops and support local biodiversity. Volunteers will also learn how to increase food self-sufficiency and reuse local materials. At this workcamp, you will actively contribute to the achievement of UN SDG15 Life on Land.

Work: The work will be mainly manual and outdoor - digging holes for trees, mulching the surrounding soil with organic material, shredding branches, retaining water in the landscape, collecting waste in the forest and in the village, drying hay, building bird boxes, preparing for the construction of an apiary, planting honey plants,

preparing compost. Work will be carried out in all weather conditions. Please, bring appropriate shoes and clothes that can get dirty or damaged and a raincoat.

Study part: We will go on a trip to Kutna Hora, a UNESCO city with silver mining history. It is possible to organize a trip to Prague, to the Sazava Monastery, to Cesky Sternberk Castle or the open-air museum in Kourim. We will organize two evenings with international cuisine, and learn to sing songs in other languages. We will discuss the rules of permaculture, mulching, how compost works, water retention in the landscape or fighting "pests" in a permaculture orchard.

Leisure time: We can play sports such as football, petanque, outdoor exercise (yoga), jogging, volleyball, badminton or ping-pong. It is possible to rent a canoe/raft or bike in a nearby town. In the evenings we can watch movies, make a campfire, and sing. There will also be time to organise hiking trips.

Accommodation/Food: You will be accommodated in a spacious, newly renovated attic where there is one room for 4 people with a bathroom and two larger open spaces with another bathroom. WIFI is available. You can use a washing machine in the accommodation. Water is heated by the sun. Bring a sleeping bag, a mat, slippers, and a water bottle. Volunteers will cook their own meals from provided ingredients and vegetables grown in the garden (the diet would be mostly vegetarian) in a fully equipped kitchen.

Location: Ujezdec is a very small village southeast of Prague with only 62 inhabitants. The village and its surroundings are agricultural, surrounded by extensive monoculture fields. On the other hand, an oasis of biodiversity, food self-sufficiency and abundance according to the rules of permaculture is gradually emerging on the property next to the house where you will work. Phone coverage is good. The closest bigger city is Sazava, where you can find ATMs, pharmacies and other services.

Requirements: Workcamp is suitable especially for those who like nature, spend their free time outdoors, have a positive attitude to work, don't mind a bit of discomfort and walking, and appreciate the silence at night and the early chirping of birds. Beware of possible allergies to hay or outdoor cats. Smoking is only possible outdoors with caution due to fire. We are generally not fans of alcohol. The language of communication will be English, but we are not at all opposed to French either.

Notes: Please keep in mind that the work will be outdoors and manual. Bring your favourite recipes, ideally simple or typical for your country.

Directions to the meeting point: From the Prague airport, take bus 119 to the final stop "Nadrazi Veleslavin", where you need to change to green metro line A in the direction to Depo Hostivar and go to "Muzeum" stop. Change to red metro line C in the direction of Haje and go to the final stop "Haje". Just in front of the metro, there is a bus stop, take bus 387 at 15:00. Get off at the bus stop "Horní Kruty, Ujezdec, rozc." at 16:07. Your camp leaders will be waiting there for you and take you to the accommodation (8 mins walk). Detailed travel information will be provided in the Infosheet.

Address and GPS: Újezdec 7, Horní Kruty; 49.900448, 14.946685

Volunteering for all: Vegetarian friendly: ✓

SDA 406 Back to Nature for Families

19/08 – 28/08/2023 FAM/ENVI

Vols: 15 + 2 team leaders

Age: 18+ (kids 5+)

Requirements/Note: FAMILY workcamp for families with children over 5 years old, 50/25 € participation fee

Project: The workcamp is organised in cooperation with EUROSOLAR. EUROSOLAR promotes renewable energies and a sustainable lifestyle; it engages in youth environmental education and organises environmental summer camps for children, youth and families. The workcamp takes place in a remote but exceptionally beautiful, hilly area of the Bohemian Forest, near the western border of the Czech Republic. The campsite is

isolated from civilization and we welcome volunteers that are fond of trying out a basic lifestyle in the forest and do not mind longer walks. The main goal is to help maintain meadows in a nature-protected area, maintain the campsite and enjoy nature. At this workcamp, you will actively contribute to the achievement of UN SDG15 Life on Land.

Work: Children and parents will work together when possible (e.g. helping with cooking, collecting wood, harvesting vegetables and gardening). Work will be organised in two groups. The first one will be working in a nature reserve located 3km away from the campsite, their work will consist of mowing grass, raking and collecting grass. Please note that the meadows can be very wet; bring waterproof working shoes (or rubber boots), a raincoat and a hat to protect yourself from the sun. The second group will be working on the campsite preparing food, collecting wood, doing maintenance tasks or working in the nearby forest.

Study part: Evening discussions about climate, environment, sustainability or recycling. You will have the unique opportunity to try archery, play games and learn how to recognize stars. Also, as you will be living in close contact with nature, you will improve your camping skills and learn a lot about local fauna and flora. Every evening, there will be a group meditation and stick talking in a special sacred tee-pee.

Leisure time: Hiking in the surrounding countryside. You can visit the ruins of the Zahaji castle or go on trips to the Czech towns in the neighbourhood (e.g. Marianske Lazne). The project is situated on the border with Germany thus a trip to Germany could be an option. Besides, you can try archery, play games, handcraft or experience an Indian sauna. If you have any games, musical instruments or any other activity you could share or teach the group in the campsite conditions, you are welcome to bring them.

Accommodation/Food: In tee-pees with a fireplace in the centre. Large families will have their own tee-pees; smaller families will share tee-pees. You will sleep on wooden pads and mattresses stuffed with hay. The nights might be very cold, bring a very warm sleeping bag, camping mat and some warm clothes. You will bathe in a small river with cold water next to the campsite, the toilets are dry and outdoors. You will cook together as a group on a fireplace. The food is only vegetarian. You can charge your cell phone with a solar-electricity generator. There is limited phone coverage and no Wifi.

Location: Stará Knížecí Huť (Bohemian Forest): Latitude: 49.72222 / Longitude: 12.468973 The campsite is in a remote part of the village of Lesna in the Bohemian Forest near the German border. The nearest bus stop is Stara Knizeci Hut and the nearest bigger town is Tachov. The campsite is located about 30 minutes walk from the nearest bus station.

Requirements: Bring clothes and shoes suitable for work, rubber boots and a raincoat, a warm sleeping bag, a sleeping mat and warm clothes for the night. To reach the workcamp you will take forest paths, therefore you need to pack your stuff in a backpack rather than in luggage. There is a strict no alcohol and drugs policy at the campsite.

Notes: This workcamp is for families with 5+ years old children or individuals. We expect participants to be nature lovers, open-minded, flexible and interested in living in an eco-friendly and community way. Every year, there are several children and family-friendly camps organised, so even if the accommodation and facilities are basic, they are suitable for children. Because the work will take place outside, beware of allergies to grass, pollen, insects, etc. On departure day, there are only 1-2 connections from Stara Knizeci Hut to take you back to Prague with arrival in the afternoon/evening, so consider that when planning the trip.

Directions to the meeting point: From the airport take bus 119 to Nadrazi Veleslavin stop. Change to green metro line A in the direction of Depo Hostivar, get off at "Muzeum" and change to red metro line C in direction of Letnany, go 1 stop and get off at "Hlavni Nadrazi" stop (main railway station). Take the train IC562 Zapadni Express at 12:43 and get off at Plzen at 13:58. Go to the bus station in front of the train station and take bus 440251 3 in the direction to "Lesna, Stara Knizeci Hut". Get off at this last stop at 16:03. The meeting point is at the bus stop. PAY ATTENTION! THIS IS THE ONLY CONNECTION YOU CAN TAKE ON THIS DAY!

Address and GPS: Stará Knížecí Huť (Bohemian Forest) Latitude: 49.721559 / Longitude: 12.468716

Volunteering for all:

Vegetarian friendly: ✓

Accepting volunteers with lighter types of disadvantages: ✓

SDA 407 Back to the Nature

26/08 – 08/09/2023

ENVI

Vols: 10 + 2 team leaders

Age: 18+

Requirements/Note:

Project: The workcamp is organised in cooperation with EUROSOLAR. EUROSOLAR promotes renewable energies and a sustainable lifestyle; it engages in youth environmental education and organises environmental summer camps for children, youth and families. The workcamp takes place in a remote but exceptionally beautiful, hilly area of the Bohemian Forest, near the western border of the Czech Republic. The campsite is isolated from civilization and we welcome volunteers that are fond of trying out a basic lifestyle in the forest and do not mind longer walks. The main goal is to help maintain meadows in a nature-protected area and maintain the campsite. At this workcamp, you will actively contribute to the achievement of UN SDG15 Life on Land.

Work: You will work in a nature reserve about 3 km from the campsite where you will walk on foot. The main work will consist of mowing, raking and collecting grass on protected meadows. This work might be physically demanding. As the meadows can be very wet, make sure to bring waterproof working shoes (or rubber boots), rain gear and a hat to protect yourself from the sun. Work gloves will be provided for you. You will also work directly in the campsite on maintenance tasks and in the nearby forest by doing various manual jobs. At the end of the workcamp, you will help to dismantle the campsite and to transport all the material to Prague where it will be stored during winter.

Study part: Evening discussions about climate, environment, sustainability and sustainable camps by the fire. You will have the unique opportunity to try archery, participate in fun games and learn to recognize the stars. Also, as you will be living in close contact with nature, you will improve your camping skills and learn a lot about local fauna and flora. Every evening, there will be a group meditation and stick talking in a special sacred tee-pee.

Leisure time: Hiking in the surrounding countryside. You can visit the ruins of the Zahaji castle or go on trips to the Czech towns in the neighbourhood (e.g. Marianske Lazne). The project is situated on the border with Germany; a trip to Germany could be an option. Besides, you can try archery, play games or experience an Indian sauna. If you have any games, musical instruments or any other activity you could share or teach the group in the campsite conditions, you are welcome to bring them.

Accommodation/Food: In tee-pees with a fireplace in the centre. You will sleep on wooden pads and mattresses stuffed with hay. Nights in the forest might be very cold, even frosty, so bring a very warm sleeping bag, camping mat and some warm clothes. You will bathe in a small river with cold water next to the campsite, the toilets are dry and outdoors. Everyone will cook together as a group on a fireplace. The food is only vegetarian. You can charge your cell phone with a small solar-electricity generator. There is limited phone coverage and no Wifi.

Location: The workcamp takes place in the Bohemian Forest near Stara Knizeci Hut. The campsite is located in the valley of the Celni stream, an isolated part of the village of Lesna in the Bohemian Forest near the German border. There is limited phone coverage. The nearest bus stop is Stara Knizeci Hut and the nearest bigger town is Tachov where you can find ATMs, pharmacies, doctors etc.

Requirements: Bring a warm sleeping bag, a mat and warm clothes. There is a strict no alcohol and drugs policy at the campsite. Please note that the last three days are dedicated to dismantling the campsite and transporting all the material to Prague. Therefore leaving the workcamp earlier is not an option.

Notes: We expect volunteers to enjoy camping and being outdoors. This camp is perfect for volunteers who want to enjoy living and working in basic conditions in close touch with nature. If you are ready for this, an amazing experience is waiting for you! The workcamp might be also suitable for people with social, economic and some health disadvantages. Please, let us know ahead if you need any assistance. To reach the workcamp you will take forest paths, therefore you need to pack your stuff in a backpack rather than in luggage. Because you will be outside all the time, beware of all kinds of allergies (grass, pollen, insects, hay etc.).

Directions to the meeting point: From the airport take bus 119 to Nadrazi Veleslavin stop. Change to green metro line A in the direction of Depo Hostivar, get off at "Muzeum" and change to red metro line C in direction of Letnany, go 1 stop and get off at "Hlavni Nadrazi" stop (main railway station). Take the train IC562 Zapadni Express at 12:43 and get off at Plzen at 13:58. Go to the bus station in front of the train station and take bus 440251 3 in the direction to "Lesna, Stara Knizeci Hut". Get off at this last stop at 16:03. The meeting point is at the bus stop. PAY ATTENTION! THIS IS THE ONLY CONNECTION YOU CAN TAKE ON THIS DAY!

Address and GPS: Stará Knížecí Huť (Bohemian Forest) Latitude: 49.721559 / Longitude: 12.468716

Volunteering for all:

Vegetarian friendly: ✓

Accepting volunteers with lighter types of disadvantages: ✓

WEEKENDS

SDA W01 Weekend at Camphill Organic Farm

19/10 - 22/10/2023 AGRI/MANU

Vols: 10 + 2 team leaders

Age: 18+

Requirements/note:

Project: This project is organised in cooperation with the NGO Free Farm in Ceske Kopisty, which is part of the Camphill Community movement. It is a family-like community that welcomes people with and without disabilities and creates a pleasant environment for everyone to live and work together. Vegetables, herbs, and fruits are grown and processed organically. Free Farm aims to raise awareness of biodynamic farming and the role of a farmer nowadays. The goal of the workcamp is to connect people from different countries and experience the operation of a Czech organic farm, develop a tolerant open society and acquire a responsible approach to the world. At this workcamp, you will actively contribute to the achievement of UN SDG2 Zero Hunger and UN SDG10 Reduced Inequalities.

Work: Your work will mainly consist of manual farm work of all kinds. These include weeding, planting, hoeing, harvesting, watering, cleaning and storing vegetables, etc. In addition to vegetables, there are medical herbs grown, which you can also help to collect and process. You might also do gardening work and help out with the maintenance of the farm and its premises. You will mostly work outside in the farm area or on the fields which are located within walking distance (500m) from the farm. Bring suitable work clothes and shoes, a hat, and a raincoat to protect yourself from the sun and rain. Working on a farm can be physically demanding, please be prepared for that, nevertheless, it can be done with a collective effort and a positive attitude.

Study part: You will learn about the Camphill movement and life on an organic farm.

Leisure time: There is a football pitch in the village after that, you can refresh in the local pub or swim in the river. You might visit the nearby Terezin Memorial at the location of the former concentration camp and the Terezin Ghetto Museum.

Accommodation/Food: Accommodation is provided directly at the farm. You will sleep in the attic on mattresses in a renovated historic farmhouse. Bring your own sleeping bag! There are two showers with hot water, two toilets, a common room, and a kitchen available. There is WIFI and a washing machine. You will prepare breakfast and dinner together as a group. Lunch will be prepared by the members of the community, you will eat all together with the community. The local project partner will provide ingredients, including local organic vegetables. Meals will be mostly vegetarian.

Location: Ceske Kopisty – a small village near the historical town of Litomerice. The farm uses 11 hectares of fields; there is a garden and a yard with a couple of animals (a cow, a horse, chickens, ducks, and pigs). The area is quite vast – there are 3 residential houses, a candle workshop, and a common hall. There are 8 adults, 4 children and 7 people with special needs living there. You might meet around 10 other external co-workers. Everywhere in the village, there is good phone reception. There is an ATM 3 km away in Terezin, and a pharmacy 5 km away in Litomerice.

Requirement: As you will stay in the place where people with various disabilities live, there are specific rules you are asked to respect: smoking and consumption of alcohol within the community area are restricted, and it is necessary to respect the privacy and night rest of the residents. Be aware that not all members of the community can speak English. Please, bring a sleeping bag, enthusiasm and a good mood!

Notes: The workcamp is mainly suitable for people who are interested in farming and community life and don't mind working from early hours.

Directions to the meeting point: From Prague airport, take bus 119 to "Nadrazi Veleslavin" station. Change to green metro line A in the direction of Depo Hostivar. At the "Muzeum" stop, change to red metro line C in the

direction of Letnany. Get off at the stop "Nadrazi Holesovice". Here, take a bus from platform 7 at 13:30 to your final destination "Terezin, U Pamatniku". The campleader will be waiting for you there at 14:30 and take you to the accommodation.

Address and GPS: Ceske Kopisty 5, 412 01 Terezin 50.52482693923468, 14.16626919871175

Volunteering for all:

Vegetarian friendly: ✓
Upon agreement:

Accepting vols with visual impairments/blindness:

Accepting vols with hearing impairments/deafness:

Accepting vols with mild mental health issues:

Accepting vols with lighter types of disadvantages - social, economic, health: \checkmark

ESC PROJECTS

SDA ESC R1 Center for All

05/07 – 19/07/2023 DISA/KIDS

Vols: 10 + 2 campleaders

Age: 18-30

Requirements/Note: ESC, motivation letter, medical form, criminal record

Project: This workcamp takes place in the town of Nymburk and the small village of Jizbice (Central Bohemia region) in cooperation with the local NGO Center for All. Center for All celebrates this year 18 years of organizing free time activities and summer camps for children and youth with and without disabilities. The activities take place in a reconstructed barn with a beautiful garden in Jizbice and at the headquarters of the organization in Nymburk. The workcamp aims to help the Center for All to prepare and run a summer camp for people with or without disabilities. At this workcamp, you will actively contribute to the achievement of UN SDG10 Reduced Inequalities.

Work: The workcamp aims to bring together Czech and international volunteers, people with or without disabilities, kids, youth or adults - just all! This workcamp is primarily for people with autism to whom you will assist. Volunteers will cooperate with Czech assistants and help their fellow campers with daily tasks such as dressing, eating, personal hygiene and participation in the camp program. During the camp (9.-15.7.2023), volunteers might work longer hours, nevertheless, there will be enough time for rest and trips before and after the camp.

Study part: Volunteers will learn about different types of disabilities. Through their trained campleaders, they will get to know how to assist the people in their daily life. Volunteers will have a chance to learn some basic Czech phrases – which will be helpful during the camp.

Leisure time: During your free time, volunteers will have opportunities to hike in the beautiful countryside of the Czech Republic, as well as go on a trip to the marvellous city of Prague. An international evening will be organized, where each volunteer will have a chance to share the foods, culture, and traditions of their country and will learn about the countries from others.

Accommodation/Food: Before and after the camp you will stay in an international scouts' centre Tortuga in Nymburk – in rooms on mattresses in your own sleeping bag. There are 2 bathrooms, a kitchen, a dining room and a big garden. You will prepare your own meals as a group. During the camp in Jizbice, you will sleep on mattresses in big tents in the garden. There is a bathroom with 2 toilets and 3 showers at the campsite. You will eat all together in a barn, all meals will be provided by the local partner (Czech cuisine). Please bring a tent (optional), a sleeping bag, a mat and a torch. WiFi is available.

Location: Scout centre Tortuga in Nymburk - before and after the camp. Nymburk is a town (15,000 inhabitants) in Central Bohemia, located on the Elbe River, 45 km east of Prague. The historical core of the city with its railway and industrial tradition is a city monument zone. There are supermarkets, ATMs, pharmacies, restaurants and all necessary services. Good phone coverage everywhere. A campsite in the village of Jizbice (8 km from the town of Nymburk) with 380 inhabitants. The campsite in Jizbice is located in a garden with a big barn. There is a playground, a forest and an outdoor swimming pool.

Requirements: A short motivation letter, a medical certificate stating that they are fit to work with children and a sworn declaration of the nonexistence of any criminal record sent with the application form are required. Please bring a sleeping bag, bed sheets, a torch and games and ideas for activities.

Notes: We are especially looking for outgoing and creative volunteers with good communication skills who enjoy working with children and youth. Alcohol consumption and smoking are prohibited during the camp, during the free time it is allowed for 18+ volunteers only under specific conditions and after the agreement with the campleaders. This workcamp is also suitable for volunteers with fewer opportunities under the program Volunteering for All.

This project is supported by the EU program European Solidarity Corps. Some of the conditions differ from the usual workcamps; there will be detailed info provided after your acceptance. For more info about ESC visit https://europa.eu/youth/solidarity en.

Directions to the meeting point: From the airport take bus 119 to Nadrazi Veleslavin stop. Change to green metro line A in the direction of Depo Hostivar, get off at "Muzeum" and change to red metro line C in direction of Letnany, go 1 stop and get off at "Hlavni Nadrazi" stop (main railway station). From here, take the R949 Hradecan train leaving at 15:09 and get off in Nymburk around 15:55. Your campleader will be waiting for you in front of the train station and will take you to your accommodation. Detailed information will be provided in the infosheet.

Address and GPS:

Centrum pro všechny: Kolínská 282, 288 02 Nymburk; 50.18244379914904, 15.043216949141328 Camp in Jizbice (near Nymburk): Jizbice 32, 288 02 Jizbice; 50.25790322483174, 14.992089813175975

Volunteering for all:

Vegetarian/vegan/gluten-free diet friendly: ✓

SDA ESC H1 Farmstudio - A Centre of Contemporary Art

17/07 - 31/07/2023

RENO

Vols: 8 + 2 team leaders

Age: 18-30

Requirements/Note: ESC, motivation letter

Project: This workcamp is organized in cooperation with an NGO Farmstudio, an independent cultural centre located on a historic agricultural farm in the village of Vysoka. Farmstudio focuses on contemporary live art and culture in connection to cultural and natural heritage and organizes international art residencies, contemporary art exhibitions, creative workshops and multi-genre cultural events. The area is undergoing a gradual reconstruction and the goal of the workcamp is to help with this reconstruction. At this workcamp, you will actively contribute to the achievement of UN SDG11 Sustainable Cities and Communities.

Work: Work will be diverse and manual, you will be able to choose according to your interest and physical abilities. The tasks will include plastering, woodworking, renovation of wooden and metal elements, painting, mowing the grass, landscaping etc. No previous experience is required. Bring work clothes that can get dirty and/or damaged, good shoes, a cap to protect yourself from the sun and a raincoat in case of rainy days. The work takes place in the same area where you will be accommodated.

Study part: Presentation of an independent art centre Farmstudio - history, development and vision, photography workshop and guided tour of a contemporary art exhibition.

Leisure time: In your free time you can go swimming in a nearby natural lake or hiking in the protected landscape area Kokorinsko, make a campfire or visit the city of Melnik. It is possible to watch a movie in an improvised summer cinema.

Accommodation/Food: The complex includes a residential building, a gallery building (former granary), a studio building (former stables and barns) and two uncovered buildings of former barns. You will sleep in the residential building in two big rooms with 14 beds, and blankets and sheets will be provided for you. Wifi is available. There is also a kitchen, 3 toilets and 2 showers. You can also use a washing machine. You will cook all your meals together as a group, preferably vegetarian.

Location: Farmstudio is a former farm in the village of Vysoka located close to the protected natural area of Kokorinsko. The village of Vysoka is a place with a population of about 1,000 inhabitants, there is a grocery store, pastry shop, two churches, a post office and a pub near the football pitch. The telephone signal of the main operators is available. The closest big city is Melnik, located 8 km away, where you can also find doctors, pharmacies and ATMs.

Requirements: The workcamp is suitable for volunteers interested in contemporary art, cultural heritage and nature who are not afraid of manual work.

Notes: Allergies notice - cats are moving freely around the area, and some places might be dusty. This project is supported by the EU program European Solidarity Corps. Some of the conditions differ from the usual workcamps; there will be detailed info provided after your acceptance. For more info about ESC visit https://europa.eu/youth/solidarity_en.

Directions to the meeting point: From Prague airport, take bus 119 to "Nadrazi Veleslavin" station. Change to green metro line A in the direction of Depo Hostivar. At the "Muzeum" stop, change to red metro line C in the direction of Letnany. Get off at the stop "Ladvi". Change to bus 349 in the direction of Melnik leaving at 14:55. Get off at "Melnik, aut.nadr." stop and change to bus 474 leaving at 16:30, watch out you have only a few minutes to change but don't worry, the bus station is small and you can't get lost (anyway next bus is in 1 hour). Get off in 2 minutes in "Vysoka" stop where your campleader will be waiting for you. Detailed travel information will be provided in the infosheet.

Address and GPS:

Vysoka 26, 277 24 Vysoka (near Melnik), 50.411375881682034, 14.538906600355373

Volunteering for all:

Upon agreement: Vegetarian friendly: ✓

Accepting vols with lighter types of disadvantages: ✓ Accepting vols with hearing impairments/deafness: ✓

Accepting vols with mental health issues: ✓

Accepting vols with reduced mobility - in a wheelchair (only active and otherwise physically fit person) ✓

SDA ESC A1 Free Farm

26/07 - 09/08/2023 AGRI/MANU

Vols: 10 + 2 team leaders

Age: 18-30

Requirements/note: ESC

Project: This ESC project is organised in cooperation with the NGO Free Farm in Ceske Kopisty, which is part of the Camphill Community movement. It is a family-like community that welcomes people with and without disabilities and creates a pleasant environment for everyone to live and work together. Vegetables, herbs, and fruits are grown and processed organically. Free Farm aims to raise awareness of biodynamic farming and the role of a farmer nowadays. The goal of the workcamp is to connect people from different countries and experience the operation of a Czech organic farm, develop a tolerant open society and acquire a responsible approach to the world. At this workcamp, you will actively contribute to the achievement of UN SDG2 Zero Hunger and UN SDG10 Reduced Inequalities.

Work: Your work will mainly consist of manual farm work of all kinds. These include weeding, planting, hoeing, harvesting, watering, cleaning and storing vegetables, etc. In addition to vegetables, there are medical herbs grown, which you can also help to collect and process. You might also do gardening work and help out with the maintenance of the farm and its premises. You will mostly work outside in the farm area or on the fields which are located within walking distance (500m) from the farm. Bring suitable work clothes and shoes, a hat, and a raincoat to protect yourself from the sun and rain. Working on a farm can be physically demanding, please be prepared for that, nevertheless, it can be done with a collective effort and a positive attitude.

Study part: You will learn about the Camphill movement, Rudolf Steiner's anthroposophy theory, living in a community, and biodynamic agriculture. Together you will talk about Czech, European and each other's cultures and various related topics. There is also the possibility to organise workshops focused on eurythmy and intuitive pedagogy. The volunteers are encouraged to organise an international evening for community members on their own initiative and present their national cuisine and culture. Bring your favourite recipes and some specific ingredients if needed.

Leisure time: There is a football pitch in the village and after that, you can refresh in the local pub or swim in the river. You might visit the nearby Terezin Memorial at the location of the former concentration camp and the Terezin Ghetto Museum. You can also go on trips to the nature-protected area of Ceske Stredohori and/or visit the historical cities of Litomerice, Usti nad Labem. We will also have a barbecue with the members of the community.

Accommodation/Food: Accommodation is provided directly at the farm. You will sleep in the attic on mattresses in a renovated historic farmhouse. Bring your own sleeping bag! There are two showers with hot water, two toilets, a common room, and a kitchen available. There is WIFI and a washing machine. You will prepare breakfast and dinner together as a group. Lunch will be prepared by the members of the community, you will eat all together with the community. The local project partner will provide ingredients, including local organic vegetables. Meals will be mostly vegetarian.

Location: Ceske Kopisty – a small village near the historical town of Litomerice. The farm uses 11 hectares of fields; there is a garden and a yard with a couple of animals (a cow, a horse, chickens, ducks, and pigs). The area is quite vast – there are 3 residential houses, a candle workshop, and a common hall. There are 8 adults, 4 children and 7 people with special needs living there. You might meet around 10 other external co-workers. Everywhere in the village is good phone reception. There is an ATM 3 km away in Terezin, and a pharmacy 5 km away in Litomerice.

Requirement: Smoking and consumption of alcohol within the community area are restricted, and it is necessary to respect the privacy and night rest of the residents. Be aware that not all members of the community can speak English. Please, bring a sleeping bag, enthusiasm and a good mood!

Notes: The workcamp is mainly suitable for people who are interested in farming and community life and don't mind working from early hours.

This project is supported by the EU program European Solidarity Corps. Some of the conditions differ from the usual workcamps; detailed info will be provided after your acceptance. For more info about ESC visit https://europa.eu/youth/solidarity_en.

Directions to the meeting point: From Prague airport, take bus 119 to "Nadrazi Veleslavin" station. Change to green metro line A in the direction of Depo Hostivar. At the "Muzeum" stop, change to red metro line C in the direction of Letnany. Get off at the stop "Nadrazi Holesovice". Here, take a bus from platform 7 at 16:00 to your final destination "Terezin, U Pamatniku". The campleader will be waiting for you there at 17:00 and take you to the accommodation.

Address and GPS: Ceske Kopisty 5, 412 01 Terezin 50.52482693923468, 14.16626919871175

Volunteering for all:

Vegetarian friendly: ✓
Upon agreement:

Accepting vols with visual impairments/blindness: ✓

Accepting vols with hear impairments/deafness: ✓

Accepting vols with mild mental health issues: \checkmark

Accepting vols with lighter types of disadvantages - social, economic, health: ✓

SDA ESC R2 Assist the Elderly in Prague

06/08 – 20/08/2023 ELDE/SOCI

Vols: 6 + 2 team leaders

AGE: 18-30

Requirements/note: ESC, Motivation letter, criminal record, medical form (+ absence of infection)

Project: This workcamp takes place in the outskirts of Prague 15 and is organized in cooperation with the Centre for Social Care and Nursing which provides support and assistance to users of the service who have found themselves due to their age, health, chronic illness, or crisis in their personal life in a situation where they are dependent on the help of another person. This workcamp aims to support intercultural and intergenerational exchange, gain mutual understanding, respect, and maybe even a new perspective on life. At this workcamp, you will actively contribute to the achievement of UN SDG3 Good Health and Wellbeing and UN SDG10 Reduced Inequalities.

Work: You will work with the elderly and participate in occupational therapy. You will help to organize leisure time activities, garden parties, go for walks with the clients, assist the nurses with daily tasks, and potentially do some manual work (e.g. gardening, cleaning, helping in the kitchen, etc.). It is very much welcome if you come with your own ideas and initiative on how to break the routine in the centre. Please bring your favourite music, pictures, or small games with you to share with the elderly.

Study part: Training on how to work with clients and occupational safety. You will learn about social care in the Czech Republic and an ethical approach to social services and communication in an environment with language barriers.

Leisure time: Prague 15 has a lot of green areas and good facilities for sport. There is a natural dam where you can swim on hot days. Besides, you can visit Prague city centre - Charles Bridge, Powder Tower, Old Town Square, Orloj or Prague Castle. You can also visit nearby castles or go hiking in the countryside.

Accommodation/Food: You will stay in a hostel in rooms with beds. Sheets and blankets will be provided. Each room also has its own bathroom. You will have breakfast and dinner in place of your accommodation in the form of packages. Lunch will be provided in the canteen of the nursing home. Wifi is available. There is no washing machine.

Location: Prague 15 is a municipal district located on the southeastern outskirts of Prague. There is Kozinec hill, where the existence of an old Slavic fortified settlement is documented, and Hostivar reservoir. There is also an ornithological ringing station and the Center for Ecological Education. All services you might need are accessible.

Requirements: Bring your favourite music, pictures, or small games with you to share with the elderly.

Notes: Workcamp is suitable for students of humanities, future teachers, health workers, social workers, psychologists, artists and other empathetic, creative and cheerful people who respect the elderly. You can get a certificate confirming your voluntary service in the Center for Social Care.

This project is supported by the EU program European Solidarity Corps. Some of the conditions differ from the usual workcamps; there will be detailed info provided after your acceptance. For more info about ESC visit https://europa.eu/youth/solidarity_en

Directions to the meeting point: From Prague airport take the bus 119 to the final stop "Nadrazi Veleslavin". Change to the green metro line A in the direction of Depo Hostivar and go all the way to "Skalka" stop where you need to change to bus 125 and get off at "Livornska" stop. From there it is a 5 min walk to the accommodation, the metro and buses leave every few minutes in Prague but try to arrive no later than at 17:00. Detailed information will be provided in the infosheet.

Address and GPS:

Accommodation: Turínská 1494/1, 109 00 Praha 15 50.03805715228554, 14.547860982922582

Work: CSOP Praha 15, Parmská 390, Praha 10 Horní Měcholupy 50.042091203264306, 14.564957192044519

Volunteering for all:

Vegetarian friendly: ✓

Accepting vols with visual impairments/blindness: ✓ Accepting vols with hearing impairments/deafness: ✓

Accepting vols with lighter types of disadvantages - social, economic, health: ✓

SDA ESC H2 Veseli Castle

06/08 – 20/08/2023 RENO/MANU

Vols: 8 + 2 team leaders

Age: 18-30

Requirements/note: ESC

Project: This workcamp is organized in cooperation with the association Tvrz Veseli ("Fortress Veseli ") in the small village of Veseli nad Uhlavou near the Sumava National Park. Veseli Castle was built on the site of an older fortress in the second half of the 19th century, and previous regimes left the castle in very poor condition. The mission of the association is to renovate the castle to its original form and reopen its gates to the public again mainly for cultural and educational purposes. The goal of this workcamp is to maintain and restore the castle park, build a fence, repair a stone wall and clean the cellar of the castle. At this workcamp, you will actively contribute to the achievement of UN SDG 11 Sustainable Cities and Communities.

Work: Work tasks are divided into three parts including the construction of a wire fence (hammering, screwing, and stretching of the wire mesh), work in the castle park (mowing and raking grass, removing wood, and trimming small branches, taking care of flowers) as well as cleaning up work in the castle clearing debris in the castle cellar or repair of the stone wall. Bring suitable clothes and shoes for work that can get dirty or damaged. The castle where you will work is a 10-minute train ride away. As most of the work will be done outdoors, please, bring a waterproof jacket or a raincoat and a hat to protect you from the sun. No previous experience with this kind of work is required.

Study part: You will visit the town of Klatovy, go through the catacombs, see the Glass Pavilion (the second largest European publicly accessible collection of Lotz company glassworks) and learn about the town's history. You will visit Pilsen and its famous brewery and go on an excursion to the Sumava National Park where you can see natural glacial lakes.

Leisure time: You will have a unique chance to experience a folklore festival in the town of Domazlice or visit the nearest bigger towns - Domazlice, Klatovy, and Janovice. You can meet with locals in Veseli nad Uhlavou during film/music/dance evenings, and help with organizing watercolour painting workshops for children and theatre performances in the castle park. It is possible to play various ball games, go for a swim and/or enjoy traditional dance evenings with locals in Pocinovice.

Accommodation/Food: Accommodation is provided in a family house in the village Pocinovice. You will sleep in two large rooms on mattresses. Please, bring your own sleeping bag! WIFI and a washing machine are available. There is also a bathroom, 2 toilets and a kitchen available. Breakfast, dinner, and snacks will be provided by the campleaders and the local partner. Lunch will be delivered to the work site.

Location: The Veseli Castle is located in the foothills of the Sumava Mountains in the small village of Veseli nad Uhlavou. The nearest bigger cities are Klatovy and Domazlice. Pilsen, the Czech capital of beer, is 50 km away from the site. The castle is surrounded by the picturesque South Bohemian countryside and the Sumava National Park is very close by. Everywhere is good phone reception. There is also an ATM in the village where you will be accommodated.

Requirements: Remember to bring suitable work clothes and shoes, a raincoat and a sleeping bag.

Notes: The workcamp is suitable for fans of history, and culture and for those seeking insights into the Czech countryside.

This project is supported by the EU program European Solidarity Corps. Some of the conditions differ from the usual workcamps; there will be detailed info provided after your acceptance. For more info about ESC visit https://europa.eu/youth/solidarity_en

Directions to the meeting point: From Prague airport take the bus 119 to the final stop "Nadrazi Veleslavin". Change to the green metro line A in the direction of Depo Hostivar, get off at the "Muzeum" stop and change to the red metro line C in the direction of Letnany, and go to the "Hlavni nadrazi" stop. This is the main train station in Prague. From the main station take the train R 766 Berounka at 13:13 to Klatovy and then change the train for Os 17554 at 15:34 from Klatovy to Pocinovice. The accommodation is located at a walking distance of 500 meters from the train station of Pocinovice. The meeting point is the accommodation. Pocinovice. At 16:00. Please note it takes around 3 hours to get there from Prague. Detailed information will be provided in the infosheet.

Address and GPS:

Accommodation: Pocinovice 71, 345 09 49.342471464540296, 13.133365740556115

Work Location: Veselí castle (near Janovice nad Uhlavou)

49.349436464860375, 13.205647857877329

Volunteering for all:

Upon agreement: Vegetarian friendly: ✓

Accepting vols with lighter types of disadvantages: ✓

SDA ESC A2 Collect Herbs and Make Tea in Bile Karpaty

08/08 - 22/08/2023

ENVI

Vols: 10 + 2 team leaders

Age: 18-30

Requirements/note: ESC, sworn declaration of the non-existence of infectious diseases

Project: This workcamp is organized in cooperation with Nova Lhota, a small Moravian village located in the White Carpathian Mountains on the Slovak border. The village runs an eco-centre and is very active in environmental activities and education. In the village, herbal tea blends from local types of herbs are produced. The workcamp aims to involve volunteers in collecting herbs and fruits, getting to know the local culture and nature, and maintaining the public spaces, greenery and valuable flowery meadows. At this workcamp, you will actively contribute to the achievement of UN SDG11 Sustainable Cities and Communities and UN SDG15 Life on Land.

Work: You will be involved in making organic herbal tea. It is an important way of promoting local traditions and products in Nova Lhota. You will learn to recognize various herbs, collect them and make herbal mixtures. To see the whole production process, they will help in the social enterprise in Nova Lhota where the herbal teas are packaged (grind and filter dried herbs, fill the boxes with tea bags and wrap them in foil on the machines in the tea production workshop, etc). In a natural garden, you will help with weeding, mulching and/or other small jobs. In the village of Nova Lhota, you will help with the maintenance of public spaces. Bring suitable clothes and shoes that can get dirty and a raincoat. No previous experience with this kind of work is required.

Study part: You will learn how to differentiate various kinds of herbs and about local traditions, products, the history and the natural potential of the region. You will have a chance to get involved in the local eco-centre activities. Part of the workcamp is a trip to the forest natural garden Salas Travicna in Tvarozna Lhota, where the participants will visit the museum of "oskoruse" (the local wild fruit) and local folk culture.

Leisure time: You can go on a trip to Straznice or Skalice, visit wine cellars, the Bata canal, the windmill in Kuzelov, go on a hike and reach the highest peak of the White Carpathian Mountains – Velka Javorina. You can get involved in guided creative leisure activities in the eco-centre, which will support group cohesion and

beautify the garden area (e.g. mosaics, decorations from nature, houses for insects or pictures painted with clay pigments, etc.).

Accommodation/Food: Accommodation will be provided in a tourist hostel in Nova Lhota. You will sleep in rooms on bunk beds with duvets and pillows. There are 5 rooms (2 x four-bedroom, 2 x six-bedroom, 1 x eight-bedroom). There are bathrooms, a dining room with a fully equipped kitchen, WIFI, a washing machine and relaxing spaces in front and behind the building. For two days you will stay at a farm in Travicna and sleep in a natural wooden cottage or the open air. Thus, bring a mat and a sleeping bag. You will cook for yourself in cooking teams from provided ingredients.

Location: The workcamp takes place in the small village of Nova Lhota surrounded by the nature of the White Carpathians. The collection of herbs and minor garden work takes place in the natural garden at the Karpaty Ecocentre. The herbs are then processed in a nearby building, in a small factory of regional teas. In the village, there is a grocery and general store, a hostel, 2 playgrounds, a school, a cultural centre, and a church. ATMs or pharmacies are located in bigger towns Velka nad Velickou (10km) and Uherske Hradiste (30km). The region is famous for its folk traditions and beautiful countryside.

Requirements: Bring your own sleeping bag, a mat, clothes and shoes for work, a raincoat, a good mood and a willingness to meet others. There is a strict no-alcohol policy in the place of accommodation.

Notes: This workcamp is suitable for volunteers who like nature and learning about the environment and local traditions. You will spend a lot of time outdoors so you can get into contact with different kinds of plants, herbs, pollen, and insects. There is a risk of allergies to hay and grass.

This project is supported by the EU program European Solidarity Corps. Some of the conditions differ from the usual workcamps; there will be detailed info provided after your acceptance. For more info about ESC visit https://europa.eu/youth/solidarity_en

Directions to the meeting point: From the airport take bus 119 to Nadrazi Veleslavin stop. Change to green metro line A in the direction of Depo Hostivar, get off at "Muzeum" and change to red metro line C in direction of Letnany, go 1 stop and get off at "Hlavni Nadrazi" stop (main railway station). From here take train R 891 at 13:03 in the direction to Luhacovice. At 16:20 you will arrive at "Stare Mesto u Uherskeho Hradiste" stop, change to train Sp 1772 at 16:27 and get off at the "Veseli nad Moravou" stop at 16:57. Go in front of the train station and find bus 930 in the direction of Nova Lhota leaving at 17:56. This is your last bus, get off in one hour at "Nova Lhota, dol.zast." stop where your campleader will be waiting for you.

Address and GPS:

Tourist hostel Nova Lhota: Nova Lhota 1, 696 74 Nova Lhota, 48.86514244802096, 17.592743452574677

Volunteering for all:

Vegetarian/vegan/gluten-free diet-friendly: ✓

SDA ESC R3 Centre for All-Survivor

09/08 – 23/08/2023 DISA/KIDS

Vols: 8 + 2 team leaders

Age: 18-30

Requirements/note: ESC, Travel information, Motivation Letter, Medical form, Criminal record

Project: This workcamp takes place in the town of Nymburk and the small village of Jizbice (Central Bohemia region) in cooperation with the local NGO Center for All. Center for All celebrates this year 18 years of organizing free time activities and summer camps for children and youth with and without disabilities. The activities take place in a reconstructed barn with a beautiful garden in Jizbice and at the headquarters of the organization in Nymburk. The workcamp aims to help the Centre for All to prepare and run a summer camp for people with or without disabilities. At this workcamp, you will actively contribute to the achievement of UN SDG10 Reduced Inequalities.

Work: The workcamp aims to bring together Czech and international volunteers, people with or without disabilities, kids, youth or adults - just all! Volunteers will cooperate with Czech assistants and help their fellow campers with disabilities with daily tasks such as dressing, eating, personal hygiene and participation in the camp program. During the camp (12.-20.8.2023), volunteers might work longer hours, nevertheless, there will be enough time for rest and trips before and after the camp.

Study part: Volunteers will learn about different types of disabilities. Through their trained campleaders, they will learn how to assist the people in their daily lives. Volunteers will have a chance to learn some basic Czech phrases – which will be helpful during the camp.

Leisure time: Hiking in the surrounding countryside, trip to Prague and nearby cities, swimming in the lake, games, theatre, etc. We will also organize an intercultural evening and volunteers will have an opportunity to present their countries.

Accommodation/Food: Before and after the camp you will stay in an international scouts' centre Tortuga in Nymburk – in rooms on mattresses in your own sleeping bag. There are 2 bathrooms, a kitchen, a dining room and a big garden. You will prepare your own meals as a group. During the camp in Jizbice, you will sleep on mattresses in big tents in the garden. There is a bathroom with 2 toilets and 3 showers at the campsite. You will eat all together in a barn, all meals will be provided by the local partner (Czech cuisine). Please bring a tent (optional), a sleeping bag, a mat and a torch. WiFi is available.

Location: Scout centre Tortuga in Nymburk - before and after the camp. Nymburk is a town (15,000 inhabitants) in Central Bohemia, located on the Elbe River, 45 km east of Prague. The historical core of the city with its railway and industrial tradition is a city monument zone. There are supermarkets, ATMs, pharmacies, restaurants and all necessary services. Good phone coverage everywhere. A campsite in the village of Jizbice (8 km from the town of Nymburk) with 380 inhabitants. The campsite in Jizbice is located in a garden with a big barn. There is a playground, a forest and an outdoor swimming pool.

Requirements: A short motivation letter, a medical certificate stating that they are fit to work with children and a sworn declaration of the nonexistence of any criminal record sent with the application form are required. Please bring a sleeping bag, bed sheets, a torch and games and ideas for activities. Please bring a sleeping bag, bed sheets, a torch and games and ideas for activities.

Notes: We are especially looking for outgoing and creative volunteers with good communication skills who enjoy working with children and youth. This year's theme is Survivor. This workcamp is also suitable for volunteers with fewer opportunities under the program Volunteering for All. Alcohol consumption and smoking are prohibited during the camp, during the free time it is allowed for 18+ volunteers only under specific conditions and after the agreement with the campleaders.

This project is supported by the EU program European Solidarity Corps. Some of the conditions differ from the usual workcamps; there will be detailed info provided after your acceptance. For more info about ESC visit https://europa.eu/vouth/solidarity_en

Directions to the meeting point: From the airport take bus 119 to Nadrazi Veleslavin stop. Change to green metro line A in the direction of Depo Hostivar, get off at "Muzeum" and change to red metro line C in direction of Letnany, go 1 stop and get off at "Hlavni Nadrazi" stop (main railway station). From here, take the R949 Hradecan train leaving at 15:09 and get off in Nymburk around 15:55. Your campleader will be waiting for you in front of the train station and will take you to your accommodation. Detailed information will be provided in the infosheet.

Address and GPS:

Centrum pro všechny: Kolínská 282, 288 02 Nymburk 50.18244379914904, 15.043216949141328 Camp in Jizbice (near Nymburk): Jizbice 32, 288 02 Jizbice 50.25790322483174, 14.992089813175975

Volunteering for all:

Upon agreement: Vegetarian friendly: ✓

Accepting vols with disabilities: <a>\checkmark

SDA ESC A3 Organic Farming in the Camphill Community

10/09 – 24/09/2023 AGRI/MANU

Vols: 10 + 2 team leaders

Age: 18-30

Requirements/note: ESC, Motivation letter

Project: This ESC project is organised in cooperation with the NGO Free Farm in Ceske Kopisty, which is part of the Camphill Community movement. It is a family-like community that welcomes people with and without disabilities and creates a pleasant environment for everyone to live and work together. Vegetables, herbs, and fruits are grown and processed organically. Free Farm aims to raise awareness of biodynamic farming and the role of a farmer nowadays. The goal of the workcamp is to connect people from different countries and experience the operation of a Czech organic farm, develop a tolerant open society and acquire a responsible approach to the world. At this workcamp, you will actively contribute to the achievement of UN SDG2 Zero Hunger and UN SDG10 Reduced Inequalities.

Work: Your work will mainly consist of manual farm work of all kinds. These include weeding, planting, hoeing, harvesting, watering, cleaning and storing vegetables, etc. In addition to vegetables, there are medical herbs grown, which you can also help to collect and process. You might also do gardening work and help out with the maintenance of the farm and its premises. You will mostly work outside in the farm area or on the fields which are located within walking distance (500m) from the farm. Bring suitable work clothes and shoes, a hat, and a raincoat to protect yourself from the sun and rain. Working on a farm can be physically demanding, please be prepared for that, nevertheless, it can be done with a collective effort and a positive attitude.

Study part: You will learn about the Camphill movement, Rudolf Steiner's anthroposophy theory, living in a community, and biodynamic agriculture. Together you will talk about Czech, European and each other's cultures and various related topics. There is also the possibility to organise workshops focused on eurythmy and intuitive pedagogy. The volunteers are encouraged to organise an international evening for community members on their own initiative and present their national cuisine and culture. Bring your favourite recipes and some specific ingredients if needed.

Leisure time: There is a football pitch in the village, and after that, you can refresh in the local pub or swim in the river. You might visit the nearby Terezin Memorial at the location of the former concentration camp and the Terezin Ghetto Museum. You can also go on trips to the nature-protected area of Ceske Stredohori and/or visit the historical cities of Litomerice, Usti nad Labem. We will also have a barbecue with the members of the community.

Accommodation/Food: Accommodation is provided directly at the farm. You will sleep in the attic on mattresses in a renovated historic farmhouse. Bring your own sleeping bag! There are two showers with hot water, two toilets, a common room, and a kitchen available. There is WIFI and a washing machine. You will prepare breakfast and dinner together as a group. Lunch will be prepared by the members of the community, you will eat all together with the community. The local project partner will provide ingredients, including local organic vegetables. Meals will be mostly vegetarian.

Location: Ceske Kopisty – a small village near the historical town of Litomerice. The farm uses 11 hectares of fields; there is a garden and a yard with a couple of animals (a cow, a horse, chickens, ducks, and pigs). The area is quite vast – there are 3 residential houses, a candle workshop, and a common hall. There are 8 adults, 4 children and 7 people with special needs living there. You might meet around 10 other external co-workers. Everywhere in the village there is good phone reception. There is an ATM 3 km away in Terezín, and a pharmacy 5 km away in Litomerice.

Requirements: Smoking and consumption of alcohol within the community area are restricted, and it is necessary to respect the privacy and night rest of the residents. Be aware that not all members of the community can speak English. Please, bring a sleeping bag, enthusiasm and a good mood!

Notes: The workcamp is mainly suitable for people who are interested in farming and community life and don't mind working from early hours.

This project is supported by the EU program European Solidarity Corps. Some of the conditions differ from the usual workcamps; there will be detailed info provided after your acceptance. For more info about ESC visit https://europa.eu/youth/solidarity_en

Directions to the meeting point: From Prague airport, take bus 119 to "Nadrazi Veleslavin" station. Change to green metro line A in the direction of Depo Hostivar. At the "Muzeum" stop, change to red metro line C in the direction of Letnany. Get off at the stop "Nadrazi Holesovice". Here, take a bus from platform 7 at 16:00 to your final destination "Terezin, U Pamatniku". The campleader will be waiting for you there at 17:00 and take you to the accommodation.

Address and GPS: Ceske Kopisty 5, 412 01 Terezin 50.52482693923468, 14.16626919871175

Volunteering for all:

Vegetarian friendly: ✓ Upon agreement:

Accepting vols with visual impairments/blindness:

Accepting vols with hearing impairments/deafness:

Accepting vols with mild mental health issues:

Accepting vols with lighter types of disadvantages - social, economic, health: ✓

Looking forward to welcoming your volunteers!

INEX-SDA team



