

IPDJ Workcamp Programme 2026

PORTUGAL



IPDJ – Instituto Português do Desporto e Juventude

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Who are we? What is our mission?

IPDJ or Instituto Português do Desporto e Juventude is a governmental organization that has the task to implement in the whole national territory and at international level the youth policy. The PORTUGUESE SPORTS AND YOUTH INSTITUTE (IPDJ), results of the fusion in 2012, and succeeds in all the powers and obligations, of public bodies in the area of sport and youth, in particular the Portuguese Sport Institute, the Portuguese Youth Institute, the Foundation for the Dissemination of Information Technologies and Movijovem (Youth Hostels and Youth Card). IPDJ is widespread in the whole continental territory, with presence in the 5 regions (North, Center, Lisbon, Alentejo and Algarve) and their 18 district capitals

We have 8 areas of intervention as we develop several national programs about it – support youth organizations, citizenship and participation; health and healthy lifestyles, studies on youth; Non-formal education, social inclusion and gender quality and innovation and entrepreneurship and employment. At international level we have several youth actions. We are a member of CCIIVS and we have been an active partner on International Workcamps (especially through SCI) more than 30 years till now.

The IPDJ 2025 workcamp programme includes 22 camps for 373 volunteers as the board below:

JULY CAMPS - 14										
Nº	PT Code	International Code	Camp name	Areas	Local Host	Local	start	end	days	places
1	PT-SA-03-26	PT-IPDJ 10.7	DREAM SCHOOL ACTION	Socio comunitary, environment	Associação Grupo de Dança Dream Dancing	Santarém	01/07/2026	12/07/2026	12	20
2	PT-AV-05-26	PT-IPDJ 10.1	EcoMoita	environment	Associação BioLiving	Aveiro	01/07/2026	12/07/2026	12	20
3	PT-VR-15-26	PT-IPDJ 12.4	AHAS Heritage Volunteers	cultural, archaeological	Associação de História e Arqueologia de Sabrosa	Vila Real	06/07/2026	17/07/2026	12	12
4	PT-CB-13-26	PT-IPDJ 5.1	Building Connections	social	Associação Belmonte em movimento	Castelo Branco	06/07/2026	17/07/2026	12	16
5	PT-PO-02-26	PT-IPDJ 9.1	Stage on the Street: All included	cultural social	Aventura Marão Clube	Porto	07/07/2026	18/07/2026	12	17
6	PT-BR-19-26	PT-IPDJ 11.4	Ecofestival Mother Earth	sustainability, environment	Youth Union of People with Initiative	Braga	11/07/2026	22/07/2026	12	20
7	PT-EV-12-26	PT-IPDJ 11.5	For Climate 6.0	environment	Marca - Associação de Desenvolvimento Local	Évora	13/07/2026	24/07/2026	12	18

8	PT-BG-22-26	PT-IPDJ 11.1	United by Donkeys IV	environment, animals	CAB - Centro de Acolhimento do Burro	Bragança	13/07/2026	24/07/2026	12	17
9	PT-LI-09-26	PT-IPDJ 10.6	EcoFrossos 2.0	environment	Sociedade Portuguesa de Entomologia	Lisboa	14/07/2026	25/07/2026	12	20
10	PT-SA-04-26	PT-IPDJ 10.8	DREAM CARE ACTION	Socio comunitary, environment	Associação Grupo de Dança Dream Dancing	Santarém	17/07/2026	28/07/2026	12	20
11	PT-GU-17-26	PT-IPDJ 10.5	Invasive Species 3.0	environment	Associação de Promoção S R D H de Maceira	Guarda	13/07/2026	24/07/2026	12	20
12	PT-BR-07-26	PT-IPDJ 11.2	Cacarejo N'Aldeia - EcoFest	environment	CAISA	Braga	20/07/2026	29/07/2026	10	12
13	PT-VI-20-26	PT-IPDJ 12.3	Granja Ativa	cultural patrimony, comunitary	Grupo Desportivo e Recreativo da Granja	Viseu	23/07/2026	02/08/2026	11	12
14	PT-AV-06-26	PT-IPDJ 12.1	AVANCA 2026	festival, cultural	Cine-Clube de Avanca	Aveiro	24/07/2026	04/08/2026	12	17

AUGUST CAMPS - 3

Nº	PT Code	International Code	Camp name	Areas	Local Host	Local	start	end	days	places
15	PT-BR-16-26	PT-IPDJ 11.3	Live Nature Live Together 26	environment	Syaj - Associação Juvenil Synergia	Braga	02/08/2026	13/08/2026	12	17
16	PT-BG-21-26	PT-IPDJ 10.3	Nature Embassadors IV	environment	Associartecine Associação de Dinamização dos Audiuvisuais	Bragança	10/08/2026	21/08/2026	12	17

17	PT-CO-18-26	PT-IPDJ 10.4	Candal: Living Village	environment, restoration of natural patrimony	Activar - Associação de Cooperação da Lousã	Coimbra	31/08/2026	11/09/2026	12	17
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SEPTEMBER CAMPS - 5										
Nº	PT Code	International Code	Camp name	Areas	Local Host	Local	start	end	days	places
18	PT-PO-14-26	PT-IPDJ 12.2	ReSound	sustainability, environment	Associação Sójovem das Saibreiras	Porto	01/09/2026	12/09/2026	12	12
19	PT-AV-10-26	PT-IPDJ 10.2	EcoFílveda	ennvironment	Associação Charcos&Companhia	Aveiro	02/09/2026	13/09/2026	12	20
20	PT-VI-11-26	PT-IPDJ 11.8	YouConnect	ennvironment	Associação Youthvision	Viseu	06/09/2026	15/09/2026	10	12
21	PT-FA-08-26	PT-IPDJ 11.6	Hands on Land	sustainability, environment	Associação Novas Descobertas	Faro	17/09/2026	28/09/2026	12	20
22	PT-PO-01-26	PT-IPDJ 11.7	Another World is Possible!	sustainability, environment	Equação, Cooperativa de Comércio Justo, Crl	Porto	19/09/2026	30/09/2026	12	17

All our camps are only for volunteers of 18 to 30 years old

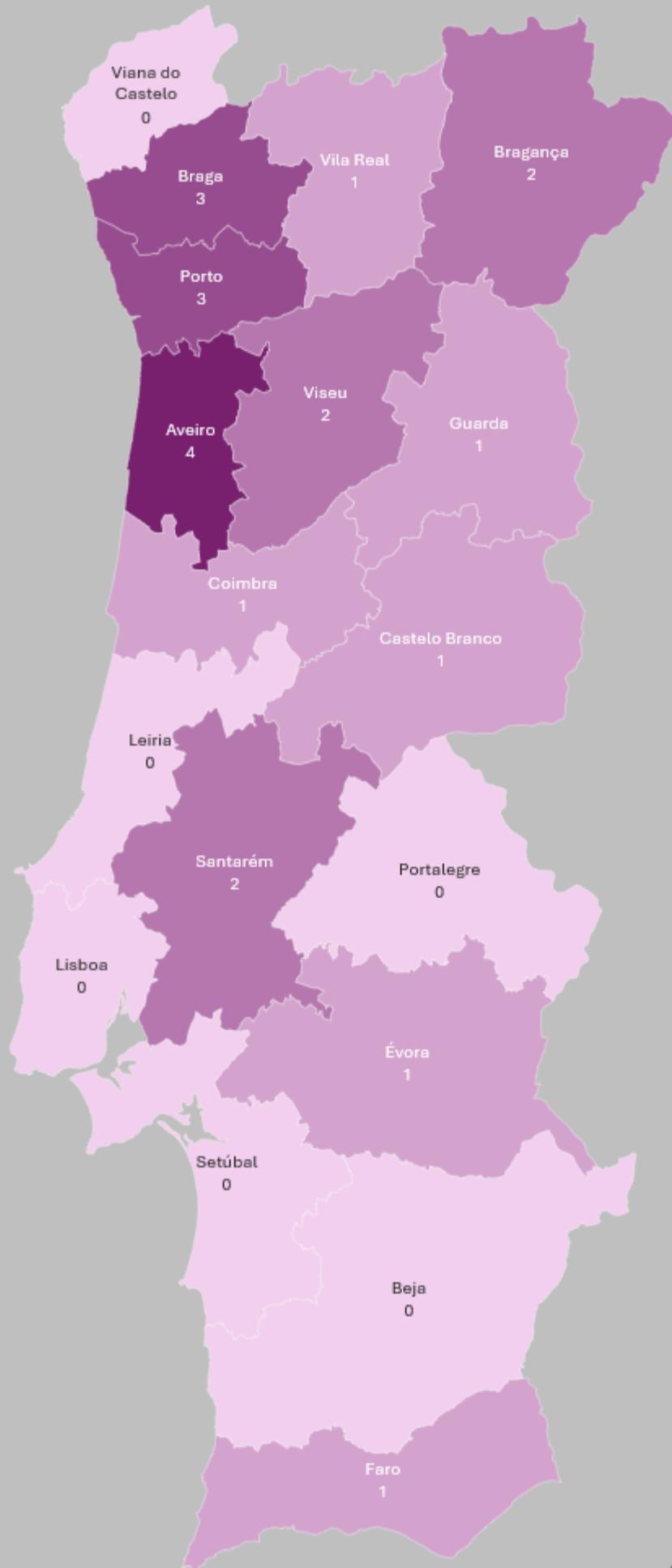
There are no fees in our camps.

We have insurance in all camps have during the stay - a personal accident insurance contract, which includes, as a minimum, coverages in cases of death, permanent disability, treatment costs, funeral and repatriation.

We are not participating in the ESC (European Voluntary Corps) because we can't receive funds from Erasmus program.

You can see all the 22 camps in the map of Portugal bellow:

Number of Camps per district for 2026



WORKCAMP CODE	PT-AV-05-26
CAMP NAME	EcoMoita
DATES	01/07/2026 – 12/07/2026

LOCAL HOST (*organization name, aims, main activities, internet address, you can add a small logo of your organization*) – Maximum - 130 words



Associação BioLiving is an award-winning non-profit NGO which motto is "Nature and Education for All". Our objectives are, among others, to Promote sustainability; Encourage environmental citizenship and public participation in the defence of natural values; Boosting the social economy; Promote inclusion, peace and solidarity, using education, natural resources and the protection of nature as their trigger; Provide monitoring and scientific consultancy in the fields of forest, biodiversity and environmental education; but essentially to demonstrate that nature belongs to everyone and to all.

Our team includes biologists, forest engineers, land planners, ecotourism and sports professionals, designers and marketers, historians and professional environmental educators/science communicators. We work together for over 18 years, aiming at bringing nature and biodiversity to all. In the last 5years we have planted over 15000 trees, restored over 20ha of degraded habitat, financed 4 scholarships, and promoted over 15000 collective actions of community/environmental volunteering. Know our work at www.biolving.pt

WORKCAMP DESCRIPTION

Camp Description and Aims

General objectives:

- Improvement of the visiting and safety conditions at Quinta Ecológica da Moita - QEM (<https://www.quintaecologicadamoita.org/version-un>), a 14 hectares oak forest that has been abandoned for about 6 years;
- Valorization and promotion of natural and cultural heritage (namely, walking trails and green areas);
- Promotion of sustainability, environmental awareness, and biodiversity protection;
- Promotion of intercultural relationships, good environmental practices, and citizenship;
- Promotion of specific skills in the field of cultural and natural heritage protection.

Specific objectives:

- Maintenance and clearance of walking trails;
- Removal of invasive species and prevention of forest fires by controlling shrubs and invasive vegetation;
- Maintenance and recovery of a wildlife pond;
- Installation of shelters for wildlife;
- Recovery of traditional walls and fountains;
- Improvement and protection of biodiversity and ecosystem services;
- Valorization of natural and cultural heritage through participation in leisure activities and workshops.

Voluntary Work and Tasks of the Camp

- Restoration and clearance work of some degraded trails and natural heritage;
- Vegetation trimming and removal;
- Improvement of local fauna, flora, and landscape, including fire prevention actions;
- Building nest-boxes for birds, insects and bats;
- Cleaning a pond for wildlife;
- Control invasive species;
- Presentation and discussion of the natural and social reality of the regions of origin of the participants;
- Promotion of environmentally and socially responsible attitudes and values;
- Development of action-training actions focused on individual and collective learning.

What the volunteers can Learn in this Camp? (study part)

- Participants will perform field tasks but also learn about nature conservation and engage in conservation-training activities, while getting to know the Portuguese fauna and flora;
- Participants will interact with biology students that are doing their studies in the nature areas where we are going to work;
- Participants will also learn why nature conservation is important and how small environmental projects such as these workcamps can be crucial to preserve an entire habitat;
- Encouragement of international exchange and exchange of experience;
- Presentation and discussion of the natural and social reality of the regions of origin of the participants;
- Promotion of environmentally and socially responsible attitudes and values;
- Development of action-training actions focused on individual and collective learning;
- Get to know local culture and traditions.

Free Time, Leisure Time and Visits preview

- The amazing city of Aveiro, and its traditional 'moliceiro' boats, [salt pans](#), and [colourful houses](#), and modern [university](#).
- The Ilhavo Maritime Museum (<https://museumaritimo.cm-ilhavo.pt/>)
- Sketch'n Fun, art crafts, music, environmental movies night, traditional games, quiz night, talks, cultural and environmental tours.
- Several workshops and biodiversity-related activities.
- Beach time.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (*if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location*)

The camp will take place at the Quinta Ecológica da Moita (QEM), a 14 hectares forest that locates at the village of Oliveirinha, in a rural setting near the city of Aveiro, here: <https://maps.app.goo.gl/FP1VUruHVgReL2Fm9> QEM used to be a very active educational forest but it has been abandoned for a few years and needs restoration and maintenance work to become visitable and a pedagogical forest again.



Accommodation/Food

Participants will sleep in sports complex near QEM, on mattresses and with their sleeping bags. There will be 2 shared rooms (separated by gender). There are hot water showers also separated by gender in sports locker rooms.

Participants have to bring their own towels and hygiene products, sleeping bag or sheets+blanket, and pillow. The organization will provide breakfasts, lunches and dinners. Lunches and dinners are prepared/cooked served at a canteen from Santa Casa da Misericórdia's social complex, but some lunches will be served in the field (sandwiches, fruits, etc.), as well as mid-morning and mid-afternoon snacks. There will be a vegetarian option.

CONDITIONS OF PARTICIPATION

Internal rules of the Camp

- High sense of citizenship and environmental protection.
- Will to work for nature protection and improvement.
- Will to learn and share nature protection techniques and good practice.
- Language skills (English preferable, but also Portuguese, Spanish).
- Always be punctual.
- Always respect others' opinions.
- Will to interact with local community and elderly people.
- Respect hygiene and safety measures.

Special remarks or requirements of the Camp -

INSURANCE (kind of covers)

Death and permanent disability, work accidents, treatments, funeral.

WHAT VOLUNTEERS HAVE TO BRING

Music and food from your region, working clothes and shoes, sun screen, hat, a presentation on the nature of your region, towels and all needed hygiene products, sleeping bag.

MEETING TIME AND MEETING POINT

Arrival date:	01/07/2026
Timetable or period:	11h00
Place Name:	Aveiro train station (https://maps.app.goo.gl/yLfYyR8aKhW7yLp5A)
Place Address:	Rua Artur de Almeida Eça, Aveiro
Emergency contact:	Associação BioLiving - +351 935 293 911 / +351 935 722 313

HOW TO GET TO THE MEETING POINT/CAMP?

Closest Airport:	Porto Airport (Aeroporto Francisco Sá Carneiro)
Closest Train Station:	Aveiro

Travelling from Porto by bus or train

There are direct buses from the Porto (Oporto) airport to Aveiro. If you can't find a direct bus: just outside the airport take the metro (subway <http://en.metroporto.pt/>) to Porto – Campanhã main station (30min). At Campanhã, take a train or bus to Aveiro. Local trains are cheaper, but you need to buy the ticket at the counter. Faster trains (InterCidades or Alfa Pendular) are more expensive but can be booked online (www.cp.pt).

Travelling from Lisbon Airport by bus or train

Just outside the airport take the metro (subway <http://www.metrolisboa.pt/eng/>) to Oriente main station (10 min). At Oriente, there are trains and buses to Aveiro. There are Express Buses directly to Aveiro (about 3h; check Rede Expressos or FlixBus). Alternative: at Oriente main station take a train to Aveiro (fast trains are 2h). From Lisbon we recommend faster trains (InterCidades or Alfa Pendular) that can be booked online (www.cp.pt).

Special recommendations:

Book bus in advance at <https://rede-expressos.pt/pt/horarios-bilhetes>

Book intercities or fast trains at www.cp.pt

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	20
Working language:	English
Country currency:	Eur
Weather expected during the camp:	Sunny and hot weather
Local Host organization address:	Rua do Outeiro, Frossos; 3850-635 Albergaria-a-Velha; Portugal
Local Host organization phone:	+351 935 293 911 / +351 935 722 313
Local Host organization email:	info@bioliving.pt
Local Host contact person:	Daniela Simões
Camp Leader Name:	Milene Matos
Camp Leader mobile phone:	(+351) 964712455
IPDJ Regional address:	IPDJ Aveiro - Rua das Pombas - Edifício IPDJ; 3810-150 Aveiro, Portugal
IPDJ Regional phone number:	(+351) 234 482 233

WORKCAMP CODE	PT-AV-06-26
CAMP NAME*	AVANCA 2026
DATES	24 July to 4 August 2026

**Deve ser escolhido um título em inglês, pequeno e apelativo*

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words

The Cine-Clube de Avanca (CCA) is a non-profit association dedicated to the promotion and production of culture through audiovisual media, with headquarters in Avanca and regular and uninterrupted activity since its foundation.

The Cine-Clube de Avanca has been dedicated to the production of films by young filmmakers, to itinerant cinema sessions and cinema in schools, to formative intervention with schools in the region.

Since 1997, CCA has been organizing the “International Film, Television, Video and Multimedia Meetings - AVANCA”. This being the tutelary event for all CCA activity in recent years, past activity is marked by many exhibitions, cycles and extensions of recognized value.

Website: www.avanca.com

Email address: avancafilmfestival@gmail.com

WORKCAMP DESCRIPTION

Camp Description and Aims

Volunteers in this work camp are involved at multiple levels of the organization, providing essential support for the success of this International Meeting. As AVANCA is a space that fosters the exchange of ideas, creative fusion, and cultural interaction among professionals, students, and enthusiasts of cinema and multimedia, IWC volunteers naturally become immersed in this dynamic, international, cultural, and creative environment.

In addition to moments dedicated to cultural activities and exploring the surrounding areas, the Cine-Clube de Avanca offers a variety of experiences that provide insight into the social, cultural, and gastronomic realities of Avanca and the wider region between the cities of Aveiro and Porto.



Voluntary Work and Tasks of the Camp

During preparation and setting phase

- Signposting setting for the different spaces in AVANCA 2026;
- Poster and pending poster distribution;
- Exposition setting and Organization;
- Adaptation of the Egas Moniz school classrooms for workshops attainment;
- Workshop related Video-Informatics equipment installation and testing;
- Cleaning and preparation of the Auditorium of Avanca for competitive sessions of Cinema and Video;
- Organization of the Egas Moniz School’s polyvalent;
- Airport reception and welcoming of the AVANCA 2026 international guests – directors, actors, producers, technicians, etc...
- Cleaning and maintenance of spaces and sanitary installations used by the IWC.

During the Festival:

- Check-in support for the AVANCA 2026 participants and guests;
- Maintenance of the Workshop rooms;
- Cantina support;
- Support during competitive sessions;
- Cleaning and maintenance of the AVANCA 2026 common areas;

After AVANCA 2026 ending:

- Collecting and verifying workshops’ equipment;
- Line-up and cleaning of the used spaces on their initial configuration;
- Collecting the material of the exhibitions and wrapping the works/material;

Collecting AVANCA 2024 posters and pending posters in Avanca and in Aveiro region..

What the volunteers can Learn in this Camp? (study part)

Volunteers are active participants and play an essential role in the development of the festival. They provide crucial support across all organizational levels, directly contributing to the successful execution of the event and its diverse requirements. The festival serves as an exceptional platform for communication, creative exchange, and cultural interaction among professionals,

students, and enthusiasts of the cinematic arts. The primary objective is to offer volunteers meaningful opportunities for personal and cultural enrichment, enabling them to acquire new knowledge within the fields of Cinema and Audiovisuals. Their participation extends through various stages of the event, including its preparation. This engagement equips young participants with valuable organizational and social skills, which serve as important assets for their future paths.

- Free Time, Leisure Time and Visits preview**
- Visit the Bioria, Natural Heritage of Estarreja, a natural ecosystem known for its richness and biodiversity and the Salinas de Aveiro;
 - Trip to Espinho beach;
 - Guided visit to the Egas Moniz Museum house, to discover the life of this Nobel Prize winner with such strong links to Avanca;
 - Ride along the Ria de Aveiro in typical boats where you can taste the famous "Ovos Moles" of Aveiro;

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)

Avanca is a Portuguese parish in the municipality of Estarreja, covering an area of 21.07 km² and home to 6,189 inhabitants. It is located in the District of Aveiro and borders the municipalities of Murto, Ovar, and Oliveira de Azeméis. Avanca is served by National Road 109, the A29 motorway, and the Northern railway line.

The workcamp is based at the heart of the festival, in the Escola Básica Prof. Dr. Egas Moniz, which also hosts the workshops, the secretariat, and the conference area. The school is situated in the center of the village, allowing volunteers to easily access essential services such as supermarkets, laundries, pharmacies, and other facilities. A canteen is available on-site, providing volunteers with free access during their stay. Address:

Escola Básica Prof Dr Egas Moniz



Rua do Morgado 110 / 3860-136 Avanca 40.81097555267849, -8.577419603894413

Accommodation/Food

Volunteers will be accommodated in the school's classrooms. They will have access to mattresses. The school has bathrooms and changing rooms with hot water, open 24 hours/day. Regarding food, breakfast will be prepared in the school canteen, where volunteers will have at their disposal the most varied items for its preparation. Lunches and dinners will be either in the school canteen or in local restaurants, always accompanied by the monitors.

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp
Volunteers can only leave the workcamp with the proper knowledge and authorization of the monitors.

Special remarks or requirements of the Camp
Smoking is not allowed inside the rooms, in the outdoor areas of the school. The camp has night-time surveillance.

INSURANCE (kind of covers)
All volunteers are covered by a personal accident insurance.

WHAT VOLUNTEERS HAVE TO BRING
Sleeping camping bag, pillow, items of personal hygiene, working clothes for some tasks and other goods that are deemed necessary.

MEETING TIME AND MEETING POINT	
Arrival date:	24 July
Timetable or period:	14:30
Place Name:	Avanca Train Station
Place Address:	Avanca Train Station
Emergency contact:	+351966190163

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)

Closest Airport:	International Airport of Oporto www.ana.pt
Closest Train Station:	Urban Train North railway - Porto - São Bento / Avanca or Porto - Campanhã / Avanca - www.cp.pt

Travelling from the Airport to (bus or train)

Getting to Avanca from the International Airport of Lisbon www.ana.pt

1. Bus, Taxi, Uber/Bolt or Subway to the train station of **Lisboa-Santa Apolónia**.
2. Getting to Avanca from the International Airport of Oporto www.ana.pt
1. Taxi, Uber/Bolt or Subway transfer to the train station of **Porto- São Bento** or **Porto – Campanhã**.

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

From Lisbon – Bus Lisbon / Aveiro - <https://rede-expressos.pt/pt> and then Urban Train North railway - Aveiro to Avanca. www.cp.pt

From Porto - Bus Porto / Aveiro - <https://rede-expressos.pt/pt> and then Urban Train North railway - Aveiro to Avanca. www.cp.pt

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

From Porto - Urban Train North railway - Porto - São Bento / Avanca or Porto - Campanhã / Avanca - www.cp.pt

From Lisbon - Intercity Train “Lisboa–Santa Apolónia” – Aveiro or ALFA service train “Lisboa-Santa Apolónia / Aveiro - www.cp.pt –

From Aveiro - Urban Train North railway - Aveiro to Avanca - www.cp.pt

Special recommendations**PRACTICAL INFORMATION AND CONTACTS**

Nº of volunteers:	17
Working language:	English
Country currency:	Euro
Weather expected during the camp:	Normally, warm weather with temperatures around 28/29 Celsius degrees during the day.
Local Host organization address:	Rua Dr. Egas Moniz, nº159 3860-078 Avanca
Local Host organization phone:	+351966190163
Local Host organization email:	avancafilmfestival@gmail.com
Local Host contact person:	António Valente
Camp Leader Name:	Hamilton Trindade
Camp Leader mobile phone:	+351966190163
IPDJ Regional address:	Edifício IPDJ, R. das Pombas, 3810-150 Aveiro
IPDJ Regional phone number:	+351 234 403 100

WORKCAMP CODE	PT-AV-10-26
CAMP NAME	EcoFílveda
DATES	02/09/2026 – 13/09/2026

LOCAL HOST (<i>organization name, aims, main activities, internet address, you can add a small logo of your organization</i>) – Maximum - 130 words	
	<p>Charcos & Companhia is an NGO dedicated to nature conservation, to the protection of the natural and built heritage in the Aveiro region and to the engagement and connection of people to the natural world.</p> <p>The camp will be organized in close collaboration with the Municipality of Albergaria-a-Velha and Associação BioLiving, an award-winning environmental NGO which motto is "Nature and Education for All".</p> <p>These three entities have been working together in the Ria de Aveiro region, and its wetlands to protect this extremely important and rare agroecosystem and the habitats and biodiversity existent in this coastal system.</p>

WORKCAMP DESCRIPTION

Camp Description and Aims

General objectives:

- Valorization and promotion of natural and cultural heritage around the river Fílveda;
- Restoration and improvement of natural habitats;
- Promotion of sustainability, environmental awareness, and biodiversity protection;
- Promotion of intercultural relationships, good environmental practices, and citizenship;
- Promotion of specific skills in the field of cultural and natural heritage protection.

Specific objectives:

- Maintenance of walking trails;
- Removal of invasive species and waste from natural habitats;
- Restoration of aquatic environments;
- Prevention of forest fires by controlling shrubs and invasive vegetation.
- Installation of shelters for wildlife;
- Improvement and protection of biodiversity and ecosystem services;
- Reparation work in cultural heritage structures;
- Valorization of natural and cultural heritage through participation in leisure activities and workshops.

Voluntary Work and Tasks of the Camp

- Restoration work of degraded trails and natural heritage;
- Small reparations or maintenance work in cultural heritage around river Fílveda;
- Vegetation trimming and removal;
- Restoration of aquatic habitats;
- Improvement of local fauna, flora, and landscape, including fire prevention actions;
- Building nest-boxes for birds, insects and bats;
- Control invasive species;
- Presentation and discussion of the natural and social reality of the regions of origin of the participants;
- Promotion of environmentally and socially responsible attitudes and values;
- Development of action-training actions focused on individual and collective learning.

What the volunteers can Learn in this Camp? (study part)

- Participants will perform field tasks but also learn about nature conservation and engage in conservation-training activities, while getting to know the Portuguese fauna and flora;
- Participants will also learn why nature conservation is important and how small environmental projects such as these workcamps can be crucial to preserve an entire ecosystem;
- Encouragement of international exchange and exchange of experience;
- Presentation and discussion of the natural and social reality of the regions of origin of the participants;
- Promotion of environmentally and socially responsible attitudes and values;
- Development of action-training actions focused on individual and collective learning;
- Get to know local culture and traditions.

Free Time, Leisure Time and Visits preview

- The amazing city of Aveiro, and its traditional '[moliceiro](#)' boats, [saltpans](#), and [colourful houses](#), and modern [university](#).
- River Fílveda and traditional villages of the Municipality of Albergaria-a-velha
- The village of Frossos and the Environmental Education Center of Pateira de Frossos.
- [Baixo Vouga Lagunar](#) and the '[Pateira de Frossos](#)' Natura 2000 areas.
- Sketch'n Fun, art crafts, music, environmental movies night, traditional games, quiz night, talks, cultural and environmental tours.
- Several workshops, handcrafts, and biodiversity-related activities.
- Beach time and lots of fun!

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (*if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location*)

The camp will take place in the Frossos rural and protected areas of Albergaria-a-Velha, a municipality rich in water, water mills and green areas. Video on Pateira de Frossos: <https://www.youtube.com/watch?v=BanuW7XlyPc&t=47s>



Accommodation/Food

Participants will sleep in the House of the Volunteer (*Casa do Voluntário*), Albergaria-a-Velha, in shared rooms (separated by sex) with beds. There will be locker rooms with hot water showers are also separated by sex.

Participants have to bring their own towels and hygiene products, sleeping bag or sheets+blanket, and pillow. The organization will provide breakfasts, lunches and dinners. Lunches and dinners are prepared/cooked by the municipality's staff and served at a canteen, but some lunches will be served in the field (sandwiches, fruits, etc.). There's a vegetarian option.

CONDITIONS OF PARTICIPATION

Internal rules of the Camp

- High sense of citizenship and environmental protection.
- Will to work for nature protection and improvement.
- Will to learn and share nature protection techniques and good practice.
- Language skills (English preferable, but also Portuguese, Spanish).
- Always be punctual.
- Always respect others' opinions.
- Will to interact with local community.
- Respect hygiene and safety measures.

Special remarks or requirements of the Camp -

INSURANCE (kind of covers)

Death and permanent disability, work accidents, treatments, funeral.

WHAT VOLUNTEERS HAVE TO BRING

Music and food from your region, working clothes and shoes, sun screen, hat, a presentation on the nature of your region, towels and all needed hygiene products, sleeping bag.

MEETING TIME AND MEETING POINT

Arrival date:	02/09/2026
Timetable or period:	11h30
Place Name:	Train station of Cacia
Place Address:	https://maps.app.goo.gl/MdeDBKixczv7MuHH7
Emergency contact:	+351 935 293 911 / +351 935 722 313

HOW TO GET TO THE MEETING POINT/CAMP?

Closest Airport:	Porto Airport (Aeroporto Francisco Sá Carneiro)
Closest Train Station:	Main station of Aveiro
Travelling from Porto Airport by bus or train	

There are some Express Bus from the airport to Aveiro (Rede Expressos or FlixBus). If you can't find a direct bus to Aveiro: just outside the airport take the metro (subway <http://en.metrodoporto.pt/>) to Porto – Campanhã main station (30min ride). At Campanhã, take a train directly to Cacia (local train), or a faster train to Aveiro, and from Aveiro a local train to Cacia.

Travelling from Lisbon Airport by bus or train

Just outside the airport take the metro (subway <http://www.metrolisboa.pt/eng/>) to Oriente main station (10 min ride). At Oriente, there are trains and buses to Aveiro (Rede Expressos or FlixBus). From Aveiro, take a local train to Cacia.

In Aveiro, the train main station and the bus main station are about 100m apart. Local trains take about 5 minutes from Aveiro to Cacia and cost ~1.60€. Tickets for local trains must be purchased at the station (counter or automatic machine) – no online sale available for local trains (just for faster trains). Schedules for all trains in Portugal: <https://www.cp.pt/passageiros/en>

Special recommendations:

Book bus in advance at <https://rede-expressos.pt/pt/horarios-bilhetes> or FlixBus

Book intercities or fast trains at <https://www.cp.pt/passageiros/en>

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	20
Working language:	English
Country currency:	Eur
Weather expected during the camp:	Sunny and hot weather
Local Host organization address:	Calvão, Vagos; Portugal
Local Host organization phone:	+351 935 293 911 / +351 935 722 313
Local Host organization email:	charcoscompanhia@gmail.com
Local Host contact person:	Inês Santos +351 915 173 312
Camp Leader Name:	Milene Matos
Camp Leader mobile phone:	(+351) 964712455
IPDJ Regional address:	IPDJ Aveiro - Rua das Pombas - Edifício IPDJ; 3810-150 Aveiro, Portugal
IPDJ Regional phone number:	(+351) 234 482 233

WORKCAMP CODE	PT-BG-21-26	
CAMP NAME*	Nature Ambassadors IV	
DATES	10/08/2026	a 21/08/2026

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words

Associartecine is an NGO based in the North East of Portugal, founded in 2003. Associartecine's mission is to support European cinema, as well as young, unestablished directors.

The association discloses and promotes the use of audiovisual channels, organizes workshops, encounters and festivals.

Associartecine believes that cultural activities contribute to the promotion of Nordeste Transmontano region and its people, traditions and valuable culture.

Website: <https://www.associartecine.pt/>

FB page: <https://www.facebook.com/Associartecine/>



WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

Camp Description and Aims

Nature Ambassador Workcamp's main goals consist in the promotion of non-formal education among participants and respect for different cultures in an intergenerational environment. We expect this immersive experience to shape participant's beliefs and to improve their tolerance, respect and appreciation for different cultures.

This Workcamp also aims to have a positive impact in the local communities, which will benefit with the close contact with young participants.

The last goal is to promote Parque Natural de Montesinho and its natural heritage, by improving orientation signs in 3 walking routes and by applying techniques which improve coexistence between rural activities and Park's wildlife.

Voluntary Work and Tasks of the Camp

Voluntary work is divided in 3 categories:

- Montesinho Natural Park nature routes improvement – installing and placing orientation and information signs along 3 routes, in order to promote sustainable ecotourism; Realization of Tables and information boards in brown wood
- Coexistence between rural activities and wildlife – installation of electric fences to protect beehives from bear and badger damages, and to protect chestnut orchards from wild boars, red and roe deer damages.
- Community work – local community will make a list of their necessities which the workcamp will contribute to.

What the volunteers can Learn in this Camp? (study part)

Volunteers will have the opportunity to learn multiple skills, namely:

- Tolerance, respect and appreciation for different cultures;
- New languages;
- How to deploy orientation signs on a homologated nature route;
- How to identify flora and animals species;
- Ecosystems functions and services;
- Techniques that allow coexistence between rural activities and wildlife.

Free Time, Leisure Time and Visits preview

Free time will be spent in different places:

- Rivers: Montesinho Natural Park has well preserved rivers, surrounded by lush vegetation. Part of the leisure time will be spent in these places, since August is a very hot month;
- City: Since the workcamp is quite near to Bragança city, some leisure time will take place in the city. The foreseen activities are a tour around the castle and historic centre and visit to the 3 museums: Sefarad, Abade de Baçal and Contemporary Art Graça Morais;
- Nature guided tours: the nature conservation officers will offer the workcamp 2 guided tours around Espinhosela village
- Cinema: a selection of independent directors will be made, according to participant's countries of origin. Movies display will be outdoors and will be open to the participation of local community.

Board games and music jam sessions will be optional but promoted by Workcamp monitors

LOGISTICAL ARRANGEMENTS

Description of the Camp Location *(if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)*

The Workcamp will be based in Espinhosela, a village located in the heart of Montesinho natural park, Bragança district, in the Northeastern part of Portugal, near the border with Spain ([41.896854, -6.842691](https://www.google.com/maps/place/41.896854,-6.842691)). Montesinho Natural Park is one of the best protected areas of Portugal, where it is possible to find red deer, roe deer, wild boar and healthy population of wolves. Its landscape consists of patches of oak tree forests, with forests and orchards of chestnut trees, which constitute one of the main economic incomes of the local community.

Even though Espinhosela is very rural, it is only 17 km away from Bragança city centre. Most of the population is quite aged, but due to the 4 nature routes that cross the village, there is an influx of tourists in the village. The village has a souvenir shop with local products.

Accommodation/Food *(describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)*

The accommodation will be in a renovated children school, which no longer serves its purpose. It has bathrooms, hot water, an equipped kitchen. There is minimum mobile internet connection. important note: The accommodation facility does not provide separate sleeping areas for males and females. The showers are mixed, while the toilets are separated for men and women.

Meals will be prepared by all the volunteers, taking turns, yet always accompanied by a cook. Breakfast, lunch, afternoon snacks, dinner, and night snacks will be provided.

CONDITIONS OF PARTICIPATION *(if there is any specific information that is important volunteers to know about the camp)***Internal rules of the Camp**

The camp takes place in a small, rural locality with few inhabitants, most of whom are elderly. It is therefore essential that participants adopt respectful and considerate behaviour towards both the local community and the surrounding natural environment. As this is a more isolated and socially vulnerable population, maintaining a responsible attitude helps ensure the well-being and harmony of all involved.

Special remarks or requirements of the Camp**INSURANCE** *(kind of covers)*

Each workcamp volunteer has a personal accident injury insurance, that includes: Coverage Base (Death or Permanent Disability) and Complementary Coverages (Treatment and Repatriation Expenses; Funeral expenses; Absolute Temporary Disability; Temporary Disability due to Hospitalization).

WHAT VOLUNTEERS HAVE TO BRING

Volunteers have to bring:

Sleeping bag, Face and bath towels, Shower slippers, Personal hygiene products, Water bottle, Sunscreen, Insect repellent, Light and comfortable work clothes, Warm clothes for the evenings (it can get quite cold), Light clothing for daytime, Cap or sun hat, Sunglasses, Work/hiking boots, Bathing suits, Flipflop, Work gloves, Sweatshirts or light jacket, Flashlight (preferably headlamp), Small backpack or tote bag for daily activities

Volunteers may want to bring: Board games, Musical instruments, Binoculars, Camera

MEETING TIME AND MEETING POINT

Arrival date: 10 August 2026

Timetable or period: 18h30

Place Name: Central de Camionagem de Bragança

Place Address: Av. João da Cruz, 5300-178 Bragança

Emergency contact: 00351964695442

HOW TO GET TO THE MEETING POINT/CAMP? *(Please add addresses, timetables, itinerary trip, ticket prices and internet address)*

Closest Airport: Aeroporto Sá Carneiro (Oporto city) - <https://www.aeroportoporto.pt/pt/opo/home>

Closest Train Station: There is no train service to Bragança

Travelling from the Airport to (bus or train)

Bus: you can pick up the bus directly from the airport to the meeting point (Bragança). This will be a 3:15 trip. You can check Flixbus (www.flixbus).

Metro: there is only one line at the airport, which is “Linha E – Violeta – Aeroporto – Estádio do Dragão – Aeroporto”. You stop at “Campanhã”, where you will find the bus station “Terminal Intermodal da Campanhã”.

Bus: the best bus option is to catch a shuttle, which will take you directly from the airport to the bus station “Terminal Intermodal da Campanhã”. You can check schedules here <https://www.getbus.eu/pt/>

Associartecine’s monitors will pick up volunteers from “Central de Camionagem de Bragança” to the workcamp location.

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

Porto: from “Terminal Intermodal da Campanhã” you can take two companies: Rede Expressos (<https://rede-expressos.pt/en>) or

Flixbus (www.flixbus). It will be a 3:15 hour trip.

Lisbon: from

Lisboa: from “Estação do Oriente” you can take two companies: Rede Expressos (<https://rede-expressos.pt/en>) or Flixbus (www.flixbus). It will be in minimum a 6:30 hour trip

Associartecine’s monitors will pick up volunteers from “Central de Camionagem de Bragança” to the workcamp location.

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

There is no train service in Bragança

Special recommendations

Have a charged cell phone with you in case there’s a delay and you need to contact us.

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	17
Working language:	Portuguese, Italian, English
Country currency:	Euro €
Weather expected during the camp:	Very hot and dry during the day (expect temperatures to go above 30°C, nights may be colder (best to bring a warm layer)
Local Host organization address:	Antiga Escola Primária de Caçarelhos, 5230-090 Caçarelhos
Local Host organization phone:	00351964695442
Local Host organization email:	associartecine@gmail.com
Local Host contact person:	Laurent Vilaça
Camp Leader Name:	Emanuel Catarino
Camp Leader mobile phone:	+351 925 790 394
IPDJ Regional address:	Rua Orobio de Castro, 5300-220
IPDJ Regional phone number:	00351273310600

WORKCAMP CODE	PT-BG-22-26	
CAMP NAME*	United by Donkeys IV	
DATES	13/07/2026	24/07/2026

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words

CAB – Centro de Acolhimento do Burro (Donkey Shelter Center) is a non-profit organization, founded in 2011, whose main goals are to guarantee the welfare and veterinary care of sick/old donkeys and mules, that were abandoned or mistreated, or whose owners were unable to take care of for financial or health reasons. The Center intends to be a welfare shelter, where we provide a peaceful, safe and dignified end of life.

The Donkey Shelter Center is supported by the British non-profit organization The Donkey Sanctuary. Besides that, our work is also supported and coordinated by AEPGA (Association for the Study and Protection of Donkeys).

Phone number: +351 925790394(0)

E-mail: centroacolhimentoburro@gmail.com

Website: <http://www.centroacolhimentoburro.pt/>

WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

Camp Description and Aims

The main goals of this workcamp are the recovery of rural heritage, enhancing the biodiversity of our Center, and promoting the animal welfare of donkeys and their quality of life. We want to enable the discovery of the Miranda Plateau, a unique rural region, rich in natural beauty, biodiversity, culture and traditions. With so aging population in these villages, one of the goals is bringing together the young participants and the local community, therefore promoting intercultural (urban/rural, international/national) and intergenerational (youngsters/ elderly) encounters and exchanges.



Voluntary Work and Tasks of the Camp

- Promote the animal welfare of donkeys - feed the animals and help with their basic care tasks
- Maintenance and improvement of the infrastructure of the donkey shelter
- Dry stone wall rebuilding
- Support autochthonous biodiversity
- Building and placing nest boxes for birds
- Activities to support local community
- Construction of fence
- Creation of materials for the environmental enrichment of spaces designated for donkeys

What the volunteers can Learn in this Camp? (study part)

Our work team is multidisciplinary, so this workcamp is an opportunity to learn ancient techniques of dry stone wall rebuilding shared by local people, basic care of donkey maintenance with veterinarians, biodiversity conservation with biologists.

Free Time, Leisure Time and Visits preview

For leisure time, there are several activities planned for the participants to get the opportunity to know the beautiful local landscapes, the rich cultural traditions and the local community as: trekking with donkeys, trips through villages, visits to local interpretation center (like visit the Donkey Shelter, the Interpretive Center of Traditional Dovecotes, Miranda donkey improvement center), nationality day - intercultural sharing, birdwatching, cinema nights and traditional games.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)

The accommodation is located in Palancar village, geographically included in the Natura 2000 network and Douro Internacional Natural Park, about 6 kms from Miranda do Douro city. Located in a rural area in the northeast of Portugal, very close to the border with Spain, it's a village that suffers aging population problems, which makes these experiences very important for the rural development of this region.

Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

Basic housing with electricity – with one large room equipped with bunk beds, one living room, WC, and showers with hot water. Important note: the accommodation facility does not provide separate sleeping areas for males and females. The showers are mixed, while the toilets are separated for men and women.

There is no bar in the village neither a supermarket, but if something is needed, we can easily support the volunteers to get it. Volunteers who want extra privacy can bring camping tents. There's good wifi in the proximity of the accommodation, more

precisely at the CAB office, which is in the village.

CONDITIONS OF PARTICIPATION *(if there is any specific information that is important volunteers to know about the camp)*

Internal rules of the Camp

The Workcamp will take place in a rural village included in the Natura 2000 Network with less than 10 inhabitants, and most of them are elderly, so it is important that participants have respectful behaviour towards the community and nature. Being a more fragile and isolated population, it is important to assume social behaviour that do not compromise the health and well-being of the community.

Special remarks or requirements of the Camp

INSURANCE *(kind of covers)*

Each workcamp volunteer has a personal accident injury insurance, that includes Coverage Base (Death or Permanent Disability) and Complementary Coverages (Treatment and Repatriation Expenses; Funeral expenses; Absolute Temporary Disability; Temporary Disability due to Hospitalization)

WHAT VOLUNTEERS HAVE TO BRING

Volunteers must bring:

- Sleeping bag
- Face and bath towels
- Shower slippers
- Personal hygiene products
- Water bottle
- Sunscreen
- Insect repellent
- Light and comfortable work clothes
- Warm clothes for the evenings (it can get quite cold)
- Light clothing for daytime
- Cap or sun hat
- Sunglasses
- Work/hiking boots
- Bathing suits
- Flipflop
- Work gloves
- Sweatshirts or light jacket
- Flashlight (preferably headlamp)
- Small backpack or tote bag for daily activities

Volunteers may want to bring:

- Board games
- Musical instruments
- Binoculars
- Camera

MEETING TIME AND MEETING POINT

Arrival date:	13 July 2026
Timetable or period:	18:00h to 19:30h
Place Name:	Miranda do Douro Bus Station
Place Address:	Estrada Nacional 218
Emergency contact:	+351 925790394

HOW TO GET TO THE MEETING POINT/CAMP? *(Please add addresses, timetables, itinerary trip, ticket prices and internet address)*

Closest Airport:	Oporto Airport (Aeroporto Sá Carneiro)
Closest Train Station:	It's not possible to get a train to the meeting point.

Travelling from the Airport to (bus or train)

As you go out of the airport, follow the signs for the Subway and take it direction 'Estádio do Dragão' station (purple line, letter E). Then, go down in the stop 'Campanhã'. Go out of the metro station follow the sign to the bus station (TIC – Terminal Intermodal de Campanhã).

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

From: Porto (Campanhã)
To: Miranda do Douro

Departure and Arrival: 14:15h - 18:30h | 15:00h - 19:25h

Ticket price: 16.00€

Company: Rede expressos

Address: Travessa Passos Manuel, Porto

Phone number: +351 222 005 637

Website: <https://www.rede-expressos.pt/en>

Travelling by Bus from Lisbon to the Meeting point

From: Lisbon (Oriente Bus Station)

To: Miranda do Douro

Departure and Arrival: 11:00h - 18:30h

Ticket price: 23.00€

Company: Rede expressos

Address: Gare do Oriente, R/C Armazém 1, Sala 2

Phone number: +351 218 956 850

Website: <https://www.rede-expressos.pt/en>

Our team is responsible for driving the volunteers from Miranda do Douro to Pena Branca and back (both at arrival/departure and during the workcamp, whenever needed).

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

It's not possible to go by train to the meeting point.

Special recommendations

No specific rules of participation will be applicable. It is preferable that one of the 3 indicated languages is spoken.

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	17
Working language:	Portuguese, Italian, English
Country currency:	€ (Euro)
Weather expected during the camp:	In August, it is very likely to have warm/hot/dry weather; temperatures can get to 35°C during the day, but they generally drop at night to around 10°C.
Local Host organization address:	Antiga Escola Primária de Pena Branca, 5210-172 Pena Branca (Miranda do Douro)
Local Host organization phone:	+351 925790394
Local Host organization email:	geral@centroacolhimentoburro.pt
Local Host contact person:	Damila Silva
Camp Leader Name:	Roberta Colomba Di Fraia
Camp Leader mobile phone:	+351961808709
IPDJ Regional address:	R. Oróbio de Castro, 5300-252 Bragança
IPDJ Regional phone number:	+351 273310600

WORKCAMP CODE	PT-BR-07-26	
CAMP NAME*	Cacarejo N'Aldeia – Village Eco & Community Festival	
DATES	20/07/2026	29/07/2026

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words

CAISA – Cooperativa de Artes, Intervenção Social e Animação, C.R.L.

CAISA is a non-profit organization in northern Portugal, working in education, culture, social, health, and environmental areas, reaching diverse populations of all ages and backgrounds. Its departments include:



- **Education:** TOCA - Performing Arts Academy (6–65 years), Curriculum Enrichment Activities (400 students), and Teófilo Braga Senior University.
- **Culture:** CLAV - Artistic Lab, hosting national music projects, and festivals like Eco Fest and Peles International Drum Fest.
- **Social:** Support for 200+ seniors, a caregiver support office, and social monitoring services.
- **National/International Projects:** Volunteer initiatives with IPDJ, ESC, and Erasmus+.
- **Health:** Home care services, nursing, psychological support, and CECA - a center for neurological disorders.

CAISA promotes inclusion through arts, education, and community engagement. Visit us at: www.caisa.pt

WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

Camp Description and Aims

Cacarejo in the Village – EcoFest will be a community-based ecological festival that promotes sustainability, environmental awareness and active youth participation in a rural context. The camp will involve young people in the organisation and production of the festival, encouraging hands-on learning, teamwork and civic engagement. Its main aims will be to strengthen environmental responsibility, support community life, and empower young people to take an active role in creating sustainable cultural events rooted in local traditions.



Voluntary Work and Tasks of the Camp

Volunteers will be responsible for the overall logistics of the camp and the EcoFest, including the daily organisation of activities and shared responsibilities within the group. They will take part in the preparation and cooking of meals, as well as in cleaning and maintenance tasks, working in rotating teams.

Volunteers will actively support the organisation and production of the ecological festival, helping with set-up, decoration using sustainable materials, technical support and coordination of activities. They will also participate in environmental awareness actions, workshops on sustainability, recycling and responsible consumption, and contribute to promoting eco-friendly practices during the event.

In addition, volunteers will engage in group dynamics and intercultural activities, share cultural traditions from their countries of origin, and collaborate with the local community. Through these tasks, volunteers will develop teamwork, responsibility and a strong sense of active participation in a sustainable community initiative.

What the volunteers can Learn in this Camp? (study part)

Volunteers will develop practical skills related to the organisation of sustainable events, including logistics, teamwork, time management and shared responsibility. Through hands-on involvement in daily tasks and festival production, they will learn how to plan, implement and manage eco-friendly activities in a real community context.

They will gain knowledge about environmental sustainability, such as responsible consumption, waste reduction, recycling, composting and the circular economy. Volunteers will also increase their awareness of environmental challenges and the importance of adopting sustainable practices in everyday life.

The camp will foster social and intercultural learning, helping volunteers improve communication, cooperation and conflict-resolution skills while working in an international group. Additionally, volunteers will strengthen their sense of active citizenship, community engagement and personal responsibility, gaining confidence and motivation to participate in future solidarity and environmental initiatives.

Free Time, Leisure Time and Visits preview

Volunteers will have time to relax and socialise through leisure activities such as sports, outdoor games and informal cultural evenings. Sports equipment will be available on site, including balls, rackets and a volleyball net, and volunteers will have free access to a nearby sports field.

Planned visits will include exploring the city of Guimarães, with a ride on the cable car and a visit to Mount Penha, allowing volunteers to enjoy panoramic views and learn about the city's cultural heritage. The surrounding area also offers natural parks, walking paths and hiking trails, providing opportunities to connect with nature and enjoy outdoor activities.

These moments of free time and visits will offer balance to the camp experience, supporting relaxation, cultural discovery and strong group interaction.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)

Location and Setting: The camp is located in the parish of Vermil, in the municipality of Guimarães, a predominantly rural area in northern Portugal. Surrounded by natural landscapes such as green hills and agricultural fields, the site provides a serene and welcoming environment, ideal for activities connected to nature.

Accessibility: Vermil is situated approximately 8 km from the historic center of Guimarães, a UNESCO World Heritage Site. The area is easily accessible by road, with Guimarães train station just a 15-minute drive away. The nearest airport, Francisco Sá Carneiro Airport in Porto, is about 50 km away.

Population and Surroundings: The parish of Vermil is home to around 1,200 inhabitants who live in a peaceful, rural environment. The local community is known for its hospitality and strong ties to traditional and agricultural activities. The region is also close to cultural and historical landmarks, such as the Guimarães Castle and Penha.

Geo-Referencing and Coordinates: The camp is located approximately at **41.4357° N, 8.3123° W**, offering scenic views of the Minho region's rural landscape while maintaining proximity to urban areas and historical sites.

Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

The accommodation is located in a former primary school that has been carefully transformed into a space dedicated to artistic residencies and the hosting of young volunteers. The volunteers' house is organised into two large dormitory areas, each subdivided into three double rooms with bunk beds, ensuring comfort, privacy and a balanced distribution of participants. The accommodation is divided by gender.

The facility includes several bathrooms to meet the needs of all participants, as well as a common living room, a fully equipped kitchen for shared meal preparation and reliable internet access. An outdoor area is also available for leisure, group dynamics and informal activities.

Participants will have four meals per day: breakfast, lunch, an afternoon snack and dinner. Meals will be prepared as a team, mainly by the young volunteers, with the support of CAISA staff, encouraging responsibility, cooperation and community living. Different dietary needs, including vegetarian and vegan options, will be respected. Whenever possible, meals will be prepared using local and seasonal products, reinforcing the ecological and sustainable values of the camp.

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

- 1. Respect for Others:** Treat all participants, staff, and local community members with respect and kindness. Bullying, discrimination, or any form of harassment will not be tolerated.
- 2. Participation:** All participants are expected to engage actively in scheduled activities and contribute to group tasks, including meal preparation and cleaning. Attendance at group meetings and activities is mandatory unless otherwise agreed upon with the organizers.
- 3. Curfew and Quiet Hours:** Quiet hours are from **23:30 PM to 7:30 AM**, ensuring adequate rest for everyone.
- 4. Hygiene and Cleanliness:** Keep personal and shared spaces clean and tidy. Follow the scheduled cleaning rota for common areas, including the kitchen and bathrooms.
- 5. Meal Preparation and Dining:** Meals are prepared collaboratively, and all participants are expected to take part in cooking and cleaning duties. Waste should be disposed of responsibly, following recycling guidelines.
- 6. Use of Facilities:** Handle all equipment and facilities with care. Any damages should be reported immediately to camp staff. Internet access is available but should be used responsibly.

Special remarks or requirements of the Camp

- 1. Health and Safety:** Participants must inform the organizers of any medical conditions, allergies, or dietary restrictions prior to arrival. A first aid kit is available on-site, and staff are trained to respond to basic medical needs.
- 2. Clothing and Equipment:** Bring comfortable and weather-appropriate clothing, including sturdy shoes for outdoor activities. A personal water bottle, sunscreen, and insect repellent are highly recommended.
- 3. Contribution to Activities:** Participants are expected to actively contribute to group tasks, including meal preparation, cleaning, and scheduled activities. Enthusiasm, teamwork, and a positive attitude are key to a successful camp experience.
- 4. Eco-Friendly Practices:** The camp encourages sustainable practices, such as minimizing waste, recycling, and conserving water and energy. Participants are encouraged to adhere to these principles.
- 5. Arrival and Departure:** Participants must confirm their arrival and departure times in advance.

INSURANCE (kind of covers)

INSURANCE (kind of covers)

Death; Permanent Disability; Medical Expenses; Funeral Expenses; Civil Liability; Prosthetics and Orthotics; Travel Assistance.

WHAT VOLUNTEERS HAVE TO BRING

It's hot in Portugal in July so make sure you wear fresh clothes and shoes. If you want to go to the river or swimming pool, don't forget your swimwear. Your medicines if necessary. Your documents: **Passport or ID card, European Health Insurance Card** (or travel insurance). Personal hygiene products. The widest smile you have and good mood.

MEETING TIME AND MEETING POINT

Arrival date:	20/07/2026
Timetable or period:	From 2 to 7pm
Place Name:	CLAV – Centro e Laboratório Artístico de Vermil
Place Address:	Rua das Almas, nº 99, 4805-549 Vermil, Guimarães
Emergency contact:	+351 919621623

HOW TO GET TO THE MEETING POINT/CAMP? *(Please add addresses, timetables, itinerary trip, ticket prices and internet address)*

Closest Airport:	Francisco Sá Carneiro, Oporto Airport
Closest Train Station:	Guimarães or V. N. Famalicão

Travelling from the Airport to (bus or train)

By Bus: From **Francisco Sá Carneiro Airport (Porto)**, take a bus to Guimarães. Several companies operate this route, with travel times of approximately **1 hour**. Once in Guimarães, local transportation (bus or taxi) can take you to Vermil.

By Train: From the airport, take the **metro (Line E) to Campanhã Station** in Porto (approximately 30 minutes). At Campanhã, board a train to **Guimarães**. The train journey takes about **1 hour and 15 minutes**. From Guimarães train station, local buses or taxis can reach Vermil in around 15 minutes.

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

From Lisbon: Take a bus from **Lisbon (Sete Rios or Oriente station)** to **Guimarães**. The journey takes approximately **4.5 to 5 hours**, depending on the service. Once in Guimarães, you can reach the meeting point in Vermil by local bus or taxi (around 15 minutes).

From Porto: From Porto, buses to **Guimarães** depart from **Airport** or from **Campo 24 de Agosto station**. The trip takes about **1 hour**. After arriving in Guimarães, continue to the meeting point in Vermil via local transport or taxi.

From Faro: Buses from **Faro** to Guimarães require a connection in Lisbon. First, take a bus from Faro to Lisbon (approximately **3 hours**).

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

From Lisbon to Vermil: Take a train from **Lisbon's Gare do Oriente** or **Lisbon's Santa Apolónia** station to **Famalicão**. The most common route is through the Alfa Pendular or Intercidades services. **Connection:** From Famalicão, you will need to take a local bus or taxi to Vermil, as there is no direct train service to Vermil. *Train Duration:* Approximately 3-4 hours (Lisbon to Famalicão). *Bus/Taxis:* The ride from Famalicão to Vermil takes about 20-30 minutes.

From Porto to Vermil: Take a train from **Porto's São Bento Station** or **Porto Campanhã Station** to **Famalicão**. **Connection:** Similar to Lisbon, you will need to take a bus or taxi from Famalicão to Vermil. *Train Duration:* Around 1 hour.

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	12
Working language:	English
Country currency:	Euro
Weather expected during the camp:	Sunny, 25 to 35º degrees.
Local Host organization address:	Rua das Almas, nº 99, 4805-549 Vermil, Guimarães
Local Host organization phone:	+351 927549187
Local Host organization email:	geral@caisa.pt
Local Host contact person:	Sílvia Oliveira
Camp Leader Name:	Sílvia Oliveira
Camp Leader mobile phone:	+351 919621623
IPDJ Regional address:	Antiga Estação de Comboios Av. D. João IV Urgeses 4810 - 534 Guimarães
IPDJ Regional phone number:	+351 253 527 227

WORKCAMP CODE	PT-BR-16-26	
CAMP NAME*	Live Nature Live Together 2026	
DATES	2/8/2026	13/8/2026

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (<i>organization name, aims, main activities, internet address, you can add a small logo of your organization</i>) – Maximum - 130 words
SYAJ – Associação Juvenil SYnergia is a dynamic and proactive association, with a strong will to work and grow. We are a multidisciplinary team, with the aim to promote events and develop projects for young people in Braga, maintaining a close relationship with the whole community but always open to European awareness. We try to valorize every day young people, through sport and social culture activities, challenging everyone to join us. We are involved in several projects, with the support of numerous volunteers, who bring us the best of what they do. We tried to work on several fronts, assuming primary responsibility for the integration of all young people, with special attention to those who typically have more difficulty in accessing activities. We have several projects focusing on various areas: Urban Design Arts, Web TV, Web Radio, Office Project Support, Psychological Support Office, European Projects, Academy Synergia, Synergia Space and TOCA (Associative and Cultural Office for Associations). www.synergia.pt

WORKCAMP DESCRIPTION (*After WorkCamp description you can add 1 or 2 photos from previous camps, if the same*)

<p>Camp Description and Aims</p> <p>CTI Live Nature Live Together 26 is an initiative focused on promoting the 2030 Sustainable Development Goals, with a special focus on environmental preservation and social inclusion. The project aims to involve the Braga district community in various actions that address both ecological and social issues, with a strong volunteer component.</p> <p>Among the main objectives of the district network, the following stand out:</p> <ul style="list-style-type: none"> -Promotion and development of social inclusion activities. -Environmental awareness and combating climate change. -Distribution of ecological material and gadgets; -Increased awareness about the impact of single-use plastic on the forest and marine environment. -Creation of an international and district network of young people to guarantee impact and sustainability of the proposed challenge
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<p>Voluntary Work and Tasks of the Camp</p> <p>The environmental awareness actions proposed by CTI Live Nature Live Together 26 are diverse and encompass a wide range of activities with the aim of raising awareness, involving and educating the population of the district of Braga about the importance of environmental sustainability and social inclusion. The initiatives target both environmental and social issues, creating opportunities for dialogue and active participation of communities, especially young people, including minority groups</p> <ul style="list-style-type: none"> ● Public Campaigns; ● Actions to combat the use and contamination through plastic, through cleaning of forest areas, beaches and forests around them; ● Creation of leaflets and videos on the theme for dissemination of the environmental message; ● Organization of inclusive Cultural and Sporting Events; ● Actions to encourage the reduction of emissions and toxic waste, with the realization of group tours in the communities of Braga district and in some communities of the network created online; ● Organization of creative and recreational activities in public transport; ● Creation and distribution of environmentally friendly ashtrays; ● Meeting with groups of minority youth through existing SYnergia projects and partner institutions; ● Involvement of minority youth through traditional games, theater and music activities, sports tournaments, etc.; ● Creation of Laboratories for Planning of awareness-raising campaigns and community interventions; ● Realization of Leisure activities and Visits, namely Bom Jesus, Sameiro, Guimarães Castle, canoeing in the Póvoa de Lanhoso, Visit to the Penha in Guimarães;
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<p>What the volunteers can Learn in this Camp? (study part)</p> <ul style="list-style-type: none"> - Young people will have a greater awareness of the impact of plastic use on the environment -They will participate in actions to combat the use and contamination by plastic, through the cleaning of forest areas, beaches and surrounding woods they; - They will learn to create and distribute environmentally friendly ashtrays; - They will participate in awareness-raising actions where they themselves can convey their ideas
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<p>Free Time, Leisure Time and Visits preview</p> <p>Realization of Leisure activities and Visits, namely Bom Jesus, Sameiro, Guimarães Castle, canoeing in the Póvoa de Lanhoso, Visit to the Penha in Guimarães;</p> <ul style="list-style-type: none"> ● Realization of Intercultural Nights with gastronomy, dance, cinema, etc.
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LOGISTICAL ARRANGEMENTS

<p>Description of the Camp Location (<i>if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location</i>)</p> <p>Accommodation Address: Camping Braga, Portugal, N101 12, Braga</p>

The Braga municipal camping and caravanning park is located in the south of Braga's urban park, Parque da Ponte, in a leisure area within a sports complex, with the same name and adjacent to the Picoto urban park. It offers spaces with excellent shade and is, due to its location, a privileged place to explore the surrounding city with all its architectural and historical splendor. Characteristics: This place, which provides us with tranquility, practically in the city center, with its surroundings of sports and leisure areas, where you can enjoy the magnificent panoramic view over the city of Braga from the Picoto urban park



Project Address

Centro de Artes e Desporto Inclusivo

Praça Dr. Francisco Araújo Malheiro, 4715-029 Braga



Accommodation/Food *(describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)*

Accommodation: Braga Camping - Individual Camping Tent and shared bathrooms

Food: 5 meals (breakfast, lunch and dinner and coffe breaks)

CONDITIONS OF PARTICIPATION *(if there is any specific information that is important volunteers to know about the camp)*

Internal rules of the Camp

Young people between 18 and 30 years, who speak English and want to work.

People that are interested in the environmental protection and in social inclusion as well as helping to bring awareness to this problematic.

Special remarks or requirements of the Camp

Youngsters full of energy and willing to do crafty and handy work and to step out of their comfort zone.

INSURANCE *(kind of covers)*

personal accident insurance policy that includes coverage in case of death, permanent disability, treatment expenses, funeral expenses and repatriation

WHAT VOLUNTEERS HAVE TO BRING

Camping blanket, comfortable clothing, shoes, boots, work clothes, pyjama, beach towels, bathing suit, shower slippers, bath towel, sporting equipment, informative material about their country (maps, flags or leaflets etc..) and traditional food and drinks

MEETING TIME AND MEETING POINT

Arrival date:	2/8/2026
Timetable or period:	Day 2/8/2026 until 2pm
Place Name:	Braga Camping Park
Place Address:	Portugal, N101 12, Braga
Emergency contact:	+351918067944

HOW TO GET TO THE MEETING POINT/CAMP? *(Please add addresses, timetables, itinerary trip, ticket prices and internet address)*

Closest Airport:	Porto Airport
Closest Train Station:	Estação Ferroviária de Braga

Travelling from the Airport to (bus or train)

Participants must take a plane to Sá Carneiro airport, in Porto, and then come by bus from the airport to Braga. Available bus companies: Getbus - ticket price is €10 (<http://getbus.eu/>); Flixbus - ticket price is €5 (<https://www.flixbus.pt/>) This is the cheapest and easiest way, as there are buses right outside the airport
If you wish to travel by train, you must: Take the metro to Campanhã station and then take the train to Braga (<https://www.metroporto.pt/>; <https://www.cp.pt/passageiros/pt>)

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

When traveling by bus, you should get off at the last stop, Braga Bus Station. The meeting point will be there.
Braga Bus Station 2th of August 2026 at 2pm

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

Braga Bus Station 2th of August 2026 at 2pm

Special recommendations

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	17
Working language:	English
Country currency:	Euro
Weather expected during the camp:	Hot weather (24º to 27º)
Local Host organization address:	Centro de Artes e Desporto Inclusivo, Praça Dr. Francisco Araújo, Malheiro, 4715-029 Braga
Local Host organization phone:	+351918067944
Local Host organization email:	presidente@synergia.pt
Local Host contact person:	Ricardo Sousa
Camp Leader Name:	Ademar Correia
Camp Leader mobile phone:	965736683
IPDJ Regional address:	R. de Santa Margarida n. 6, 4710-306 Braga
IPDJ Regional phone number:	+351 253 204 250

WORKCAMP CODE	PT-BR-19-25
CAMP NAME*	Ecofestival Mother Earth
DATES	11/07/2025 to 22/07/2025

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words

YUPI, Association for Social and Community Development works with young people since 2007 on youth mobility, entrepreneurship, volunteerism and international cooperation. Activities are geared according to the values of democracy, active participation, cooperation and equal opportunities. The objectives of our work with young people between 14 and 30 years are to promote youth mobility and consciousness of belonging to Europe, encouraging personal and social development of young people, a logic of social inclusion, provide information and training for young people to increase their levels of assets, the company aware and committed to promoting their empowerment and autonomy, support initiatives and projects of cooperation, solidarity and youth entrepreneurship. Thus, YUPI performs and participates in international exchanges, sending young people to training courses on various topics of personal and professional development and promotes an exchange of youth volunteering - Time4U - for young people to develop projects of social, organizational and personal. www.yupi.pt

WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

Camp Description and Aims

It is extremely important to hold events that involve families in raising awareness of environmental and climate issues, teaching them, through a family and playful environment, practices that can be applied on a daily basis to make life more respectful of the environment and the planet's integral health, and more sustainable.

In this regard, a group of local associations in Fornelos (municipality of Fafe) has been organizing the Terra Mãe Ecofestival for a number of years in order to invite families to take part in leisure, knowledge and social activities around environmental issues and personal development, under the slogan "Three days to change the world, three days to change your life". This festival takes place only with the mobilization of volunteers who set up all the structures, spaces, recovering spaces in nature for sustainable use, preparing workshops, concerts and other workshops for children and adults, in a festival aimed at the whole family. During the festival, participants will have the chance to meet different people, prepare workshops but also engage in other workshops from dances, meditation, arts, communication, education, gardening and many other subjects related to ecology and personal development, but also take part in the concerts and dj sets that happen during the evening and night, discovering world, folklore and indie music from different regions of the world. The Ecofestival <https://www.facebook.com/terramaeecofestival> plays an important role in community life and local development in what concerns awareness raising on ecology and sustainability and it is nominated in 2025 for Best Small Festival, Best Cultural Programme, Contribution to Sustainability and Best Venue (Quinta do Minhoto) pelos Iberian Festival Awards 2025.



Voluntary Work and Tasks of the Camp

The tasks are as described: to maintain and increase an organic, educational and community garden; to implement the aromatic garden and create spaces and dynamics to support activities and workshops with children and families as part of the Terra Mãe Ecofestival; to build composters for organic recycling (for the Ecofestival and for awareness-raising workshops); to recover 6 dry toilets for use at the Festival; to recover spaces for leisure and socializing among families at Quinta do Minhoto; to support the workshops and concerts happening at the Ecofestival, ensuring security of the spaces, hosting artists and other tasks related to the festival.

What the volunteers can Learn in this Camp? (study part)

Volunteers can learn about event organization, social skills and specific knowledge on bricolage, carpentry, ecology, permaculture, DIY techniques, organic recycling, natural cosmetics, different learning opportunities depending on the workshops on ecology and personal development chosen, local/rural culture in Portugal.

Free Time, Leisure Time and Visits preview

It is planned a visit to Guimarães (20minutes distance) to discover its wonderful historic and cultural heritage as a foundation city of Portugal that is European Green Capital 2026. We offer different visits to the river and the green park of Queimadela (river), which are beautiful natural places that embrace biodiversity and invite for relaxation and fun. We also plan workshops on natural cosmetics where participants will prepare their own soaps, tooth paste and lip balm to use only-natural products (non-toxic) during the workcamp; we will prepare a temazcal experience (sauna in nature) next to the river which is a very impactful activity and different intercultural activities and presentations of gastronomy, dance and other forms of tradition will be asked from participants and also shared by the organization.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)



It is a very natural place by the river, but with all conditions for camping, hygiene (dry toilets and showers). It is located in Fornelos at the Quinta do Minhoto (<http://quintadominhoto.com/>), in a rural place in the north of Portugal (Fafe city, 20 minutes from Guimarães city centre and 50 minutes from Guimarães to Porto airport). From the camp location, participants can easily reach small shops to get personal items, a cafe and a church. It is also possible to reach on foot the city centre of Fafe (25 minutes walking), where more services can be found.

Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

Participants will be living in tents (for individuals or two people) in a part of the farm with available hot and cold showers and dry toilets. A kitchen complex is an indoor building where participants will have breakfast, lunch and dinner. Snacks in the morning and in the afternoon will be displayed for those who want in the outdoor space of the kitchen. The kitchen complex has an “electrical corner” to plug devices for charging, but we highly recommend participants to go offline or reduce the use of digital devices to take as much from the experience as possible. There is no internet in the place as we are in the middle of the nature.

Meals offered are exclusively vegetarian and inside the farm you should not bring meat (if having meat is very important for you, please be aware to choose another workcamp).

Participants can wash their clothes the manual way and dry it to the sun (we will provide natural soap and conditions for it).

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

Young people have to participate in activities concerning the functioning of the Camp, meet schedules, follow the guidance of tutors, assist in cleaning of spaces used, participate in the planned activities, meet colleagues and work in team for the completion of the tasks assigned, participate in leisure activities. The absence of the workcamp for any reason must be requested and authorized by those responsible.

In the season of the workcamp, no fire can be set up, exception to prepared and authorized locations. There will be designated places for smoking and/or for leaving the cigarette ends. If drinking alcohol at own expenses, we invite for a conscient behaviour (in respect of own limits, in respect of others and the environment).

Special remarks or requirements of the Camp

Sleeping in tents for 10 days can be a tough experience, come with open mind for a natural, simple and enriching experience (you will be surprised if you are willing to make that challenge and also be more distant from mobiles or computers).

INSURANCE (kind of covers)

Insurance covers personal accidents due to the workcamp activities (but also under leisure and free time). Participants need to follow instructions and be aware when using instruments that might harm them and others, keeping safety rules and distances. The participants are also insured with Third Party Liability, which means that in case any participant breaks any material with the correct utilization or harms another person (by accident and with respect of rules of safety), the costs will be covered by the insurance.

WHAT VOLUNTEERS HAVE TO BRING

In this season of the year, weather in PT usually is hot and dry. Average temperatures are around 24-30 °C. But for evenings and nights, please be aware that we are next to the river and it gets very humid and cold feeling so please bring extra warm clothes.

Bring personal hygiene Kit considering natural products (if you don't have, we will produce it during the workcamp), beach and bath towel, swimsuit, sleeping bag, individual flashlight, boots and casual footwear, slippers, work clothes, warm clothing, waterproof, hat, sunscreen, personal documents (European health card, identification card or passport), drink and food for the night intercultural, traditional music and traditional instruments, personal medication. Please, also make sure you have enough of any medication you may need e.g. asthma inhaler and that you have, inform us of any health problems, allergies and special needs. All food and accommodation during the camp is covered, however, you may wish to bring along some extra money for your free time and souvenirs.

MEETING TIME AND MEETING POINT

Arrival date:	11 th July 2026
Timetable or period:	16h
Place Name:	Bus station in Guimarães
Place Address:	Alameda Dr. Mariano Felgueiras, Central rodoviária de Guimarães
Emergency contact:	+351965413471

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)

Closest Airport:	Porto airport (Francisco Sá Carneiro)
Closest Train Station:	Guimarães train station

Travelling from the Airport to (bus or train)

From the airport of Porto, participants can travel with the transfer bus that goes directly to Guimarães bus station (in 50 minutes).

The company names are getbus or flixbus and tickets and schedule can be checked at getbus.eu or flixbus.pt. The ticket costs 9€ for one way or 16€ for both ways (fixed price for getbus, but it is variable and usually cheaper on flixbus). From the bus station in Guimarães, all participants will be picked up.

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

From bus, participants can check for different companies (<https://rede-expressos.pt/pt>, <https://www.flixbus.pt/>) and there are several buses to Guimarães bus station from Lisbon, Porto or Faro. Prices vary depending on the travel, but please check the websites.

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

From train, participants can easily reach Guimarães train station and check in the website www.cp.pt for schedule and prices. If booked with 3 weeks in advance (or more), tickets can be under promotion (for intercity trains but not the fast “alpha” trains). From the train station, it takes 10minutes walking to the bus station of Guimarães, where we will pick up all participants.

Special recommendations

Bring any personal medication, your European health card and please inform us of any medical or special need (if we are informed of any physical or mental health challenge, we can better prepare ourselves and support you in case of need)

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	20
Working language:	English, Portuguese
Country currency:	Euro
Weather expected during the camp:	In this season, weather in PT usually is hot and dry. Average temperatures are around 24-30 °C, but please be aware that nights especially cold/humid by the river (bring warm clothes for the night). It can rain.
Local Host organization address:	Rua de Paçô 90, 4820-428 Fornelos, Fafe
Local Host organization phone:	+351 965 413 471
Local Host organization email:	geral@yupi.pt
Local Host contact person:	Mariana Marques
Camp Leader Name:	Mariana Marques
Camp Leader mobile phone:	+351965413471
IPDJ Regional address:	R. de Santa Margarida 6, 4710-306 Braga
IPDJ Regional phone number:	+351 253 148 682

WORKCAMP CODE	PT-CB-13-26	
CAMP NAME*	building Connections	
DATES	06/july/2026	17/July/2026

**Deve ser escolhido um título em inglês, pequeno e apelativo*

LOCAL HOST (<i>organization name, aims, main activities, internet address, you can add a small logo of your organization</i>) – Maximum - 130 words	
<p>Belmonte em Movimento Association (ABM) is a non-profit organization dedicated to social, community, and socio-cultural development, promoting inclusion, well-being, and active participation within the local population. Its main activities focus on supporting children, young people, older adults, and families in vulnerable situations through educational, cultural, recreational, and leisure initiatives. ABM is also responsible for managing the Municipal Social Shop, ensuring the collection, organization, and distribution of food, clothing, and other essential goods to those in need. In addition, the association promotes community psychology, volunteering, and local cooperation projects, working closely with the local authority, social institutions (IPSS), and other local partners.</p>	
	

WORKCAMP DESCRIPTION (*After WorkCamp description you can add 1 or 2 photos from previous camps, if the same*)

<p>Camp Description and Aims</p> <p>This workcamp offers young volunteers a meaningful opportunity to learn through action while actively contributing to the local community of Belmonte. Through hands-on social and socio-cultural activities, participants will engage with children, older adults, and vulnerable families, supporting inclusive initiatives that respond to real community needs.</p> <p>Volunteers will also take part in the daily activities of the Social Shop, helping with the organisation and distribution of essential goods. The project is based on a shared-care and participatory approach, encouraging cooperation, proximity, and mutual support. All activities are supervised by local staff and adapted to each group, creating a welcoming space for intercultural exchange, personal growth, and a deeper understanding of local social realities.</p>

<p>Voluntary Work and Tasks of the Camp</p> <p>Volunteers will actively support community-based social and socio-cultural initiatives in Belmonte. Their tasks include helping to organize and carry out activities for children, older adults, and vulnerable families, as well as supporting the daily operation of the Social Shop, including sorting and distributing food and essential goods.</p> <p>Depending on community needs and the profile of the group, volunteers may also contribute to educational, cultural, recreational, or well-being initiatives. All tasks are hands-on, carried out in close cooperation with local staff and community members, and adapted to the abilities and interests of the volunteers.</p>

<p>What the volunteers can Learn in this Camp? (study part)</p> <p>Through their participation, volunteers will gain practical experience in community-based social work and shared-care approaches, with a focus on non-welfare intervention models. They will develop a deeper understanding of social inclusion, vulnerability, and community support in rural contexts.</p> <p>The camp also offers learning opportunities in intercultural communication, teamwork, and the planning and implementation of small-scale social and socio-cultural activities. Volunteers will strengthen personal and social skills such as empathy, responsibility, adaptability, and collaborative problem-solving, while deepening their understanding of active citizenship and solidarity.</p>
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<p>Free Time, Leisure Time and Visits preview</p> <p>During their free time, volunteers will have the opportunity to discover Belmonte and the surrounding region, known for its rich cultural heritage, natural landscapes, and unique Jewish historical legacy. Leisure activities may include visits to local museums and historical sites, nature walks, cultural exchanges with the local community, and informal social moments with residents.</p> <p>Depending on availability and group interests, optional visits to nearby towns or points of interest may also be organised. Free time is valued as an important space for rest, social interaction, and intercultural exchange among volunteers.</p>
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LOGISTICAL ARRANGEMENTS

Description of the Camp Location *(if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)*

The workcamp takes place in Belmonte, a small rural town in central Portugal with approximately 6,000 inhabitants. Located in the district of Castelo Branco, near the Serra da Estrela Natural Park, Belmonte offers a peaceful rural setting with strong community ties. The town is situated at approximately 40.36° N, 7.35° W, about 250 km from Lisbon and 200 km from Porto. Camp activities are carried out in local community and social facilities within the town.



Accommodation/Food *(describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)*

Participants will be accommodated in local housing facilities or similar structures in Belmonte, ensuring comfort, safety, and appropriate hygiene conditions throughout the stay. Accommodation consists of shared, non-mixed rooms, equipped with beds, storage space, and access to fully functional sanitary facilities with hot water and showers. Regular cleaning services are provided. Free Wi-Fi is available in common areas and rooms. Common spaces are also available for social interaction, informal meetings, and rest.

Participants will receive three meals per day. Breakfast is organised in a self-service format at the accommodation, offering a variety of local products such as bread, dairy products, fruit, cereals, jams, and beverages. Lunch and dinner are served in a canteen-style setting, promoting group interaction and healthy routines. Meals are mainly based on Mediterranean cuisine, using fresh and local ingredients. Vegetarian, dietary, and special meal options (allergies, intolerances, cultural or health-related needs) are available upon prior request.

CONDITIONS OF PARTICIPATION *(if there is any specific information that is important volunteers to know about the camp)*

Internal rules of the Camp

Participants are expected to be motivated for community-based work and to show respect for local people, cultures, and daily routines. Volunteers should be open-minded, adaptable, and willing to engage in a rural context with diverse social groups.

Basic communication skills in English are recommended. No specific technical skills are required; however, a proactive attitude, teamwork, flexibility, and a sense of responsibility are essential.

The use or possession of illegal drugs is strictly prohibited. Alcohol consumption is not allowed during working hours or official camp activities. Volunteers must be prepared for practical tasks, flexible schedules, and to follow the guidance of local coordinators and camp rules.

Special remarks or requirements of the Camp

No special requirements apply beyond motivation, respect for community values, and willingness to participate actively in camp life.

INSURANCE *(kind of covers)*

Participants are covered by personal accident insurance, including:

Death or permanent disability: €25,000; Medical treatment and repatriation expenses: €2,500; Funeral expenses: €1,500;

Temporary total disability (daily allowance): €25

WHAT VOLUNTEERS HAVE TO BRING

Personal use equipment: Comfortable clothes and shoes. Sun hat. Beach slippers. Swimsuit. Beach towel. Sunglasses. Sunscreen cream.

MEETING TIME AND MEETING POINT

Arrival date: 06/07/2026

Timetable or period: morning

Place Name: Associação Belmonte em Movimento

Place Address: Rua Pedro Alvares Cabral, 2 6250-085 Belmonte

Emergency contact: +351927 554 806

HOW TO GET TO THE MEETING POINT/CAMP? *(Please add addresses, timetables, itinerary trip, ticket prices and internet address)*

Closest Airport: Lisbon airport

Closest Train Station: Oriente Station

Travelling from the Airport to (bus or train)

From Lisbon Airport to Oriente Station

Oriente Station is located approximately 4 km from Lisbon Airport and is the main transport hub for national connections.

Metro: Fastest and most convenient option. Take the metro from Terminal 1 to Oriente Station. Travel time: ~10 minutes.

Taxi: Travel time: ~10 minutes. Approximate cost: €5.84.

Bus: Lines 208, 705, and 744 stop at Oriente Station. Travel time is longer than metro or taxi.

From Lisbon / Porto / Faro to Belmonte

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

The journey from Oriente Station to Belmonte takes approximately 4h30–5h, covering around 355 km, including an average layover of 1 hour. Services are operated by Rede Expressos. Usually, three daily connections are available, though schedules may vary on weekends and holidays.

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

The train journey from Oriente Station to Belmonte takes approximately 3h30–4h, covering around 355 km, including an average layover of 1 hour. Services are operated by CP – Comboios de Portugal.

The approximate ticket price for young people is around €10 (by bus). Volunteers are advised to check timetables and prices in advance.

Special recommendations**PRACTICAL INFORMATION AND CONTACTS**

Nº of volunteers:	16
Working language:	English
Country currency:	euro
Weather expected during the camp:	Summer time
Local Host organization address:	Associação Belmonte em Movimento
Local Host organization phone:	+351 927 554 806
Local Host organization email:	abelmontemovimento@gmail.com
Local Host contact person:	Verónica Gonzales
Camp Leader Name:	Verónica Gonzales
Camp Leader mobile phone:	+351 927 554 806
IPDJ Regional address:	(+351) 272 348 000 mailcbranco@ipdj.pt
IPDJ Regional phone number:	(+351) 272 348 000

WORKCAMP CODE	PT-CO-18-26	
CAMP NAME*	Candal: Living village	
DATES	31.08.2026	11.09.2026

**Deve ser escolhido um título em inglês, pequeno e apelativo*

LOCAL HOST (*organization name, aims, main activities, internet address, you can add a small logo of your organization*) – Maximum - 130 words

Activar is an NGO created in 2000 in the county of Lousã, district of Coimbra. We aim to promote the local development of the Lousã in an integrated and sustainable way, in cooperation with other entities, to improve people's quality of life. We develop several community projects of a social and cultural nature, in the areas of childhood, youth, nature tourism, and social development. We have been working in the field of youth for more than 20 years, working daily with the local youth both at school and in the community, organizing international work camps, and hosting and sending volunteers on Erasmus+ and European Solidarity Corps programs. Watch the videos of our last work camps! 😊

https://www.youtube.com/watch?v=x3pI9JvYpEo&list=PLYI_8Oak_wYYm-NI1oVHIDo2UYkXH_G8U

[Campo de Trabalho Internacional 2023- "A Kind Touch of Paint"](#)

WORKCAMP DESCRIPTION (*After WorkCamp description you can add 1 or 2 photos from previous camps, if the same*)

Camp Description and Aims

This workcamp is a partnership with the parish of Lousã and Candal Association for Social Interaction and Improvement, in Candal Xisto Village and will be focused in the preservation of paths in the village and mountains as well some infrastructures used in the villages.

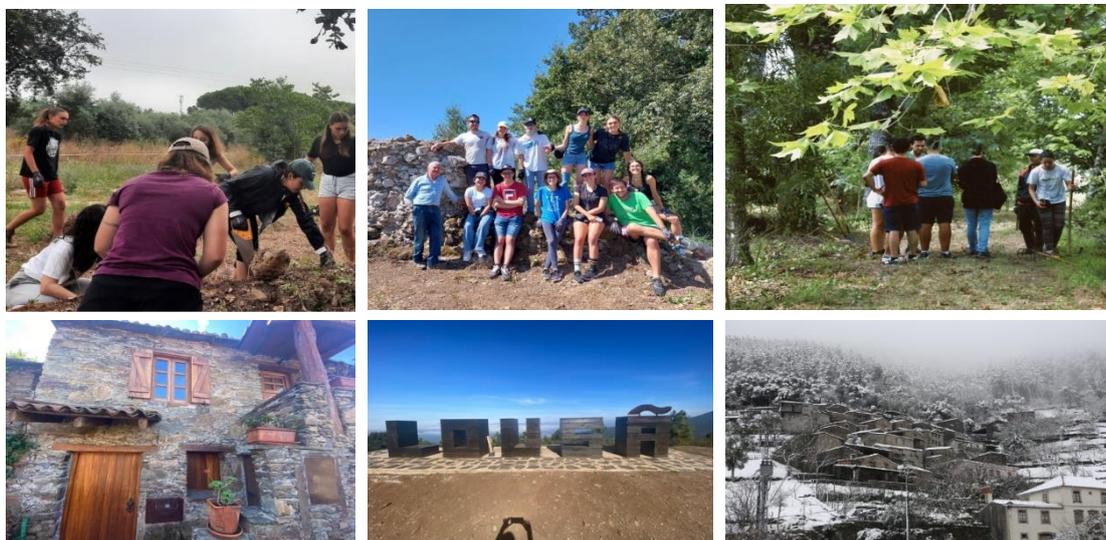
AIMS:

- Clean and re-mark (in accordance with the guidelines of the competent authority) the pedestrian trails of the village of Candal after the 2025 wildfires, preserving biodiversity;
- Clean and preserve village structures such as fountains and washhouses;
- Clean and preserve community water sources;
- Promote diversity and intercultural relations between foreign young people and the local community;
- Promote cultural exchange among young people from different countries around the world;
- Promote the autonomy and personal and social development of participants;
- Raise awareness of the region and its heritage;
- Value volunteering as a tool for local development.

Voluntary Work and Tasks of the Camp

- Cleaning and painting various water fountains for community use in the parish of Ega. The young people will carry out a set of tasks related to the preservation of biodiversity and the cultural and natural heritage existing in the village and the surrounding area, namely: cleaning and marking pedestrian trail signage, combating invasive species while preserving native species; cleaning and painting several fountains of community use and cultural heritage in the village of Candal.

These activities provide significant learning opportunities about the region's natural and cultural heritage during their implementation. It should be noted that this village is one of the 27 villages in the Aldeias do Xisto network and one of the five villages located in the municipality of Lousã.



What the volunteers can Learn in this Camp? (study part)

You will learn about local biodiversity and how to identify plants and animals that need to be protected, including some species from the Red List of Threatened Species. You will also learn about our history and culture and visit some xisto villages in the mountains.

Apart from the task-related knowledge, during these 12 days, you will be learning by experience, improving your skills, and reflecting on common living, cooperation, collective decision-making, conflict management, cultural diversity, and solidarity. You will certainly develop your intercultural skills, communication skills, and autonomy. You will also learn how to manage a collective budget and plan and prepare meals for a large group of people.

Free Time, Leisure Time and Visits preview

In your free time, you can enjoy the natural calm of the surroundings for some personal time or use all the space to play games and gather within the group of volunteers. In Lousã we have beautiful river beach where you can refresh, play games, rest and drink a coffee.

We will prepare several visits and cultural surprises for the group, which we like to keep (partially) secret... But you can expect a day at the ocean, several evenings of music, animation, and fun with the local community, and a time-traveling experience while visiting the museums around.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)

Lousã is a town with 17.000 inhabitants, in the center of Portugal. It is very well-located, at a similar distance from Lisbon and Oporto airports and at 25 Km from the beautiful city of Coimbra. The accommodation will be in the center of town village and the work activities will take place in the mountains and the group will be transported by van.

Latitude: 40.112732, Longitude: -8.241883. Google maps: <https://maps.app.goo.gl/XeEJvesdvVYFwykw5>

Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

Accommodation will be in a youth hostel, in Lousã, that has excellent conditions to host this kind of projects. The rooms are for 4 pax. With bathroom .

The camp includes 5 meals: breakfast; morning snack; lunch; afternoon snack, dinner, and evening snack. All meals will be prepared by volunteers individually (breakfast and snacks) or in cooking teams (lunch and dinner). Cooking teams change each day and will also go shopping for food for the whole group (we will provide a daily budget to each team). The first meals will be prepared by the camp leaders! We can easily adapt to special diets and/or food allergies.

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

Work camps are run according to the principles of communal living, group decision-making, equal participation and collective problem-solving. The quality of the workcamp depends very much on your input, ideas, and initiative! The most important is that you are flexible and act in a friendly and responsible way. Here are the main rules:

- Do not use drugs
- Do not drink alcohol during activities and especially in the presence of children and young people
- Be motivated and bring your ideas

Special remarks or requirements of the Camp

- Willingness to work and to learn more about the topic
- Participation from the very first till the very last day
- Engagement in daily tasks (shopping, cooking, cleaning, setting the table, etc.)
- Help and shared responsibility by making suggestions for group activities, discussions, games, etc.
- Commitment to a group experience and to making decisions and solving problems together
- Respect for your peers and people in the hosting project

INSURANCE (kind of covers)

Each volunteer will have a personal accident injury insurance, that includes: death; permanent disability; treatment and repatriation expenses; funeral expenses; absolute temporary disability; temporary disability due to hospitalization.

WHAT VOLUNTEERS HAVE TO BRING

Please bring comfortable clothing and footwear, suitable for work; a sleeping bag and a pillow; your hygiene items (toiletries, towels, etc.); a hat or cap; sunscreen; swimsuit; a coat or sweater for the night; your ID and health insurance (European Health Card or personal health insurance); a flag, games, instruments, recipes or other typical items from your culture and/or country of origin.

MEETING TIME AND MEETING POINT

Arrival date:	31.08.2026
Timetable or period:	Afternoon (after 15:00)
Place Name:	Pousada da juventude da Lousã
Place Address:	Pousada da Juventude da Lousã, Rua da Feira, 3200-122 Lousã, Portugal, Portugal email - juventude@activar.org telefone - +351239996116/+351910551781 Latitude: 40.112732, Longitude: - 8.241883. Google maps: https://maps.app.goo.gl/XeEJvesdvVYFwykw5
Emergency contact:	Daniela Venâncio: +351 910 551 781

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)

Closest Airport: Oporto or Lisbon (distance is similar, so choose based on timing and/or price)

Closest Train Station:	Coimbra
Travelling from the Airport to (bus or train)	LISBON: Take the metro to Gare do Oriente (Red Line) and follow the directions to the train station. PORTO: Take the metro (Line E) to Campanhã and follow the directions to the train station.
Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point	- Take the bus (Rede Expressos or FlixBus) to Coimbra. - If you travel on FlixBus, walk for about 25min until MetroBus Stop. You can use a taxi or uber to go to Metrobus stop. - Take the metro bus to Lousã and go aout in "Lousã - Parque de Exposições (the travel has around 50 minutes)
Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point	- Take the train to Coimbra-B. - In Coimbra-B, take the bus to get to Coimbra-A/Portagem station (this is a transfer, you don't need another ticket). - Take the metro bus to Lousã (the metro stop is in Portagem)
Special recommendations	Check our interactive map: https://www.google.com/maps/d/edit?mid=1LP0kCKkw_lzoUK6IXXv9qpogOe2mQiQ&usp=sharing Useful links (from Lisbon and Porto): https://www.cp.pt/passageiros/en ; https://rede-expressos.pt/en ; https://global.flixbus.com Do not use a taxi for long distances (as it might be very expensive). If you plan your arrival for very late at night, contact us instead. Form Coimbra to Lousã: Metro Mondego - Mobilidade Sustentável na Região de Coimbra

PRACTICAL INFORMATION AND CONTACTS	
Nº of volunteers:	17
Working language:	English
Country currency:	EUR
Weather expected during the camp:	Summer: foggy mornings, sunny afternoons, temperatures from 15°C to 32°C, UV level 6
Local Host organization address:	Rua General Humberto Delgado 21, 3200-242 Lousã, Portugal
Local Host organization phone:	+351 239 996 116
Local Host organization email:	juventude@activar.org
Local Host contact person:	Fernanda Vaz
Camp Leader Name:	Daniela Venâncio
Camp Leader mobile phone:	+351 910 551 781
IPDJ Regional address:	IPDJ Coimbra: Rua Pedro Monteiro 73, 3000-329 Coimbra, Portugal
IPDJ Regional phone number:	+351239790600

WORKCAMP CODE	PT-EV-12-26	
CAMP NAME*	For Climate 6.0	
DATES	13 July 2026	24 July 2026

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words

Marca-ADL is a non-profit association, with headquarters in Montemor-o-Novo, district of Évora. It aims is to promote qualified development of Montemor-o-Novo municipality in particular to support actions in the social & cultural sphere, environmental preservation and enhancement of natural and human heritage, entrepreneurship and support for business creation and quality services. Environmental and heritage concerns were at the root of the creation of the MARCA ADL, that currently has the legal status equivalent to Environmental Non-Governmental Organization ENGO.

WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

Camp Description and Aims

Following the work that Marca ADL has been developing over the past years on the themes of Climate Change, Sustainability, and Green Economy, this year we intend to encourage reflection on the role of citizens and organisations in mitigating the impacts of climate change, particularly in terms of local biodiversity, and to provide practical knowledge about flora native species and tools for action at an individual level and in the territories where we operate.

- 1) Raise awareness about the importance of youth mobilization and participation in solving local and global problems;
- 2) Promoting youth participation and involvement in environmental and social issues, in particular in the management of natural resources and biodiversity;
- 3) Reflect on the causes and consequences of climate change and ways to act as citizens, particularly in terms of managing natural resources and biodiversity;
- 4) Reflect on the importance of autochthonous flora species for biodiversity and territory management
- 5) To support Marca in setting up and maintaining a nursery of Mediterranean flora species
- 6) Promote reflection on sustainable behaviours, tools that help these behaviours, namely in terms of consumption and their impacts on the management of natural resources and biodiversity.

Voluntary Work and Tasks of the Camp

The project includes a set of environmental conservation and sustainability education actions, including the collection and sorting of native plant seeds for the creation of micro-reserves, the cleaning and rehabilitation of temporary watercourses with control of invasive species and reforestation with native species, and the production and maintenance of native plants in a nursery. Also support the construction and maintenance of nursery infrastructure. Supporting the watering of existing plantations and maintenance of interventions in public green spaces.



What the volunteers can Learn in this Camp? (study part)

Participants will acquire theoretical and practical knowledge on:

- Climate Action: how to deal with climate change impacts in a natural and rural environment on the Mediterranean area;
- Nature conservation & green business's: how can we use nature, benefiting both local communities and natural environment;
- Water and natural resources management: how water is managed in our community, under the Mediterranean context and that as suffered impacts from severe droughts and flash floods events;
- Autochthonous flora species: the importance for biodiversity and water management in rural and urban areas
- Citizen role and participation: how can we contribute to a more sustainable communities capable of tackling climate change impacts - our role and behaviour as consumers.



Free Time, Leisure Time and Visits preview

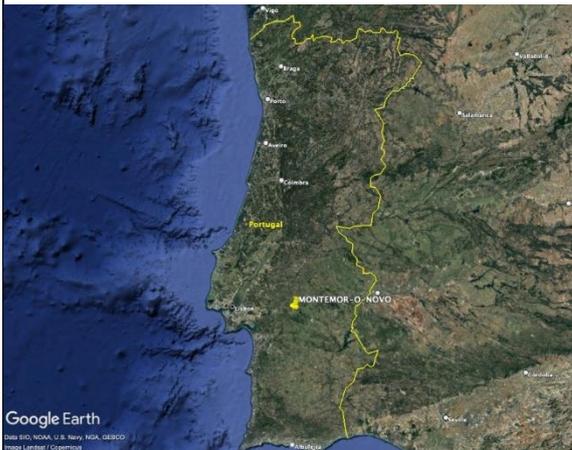
- Visit to Évora - World Heritage Site;
- Walking Tour - Montemor-o-Novo | To know the castle and the city
- Cultural night - Sharing cultures and traditions;
- Debates and thematic discussions about Climate Change – causes and possible solutions; Circular Economy – sustainable behaviours; Food – local products and wild resources
- Arts and crafts workshop with natural materials
- Going to the municipal swimming pools and / or Arrabida beach;
- Local gastronomy workshop - Enhancement of local products and the territory.
- Visit to a sustainable business.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)

This camp takes place in a rural territory, close to a small city, **Montemor-o-Novo** in Alentejo region, Portugal. The camp will be at a 7 minutes distance by car from Montemor-o-Novo, transport for the activities will be assured.

It is located at approximately at a 100 km distance from Lisbon, the Portuguese city capital and 35km from Évora.



Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

The participants will be accommodated in individual tents which is located 5 km from Montemor-o-Novo.

There the participants will cook breakfast and snacks; Lunch and dinner will be provided, exception for weekends where participants have to cook lunch and dinner. Participants are responsible for cleaning the common kitchen and dishes.

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

- Respect for each other;
- Respect for the environment;
- Motivation to participate in environmental activities;
- Motivation for “hands on” activities;
- Participate in group activities,
- No smoking indoors;
- No drinking of alcoholic beverages while working.

Special remarks or requirements of the Camp

- You have to clean the space after cook and eat;
- You have to clean the WC's;
- Respect the hours of sleeping;
- Clean the food boxes every day;
- Do not leave trash on the floor.

INSURANCE (kind of covers)

Personal accident insurance

WHAT VOLUNTEERS HAVE TO BRING

Sleeping bag;
Individual tent (if you do not have, please contact us)
Towels and toiletries (personal hygiene items);
Clothes and shoes appropriate for high temperatures and for work in the field;
Warm clothes for the night (minimum temperature 12°C);
Torch for night use;
Insect repellent;
Bathing suit, sun cream and towel (we have pool and we are going to the beach)
Necessary documents;
Motivation and positive energy to work as a team!

MEETING TIME AND MEETING POINT

Arrival date:	13 of July 2026
Timetable or period:	8 h – 12 h
Place Name:	Bus Station (Montemor-o-Novo)
Place Address:	R. de São Francisco 19, 7050-173 Montemor-o-Novo
Emergency contact:	Contact Person: Rui Rebocho Tel: +351 961 528 711

HOW TO GET TO THE MEETING POINT/CAMP? *(Please add addresses, timetables, itinerary trip, ticket prices and internet address)*

Closest Airport:	Lisbon
Closest Train Station:	Vendas Novas or Évora

Travelling from the Airport to (bus or train)

By plane, you can get to Lisbon or Oporto with fairly reasonable fares proposed by low-cost companies (e.g. Ryanair or easyjet). From there on the best way to reach Montemor-o-Novo will be by bus, with rates ranging from 10 to 20€ (one way). Before arrival, we can provide you useful information on schedules, departure and arrival hours of main transports to Montemor-o-Novo.

From Lisbon Airport:

1. take the metro (red line) at the airport - it's the only metro line;
2. You have to change lines, at the end of the red line – in S. Sebastião - To the blue line towards the *Jardim Zoológico* (Zoo);
3. It's only 2 stops, when you get to the *Jardim Zoológico* (Zoo) stop, you leave and follow the signs to the bus station.

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

From Lisbon, in the bus station take the bus to Montemor-o-Novo and enjoy the trip of about 1 hour.

You can buy the tickets on bus station or online at <https://rede-expressos.pt>.

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

If you travel by train you will need to take a bus that drops you off at the Montemor-o-Novo Bus Station.

Pay attention that in Évora the bus station is 36 minutes far from the train station, by walking. In Vendas Novas it is 8 minutes far, but you do not have so many bus schedules.

Special recommendations

If arriving by car, you will be able to park just by the facilities where you will be lodged.

Casais da Adua nº8 – Viveiro Marca ADL – Estrada nacional 4 (between Montemor-o-novo and Arraiolos)

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	18
Working language:	English
Country currency:	Euro (€)
Weather expected during the camp:	Sunny and hot weather
Local Host organization address:	Rua Luís de Camões nº 16, 7050-260 Montemor-o-Novo
Local Host organization phone:	+351 266 891 222
Local Host organization email:	social@marca-adl.pt
Local Host contact person:	Contact Person: Rui Rebocho Tel: +351 961 528 711
Camp Leader Name:	Rosa Coelho
Camp Leader mobile phone:	Tel: +351 964 069 892
IPDJ Regional address:	R. da República 119, 7000-656 Évora
IPDJ Regional phone number:	+351266 737 300

WORKCAMP CODE	PT-FA-08-26	
CAMP NAME*	Hands on the Land – Regenerating Ecosystems	
DATES	17/09/2026	28/09/2026

**Deve ser escolhido um título em inglês, pequeno e apelativo*

LOCAL HOST (*organization name, aims, main activities, internet address, you can add a small logo of your organization*) – Maximum - 130 words

Novas Descobertas Association is a nonprofit organization founded in 1994 that offers transformative learning experiences for groups that connect people of all ages and backgrounds with each other and with nature. - Learn More - <https://novasdescobertas.org/en/>

WORKCAMP DESCRIPTION (*After WorkCamp description you can add 1 or 2 photos from previous camps, if the same*)

Camp Description and Aims

This camp offers a hands-on experience in ecological restoration, community engagement, and intercultural learning. Participants help restore fire-affected areas, develop environmental awareness through practical activities, and collaborate with the local community. The camp promotes personal growth, social responsibility, and cultural exchange, fostering skills, empathy, and active citizenship.

Restore nature, connect with others, and grow together.



Voluntary Work and Tasks of the Camp

At this camp, volunteering is about being part of a living, breathing community — caring for the land, the people, and the spaces we share. Participants take part in hands-on ecological work, helping to restore areas affected by fire through planting native species, protecting soil, and supporting local biodiversity

- **Ecological Restoration:** Plant native species, protect soil, and bring life back to fire-affected areas.
- **Community Connections:** Collaborate with locals, join workshops, and share stories across cultures.
- **Everyday Life:** Water gardens, help with meals, care for shared spaces, and enjoy playful moments together.

Every task is a chance to learn, connect, and grow — with nature, the community, and yourself.

What the volunteers can Learn in this Camp? (study part)

Ecological Knowledge:

- How to restore fire-affected ecosystems and care for native plants.
- Techniques for soil conservation, water retention, and supporting biodiversity.
- Observation skills to understand how ecosystems recover and thrive.

Community and Interpersonal Skills:

- How to collaborate with local people and other volunteers.
- Ways to share knowledge, traditions, and cultural perspectives.
- Teamwork, cooperation, and problem-solving in a real-life context.

Personal Growth:

- Responsibility and self-awareness through daily tasks and group projects.
- Reflection on your role in the community and connection with nature.
- Confidence, empathy, and social skills through shared experiences.

Free Time, Leisure Time and Visits preview

Nature Connection: We will have designated moments to visit places in the Algarve that are protected nature areas and places of traditional culture. Daily opportunities to do walks, bicycle rides, and canoeing in Ribeira do Odiáxere and Alvor, a unique natural place close to our Camp. We are also immersed in Quinta do Vale da Lama, which offers the opportunity to be in deep contact with a relaxing, natural landscape.

Learning community: We will start and end the day with opportunities for sharing, tracking learning expectations and group decision-making about our program and daily routines; everyone is invited to participate and offer to share skills.

Social and leisure activities: Together we will prepare free time and evening activities; including cultural nights, to share cuisine and participant's cultural traditions and celebrations.

Visits: We will go to our local farmers market and visit local initiatives and projects.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location *(if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)*

Novas Descobertas Association is located between Lagos and Portimão, in the natural setting next to the Alvor estuary. We are a part of the 43 hectare Quinta Vale da Lama, a regenerative farm that also features educational, wellness, and eco-lodging facilities. In the area closest to the estuary is Campo do Vale, our home. Near to our camp, only 15m by bike, you can reach our closest beach, Meia Praia. And only 3km away you can find our local village Odiáxere.

Accommodation/Food *(describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)*

Our venue's facilities include prepared and shaded camping areas, hot showers, indoor bathrooms and dining hall, as well as WiFi, charging stations, small library, tools and didactic materials.

Accommodation is made in individual tents; please bring your own if you can, if you can't the project will provide one.

The project will provide 5 meals per day (breakfast; Lunch; snack; dinner; supper). We serve a mediterranean diet, mainly vegetarian based as much as possible on the following ethical sequence: seasonal, local and organic.

As an Association that has programs for all ages, you can expect to share the space with a children, youth and elders from several backgrounds and cultures.

CONDITIONS OF PARTICIPATION *(if there is any specific information that is important volunteers to know about the camp)*

Internal rules of the Camp

Join daily community contributions and tasks;

Not bring pets, as our space is also for wildlife

To avoid drugs, and restrain from too much smoking and excessive drinking (there is a designated smoking area)

Practice self-care and communicate specific needs

Share and participate on decision making and agreements

Special remarks or requirements of the Camp

Notice that group agreements are made on the first day of camp in order to maintain common needs satisfied and promote self-regulation

INSURANCE *(kind of covers)*

Personal accident insurance

WHAT VOLUNTEERS HAVE TO BRING

Please bring with you: Practical working clothes and warm jumper for evenings; Outdoor shoes and shower flip flops; sun cream; insect repellent; torch; sleeping bag and small blanket; personal tent (is preferred); sun hat; small backpack and personal water bottle and drinking cup; beach and shower towel; personal hygiene products; swimming gear; musical instruments. Ingredients/Food that is traditional from your country of origin (to share in a cultural meal).

MEETING TIME AND MEETING POINT

Arrival date: 17th of September, 2026

Timetable or period: 12a.m

Place Name: Lagos Train Station

Place Address: Lagos train station

Emergency contact: Rachel Marsden - +351 969760575

HOW TO GET TO THE MEETING POINT/CAMP? *(Please add addresses, timetables, itinerary trip, ticket prices and internet address)*

Closest Airport: Faro

Closest Train Station: Lagos

Travelling from the Airport to (bus or train)

Please view directions from Faro Airport to Associação Novas Descobertas in Google Maps:

<https://goo.gl/maps/YDweJtLEZeqGAtkM8>

<p>Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point From Lisbon/Porto/Faro you can find Rede Expressos buses – https://rede-expressos.pt/en or Flixbus - https://www.flixbus.com/ with destination to Lagos.</p>
<p>Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point Best way to reach the meeting point is the train. Find more about train schedules at https://www.cp.pt/passageiros/en Notice there are different train stations in Lisbon you can use depending on where you are; Lisboa - Oriente is the one closer to the Airport.</p>
<p>Special recommendations</p>

PRACTICAL INFORMATION AND CONTACTS	
Nº of volunteers:	20
Working language:	English
Country currency:	Euro
Weather expected during the camp:	Hot sunny weather
Local Host organization address:	Caixa Postal Número 322-N Vale da Lama, 8600-258 Odiáxere, Lagos – Portugal
Local Host organization phone:	(+351) 282 697 862
Local Host organization email:	info@projectonovasdescobertas.org
Local Host contact person:	Rachel Marsden
Camp Leader Name:	Rachel Marsden
Camp Leader mobile phone:	+351 969760575
IPDJ Regional address:	Rua da Policia da Seguranca Publica 1, 8000-151 Faro
IPDJ Regional phone number:	289 891 820

WORKCAMP CODE	PT-GU-17-26
CAMP NAME*	Invasive species 3.0
DATES	13/07/2026 – 24/07/2026

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words



Since 1976, the Associação de Promoção Social, Recreativa, Desportiva e Humanitária de Maceira has as its main intervention area the improvement of the population's well-being and quality of life through initiatives and projects aimed at supporting children, youth and the third age, promoting the social integration of the most disadvantaged groups and the integrated development of the local territory.

From the activities developed in working with young people, we highlight the Summer Camps, Workcamps and Youth Exchanges within the framework of the Erasmus + Program.

Facebook address - www.facebook.com/associacaopsrdh.maceira

WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

Camp Description and Aims

Invasive species 3.0 aims to promote environmental education and reflect/raise awareness about the importance of preserving the environment, the impact of invasive species on ecosystems, the importance of controlling and managing invasive species and sustainable growth, through initiative to control and manage 5 invasive species in the municipality of Fornos de Algodres.

As for leisure activities, we will have visits (to the museum, library, river beach, social solidarity institutions), intercultural evenings, sports activities, traditional games, parties, swimming pool, cultural activities, ect.

In Workcamp, the days will be organized in this way: during the morning and beginning the afternoon the participants do their volunteering work, during second half of the afternoon and night the participants will have the leisure activities.

Voluntary Work and Tasks of the Camp

During the Workcamp participants will perform the following tasks:

- Learn 6 methods/techniques to control invasive species (Strike/Herbicide injection, pulling, peeling, mowing, mowing + application of herbicides and natural control);
- Apply the most appropriate control techniques to the 4 species selected in the municipality of Fornos de Algodres;
- Prepare publicity/awareness-raising materials about the advantages/importance of controlling and managing invasive species with a view to environmental sustainability;
- Raise awareness among the population of the importance of environmental sustainability;
- Remove rubbish improperly deposited in intervention spaces.



What the volunteers can Learn in this Camp? (study part)

It is intended that volunteers acquire knowledge in terms of environmental education and reflect/raise awareness about the importance of environmental issues, mainly the importance of controlling and managing invasive species, namely:

- understand the problem of invasive species;
- understand and subsequently raise awareness among the population of the importance of controlling and managing invasive species;
- obtain knowledge about practical actions to control 5 invasive species;
- acquire knowledge to promote a campaign on the advantages/importance of controlling and managing invasive species aiming for environmental sustainability.

Free Time, Leisure Time and Visits preview

As for leisure activities, we will have visits (to the museum, library, river beach, social solidarity institutions), intercultural evenings, sports activities, traditional games, parties, swimming pool, cultural activities, ect.

In Workcamp, the days will be organized in this way: during the morning and beginning the afternoon the participants do their volunteering work, during second half of the afternoon and night the participants will have the leisure activities.



LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)

Invasive species 3.0 will take place at Maceira.

Maceira is a rural portuguese parish in the municipality of Fornos de Algodres, in the province of Beira Alta, in the Center region and sub-region of Serra da Estrela, with an area of 8.06 km² and 229 inhabitants.

The address is: Rua do Vale da Vinha, 1, 6370-341 Maceira - Fornos de Algodres, Portugal.



Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

ACCOMODATION: The participants will stay at Hostel EntryFik. The Hostel is working since 2016 and the building was completely reformulated. The participants will sleep in dormitories divided per gender. In the Hostel, we will have a team that clean the accommodation and cook the meals. For more information about hostel, the participants can check Hostel Website: www.hostelentryfik.com .

MEALS: Meals will be served at the hostel. All special food requirements will be respected if there's prior information sent to the participants. We will have 5 meals a day (breakfast, lunch, snack, dinner and supper).

INTERNET: The hostel provides free Wi-Fi.



CONDITIONS OF PARTICIPATION *(if there is any specific information that is important volunteers to know about the camp)*

Internal rules of the Camp

Young volunteers should be between the ages of 18 and 30, and have a proper conduct in performing the tasks during the Camp. In order for the whole group to function properly, the stipulated timetables must be fulfilled.

Special remarks or requirements of the Camp

No Fees

INSURANCE *(kind of covers)*

All volunteers will have a personal accident insurance that in case of an accident will have the following coverages: death, permanent disability, treatment expenses, funeral expenses and repatriation.

WHAT VOLUNTEERS HAVE TO BRING

Participants should bring: the usual and necessary items for the duration of the Camp; practical and / or sporting clothing; comfortable shoes (and socks); sunscreen, cap / hat; towels.

MEETING TIME AND MEETING POINT

Arrival date: 20/07/2026

Timetable or period: during all day until dinner time (7.30 pm).

Place Name: Hostel EntryFik

Place Address: Rua do Vale da Vinha, 1, 6370-341 Maceira - Fornos de Algodres, Portugal

Emergency contact: (+351) 917395954

HOW TO GET TO THE MEETING POINT/CAMP? *(Please add addresses, timetables, itinerary trip, ticket prices and internet address)*

Closest Airport: Lisbon, Porto

Closest Train Station: Fornos de Algodres

Travelling from the Airport to (bus or train)

Arriving at Porto airport or Lisbon airport, the participants can take subway until bus or train station. One time in this stations (bus/train), the participants should take one this public transportation until Fornos de Algodres.

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

Buses to Fornos de Algodres: <https://rede-expressos.pt/en>

The connection of Fornos de Algodres to the Hostel will be ensured by the Workcamp Organization.

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

Trains to Fornos de Algodres: <http://www.cp.pt/passageiros/en/>

The connection of Fornos de Algodres to the Hostel will be ensured by the Workcamp Organization.

Special recommendations

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers: 20

Working language: English

Country currency: Euro (€)

Weather expected during the camp: Good weather (sun and hot weather)

Local Host organization address: Lugar do Serrado, 1, 6370-341 Maceira - Fornos de Algodres, Portugal

Local Host organization phone: (+351) 271 789 817

Local Host organization email: geral@hostelentryfik.com

Local Host contact person: António Oliveira

Camp Leader Name: António Oliveira

Camp Leader mobile phone: (+351) 917 395 954 - available on whatsapp

IPDJ Regional address: Av. Alexandre Herculano, 6300-659 GUARDA

IPDJ Regional phone number: (+351) 271 232 100

WORKCAMP CODE PT-LI-09-26

CAMP NAME	EcoFrossos 2.0
DATES	14 – 25 July 2026

LOCAL HOST (<i>organization name, aims, main activities, internet address, you can add a small logo of your organization</i>) – Maximum - 130 words	
	<p>SPEN (Portuguese Society for Entomology) is a non-profit civil association which work is mainly related to the investigation and protection of entomological fauna, that is, insects and other invertebrates (entomology = study of insects). These animals are generally overlooked by funding opportunities and by the general society who, not knowing and understanding this fauna, is also unaware of the fundamental importance it plays in the functioning of ecosystems and of life on Earth. For example, the latest international scientific studies demonstrate the global decline of pollinators, which negatively impacts the balance of ecosystems, but also food sustainability. 35% of the plants used for food production, worldwide, depend on pollinators, as well as the ecological functionality of all ecosystems, which guarantee the conditions for life on the Planet.</p> <p>SPEN's work is EDUCATIONAL: it focuses on disseminating science and raising awareness in the community about the importance of insects in particular and biodiversity in general; ENVIRONMENTAL: We work in nature conservation in order to safeguard habitats and biodiversity (with a special focus on insects), helping to maintain functional ecosystems and quality of life for all; and SCIENTIFIC: we promote the investigation and publication of scientific research related to insects and their role in nature conservation.</p>

WORKCAMP DESCRIPTION

<p>Camp Description and Aims</p> <p>General objectives:</p> <ul style="list-style-type: none"> - Valorization and promotion of natural and cultural heritage (namely, the ecosystems of the delicate Pateira of Frossos); - Promotion of sustainability, environmental awareness, and biodiversity protection; - Promotion of intercultural relationships, good environmental practices, and citizenship; - Promotion of specific skills in the field of cultural and natural heritage protection. <p>Specific objectives:</p> <ul style="list-style-type: none"> - Maintenance of walking trails; - Improvement of habitats for fauna and pollinators; - Removal of invasive species and prevention of forest fires by controlling shrubs and invasive vegetation. - Installation of shelters for wildlife and pollinating insects; - Improvement and protection of biodiversity and ecosystem services; - Urban cleaning actions; - Valorization of natural and cultural heritage through participation in leisure activities and workshops.
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<p>Voluntary Work and Tasks of the Camp</p> <ul style="list-style-type: none"> - Restoration work of some degraded pathways and natural heritage; - Maintenance and improvement of gardens for pollinators; - Vegetation trimming and removal; - Improvement of walking trails; - Improvement of local fauna, flora, and landscape, including fire prevention actions; - Building nest-boxes for fauna, particularly insects; - Control invasive species; - Presentation and discussion of the natural and social reality of the regions of origin of the participants; - Promotion of environmentally and socially responsible attitudes and values; - Development of action-training actions focused on individual and collective learning.
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<p>What the volunteers can Learn in this Camp? (study part)</p> <ul style="list-style-type: none"> - Participants will perform field tasks but also learn about nature conservation and engage in conservation-training activities, while getting to know the Portuguese fauna and flora; - Participants will interact with biology students that are doing their studies in the nature areas where we are going to work, and the elderly community of Frossos; - Participants will also learn why nature conservation is important and how small environmental projects such as these workcamps can be crucial to preserve an entire ecosystem; - Encouragement of international exchange and exchange of experience; - Presentation and discussion of the natural and social reality of the regions of origin of the participants; - Promotion of environmentally and socially responsible attitudes and values; - Development of action-training actions focused on individual and collective learning; - Get to know local culture and traditions.

<p>Free Time, Leisure Time and Visits preview</p> <ul style="list-style-type: none"> - The amazing city of Aveiro, and its traditional 'moliceiro' boats, salt pans, and colourful houses, and modern university. - The village of Frossos and the Environmental Education Center of Pateira de Frossos. - Baixo Vouga Lagunar and the 'Pateira de Frossos' Natura 2000 areas. - Sketch'n Fun, art crafts, music, environmental movies night, traditional games, quiz night, talks, cultural and environmental tours. - Several workshops, handcrafts, and biodiversity-related activities. - Beach time and lots of fun!
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LOGISTICAL ARRANGEMENTS

<p>Description of the Camp Location (<i>if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location</i>)</p> <p>The camp will take place in the Frossos rural and protected areas of Albergaria-a-Velha, a municipality rich in water, water mills and green areas. Video on Pateira de Frossos: https://www.youtube.com/watch?v=BanuW7XlyPc&t=47s</p>



Accommodation/Food

Participants will sleep in the *Casa do Voluntário (House of the Volunteer)* in Frossos, Albergaria-a-Velha, in shared rooms (separated by sex) with beds. There will be locker rooms with hot water showers also separated by sex. Participants have to bring their own towels and hygiene products, sleeping bag or sheets+blanket, and pillow. The organization will provide breakfasts, lunches and dinners. Lunches and dinners are prepared/cooked by the municipality's staff and served at a canteen, but some lunches will be served in the field (sandwiches, fruits, etc.). There's a vegetarian option.

CONDITIONS OF PARTICIPATION

Internal rules of the Camp

- High sense of citizenship and environmental protection.
- Will to work for nature protection and improvement.
- Will to learn and share nature protection techniques and good practice.
- Language skills (English preferable, but also Portuguese, Spanish).
- Always be punctual.
- Always respect others' opinions.
- Will to interact with local community.
- Respect hygiene and safety measures.

Special remarks or requirements of the Camp -

INSURANCE (kind of covers)

Death and permanent disability, work accidents, treatments, funeral.

WHAT VOLUNTEERS HAVE TO BRING

Music and food from your region, working clothes and shoes, sun screen, hat, a presentation on the nature of your region, towels and all needed hygiene products, sleeping bag.

MEETING TIME AND MEETING POINT

Arrival date:	14/07/2026
Timetable or period:	11h30
Place Name:	Train station of Cacia
Place Address:	https://maps.app.goo.gl/MdeDBKixczv7MuHH7
Emergency contact:	+351 935 293 911 / +351 935 722 313

HOW TO GET TO THE MEETING POINT/CAMP?

Closest Airport:	Porto Airport (Aeroporto Francisco Sá Carneiro)
Closest Train Station:	Train station of Cacia (small local station) or Main station of Aveiro
Travelling from Porto Airport by bus or train	

There are some Express Bus from the airport to Aveiro (Rede Expressos or FlixBus). If you can't find a direct bus to Aveiro: just outside the airport take the metro (subway <http://en.metrodoporto.pt/>) to Porto – Campanhã main station (30min ride). At Campanhã, take a train directly to Cacia (local train), or a faster train to Aveiro, and from Aveiro a local train to Cacia.

Travelling from Lisbon Airport by bus or train

Just outside the airport take the metro (subway <http://www.metrolisboa.pt/eng/>) to Oriente main station (10 min ride). At Oriente, there are trains and buses to Aveiro (Rede Expressos or FlixBus). From Aveiro, take a local train to Cacia.

In Aveiro, the train main station and the bus main station are about 100m apart. Local trains take about 5 minutes from Aveiro to Cacia and cost ~1.60€. Tickets for local trains must be purchased at the station (counter or automatic machine) – no online sale available for local trains (just for faster trains). Schedules for all trains in Portugal: <https://www.cp.pt/passageiros/en>

Special recommendations:

Book bus in advance at <https://rede-expressos.pt/pt/horarios-bilhetes> or FlixBus

Book InterCitys or fast trains at <https://www.cp.pt/passageiros/en>

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	20
Working language:	English
Country currency:	Eur
Weather expected during the camp:	Sunny and hot weather
Local Host organization address:	Rua do Outeiro, Frossos, Albergaria-a-Velha
Local Host organization phone:	+351 935 293 911 / +351 935 722 313
Local Host organization email:	spen.entomologia@gmail.com
Local Host contact person:	Daniela Simões +351 935293911
Camp Leader Name:	Milene Matos
Camp Leader mobile phone:	+351 964712455
IPDJ Regional address:	IPDJ Aveiro - Rua das Pombas - Edifício IPDJ; 3810-150 Aveiro, Portugal
IPDJ Regional phone number:	+351 234482233

passes highway A4 connecting to Oporto and highway A11 connecting to Guimarães) and has a good public transport system (bus station). The city is 40 min way from the nearest airport (Oporto) by car.

Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

Participants will be accommodated in shared rooms (4 participants each) of Casa da Juventude de Amarante. Casa da Juventude de Amarante is in the city center of Amarante (just 10m walking distance from the bus station) and has its own kitchen, WC and showers. In terms of food, our youth centre has a bar/restaurant proposal for the volunteers (breakfast, lunch, and dinner) always taking into consideration our aims (healthy food with organic and vegetarian ingredients). Laundry available (self-service). This youth centre has free wireless.

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

- Inside the building of Casa da Juventude de Amarante is not allowed to smoke or drink alcohol (except in the bar or terrace);
- Garbage should be separated: glass, plastic, paper, organic;
- We all have different time perceptions and so we should respect others and prepare in time our participation in daily activities;
- Every day we meet at 21h00 in a circle to evaluate our day, share whatever with the group and read our mail box;
- Each day a different room is responsible for daily housework: food preparation support, garbage, dinner cleanings, etc..

Special remarks or requirements of the Camp

No.

INSURANCE (kind of covers)

Our insurance covers personal accidents and civil responsibility. Members from EU, Norway, Iceland and Liechtenstein should bring their European Wealth Card.

WHAT VOLUNTEERS HAVE TO BRING

- Hygiene products and sun protector;
- Swimming suits;
- Working and sports clothes and shoes.

MEETING TIME AND MEETING POINT

Arrival date:	19/09/26
Timetable or period:	Morning from 11h to 13h
Place Name:	Casa da Juventude de Amarante
Place Address:	Avenida General Silveira, 193, 4600-0127 Amarante, Portugal
Emergency contact:	(+351) 913051999

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)

Closest Airport:	Porto (OPO)
Closest Train Station:	Porto/Estação Campanhã

Travelling from the Airport to Porto (for bus)

Metro/Aeroporto to 24 agosto

Price: €2,00

(For more information see: <https://www.metrodoporto.pt/>)

Travelling by Bus from Lisbon or Porto to the Meeting point

Lisbon/Oriente Station – Amarante/Bus Station

Price: €20,00

(For more information see: <http://www.rede-expressos.pt>)

Porto/Campo 24 de agosto to Amarante/Bus Station

Price: €8,20

(For more information see: <http://www.rede-expressos.pt>)

Traveling by Train from Lisbon to Porto

Lisbon/Oriente Station - Porto/Estação Campanhã

Price: from €18,75 to €44,00

(For more information see: <http://www.cp.pt>)

Special recommendations

No.

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	17
Working language:	English
Country currency:	Euro
Weather expected during the camp:	Sunny
Local Host organization address:	Avenida General Silveira, 193, 4600-0127 Amarante, Portugal
Local Host organization phone:	(+351) 913 051 999
Local Host organization email:	jmrppinto@gmail.com

Local Host contact person:	Miguel Pinto
Camp Leader Name:	Alfredo Carvalho
Camp Leader mobile phone:	(+351) 913 051 999
IPDJ Regional address:	IPDJ – Norte , Rua Rodrigues Lobo, 98, 4150-638 Porto, ipdj.porto@ipdj.pt
IPDJ Regional phone number:	(+351) 226 085 700

WORKCAMP CODE	PT-PO-02-26
CAMP NAME*	Stage on the street: all included!
DATES	07/07/26 – 18/07/26

**Deve ser escolhido um título em inglês, pequeno e apelativo*

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words

Name: Aventura Marão Clube



Aim:

- Sustainability: We try to source our food from local or regional producers and introduce this culture to our community. But we don't stop there. We built Amarante's first biodynamic garden in the beginning of 2015 and will continue to spread the word about the benefits of eating and growing local through our weekly Bio & Fair market. Our dedication to being sustainable is in all aspects: financial, ecological, social. It is an ongoing process and as the saying goes: "Practice makes perfection."
- Fairness: Being fair is more than just a one-time declaration. It's in our everyday and in our every move. Not only are we a valuable local partner to many schools, kindergartens, and places such as Cercimarante and Santa Casa, but we are also a promoter of a #Fairness mindset that we want to spread across Portugal – the appreciation of Fair Trade as a tool of bringing justice to underprivileged people around the globe. To open the first Fair Trade Shop in the country in late 1999 was the first declaration for a bigger goal – turn Amarante into the country's first Fair Trade Certified Town.
- Dialogue: Finally, we are dedicated to dialogue. Through our many mobility and volunteer projects, youth exchanges, and cultural events we try to bring the world to Amarante.

Activities: Organization of international work camps; organization of summer camps; organization of youth exchanges and youth initiatives; organization of sport activities (canoeing, mountain bikes); Fair Trade awareness (shops, school activities, fairs, etc.); coordination of Casa da Juventude de Amarante, a Youth Centre, in partnership with the City Hall.

Web-page: <http://cj-amarante.org/>

E-mail: cj.amarante@gmail.com

WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

Camp Description and Aims

- To support the local community, namely the Cooperative Cercimarante, an institution linked to young people with disabilities, in the preparation of the Street Theatre;
- Developing the autonomy and self-esteem of young people with disabilities;
- Stimulating the contact of young people with fewer opportunities with other young people from different cultures;
- Fostering the personal and social development of young volunteers through non-formal education activities;
- Providing young volunteers with knowledge of a new social and cultural reality enabling them to combat any kind of prejudice and stereotypes;
- To promote the preservation and protection of cultural heritage at international and local level through direct contact and inclusion of the participants with the community of Amarante and with the heritage of the region, organising public actions/events such as the Intercultural Night and presentation of the different countries and cultures;
- Promoting human rights and values of tolerance and respect.

Voluntary Work and Tasks of the Camp

Activities: group dynamics; presentation to the city and region; discussion on the workcamp theme (objectives, tasks division); visit to the most important places of the city; training on theatre performance and workshop on how to deal with the difference; direct contact and work with local NGO (Cercimarante) responsible for activities with local handicapped young people; organize an event (theatre performance) involving both groups (workcamp participants and local handicapped young people) to be presented to the local community (street performance – expected more than 500 persons to attend);

What the volunteers can Learn in this Camp? (study part)

Volunteers will acquire different competences and skills such as:

- Development/practice of foreign language;
- Group dynamics (NFE);
- ICT tools for media and visibility;
- Cultural awareness and expression;
- Drama expression (main working method) and self-confidence;
- Soft skills (working in groups, communication in public, problem solving, etc.).

Free Time, Leisure Time and Visits preview

Volunteers will be able to participate in many different experiences (thematic movie, intercultural night, fair trade workshop, awareness session about UNESCO creative city, Yoga and Drums workshops) and visits to some of the main cities and spots in the North of Portugal (Guimarães, Porto, Alto Douro Vinhateiro and Parque Natural do Alvão).

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)



Amarante is a small town in the North of Portugal, part of Porto district (60km far from Porto to the interior) with 12 thousand inhabitants (in the city center). It is a quite famous city for tourism, culture, and wine production. Indeed, is quite near (18km) the Oporto wine region. Is crossed by Tâmega River (one of the rivers ending at Douro River that crosses Porto till the Atlantic Ocean) and it is on the valley of one of the most important Portuguese mountains, Marão (1450m). Amarante is well located (nearby passes highway A4 connecting to Oporto and highway A11 connecting to Guimarães) and has a good public transport system (bus station). The city is 40 min way from the nearest airport (Oporto) by car.

Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

Participants will be accommodated in shared rooms (4 participants each) of Casa da Juventude de Amarante. Casa da Juventude de Amarante has its own kitchen, WC, and showers. In terms of food, our youth centre has a bar\restaurant proposal for the volunteers (breakfast, lunch, and dinner) always taking into consideration our aims (healthy food with organic and vegetarian ingredients). Laundry available (self-service). Our youth centre has free wireless.

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

- Inside the building of Casa da Juventude de Amarante is not allowed to smoke or drink alcohol (except in the bar or terrace);
- Garbage should be separated: glass, plastic, paper, organic;
- We all have different time perceptions and so we should respect others and prepare in time for our participation in daily activities;
- Every day we meet at 21h00 in a circle to evaluate our day, share whatever with the group and read our mail box;
- Each day a different room is responsible for daily housework: food preparation support, garbage, dinner cleanings, etc..

Special remarks or requirements of the Camp

No.

INSURANCE (kind of covers)

Our insurance covers personal accidents and civil responsibility. Members from EU, Norway, Iceland, and Liechtenstein should bring their European Wealth Card.

WHAT VOLUNTEERS HAVE TO BRING

- Hygiene products and sun protector;
- Swimming suits;
- Working and sports clothes and shoes;
- One black t-shirt and one black trousers.

MEETING TIME AND MEETING POINT

Arrival date:	07/07/26
Timetable or period:	Morning from 11h-13h
Place Name:	Casa da Juventude de Amarante
Place Address:	Avenida General Silveira, 193, 4600-0127 Amarante, Portugal
Emergency contact:	(+351) 913051999

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)

Closest Airport:	Porto (OPO)
Closest Train Station:	Porto/Estação Campanhã

Travelling from the Airport to Porto (for bus)
 Metro/Aeroporto to Campanhã Station
 Price: €2,00
 (For more information see: <https://www.metroporto.pt/>)

Travelling by Bus from Lisbon or Porto to the Meeting point
 Lisbon/Oriente Station – Amarante/Bus Station
 Price: €20,00
 (For more information see: <http://www.rede-expressos.pt>)
 Porto/Campanhã Station to Amarante/Bus Station

Price: €8,20 (For more information see: http://www.rede-expressos.pt)
Traveling by Train from Lisbon to Porto Lisbon/Oriente Station - Porto/Campanhã Station Price: from €18,75 to €44,00 (For more information see: http://www.cp.pt)
Special recommendations No.

PRACTICAL INFORMATION AND CONTACTS	
Nº of volunteers:	17
Working language:	English
Country currency:	Euro
Weather expected during the camp:	Sunny
Local Host organization address:	Avenida General Silveira, 193, 4600-0127 Amarante, Portugal
Local Host organization phone:	(+351) 255 420 234
Local Host organization email:	cj.amarante@gmail.com
Local Host contact person:	Miguel Pinto
Camp Leader Name:	Alfredo Carvalho
Camp Leader mobile phone:	(+351) 913 051 999
IPDJ Regional address:	IPDJ – Norte , Rua Rodrigues Lobo, 98, 4150-638 Porto, ipdi.porto@ipdj.pt
IPDJ Regional phone number:	(+351) 226 085 700

WORKCAMP CODE	PT-PO-14-26	
CAMP NAME*	ReSound	
DATES	01/09/2026	12/09/2026

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words



Associação Sójovem is a youth-focused NGO founded in 1997 in Ermesinde, Portugal. Its mission is to promote healthy lifestyles through cultural, educational, and sports activities for children and young people, fostering inclusion and personal development. Sójovem actively engages in Erasmus+ and European Solidarity Corps programs, prioritizing young people with fewer opportunities. The organization provides safe and enriching environments for learning and fun while promoting sustainability and intercultural exchange. Internet Adress: <https://sojovem.org>

WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

Camp Description and Aims

The "ReSound" workcamp proposes the use of discarded and reusable materials to build musical instruments, transforming waste into tools for artistic expression and environmental awareness.

By combining environmental education with music and non-formal learning methodologies, the project promotes creativity, teamwork, and intercultural dialogue among young people from different countries. Music is used as a universal language that encourages inclusion, cooperation, and mutual understanding, while also fostering a sense of responsibility towards the environment.

Voluntary Work and Tasks of the Camp

Throughout the International Work Camp *ReSound*, participants will be actively involved in all stages of the project. Their tasks will include taking part in group dynamics and intercultural activities, participating in environmental awareness sessions focused on waste reduction and reuse, and collecting and selecting reusable materials within the local community. Participants will collaborate in the design and construction of musical instruments made from recycled materials and engage in sound experimentation and collective music creation. They will also take part in rehearsals and contribute to the preparation and organization of the final public performances, which will be presented to the local community of Ermesinde and, whenever possible, in the city of Porto. Finally, participants will be involved in evaluation and reflection activities, assessing both individual learning outcomes and the overall impact of the project.

What the volunteers can Learn in this Camp? (study part)

Volunteers will gain practical skills in crafting and upcycling, develop teamwork and leadership abilities, and enhance their understanding of sustainability and its practical applications. They will also engage in meaningful cultural exchanges with locals and other volunteers.

Free Time, Leisure Time and Visits preview

In their free time, volunteers can explore Ermesinde and nearby Porto, visit cultural and historical landmarks, and enjoy group activities such as games, cultural sharing, and sightseeing. Excursions to local attractions will be organized.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)

Ermesinde is an urban area near Porto, known for its community spirit and proximity to cultural landmarks. The location is accessible and offers various facilities, ensuring a comfortable and engaging experience for volunteers.

Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

Volunteers will stay in shared accommodations provided by Associação Sójovem das Saibreiras, equipped with hygiene facilities, sleeping areas, and common spaces. Three meals per day will be provided, including local and vegetarian options. Internet and laundry facilities will be available.

CONDITIONS OF PARTICIPATION *(if there is any specific information that is important volunteers to know about the camp)***Internal rules of the Camp**

Respect for cultural differences and teamwork is essential.
 Active participation in scheduled activities is required.
 Alcohol and drug use are prohibited during work activities.

Special remarks or requirements of the Camp

Volunteers should be prepared for physical activities such as crafting and painting. No specific skills are required, but creativity and motivation are encouraged.

INSURANCE *(kind of covers)*

Basic accident insurance is provided. Volunteers are advised to have personal travel and health insurance.

WHAT VOLUNTEERS HAVE TO BRING

Comfortable clothing suitable for crafting and outdoor activities.
 Personal hygiene items, towels, and reusable water bottles.
 Cultural items for sharing traditions (optional).

MEETING TIME AND MEETING POINT

Arrival date:	01/09/2026
Timetable or period:	09:00 – 18:00
Place Name:	Associação SóJovem das Saibreiras
Place Address:	R. Rodrigues de Freitas N.º 1202, 4445-636 Ermesinde
Emergency contact:	+351 22 973 0108

HOW TO GET TO THE MEETING POINT/CAMP? *(Please add addresses, timetables, itinerary trip, ticket prices and internet address)*

Closest Airport:	Francisco Sá Carneiro Airport (Porto)
Closest Train Station:	Ermesinde Train Station

Travelling from the Airport to (bus or train)

Take a train or bus from Francisco Sá Carneiro Airport to Ermesinde Train Station. Estimated cost: 5-10€

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

Lisbon: 3-4 hours by bus to Ermesinde (approx. 10-20€)
 Faro: 6-7 hours by bus to Ermesinde (approx. 40-50€)

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

Lisbon: 3-4 hours by train to Ermesinde (approx. 30-40€)
 Faro: 6-7 hours by train to Ermesinde (approx. 50-60€)

Special recommendations**PRACTICAL INFORMATION AND CONTACTS**

Nº of volunteers:	12
Working language:	English
Country currency:	Euro (€)
Weather expected during the camp:	Warm and sunny (25º-30ºC), occasional rain
Local Host organization address:	R. Rodrigues de Freitas N.º 1202, 4445-636 Ermesinde
Local Host organization phone:	+351 22 973 0108
Local Host organization email:	sojovem@sojovem.org
Local Host contact person:	Luís Ramalho
Camp Leader Name:	Luís Ramalho
Camp Leader mobile phone:	+351 926 656 678
IPDJ Regional address:	R. Rodrigues Lobo 98 4050, Porto
IPDJ Regional phone number:	+351 22 608 5700

WORKCAMP CODE	PT-SA-03-26	
CAMP NAME*	DREAM SCHOOL ACTION	
DATES	01/07/2026	12/07/2026

**Deve ser escolhido um título em inglês, pequeno e apelativo*

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words	
<p>DREAM DANCING Dance Group Association is a non-profit youth organisation working in the fields of youth, culture, community intervention and volunteering. Its main focus is children and young people, promoting social inclusion, well-being and active participation through regular dance activities, socio-cultural projects, summer camps and international workcamps. The association runs dance classes in several municipalities, organises performances and cooperates with schools and public institutions in volunteering and community improvement actions.</p> <p>https://www.associacaodreamdancing.com/</p>	
 <p>DREAM DANCING GRUPO DE DANÇA</p>	

WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

Camp Description and Aims
DREAM SCHOOL ACTION is an International Workcamp focused on youth volunteering in a school context, in partnership with the Salvaterra de Magos School Cluster. The camp aims to improve and enhance school outdoor and common spaces, contributing to safer and more welcoming educational environments for children and young people through the voluntary work of international volunteers.

Voluntary Work and Tasks of the Camp

- 1- Cleaning and Maintenance of School Spaces:**
Cleaning and organizing school buildings, outdoor areas and common spaces, including playgrounds, courtyards and circulation areas used daily by students and staff.
- 2- Improvement of Outdoor and Recreational Areas:**
Repairing, painting and maintaining outdoor school furniture such as benches, tables and play structures; organizing and improving recreational areas to make them safer, more functional and welcoming for children and young people.
- 3- Maintenance of School Gardens and Green Areas:**
Basic maintenance of school gardens and green spaces, including pruning plants and shrubs, removing weeds and leaves, and contributing to a clean and well-kept educational environment.
- 4- Support in Space Organization:**
Assisting in the organization and preparation of indoor and outdoor school spaces, particularly in preparation for the new school year, ensuring functionality, safety and accessibility.
- 5- Support to the Educational Community:**
Collaborating with the school community in maintaining a positive and welcoming environment, reinforcing respect for shared spaces and promoting a sense of collective responsibility.

All tasks will be carried out in close coordination with the School Cluster management and camp leaders, ensuring safety, organization and respect for the daily functioning of the educational environment.

What the volunteers can Learn in this Camp? (study part)

Volunteers will gain a combination of practical, social and personal skills during the **DREAM SCHOOL ACTION** project. The main learning outcomes include:

Practical Skills:
Volunteers will acquire hands-on experience in cleaning, maintenance and basic improvement of school facilities and outdoor spaces. They will learn how to organize and carry out practical tasks in an educational environment, contributing to the care and functionality of spaces used daily by children and young people.

Social and Intercultural Skills:
Through teamwork in an international group and interaction with the local educational community, volunteers will develop communication skills, intercultural awareness and a stronger understanding of cultural diversity. The project promotes cooperation, teamwork and shared responsibility while working towards common goals.

Personal Development:
Participation in the camp will strengthen volunteers' sense of civic responsibility and commitment to the community. Volunteers will enhance their adaptability, problem-solving skills and confidence by working in a structured yet dynamic environment. The

experience also encourages reflection on the role of volunteering in social inclusion and community well-being.

By the end of the camp, participants will have gained a deeper understanding of community engagement in an educational context, as well as practical and social skills that can be applied in future volunteering activities and everyday life.

Free Time, Leisure Time and Visits preview

During free time, informal activities, intercultural moments, local visits and leisure activities organized by the leaders and volunteers will take place.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location *(if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)*

The camp takes place in **Salvaterra de Magos**, a picturesque town located in central Portugal, in the district of Santarém. The area is predominantly rural, characterized by agricultural landscapes, green fields and the proximity of the Tagus River, which contributes to a calm and pleasant natural environment. Despite its tranquil setting, Salvaterra de Magos benefits from good connections to nearby urban centres, allowing easy access to services and transport networks.

The location offers an ideal balance between nature and accessibility, providing a peaceful environment suitable for outdoor activities, social interaction and cultural exploration. The town includes essential local amenities such as small shops, cafés and community spaces, ensuring volunteers have the necessary conditions for a comfortable stay.

Geo-referencing coordinates: 39.0273° N, 8.7942° W

Accommodation/Food *(describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)*

Volunteers will be accommodated at INATEL Pavilion in Salvaterra de Magos. Accommodation is in a shared open space, without separated rooms, with male and female volunteers sleeping in the same area. Bathroom facilities are separated for male and female volunteers. Mattresses are provided; volunteers must bring a sleeping bag. Food is provided by the organisation. Breakfast is prepared individually by volunteers. Dinner is cooked by volunteers on a rotation basis. Lunch is usually prepared by the organisation. Cleaning and organisation of the space are done by volunteers together with the camp leaders. During weekdays, the space is shared with children, young people and other monitors.

CONDITIONS OF PARTICIPATION *(if there is any specific information that is important volunteers to know about the camp)*

Internal rules of the Camp

Participation in the camp requires respect for fellow participants, camp leaders and the local community, as well as compliance with internal rules and daily schedules. Volunteers are expected to actively take part in all camp activities. Alcohol consumption and illegal substances are strictly prohibited. Safety rules must be followed during all work and leisure activities. Any damage to facilities or equipment must be immediately reported to the coordination team.

Special remarks or requirements of the Camp

During the camp period, temperatures are usually high. Volunteers are advised to wear light clothing, use a hat or cap, sunscreen and bring a reusable water bottle to ensure proper hydration throughout the day.

INSURANCE *(kind of covers)*

Includes insurance for participants in accordance with program regulations.

WHAT VOLUNTEERS HAVE TO BRING

Clothing and footwear suitable for outdoor activities, including comfortable and older clothes suitable for manual work, sturdy shoes and, if possible, working gloves. A raincoat or waterproof jacket and boots are recommended in case of unexpected weather changes. Volunteers must bring a sleeping bag, reusable water bottle, sunscreen, insect repellent, personal hygiene items, a towel and any necessary personal medication, with medical prescriptions if applicable. Optionally, volunteers may bring a camera or smartphone, a small backpack for day trips and a notebook with a pen for personal notes.

MEETING TIME AND MEETING POINT

Arrival date: 01/07/2026

Timetable or period: 15H-18H

Place Name: Pavilhão Desportivo Inatel de Salvaterra de Magos

Place Address: Rua Mártir da Pátria, 2120-092 Salvaterra de Magos

Emergency contact: +35191005005

HOW TO GET TO THE MEETING POINT/CAMP? *(Please add addresses, timetables, itinerary trip, ticket prices and internet address)*

Closest Airport: Lisbon

Closest Train Station: Vila Franca de Xira

Travelling from the Airport to (bus or train)

1. Go to Lisbon Train Station (Oriente)

On foot or metro: From Lisbon Airport, you can take the Metro (Red Line) directly at the Airport station and continue to Oriente Station (only 1 stop).

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

<p>1. Go to the Municipal Sports Pavilion</p> <p>From Vila Franca de Xira station, you can take a bus (check the available lines at the station) or opt for a taxi or private transport service (such as Uber), which will take around 30 to 40 minutes, depending on traffic until you reach the Municipal Sports Pavilion of Salvaterra de Magos.</p>
<p>Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point</p> <p>3. Catch the Train at Oriente Station</p> <p>At Oriente Station, take a CP - Comboios de Portugal train on the line that goes to Vila Franca de Xira. The train journey between Estação Oriente and Vila Franca de Xira takes around 20 to 30 minutes.</p> <p>Arrival at Vila Franca de Xira Station</p> <p>When you arrive at Vila Franca de Xira Station, you will need to take the last part of the route to the Salvaterra de Magos Municipal Sports Pavilion.</p>
<p>Special recommendations</p> <p>Go to Lisbon Train Station (Oriente)</p> <p>On foot or metro: From Lisbon Airport, you can take the Metro (Red Line) directly at the Airport station and continue to Oriente Station (only 1 stop).</p> <p>2. Catch the Train at Oriente Station</p> <p>At Oriente Station, take a CP - Comboios de Portugal train on the line that goes to Vila Franca de Xira. The train journey between Estação Oriente and Vila Franca de Xira takes around 20 to 30 minutes.</p> <p>3. Arrival at Vila Franca de Xira Station</p> <p>When you arrive at Vila Franca de Xira Station, you will need to take the last part of the route to the Salvaterra de Magos Municipal Sports Pavilion.</p> <p>4. Go to the Municipal Sports Pavilion</p> <p>From Vila Franca de Xira station, you can take a bus (check the available lines at the station) or opt for a taxi or private transport service (such as Uber), which will take around 30 to 40 minutes, depending on traffic. , until you reach the Municipal Sports Pavilion of Salvaterra de Magos.</p>

PRACTICAL INFORMATION AND CONTACTS	
Nº of volunteers:	20
Working language:	English
Country currency:	Euro
Weather expected during the camp:	Hot and dry summer weather is expected, with daytime temperatures usually ranging between 25°C and 35°C.
Local Host organization address:	Rua dos Bombeiros Voluntários, Zona Desportiva, 2120-072 Salvaterra de Magos
Local Host organization phone:	+351 935 696 808
Local Host organization email:	dreamdancing@live.com.pt
Local Host contact person:	Íris Diniz
Camp Leader Name:	Bárbara Vieira
Camp Leader mobile phone:	+351 912 032 231
IPDJ Regional address:	Avenida dos Forcados Amadores de Santarém, 2000-201 Santarém
IPDJ Regional phone number:	+351 243 350 410

WORKCAMP CODE	PT-SA-04-26	
CAMP NAME*	DREAM CARE ACTION	
DATES	17/07/2026	28/07/2026

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words	
<p>DREAM DANCING Dance Group Association is a non-profit youth organisation working in the fields of youth, culture, community intervention and volunteering. Its main focus is children and young people, promoting social inclusion, well-being and active participation through regular dance activities, socio-cultural projects, summer camps and international workcamps. The association runs dance classes in several municipalities, organises performances and cooperates with schools and public institutions in volunteering and community improvement actions.</p> <p>https://www.associacaodreamdancing.com/</p>	
 <p>DREAM DANCING GRUPO DE DANÇA</p>	

WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

Camp Description and Aims
 DREAM CARE ACTION is an International Workcamp developed in partnership with the Santa Casa da Misericórdia of Salvaterra de Magos, an institution dedicated to the care and support of elderly people. The camp aims to involve international volunteers in voluntary actions that contribute to the improvement and enhancement of spaces used by the elderly, promoting well-being, dignity and quality of life for residents. At the same time, the project seeks to strengthen intergenerational solidarity, civic engagement and international cooperation through volunteering in a social care context.

Voluntary Work and Tasks of the Camp

- Cleaning and Maintenance of Institutional Spaces:**
 Cleaning and organising outdoor and common areas of the elderly care institution, including patios, walkways, leisure areas and shared spaces used by residents and staff.
- Improvement of Outdoor and Leisure Areas:**
 Repairing, painting and maintaining outdoor furniture such as benches, tables and other elements used by the elderly; organising and improving leisure areas to make them safer, more functional and welcoming.
- Gardens and Green Areas Maintenance:**
 Basic maintenance of gardens and green spaces within the institution, including pruning shrubs and plants, removing weeds and leaves, and contributing to a pleasant and well-kept environment.
- Support in Space Organisation:**
 Assisting in the organisation and preparation of outdoor and common spaces used for daily activities and moments of rest, always respecting accessibility and comfort needs of elderly residents.
- Intergenerational and Social Support Activities:**
 Collaborating in simple intergenerational activities, such as informal social moments, outdoor leisure activities or shared interactions with residents, promoting social inclusion, companionship and well-being.

All tasks will be carried out in close coordination with the institution's staff and camp leaders, ensuring respect for the well-being, safety, dignity and daily routines of the elderly residents.

What the volunteers can Learn in this Camp? (study part)

Volunteers will gain practical, social and personal skills through their participation in the **DREAM CARE ACTION** project. The main learning outcomes include:

Practical Skills:
 Volunteers will acquire hands-on experience in maintaining and improving outdoor and common spaces within a social care institution. They will learn how to organise and carry out practical tasks in a sensitive environment, respecting the daily routines and needs of elderly residents.

Social and Intergenerational Skills:
 By working in an elderly care context, volunteers will develop empathy, active listening and social awareness. Interaction with older residents and cooperation with the institution's staff will promote understanding of ageing, intergenerational solidarity and social inclusion. Working in an international team will also strengthen intercultural communication and cooperation skills.

Personal Development:
 Participation in the camp will enhance volunteers' sense of social responsibility and civic engagement. Volunteers will improve their adaptability, patience and teamwork abilities while gaining confidence in contributing positively to a community-based social project. The experience encourages reflection on the value of volunteering and the importance of care, dignity and respect for

older people.

By the end of the camp, volunteers will have a deeper understanding of social volunteering in an elderly care setting, as well as transferable personal and social skills that can be applied in future community involvement and everyday life.

Free Time, Leisure Time and Visits preview

During their free time, volunteers will have the opportunity to take part in leisure and intercultural activities designed to promote group integration and contact with the local community. These may include participation in local festivals, markets or community events, allowing volunteers to experience traditional Portuguese culture and daily life. Informal cultural exchange moments will also be encouraged, such as shared meals, storytelling and intercultural evenings, where volunteers can present their countries, traditions and customs. Additionally, relaxing activities such as movie nights, group games and social gatherings will be organised by the camp leaders and volunteers. These moments aim to provide a balanced experience, combining meaningful voluntary work with relaxation, cultural discovery and intercultural exchange.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location *(if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)*

The camp takes place in **Salvaterra de Magos**, a picturesque town located in central Portugal, in the district of Santarém. The area is predominantly rural, characterised by agricultural landscapes, green fields and the proximity of the Tagus River, which contributes to a calm and pleasant natural environment. Despite its tranquil setting, Salvaterra de Magos benefits from good connections to nearby urban centres, allowing easy access to services and transport networks.

The location offers an ideal balance between nature and accessibility, providing a peaceful environment suitable for outdoor activities, social interaction and cultural exploration. The town includes essential local amenities such as small shops, cafés and community spaces, ensuring volunteers have the necessary conditions for a comfortable stay.

Geo-referencing coordinates: 39.0273° N, 8.7942° W

Accommodation/Food *(describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)*

Volunteers will be accommodated at INATEL Pavilion in Salvaterra de Magos. Accommodation is in a shared open space, without separated rooms, with male and female volunteers sleeping in the same area. Bathroom facilities are separated for male and female volunteers. Mattresses are provided; volunteers must bring a sleeping bag. Food is provided by the organisation. Breakfast is prepared individually by volunteers. Dinner is cooked by volunteers on a rotation basis. Lunch is usually prepared by the organisation. Cleaning and organisation of the space are done by volunteers together with the camp leaders. During weekdays, the space is shared with children, young people and other monitors.

CONDITIONS OF PARTICIPATION *(if there is any specific information that is important volunteers to know about the camp)*

Internal rules of the Camp

Participation in the camp requires respect for fellow participants, camp leaders and the local community, as well as compliance with internal rules and daily schedules. Volunteers are expected to actively take part in all camp activities. Alcohol consumption and illegal substances are strictly prohibited. Safety rules must be followed during all work and leisure activities. Any damage to facilities or equipment must be immediately reported to the coordination team.

Special remarks or requirements of the Camp

During the camp period, temperatures are usually high. Volunteers are advised to wear light clothing, use a hat or cap, sunscreen and bring a reusable water bottle to ensure proper hydration throughout the day.

INSURANCE *(kind of covers)*

Includes insurance for participants in accordance with program regulations.

WHAT VOLUNTEERS HAVE TO BRING

Clothing and footwear suitable for outdoor activities, including comfortable and older clothes suitable for manual work, sturdy shoes and, if possible, working gloves. A raincoat or waterproof jacket and boots are recommended in case of unexpected weather changes. Volunteers must bring a sleeping bag, reusable water bottle, sunscreen, insect repellent, personal hygiene items, a towel and any necessary personal medication, with medical prescriptions if applicable. Optionally, volunteers may bring a camera or smartphone, a small backpack for day trips and a notebook with a pen for personal notes.

MEETING TIME AND MEETING POINT

Arrival date:	17/07/2026
Timetable or period:	15H-18H
Place Name:	Pavilhão Desportivo Inatel de Salvaterra de Magos
Place Address:	Rua Mártir da Pátria, 2120-092 Salvaterra de Magos
Emergency contact:	+35191005005

HOW TO GET TO THE MEETING POINT/CAMP? *(Please add addresses, timetables, itinerary trip, ticket prices and internet address)*

Closest Airport:	Lisbon
Closest Train Station:	Vila Franca de Xira
Travelling from the Airport to (bus or train)	

1. Go to Lisbon Train Station (Oriente)
On foot or metro: From Lisbon Airport, you can take the Metro (Red Line) directly at the Airport station and continue to Oriente Station (only 1 stop).

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

1. Go to the Municipal Sports Pavilion

From Vila Franca de Xira station, you can take a bus (check the available lines at the station) or opt for a taxi or private transport service (such as Uber), which will take around 30 to 40 minutes, depending on traffic until you reach the Municipal Sports Pavilion of Salvaterra de Magos.

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

3. Catch the Train at Oriente Station

At Oriente Station, take a CP - Comboios de Portugal train on the line that goes to Vila Franca de Xira. The train journey between Estação Oriente and Vila Franca de Xira takes around 20 to 30 minutes.

Arrival at Vila Franca de Xira Station

When you arrive at Vila Franca de Xira Station, you will need to take the last part of the route to the Salvaterra de Magos Municipal Sports Pavilion.

Special recommendations

Go to Lisbon Train Station (Oriente)

On foot or metro: From Lisbon Airport, you can take the Metro (Red Line) directly at the Airport station and continue to Oriente Station (only 1 stop).

2. Catch the Train at Oriente Station

At Oriente Station, take a CP - Comboios de Portugal train on the line that goes to Vila Franca de Xira. The train journey between Estação Oriente and Vila Franca de Xira takes around 20 to 30 minutes.

3. Arrival at Vila Franca de Xira Station

When you arrive at Vila Franca de Xira Station, you will need to take the last part of the route to the Salvaterra de Magos Municipal Sports Pavilion.

4. Go to the Municipal Sports Pavilion

From Vila Franca de Xira station, you can take a bus (check the available lines at the station) or opt for a taxi or private transport service (such as Uber), which will take around 30 to 40 minutes, depending on traffic. , until you reach the Municipal Sports Pavilion of Salvaterra de Magos.

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	20
Working language:	English
Country currency:	Euro
Weather expected during the camp:	Hot and dry summer weather is expected, with daytime temperatures usually ranging between 25°C and 35°C.
Local Host organization address:	Rua dos Bombeiros Voluntários, Zona Desportiva, 2120-072 Salvaterra de Magos
Local Host organization phone:	+351 935 696 808
Local Host organization email:	dreamdancing@live.com.pt
Local Host contact person:	Íris Diniz
Camp Leader Name:	Bárbara Vieira
Camp Leader mobile phone:	+351 912 032 231
IPDJ Regional address:	Avenida dos Forcados Amadores de Santarém, 2000-201 Santarém
IPDJ Regional phone number:	+351 243 350 410

WORKCAMP CODE	PT-VI-11-26	
CAMP NAME*	YouConnect	
DATES	Start date: 06/09/2026	End date: 15/09/2026

**Deve ser escolhido um título em inglês, pequeno e apelativo*

LOCAL HOST (<i>organization name, aims, main activities, internet address, you can add a small logo of your organization</i>) – Maximum - 130 words
Youthvision is an organisation that works with young people, promoting active citizenship, inclusion, volunteering and personal development through non-formal education. Its main activities include the organisation of workshops, practical sessions and educational initiatives focused on personal, social and civic skills, as well as the promotion of youth participation, community engagement, intercultural dialogue, lifelong learning, and the development of local and international youth projects.
YOUTHVISION 

WORKCAMP DESCRIPTION (<i>After WorkCamp description you can add 1 or 2 photos from previous camps, if the same</i>)
Camp Description and Aims YouConnect is an international workcamp taking place in Tarouca, a rural municipality in central-northern Portugal. The camp offers young volunteers a meaningful volunteering experience based on active participation, community involvement and non-formal education. The project combines environmental, agricultural, social, educational and intercultural activities, while promoting cooperation, intercultural exchange and civic responsibility. Its main aim is to strengthen young people's sense of belonging, personal fulfilment and collective responsibility, while supporting local community initiatives.
Voluntary Work and Tasks of the Camp Volunteers will carry out a set of clearly defined tasks divided into environmental, agricultural, educational and intercultural activities. Environmental activities include participation in plogging actions, involving litter collection during walking routes, as well as the cleaning and maintenance of hiking trails, rural paths and surrounding natural areas. Volunteers will also take part in simple painting and improvement interventions in community spaces identified during the camp, in cooperation with the local community. Agricultural work will focus on supporting the cleaning and maintenance of agricultural land and participating in simple seasonal harvesting activities, adapted to the period in which the workcamp takes place. Educational and intercultural activities play a central role in the camp and include intercultural dynamics among participants, cultural sharing sessions that promote intercultural dialogue, and the Youth Assembly of the Camp, which provides a regular space for collective decision-making regarding daily activities. Volunteers will also participate in an Intercultural Laboratory, sharing habits, customs, traditions and daily routines from the different countries represented. In addition, they will take part in participatory local mapping activities, exploring the surrounding area to identify land uses, social dynamics and community spaces, which will be recorded on a collective paper map. Finally, volunteers will be actively involved in the co-creation of youth-oriented actions, contributing to the practical design of future activities for the hosting organisation through participatory and collaborative non-formal education methodologies, supporting the organisation's action plan and long-term impact on youth.
What the volunteers can Learn in this Camp? (study part) Volunteers will develop social, civic and intercultural competences through non-formal education and learning by doing. They will improve teamwork, communication, critical thinking and creativity skills, while gaining experience in community work, environmental awareness and participatory methodologies. The camp also offers learning opportunities related to intercultural coexistence, active citizenship, local development and youth participation.
Free Time, Leisure Time and Visits preview The programme includes social activities and free time to promote group well-being. Volunteers will take part in touristic and cultural visits, discovering local monuments, natural landscapes, historical heritage and the cultural identity of the region. Informal social moments will encourage interaction and intercultural exchange among participants.

LOGISTICAL ARRANGEMENTS
Description of the Camp Location (<i>if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location</i>) The camp takes place in Tarouca, a rural municipality with a low population density, surrounded by natural landscapes, agricultural areas and small villages. The environment is calm and suitable for community-based activities and outdoor work.
Accommodation/Food (<i>describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc</i>) Accommodation is provided in a dormitory-style facility located in a rural village. There are two dormitories separated by gender, each equipped with bunk beds and one bathroom with multiple toilets and showers, with a capacity of up to 10 volunteers per dormitory. Toilets and showers are indoor, separated by gender, and hot water is available. Volunteers must bring their own personal hygiene and shower items. An equipped kitchen, a common area and surrounding outdoor green space are available. A washing machine is available for volunteers' use. Internet access is not available at the camp. Food is provided by the organisation. Volunteers will cook for the group in teams of two, and a clean team system will be implemented to share cleaning responsibilities. Five meals per day are provided. Vegetarian and vegan options are available.

CONDITIONS OF PARTICIPATION (<i>if there is any specific information that is important volunteers to know about the camp</i>)
Internal rules of the Camp Volunteers are expected to respect camp schedules, participate actively in activities, share responsibilities (cooking and cleaning), respect cultural diversity and follow safety and community rules. Alcohol and drug abuse are not allowed.
Special remarks or requirements of the Camp The camp involves outdoor physical work. Volunteers should be motivated, flexible and open to rural living conditions and

intercultural group life. Internet access is not available.

INSURANCE *(kind of covers)*

Participants are covered by insurance that includes death and permanent disability due to accident, medical treatment expenses, and civil liability. The insurance also covers funeral expenses, search, rescue and transport costs.

WHAT VOLUNTEERS HAVE TO BRING

Participants should bring comfortable clothing and footwear suitable for outdoor activities and practical work, including durable clothes for environmental and agricultural tasks, as well as closed and comfortable shoes. They should also bring warmer clothing for the evening, as temperatures may be lower, such as trousers, sweatshirts or jackets. In addition to work clothes, participants should bring casual clothes for daily use. It is also recommended to bring a hat or cap, sun protection, a reusable water bottle and flip-flops for shower use.

MEETING TIME AND MEETING POINT

Arrival date:	6 September 2026
Timetable or period:	Between 10 am and 9 pm / 10:00 and 21:00
Place Name:	Lamego Bus Station
Place Address:	Avenida Regimento de Infantaria nº 9, E.N. 2, 5100-160 Lamego, Portugal
Emergency contact:	+351 933 215 442

HOW TO GET TO THE MEETING POINT/CAMP? *(Please add addresses, timetables, itinerary trip, ticket prices and internet address)*

Closest Airport: Francisco Sá Carneiro Airport (Porto)

Closest Train Station: Campanhã Station (Porto)

Travelling from the Airport to (bus or train)

Porto Airport: Metro from Francisco Sá Carneiro Airport to Campanhã Station (Porto). At Campanhã station, buy your ticket to Lamego on the website <https://rede-expressos.pt/pt>

Lisbon Airport: There is a subway station on the right side exit. Take the red line towards S. Sebastião. Oriente station is the third stop. At Oriente station, buy your ticket to Lamego on the website <https://rede-expressos.pt/pt>

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

Bus from Porto (Campanhã). There are two buses that leave Lisbon (Oriente) at 5:15 and 5:30 p.m., arriving at 8:10 p.m. or 9:00 p.m, you should take one of them. It will cost you between 9€ and 12€.

Bus from Lisbon (Sete Rios) to Lamego via Rede Expressos. There are two buses that leave Lisbon (Oriente) at 4:00 p.m., arriving at 8:10 p.m. or 9:00 p.m, you should take one of them. It will cost you between 13€ and 20€.

Website: <https://rede-expressos.pt/pt>

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

There is no direct train to Lamego.

Porto Airport: Metro from Francisco Sá Carneiro Airport to Campanhã Station (Porto). At Campanhã station, buy your ticket to Lamego on the website <https://rede-expressos.pt/pt>

Bus from Porto (Campanhã). There are two buses that leave Lisbon (Oriente) at 5:15 and 5:30 p.m., arriving at 8:10 p.m. or 9:00 p.m, you should take one of them. It will cost you between 9€ and 12€.

Lisbon Airport: There is a subway station on the right side exit. Take the red line towards S. Sebastião. Oriente station is the third stop. At Oriente station, buy your ticket to Lamego on the website <https://rede-expressos.pt/pt>

Bus from Lisbon (Sete Rios) to Lamego via Rede Expressos. There are two buses that leave Lisbon (Oriente) at 4:00 p.m., arriving at 8:10 p.m. or 9:00 p.m, you should take one of them. It will cost you between 13€ and 20€.

Special recommendations

Volunteers should inform the hosting organisation of their expected arrival time in Lamego as soon as possible.

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	12
Working language:	English
Country currency:	Euro (€)
Weather expected during the camp:	Mild to warm days, cooler mornings and evenings
Local Host organization address:	Rua de São João nº 17 3º D, 5100-010 Lamego
Local Host organization phone:	+351 933 215 442
Local Host organization email:	ayouthvision@gmail.com
Local Host contact person:	Daniela Santos
Camp Leader Name:	Rodrigo Cardoso
Camp Leader mobile phone:	+351 933 756 687
IPDJ Regional address:	R. Dr. Manuel Cardona 6, 5000-558 Vila Real
IPDJ Regional phone number:	+351 259 309 640

WORKCAMP CODE	PT-VI-20-26	
CAMP NAME*	Active Granja	
DATES	23 rd July 2026	2 nd August 2026

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words

Grupo Desportivo e Recreativo da Granja develops cultural and sports activities aimed at the village community, hosts adult education and volunteering projects, prized for its good practices in Active Granja Work Camp 2025. It develops athletics activities, especially mountain running. It includes a federated team (Trutas do Mau), which competes at national and international level, and a Folklore group. Its email address: gdrgranja84@gmail.com. Camp leader's mail address is martampontes@gmail.com and her phone number is +351 938494599. More information about GDR Granja is available here: <https://www.facebook.com/gdrdagranja>.



WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

Camp Description and Aims

Active Granja takes place in the rural village of Granja, located in Castro Daire municipality, a mountain area in the centre of Portugal. Many residents are old and live alone, the village faces challenges such as isolation, ageing population and lack of opportunities. The main aim is to support the sustainable development of the village through community engagement, intergenerational interaction, heritage preservation, environmental care and intercultural exchange. During the camp, volunteers will live together, cook together, clean and organize shared spaces, work as a team and take part in real activities that benefit the local community. Through daily interaction, local engagement, cultural exchange and shared moments, volunteers will help reduce isolation among people, help research and document the village's tangible and intangible heritage and make it more accessible to international visitors. They will also take part in the creation of tourist infrastructure, join clean-up actions and restore communal spaces. They will enjoy cultural learning through workshops, festivals, music, dance, theatre, cinema, excursions and shared meals.

Active Granja 2025 Social media:

Volunteer Work and Tasks of the Camp

Volunteers will be expected to arrive to the camp with some cultural performances from their countries already prepared (such as folkloric dances or other dances, songs, music playing, acting, games, humor, storytelling or other performances) to entertain elderly and other locals in community events, as there will be traditional festivals and community gatherings, like a Storytelling Walking Tour Day, guided by elderly who will share stories and traditions, a Senior Intercultural Meeting and the Active Granja Corn Fest (where they will experience local traditions and have fun with the community). Volunteers will do crafts in order to build handmade tourism information panels for the PR7 walking trail (these panels will identify tourist points of interest that are associated with QR coded-signage, linked to the official municipal tourist webpage <https://www.visitcastrodaire.pt/>), decorate granaries using handmade ornaments they will carry out in a creative workshop, install a "Literary Granary" (a small public library inside a granary). They will move across the village territory on foot, by quad bike, van or tractor during a heritage bootcamp to carry out research and documentation of the village's built and natural heritage (such as public buildings, fountains, granaries, cellars, ovens, threshing floors, landscape heritage in river, forest and mountain areas) while installing their handmade panels and recording stories, photos, videos and doing environmental clean-up actions. They will also clean and restore a water mill and will help translate heritage content into English and other languages. Most meals will be prepared by volunteers themselves through the 'Meals of the Nations' sharing initiative, which consists of cooking lunch and dinner typical of their own countries. Volunteers are always responsible for setting and clearing the table, washing and putting away the dishes, cleaning and tidying the kitchen, bathrooms, dormitory and shared spaces, according to a task schedule.

What the volunteers can Learn in this Camp? (study part)

Volunteers will gain practical and cultural knowledge through hands-on activities and community engagement. They will learn about **heritage research and documentation**, recording both natural and built heritage, and about **preservation of community heritage** by cleaning and restoring the Ribeira water mill. They will **create informative panels and signage**, learning to connect heritage information to QR codes and digital platforms, and will contribute to **multilingual communication**, translating content for wider audiences. Through interaction with elderly residents and participation in intercultural events, volunteers will develop **cultural awareness and intergenerational communication skills**. They will also gain **environmental knowledge and skills**, such as waste collection. By running the **Literary Granary**, they will learn to **manage cultural resources and promote reading**. Volunteers will participate in workshops on **basic life support, research methods and sustainable development**, strengthening their practical abilities and civic responsibility. Daily teamwork, shared cooking and collaborative projects will foster **teamwork, problem-solving, creativity and social skills**. Volunteers will improve their skills on **heritage, community, sustainable tourism and practical projects**.

Free Time, Leisure Time and Visits preview

Volunteers will have the opportunity to enjoy **relaxing by the river**, swimming, playing traditional games or reading a book in the Literary Granary. They will participate in **cultural festivals and evening events**, such as folk music and dances, theatre performances, open-air cinema, and DJ parties, allowing them to **experience Portuguese traditions** and meet local people in a fun and relaxed way. They will visit the **Douro Museum** and do a **tour of the UNESCO World Heritage Site Douro wine region**. They can

explore the **village heritage trails** during guided walks and bootcamps, while **socializing, sharing meals and exchanging stories**.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location

The camp is situated in Granja rural village, which is around 3,5 hours away from Lisbon and around 1,5 hours away from Oporto. Granja belongs to the parish of Mões, municipality of Castro Daire, district of Viseu. The closest city to Granja is Viseu, which is located 40 km away. This village was born more than 2 centuries ago from a little farm. There are around 150 inhabitants there and the same number of immigrants abroad. Granja has a beautiful natural landscape, there's a community of popular people who value their traditions and folklore. Except for the association GDR Granja bar, there isn't any commerce store in the village, but there are some supermarkets and other shops available in Mões or Castro Daire, in a distance of 5 or 10 km away.



Accommodation/Food

The lodgement of the camp is Granja Sports Hall, a very large indoor sports hall, located around 700 walkable metres away from the centre of the village. It will be divided into a bedroom area and a large multipurpose area. The dormitory will be adapted in the bottom side of the building with camp beds, and its area will be separated for boys and girls with movable dividers. There's an entrance for an adjoining bathhouse with ladies bathroom and gentlemen bathroom. The multipurpose area will be used for meals and activities. There is also a kitchen with a stove, a fridge and cockery. There's a bar where drinks and snacks can be bought. There isn't any laundry service, but the GDRG association is making efforts to provide a washing machine. Volunteers are provided with dinner on the 23rd of July and they will be provided with breakfast, lunch, a small snack in the afternoon and dinner until the 1st of August. (On a daily basis, there will be water, milk, barley coffee, tea, cereals, some fruit, bread and butter available in the kitchen for breakfast and for snack). The volunteers will be provided with transport from the meeting point (Viseu Bus Terminal) to Granja, at 17h30, on the arrival day (23rd of July 2026), also during campwork activities and from Granja to Viseu Bus Terminal on the departure day (2nd of August 2026), at 10h30.

CONDITIONS OF PARTICIPATION *(if there is any specific information that is important volunteers to know about the camp)*

Internal rules of the Camp

Volunteers are required to have cultural performances from their own countries prepared when arriving to the camp. They are responsible for their daily accommodation and meals (when these meals are not shared with the local community), ensuring the individual and collective well-being of the group, respecting locals, complying with prescribed schedules and tasks, keeping facilities cleaned and organized. They must let the organization know in advance about food restrictions or other restrictions, health issues and other significant situations. They must be equipped with their own medicines or tools if they have specific needs.

Special remarks or requirements of the Camp

INSURANCE *(kind of covers)*

Death or permanent disability due to accident; medical transport and repatriation due to accident; accident funeral expenses.

WHAT VOLUNTEERS HAVE TO BRING

Bring sportswear and comfortable footwear, mountain shoes, coat for cold nights, a cap or hat, bath, swimming and changing room equipment (towel, bathing suit, cap, slippers...), personal toiletries, personal medicines, sunscreen, insect repellent, technological gadgets- laptop/ phone/ camera, chargers compatible with Portuguese sockets. Bring what they need to present the cultural performances from their countries, like musical instruments, costumes and other things unavailable in the camp.

MEETING TIME AND MEETING POINT

Arrival date: 23rd July 2026

Timetable or period: 17h30

Place Name: Viseu Bus Terminal – Meeting Point: at the Entrance

Place Address:	Terminal Rodoviário de Viseu (Viseu Bus Terminal) Av. Dr. António José de Almeida 242, 3510-054 Viseu
Emergency contact:	+351 938494599

HOW TO GET TO THE MEETING POINT/CAMP? *(Please add addresses, timetables, itinerary trip, ticket prices and internet address)*

Closest Airport: Oporto- Francisco Sá Carneiro Airport

Closest Train Station:

Travelling from the Airport to (bus or train)

When flying to Oporto:

Travel from Porto Sá Carneiro Airport to Campanhã Bus/Train Station (Terminal Intermodal de Campanhã- TIC). The best option is by bus or by underground (metro).

There are plenty of daily direct buses operated by FlixBus (approximate cost: €5) or Rede de Expressos (approximate cost: €7). The journey takes approximately 30 minutes and there are buses available almost every 15 minutes. At Sá Carneiro Airport, the FlixBus and Rede de Expressos stop is in the long distance/ tourist bus area, on the arrival area, just outside the terminal. Follow the signs for buses on the arrivals level (level 0) destination Terminal Intermodal de Campanhã (TIC).

There are plenty of daily direct metro trips (approximate cost: €3). The journey takes approximately 35 minutes and there is metro available almost every 15 minutes. Take the Purple Line E.

When flying to Lisbon:

Travel from Lisbon Airport to Oriente Bus/Train Station (Gare do Oriente). The best option is by bus or by underground (metro).

There are plenty of daily direct buses operated by FlixBus (approximate cost: €5. The journey takes approximately 10 minutes) or by Carris (approximate cost: €3. The journey takes approximately 10 to 20 minutes). There are buses available almost every 5 or 10 minutes. In Lisbon airport, the Carris bus stops (lines 705 or 744) to Gare do Oriente are located outside Terminal 1 of Lisbon Airport, near the passenger pick-up areas. FlixBus usually operates from Terminal 1 or the P2/bus parking area.

There are plenty of daily direct metro trips every 10 minutes (approximate cost: €5). The journey takes approximately 6 minutes. Take the Red Line.

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

<https://global.flixbus.com/>

When travelling from Oporto to the Meeting Point- Terminal Rodoviário de Viseu (Viseu Bus Terminal):

Travel from Campanhã Bus Station (Terminal Intermodal de Campanhã- TIC) to Viseu Bus Terminal.

There are several daily direct buses operated by FlixBus (approximate cost: €5. The journey takes approximately 2 hours). The last bus to arrive on time at the Meeting Point in Viseu leaves at 15:05 from Campanhã.

When travelling from Lisbon to the Meeting Point- Terminal Rodoviário de Viseu (Viseu Bus Terminal):

Travel from Oriente Bus/Train Station (Gare do Oriente) to Viseu Bus Terminal.

There are several daily direct buses operated by FlixBus (approximate cost: €9. The journey takes approximately 3h30). The last bus to arrive on time at the Meeting Point in Viseu leaves at 12:00 from Gare do Oriente.

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

There is no Train Station in Viseu.

Special recommendations

Terminal Rodoviário de Viseu (entrance of Viseu Bus Terminal)

Address: Av. Dr. António José de Almeida 242, 3510-054 Viseu. **Phone number:** +351 232 422 822

On the workcamp meeting day (23rd July 2026), volunteers should travel to Viseu by bus as soon as possible, so that they are on time at the meeting point. The meeting point is at the entrance of Viseu Bus Terminal (Terminal Rodoviário de Viseu) at **17h30**.

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	12
Working language:	English
Country currency:	Euro
Weather expected during the camp:	Sunny and hot during the day; might be cold at night
Local Host organization address:	Grupo Desportivo e Recreativo da Granja, Rua de São Brás, Nº 50, 3600-427 Mões
Local Host organization phone:	+351 938494599
Local Host organization email:	martapontes@gmail.com
Local Host contact person:	Marta Pontes
Camp Leader Name:	Marta Pontes
Camp Leader mobile phone:	+351 938494599
IPDJ Regional address:	IPDJ Viseu- Rua Dr. Aristides Sousa Mendes, 3500-151 Viseu
IPDJ Regional phone number:	+351 232 483 810

WORKCAMP CODE	PT-VR-15-26	
CAMP NAME*	AHAS Heritage Volunteers:	
DATES	6/7	17/7

**Deve ser escolhido um título em inglês, pequeno e apelativo*

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words



The Association of History and Archaeology of Sabrosa (AHAS) is a non-profit organisation created in 2019, based in Sabrosa (northern Portugal), at the Garganta Archaeological Hub. AHAS works with archaeology, history, cultural heritage and the environment, focusing on research, heritage protection, education and community involvement. The team has strong experience in archaeological projects, heritage site management, workshops, guided visits and cultural events, in collaboration with national heritage authorities. AHAS also creates publications and develops creative projects like experimental archaeology, digital heritage tools and heritage-based artistic activities. With experience in European cooperation and partnerships with universities, museums and local institutions, AHAS is ready to host and coordinate international youth volunteering and intercultural learning projects.

WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

This international workcamp takes place in the Alto Douro Wine Region (UNESCO World Heritage) in northern Portugal and brings together 12 volunteers (18–30). Volunteers will join heritage visits and learning activities, and support non-invasive work at the Medieval Chapel of Our Lady of Veiga (cleaning, observation and basic documentation, always supervised). The camp also includes digital heritage workshops and an experimental theatre project inspired by local history, ending with a public performance for the community.

Voluntary Work and Tasks of the Camp

During the international workcamp, volunteers will be actively involved in a diverse set of educational, practical and creative tasks, designed to promote cultural heritage valorisation, intercultural learning and community engagement.

Volunteers will participate in heritage education activities, including introductory lectures, workshops and guided visits focused on the Alto Douro Wine Region as a UNESCO World Heritage cultural landscape. These activities aim to provide historical, cultural and territorial context and to develop a shared understanding of heritage values.

A core component of the camp is non-invasive fieldwork at the Medieval Chapel of Our Lady of Veiga, where volunteers will collaborate in supervised tasks such as cleaning the interior and surrounding areas, visual observation, basic condition assessment and simple documentation of the monument. All activities will follow heritage conservation principles and will not involve technical restoration works.

Volunteers will also take part in digital humanities workshops, learning basic methods for heritage documentation, recording and dissemination using digital tools.

In the second phase of the camp, participants will engage in an experimental cultural theatre process, including acting workshops, voice and movement training, collective creation and rehearsals. Volunteers will contribute to the development and public presentation of a theatrical performance inspired by local history and cultural identity.

In addition, volunteers will take part in daily group life tasks, such as meal preparation, shared responsibilities, evaluation moments and intercultural activities, fostering cooperation, responsibility and mutual respect.

What the volunteers can Learn in this Camp? (study part)

This workcamp is not just volunteering — it's also a learning experience. You will: a) Discover how a UNESCO cultural landscape works (heritage, nature and local communities); b) Learn the basics of heritage conservation through hands-on, supervised work at a medieval chapel; c) Try simple digital tools to record and share heritage (photos, documentation, storytelling); e) Use theatre and creative workshops to bring local history to life and f) Build key youth skills: teamwork, communication, intercultural experience, problem-solving and active citizenship

Free Time, Leisure Time and Visits preview

Free time is built into the programme every day (late afternoon and evening), so you can relax, hang out with the group and enjoy village life. You can also organise fun intercultural moments like games, music nights, national evenings, shared cooking, stories and informal chats, great for making friends and bonding as a team and the camp also includes guided cultural visits around the Douro region, such as historic villages, museums and amazing landscapes. Highlights may include Pinhão and the Douro River, plus traditional wine villages like Provesende.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a

photo of the camp location)

The workcamp takes place in Sabrosa, a small and safe rural municipality in northern Portugal, located in the Alto Douro Wine Region (a UNESCO World Heritage cultural landscape). The area is known for vineyards, terraced hills and traditional village life. Sabrosa has around 6,000 residents, and the lifestyle is calm and strongly connected to local traditions and seasonal rural activities. This is a great place for volunteers who want a real community experience, far from big cities and mass tourism, activities will happen in nearby villages such as São Martinho de Anta and Vilarinho de São Romão. The main work site, the Medieval Chapel of Our Lady of Veiga, is in a quiet countryside setting surrounded by vineyards and nature. Sabrosa is about 120 km from Porto and 30 km from Vila Real. Because the camp is remote, it's perfect for building strong group spirit, intercultural exchange and close contact with local people and heritage.

Accommodation/Food *(describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)*

Volunteers will stay in a simple but comfortable shared accommodation in a rural area of Sabrosa, close to the activity sites. You'll sleep in shared rooms (gender-separated when needed), with beds or mattresses provided. Bring your own sleeping bag and towel.

There are shared bathrooms with hot showers and toilets. Everyone helps keep the place clean through shared cleaning duties. A fully equipped kitchen is available. Breakfast and dinner will be prepared by the group (teamwork style). Food is provided by the organisers, and weekly menus are planned with volunteers (vegetarian options available, other diets must be shared in advance). Lunch will be served daily at a local restaurant. Electricity, running water and Wi-Fi are available, but internet may be slow. Laundry options are limited (hand washing possible, and occasional laundry support may be organised). The place is calm and quiet, great for rest, group life and intercultural exchange.

CONDITIONS OF PARTICIPATION *(if there is any specific information that is important volunteers to know about the camp)*

Internal rules of the Camp

To join this international workcamp, you need to be motivated, responsible and ready for real group life. You must take part in all activities: workshops, learning sessions, outdoor fieldwork and daily camp tasks.

The camp is in a rural area, so expect a quiet place with limited services, public transport and sometimes weak internet. Plans may change due to weather or local needs, so flexibility is important.

Volunteers must: a) Follow the schedule, camp leaders' instructions and safety rules; b) Share group duties (cooking, cleaning, meals, hygiene); c) Respect local culture, traditions, heritage sites and dress/behaviour rules; d) Be cooperative and inclusive (respect everyone's background and opinions); e) Join group reflections and evaluations; f) Respect rules on alcohol (limited), smoking (only in allowed areas) and drugs (strictly forbidden); g) Inform the team in advance about allergies, health issues or special diets, and report any problem immediately and h) Be punctual and respectful — serious rule-breaking may lead to removal from the camp.

Special remarks or requirements of the Camp

This workcamp happens in a rural UNESCO World Heritage area, so expect nature, culture and community life — not city comfort or nightlife. You'll need to be flexible and active: tasks are simple but include walking, standing and light outdoor work, sometimes in summer heat. Bring comfy closed shoes, sun protection, a light waterproof jacket and a reusable water bottle.

Camp life is all about teamwork: everyone helps with cooking, cleaning and daily organisation. Respect, cooperation and a good attitude are essential. Because we work in heritage sites, rules are strict — follow the coordinators and never touch or damage anything. Basic English is needed. Portuguese is not required (but it's a plus). Internet may be limited, so be ready to disconnect and enjoy the experience.

INSURANCE *(kind of covers)*

WHAT VOLUNTEERS HAVE TO BRING

1. Sturdy, closed-toe footwear (comfortable walking/work shoes or boots)
2. Practical, durable clothing (that can get dirty) + warm layers for the evening
3. Lightweight waterproof/windproof jacket
4. Reusable water bottle

MEETING TIME AND MEETING POINT

Arrival date:	6-07-2026
Timetable or period:	8:00 (WET) to 16:00 (WET)
Place Name:	Terminal Rodoviário de Vila Real
Place Address:	R. Dom António Valente da Fonseca, 5000-539 Vila Real
Emergency contact:	+351 962413049 (Gerardo) or +351 969575600 (Dina) or +351 917829357 (Rúben)

HOW TO GET TO THE MEETING POINT/CAMP? *(Please add addresses, timetables, itinerary trip, ticket prices and internet address)*

Closest Airport:	Aeroporto Francisco Sá Carneiro (Porto)
Closest Train Station:	
Travelling from the Airport to (bus or train)	
1. From Francisco Sá Carneiro Airport to Campanhã (Porto)	
The easiest and most affordable option is by metro:	
At Francisco Sá Carneiro Airport, take the Porto Metro – Line E (Violet) in the direction of Estádio do Dragão.	
Get off at Campanhã station.	
The journey takes approximately 30–35 minutes.	
Tickets can be purchased at the airport metro station ticket machines (Zone Z4).	
The Campanhã metro station is located next to the main train station and within walking distance of the bus terminal.	
2. From Campanhã to Vila Real Bus Terminal	
Walk to the Campanhã Bus Terminal (about 5–10 minutes from the metro station).	
Take an express bus to Vila Real.	
Main bus companies operating this route include Rede Expressos and FlixBus.	
The bus journey takes approximately 1.5 to 2 hours, depending on the service.	
Tickets can be bought online in advance or directly at the bus terminal.	
Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point	
Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point	
Special recommendations	

PRACTICAL INFORMATION AND CONTACTS	
Nº of volunteers:	12
Working language:	English
Country currency:	EURO
Weather expected during the camp:	Summer
Local Host organization address:	Polo Arqueológico da Garganta, CM1262-4, 5060-422 São Martinho de Anta, SABROSA
Local Host organization phone:	+351 969575600 +351 962413049 +351 937363606
Local Host organization email:	geral@ahas.pt
Local Host contact person:	Gerardo Vidal Gonçalves
Camp Leader Name:	Gerardo Vidal Gonçalves
Camp Leader mobile phone:	+351 962413049
IPDJ Regional address:	R. Dr. Manuel Cardona 6, 5000-558 Vila Real
IPDJ Regional phone number:	+351 259309640