



INEX-SDA

WORKCAMPS



CZECH REPUBLIC
2024

INEX-SDA WORKCAMP IN 2024

ABOUT INEX-SDA

INEX – Association of Voluntary Activities is a non-governmental not-for-profit organization founded in 1991 to carry out and support international voluntary work and intercultural education. We arrange voluntary placements abroad for Czech volunteers and organize voluntary projects in our country for incoming foreign volunteers. Annually we send 350 volunteers abroad to short-term or long-term projects and welcome around 300 volunteers in the Czech Republic.

The mission of INEX-SDA is to:

1. encourage the development of a respectful and open society,
2. promote an active and responsible approach to the world around us both locally and globally.

Our tools are international voluntary projects, educational programs and campaigns.

We create space in which especially people can gain new experiences, expand their skills and develop their views of the complexity of the world around them.

BASIC GENERAL INFORMATION FOR WORKCAMP PARTICIPANTS

Age limit: Minimum age is 18 years. If not stated differently, there is no maximum age limit. For teenage workcamps, the age limit is 15-17. For family workcamps, the age limit for children is 5+.

Duration of the projects: 3 - 15 days

Number of volunteers per project: 5 - 15 volunteers + 1-2 campleaders

Project language: English

Working hours: Approximately 6 hours per day with 1-2 free days/week

Insurance:

INEX-SDA provides basic liability insurance for project participants above 15 years old. INEX-SDA does not provide any travel health insurance or COVID-19 insurance for the workcamp participants. Nevertheless, volunteers cannot stay at the workcamp without this insurance! We strongly advise volunteers to arrange additional travel insurance for the whole duration of the workcamp including travel days. The insurance should cover all the activities listed in the infosheet. Volunteers need to bring all the necessary documents along with them. Volunteers from the EU need to bring their EHIC cards as well.

Study part:

Excursions, discussions, workshops, guided tours or intercultural evenings for the public are planned as part of each project depending on the local possibilities. In this way, INEX-SDA supports non-formal (intercultural) learning connected to the projects' topics or the location of the workcamp.

Other requirements:

No special knowledge or skills are required, but enthusiasm and interest in the project are necessary. For ESC projects and projects with children, we ask for a detailed motivation letter, according to the Czech law for projects with children we ask also for a certificate of good conduct and a medical form filled in and signed by a doctor. After acceptance of the volunteer, INEX-SDA will send you a template of these forms. Please note the additional information in the project descriptions.

Teenage workcamps:

INEX-SDA teenage workcamps are open for participants from 15 to 17 years old. We require each underage participant to send us **parental authorization** filled and signed by a parent or a legal guardian. Both documents will be provided after acceptance and must be sent as scanned copies no later than 4 weeks before the start of the workcamp (by email) and then brought to the workcamp (in hard copies).

Participation fee:

Due to the limited outgoing resources INEX-SDA, we kindly ask participants to contribute 10 EUR (5 EUR for weekend workcamps) towards the costs of the general incoming administration of our workcamps. The fee will be collected upon arrival in cash by the campleaders. Please note that this fee does not directly contribute to the workcamp budgets.

For teenage and family workcamps, we ask participants to contribute with a fee which covers the costs of some free time activities and/or accommodation, food, and costs of the local campleader/main campleader. The fee needs to be sent to us by bank transfer in advance. Bank details and the deadline for payment will be provided in the acceptance email.

Teenage workcamp 175 EUR

Family workcamps 50 EUR for adults/25 EUR for children

Cancellation policy:

If the volunteer cancels the application ...

... more than 43 days before the start of the project -> The volunteer will be refunded 75% of the fee

... between 42-31 days before the start of the project -> The volunteer will be refunded 50% of the fee

... in case of last-minute cancellation (30 or fewer days), the fee will not be refunded to the volunteer

If participation won't be possible due to COVID (due to sickness or travel restrictions) we will not enforce the cancellation policy. Nevertheless, we require the volunteers to send us a note from the doctor.

INEX-SDA will send an email with bank transfer details to send the remaining part of the fee.

Campleaders:

Our workcamps are led by 1-3 campleaders (according to the size of the group) who coordinate the everyday life in the group. They cooperate with the local partners and facilitate decision-making in the group. Our campleaders are required to complete an intensive 3-day training specially designed to their needs, first aid training and a preparatory visit at the workcamp location with the local partner.

Inclusive volunteers:

We welcome volunteers with fewer opportunities at our workcamps. Placement to the right project will be based on volunteers' needs and cooperation between all the parties involved. We use A4A tools. The placement of volunteers with fewer opportunities is mainly upon the agreement with our local partners. Do not hesitate to contact us to discuss the possibilities.

CLASSIFICATION OF THE INEX-SDA WORKCAMP

Our workcamps can be classified into four thematic groups:

1. Help the Community (project code starts with 1)

The projects take place in small rural communities and focus on the sustainable development of the villages and the surrounding countryside (there are also projects in cities). Volunteers support local municipalities and non-governmental organizations by helping with renovation, organization of local festivals and events and preparing activities for children and youth.

2. Help the Landmarks (project code starts with 2)

The projects focus mainly on the preservation and renovation of historically significant objects such as castles, historical cemeteries, churches and other monuments. The volunteers will get familiar with the history of the Czech Republic. Through their practical work awareness of the importance of preserving historically and culturally important sites is raised.

3. Help the People (project code starts with 3)

The volunteers support various social projects which offer help to people facing social exclusion, children and youth, the elderly, people with special needs and others. According to the needs of the local partner, the volunteers do manual work (e.g. renovation, maintenance, construction work) or work directly with the projects' clients.

4. Help the Nature (project code starts with 4)

The projects aim at environmental protection and education towards an environment-friendly lifestyle. The volunteers will do practical environmental work in natural preserves, forests and other environmentally important areas. Most of the work takes place outdoors and can include planting trees, scything protected meadows, reviving springs, etc.

OUR CONTACT DETAILS

Workcamp coordinator (senior supervisor for incoming, outgoing, ESC)

Anna Čámská – anna.camska@inexsda.cz

INCOMING contact persons:

Klára Boštíková – Incoming Coordinator, email: projekty.cr@inexsda.cz

Flora Vidal – Incoming Placement Officer, email: incoming@inexsda.cz

Martin Rataj – Campleaders Coordinator, email: campleaders@inexsda.cz

Alena Cabalka – Inclusion, email: info@inexsda.cz

Phone (office): +420 222 362 715

Emergency phone (mobile phone): +420 774 736 594

OUTGOING contact person:

Alena Cabalka – Outgoing Placement Officer, LTV, inclusion, email: outgoing@inexsda.cz

Phone (office): +420 222 362 713

Emergency phone (mobile phone): +420 731 163 670

ESC – contact person:

Renata Michlíčková, evs@inexsda.cz

Our address:

INEX-SDA

Varsavska 30, 120 00 Praha 2, Czech Republic

www.inexsda.cz

Workcamps 2023

| CODE | NAME | DATES | VOLS | FEE | Special Remarks |
|---|--|-----------------|------|-----|-----------------|
| ESC projects | | | | | |
| SDA ESC R1 | ESC Centre for All | 12.7.-26.7.2024 | 11+2 | 0€ | 18-30 years |
| SDA ESC R2 | ESC Centre for All - Back in Time | 14.8.-28.8.2024 | 10+2 | 0€ | 18-30 years |
| SDA ESC R3 | ESC Assist the Elderly in Prague | 4.8.-18.8.2024 | 6+1 | 0€ | 18-30 years |
| SDA ESC H1 | ESC Farmstudio - A Centre of Contemporary Art | 4.7.-18.7.2024 | 8+2 | 0€ | 18-30 years |
| SDA ESC H2 | ESC Dive into the history of Terezin | 6.7.-20.7.2024 | 8+2 | 0€ | 18-30 years |
| SDA ESC A1 | ESC Collect Herbs and Make Tea in Bíle Karpaty | 9.7.-23.7.2024 | 10+2 | 0€ | 18-30 years |
| SDA ESC A2 | ESC Organic Farming in the Camphill Community | 7.8.-21.8.2024 | 10+2 | 0€ | 18-30 years |
| Community workcamps | | | | | |
| SDA100 | Ghosts of the Ore Mountains | 28.6.-4.7.2024 | 7+1 | 10€ | |
| SDA101 | Summer in the Elbe Lowlands | 30.6.-12.7.2024 | 14+2 | 10€ | |
| SDA102 | Build a Community Café in the Heart of Europe | 8.7.-17.7.2024 | 8+2 | 10€ | |
| SDA103 | Green Oasis in Odolena Voda | 3.8.-17.8.2024 | 15+2 | 10€ | |
| SDA104 | Get creative, paint cabins, drink Mattoni! | 18.8.-27.8.2024 | 10+2 | 10€ | |
| SDA105 | Create a Place of Culture and Reconciliation | 1.9.-15.9.2024 | 12+2 | 10€ | |
| SDA106 | Mingle with the locals Dysina | 26.8.-9.9.2024 | 7+2 | 10€ | |
| Renovation/cultural heritage workcamps | | | | | |
| SDA200 | Heartbeats for Historical Brewery | 28.6.-11.7.2024 | 12+2 | 10€ | |
| SDA201 | Rebuild the History of Sudeten School | 8.7.-18.7.2024 | 8+2 | 10€ | |
| SDA202 | Cultivate Rochlov Castle Gardens | 8.7.-21.7.2024 | 6+2 | 10€ | |
| SDA203 | Treasures of Jewish Culture in Holesov | 16.7.-28.7.2024 | 6+2 | 10€ | |
| Social workcamps | | | | | |
| SDA300 | Summerland for Children | 3.8.-11.8.2024 | 8+2 | 10€ | |
| SDA301 | Organize an adventure camp for children | 14.8.-25.8.2024 | 8+2 | 10€ | |

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|--------------------------------|--|-------------------|------|---------|--------|
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| Environmental workcamps | | | | | |
| SDA400 | Teens at Camphill Organic Farm | 14.7.-21.7.2024 | 10+2 | 175€ | TEEN |
| SDA401 | Permaculture in practice - Learn and Act | 4.8.-17.8.2024 | 7+2 | 10€ | |
| SDA402 | Back to Nature for Families | 24.8.-31.8.2024 | 16+2 | 50€/25€ | FAMILY |
| SDA403 | Back to Nature | 31.8.-13.9.2024 | 12+2 | 10€ | |
| Weekend workcamps | | | | | |
| SDAW01 | Weekend of open gardens at Veseli Castle | 7.6.-9.6.2024 | 10+2 | 5€ | |
| SDAW02 | Weekend at the Camphill organic farm | 17.10.-20.10.2024 | 10+2 | 5€ | |

INEX-SDA WORKCAMPs 2024

1. ESC PROJECTS

ESC Centre for All

12/07 – 26/07/2024

DISA/KIDS

Vols: 11 + 2 campleaders

Age: 18-30

Requirements/Note: motivation letter, medical form, certificate of good conduct

Project: This project takes place in the small town of Velky Osek (Central Bohemia region) in cooperation with the local NGO Centre for All. Centre for All organises free-time activities and summer camps for children and youth with and without disabilities. The project aims to help the Centre for All to prepare and run a suburban summer camp for children with or without disabilities. At this project, you will actively contribute to the achievement of UN SDG10 Reduced Inequalities.

Work: The project aims to bring together Czech and international volunteers, people with or without disabilities, kids, youth or adults - just all! This project is primarily for people with autism to whom you will assist. Volunteers will cooperate with Czech assistants and help their fellow campers with daily tasks such as dressing, eating, personal hygiene and participation in the suburban camp program. During the camp (15.-19.7.2024), volunteers might work longer hours (from 7,30 AM to 5 PM), nevertheless, there will be enough time for rest and trips before and after the camp.

Study part: Volunteers will learn about different types of disabilities. Through their trained campleaders, they will get to know how to assist the people in their daily life. Volunteers will be able to learn some basic Czech phrases – which will be helpful during the camp.

Accommodation/Food: Volunteers will sleep on mattresses or mats in the gymnastic hall. If you want to sleep on a mattress, please, bring your bed sheet. Everyone has to bring their sleeping bag. The shower and toilets are in the same building. A small kitchen will be available as well. Before the camp, volunteers will cook for themselves all the meals, during the camp lunch will be provided and volunteers will eat together with the children.

Leisure time: After the camp, volunteers will have enough free time to explore the surroundings or go on trips. Volunteers will have opportunities to hike in the beautiful countryside of the Czech Republic, as well as go on a trip to the marvellous city of Prague. An international evening will be organized, where each volunteer will have a chance to share the foods, culture, and traditions of their country and will learn about the countries from others.

Location: The place of the project is in the small village of Velky Osek (approximately 2,600 inhabitants), the nearest bigger towns are Podebrady or Kolin. There are small shops in the village, an ATM, and phone coverage is good.

Requirements: A motivation letter, a medical certificate stating that they are fit to work with children and a sworn declaration of the nonexistence of any criminal record sent with the application form are required. Please bring a sleeping bag, bed sheets, and games and ideas for activities. Alcohol consumption and smoking are prohibited during the camp, during the free time it is allowed for 18+

volunteers only under specific conditions and after the agreement with the camp leaders.

Notes: We are especially looking for outgoing and creative volunteers with good communication skills who enjoy working with children and youth. This project could also be suitable for volunteers with fewer opportunities under the program Volunteering for All.

This project is supported by the EU program European Solidarity Corps. Some of the conditions differ from the usual projects; there will be detailed info provided after your acceptance. For more info about ESC visit https://europa.eu/youth/solidarity_en.

Directions to meeting point:

From the airport take the bus 119 to Nadrazi Veleslavin stop. Change to green metro line A in the direction of Depo Hostivar, get off at "Muzeum" and change to red metro line C in the direction of Letnany, go 1 stop and get off at "Hlavni Nadrazi" stop (main railway station).

Address: Nadrazni 81, 281 51 Velky Osek

GPS: 50.1011466505454, 15.192883884657446

ESC Centre for All – Superheroes without borders

14/08 – 28/08/2024

DISA/KIDS

Vols: 10 + 2 camp leaders

Age: 18-30

Requirements/Note: motivation letter, medical form, certificate of good conduct

Project:

This project takes place in the recreational area in the small village of Borovice in cooperation with the local NGO Centre for All. Centre for All organizes free-time activities and summer camps for children and youth with and without disabilities. The aim of the project is to help the Centre for All to prepare and run a summer camp for people with or without disabilities. At this project, you will actively contribute to the achievement of UN SDG10 Reduced Inequalities.

Work: The project aims to bring together Czech and international volunteers, people with or without disabilities, kids, youth or adults - just all! Volunteers will cooperate with Czech assistants and help their fellow campers with disabilities with daily tasks such as dressing, eating, personal hygiene and participation in the camp program. During the camp (18.-24.8.2024), volunteers might work longer hours, nevertheless, there will be enough time for rest and trips before and after the camp. Please bring your favourite superhero costume. You don't have to buy it, it can be handmade.

Study part: Volunteers will learn about different types of disabilities (there will be clients with autism, Down syndrome, wheelchair users, etc). Through their trained camp leaders, they will learn how to assist the people in their daily lives. Volunteers will have a chance to learn some basic Czech phrases – which will be helpful during the camp.

Accommodation/Food: Volunteers will be accommodated in the main building of the complex, there are rooms for 6-7 people with beds and bedsheets. Bathrooms and toilets are common on each floor. There is also a washing machine. WiFi is available. Volunteers will eat together with assistants and clients – breakfast, lunch, dinner and snacks will be provided by the accommodation facility. The kitchen will not be available to the volunteers, inform us in advance about any special diet you might have so we can

accommodate it.

Leisure time: There are several possibilities for sports activities right in the complex - indoor swimming pool, football, playground, table tennis, beach volleyball court. Volunteers can go on a trip to the nearest bigger cities such as Mlada Boleslav or Liberec. We will also organize an intercultural evening and volunteers will have an opportunity to present their countries.

Location: The location of the camp is in a recreation area near Mukarov. There are all amenities (rooms, dining room, swimming pool, outdoor sports field). Nevertheless, the area is located in nature and there are no public amenities in the immediate vicinity. In case of need, you can ask the campleaders and they will drive to a store or pharmacy in the closest town.

Requirements: A detailed motivation letter, a medical certificate stating that the volunteer is fit to work with children and a sworn declaration of the nonexistence of any criminal record sent with the application form are required. Alcohol consumption and smoking are prohibited during the camp, during the free time it is allowed for 18+ volunteers only under specific conditions and after the agreement with the campleaders.

Notes: We are especially looking for outgoing and creative volunteers with good communication skills who enjoy working with youth. The camo theme is Back in Time. This project is also suitable for volunteers with fewer opportunities under the program Volunteering for All. This project is supported by the EU program European Solidarity Corps. Some of the conditions differ from the usual projects; there will be detailed info provided after your acceptance. For more info about ESC visit https://europa.eu/youth/solidarity_en.

Directions to meeting point:

On arrival, wait at the Airport Express bus stop. At 4:30 p.m. you'll be picked up by the our partner's car and brought to the workcamp site.

Address: Borovice 7, Mukarov, 295 01

GPS: 50.564760177835524, 14.931850158272484

ESC Assist the Elderly in Prague

04/08 – 18/08/2024

ELDE/SOCI

Vols: 6 + 1 campleader

Age: 18-30

Requirements/notes: motivation letter

Project: This workcamp takes place in the outskirts of Prague 15 and is organized in cooperation with the Centre for Social Care and Nursing which provides support and assistance to users of the service who have found themselves due to their age, health, chronic illness, or crisis in their personal life in a situation where they are dependent on the help of another person. This project aims to support intercultural and intergenerational exchange, gain mutual understanding, and respect, and maybe even a new perspective on life. In this project, you will actively contribute to achieving UN SDG3 Good Health and Wellbeing and UN SDG10 Reduced Inequalities.

Work: Volunteers will work with the elderly and participate in occupational therapy. You will help to organize leisure time activities, garden parties, go for walks with the clients, assist the nurses with daily tasks, and potentially do some manual work (e.g. gardening, cleaning, helping in the kitchen, etc.). It is very much welcome if you come with your ideas and initiative on how to break the routine in the centre. Please bring your favourite music, pictures, or small games with you to share with the elderly.

Study part: Training on how to work with clients and occupational safety. You will learn about social care in the Czech Republic and an ethical approach to social services and communication in an environment with language barriers. Students can also obtain a certificate of practice in a social and healthcare facility.

Accommodation/Food: You will stay in a hostel in rooms with beds. Sheets and blankets will be provided. Each room also has its bathroom and there is also possibility to use shared kitchen. Lunch and breakfast will be provided in the canteen of the nursing home and you will prepare dinner in place of your accommodation. The kitchen is capable of making vegetarian food, but vegan food is not available. Wifi is available. There is no washing machine.

Leisure time: Prague 15 has a lot of green areas and good facilities for sport. There is a natural dam where you can swim on hot days. Besides, you can visit Prague city centre - Charles Bridge, Powder Tower, Old Town Square, Orloj or Prague Castle. You can also visit nearby castles or go hiking in the countryside. Also, the project is held during Prague Pride and other smaller free events.

Location: Prague 15 is a municipal district located on the southeastern outskirts of Prague. There is Kozinec Hill, where the existence of an old Slavic fortified settlement is documented, and Hostivar reservoir. There is also an ornithological ringing station and the Center for Ecological Education. All services you might need are accessible within walking distance.

Requirements: Bring your favourite music, pictures, or small games with you to share with the elderly. Also, bring comfortable clothes for your well-being. You don't need any special experiences. Important are personal qualities, such as respect for old age, creativity, patience and kindness.

Notes: The project is suitable for students of humanities, future teachers, health workers, social workers, psychologists, artists and other empathetic, creative and cheerful people who respect the elderly. You can get a certificate confirming your voluntary service in the Center for Social Care. This project is supported by the EU program European Solidarity Corps. Some of the conditions differ from the usual projects; there will be detailed info provided after your acceptance. For more info about ESC visit https://europa.eu/youth/solidarity_en.

Direction to meeting point: From Prague airport take the bus 119 to the final stop "Nadrazi Veleslavin". Change to the green metro line A in the direction of Depo Hostivar and go all the way to "Skalka" stop where you need to change to bus 125 and get off at "Nadrazi Hostivar" stop. From there it is a 2 min walk to the accommodation, the metro and buses leave every few minutes in Prague but try to arrive no later than at 17:00. Detailed information will be provided in the infosheet.

Address:

Accommodation: Turinska 1494/1, 109 00 Praha 15
50.03805715228554, 14.547860982922582
Work: CSOP Praha 15, Parnska 390, Praha 10 Horni Mecholupy
50.042091203264306, 14.564957192044519

ESC Farmstudio - A Centre of Contemporary Art

4/07 – 18/07/2024

RENO/CULT

Vols: 8 + 2 campleaders

Age: 18-30

Requirements/note: motivation letter

Project: This project is organized in cooperation with an NGO Farmstudio, an independent cultural centre located on a historic agricultural farm in the village of Vysoka. Farmstudio focuses on contemporary live art and culture in connection to cultural and natural heritage and organizes international art residencies, contemporary art exhibitions, creative workshops and multi-genre cultural events. The area is undergoing a gradual reconstruction and the goal of the project is to help with this reconstruction. At this project, you will actively contribute to the achievement of UN SDG11 Sustainable Cities and Communities.

Work: Work will be diverse and manual, you will be able to choose according to your interests and physical abilities. The tasks will include plastering, woodworking, renovation of wooden and metal elements, painting, mowing the grass, landscaping etc. No previous experience is required. Bring work clothes that can get dirty and/or damaged, good shoes, a cap to protect yourself from the sun and a raincoat in case of rainy days. The work takes place in the same area where you will be accommodated.

Study part: Presentation of an independent art centre Farmstudio - history, development and vision, photography workshop and guided tour of a contemporary art exhibition. During the project, a Volunteering Day will be organised with a cultural programme consisting of a music, theatre or dance performance.

Accommodation/Food: The complex includes a residential building, a gallery building (former granary), a studio building (former stables and barns) and two uncovered buildings of former barns. You will sleep in the residential building in two big rooms with 13 beds, and blankets and sheets will be provided for you. Wifi is available. There is also a kitchen, 3 toilets and 2 showers. You can also use a washing machine. You will cook all your meals together as a group, preferably vegetarian.

Leisure time: In your free time you can go swimming in a nearby natural lake or hiking in the protected landscape area Kokorinsko, make a campfire or visit the city of Melnik or Prague. It is possible to watch a movie in an improvised summer cinema.

Location: Farmstudio is a former farm in the village of Vysoka located close to the protected natural area of Kokorinsko. The village of Vysoka is a place with a population of about 1,000 inhabitants, there is a grocery store, pastry shop, two churches, a post office and a pub near the football pitch. The telephone signal of the main operators is available. The closest big city is Melnik, located 8 km away, where you can also find doctors, pharmacies and ATMs.

Requirements: The project is suitable for volunteers interested in contemporary art, cultural heritage and nature who are not afraid of manual work.

Notes: Allergies notice - cats are moving freely around the area, and some places might be dusty. This project is supported by the EU program European Solidarity Corps. Some of the conditions differ from the usual projects; there will be detailed info provided after your acceptance. For more info about ESC visit https://europa.eu/youth/solidarity_en.

Directions to meeting point: From Prague airport, take bus 119 to “Nadrazi Veleslavin” station. Change to green metro line A in the direction of Depo Hostivar. At the “Muzeum” stop, change to red metro line C in the direction of Letnany. Get off at the stop “Ladvi”. Take bus 349 in the direction of Melnik leaving at 14:40. Get off at “Melnik, aut.nadr.” stop and change to bus 474 leaving at 15:28. Get off at “Vysoka” stop at 15:51, where your campleader will be waiting for you. Detailed travel information will be provided in the infosheet.

Address: Vysoka 26, 277 24 Vysoka (near Melnik)
GPS: 50.411375881682034, 14.538906600355373

ESC Dive into the history of Terezin

06/07 – 20/07/2024

RENO/MANU

Vols: 10 + 2 campleaders

AGE: 18-30

Requirements/note: motivation letter

Project: The project is organized in cooperation with the association "Terezin - City of Change", which aims to renovate the historical buildings of the Terezin fortress, make them accessible to the public and organize educational and cultural activities. Thanks to its rich history and unique 18th-century monuments, Terezin is on the UNESCO indicative list (waiting list). The aim of the project is to help with the restoration and preservation of the fortress city and learn about the history of the city that goes far beyond the infamous WWII era. At this project, you will actively contribute to achieving UN SDG11 Sustainable Cities and Communities.

Work: Volunteers will clean and restore the water system of the 18th-century fortress, clean and maintain the mini-zoo-military yard, clean the fortifications and underground passages of the fortress and maintain the green vegetation. Most of the work will be outside, please, bring suitable clothes that can get dirty or damaged, rubber boots or sandals to enter the water.

Study part: Tour of the historic corridors - lecture in the English language on the origins of the fortress, museum exhibition of the La Grace sailors, art exhibition, workshop and demonstration of 18th-century crafts, an opportunity to visit the World War Memorial.

Accommodation/Food: Accommodation is provided near the historical fortress. There are two rooms for 6 people each. Both rooms have bathroom facilities (shower and toilet). Bring your towel. In the accommodation, there is also basic kitchen equipment (microwave, fridge, dishes). WIFI is available, and you can also use a washing machine. Accommodation is 5 minutes from the city centre and 5 minutes

from the fortress where you will be working. You will prepare breakfasts and dinners together as a group from the provided ingredients. Lunch will be provided in the local restaurant.

Leisure time: You can visit nearby cities Litomerice or Usti nad Labem where you can find a swimming pool, parks, and a cinema. Or you can go on a hike to the nature-protected area of Ceske Stredohori. You will also meet the town's representatives, have a barbecue and do other community activities.

Location: Terezin is a small historical town located approximately one hour away from Prague in the north of the Czech Republic. The nearest bigger city is Usti nad Labem. In Terezin, the phone coverage is good, and ATMs, pharmacies and grocery stores are in the town.

Requirements: Smoking in the accommodation and drinking alcohol during working hours are prohibited. Requested quiet hours in the accommodation start from 10 PM.

Notes: The project is especially suitable for lovers of history and nature, students of architecture, and anyone who can appreciate the beauty of a preserved 18th-century site and give us a helping hand with the work. There is a possible risk of allergies - animals' fur or hay.

Directions to the meeting point:

From Prague airport, take bus 119 to "Nadrazi Veleslavin" station. Change to green metro line A in the direction of Depo Hostivar. At the "Muzeum" stop, change to red metro line C in the direction of Letnany, and stay until the final stop. Here, take bus 413 at 16:00 to your final destination "Terezin aut. nadr". The camplader will be waiting for you there at 17:00 and take you to the accommodation.

Address: Akademicka 409, 411 55 Terezin
50.513717, 14.148363

ESC Collect Herbs and Make Tea in Bile Karpaty

09/07 - 23/07/2024

ENVI/COMMUNITY

Vols: 10 + 2 campladers

Age: 18-30

Requirements/note: motivation letter

Project: This project is organized in cooperation with Nova Lhota, a small Moravian village located in the White Carpathian Mountains on the Slovak border. The village runs an eco-centre and is very active in environmental activities and education. In the village, herbal tea blends from local types of herbs are produced. The project aims to involve volunteers in collecting herbs and fruits, getting to know the local culture and nature, and maintaining the public spaces, greenery and valuable flowery meadows. In this project, you will actively contribute to achieving UN SDG11 Sustainable Cities and Communities and UN SDG15 Life on Land.

Work: You will be involved in making organic herbal tea. It is an important way of promoting local traditions and products in Nova Lhota. You will learn to recognize various herbs, collect them and make herbal mixtures. To see the whole production process, they will help in the social enterprise in Nova Lhota where the herbal teas are packaged (grind and filter dried herbs, fill the boxes with tea bags and wrap them in foil on the machines in the tea production workshop, etc). In a natural garden, you will help with weeding, mulching and/or other small jobs. In the village of Nova Lhota, you will help with the

maintenance of public spaces. Bring suitable clothes and shoes that can get dirty and a raincoat. No previous experience with this kind of work is required.

Study part: You will learn how to differentiate various kinds of herbs and about local traditions, products, the history and the natural potential of the region. You will have a chance to get involved in the local eco-centre activities. Part of the project is a trip to the forest natural garden Salas Travicna in Tvarozna Lhota, where the participants will visit the museum of “oskoruse”(the local wild fruit) and local folk culture.

Accommodation/Food: Accommodation will be provided in a tourist hostel in Nova Lhota. You will sleep in rooms on bunk beds with duvets and pillows. There are 5 rooms (2 x four-bedroom, 2 x six-bedroom, 1 x eight-bedroom). There are bathrooms, a dining room with a fully equipped kitchen, WIFI, a washing machine and relaxing spaces in front and behind the building. For two days you will stay at a farm in Travicna and sleep in a natural wooden cottage or the open air. Thus, bring a mat and a sleeping bag. You will cook for yourself in cooking teams from provided ingredients.

Leisure time: You can go on a trip to Straznice or Skalice, visit wine cellars, the Bata canal, the windmill in Kuzelov, go on a hike and reach the highest peak of the White Carpathian Mountains – Velka Javorina. You can get involved in guided creative leisure activities in the eco-centre, which will support group cohesion and beautify the garden area (e.g. mosaics, decorations from nature, houses for insects or pictures painted with clay pigments, etc.).

Location: The project takes place in the small village of Nova Lhota surrounded by the nature of the White Carpathians. The collection of herbs and minor garden work takes place in the natural garden at the Karpaty Ecocentre. The herbs are then processed in a nearby building, in a small factory of regional teas. In the village, there is a grocery and general store, a hostel, 2 playgrounds, a school, a cultural centre, and a church. ATMs or pharmacies are located in bigger towns Velka nad Velickou (10km) and Uherske Hradiste (30km). The region is famous for its folk traditions and beautiful countryside.

Requirement: Bring your sleeping bag, a mat, clothes and shoes for work, a raincoat, a good mood and a willingness to meet others. There is a strict no-alcohol policy in the place of accommodation.

Notes: This project is suitable for volunteers who like nature and learning about the environment and local traditions. You will spend a lot of time outdoors so you can get into contact with different kinds of plants, herbs, pollen, and insects. There is a risk of allergies to hay and grass. This project is supported by the EU program European Solidarity Corps. Some of the conditions differ from the usual projects; there will be detailed info provided after your acceptance. For more info about ESC visit https://europa.eu/youth/solidarity_en.

Directions to meeting point: From the airport take bus 119 to Nadrazi Veleslavin stop. Change to green metro line A in the direction of Depo Hostivar, get off at “Muzeum” and change to red metro line C in the direction of Letnany, go 1 stop and get off at “Hlavni Nadrazi” stop (main railway station). From here take train R 891 at 13:03 in the direction to Luhacovice. At 16:17 you will arrive at “Stare Mesto u Uherskeho Hradiste” stop, change to train Sp 1772 at 16:27 and get off at the “Veseli nad Moravou” stop at 16:56. Go in front of the train station and find bus 930 in the direction of Nova Lhota leaving at 17:56. This is

your last bus, get off in one hour at “Nova Lhota, dol.zast.” stop where your campleader will be waiting for you.

Address: Nova Lhota 1, 696 74 Nova Lhota
GPS 48.86514244802096, 17.592743452574677

ESC Organic Farming in the Camphill Community

07/08 – 21/08/2024

AGRI/MANU

Vols: 10 + 2 campleaders

AGE: 18-30

Requirements/note: motivation letter

Project: This ESC project is organised in cooperation with the NGO Free Farm in Ceske Kopisty, which is part of the Camphill Community movement. It is a family-like community that welcomes people with and without disabilities and creates a pleasant environment for everyone to live and work together. Vegetables, herbs, and fruits are grown and processed organically. Free Farm aims to raise awareness of biodynamic farming and the role of a farmer nowadays. The goal of the project is to connect people from different countries and experience the operation of a Czech organic farm, develop a tolerant open society and acquire a responsible approach to the world. At this project, you will actively contribute to the achievement of UN SDG2 Zero Hunger and UN SDG10 Reduced Inequalities.

Work: Your work will mainly consist of manual farm work of all kinds. These include weeding, planting, hoeing, harvesting, watering, cleaning and storing vegetables, etc. In addition to vegetables, there are medical herbs grown, which you can also help to collect and process. You might also do gardening work and help out with the maintenance of the farm and its premises. You will mostly work outside in the farm area or on the fields which are located within walking distance (500m) from the farm. Bring suitable work clothes and shoes, a hat, and a raincoat to protect yourself from the sun and rain. Working on a farm can be physically demanding, please be prepared for that, nevertheless, it can be done with a collective effort and a positive attitude.

Study part: You will learn about the Camphill movement, living in a community, and organic and biodynamic agriculture. Together you will talk about Czech, European and each other’s cultures and various related topics. There is also the possibility to organise workshops focused on eurythmy and intuitive pedagogy. The volunteers are encouraged to organise an international evening for community members on their own initiative and present their national cuisine and culture. Bring your favourite recipes and some specific ingredients if needed.

Accommodation/Food: Accommodation is provided directly at the farm. You will sleep in the attic on mattresses in a renovated historic farmhouse. Bring your sleeping bag! There are two showers with hot water, two toilets, a common room, and a kitchen available. There is WIFI and a washing machine. You will prepare breakfast and dinner together as a group. Lunch will be prepared by the members of the community, you will eat all together with the community. The local project partner will provide ingredients, including local organic vegetables. Meals will be mostly vegetarian.

Leisure time: There is a football pitch in the village and after that, you can relax in the local pub or swim in the river. You might visit the nearby Terezin Memorial at the location of the former concentration

camp and the Terezin Ghetto Museum. You can also go on trips to the nature-protected area of Ceske Stredohori and/or visit the historical cities of Litomerice, Usti nad Labem. We will also have a barbecue with the members of the community.

Location: Ceske Kopisty – a small village near the historical town of Litomerice. The farm uses 11 hectares of fields; there is a garden and a yard with a couple of animals (a cow, a horse, chickens, ducks, and pigs). The area is quite vast – there are 3 residential houses, a candle workshop, and a common hall. There are 8 adults, 4 children and 7 people with special needs living there. You might meet around 10 other external co-workers. Everywhere in the village, there is good phone reception. There is an ATM 3 km away in Terezin, and a pharmacy 5 km away in Litomerice.

Requirements: Smoking and consumption of alcohol within the community area are restricted, and it is necessary to respect the privacy and night rest of the residents. Be aware that not all members of the community can speak English. Please, bring a sleeping bag, suitable work clothes and shoes, a hat, a raincoat and enthusiasm and a good mood!

Notes: The project is mainly suitable for people who are interested in farming and community life and don't mind working from early hours.

This project is supported by the EU program European Solidarity Corps, detailed info will be provided after your acceptance. For more info about ESC visit https://europa.eu/youth/solidarity_en.

Direction to meeting point:

From Prague airport, take bus 119 to "Nadrazi Veleslavin" station. Change to green metro line A in the direction of Depo Hostivar. At the "Muzeum" stop, change to red metro line C in the direction of Letnany, and stay until the final stop. Here, take the bus 413 at 16:00 to your final destination "Terezin, U Pamatniku". The campleader will be waiting for you there at 17:00 and take you to the accommodation.

Address: Ceske Kopisty 5, 412 01 Terezin
50.52482693923468, 14.16626919871175

2. COMMUNITY WORKCAMPS

Ghosts of the Ore Mountains

28/06 - 04/07/2024

RENO/MANU

Vols: 6 + 1 campleader

Age: 18+

Project: This workcamp will take place in the small town of Hroznetin, at the foot of the picturesque Ore Mountains in cooperation with the Local Action Group Krusne Hory (Ore Mountains). The LAG focuses on the support and development of the region through organizing and funding educational and cultural projects, connecting various stakeholders, preparing tourist brochures or co-organizing volunteer activities. The main aim of the workcamp is to introduce the volunteers to the cultural heritage (UNESCO) and natural beauty of the Krusne Hory and to present the local history and the importance of the work concerning the significance of the place. At this workcamp, you will actively contribute to the achievement of UN SDG11 Sustainable Cities and Communities.

Work: The work will be mainly manual and outdoors in all kinds of weather. It consists of grass cutting, raking, removal of trees, restoration of abandoned grave sites, and sweeping of roads. Planting of fruit avenues - digging holes, tree handling, planting, watering. Volunteers will be equipped with work gloves, shovels, picks, rakes and other necessary tools or equipment. Please bring some old clothes that may get dirty or even damaged, a raincoat in case of rainy weather and a hat in case of sunny weather.

Study part: You will learn about the history and a vision of the future development of the town Hroznetin, and learn about Czech culture and the beautiful nature surrounding the place.

Accommodation/Food You will be accommodated in the town community centre. Volunteers will have the whole floor for themselves. There is an equipped kitchen with a cooker, a fridge and a microwave. Wifi is available. Please bring a sleeping bag and a pillow (and bed sheets if you need them). Showers will be available at the local school, about 300 m away.

Lunch will be provided by the partner, vegetarian meals will be available, and the participants will be able to choose from the menu. Breakfast and dinner will be prepared by the volunteers themselves.

Leisure time: There is a possibility to arrange a trip to Karlovy Vary - a city famous not only for its world-famous spa but also for the Film Festival that will take place at that time. You can visit the town of Ostrov and its sights - the castle garden, also known as the 8th wonder of the world, the local monument zone in the city centre, the Prince's Palace, Ostrov Castle, beautiful churches and monasteries. A campfire with the local community will be arranged and if interested some local associations can present their activities.

Location: The workcamp takes place in Hroznetin, a small town in western Bohemia with about 2,000 inhabitants. There is a small grocery store, a school, and a post office. There is good phone reception. The closest cities are Ostrov (5 km) and Karlovy Vary (12 km) where you can find doctors, pharmacies and ATMS. The region is popular among tourists for its beautiful countryside near the Ore Mountains.

Requirements: Bring clothes and shoes suitable for work, a raincoat, a towel, a sleeping bag and a pillow. It is necessary to respect the quiet hours from 22:00 - 06:00, smoking is prohibited in the building. Work is outdoors in nature, dusty environment must be taken into account – the risk of allergic reactions.

Notes: We are looking for volunteers eager to get to know Czech culture and life in a small village.

Direction to the meeting point: Directly from the Prague airport, take the Regiojet bus at noon to the Karlovy Vary bus terminal. Get off at the bus stop “Karlovy Vary Terminal”. Then change to bus 420310 17 in the direction of “Hroznetin, nam.” leaving at 14:55. get off at the last stop “Hroznetin, nam.”, your compleader will be waiting there for you and take you to the accommodation. Please be aware that the journey will take you approximately 3 hours. Detailed travel information will be provided in the infosheet.

Address: Skolni 185, 362 33 Hroznetin

GPS: 50.31043326070934, 12.872122799999998

Summer in the Elbe Lowlands

30/06 - 12/07/2024

MANU/ENVI

Vols: 14 + 2 compleaders

Age: 18+

Project: The workcamp is organized in cooperation with the Local Action Group (LAG) Podlipansko in the small village of Dobrichov. The LAG focuses on the development of all parts of the region and helps to distribute European and state subsidies to improve the quality of life in the entire region. One of the projects is the reconstruction of the rectory with a neglected garden, which is in an unusable condition after years of no maintenance. Many ruins of old buildings of no historical value forbid a safe environment for the locals' visit. The goal of this project is to renovate the garden to make it accessible to the public for cultural or environmental events. At this workcamp, you will actively contribute to the achievement of the UN SDG11 Sustainable Cities and Communities.

Work: The rectory garden was full of woody plants, dry trees and things that time has brought and is surrounded by ruins of buildings without much historical value. The long-term goal is to restore the garden and instead build an open, living community garden that will be used year-round by the local community as a space for relaxation, community meetings and cultural events, especially with environmental content. Volunteers will help with the landscaping of the garden, construction of a fire pit, establishment of garden elements, removal of woody plants in the area of the future sports field, and sorting of construction materials. In case of heavy rain, volunteers will clean the unused part of the rectory. Most of the work will be outside and manual, so bring suitable clothes and shoes appropriate for work, long sleeves and pants are recommended.

Study part: Volunteers will visit the nearby Radim castle and participate in a workshop about the history of the rectory and the added value of their work.

Accommodation/Food: Volunteers will sleep directly in the rectory in two renovated rooms on sleeping

mats. There are 4 toilets, 2 showers, a small but well-equipped kitchen and a washing machine. WIFI is available. You will need to bring a sleeping bag and a pillow. You can also bring an inflatable mat for better comfort. Lunch will be provided by a local partner. Volunteers will be responsible for preparing their breakfasts and dinners from provided ingredients. Bring your favourite recipes and any special ingredients you might need for that. Vegetarian and vegan diets can be accommodated.

Leisure time: Football or volleyball tournaments with the local community, visit the nearby towns Pecky, Kolin and Kourim, table tennis, table football, piano, lacrosse, basketball, archery, badminton and more sports activities. Musical instruments are welcome.

Location: The project will take place in Dobrichov, which is a village of over 700 residents located 1 hour from Prague. Bigger towns, such as Kolin or Cesky Brod surround it. In the village, you can find a supermarket, a local pub, a soccer field, tennis courts, playgrounds, a church and more. An ATM and a pharmacy are both right in the city centre, not far away from the accommodation.

Requirements: Volunteers are not allowed to smoke on the premises of the town's rectory. Please bring a sleeping bag, a pillow, a mat, shoes and clothes for outdoor work that can get dirty or even damaged.

Notes: Beware of allergies: pollen, insects.

Direction to meeting point: From Prague airport, take bus 119 to the "Nadrazi Veleslavin" station. From here, take train Os 9827 to "Masarykovo Nadrazi" at 15:01 where you need to change to train Os 9341 to "Pecky" at 15:58. Lastly, you will walk from Pecky to Dobrichov (approx. 17 mins), your campleader will guide you. Detailed information will be provided in the infosheet.

Address: Dobrichov 24, 289 11, Dobrichov.
GPS: 50.07524346206267, 15.034075618352285

Build a Community Café in the Heart of Europe

08/07 – 17/7/2024

RENO/MANU

Vols: 8 + 2 campleaders

Age: 18+

Project: The workcamp is organized in cooperation with the Local Action Group (LAG) Podlipansko and the Rozmaryna Association. The LAG is the umbrella organization of the Rosemary Association which is engaged in the promotion and organization of community, educational, cultural, charitable and environmental events and activities. The association is based in a picturesque town Kourim in a medieval rectory with a large parish garden which is gradually being rebuilt for community, social and cultural activities. The main objective of this workcamp is to prepare the space for a new café, enable the local community to meet new people and get to know other cultures, customs and traditions. At this workcamp, you will actively contribute to the achievement of UN SDG11 Sustainable Cities and Communities.

Work: Volunteers will be cleaning the old barn, restoring the original pavement in the front of the garden and thus creating a pathway leading to the cafe and the back of the garden, moving the stacked bricks from the front of the garden to the back, laying a new brick floor in the future café and building a new

brick wall. The work is not suitable for everyone and is not too physically demanding. The main goal is to have a coffee together at the end of the workcamp in the newly built space. Bring suitable clothes and shoes that can get dirty or even damaged during the work.

Study part: Guided tours of the local museum, church, bell tower, open-air museum, fortification system of the town, visit to the astronomical centre of Europe, creative workshops (work with wool, clay, batik, production of homemade liqueur, blacksmith's shop).

Accommodation/Food: Volunteers will be accommodated in the clubhouse of the association where beds and mattresses are available. There are 2 main living rooms with vaulted ceilings, a kitchen, a bathroom with washing machine and 2 toilets. The garden is divided into 2 parts - the first serves as a play area for children and a meeting place, and the second is a utilitarian community garden with a fireplace. Wifi is available. Volunteers will prepare food together in cooking teams from ingredients provided by the local farmers.

Leisure time: Volunteers can visit Regional Museum Kourim with its archaeological collection, Museum of Folk Buildings (open-air museum), St. Stephen's Church with St. Catherine's rotunda, a bell tower with bells hanging upwards, go on a trip to Kolin, Kutna Hora, Nymburk, Prague or Podebrady, visit a swimming pool or lake Podebrady. Directly at the rectory, there is also a possibility to play table tennis, pétanque or other sports.

Location: Kourim is a town in the Central Bohemian Region of about 2,000 inhabitants. There is evidence of human settlement from the Early Stone Age, roughly 3000 years BC. The nearest bigger towns are Kolin, Kutna Hora and Podebrady. There is a church, several supermarkets, an ATM and a pharmacy. Phone coverage is good.

Requirements: Bring a sleeping bag, a pillow and comfortable clothes and shoes suitable for work.

Notes:

Directions to meeting point: From the airport take the bus 119 to Nadrazi Veleslavin stop. Change to green metro line A in the direction of Depo Hostivar, get off at "Muzeum" and change to red metro line C in the direction of Letnany, go 1 stop and get off at "Hlavni Nadrazi" stop (main railway station). From there, take the train EC 129 Valassky Expres at 13:19 to the direction of "Puchov" and get off in Kolín at 13:58. Go in front of the train station and find bus 424 in the direction of „Zdanice“ leaving at 14: 32. Get off in 45 minutes at „Kourim“ stop where your compleader will be waiting for you.

Address: Mirove namesti 124, 281 61 Kourim
GPS: 50.00228626892112, 14.976968084657447

Green Oasis in Odolena Voda

03/08 – 17/08/2024

MANU/ENVI

Vols: 15 + 2 camp leaders

Age: 18+

Project: This project is organized in cooperation with the town of Odolena Voda, which is responsible for the management and development of the city. Its main duty is to provide a quality life for the local community, take care of public areas and the greenery surrounding them, and develop education and culture in the city. The goal of this workcamp is to transform the former gardening colony into a public park and so create a meeting place for the local community - a place where children can play and adults can relax. In this project, you are actively contributing to the achievement of the UN SDG11 Sustainable Cities and Communities.

Work: Volunteers will work on a small urban intervention - the removal of fences and cleaning of former gardens for the needs of community meetings. Today, the gardens are fenced with an old fence and overgrown; the area should be cleaned and tidied, possibly supplemented with small game elements. Work tasks will include - the removal of old fences, bushes, waste and remnants of garden sheds. Production of simple furniture - benches, swings.

Study part: Workshop on public space - lecture on the concept of public spaces in the city, followed by discussion and brainstorming on the topic. Excursion to the local baroque church, literary evening in the house of a local poet, meeting with the local community - visit to the local volunteer fire-fighters (fire attack, demonstration of techniques), visit of the archery club.

Accommodation/Food: You will be accommodated with camp beds in a local elementary school, where you will be divided into three separate rooms. You will have access to three bathrooms and five toilets. Bring your sleeping bag. WiFi will be available. You will prepare meals together as a group in the school's well-equipped kitchen.

Leisure time: You will have access to facilities where you can play volleyball, soccer, basketball, or even try archery. There is also a skate park or a lake where you can swim. Otherwise, you can go for a walk around the city or visit a local restaurant.

Location: Odolena Voda has a population of around 6,500 people and is located around 25 minutes by bus from Prague. There is a nice city centre where you can take a walk. It has a few restaurants and also a supermarket. Phone coverage is very good in the area, there is an ATM and a pharmacy in the town.

Requirements: Bring a sleeping bag and clothes and shoes suitable for work that can get dirty - sturdy shoes, long pants and a long shirt or T-shirt for protection when working on green removal.

Notes: The project is especially suitable for people who are not scared of manual work.

Direction to meeting point: From Prague airport, take bus 119 to the "Nadrazi Veleslavin" stop. Change

to green metro line A in the direction of Depo Hostivar, get off at "Muzeum" and change to red metro line C in the direction of Letnany, go 1 stop and get off at "Hlavni Nadrazi" stop (main railway station). From there, you will move to a bus station (around 5 minutes from the train station) and take "Bus 373" at 13:10 and get off at "Odolena Voda, Komenskeho", from where your campleaders will pick you up and walk you to the accommodation (3 mins).

Address: Skolni 200, 250 70 Odolena Voda, Czech Republic
GPS: 50.229493728090276, 14.412876722531987

Get creative, paint cabins, drink Mattoni!

18/08 - 27/08/2024

RENO/MANU

Vols: 10 + 2 campleaders

Age: 18+

Project: This workcamp is organized in cooperation with Local Action Group Krusne hory (LAG Ore Mountains) and the municipality of Kyselka. This LAG focuses on the support and development of the region through organizing and funding educational and cultural projects, connecting various stakeholders, preparing tourist brochures or co-organizing volunteer activities. Kyselka is located 11 kilometres from Karlovy Vary in the forested valley of the Ohre River and its history is associated with Heinrich Mattoni and the spa industry. The aim of this workcamp is to renovate cabins at Ontario Recreation Area. At this workcamp, you will actively contribute to the achievement of UN SDG11 Sustainable Cities and Communities.

Work: The subject of the work activity is the repair of 2 larger cabins in the recreation area. Specifically, it will be surface modifications of the cabins (except for the roof) - sanding the exterior and interior walls of the cabins, new paint, and minor repairs. Furthermore, repair of the outdoor terrace in front of the cottage - removal of old floorboards and laying of new ones, including necessary coatings, minor interior repairs, and woodwork. The work is not physically demanding, but it is necessary to count work in the position of raised hands, work from the ladder, paint the upper part of the walls of the cabins, handle lumber material for the terrace, clean the material, etc. No previous experience is required, bring clothes and shoes that can get dirty or damaged and a raincoat.

Study part: Getting to know the local history connected with the name of Heinrich Mattoni and the spa in the village of Kyselka - a tour of the former spa area, Mattoni trail, Mattoni museum, Bučina lookout tower, visit to the reconstructed historical cinema, Radošov - historical wooden bridge, church

Accommodation/Food: You will be accommodated in cabins directly on the premises of the Ontario Recreational Area. You will sleep on beds and blankets, pillows and bedsheets will be provided. The bathrooms are in another building. You can use a washing machine if you need to. There is no heating or air conditioning in the cabins. WiFi is available in the central building. Basic kitchen equipment - cooker, kettle, cups, glasses, casserole, etc. will be available in the hut. Lunches will be provided by the locals, and breakfast and dinner will be prepared by the volunteers.

Leisure time: You will have a chance to meet with the local community in a joint event, e.g. forest clearing or landscaping for the creation of a park, the possibility of joint sports activities or sitting around a campfire. In case of interest, it is possible to arrange boats for an afternoon ride down the Ohre River.

Location: The Ontario Recreation Area is located in Kyselka near Karlovy Vary in the western part of the country. Kyselka means acidulous mineral water which is produced in the village. It is a very popular bottled water sold in the Czech Republic called Mattoni. In the Ontario Recreational Centre, there is a central building, wooden cabins, sanitary facilities, a pub, a playground, a fireplace, and a swimming pool. The phone coverage is good. The closest cities are Ostrov and Karlovy Vary, famous for the film festival, where you can find all the services such as ATMs, grocery stores and pharmacies.

Requirements: Bring suitable clothes and shoes for work, a raincoat and a towel. You need to respect the other people accommodated in the Ontario Recreational Area, especially the quiet night hours. It is prohibited to smoke inside the cabins. Workcamp is suitable for anyone who loves nature, is not looking for perfect comfort and is willing to explore the local beauty on their own.

Notes: Beware of allergies - dust, pollen etc.

Directions to the meeting point:

Directly from the Prague airport, take the Regiojet bus at 15:00 to Karlovy Vary Terminal bus station. Then change to bus 420313 23 at 17:15 and get off at the Kyselka stop where your campleader will pick you up at 17:40. Detailed travel information will be provided in the Infosheet.

Address:

Radosov 30, 362 72 Kyselka

GPS: 50.27662816054308, 12.996725142328723

Create a Place of Culture and Reconciliation

01/09 – 15/09/2024

RENO/MANU

Vols: 12 + 2 campleaders

Age: 18+

Project: The workcamp is organised in cooperation with the town of Ceska Kamenice located on the borderline of three protected landscape areas in the Northern Bohemian region. The workcamp will take place in the town and in the nearby valley, where ruins of the former concentration camp of Rabstejn lie. The goals of the workcamp are two: 1) to maintain and rehabilitate the former Rabstejn concentration camp area, and 2) to renovate the upper floors of the Cultural House for cultural and social activities and expand the cultural offer to the local population as well as visitors from elsewhere. At this workcamp, you will actively contribute to achieving the UN SDG11 Sustainable Cities and Communities.

Work: Volunteers will help with the renovation of the Cultural House for its further use for cultural and social purposes. Volunteers will clean the upper floors where the parquet floor needs to be painted, floors sanded, etc. Volunteers will also spend 2-3 days in Rabstejn Valley and work on ongoing

maintenance of the ruins of the former prison barracks, they will be also removing trees and cleaning up tourist paths, painting fences or benches.

Study part: Volunteers will take part in excursions to the nearby areas, a trip to the partner city in Germany, guided sightseeing tour of Ceska Kamenice. There will also be a meeting with witnesses (displaced Sudeten Germans, some of whom lived directly in the Rabstejn concentration camp after the war before they were relocated) and students of the English College of Prague, which will be conducted in the form of lectures and discussions.

Accommodation/Food: Volunteers will be accommodated in the town's tourist hostel. There will be rooms with beds, an upstairs common room and an equipped kitchen with fridge, stove, oven and microwave. On each floor, there are 2 bathrooms with showers, toilets and a washing machine. Wifi is available. Volunteers will cook for themselves from the provided ingredients and eat in the common room or outside.

Leisure time: Volunteers can go on a trip to the surrounding areas. There are three protected landscape areas, Czech Swiss National Park, and many cultural monuments. There is also a swimming pool, a sports complex (ball games and outdoor tennis/badminton courts), a water park and Via Ferrata in Decin, a slackline, etc. Feel free to bring your musical instruments.

Location: The workcamp will be held in the town of Ceska Kamenice is located in the north of Bohemia on the borderline of three protected landscape areas. The nearest one is Bohemian Switzerland National Park just on the outskirts of the town. Approximately 5,100 inhabitants live here. The city centre consists of a well-preserved urban heritage zone with several cultural monuments. For these reasons, the town is a natural centre of tourism. There are shops, a pharmacy, an ATM and several cafés and restaurants. The phone reception in the town is good. In the nearby Rabstejn Valley lie the ruins of the former concentration camp. Here the phone reception might be weak.

Requirements: Bring warm clothes and footwear suitable for work and hiking, including waterproof clothing, and a towel. Bring your favourite national recipes to prepare for the others and if you need any special ingredients from your country, take them along.

Notes: The workcamp is especially suitable for volunteers who would like to get to know the history of the region and who enjoy working outdoors.

Direction to meeting point: From Prague airport, take bus 119 to the "Nadrazi Veleslavin" stop. Change to green metro line A in the direction of Depo Hostivar, get off at "Muzeum" and change to red metro line C in the direction of Letnany, go 1 stop and get off at "Hlavni Nadrazi" stop (main railway station). At 14:45, take train R 686 Labe from "Praha hlavni nadrazi" to "Decin hlavni nadrazi". At 16:36, take train Os 6660 from "Decin hlavni nadrazi" to "Česká Kamenice". Arrival at 17:05. Your campleader will be waiting there for you and take you to the accommodation.

Address: Dukelských hrdinů 183, 407 21 Ceska Kamenice
GPS: 50.80086545397653, 14.430797267800283

Mingle with the locals in Dysina

26/08 – 09/09/2023

MANU/FEST

Vols: 7 + 2 campleaders

Age: 18+

Project: This project is organized in cooperation with the municipality of Dysina located in north-western Bohemia, near Pilsen. The village has had a long tradition of ironworks and because of this Dysina has lost its village character and has become more industrial. There is a monument to Gen. Patton who liberated the west and southwest of Bohemia at the end of WWII with his army and the community still maintains contact with the descendants of this American general. The goal of the workcamp is to help with the maintenance of the green areas, organize a traditional harvesting festival and prepare a local primary school and a kindergarten for the beginning of the new school year. At this workcamp, you will actively contribute to the achievement of UN SDG11 Sustainable Cities and Communities.

Work: You will help with the maintenance of public places (cutting bushes and grass, raking, landscaping etc.), renovation and maintenance of the local kindergarten and primary school. The new school year will start at the beginning of September, so you will have a chance to meet local children and prepare a presentation about your country and culture. Bring something special from your home country which could be suitable for such an activity (games, music, pictures, etc.). You will also help with the organisation of the traditional harvesting festival where you can mingle with locals. Bring clothes and shoes suitable for work and a raincoat.

Study part: You will have a chance to tour around the Greengate Golf + Leisure Resort Pilsen and visit horse stables. You will learn about the village of Dysina and its history. Be ready to present your country to the local community and the children.

Accommodation/Food: All the volunteers will sleep together in the local community centre in a big room. Bring your mat and a sleeping bag. There is also a common room with a kitchenette and a toilet. A washing machine is available. There is free WiFi too. Showers will be available in the football club about 10 mins walk from the accommodation. Breakfast and lunch will be provided in the local school canteen. Dinners and all the meals during the weekend will be prepared by the group from provided ingredients. A vegetarian and vegan diet is possible.

Leisure time: You can go on a trip to Pilsen (visit the famous brewery, cultural and historical monuments, museums, etc), visit the spa towns in the west of Bohemia, swim in a natural swimming pool, do sports in the sports ground near the accommodation, play board games, etc.

Location: Dysina is located in northwestern Bohemia. There is a primary school and a kindergarten, a general practitioner, a pharmacy, a football pitch, a swimming pool, a post office, a shop, a restaurant and a Golf Park (Greensgate). Around 1,900 inhabitants live in the village surrounded by a stunning landscape. There is a church dedicated to The Holiest Trinity of Simon and Judah where a mass is held on Sundays. The closest city is Pilsen, located about 10 km from Dysina, where you can also find pharmacies and ATMs.

Requirements: Bring a mat, a sleeping bag and suitable clothes and shoes for work. Bring your favourite recipes or any special ingredients you might need to share your national dishes with others. Do not forget to bring traditional objects/clothes/pictures/games you might need from your home country to present your own culture to the local community and the children.

Notes: We are looking for responsible and passionate volunteers who are interested in working outside and eager to get to know what life in a small Czech village looks like.

Direction to the meeting point:

From the airport take the bus 119 to Nadrazi Veleslavin stop. Change to green metro line A in the direction of Depo Hostivar, get off at "Muzeum" and change to red metro line C in the direction of Letnany, go 1 stop and get off at "Hlavni Nadrazi" stop (main railway station). From here take the train EC 354 Bavorsky Express at 13:23 to Pilsen main train station where you will arrive at 14:58. You need to change to bus Bus 470231 14 leaving from platform 4 at 15:00. In 20 mins you will arrive at Dysina where your camp leader will be waiting for you and take you to the accommodation. Detailed travel information will be provided in the infosheet.

Address: Pratelstvi 281, 330 02 Dysina

GPS: 49.777516376369675, 13.495845654949099

3. RENOVATION/CULTURAL HERITAGE WORKCAMP

HeartBeats for Historical Brewery

28/6-11/7/2024

RENO/MANU

Vols: 12 + 2 campleaders

Age: 18+

Project: This workcamp is organized in cooperation with the Association for the Renovation of the Brewery in Janovice which in 2018 took over the more than 200-year-old and neglected brewery in the village of Janovice in northern Moravia. This workcamp aims to reconstruct, revitalize and clean up the old brewery to fulfil the long-term goal of the association – to turn the brewery into a local cultural centre for residents of Janovice. At this workcamp, you will actively contribute to the achievement of UN SDG11 Sustainable Cities and Communities.

Work: The main task of this workcamp is the reconstruction of the historic wall that was once the edge of the horse stable on our property. The work of reconstructing a wall is not too exhausting and is suitable for all genders and ages; patience and determination are key qualities. In addition to this, smaller tasks such as removing the woody plants around the building, collecting rubbish, cleaning the cellars etc., are also on the agenda. Working boots are essential, and we recommend taking a headlamp or other flashlight.

Study part: Volunteers will start the workcamp with the workshop "Reconstruction of Historical Stone Walls". There will be a possibility to have a guided tour of the castle including a tour around the brewery, visit the local museum, the brocade production exhibition, or the region's outstanding Baroque sacred monument.

Accommodation/Food: You will be accommodated in an apartment directly in the brewery. The apartment consists of a fully equipped kitchen, a living room, a bathroom with a shower and 2 toilets. Volunteers can sleep in the living room or there is also another smaller bedroom on mattresses in the sleeping bags. Bring your sleeping bag and a mat (and a small pillow if you need). The washing machine, dryer, hairdryer, shower gels and shampoos are available. Wifi is also available. The volunteers will cook the meals together in the fully equipped kitchen from the provided ingredients. Vegan and vegetarian meals are possible.

Leisure time: Trip to Karlova Studanka (a unique mountain spa with preserved buildings from the late eighteenth century), Sovinec Castle, the highest mountain in Moravia Praded or the largest waterfalls in northern Moravia. In addition, there are plenty of locations within walking distance that provide spectacular views of the mountain panoramas. On the grounds of the chateau, you can visit the exhibition of the National Heritage Institute in the chateau building.

Location: The workcamp takes place in Janovice near Rymarov in a protected landscape area of the Jeseniky mountains. Janovice is a small village with 670 inhabitants located in the foothills of Praded Mountain (the highest peak of Jeseniky Mountains), therefore offering many fantastic trips. There is a

grocery store in the village and a good phone reception everywhere. The closest ATMs and pharmacies are located in the nearby town of Rymarov.

Requirements: Bring a sleeping bag and mat. We also recommend to pack a water bottle, sunscreen, sunglasses and a hat.

Notes: Beware of allergies: dust. The workcamp is open to everyone, the work can be adjusted to accommodate everyone's physical ability.

Directions to the meeting point: From the airport take the bus 119 to Nadrazi Veleslavin stop. Change to green metro line A in the direction of Depo Hostivar, get off at "Muzeum" and change to red metro line C in the direction of Letnany, go 1 stop and get off at "Hlavni Nadrazi" stop (main railway station). Take Regiojet train RJ 1007 towards Havirov at 11:50 and get off at 13:40 in Zabreh nad Morave. Change to train Os3724 towards Kouty n. Desnou at 14:08, and get off in Sumperk at 14:26. Then walk 5min to catch a bus 920 towards Ostrava from Sumperk bus station at 14:35. Get off the bus on the stop Rymarov Janovice Zamek at 15:26. Please note that it takes close to 4 hours to get there from Prague. The exact info will be provided in the infosheet.

Address: Zamek 11/3, Janovice, 793 42 Rymarov
GPS: 49.94736203449398, 17.250107489191997

Rebuild the history of Sudeten school

08/07 - 18/07/2024

RENO/MANU

Vols: 8 + 2 team leaders

Age: 18+

Project: This workcamp is organized in cooperation with the association Skola na hranici (School on the border) which operates the former school in the village of Pisečne located on the southern border with Austria. Until WWII the village of Pisečne was inhabited by Jews, Germans and Czechs. The school was built 120 years ago by the local German community to teach children German. Nevertheless, in the last decades, the school was empty. The association aims to sensitively renovate the school building and organize cultural, sporting and other leisure events for adults and children regardless of nationality, mother language or age. The aim of the workcamp is to help with the renovation. At this workcamp, you will actively contribute to the achievement of UN SDG11 Sustainable Cities and Communities.

Work: The work will be mostly manual such as sanding old window frames, painting windows and doors, painting interior walls using traditional methods, restoring of garden gazebo, relocating construction debris and cleaning the tomb of the Collalto family. Please bring suitable shoes and clothes that can get dirty or damaged. No previous experience is required; the work will be adjusted to the individual abilities of each volunteer.

Study part: You will meet with representatives of the local community, take a tour of the village, tour of Jewish monuments, World War II fortifications and the remains of the Iron Curtain in the village and its

surroundings. You will also get lectures on local history and architecture. An international evening will also be organised.

Accommodation/Food You will be accommodated in shared rooms on bunk beds, sheets and blankets will be provided. There are 3 shared bathrooms and 4 toilets in the building. Please, bring your towel. There is no washing machine. WIFI is available. Volunteers will cook their meals together from provided ingredients. Vegetarian or vegan meals are preferred.

Leisure time: You can go on a trip to see the nearby sites such as the historic towns of Slavonice, and Jemnice, the national park Czech Canada, Jewish monuments nearby, and the Iron Curtain Memorial. You can have a refreshing swim in the river Dyje, play ball games at the local sports centre, and make a campfire in the garden. In the school building, there is a yoga studio and a lounge with a library.

Location: Pisečne is a small village near the Austrian border with only 485 inhabitants. In the village, there is a shop, a post office, a sports centre, and a pub. ATM, pharmacy and other services and shops are available only in a nearby town Slavonice, approximately 10 km from Pisečne. The phone coverage in the village is good.

Requirements: Bring suitable clothes and shoes for work, typical games and ingredients from your country that you can share with others and a towel.

Notes: The workcamp is suitable for volunteers interested in history and architecture.

Direction to the meeting point: From the airport take the bus 119 to Nadrazi Veleslavin stop. Change to green metro line A in the direction of Depo Hostivar, get off at "Mustek" and change to yellow metro line B in the direction of Cerny Most, go 2 stops and get off at "Florenc" stop. From here, at noon take the Regiojet bus 1831023 in the direction of Znojmo that leaves from platform 23. Get off at 14:31 on "Moravske Budejovice, aut.nadr." stop. Go for coffee or ice cream while you wait on connecting bus 340376 18 which leaves at 16:20 and takes you to Pisečne. You should arrive around 17:25. Your compleader will pick you up and take you to the accommodation. Please be aware that the journey will take you approximately 5,5 hours. Detailed travel information will be provided in the Infosheet.

Address: Pisečne 26, JindrichuvHradec, 37872
GPS: 48.96602950075401, 15.45925217215629

Cultivate Rochlov Castle Gardens

08/07 – 21/07/2024

MANU/FEST

Vols: 6 + 1 compleader

Age: 18+

Project: The workcamp is organized in cooperation with the Local Action Group (LAG) Radbuza. LAG Radbuza aims to protect regional values such as well-preserved nature, aesthetic landscape, local culture and healthy environment; and to support citizen initiatives at the local and regional level, including

support of small enterprises, housing, education, use of leisure time, etc. The main goal of the workcamp is the cultivation of the gardens and the castle park which will improve the quality of life for the neighbourhood, support sustainability and better management of local plants and natural resources in Rochlov. At this workcamp, you will actively contribute to the achievement of UN SDG11 Sustainable Cities and Communities.

Work: The work activities will include: 1) Work in the castle's gardens: cultivation of garden beds and herb garden, arrangement of decorative flower beds around the premises, preparation for building new gardens, and planting of new plants. 2) Baroque Festival: During the workcamp (20/7), the traditional Baroque Festival will take place at the castle – volunteers will help with setting up tents, placing the navigation signs, and cleaning the area. Volunteers are welcome to join the festivities afterwards to better understand the local culture and history. 3) In case of rainy weather, the volunteers will help with the adjustment of the sheepfold, cleaning the interior of the castle or helping with packaging coffee in the roasting plant. The work is light to moderate, and suitable for people of all ages and genders.

Study part: Through trips and excursions to nearby towns and villages (Marianske Lazne, Utery, Cheb, Chotěšov), volunteers will be introduced to West Bohemia and its rather complicated history. Volunteers will also visit Pilsen and its famous brewery and museum of Pilsner Urquell.

Accommodation/Food: Volunteers will be accommodated in two buildings approximately 70 metres apart. One building has 2 rooms with 2 beds, a kitchen with a small fridge and a bathroom with a shower. The other building has 2 beds and a shared bathroom with a shower and a kitchen. A washing machine is also available. Wi-Fi included. Volunteers need to bring their towels. Some meals will be cooked by the volunteers themselves. Some will be prepared at a local restaurant. Volunteers can get coffee or tea from the coffee-roasting plant.

Leisure time: Volunteers can go for a trip to the lake or dam. There is a football pitch, an improvised gym, darts and many beautiful routes for cycling or running.

Location: Rochlov is a small traditional village in western Bohemia with only 310 inhabitants. There is a supermarket, a restaurant and a coffee-roasting plant. Phone coverage is good. ATMs and pharmacies are located only in nearby villages. Nevertheless, it is no problem to take the volunteers there by car if they need to. The closest biggest city is Pilsen.

Requirements: There are many dog owners in the village. We require volunteers to respect the animals. Bring a towel and your local food or sweets to share with others.

Notes:

Directions to the meeting point: From the airport take the bus 119 to Nadrazi Veleslavin stop. Change to green metro line A in the direction of Depo Hostivar, get off at "Muzeum" and change to red metro line C in the direction of Letnany, go 1 stop and get off at "Hlavni Nadrazi" stop (main railway station). Take the train IC562 Zapadni Express at 12:35 and get off at Plzen at 13:58. At 14:18 get on the train Os7416 to the direction of Domazlice, and get off in Nyrany at 14:36. There you will find your last connection, train

Os27418 to the direction of Hermanova Hut at 14:40. You will arrive to Rochlov at 14:49 and your campleader will be waiting for you.

Address: Rochlov 1, 330 23 Rochlov
49.73146750710711, 13.145056738743662

Treasures of Jewish culture in Holesov

16/07 – 28/07/2024

RENO/FEST

Vols: 6 + 1 campleader

Age: 18+

Project: The workcamp is organised in cooperation with Municipal Cultural Center Holesov, a non-profit organization that manages most of the Jewish monuments in the city and organizes the Festival of Jewish Culture. It takes place in Holesov, a small Moravian town, known for its large pre-war Jewish community. This community was almost exterminated during World War II and there are very few members left today. There is an important Jewish heritage in Holesov – an old synagogue and also a grave of one of the greatest Jewish scholars - Rabbi Shakh. The goal of this workcamp is to maintain the Jewish cemetery, help with the organization of the festival and learn about Jewish heritage. At this workcamp, you will actively contribute to the achievement of UN SDG11 Sustainable Cities and Communities.

Work: Most of the time you will work at the Jewish cemetery and in the Shakhs synagogue where you will help with the maintenance of outdoor areas (cleaning pavements, weeding, cutting and raking grass, maintaining graveyards, etc.) You will also help with the preparation of the Jewish Culture Festival which takes place in Holesov during the workcamp. Please, bring suitable shoes and working clothes. You will also work on the weekend (because of the festival) but you will get enough time off on other days.

Study part: You will learn a lot about Jewish culture and its heritage through visiting local monuments and experiencing the Jewish Culture Festival (concerts, performances, films etc.). You will also have a chance to meet the local community during a barbecue or at a traditional lunch with the representatives of the town.

Accommodation/Food: Volunteers will be accommodated in a house near the place of work, sleeping on mattresses. Please, bring a sleeping bag. There are 2 toilets, and showers are part of the castle complex approximately 500 meters from the accommodation. WIFI is not available in the building - only at the synagogue and the castle. Volunteers will cook meals together as a group.

Leisure time: In the free time volunteers can go on a trip to the UNESCO site of Kromeriz, visit the pilgrimage hill of Hostyn or the open-air museum of folk architecture in Rymice. You will also have free entry to all cultural activities organized by the Cultural Center.

Location: The project takes place in Holesov (12,000 inhabitants), a historical town located in the south-east of the Czech Republic. It is well known for its important Jewish heritage such as a rare

synagogue from the 16th century or Holesov cemetery - an important place of pilgrimage for Jews. There is good phone coverage everywhere around the town, ATMs and pharmacies.

Requirements: Please beware that the work will take place outdoors and suitable clothes and shoes are needed. We recommend a hat to protect from the sun and a raincoat in case of light rain. Please bring a sleeping bag.

Notes: Volunteers interested in the Jewish or Moravian culture are especially welcome and we happily learn something about their cultural background.

Directions to the meeting point: From the airport take the bus 119 to Nadrazi Veleslavin stop. Change to green metro line A in the direction of Depo Hostivar, get off at "Muzeum" and change to red metro line C in the direction of Letnany, go 1 stop and get off at "Hlavni Nadrazi" stop (main railway station). Take the train R 891 Slovak Express towards Luhacovice at 13:03 to Hulin, and then change to the train Os 13914 towards Bystrice at 16:04, getting off in Holesov at 16:13. Detailed travel information will be provided in the Info sheet.

Address: Zamecka 1279, 769 01 Holesov
49.33368267709703, 17.581475269391802

4. SOCIAL WORKCAMPS

SDA 300 Summerland for Children

03/08 - 11/08/2024

CHIL/EDUC/LANG

Vols: 8 + 2 campleaders

Age: 18+

Requirements/note: certificate of good conduct, medical form, motivation letter

Project: This workcamp is organised in cooperation with the Kobes community centre in Kysice, which provides not only leisure, cultural and educational activities for citizens but also social, psychotherapeutic and financial counselling services. The centre strives for the inclusion of excluded and disadvantaged individuals and families and actively supports community life. Volunteers will work mainly with children and help with the organization of the children's camp. At this workcamp, you will actively contribute to the achievement of the UNSDG4 Quality Education.

Work: Volunteers will help with the organization of a suburban camp (Mon-Fri 8:30 AM to 4:00 PM) for children from 4 to 7 years old. Volunteers will help to prepare and implement program activities but there will be space to introduce individual volunteers' ideas. The theme of the camp is "Ferda the Ant and Life in the Meadow". One full-day trip with children is planned. The goal of the workcamp is also to pleasantly disrupt the daily routine of village life, awaken interest in others, create an opportunity to meet various people from different countries, break the stigma and open the doors to different worlds.

Study part: While working with children, volunteers will be introduced to developmental psychology, and the mental health primary prevention program and have the opportunity to practice different approaches to working with children and resolving conflict situations. The group will also visit the West Bohemian Museum and learn about the history of Pilsen and its surroundings. Volunteers will also see several educational films related to the topics of non-freedom, social networks, and the environment.

Accommodation/Food: You will be accommodated in the community centre with a fully equipped kitchen, common room (equipped with a projector, 3D virtual reality and table football), workshop room, a gym and a garden. WIFI is available. On the upper floor, there are 2 showers and toilets. Downstairs toilets are adapted for people with disabilities. Please, bring your sleeping bag and a mat. From Monday to Friday lunch will be provided, and breakfast and dinner will be prepared by the volunteers. During the weekend volunteers will cook all the meals for themselves. Vegetarian and vegan food options are possible.

Leisure time: In their free time, volunteers can go swimming at Lake Ejpovice or visit the swimming pool, take a day trip to Prague or hike - Radyne castle, along Berounka river, Kokotske ponds, Rokycany town, Kozel castle and others. During the workcamp, cultural evenings will be organized together with the citizens of the village.

Location: Kysice is a small village with 1 100 inhabitants surrounded by forest. The closest bigger city is Pilsen (6 km, accessible by bus running every hour). There is a grocery store, a pub, a post office and

several sports facilities. About 2km from the accommodation there is a lake ideal for swimming or wakeboarding.

Requirements: During the children's camp from 8:30 AM to 4 PM, drinking alcohol and smoking are strictly prohibited. You will have an opportunity to introduce your country to the locals - bring a special item that represents your country and ideas for games and activities.

Notes: In the motivation letter state your previous experiences (if any) with working with children and describe your concrete motivation for joining this camp.

Direction to the meeting point: From the airport take the bus 119 to Nadrazi Veleslavin stop. Change to green metro line A in the direction of Depo Hostivar, get off at "Muzeum" and change to red metro line C in the direction of Letnany, go 1 stop and get off at "Hlavni Nadrazi" stop (main railway station). Take the train IC562 Zapadni Express at 12:23 and get off at Plzen at 13:58. Take the bus 440253 107 to the direction of Dysina Nova Hut at 14:40 and get off in Kysice at 14:59. Your campleader will be waiting for you.

Address: Naves 95, Kysice, 33001

GPS: 49.754869163880706, 13.485175425253821

SDA 301 Organize an adventure camp for children

14/8-25/8/2024

EDUC/CHIL/LANG

Vols: 8+2 campleaders

Age: 18+

Requirements/notes: certificate of good conduct, medical form, motivation letter

Project: This workcamp is organized in cooperation with the Local Action Group Mezi Hradý ("Between Castles") that strives to improve the quality of the environment in the 20 cities between the famous castles Karlstejn, Krivoklat and Tocnik in Central Bohemia. Mezi Hradý unites various regional stakeholders and implements activities to support community life. The aim of the workcamp is to help to prepare and implement an experiential program full of games and activities for the children's English camp. Intercultural education is important in today's world, as it helps children manage fears, prejudices and stereotypes and leads them to greater tolerance and respect for foreign cultures. At this workcamp, you will actively contribute to the achievement of the UN SDG4 Quality Education.

Work:

Volunteers will prepare and implement a program full of games and activities for the children's camp which will be held from Monday to Friday (19-23.8.), from 8 AM to 4 PM. The camp is organized by Hyskov Municipal Office and intended for kids aged 7-14. Volunteers will spend the first days with preparation (games, sports or creative activities etc.) and organization under the guidance of an experienced campleader. During the implementation of the camp, the volunteers will take turns, according to a schedule. The language of the camp will be English and it is assumed that the children will be motivated to participate and learn about different cultures. One-day volunteering event will be

organized. Children and volunteers will help the village with cleaning the public areas, raking the cut grass etc.

Study part: Workshop and training with a professional skipping rope coach. Visit the Rückl Glassworks – the tradition of Czech glassmaking.

Accommodation/Food: Volunteers will be accommodated in the social and info centre, a two-floor building with a community garden and fireplace. On the ground floor, there are 2 toilets, a common room and a kitchen. You will sleep in a larger attic room. Bring a sleeping bag, pillow and a mat. WIFI is available. Upon agreement, you can use the washing machine at the municipal office. Showers are in the sports hall 1 km away. There is a well-equipped kitchen in the accommodation. You will cook your meals, except during the camp when you will eat with the children (typical Czech cuisine).

Leisure time: Hiking in the Krivoklat region, visiting lookout towers, castles and chateaux (Nizbor, Krivoklat, Karlstejn, Tocnik), food festival or wine festival in Beroun, a trip to Prague, renting paddleboards, participating in a local football match.

Location: The village of Hyskov is located in the valley of the Berounka River, in the district of Beroun, Central Bohemia. Approximately 2100 inhabitants live in the village. Thanks to its location it is a popular area for tourism and recreation, especially as a starting point for the Krivoklatsko Natural Protected Area. The transport connection to the village is good by bus (16 min) or by train (7 min) from Beroun (from Prague to Beroun approx. 35 minutes by train). The telephone connection in the village is good and close to the workcamp site there is an ATM but no pharmacy.

Requirements: During the children's camp from 8 am to 4 pm, drinking alcohol and smoking are strictly prohibited. Bring sports clothes and shoes, a backpack (not a suitcase), a raincoat, swimwear, a water bottle and a lunch box. You will have an opportunity to introduce your country to the locals - bring a special item that represents your country.

Notes: Workcamp is suitable for volunteers who like to work with children and want to get to know Czech culture. The physical load is low. The mental one is slightly larger depending on the activity of the children ☺

Directions to meeting point: From the airport take bus number 100 to Zlicin. Change to bus 384 leaving at 13:50 in the direction of Zdice. Get off at the “Beroun, U Cerneho kone” stop at 14:16. Wait 15 minutes and from the same stop take bus 631 at 14:35 in the direction to Nizbor. Get off at “Hyskov, Na Krete” stop at 14:44 where your compleader will be waiting for you and take you to the accommodation (2 mins walk)

Address: Na Krete 183, 267 06 Hyskov

GPS: 49.989380190000475, 14.057106453386531

5. ENVIRONMENTAL WORKCAMPS

SDA 400 Teens at Camphill Organic Farm

14/07 – 21/07/2024

AGRI/MANU

Vols: 10 + 2 campleaders

AGE: 15-17

Requirements/note: Parental Authorization

Project: This project is organized in cooperation with the NGO Free Farm in Ceske Kopisty, which is part of the Camphill Community movement. It is a family-like community that welcomes people with and without disabilities and creates a pleasant environment for everyone to live and work together. Vegetables, herbs, and fruits are grown and processed organically. Free Farm aims to raise awareness of biodynamic farming and the role of a farmer nowadays. The goal of the workcamp is to connect people from different countries and experience the operation of a Czech organic farm, develop a tolerant open society and acquire a responsible approach to the world. At this workcamp, you will actively contribute to the achievement of UN SDG2 Zero Hunger and UN SDG10 Reduced Inequalities.

Work: Your work will mainly consist of manual farm work of all kinds. These include weeding, planting, hoeing, harvesting, watering, cleaning and storing vegetables, etc. In addition to vegetables, there are medical herbs grown, which you can also help to collect and process. You might also do gardening work and help out with the maintenance of the farm and its premises. You will mostly work outside in the farm area or on the fields which are located within walking distance (500m) from the farm. Bring suitable work clothes and shoes, a hat, and a raincoat to protect yourself from the sun and rain. Working on a farm can be physically demanding, please be prepared for that, nevertheless, it can be done with a collective effort and a positive attitude.

Study part: Talking about organic farming and the Camphill community movement, guided excursion around the farm

Accommodation/Food: Accommodation is provided directly at the farm. You will sleep in the attic on mattresses in a renovated historic farmhouse. Bring your sleeping bag! There are two showers, two toilets, a common room, and a kitchen available. There is WIFI and a washing machine. You will prepare breakfast and dinner together as a group. Lunch will be prepared by the members of the community; you will eat all together with the community. The local project partner will provide ingredients, including local organic vegetables. Meals will be mostly vegetarian.

Leisure time: There is a football pitch in the village and after the game, you can refresh by swimming in the river. You might visit the nearby Terezin Memorial at the location of the former concentration camp and the Terezin Ghetto Museum. You can also go on trips to the nature-protected area of Ceske Stredohori and/or visit the historical cities of Litomerice, Usti nad Labem where there is a cinema and a ZOO. You will also have a barbecue with the members of the community.

Location: Ceske Kopisty – a small village near the historical town of Litomerice. The farm uses 11 hectares of fields; there is a garden and a yard with a couple of animals (a cow, a horse, chickens, ducks, and pigs). The area is quite vast – there are 3 residential houses, a candle workshop, and a common hall. There are 7 adults, 4 children and 7 people with special needs living there. You might meet around 10 other external co-workers. Everywhere in the village, there is good phone reception. There is an ATM 3 km away in Terezin, and a pharmacy 5 km away in Litomerice.

Requirements: As you will stay in a place where people with various disabilities live you must respect the privacy and night rest of the residents. Be aware that not all members of the community can speak English. Please, bring a sleeping bag, enthusiasm and a good mood!

Notes: The workcamp is mainly suitable for people who are interested in farming and community life and don't mind working from early hours.

Directions to the meeting point:

From Prague airport, take bus 119 to “Nadrazi Veleslavin” station. Change to green metro line A in the direction of Depo Hostivar. At the “Muzeum” stop, change to red metro line C in the direction of Letnany, and stay until the final stop. Here, take the bus 413 at 16:00 to your final destination “Terezin, U Pamatniku”. The campleader will be waiting for you there at 17:00 and take you to the accommodation.

Address: Ceske Kopisty 5, 412 01 Terezin
50.52482693923468, 14.16626919871175

SDA 401 Permaculture in Practice - Learn and Act!

04/08 - 17/08/2024

ENVI/MANU

Vols: 7 + 2 campleaders

Age: 18+

Project: This workcamp is organised in cooperation with the Association for Development 3K which aims to develop three areas: 1. Education through promoting the knowledge and skills needed for the harmonious development of man, humanity and the planet in the third millennium. 2. Language skills, international understanding, and local cooperation. 3. Permaculture and circular relationships. The aim of the workcamp is the preparation and planting of a food forest and continuation of an already established permaculture orchard to increase the long-term resilience of crops and promote local biodiversity. Volunteers will also learn how to increase food self-sufficiency and reuse local materials. At this workcamp, you will actively contribute to the achievement of UN SDG15 Life on Land.

Work: The work will be mainly manual and outdoors - digging holes for trees, mulching the surrounding soil with organic material, shredding branches, retaining water in the landscape, collecting waste in the forest and the village, drying hay, building bird boxes, preparing for the construction of an apiary, planting honey plants, preparing compost. In case of rainy weather, the work will consist of processing the products from the garden (canning, drying and preservation of fruit, herbs and seeds, preparation of winter food for birds). Please, bring appropriate shoes and clothes that can get dirty or damaged and a raincoat.

Study part: Regular lectures on permaculture and its rules, edible forests, composting, biodiversity support, and water retention in the landscape. Debates and guidance on group dynamics, teamwork and work efficiency.

Accommodation/Food: You will be accommodated in a spacious, newly renovated attic with a bathroom and two larger open spaces with another bathroom. Water is heated by the sun. You will sleep on mattresses and mats. Please, bring a sleeping bag and a mat. It is also possible to sleep safely outside in a tent which we can rent. WIFI is available. You can also use a washing machine. Volunteers will cook their meals from provided ingredients and vegetables grown in the garden (the diet would be mostly vegetarian) in a fully equipped kitchen.

Leisure time: In your free time you can play sports such as football, petanque, outdoor exercise (yoga), jogging, volleyball, badminton or ping-pong. It is possible to rent a canoe/raft or bike in a nearby town or go swimming. There will also be time to organise hiking trips and half-day or full-day trips by bus to Prague, Kutna Hora, Sazava or Kourim.

Location: Ujezdec is a very small village southeast of Prague with only 62 inhabitants. The village and its surroundings are agricultural, surrounded by extensive monoculture fields. On the other hand, an oasis of biodiversity, food self-sufficiency and abundance according to the rules of permaculture is gradually emerging on the property next to the house where you will work. Phone coverage is good. The closest bigger city is Sazava, where you can find ATMs, pharmacies and other services.

Requirements: Bring a sleeping bag, mattress, slippers, drinking bottle, lunch box for the trip, tick spray and appropriate clothing for the woods (long sleeves, long pants). Smoking is only possible outdoors and drinking alcohol will not be encouraged. Quiet night hours after 11 PM. Beware of possible allergies - hay or outdoor cats.

Notes: Workcamp is suitable, especially for those who like nature, spend their free time outdoors, have a positive attitude to work, don't mind a bit of discomfort and walking, and appreciate the silence at night and the early chirping of birds. Please keep in mind that the work will be outdoors and manual. Bring your favourite recipes, ideally simple or typical for your country.

Direction to the meeting point:

From the Prague airport, take bus 119 to the final stop "Nadrazi Veleslavin", where you need to change to green metro line A in the direction to Depo Hostivar and go to the "Muzeum" stop. Change to red metro line C in the direction of Haje and go to the final stop "Haje". Just in front of the metro, there is a bus stop, take bus 387 at 15:00. Get off at the bus stop "Horní Kruty, Ujezdec, rozc." at 16:07. Your camp leaders will be waiting there for you and take you to the accommodation (8 mins walk). Detailed travel information will be provided in the Infosheet.

Address: Ujezdec 7, 281 63 Horni Kruty-Kostelec nad Cernymi lesy
GPS: 49.90055205213933, 14.94665756589435

SDA 402 Back to Nature for Families

24/08 – 31/08/2024

FAM/ENVI

Vols: 16 + 2 campleaders

Age: 5+

Requirements/Note: FAMILY workcamp, 50/25 EUR participation fee - the fee must be covered in advance by a bank transfer to the account of INEX-SDA.

Project: The workcamp is organized in cooperation with EUROSOLAR. EUROSOLAR promotes renewable energies and a sustainable lifestyle; it engages in youth environmental education and organizes environmental summer camps for children, youth and families. The workcamp takes place in a remote but exceptionally beautiful, hilly area of the Bohemian Forest, near the western border of the Czech Republic. The campsite is isolated from civilization and we welcome volunteers who are fond of trying out a basic lifestyle in the forest and do not mind longer walks. The main goal is to help maintain meadows in a nature-protected area, maintain the campsite and enjoy nature. At this workcamp, you will actively contribute to the achievement of UN SDG15 Life on Land.

Work: Children and parents will work together when possible (e.g. helping with cooking, collecting wood, harvesting vegetables and gardening). Work will be organized in two groups. The first one will be working in a nature reserve located 3km away from the campsite, their work will consist of mowing grass, raking and collecting grass. Please note that the meadows can be very wet; bring waterproof working shoes (or rubber boots), working gloves, a raincoat and a hat to protect yourself from the sun. The second group will be working on the campsite preparing food, collecting wood, doing maintenance tasks or working in the nearby forest.

Study part: Evening discussions about climate, environment, sustainability or recycling. You will have the unique opportunity to try archery, play games and learn how to recognize stars. Also, as you will be living in close contact with nature, you will improve your camping skills and learn a lot about local fauna and flora. You will also be provided with a lot of information about the nature and history of the area.

Accommodation/Food: In tee-pees with a fireplace in the centre. Large families will have their tee-pees; smaller families will share tee-pees. You will sleep on wooden pads and mattresses stuffed with hay. The nights might be very cold, bring a very warm sleeping bag, camping mat and some warm clothes. You will bathe in a small river with cold water next to the campsite, the toilets are dry and outdoors. You will cook together as a group on a fireplace. The food is only vegetarian. You can charge your cell phone with a solar-electricity generator. There is limited phone coverage and no Wifi.

Leisure time: Hiking in the surrounding countryside. You can visit the ruins of the Zahaji castle or go on trips to the Czech towns in the neighbourhood (e.g. Mariánské Lázně). The project is situated on the border with Germany thus a trip to Germany could be an option. Besides, you can try archery, play games, handcraft or experience an Indian sauna. If you have any games, musical instruments or any other activity you could share or teach the group in the campsite conditions, you are welcome to bring them.

Location: The campsite is in a remote part of the village of Lesná in the Bohemian Forest near the German border. The nearest bus stop is Stara Knížecí Hut and the nearest bigger town is Tachov. The campsite is located about 30 minutes walk from the nearest bus station.

Requirements: Bring clothes and shoes suitable for work, rubber boots and a raincoat, a warm sleeping bag, a sleeping mat and warm clothes for the night. To reach the workcamp you will take forest paths, therefore you need to pack your stuff in a backpack rather than in luggage. There is a strict no alcohol and drugs policy at the campsite.

Notes: This workcamp is for families with 5+ years old children or individuals. We expect participants to be nature lovers, open-minded, flexible and interested in living in an eco-friendly and community way. Every year, there are several children and family-friendly camps organized, so even if the accommodation and facilities are basic, they are suitable for children. Because the work will take place outside, beware of allergies to grass, pollen, insects, etc. The food is traditionally vegetarian and consumption of alcohol is prohibited.

Directions to the meeting point: From the airport take the bus 119 to Nadrazi Veleslavin stop. Change to green metro line A in the direction of Depo Hostivar, get off at “Muzeum” and change to red metro line C in the direction of Letnany, go 1 stop and get off at “Hlavni Nadrazi” stop (main railway station). Take the train IC562 Zapadni Express at 12:23 and get off at Plzen at 13:58. Go to the bus station in front of the train station and T 14:10 take the bus 440251 3 in the direction to “Lesna, Stara Knizeci Hut”. Get off at this last stop at 16:03. The meeting point is at the bus stop. PAY ATTENTION! THIS IS THE ONLY CONNECTION YOU CAN TAKE ON THIS DAY!

Address: Near Stara Knizeci Hut

GPS: 49.72013372945625, 12.438396752827286

SDA 403 Back to Nature

31/08 – 13/09/2024

ENVI

Vols: 12 + 2 compleaders

Age: 18+

Project: The workcamp is organised in cooperation with EUROSOLAR. EUROSOLAR promotes renewable energies and a sustainable lifestyle; it engages in youth environmental education and organises environmental summer camps for children, youth and families. The workcamp takes place in a remote but exceptionally beautiful, hilly area of the Bohemian Forest, near the western border of the Czech Republic. The campsite is isolated from civilization and we welcome volunteers who are fond of trying out a basic lifestyle in the forest and do not mind longer walks. The main goal is to help maintain meadows in a nature-protected area and maintain the campsite. At this workcamp, you will actively contribute to the achievement of UN SDG15 Life on Land.

Work: You will work in a nature reserve about 3 km from the campsite where you will walk on foot. The main work will consist of mowing, raking and collecting grass on protected meadows. This work might be physically demanding. As the meadows can be very wet, make sure to bring waterproof working shoes (or rubber boots), gloves, rain gear and a hat to protect yourself from the sun. Work gloves will be provided for you. You will also work directly in the campsite on maintenance tasks and in the nearby forest by doing various manual jobs. At the end of the workcamp, you will help to dismantle the campsite and to transport all the material to Prague where it will be stored during winter.

Study part: Evening discussions about climate, environment, sustainability and sustainable camps by the fire. You will have the unique opportunity to try archery, participate in fun games and learn to recognize the stars. Also, as you will be living in close contact with nature, you will improve your camping skills and learn a lot about local fauna and flora.

Accommodation/Food: In tee-pees with a fireplace in the centre. You will sleep on wooden pads and mattresses stuffed with hay. Nights in the forest might be very cold, even frosty, so bring a very warm sleeping bag, camping mat and some warm clothes. You will bathe in a small river with cold water next to the campsite, the toilets are dry and outdoors. Everyone will cook together as a group on a fireplace. The food is only vegetarian. You can charge your cell phone with a small solar-electricity generator. There is limited phone coverage and no Wifi.

Leisure time: Hiking in the surrounding countryside. You can visit the ruins of the Zahaji castle or go on trips to the Czech towns in the neighbourhood (e.g. Mariánské Lázně). The project is situated on the border with Germany; a trip to Germany could be an option. Besides, you can try archery, play games or experience an Indian sauna. If you have any games, musical instruments or any other activity you could share or teach the group in the campsite conditions, you are welcome to bring them.

Location: The workcamp takes place in the Bohemian Forest near Stara Knizeci Hut. The campsite is located in the valley of the Celní stream, an isolated part of the village of Lesná in the Bohemian Forest near the German border. There is limited phone coverage. The nearest bus stop is Stara Knizeci Hut and the nearest bigger town is Tachov where you can find ATMs, pharmacies, doctors etc.

Requirements: Bring a warm sleeping bag, a mat and warm clothes. There is a strict no alcohol and drugs policy at the campsite. Please note that the last three days are dedicated to dismantling the campsite and transporting all the material to Prague. Therefore leaving the workcamp earlier is not an option.

Notes: We expect volunteers to enjoy camping and being outdoors. This camp is perfect for volunteers who want to enjoy living and working in basic conditions in close touch with nature. If you are ready for this, an amazing experience is waiting for you! The workcamp might be also suitable for people with social, economic and some health disadvantages. Please, let us know ahead if you need any assistance. To reach the workcamp you will take forest paths, therefore you need to pack your stuff in a backpack rather than in luggage. Because you will be outside all the time, beware of all kinds of allergies (grass, pollen, insects, hay etc.). The food is vegetarian only.

Directions to meeting point: From the airport take bus 119 to the Nadrazi Veleslavin stop. Change to green metro line A in the direction of Depo Hostivar, get off at "Muzeum" and change to red metro line C in the direction of Letnany, go 1 stop and get off at "Hlavni Nadrazi" stop (main railway station). Take the train IC562 Zapadni Express at 12:23 and get off at Plzen at 13:58. Go to the bus station in front of the train station and at 14:10 take the bus 440251 3 in the direction to "Lesna, Stara Knizeci Hut". Get off at this last stop at 16:03. The meeting point is at the bus stop. PAY ATTENTION! THIS IS THE ONLY CONNECTION YOU CAN TAKE ON THIS DAY!

Address: Near Stara Knizeci Hut

GPS: 49.72013372945625, 12.438396752827286

6. WEEKEND WORKCAMPS

W01 Weekend of Open Gardens at Veseli Castle

07/06 – 09/06/2024

MANU/ENVI

Vols: 8 + 2 campleaders

Age: 18+

Project: This workcamp is organized in cooperation with the association Tvrz Veseli („Fortress Veseli“) in the small village of Veseli nad Uhlavou near the Sumava National Park. Veseli Castle was built on the site of an older fortress in the second half of the 19th century, and previous regimes left the castle in very poor condition. The mission of the association is to renovate the castle to its original form and reopen its gates to the public again - mainly for cultural and educational purposes. The goal of this workcamp is to maintain and restore the castle park, build a fence, repair a stone wall and clean the cellar of the castle. At this workcamp, you will actively contribute to the achievement of UN SDG 11 Sustainable Cities and Communities.

Work: Work will include planting flowers and bushes, incorporating natural elements into the garden, cutting overgrown trees, repairing the stone wall and cleaning the castle. Bring suitable clothes and shoes for work that can get dirty or damaged. The castle where you will work is a 10-minute train ride away. As most of the work will be done outdoors, please, bring a waterproof jacket or a raincoat and a hat to protect you from the sun. No previous experience with this kind of work is required.

Study part: You will be introduced to the history of the castle and meet the local community.

Accommodation/Food: Accommodation is provided in a family house in the village of Pocinovice. You will sleep in two large rooms on mattresses. Please, bring your sleeping bag! WIFI and a washing machine are available. There is also a bathroom (2 toilets and 1 shower) and a kitchen available. Breakfast, dinner, and snacks will be provided by the campleaders and the local partner. Lunch will be delivered to the work site.

Leisure time: After work, you can visit some interesting places in the vicinity such as the lookout tower of Saint Marketa or Klenova Castle.

Location: The Veseli Castle is located in the foothills of the Sumava Mountains in the small village of Veseli nad Uhlavou. The nearest bigger cities are Klatovy and Domazlice. Pilsen, the Czech capital of beer, is 50 km away from the site. The castle is surrounded by the picturesque South Bohemian countryside and the Sumava National Park is very close by. Everywhere is good phone reception. There is also an ATM in the village where you will be accommodated.

Requirements: Please, bring suitable work clothes and shoes, a raincoat and a sleeping bag.

Notes: The workcamp is suitable for fans of history, and culture and for those seeking insights into the Czech countryside.

Directions to the meeting point: From Prague airport take the bus 119 to the final stop “Nadrazi Veleslavin”. Change to the green metro line A in the direction of Depo Hostivar, get off at the “Muzeum” stop and change to the red metro line C in the direction of Letnany, and go to the “Hlavni Nadrazi” stop. This is the main train station in Prague. From the main station take the train R 766 Berounka at 12:53 to Klatovy and then change to the train Os17562 at 15:40 from Klatovy to Pocinovice, where you will arrive at 15:58. The accommodation is located at a walking distance of 500 meters from the train station of Pocinovice. The meeting point is the accommodation. Please note it takes over 3 hours to get there from Prague. Detailed information will be provided in the infosheet.

Address:

Accommodation: Pocinovice 71, 345 09.

GPS: 49.342471464540296, 13.133365740556115

Work: Veseli 2, 340 21 Janovice nad Uhlavou

GPS: 49.349436464860375, 13.205647857877329

W2 Weekend at Camphill Organic Farm

17/10 – 20/10/2024

AGRI/MANU

Vols: 10 + 2 campleaders

AGE: 18+

Project: This project is organized in cooperation with the NGO Free Farm in Ceske Kopisty, which is part of the Camphill Community movement. It is a family-like community that welcomes people with and without disabilities and creates a pleasant environment for everyone to live and work together. Vegetables, herbs, and fruits are grown and processed organically. Free Farm aims to raise awareness of biodynamic farming and the role of a farmer nowadays. The goal of the workcamp is to connect people from different countries and experience the operation of a Czech organic farm, develop a tolerant open society and acquire a responsible approach to the world. At this workcamp, you will actively contribute to the achievement of UN SDG2 Zero Hunger and UN SDG10 Reduced Inequalities.

Work: Your work will mainly consist of manual farm work of all kinds. These include weeding, planting, hoeing, harvesting, watering, cleaning and storing vegetables, etc. In addition to vegetables, there are medical herbs grown, which you can also help to collect and process. You might also do gardening work and help out with the maintenance of the farm and its premises. You will mostly work outside in the farm area or on the fields which are located within walking distance (500m) from the farm. Bring suitable work clothes and shoes, a hat, and a raincoat to protect yourself from the sun and rain. Working on a farm can be physically demanding, please be prepared for that, nevertheless, it can be done with a collective effort and a positive attitude.

Study part: You will learn about the Camphill movement and life on an organic farm.

Accommodation/Food: Accommodation is provided directly at the farm. You will sleep in the attic on mattresses in a renovated historic farmhouse. Bring your sleeping bag! There are two showers with hot water, two toilets, a common room, and a kitchen available. There is WIFI and a washing machine. You

will prepare breakfast and dinner together as a group. Lunch will be prepared by the members of the community; you will eat all together with the community. The local project partner will provide ingredients, including local organic vegetables. Meals will be mostly vegetarian.

Leisure time: There is a football pitch in the village after that, you can relax in the local pub or swim in the river. You might visit the nearby Terezin Memorial at the location of the former concentration camp and the Terezin Ghetto Museum.

Location: Ceske Kopisty – a small village near the historical town of Litomerice. The farm uses 11 hectares of fields; there is a garden and a yard with a couple of animals (a cow, a horse, chickens, ducks, and pigs). The area is quite vast – there are 3 residential houses, a candle workshop, and a common hall. There are 7 adults, 4 children and 7 people with special needs living there. You might meet around 10 other external co-workers. Everywhere in the village, there is a good phone reception. There is an ATM 3 km away in Terezin, and a pharmacy 5 km away in Litomerice.

Requirements: You will stay in a place where people with various disabilities live, so there are specific rules you are asked to respect: smoking and consumption of alcohol within the community area are restricted, and it is necessary to respect the privacy and the rest of the residents. Be aware that not all members of the community can speak English. Please, bring a sleeping bag, enthusiasm and a good mood!

Notes: The workcamp is mainly suitable for people who are interested in farming and community life and don't mind working from early hours.

Direction to meeting point: From Prague airport, take bus 119 to “Nadrazi Veleslavin” station. Change to green metro line A in the direction of Depo Hostivar. At the “Muzeum” stop, change to red metro line C in the direction of Letnany, and stay until the final stop. Here, take bus 413 at 14:00 to your final destination “Terezin, U Pamatniku”. The campleader will be waiting for you there at 15:00 and take you to the accommodation.

Address: Ceske Kopisty 5, 412 01 Terezin

GPS: 50.52482693923468, 14.16626919871175