

MEDIUM AND LONG-TERM VOLUNTEER PLACEMENT PROJECTS 2022 IN UGANDA

INTRODUCTION

UPA partners with organisations/institutions and projects that aim at the development of the local communities. These projects include; schools (primary and secondary), orphanages, hospitals, children with special needs and working with community based organisations and Non-Government Organisations.

Participants are required to pay a participation fee of Euro 500 (five hundred Euros) on arrival for a period of 1- 3months and 80 Euros (eighty Euros) **in advance** for each additional month/s.

The fee covers pick up from the airport or bus terminal upon arrival in Uganda, on-arrival training (orientation), guesthouse maintenance, accommodation and other operational utilities like water, cooking gas, power, kitchen utensils and a monthly contribution for those living in host families, project evaluations and administration costs. Volunteers are advised to have a comprehensive study of our volunteers' guidebook to acquaint themselves with the dynamics of volunteering with UPA and our projects before making decision.
<https://roundtripvolunteering.com/>

Cancellation of participation

Cancellation of participation before the project starts while in Uganda will attract a 50% refund. In case a volunteer cancels his/her participation during the project, no refund of any amount of the participation fee. This is because a lot of expenses are incurred in communication, airport pick up, orientation, prior preparations before the project and other logistics. However if a volunteer cancels his/her participation before arriving in Uganda, he will be given back the entire fee if payments were made prior to their arrival in the country.

On arrival Orientation:

Upon arrival, you will be given a 3 days orientation at the UPA office. UPA will share with you information about Uganda mainly covering history, cultures, economy, political situation and social aspects. It also includes a one day tour to Kampala, assisting you in getting the basic necessities for example SIM Card, Internet and bank services etc. and getting to know how the transport system works.

More still, the volunteer undergoes through the orientation of UPA and its partners and programmes. After all that, UPA introduces the volunteer to his/her project.

Evaluation

During your placement on the project, there will be regular evaluations to check on you and your project performance. In addition to this, there are regular volunteer meetings to talk about your placement, your wellbeing and anything. Apart from that, the UPA office is always open for any concerns and you are always welcome anytime.

End of Projects

All volunteers joining our MLTV projects shall be required to submit a written report of their experience to UPA and a copy to the host project. Volunteers are also welcome to share their experiences with UPA during the final evaluations.

Accommodation

UPA has a guesthouse for the international volunteers that can accommodate up to 18 volunteers at a time. The volunteers have to share rooms with others. The guesthouse has basic facilities including a kitchen, a bathroom, a toilet and latrines. Apart from the guesthouse you can choose to stay with a host family. The host families are either in the same area with the guesthouse and the UPA office or can be chosen close to your project. Staying with a host family gives you the chance to get in touch with the Ugandan cultures on a different level than staying in the guesthouse among other international volunteers, even though the standard of living might be more basic than in the guesthouse.

Workload, Work schedules and Workplans

We would recommend a volunteer to come with a very open mind and be highly motivated, creative and innovative as not all projects will have the capacity to follow the stated activities, duties or tasks. Some projects run on very informal approaches without clear work plans or not very organized. The volunteer should take time and efforts also to discuss with the project managers on any new ideas he/she feels can contribute to the project.

Occasionally, workload and activities may get low at certain times or eventually the volunteer may become too busy. There is no guarantee that the volunteer will be fully occupied during all the time of stay. Activities may often fluctuate due to various factors in the project. Many projects do not have a sound financial base. Therefore volunteer expectations should not be too high and if anything does not work out as earlier planned this is the best time that a volunteer's creativity, innovation and patience are most called for.

About Uganda

Uganda is a beautiful country gifted by nature. Volunteers may take time off on weekends or after the project to visit National parks (lions, elephants, giraffes, kobs, buffalos etc), go white water rafting, visit the mountain gorillas and enjoy the Ugandan sun. For further information visit: www.visituganda.com.

PROJECTS:

1. HOSPITALS

GALILEE COMMUNITY GENERAL HOSPITAL

PROJECT CODE: UPA/MLTV/01

Background	Galilee Community General Hospital was started up in 2008 in the slum areas of Lubaga Division, 5 km from the capital Kampala. The establishment of Galilee was due to lack of health services in the area as people had to travel long distances to the public hospitals. The hospital currently has a capacity of up to forty inpatient beds. It is registered by the Medical board council of Uganda with a practicing License.
Aim	To become a regional leader (East Africa) and international partner in holistic health care provision, combining excellent clinical services with community based services, research, education and advocacy.
Activities	<ul style="list-style-type: none">● Consultation● Major and Minor surgeries● Pediatrics● Gynecology● Dental Care● Orthopedics● Maternity● Family Planning● HIV testing and Counseling● Immunization● Outreaches● Mobilization● Physiotherapy● Anti-Retroviral Therapy Centre● Tuberculosis screening and Testing
Volunteer task	<ul style="list-style-type: none">● Working with the health Team● Helping on-medical personnel basing on skills possessed by volunteer● Engage in patient home visits● Provide hand in immunization● Ensuring patient care is maintained● Early childhood growth & development lessons● Represent hospital in seminars and trainings● HIV counseling and testing● HIV sensitization and awareness in schools● Participate and coordinate village Outreaches● Registration and assessment of new beneficiaries● Follow up on activities● Administrative/office work

Volunteer qualities	<ul style="list-style-type: none"> • being emotionally strong • motivated • open minded • Volunteers with medical background and administrative skills
Working hours	The volunteers are required to be at the hospital by 08.00 and work will finish at 17.00 from Monday to Friday but community outreaches may be conducted on selected days
Transport	From UPA Guesthouse/Nansana to Galilee community general hospital, it is 7 kms and it costs 15,000 Ugandan shillings (to and from) by a hired motorcycle (Boda Boda) or 12,000 Ugandan shillings (to and from) by public means.
Accommodation	Volunteers can stay at UPA Guest house although Galilee community general hospital can arrange with different families to host its volunteers near the project. The volunteer can also be placed near UPA Guesthouse in a host family.
Comments from UPA	Galilee hospital can provide good experience to the volunteer both in medical and administrative skills.
Communication	The medium of communication amongst staff, volunteers and administrators at Galilee community general hospital is English. Though majority of the clients speak little English and can only ably express themselves in local languages, the local staff is always helping in translation.
Past Volunteers	Germany, Netherlands ,Japan, Finland,Wales,Mexico,England

GET WELL GENERAL CLINIC
PROJECT CODE: UPA/MLTV/02

Background	Get well general clinic was started up in 2011 in the distant/slum areas of Lubaga division-Lubya parish; five (5) km from the capital city of Uganda. The establishment of Get well was due to lack of proper health services in the community as people had to travel long distances to access medical services from the hospitals. The Clinic currently has a capacity of up to ten beds. It is registered by the Medical board council of Uganda with a practicing License.
Vision:	To become a regional leader in holistic health care provision, combining excellent clinical services with community based health approaches through research, sensitization and advocacy.

Activities	<ul style="list-style-type: none"> ❖ Consultation ❖ Minor surgeries ❖ Paediatrics ❖ Gynecology ❖ Maternity ❖ Dental Care ❖ Family Planning ❖ HIV testing and Counseling ❖ Immunization ❖ Health Outreaches ❖ Reproductive sensitization in schools ❖ Physiotherapy
Volunteer qualities	<ul style="list-style-type: none"> ❖ Open minded person ❖ Flexibility ❖ Passionate to volunteer ❖ Interest in medical though optional
Volunteer tasks	<ul style="list-style-type: none"> ❖ Working with/supporting the health Team ❖ Helping on-medical personnel basing on skills possessed by volunteer ❖ Engage in patient home visits ❖ Provide hand in immunization ❖ Ensuring patient care is maintained ❖ Early childhood growth & development lessons ❖ Represent the clinic in seminars and trainings ❖ HIV counseling and testing. ❖ HIV sensitization and awareness in schools ❖ Participate and coordinate village Outreaches ❖ Follow up on activities ❖ Strategic networking
Working Hours	8:00am to 5pm
Transport	From UPA offices to Get well General Clinic, it is over 7kms and this costs Ugandan shillings 6000 with public transport one way. It is also 14,000 UGX with a hire motorcycle commonly known as Bodaboda.
Accommodation	Volunteers can stay at UPA Guesthouse which is a shared accommodation facility for various international volunteers.
Comments from UPA	This is a new project with a great potential to engage a volunteers for both personal and professional experiences
Communication	The basis of communication at Get well general clinic is English though majority of the patients and communities we operate in speak little English and local languages.
Past Volunteers	None

2. SCHOOLS

UPA partners with several schools that host international volunteers; these include Kindergartens and Pre-Schools, Primary Schools, Secondary Schools and Schools for children with special needs.

Note:

All volunteers choosing school projects should always remember to consider the school holidays as laid out by the Ministry of Education and Sports in Uganda. That is to say ***Mid-April – Mid-May, Mid-August – Mid-September and December to Early February.***

A. KINDERGARTEN AND PRIMARY SCHOOLS

**TREASURED TOTOS KINDERCARE AND JUNIOR SCHOOL NANSANA
PROJECT CODE: UPA/MLTV/03**

Project background	<p>Treasured Totos KinderCare and Junior School was founded on 1st January 2018 with a vision to provide quality education for equipping persons with globally relevant knowledge, skills and values to transform their lives. Our school admits learners of age 3 years to 12 years of all social, economic and religious backgrounds. Our fees are affordable and we subsidize even further for children proven to be coming from poor families. We are working to ensure that by the time a learner completes his/her education cycle with us, he/she should exhibit these values; God fearing ; Excellence ; Integrity ;Customer Care; Creativity ; Timeliness; Unity ; Justice among many others. With these values, we believe that our learner will be able to function as responsible and productive global citizen/ leader. We also carry out regular mentoring for our staff members to improve their capacity to fulfill the vision and improve their livelihood. Our parents also benefit from sessions we organize for them concerning child growth and development.</p>
Aim	<p>To provide holistic world class education for transformation of persons.</p>
Project activities	<p>The activities that our learners engage in are derived from the Learning Framework for Early Childhood Development (3years to 5/6 years olds) and Ugandan Primary School Curriculum (6-12/13 year olds) both prepared by the Uganda National Curriculum Development Centre. We are aware that these are minimum standards set by our government authorities and we endeavor to enrich the content with other relevant learning activities.</p> <p>Below is a summary of the learning activities at both levels:</p> <p><u>Kindergarten (3 -5/6 year olds)</u> ; Reading ; Numeracy ;Vocabulary ; General Knowledge ; Environmental awareness ; God’s creation ; Physical Education ; Rhymes ; Stories ; Music ; Dance , Drama ; Art; Writing.</p> <p><u>Lower Primary (6 -8/9 year olds)</u>; English language; Literacy; Numeracy ; Religious Education ; Physical education ; Writing. Literacy covers subjects like Science , Social studies, Reading; Life skills ; Games and Sports.</p> <p><u>Upper Primary (9 - 12/13 year olds)</u>: Mathematics; Science; English ; Social Studies; Religious Education ; Physical Education ; Creative Art ; Music Dance and Drama ; Life Skills ; Games and Sports.</p>

Volunteer's roles/tasks	<p>The volunteer will work hand in hand with the full-time staff by participating in any or all of the following activities:</p> <ul style="list-style-type: none"> • Preparing teaching resources • Supervising and engaging in indoor and outdoor games • Music, Dance and Drama • Arts and Crafts • Engaging children in enjoyable literature through reading, storytelling or other. • Documentation of children's learning • Arranging for teachers and parents' workshops • Any other activity that the volunteer possesses and is relevant/ beneficial to our learning community.
Volunteer qualities	<p>We desire to work with a volunteer who will observe our values in addition to exhibiting the following qualities:</p> <ul style="list-style-type: none"> • Passion and enthusiasm for children • Patience and flexibility • Friendliness • Open mindedness • Sense of humor • Honesty, Care and Reliability • Respect for differences in personality and culture • Willingness to learn and share knowledge and experiences
Accommodation & transport	<p>The Volunteer can stay at UPA Guest House, or at a selected host family. The school is approximately 2km from UPA Guesthouse.</p> <p>The school shuttle will pick and drop the successful volunteer from UPA Guest house.</p>
Host Community	<p>The project is located in a Sub-urban area where a big percentage of people can speak English well. There are some members of the community and parents who are more comfortable with speaking the local dialect- Luganda. Like most regions in Uganda, people in our community are very friendly to visitors and always interested to talk/work with people from other cultural backgrounds. Our official language of communication is English.</p>
Comment From UPA	<p>The placement requires volunteers that are highly motivated, creative and innovative. It is an interesting project and introduces you to a local setting and early child growing experiences in Uganda.</p> <p><u>Pease Note:</u> All volunteers choosing school projects should always remember to consider the school holidays, schools are closed in April-May, August – September and December to Early February.</p>

GOLDEN HEARTS KINDERGARTEN**PROJECT CODE: UPA/MLTV/04**

Project background	<p>Kindergarten is a critical stage in the development of each child because it lays the building blocks to future academic success. For learners this age, school is about building social, emotional, self-awareness, language, literacy and numerical skills as well as exposure to how the world works.</p> <p>In Uganda, early childhood education is offered solely by private proprietors, majority of whom targeting children from high income families. Golden Hearts Kindergarten was therefore set up for disadvantaged children from both low-income and middle-income families with a view of nurturing them into wholesome learners.</p> <p>Research shows that children learn more before the age of 6 than at any other stage in life. At Golden Hearts, we believe that each child is unique and develops/learns at his or her pace.</p> <p>Volunteering with us will therefore be a memorable experience because it is fun-packed, intriguing, full of learning, and satisfying. You will surely make a difference!</p>
Aim	To nurture a wholesome child
Project activities	<p>The activities that learners at Golden Hearts engage in enable them develop the following competences:</p> <ul style="list-style-type: none">• Social Skills• Motor skills• Language skills• Creative skills• Reading skills• Writing skills• Reasoning and concept development• Math concepts• Social studies• Science• Arts and Crafts• Music, Dance and Drama <p>We also engage in a series of indoor and outdoor games as well as excursions</p>

Volunteer's roles/tasks	<p>The volunteer will be expected to assist the full-time staff by participating in the following:</p> <ul style="list-style-type: none"> • Preparing resources and materials required in the learning process • Assist with indoor and outdoor games. • Assist in arranging parties and other special school days • Preparing excursions and field tours • Music, Dance and Drama • Arts and Crafts • Engaging children with enjoyable literature – reading, storytelling and writing. • Contribute to documentation of children's learning. • Organize children's holiday camps • Arranging for teachers and parents' workshops • IT-related activities, e.g. web design, social networking, etc.
Volunteer qualities	<p>The volunteer must:</p> <ul style="list-style-type: none"> • Exhibit passion/enthusiasm for children • Be patient and flexible • Be friendly and open minded • Be creative and have a sense of humor • Be honest, caring and reliable • Exhibit effective communication skills appropriate for children • Have respect for differences in personality, culture etc. • Have a willingness to learn and share knowledge and experiences
Accommodation & transport	<p>The Volunteer can stay at UPA Guest House, or at a selected host family. The school is 1km from UPA Guesthouse. Public transport to and from the school is readily available at 3000 Uganda Shillings</p>
Host Community	<p>The project is located in a Peri-urban area where a big percentage of people can speak English well. There are of course some scores of the community and parents who are more comfortable with the local dialect Luganda. Like most regions in Uganda people in this community are very friendly to visitors and are always interested to talk/work with people from other cultural backgrounds. At Golden Hearts Kindergarten, the main language of communication is English.</p>
Comment From UPA	<p>The placement requires volunteers that are highly motivated, creative and innovative. It is an interesting project and introduces you to a really local setting and early child growing experiences in Uganda.</p> <p><u>Note:</u> All volunteers choosing school projects - should always remember to consider the school holidays, schools are closed in April - May, August – September and December to Early February.</p>
Past Volunteers	Slovakia, Japan, Germany

GOOD MUMMY SCHOOL KOSOVO**PROJECT CODE: UPA/MLTV/05**

Background	GOOD MUMMY SCHOOL KOSOVO was founded 2006 in the urban slums of Kosovo valley in Lubyra parish to help support the marginalized slum orphans and vulnerable children in the area. It was due to lack any basic school where the community would send their children to attend and attain basic education. We currently support more than 180 kids at our school- GOOD MUMMY SCHOOL KOSOVO has the kindergarten wing and lower primary.
Goal	To be one of the leading quality education providers to vulnerable children in the country
Mission	To motivate and enhance Vulnerable learner's needs and abilities
Activities	<ul style="list-style-type: none">• Early childhood learning• Educational sponsorships,• Providing recreation activities to children and youth such as games and sports, drama etc• Food nutritional counseling support to some kids,• Strategic networking and linkage(referral)• Hygiene and sanitation sensitization• Class room environment improvement• Sports and games (Extra Curricular activities)
Volunteer Qualities	<ul style="list-style-type: none">• Passion to work with children and slum communities• Open minded and emotionally strong with ability to appreciate local settings• Motivated volunteers but not necessarily qualified
Volunteer tasks	<p>Activities range from community outreach, administrative work to Kindergarten activities. Volunteers should prepare to assist with one or more of the following:</p> <p><u>Good Mummy Charity School</u></p> <ul style="list-style-type: none">• Attend to Day Care center for babies and pupils• Support to teach children of the ages 3 years to 6 years in all Early Childhood learning areas and development skills. Volunteers might even do this sometimes without the direct help of a teacher.• Play games with children for example sports• Taking on kids for music lessons• Hand washing lessons to kids and pupils• Supervise kids during playing time especially break-time• Love, Care and support to kids• Story reading to pupils in primary one to Three.• Train kids in basic hand washing

Working Hours	8:00 am to 3:30 pm, Monday to Friday
Transport	It is 5 kilometers from UPA to Good Mummy School, costing 12,000 to and from using public means (Mutatu). It cost approximately 15,000/= with a hired motorcycle (Bodaboda).
Accommodation	Volunteers can stay at UPA Guest house although Host families can always be arranged for the volunteer to stay in the local community.
Comments from UPA	<p>The placement requires volunteers that are highly motivated, creative and innovative. It is an interesting project and introduces you to a really local setting and early child growing experiences in Uganda.</p> <p>Note: All volunteers choosing school projects - should always remember to consider the school holidays, schools are closed in April - May, August – September and December to Early February.</p>
Communication	The basis of communication at the school is English though majority of the Vulnerable children, Families and communities we operate in speak little English and more local languages.
Past Volunteers	From England.


STEP BY STEP PRIMARY SCHOOL**PROJECT CODE: UPA/MLTV/06**

Background	The school was established in February 2007 and accommodates about 200 pupils from the age of 4-13 in its education service programme. It is a privately owned institution supervised by the Ministry of Education and Sports.
Aim	Improve literacy and engage professionally the educational stakeholders for a better education system
Activities	<ul style="list-style-type: none">• Assist in teaching children of the age 4-12 years• Engage in games and sports with children and teachers• Engaging in music, dance and drama
Volunteer task	<ul style="list-style-type: none">• Mainly to teach Math and English• Engage in games and sports with children.• Participate in Music, dance and drama• Support in school Gardening
Volunteer qualities	<ul style="list-style-type: none">• Experience in teaching desirable but not necessary• Affinity to children• Adaptable to local teaching culture in Uganda
School Holidays	December-February , April-May and August-September
Working hours	The volunteer will work from 08.00 to 16.00. Monday to Friday
Transport	It is a walking distance and takes 10 minutes to get there from UPA guest house
Accommodation	UPA Guesthouse in Nansana or at a host family
Comments from UPA	All volunteers choosing A volunteer will teach and also be able to engage in other volunteer projects since teaching will be for only 5 hours, or specific days agreed at the project. <u>Note:</u> School project should always remember to consider the school holidays when the schools are closed in April - May, August – September and December to Early February.
Communication	Most of the children at the age of 7-12 can be able to speak English. The teachers at the school speak English too.
Past Volunteers	From Japan, Netherlands, Korea, Spain, Germany, France, Belgium and Finland

B: SECONDARY SCHOOLS

ALLIANCE HIGH SCHOOL, NANSANA

PROJECT CODE: UPA/MLTV/07

Background	<p>Alliance High School is a reputable registered secondary school by the Ministry of Education and Sports. It is a private school that was started in the local community to support the government with education services. The school has been commended for provision of education and other skills to young people in peri-urban Nansana and its environments. It is a mixed school for both boys and girls from 13-20 years. It is has two sections that is day and boarding students.</p> <p>This School Is Located in Nansana East Ward Parish, Nansana Municipal Council, Wakiso District, 7 miles along Hoima Road.</p>
Aim	<ul style="list-style-type: none">• Provision of quality education to all for a better future• Promote girl child education to enable them accomplish at least secondary school level• Offer skills to students enabling them becoming self-reliant
School photos	 A group photograph of Alliance High School students in their uniforms, standing in front of a school building. The students are arranged in several rows, with boys in the back and girls in the front. They are all wearing white shirts and dark skirts or trousers. The building behind them has a yellowish-tan facade and a large archway.
Activities	<ul style="list-style-type: none">• Formal classroom work including teaching and assessing the learners• Field study trips• Conducting seminars• Workshops and training on selected topics with teachers and students

Volunteer tasks	<ul style="list-style-type: none"> • Formal classroom teaching to students • Support to class teachers in lesson planning • Developing teaching content in the preferred subject • Carrying out class assessments • Attending staff meetings as scheduled • Compiling a feedback report at the end of voluntary service • Engaging in games and sports
Volunteer qualities	<ul style="list-style-type: none"> • Emotionally strong. • Having skills in computer or information technology is an added advantage. • Able to instruct in class • Good communication skills in English • Creative • Flexibility.
Working hours	The school working are from 08.00hrs to 5.00pm from Monday to Friday except for gazzeted holidays. The working hours and days can also be discussed depending on the volunteer's availability.
Transport	It is takes approximately 30 minutes by walk from UPA Guest House which is the nearest and immediate accommodation facility. From Yesu Amala Stage, it costs 1000 ugx one way to the school.
Accommodation	Volunteers to this project shall stay at UPA guesthouse in Nansana.
Comments from UPA	<p>The placement can be an opportunity to introduce a volunteer to Uganda's secondary education system. It will also be an opportunity to promote ones culture through language teaching. One with skills in training students in sports e.g. football, netball, volleyball and other sports as the volunteer may wish.</p> <p>Alliance High School is a long-term partner to UPA and we have together carried out many projects to empower youth for example in reproductive health topics, gender trainings, inter-cultural related workshops and human rights.</p> <p><u>Note:</u> All volunteers choosing school project should always remember to consider the school holidays running as follows; April - May, August – September and December to Early February.</p>
Communication	Communication with School staff and of the students is usually in English
Past Volunteers	Germans under the weltwaerts programme.

A. SCHOOLS FOR CHILDREN WITH SPECIAL NEEDS

KAMPALA SCHOOL FOR THE PHYSICALLY HANDICAPPED (SCHOOL FOR CHILDREN WITH SPECIAL NEEDS)

PROJECT CODE: UPA/MLT/08

Background	<p>Kampala School for the physically handicapped (KSPH) is a primary school catering for the educational needs of the disabled children in Uganda. Started in 1968 by a few parents of cerebral palsied children, the school aims at educating, rehabilitating and equipping physically handicapped children for self- reliance and development. It follows the national syllabus including co-curricular activities like sports, music, dance and drama, spiritual fellowship and education tours.</p> <p>It also offers vocational subjects like tailoring, screen printing, craft, tie and dye and computer training to all the children that can not continue with further education.</p> <p>The school has an enrollment of 100 pupils with physical disabilities between the ages of 6 – 18. They include those with cerebral palsy, muscular dystrophy, spinal bifida and polio amongst others.</p> <p>Therefore the school specifically provides for children with special needs.</p> <p>The project is located on plot 63A, Balintuma Road, Mengo (opposite the Uganda Protestant Medical Bureau) just 15 -25 minutes drive from Kampala city and 30 – 45 minutes from UPA guesthouse in Nansana.</p> <p>It has a teaching staff of 13 teachers, 5 of whom are trained in special needs education with 2 of them disabled old students of the same school.</p>
Aim	To educate, rehabilitate and equip physically handicapped children with skills for self- reliance and development.
Activities	<ul style="list-style-type: none"> • Teaching children • Care and assisting children in and outside classrooms • Training children in vocational subjects, games and sports and music, dance and drama. • Assist in social and physical development of the children through offering occupational and physiotherapy exercises
Volunteer task	<ul style="list-style-type: none"> • Work with the rest of the staff to provide the above to the children in this school
Volunteer qualities	<ul style="list-style-type: none"> • Emotionally strong. The volunteer work on this project requires a person who has close feeling for children with special needs. • Having skills in caring for children with special needs or occupational and physiotherapy skills carries an added advantage. • Command of good communication skills • Ability to work with children with disabilities or special needs. <p>Working with physically disabled and special needs children call for a volunteer ready to be patient, not emotional and prepared to experience irritating situations. However, a volunteer shall be required to carry a very open heart that can accommodate these situations.</p>
Working hours	Kampala School for the physically handicapped office hours are from 8:00 to 16:30. Volunteers work 5 days a week.

Transport	The project is located on plot 63A, Balintuma Road, Mengo (opposite the Uganda Protestant Medical Bureau) just 15 -25 minutes drive from Kampala city and 45 minutes to 1hour from UPA guest house in Nansana depending on the traffic. Travel from Nansana is easy by public means, drop off at Nakulabye trading centre (Total fuel station), costing approximately 12000 UGX to and from the project. It takes between 10– 15 minutes by walking from Nakulabye via Balintuma road. You can even take a boda boda at 5,000 UGX for one way
Accommodation	Volunteers to this project shall stay at UPA guest house or a host family in Nansana.
Comments from UPA	The placement can be an interesting one because it will offer a volunteer the opportunity to assist and support people who are really in need and will highly appreciate. A volunteer should also carry an affectionate heart full of love, care and sympathy for children with special needs, command zeal committed to seeing these children live a happy life too. <u>Note:</u> All volunteers choosing school project should always remember to consider the school holidays when the schools are closed in April - May, August – September and December to Early February.
Communication	Communication with School staff and of the children is easy since most of them can speak English
Past Volunteers	From USA, Israel, Holland, Japan, Germany and Belgium

CENTRE FOR SPECIAL ABILITIES (CeSA)

PROJECT CODE: UPA/MLTV/09

Centre for Special Abilities (CeSA) is a Community Based Organization (CBO) founded in January, 2015 with the aim of training children between 3years old and above for independent living with practical life skills, experiences and knowledge to help them be able to address challenges in life starting in Uganda and beyond. Since then, it has been operating informally. The Foundation was legitimately registered in September 2018 on No. WCBO /18 /1102 in Wakiso district.

Many children face a lot of challenges that could be social, emotional, mental or even psychological along the course of life that could distract them from achieving their life goals in future.

CeSA supports children facing such challenges to help them live an independent life through therapies like occupational, speech and language and physio for independent living as well as Special Needs Education.

NB: This is the only centre for dyslexic children in Uganda for primary and secondary sections.

The objectives of the Centre are:

- To conduct community mobilization for sensitization, child psycho-Educational assessment for intervention.
- To promote children's health and Advocate for their rights.
- To develop the basic vocational skills in affordable and manageable fields like Agriculture, music, food preparation and home management.
- To act as a model centre for hands on training of students from higher institutions of learning.
- To promote environmental conservation strategies and practices for sustainable development.

Volunteering with us will therefore be a memorable experience because it is fun-packed, intriguing, full of learning, and satisfying. You will surely make a difference!

"A society in which children with special needs can grow and develop to their full potential for independent living."

ACTIVITIES /AREA OF FOCUS

- ❖ Community mobilization, sensitization and empowerment.
- ❖ Child psycho-educational assessment for rehabilitation.
- ❖ Occupational therapy.
- ❖ Speech and language therapy
- ❖ Physio therapy
- ❖ Special needs education
- ❖ Basic skills development
- ❖ Advocacy and networking
- ❖ Capacity building
- ❖ Spiritual and Religious development

The volunteer will be expected to assist the full-time staff by participating in the following:

- Preparing resources and materials required in the learning process
- Assist with indoor and outdoor games.
- Assist in arranging parties and other special school days
- Preparing excursions and field tours
- Music, Dance and Drama
- Arts and Crafts
- Engaging children with enjoyable literature – reading, storytelling and writing.
- Contribute to documentation of children’s learning.
- Organize children’s holiday camps
- Arranging for teachers and parents’ workshops
- IT-related activities, e.g. web design, social networking, etc.
- Participating in therapy work

The volunteer must:

- Exhibit passion/enthusiasm for children with special needs.
- Be patient and flexible
- Be friendly and open minded
- Be creative and have a sense of humor
- Be honest, caring and reliable
- Exhibit effective communication skills appropriate for children
- Have respect for differences in personality, culture etc.
- Have a willingness to learn and share knowledge and experiences

The Volunteer can stay at UPA Guest House, or at a selected host family. The school is ½ km from UPA Guesthouse.

It’s a workable distance.

The project is located in a Peri-urban area where a big percentage of people can speak English well. There are of course some scores of the community and parents who are more comfortable with the local dialect Luganda.

Like most regions in Uganda people in this community are very friendly to visitors and are always interested to talk/work with people from other cultural backgrounds.

At CeSA, the main language of communication is English.

The placement requires volunteers that are highly motivated, creative and innovative. It is an interesting project and introduces you to a really local setting and early child growing experiences in Uganda.

Note:

All volunteers choosing school projects should always remember to consider the school holidays, schools are closed in **April-May, August – September and December to Early February.**

From Japan

ANGEL'S CENTER FOR CHILDREN WITH SPECIAL NEEDS**PROJECT CODE: UPA/MLTV/10**

Background	<p>Angel's center for children with special needs was formed after our experience in raising a child with Down syndrome. Three years of raising Abryl opened our eyes to the constraints of raising a child with special needs. The constant hospital visits and adjusting to the development challenges made us acutely aware of the deficiency of such services in Uganda. In 2012 ACCSN was registered with Wakiso district to operate as a community Based Organization to provide a space of services for children with special needs (Reg No: WCBO/1131/12). A critical service is strengthening the capacity of families to cope with raising children with development challenges.</p> <p>Vision: A Society which integrates children with special needs to fully realize their potentials.</p> <p>Mission: To be a voice and to break the silence of disability in communities, through increasing access to information and service delivery.</p> <p>We need to give disability a "human face" despite the challenge these children remain beautiful, lovely and important to the social network of Society.</p> <p>Angel's center has currently an enrollment of 15 children from the ages of 2-12years with different disabilities that range from Down syndrome, cerebral palsy, autism, mental retardation and communication disorders. Follow us on our website for more information on www.angelscenter.org</p>
Aim	<p>The aim of the project is to ensure that children with disability can have an early intervention to reduce on the barriers of disability, and to strengthen the capacity of parents to cope with raising children with disability through joint income generating activities.</p>
Activities	<ul style="list-style-type: none">• Provision of early learning for children with special needs• Provision of occupational therapy to the children• Community visits and rehabilitations• Counseling and guidance services to parents• Support parents with income generating activities• Developing the research department
Volunteer tasks	<ul style="list-style-type: none">• The volunteer is expected to teach the children in early learning• Support the child with activities of daily living like teaching the child to bath, brush, cook, wash etc• Promote their hidden talents like sports and singing• Play with the children• Support the children with feeding• Support the center in research on the current attitude and trends of disability and How cultural practices promote discrimination and abuse of disability

Volunteer Qualities	<ul style="list-style-type: none"> • Love to work with children with development challenges • Patience • Flexibility • Emotionally strong • Open minded <p>We also welcome skilled volunteers like Physiotherapist, Occupational therapist, Psychologist, Language therapist or Nurses.</p>
Working hours	They work 8 hours a day from 8:30am- 5:00pm (Monday to Friday)
Transport	It located at 3kms from UPA guesthouse along Kampala –Hoima Road, It's easily accessible by public means at 2000/= to and from the project.
Accommodation	UPA guesthouse
Comments from UPA	If you like to work with children with special needs, this is exactly the right project, where you can support and play with the children.
Communication	The staff is able to speak English, communicating with the children can also be challenging since some of them are also challenged in their ability of talking.
Past Volunteers	Netherlands, Japan, Germany, Finland.

DORNA CENTRE HOME FOR AUTISM

PROJECT CODE: UPA/MLTV/11

Background	Dorna Centre was started by Ms Dorothy Nambi after her sister, a mother of three children with the diagnosis of autism, passed away in a car accident. Ms Dorothy Nambi decided to take these children in and support them and she begun to provide therapy at her home to families with or without financial means.
Aim	The Dorna Centre aims at helping children with autism to realize their dreams and to strengthen the parents in raising their children.
Activities	<ul style="list-style-type: none"> • Art therapy • Brain gym • Music therapy • Occupational therapy • Speech therapy • Daily life therapy • Vocational skills/Education
Volunteer tasks	<ul style="list-style-type: none"> • The volunteer is expected to teach the children in early learning • Support the child with activities of daily living like teaching the child to bath, brush, cook, wash etc • Promote their hidden talents like sports and singing • Play with the children • Support the children with feeding • Support the center in research on the current attitude and trends of disability and how cultural practices promote discrimination and abuse of disability
Volunteer Qualities	<ul style="list-style-type: none"> • Love to work with children with development challenges • Patience • Flexibility

	<ul style="list-style-type: none"> Emotionally strong Open minded <p>We also welcome skilled volunteers like Physiotherapist, Occupational therapist, Psychologist, Language therapist or Nurses.</p>
Working hours	They work 8 hours a day from 8:30am- 5:00pm
Transport	The Centre is about 12 km from UPA guest house, travelling by public means is possible though patience maybe required depending on the traffic especially during morning and even hours. This might necessitate using a hired motorcycle (Bodaboda) costing approximately 8000 UGX for one-way. The volunteer may use around 14000 Uganda shillings to and from with public means
Accommodation	UPA guesthouse but we can also arrange accommodation with the project if the volunteer is free to stay with the children.
Comments from UPA	This is an interesting project of UPA. If you like to work with children with special needs especially autistic children, this is exactly the right project, where you can support and play with the children.
Communication	The staff is able to speak English, communicating with the children can also be challenging since some of them are also challenged in their ability to talk.
Past Volunteers	Japan, Finland,

3: CHILDREN'S HOMES

MENGO YOUTH DEVELOPMENT LINK (MYDEL)

UPA PROJECT CODE: UPA/MLTV/12

Background	<p>Mengo Youth Development Link (MYDEL) is a nongovernment organization based in Kampala, the capital city of Uganda. It was founded in 2001 as a slum youth initiative under the patronage of Mr. Pascal Lutaya. Starting as a community based organization (CBO) during the outbreak of cholera and Ebola in many of the slum areas in Kampala, MYDEL initially focused on hygiene and health sensitization of the affected people, supported by local politicians and the community itself. Working in close collaboration with the local population and local leaders, MYDEL became aware of other community challenges, which included a high rate of HIV/AIDS infections, drug abuse, prostitution, child abuse, domestic violence and the marginalization of people with disabilities. In 2004 MYDEL was officially registered as an NGO and expanded its activities according to the needs assessment carried out in an early state of its operation. Following an early intervention approach, MYDEL decided to focus their programs on the most vulnerable children and youths from the slum community, most of whom being school dropouts and orphans.</p> <p>MYDEL's mission is the empowerment of this target group through education, sensitization and skills development to contribute to a sustainable poverty reduction among these marginalized communities.</p>
Aims	Our major aim is to achieve a sustainable improvement of marginalized communities in Uganda.

Activities	<ul style="list-style-type: none"> • Education in Primary School • Counseling and psychosocial support, • Resource mobilization, • Vocational training, • Soccer program, • Music, dance and (drama, mainly in holidays) • Community and home visits among others at our projects in Kampala and Wakiso. • New Project in Mengo: "creative learning centre" <ul style="list-style-type: none"> • mainly for girls • vocational skills for girls (health, entrepreneurship loans)
Volunteer tasks	<ul style="list-style-type: none"> • Teaching • Organizing, teaching and supervising in the computer class • Assisting in Counseling and psychosocial support • Vocational training (if the volunteers brings the skills) • Soccer program • Music, dance and drama • participating in community and home visits together with other staff, to see the life situation of the children living in the slums
Volunteer qualities	<p>MYDEL has different programs, it depends on the volunteers skills and interest where to engage, there is room for new activities.</p> <p>Volunteers with social work skills but also other professions are very welcomed, but no profession is needed.</p>
Working hours	<p>Volunteers are supposed to be the office at around 9:30am and work will finish at around 3:30 pm (except during holidays).</p> <p>However, in some cases volunteers may work longer hours.</p>
Transport	<p>It takes 2000 ug.shs (to and from) from UPA to MYDEL Children's Centre in Nansana and 10,000 Ug.shs to and from our projects in Mengo – Kampala by public means or a boda-boda.</p>
Accommodation	<p>UPA Guesthouse in Nansana or a host family in Nansana</p>
Comments from UPA	<p>The placement at MYDEL can be interesting since it offers a volunteer an opportunity to be fully engaged in different activities ranging from children to community projects. It requires a volunteer who loves children and flexible.</p>
Communication	<p>Most of the children can communicate in English; otherwise, translation is also possible at the project.</p>
Past volunteers	<p>Finland, Netherlands, Germany</p>

ANOTHER HOPE CHILDREN'S MINISTRIES

PROJECT CODE: UPA/MLTV/13

Background	Another Hope Children's Ministries (AHCM) is a Non-Profit, Non-Governmental Organization (NGO) registered by the government of Uganda, Reg. No. S5914/8153. It was established as a Community Based Organization (CBO) in 2006 and acquired the NGO status in 2009 and located in Kkona/West Village, Wakiso Sub-County in Wakiso District about 18 kilometers from Kampala city which is a 40 minutes' drive. AHCM operates in four districts of Wakiso, Kampala, Mukono, and Buikwe.
Aim	Giving hope to the orphaned, street children and children from impoverished families in Uganda through strategic partnership with child actors; provision of a safe home for the homeless children, re-union of the homeless with their families or facilitating fostering and adoption, provision of psychosocial support and counseling for parents, Caregivers and Children; Development of the children's spiritual well-being for better future citizens ; formation of strategic partnership and alliances for advocacy of children's and women's rights; investing in education of the children, income generating activities for disadvantaged families and strengthening evidence based programming and policy research.
Activities	<ul style="list-style-type: none">• Provision of a safe and secure home for the homeless, abandoned and vulnerable children• Farming projects – poultry, piggery, livestock, cultivation• Construction of rain – water tanks in community families of Lukwanga parish to provide safe and clean water for the children• Training in life skills such as brick/block making, tailoring and embroidery, art and craft, farming activities• Operation of a Vocational school• Counseling and guidance for career choice, behavioral change, psychological healing and coping• Psychosocial Facilitation Skills for normal and optimum functioning.• Supporting orphans and other vulnerable children with basic needs such as education , shelter, clothing, food and medical care• Advocacy for children's rights• Preventive and curative health services
Volunteer tasks	<ul style="list-style-type: none">• Reading materials to kids to help them in their English fluency.• Raising awareness about the organization's work and activities, as well as the plight of vulnerable children in the country both locally and internationally.• Walking with pre-scholars to school• Assisting children in their homework assignments• Bathing the children and maintaining proper hygiene• Playing with the children, counseling and disciplining them• Administering medication to the sick children• Assisting the children in doing house chores – fetching water from the well, farming, etc• Offer professional expertise to the children and AHCM management.• Taking part in school evaluation exercises.

	<ul style="list-style-type: none"> • Taking part in field-based visits.
Volunteer qualities	<ul style="list-style-type: none"> • Loving heart- ability to offer love and care to the children • Guidance and Counseling Skills – on behavioral change, reproductive health, sexuality, education and HIV/AIDS related issues. • Motivational skills – Motivating children and the young adults on best behavior, success tips, offering Career guidance. • Hardworking and ready to take on any task and challenges. • Flexible • Ability to work in a multi-cultural setting
Working hours	8:00 am to 5:00 pm (Monday to Friday) 8:00 am to 1:00 pm (Saturday)
Transport	Public transport – Taxi and Motorcycle (locally known as "boda-boda") It will cost a volunteer between Ugx 8,000 a day (to and from) if the volunteer lives at UPA Guest House.
Accommodation	A volunteer may live at the UPA Guest House, a host family depending on his/her choice however we have a fully equipped guesthouse that they can use at a negotiable fee.
Comments from UPA	Working with vulnerable children and young adults may call for a volunteer's readiness to experience irritating and challenging situations. However, a volunteer shall be required to carry a very open heart that can accommodate these situations. <u>You should</u> be highly motivated to create own tasks / activities at times and for any queries endeavor to have a discussion with the directors.
Communication	Communication with AHCM children and staff is easy, as most have attained a formal education. However, In case of children who are unable to speak good English, translation is always available.
Past Volunteers	Japan, Finland, South Korea, United Kingdom, U.S.A., Philippines and Germany.

5. COMMUNITY PROJECTS:

KIYITA FAMILY ALLIANCE FOR DEVELOPMENT (KIFAD)

PROJECT CODE: UPA/MLTV/14

Background	<p>Kiyita Family Alliance for Development (KIFAD) is a registered indigenous / local Non-Governmental Organization, established in 2001, registration No: S.5914/5184 which is community based with its Headquarters at Bulabakulu Village, Banda Parish, Mende Sub-county, Wakiso District Uganda.</p> <p>We concentrate mainly on increasing care and support to people infected and affected by HIV/AIDS in order to mitigate the effects of the epidemic. Besides that we aim at strengthening the coping of Orphans Vulnerable Children (OVC) and People living with HIV/AIDS (PLWHA) families to progressively become self-reliant, building the internal capacity of KIFAD for effective and sustainable programme design and implementation and finally, improving access to food among families/households, infected and affected by HIV/AIDS, as far as our financial means allows us to.</p>
Aim	<p>Our aim is to enhance and accelerate access to holistic, easily accessible and acceptable life-saving HIV/AIDS prevention, treatment, care and support services, to socio-economically disadvantaged people, Key Population (KP), Most at Risk Populations (MARPs) living in resource-constrained settings in Wakiso District.</p> <p>Furthermore, we strive to increase access to HIV Counseling and Testing (HCT) as prevention approach as well as promoting early access to the life-saving Antiretroviral treatment by actively linking identified HIV positive patients into care.</p>
Activities	<p>Health</p> <ul style="list-style-type: none">HIV Counseling and Testing (HCT)General Treatment of diseases / infections at a clinic.Family Planning, Immunization, Laboratory Tests, counseling,Health Information Management SystemsRecords Management,Referrals into care and support structuresFollow up and Home visits <p>Capacity Building</p> <ul style="list-style-type: none">Financial Literacy Skills TrainingPromotion of Village Savings and Loans Association (VSLA)Vocational and Apprenticeship Skills Training for youthsLife skills and parenting.Food Security and Nutrition TrainingsBusiness and Income Generating Activities Skills Trainings <p>Strategic Partnerships</p> <ul style="list-style-type: none">Strengthen LinkagesNetworking and CollaborationsLobbying and AdvocacyInformation and Knowledge SharingCommunication and Knowledge Management

Volunteer tasks	<ul style="list-style-type: none"> • Administrative work • Fundraising activities - To be part in drawing fundraising avenues/plan to raise money for community activities • Organizing events, writing reports, Data entry, computer work, • Monitoring and evaluation of projects. • Strategy planning (mainly experienced volunteers but also motivated ones), Writing field success stories, lessons learnt, best practices. • HIV Counseling and Testing (HCT), Field Impact assessments, • Visiting families and explain the importance of using Family Planning contraceptives. • Engaging in Youth Friendly services, • To raise awareness about health, education and sanitation
Working hours	Typically Monday- to Friday, 8:00 am-17:00 pm, but may vary depending on the project. This may include Saturdays and Sundays (Community HIV Counseling and Testing's are mostly done on the weekends)
Transport	KIFAD is located only about 10 km from UPA Guest house. A volunteer will use public means and a boda-boda which will cost 8000/= to and from the project.
Accommodation	A Volunteer may opt to stay at UPA Guest house or in a host family.
Comments from UPA	KIFAD has a small organization but may be an interesting organization to work with. It is one organization that can provide a very good learning environment to volunteers because of its commitment to networking with several Civil Society organizations.
Communication	Communication with KIFAD members and staff is easy as most are educated. Not all orphans and their client families speak good English.
Past Volunteers	From UK, Netherlands, USA, German, Spain and Belgium

COMMUNITY EMPOWERMENT FOR VILLAGE DEVELOPMENT

UGANDA (CEFOVID UG) www.cefovid.org

PROJECT CODE: UPA/MLTV/15

Background	Community Empowerment For Village Development Uganda (CEFOVID-UG) is a registered local Community Based charity, established in 2012, registration No-LUB/12/212.Its located in the urban surbubs of Lubyia parish slums ,5km from the capital city of Kampala Uganda. CEFOVID was founded to help support the marginalized slum orphans and vulnerable children due to lack any charity to help them out. We currently support 65 kids at our charity school- GOOD MUMMY SCHOOL KOSOVO and other partner schools directly; well-as 130 kids is the total registered number of beneficiaries for CEFOVID.
Aim	Our main aim is to contribute to increased access to comprehensive social and economic services, home based care and support to orphans and vulnerable children in Lubyia Parish slums Kosovo.
Mission	Our mission is to challenge and respond to the causes and consequences of vulnerability, poverty, lack of awareness and skills so that they live a self-sustaining life with dignity.
Activities	<ul style="list-style-type: none">• Support to Orphan and Vulnerable Children with quality education• Sexual reproductive health and HIV&AIDS youth counseling• Life skills training to vulnerable women and youths:- Crafts, urban farming, liquid soap production and tailoring• Early childhood learning at Kosovo slum• Providing recreation activities to children and youth such as games and sports, drama etc• Food nutritional counseling and sensitization support, Community and home monitoring visits• Strategic networking and linkage(referral)• Organizing Community Health camps• Organizing Hygiene and sanitation camps• Hand washing project.
Volunteer Qualities	<ul style="list-style-type: none">• Passion to work with children and slum communities• Open minded and emotionally strong with ability to appreciate local setting• Volunteer should be interested not necessarily qualified• Innovativeness, knowledge of social work and administration and Computer skills is an added advantage
Volunteer tasks	<p>Activities range from community outreach, administrative work to Kindergarten activities. Volunteers should prepare to assist with one or more of the following:</p> <p><u>CEFOVID Uganda</u></p> <ul style="list-style-type: none">• Preparing quarterly organization newsletters and activity reports• To engage in the different innovative avenues of fundraising for social and economic support for the charity school and vulnerable families• Follow up and coordination of different project activities /events especially

	<p>education for life.</p> <ul style="list-style-type: none"> • Continuous and timely update of our online medias e.g. website and face book • Coordinating Community work like sanitation and hygiene in Kosovo slum • To support with administrative work at the offices • To support our Kindergarten (age 3-9 years)with teaching, art and games(Good mummy Kindergarten) • Youths counseling in sexual reproductive health • Computer training • Conducting Hand washing trainings in communities
Working Hours	9:00 am to 16:30 pm, Monday to Friday and upon special request on weekends
Transport	It is 6kms from UPA to CEFOVID Uganda offices, costing 10,000 to and from when using public means (matatu-Taxi).It can cost approximately 15,000/= to and from with a hired motorcycle.
Accommodation	Volunteers can stay at UPA Guest house or in a host family in the local community
Comments from UPA	CEFOVID is one of the inspiring projects that work for marginalized slum orphans and vulnerable children around the slums of Kampala. The volunteer/s interested in this project should have passion for such disadvantaged children and must be flexible since it is a special group for children with various backgrounds.
Communication	The basis of communication at CEFOVID Uganda and Charity school is English though majority of the Vulnerable Families and communities we operate in speak little English and more local languages.
Past Volunteers	USA, German, England.

KAWEMPE YOUTH DEVELOPMENT ASSOCIATION (KYDA)**PROJECT CODE: UPA/MLTV/16**

Background	<p>Kawempe Youth Development Association is a Non- Governmental Organization whose vision is to provide an appropriate framework for enabling the youth to develop social, economic, and cultural skills in order to enhance their participation in the overall development process and improve their quality of life.</p> <p>KYDA mainly targets vulnerable children and youth aged 10 -24 years with particular emphasis on school drop outs, street children, drug abusers, teenage mothers, HIV/AIDS orphans and slum youth in Kawempe division of Kampala District and the surrounding Wakiso District. Therefore, KYDA operates in two Districts of Kampala and Wakiso.</p> <p>KYDA is located on 5 ½ miles from Kampala City along Kampala-Gulu road highway in the Central region of Uganda. This area is characterized by a huge number of peasants mainly wage earners, who were displaced by the Luwero Triangle war and migrated to Kawempe Division and the surrounding parts of Wakiso to escape war effects. Well as the street children come as a result of the war insurgency in Northern Uganda, high cost of education, peer influence, single motherhood, abject poverty in homes and child neglect hence they find streets more welcoming.</p> <p>The organization is registered under the 1989 Non-Governmental Organizations statute by the NGO Board and it operates a head office in Jinja – Kawempe zone A on Wakiso District without posts in Kazo-Angola, Kawempe 1 and 11 parishes of Kawempe Division- Kampala District</p>
Aim	To empower Children and youth with life and vocational skills, especially those out of school so that they can live better lives able to sustain themselves.

Activities	<ul style="list-style-type: none"> • Training vocational skills; tailoring, hair dressing, mechanics and electricians. • Providing recreation activities to children and youth such as games and sports, drama etc. Through which preventive messages about HIV/ AIDS can be passed on to the youth. • Providing rehabilitation services to children who were sexually exploited by offering them behavioral change sessions, legal support, etc. • Train life skills. • Provisional of vocational skills to vulnerable children. • Counseling. • Support orphans and other vulnerable children with basic needs such as education, clothes, food and medical care. • Advocacy. • Preventive and curative health services. • Re integration of the children to their families after rehabilitation, that is, family reunion and resettlement. • HIV testing. • Kiganda Children for Change Project; KYDA's street children project with the aim to get children back to school. • Working in the Demo garden. • Designing and producing handcrafts.
Volunteer Tasks	<ul style="list-style-type: none"> • Social support to HIV/AIDS orphans and other vulnerable children. • Join in home visits to positive living children or other vulnerable children to assist in food preparation, cleaning (hygiene) basic medical care and counseling. • Office work related to organization development and programming. • Move within the slum communities of Kawempe division and the rural areas of Wakiso, to care givers of orphans. • Volunteers can also spend time working within the studios, ie participating in health talk, talk shows, dialogues, schools where our orphans receive education from and offices of the agencies which support the work of the Project. • Participate in organizing recreational activities, retreats for children. • Music dance and drama • Participate in the Kiganda Children for Change Project; teaching the children basic English/Math, life skills teaching, home visits, fundraising, counseling, writing reports, additional programs such as music, dance & drama, gardening and sports.
Volunteer Qualities	<ul style="list-style-type: none"> • Emotionally strong. • The volunteer should be ready to interact with marginalized, vulnerable and neglected positive and negative children inside and outside slums and villages. • Ability to work with children and youth. • Kiganda Children for Change Project prefers volunteers in the age of 21 and above, because of the intensity and uniqueness with the street children.

Working Hours	KYDA office hours are from 9.00am to 16.00pm five days a week. However, the possibilities of having optional activities over the weekend may not be ruled out, if so, there is a possibility to change hours during the weekdays.
Transport	KYDA is located five and a half miles from Kampala-Bombo-Gulu highway, operates in Wakiso Kampala districts both in central Uganda region. Public transport is available all day long using mini busses or Boda Boda's (motorcycles). It will cost a volunteer 15,000 Uganda shillings to and from, if the volunteer lives in UPA guest house, with a 10-15 minutes walking distance off Bombo road in Kawempe trading centre (or when using a Boda Boda transport). One should also have the patience and tolerance to go through the heavy traffic jam in Bwaise town in the rush hours of the morning and evening (in case you're using public transport).
Accommodation	A volunteer may live in UPA Guest house or UPA may provide accommodation for the volunteer in a host family within the local communities to further enable the volunteer integrate more with the typical family life in Uganda.
Comments from UPA	Working with marginalized, youth and children may call for a volunteer ready to experience irritating and challenging situations. However, a volunteer shall be required to carry a very open heart that can accommodate these situations.
Communication	Communication with KYDA members and staff is easy as most are educated. However, not all orphans and vulnerable children are able to speak good English.
Past Volunteers	Germans, Dutch, Finnish, Swedish, Japanese, Italians

MASANAFU CHILD AND FAMILY SUPPORT (MCAFS)

PROJECT CODE: UPA/MLTV/17

Background	Masanafu Child And Family support (MCAFS) is an Organization established and registered as a Community Based Organization in 2003. With the urge to find remedy to ever increasing problem of poverty and human degradation, with a special focus on Orphans and Vulnerable Children (OVC) infected and affected by the HIV/AIDS scourge. MCAFS is located at Masanafu along Ssentema road, six Kilometers from Kampala City in Kampala. MCAFS established and supports OVC through vocational skills training at St. Padre Pio Vocational Training
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	<p>Institute. It supports retention in school of children extremely in need through an educational support program, by paying school fees and providing scholastic materials to these children in various schools both secondary and primary. To the surrounding community MCAFS carries out socioeconomic strengthening of OVC caregivers, sensitization on child protection, health care and psychosocial support to OVC and increasing the rural community's awareness on HIV/AIDS prevention.</p> <p>MCAFS has singled out skills training and support as the appropriate strategy in improving the lives of the less advantaged ones, more especially the HIV/AIDS affected orphans and vulnerable children.</p> <p>Currently MCAFS supports more than 200 OVC in formal education, 120 OVC households in socioeconomic strengthening and sustainable agriculture, 86 formally out of school youth in vocational skills training and post vocational support for over 90 OVC who graduated over the previous years, and entrepreneurship and income generation support to over 120 teenage mothers.</p>
<p>Aim</p>	<p>Improving the lives of the most disadvantaged ones through skills training and support.</p>
<p>Activities</p>	<p>Vocational skills training in:</p> <ol style="list-style-type: none"> 1. Carpentry and joinery 2. Welding and metal fabrication 3. Brick laying and concrete practice 4. Tailoring and garment cutting 5. Motor vehicle mechanics 6. Salon and hair dressing 7. Electrical Installation 8. Agribusiness <p>Social economic support:</p> <ol style="list-style-type: none"> 9. Green house vegetable growing 10. Silos (Post harvest proper grain food storage and milling) 11. Backyard gardening 12. Entrepreneurship training and support to heads of households 13. Training in and Income generating activity support to teenage mothers 14. Formation and support to village saving groups (VCLS) <p>Psychosocial support:</p> <ol style="list-style-type: none"> 15. Support to needy households to access medical treatment 16. HIV/AIDS sensitization / Testing and referral and support to treatment.
<p>Volunteer tasks</p>	<ul style="list-style-type: none"> ❖ Working with the social workers in their day today activities. ❖ Assist in record keeping ❖ Computer training

	❖ Technical support in the specific areas listed above. Eg. Welding mechanics, tailoring. Carpentry. Horticulture Etc.
Working Hours	8:45 am to 16:45 pm, Monday to Friday!
Transport	From UPA Guesthouse/Nansana to Masanafu, it is 7 kms and it costs 12,000 Ugandan shillings (to and from) by public means or a hired motorcycle (Boda Boda).
Accommodation	Volunteers can stay at UPA Guest house although MCAFS can always arrange with different families to HOST its volunteers
Comments from UPA	This is a new but very interesting project for volunteers interested in working with vulnerable youth and orphans.
Communication	The basis of communication at MCAFS is English though majority of the clients and communities we operate in speak little English and local languages.
Past Volunteers	From Italy and Holland

UPRISE FOUNDATION

PROJECT CODE: UPA/MLTV/18

Background	<p>The Government of Uganda introduced free Universal primary Education in 1997. The programme has realized increase in enrollment but has equally faced challenges with quality of education provided in these schools. Much as the government provides teachers' pay, administration costs and constructs classrooms in some schools, the schools and parents have a burden of providing refresher courses for teachers, renovating dilapidated classrooms, provision of meals and scholastic materials and improving the learning environment in general.</p> <p>According to Uwezo, an education research organization working in East Africa,</p>
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	<p>reports in their annual education report 2014 that 2 out of 3 pupils that complete primary level cannot read and write. The project realized this and initiated strategies to improve the learning outcomes in public schools in Wakiso district by training teachers in improving the learning environment and making of learning aids using local inexpensive materials. The project also trains School management Committees of such schools on their roles and responsibilities, planning and budgeting, resource mobilization and effective management of their schools. All this is done to improve the quality of education in these schools.</p> <p>In addition, the guardians who by law are obliged to provide scholastic requirements like stationary, uniforms and lunch for their children struggle with these provisions as the households benefitting from this programme are extremely vulnerable. The project on that basis started by providing soft loans to the guardians to start or improve small scale businesses to be able to pay for such provisions. Other guardians also benefit from Village Savings and Loans Associations where guardians make small but regular savings and later borrow to make or improve small scale businesses.</p> <p>Additionally, given a high dropout rate of students from public schools, the project decided to provide vocational skills for youth above 14 who are at the verge of dropping out or have dropped out of school. These youth are provided with skills to be able to create their own employment and for the others as well. Such skills include welding, carpentry, construction, masonry, plumbing, sewing/tailoring/textiles, catering/food service, cleaning and beautician/hair/nails. The project, where funding allows, provides startup kits for such youth to ensure they create jobs of their own.</p> <p>Volunteering with us will therefore be a memorable experience because it is fun-packed, intriguing, full of learning, and satisfying.</p>
Aims/ Objectives	To improve the lives of vulnerable children and their households by providing quality education, protection, access to good health and sustainable livelihood programmes.
Activities	<p>Uprise Foundation has for the last one year been involved in the following activities</p> <ul style="list-style-type: none"> • Teacher trainings in public primary schools in improving the learning environment using local materials • Training of key School stakeholders in alternative disciplinary measures • Vocational training for vulnerable youths • Sanitary pads training for vulnerable girls in public primary schools • Economic empowerment for vulnerable households • Training School Management Committees of public schools on their roles and responsibilities • Carrying out reading tents in the public and private schools
Volunteer tasks/roles	<p>The volunteer will be expected to assist the full-time staff by participating in the following:</p> <ul style="list-style-type: none"> • Assist in organizing teacher trainings by developing timetables and working on logistics • Assist in organizing training of key school stakeholders in alternative

	<p>disciplinary measures by developing training aids and preparing logistics.</p> <ul style="list-style-type: none"> • Assist supported vocational students with basic computer training • Assist in organizing sanitary pads training for vulnerable girls in public primary schools • Monitoring Village Savings and Loan Association groups to track performance and provide technical assistance. • Assist in carrying out reading tents in the public and private schools
Volunteer qualities	<p>The volunteer must:</p> <p>Exhibit passion/enthusiasm for working with vulnerable communities</p> <ul style="list-style-type: none"> • Be patient and flexible. • Be friendly and open minded • Be creative • Be honest, caring and reliable • Exhibit effective communication skills with clients and staff • Have respect for differences in personality, cultures etc. • Have willingness to learn and share knowledge and experiences
Working hours	From 8am-5pm, Monday to Friday. But on some occasions, the economic empowerment activities can be conducted on weekends
Transport	The Uprise Foundation offices are located about 1.5kms from the UPA office. Public transport to and from the school is easily accessible and it costs 4.000 UGX for a return journey
Accommodation	The Volunteer can stay at UPA Guest House, or in a host family around Nansana community
Comments from UPA	The project office is located in a Peri-urban area where a big percentage of people can speak English. Many of its activities are however located in semi-rural areas. All school based activities are carried out in or around schools where the main mode of communication is English. However, economic empowerment trainings and meetings are held with caretakers in the local language.
Communication	The staff and project Managers do speak in English and it is the medium of communication to learners. In some instances where local languages are used, translation is done by the team members.
Past Volunteers	Finland and South Korea

ASSEND YOUTH DEVELOPMENT FOUNDATION

Project code: UPA/MLTV/19

Background	<p>Assend Youth Development Foundation was founded in 2011 as a street children initiative by a former street youth Mr. Kibande Moses Daniel who learnt about the real life of a street child and all the consequences a head, he then started sharing them with his peers, and in 2013 AYDF, was officially registered as a community based organization with registration NO, CEN/13/156 mainly to a power valuable communities/street children with valuable and marketable skills that enhances their potential to effectively participate in the development process of the country and at household levels by initiating practical skills development among themselves and hence improve on to their social wellbeing.</p> <p>Realizing from the past research work carried out by AYDF on the causes and impact of street life on both personal and national development, and recognizing the escalating number of street children in Kampala suburb areas, AYDF realized the need to expand its areas of operation so as to bring about comprehensive and effective social service delivery to the target group, therefore in 2015, AYDF was registered as a non-government organization with registered number S.5914/11964.</p>
Vision	To develop hope and self-reliance among vulnerable communities/ youth and street children to enable re-integration with their communities.
Mission	Empowering the local communities/street children to identify their potential by identifying and utilizing the available resource so as to cause national development and thereby promoting a positive social welfare.
General Objective:	Reduction of poverty among the poor/marginalized groups through initiating self-help projects
Activities	<ul style="list-style-type: none">• Girls reproductive health awareness skills for girls (health, entrepreneurship loans)• Community and home visits among others at our projects in Kampala New Project in Busega Kibumbilo Zone of Lubaga North "creative learning centre".• Human rights Advocacy:• Economic Empowerment• Documentation/proposal Developing and design• Street Children/Community outreach• Vocational skills training,• Soccer program,• Education support• Resource mobilization,• Counseling and psychosocial support

Volunteer tasks	<ul style="list-style-type: none"> • Engage street children, orphan and other vulnerable children in Counseling and psychosocial support • Vocational training skills (if the volunteers brings the skills) • Engage the street children/ vulnerable children in sports/ Soccer program so as to promote talent and skills development • Curry out/participating in community and home visits together with other staff, to see the life situation of the children living in the slums • Participate in promoting functional literacy and numeracy among the street children that can prepare them for formal education • Organizing, teaching and supervising the computer class • Documentation/proposal Developing and design • Street Children/Community outreach: this involves community HIV/AIDS awareness and testing. Street children counseling. AYDF is working on 4R module which involves Rescue, Rehabilitate, Reconcile and Resettle. • Economic Empowerment: AYDF is working closely with vulnerable community households by providing small loans to set up small scale businesses that will enable them improve on their social welfare. • Human rights Advocacy: AYDF works closely with the community leaders, religious leaders, police, local government, and central government to promote child rights and create awareness among the vulnerable community members and ensure safer place for child development
Volunteer qualities	<p>AYDF has different programs, it depends on the volunteers skills and interest where to engage, there is room for new activities.</p> <p>Volunteers with social work skills but also other professions are very welcomed.</p> <p>AYDF also welcomes volunteers with no profession but can use practical skills and experiences to perfect social service delivery to the needy people. However we expect volunteers adhering to our objectives to be active, take and participate in the organization's activities that fit his/ her interest in working with AYDF and share the knowledge with other staff members for perfect social service delivery.</p>
Working hours	Volunteers are supposed to be at the office by 9:00am until 4:00pm. However, in some cases volunteers may work longer hours but after discussing with the project managers
Transport	It takes 8,000/= UGX (to and from) from UPA to AYDF Centre along Northern by-pass Busega Kibumbiro (Kampala) by public means.
Accommodation	At UPA volunteer Guesthouse in Nansana
Comments from UPA	It is one of the inspiring projects that work for street children around the suburbs of Kampala. The volunteer/s interested in this project should have passion for such disadvantaged children and must be flexible since it is a special group for children with various backgrounds.
Communication	Most of the children can communicate in English; otherwise, translation is also possible at the project from staff and other local volunteers
Past volunteers	Germany, Japan,

PROJECT CODE: UPA/MLTV/20

Background	Trust Future Uganda (TFU) is an NGO which aims at offering a brighter future to youth, orphans or vulnerable children and disadvantaged women living in Uganda. Trust Future Uganda is located in Kazo Central Zone Nabweru Katooke Road, Nansana Town Council, Wakiso District and 5km from Kampala City Centre.
Aims	<ul style="list-style-type: none">• To provide orphans and vulnerable children with educational support• To empower disadvantaged women through economic activities• To create awareness on health issues• To offer functional education to adults
Activities	Trust Future works in three sectors: education, health and economic empowerment. 1. Education for: <ul style="list-style-type: none">• Children. Our primary school counts 183 students, including 53 most vulnerable children or orphans. We educate children from 4 to 14 years.• Adults who did not receive or complete their primary education. We offer them language courses and business mathematics three times per week. 2. Health <ul style="list-style-type: none">• In partnership with local organizations we offer free HIV test, counseling and psychological support to the local community.• In partnership with a local dispensary, we provide our vulnerable pupils with a free access to health care and medicine. 3. Empowerment of: <ul style="list-style-type: none">• Disadvantaged women through economic activities like craft products (mats, lady's hand bags, beads, craft shoes, envelopes and paper bags).• Youths: we provide youths – who drop out of school or got early marriage – with professional skills (i.e. bricks and shoes making or sewing activities).

Volunteer tasks	<ul style="list-style-type: none"> • Management: accountancy and finance of the projects prioritize NGO's needs - Project management: planning, implementation, monitoring, defining budget and evaluation, finding new sources of sustainability. • Research work: qualitative and quantitative research about our beneficiaries (disadvantaged women, youth and children) regarding to living conditions, health, income, nutrition, accommodation, etc. • Field work: social work in the communities, meetings and interactions with our beneficiaries (advices and prevention), guidance and psychological support. • Journalism: in order to create awareness among the social network, you will collect and write short interviews and positive stories of Trust Future's members – either staff, or beneficiaries (Humans of Trust Future). • Marketing / communication: strategic marketing and operational, promotion of the projects, creation of promotional supports (video, brochure, flyers, business card, ...), promotion of volunteering (through also voluntarism) and internship, writing job description of volunteering opportunities, finding international market for Women empowerment's craft products, etc. • E Marketing: interactions with the web users on social networks (i.e. Facebook) and the website (update and writing) • Public Relations: - partnership-building : with the objective of recruiting new volunteers/internships and collecting supports, you will be looking for international partnerships with High School (social workers, teachers), Secondary School, foundations, companies (Corporate Social Responsibility (CSR), etc., - search of local partners (building a strong network), - fundraising programme (writing fundraising proposals and implementation) • Teaching: in collaboration with the teaching staff, you will teach subjects such as English, Mathematics, Sciences, Geography, Physical Education, Art (drawing and painting) or any other relevant subject (i.e. foreign languages, computer skills).To provide recreational activities to children and youth such as games and Sports. • Photography / Video: in order to create awareness about Ugandan living conditions and culture, you can capture pictures or videos of Trust Future's environment (community) or members (staff, beneficiaries). • IT: updating of the website.
Volunteer qualities	Anyone with an open mind and a caring soul can volunteer with TFU. No specific skills or training is required. However, being proactive and flexible are essential. What you will achieve depends on your commitment and motivation. Please note that teaching function may not be available during school holidays: January, April, August and December.
Working hours	Office hours are from 9:00am – 4:00pm.
Transport	From the UPA Guest House it is 20 mins with a Boda Boda. It costs approximately 10,000 Ug Sh to and from.

Accommodation	A Volunteer may live in UPA Guesthouse or TFU may provide accommodation for the volunteer in a host family with one of our community households who are carefully selected.
Communication	Communication at the organization will be in English.
Comment from UPA.	Working with children as well as communities makes TFU a good placement which will introduce the volunteer to Uganda's education and healthy system. The volunteer should be highly motivated with an open mind. Note: All volunteers choosing school project should always remember to consider the school holidays. Schools are closed in April – May, August to September and December to early February.
Past volunteers	From Belgium, France, Finland, Germany, Ireland and Spain

SUSTAINABLE YOUTH DEVELOPMENT FOUNDATION

PROJECT CODE: UPA/MLTV/21

Background	<p>Sustainable Youth Development Foundation – (SYDF) is a youth led, non-political and not for profit Community Based Organization. It was established on 12th November, 2015 by the General Meeting in Kifumbira, attended by many village members and elite persons from different villages in Mulago III parish but legally registered on 9th August, 2016 under Reg. No. KAW/16.038. SYDF was formed basing on the willingness of the community people with the target of dealing with the present socio-economic problems faced by the youths in different villages of Mulago III Parish by means of good understanding and sharing the problems to find the best solutions through open discussions and inclusive decision making. From March 2015 to November 2015, SYDF implemented and was involved in a number of community activities like mobilizing the youth in community cleanings and HIV/AIDS awareness sensitization. “SYDF” refers to a methodology or community-based process that evolved from 10 years of experience from Save Street Children, working with street and community vulnerable children.</p> <p>Vision: SYDF visualized a youths' generation that is poverty free, socially, economically self-reliant and conscious about basic rights and human dignity.</p> <p>Mission Statement: SYDF works to assist the youths and young people at grass root level to find access to sustainable development in society with due dignity to solve their own social-economic problems.</p> <p>Core values of the organization are:</p> <ol style="list-style-type: none">1. Respect for human rights2. Collective participation3. Transparency4. Accountability5. Integrity6. Volunteerism7. Respect for the rule of law
Aims	<p>The Objectives/Aims of SYDF include:</p> <ol style="list-style-type: none">I. To facilitate the youths' engagement in community, national and international processes in promoting positive, sustainable and progressive development.II. To promote youth awareness and responsiveness to development issues and improve access to information on youth and policy issues at community levels.III. To facilitate and promote the capacity building of community stakeholders that are working with vulnerable youths and the youths taking part in positive, sustainable and progressive development.IV. To equip the youths with skill in public social responsibility, accountability, leadership and offer spiritual mentorship.V. To empower the youth fight against HIV/AIDs and drug abuse

Activities	<ul style="list-style-type: none"> ▪ Entrepreneurship skills' development ▪ Quality and marketable hands on skills' training ▪ Talent Identification, development and management ▪ Public social responsibility, accountability and spiritual mentorship. ▪ Physical skills' capitalization ▪ Proper Identification and utilization of resources ▪ Environment and relations' management ▪ Civic education and governance and spiritual mentorship. ▪ Drug abuse, sexuality and HIV/AIDs ▪ Media management
Volunteer tasks	<ul style="list-style-type: none"> • Entrepreneurship skills' training • Bible Study (Spiritual mentorship) • Assisting in Counseling and psychosocial support • Vocational training (if the volunteers brings the skills) • Governance and leadership training • Participating in community outreaches • Sexuality Education
Volunteer qualities	<p>SYDF has different programs, it depends on the volunteers skills and interest where to engage, there is room for new activities.</p> <p>Volunteers with social work skills but also other professions are very welcomed.</p>
Working hours	<p>Volunteers are supposed to be at office at around 9:30am and work will finish at around 4:00 pm (except during holidays).</p> <p>However, in some cases volunteers may work longer hours.</p>
Transport	<p>It takes 10,000 Ug.Shs (to and from) from UPA to SYDF offices in Mpererwe by Bodaboda</p>
Accommodation	<p>At UPA Guesthouse in Nansana or a host family in Nansana</p>
Comments from UPA	<p>The placement at SYDF can be interesting since we offer volunteers opportunities to be fully engaged in different activities ranging from young people to youths and community projects. It requires a volunteer who loves working with young people and flexible.</p>
Communication	<p>Most of the young people can communicate in English; otherwise, translation is also possible at the project with the project staff and other volunteers</p>
Past volunteers	<p>Finland</p>