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■ BASIC INFORMATION

Project number :

2022-1-FR02-ESC51-
VT-000060864

Hosting organization :

Maison Pour Tous Léo Lagrange
Cherbourg, FRANCE

OID Number :

E10202310

National Agency :

FRANCE - Agence du service
civique / Agence Erasmus+
France Jeunesse & Sport

Arrival :

01/10/2023

Departure :

31/08/2024

Duration :

11 months

Hours per week :

32h (French lessons included)

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PROVISIONAL TIMETABLE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Off	Off	9:00 12:00	9:00 12:00	9:00 12:00	Off	Off
Off	14:00 18:30	14:00 18:00	14:00 18:30	14:00 18:30 <small>+ Evening depending the programm</small>	14:00 17:00	Off

The programme can change depending the activities, evening planned and school holidays



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SUMMARY OF THE PROJECT

Maison Pour Tous Léo Lagrange is an organization which provide non formal education in urban area. The youth sector has 8 youth workers dedicated. 2 youth clubs are open 5/7 days after school. The volunteer will be in contact with teenagers every day through activities in youth clubs/project or in Schools. The MPTLL youth sector welcomes young people from 11 to 25 years old to support them in their needs, initiatives and projects.

In the team each youth worker has skills on different topics (mobility, nature, gender equality...). At the begining of ESC , the volunteer will spend one week with each Youth Worker at the begining and after the volunteer will choose with him/her hobbies and interest which topic they will work on. The objectif is to open mind young people through activities and projects together.

The volunteer will be involved in International activities for youth (Youth exchanges, ESC promotion)
More information about the organisation on the website : mptll.fr

VOLUNTEER MISSIONS

- Welcome youngsters in the several hosting places
 - Use your hobbies to create activities with youth
 - Create and animate activities
 - Support youth workers in sports activities
- To take part in youth exchanges projects
- Participate in events with local partners
- Support youth workers for sessions in schools and workshops
- Use non-formal education for sessions on international mobility
- Promote EU citizenship and awarness to the world



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ACCOMODATION

You will live in Foyer des Jeunes Travailleurs not far away from the organisation.

You will have our own bedroom with private bathroom and fridge. You will have access to the FJT restaurant (small prices) for your breakfasts and meals during the week. It's also possible to cook and eat in the Maison Pour Tous kitchen.

FOOD AND POCKET MONEY

At the beginning of each month, you will receive money for the groceries and pocket money, 378€ per month.

6€/day for Pocket mony & 7€/day for food.

Local currency: Euro €.

LOCAL TRANSPORT

You will have public transport access thanks to a pass available for all your volunteering.

FJT is approximately 15 minutes by bus from the organisation.



How will I have my pocket money ?

If your own bank account can work in France with extra costs you will receive the money on it. If not we will help you to open special bank account for the time of your volunteering

Does the organisation give me a French phone number ?

The organisation is not provided a French phone number. If you want one, you will have to pay it with your pockey money. We can help you with the subscription.

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TRANSPORT

You will be guided by the organisation to arrive in Cherbourg
The arrival will be on the October, 01st

REIMBURSEMENT FOR THE TRAVEL

The reimbursement for the travel will be 275€
Any costs exceeding this amount will be covered by the volunteer.

The most important facts about reimbursement :

- always ask before buying tickets
- keep original transportation receipts (boarding passes, train tickets, bus tickets...)
- according to the trip to join Cherbourg, make sure to keep all the tickets and bills (obligatory for the reimbursement)

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TRAINING DURING THE PROJECT

- Arrival and mid-term seminars provided by French National Agency
- French Lessons : learn the French language take part in french lessons provided by our french teacher with a group and on-line courses (2-4 hours / week recommended) during your freetime
- Participation to trainings with and for the youth workers team

VOLUNTEER PROFILE

You will need to be :

- DYNAMIC because in daily contact with teenagers so you will have to propose activities and spend time with them in the youth club
- CURIOUS to discover new things, new people and talk with the teenagers
- CREATIVE to propose activities (always supported by youth worker)
- SOCIABLE to work in a team and with locals partners organisations
- SENSITIVE to environment, nature and sustainable development

A minimum level in French language would facilitate work and communication



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HOW IS IT TO LIVE IN CHERBOURG ?

Cherbourg daily life :

It is common to buy food at the local or farmers' market. In Cherbourg there are 3 green markets : On Thursday and Saturday in the city center, on Sunday in "Les provinces" next to the organisation. All of them are from 8am to approximately 1pm

Normandy is not a region where it's very hot, well it's a rainy region. An umbrella can be useful to go outside. During summer, temperature can reach around 20°C-23°C, during winter it's rarely under 0°C.

Cherbourg is a city near to the sea, it's possible to have access to the beach really easily thanks to public transport or by bicycle (40min). There are 85 000 inhabitants, it's not a big city, it's possible to do a lot of things by bike or by walking.

The city is at the middle of "La Hague" on the west side, it's the coast where it's possible to walk and make hiking in the middle of nice landscape, and "Le Val de Saire", on the east side, where there are more typical villages with harbour and professional fishermen.

It's also possible to reach England thanks to ferry (5 hours)



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HOW IS IT TO LIVE IN CHERBOURG ?

To find what to do in Cherbourg :

Cherbougetoi : <https://www.facebook.com/groups/cherbougetoi/>
www.cherbougetoi.com

To meet people who are new in Cherbourg

“Cherbourg Nouveaux Arrivants” / Facebook group

To practice english or spanish or german and meet people

“Cherbourg English Meet ups” / Facebook group

“El café español en Cherbourg” / Facebook group

Conversation allemand Cherbourg / Facebook group

Association MANCHA

<https://www.facebook.com/manchacherbourg/>

Stammtish

<http://stammtischcherbourg.fr/>

Think to take everything you need before to arrive in France : involving medical history in French and your medication in case of a chronic illness, driving license, European Health Insurance Card, USB stick with important documents in case you need it to prepare your “after ESC” during the time of your volunteering

CONTACT

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