



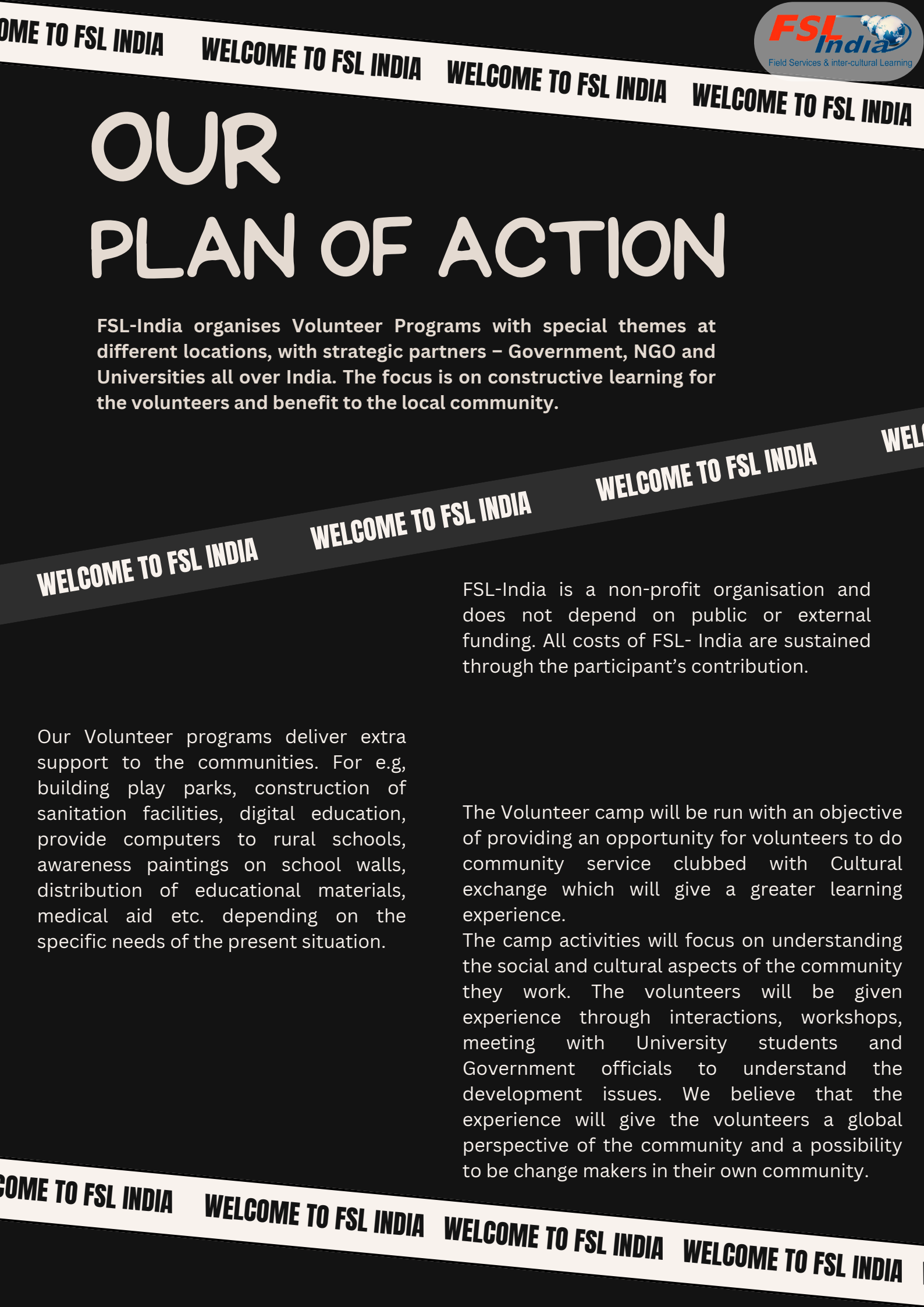
"Global Youth  
for a  
Sustainable  
Future"

PROGRAM PROFILE

**FSL INDIA**

**2025**

"STRONG, WELL CONNECTED, REGENERATIVE  
SOCIETY FOR A BETTER WORLD"



# OUR PLAN OF ACTION

FSL-India organises Volunteer Programs with special themes at different locations, with strategic partners – Government, NGO and Universities all over India. The focus is on constructive learning for the volunteers and benefit to the local community.

WELCOME TO FSL INDIA

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FSL-India is a non-profit organisation and does not depend on public or external funding. All costs of FSL- India are sustained through the participant's contribution.

Our Volunteer programs deliver extra support to the communities. For e.g, building play parks, construction of sanitation facilities, digital education, provide computers to rural schools, awareness paintings on school walls, distribution of educational materials, medical aid etc. depending on the specific needs of the present situation.

The Volunteer camp will be run with an objective of providing an opportunity for volunteers to do community service clubbed with Cultural exchange which will give a greater learning experience.

The camp activities will focus on understanding the social and cultural aspects of the community they work. The volunteers will be given experience through interactions, workshops, meeting with University students and Government officials to understand the development issues. We believe that the experience will give the volunteers a global perspective of the community and a possibility to be change makers in their own community.

WELCOME TO FSL INDIA

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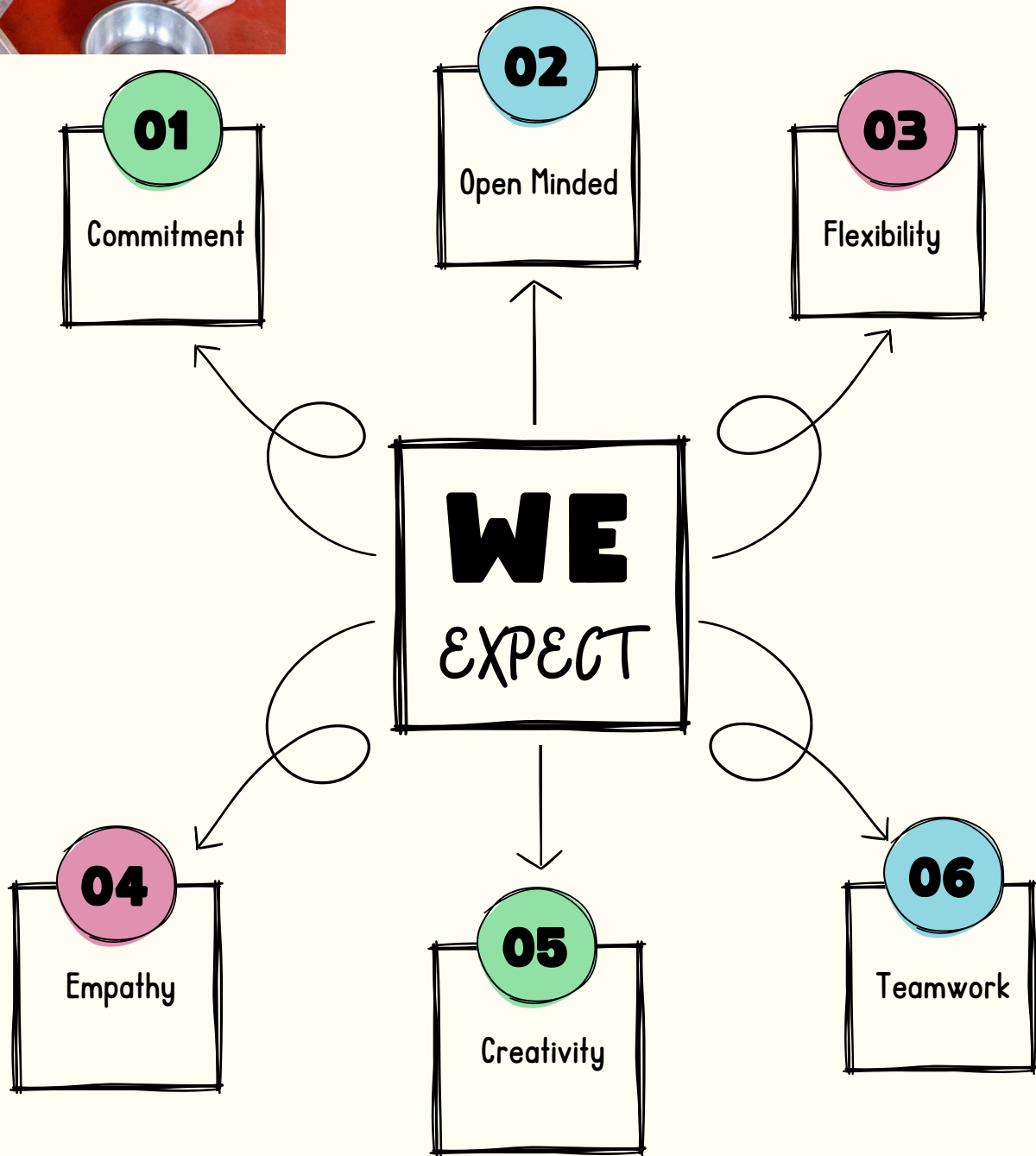
WELCOME TO FSL INDIA

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**WE EXPECT** OUR VOLUNTEERS TO STAY CONNECTED TO THE LOCAL ENVIRONMENT AND COMMUNITY WHILE THEY PITCH IN ALONG WITH THE TEAM LEADERS TOWARDS THE IMPACT AND OBJECTIVE OF THE PROJECT. WE BELIEVE THAT WE ARE ALL A PART OF ONE, GREAT, BIG FAMILY AND WELCOME ALL NATIONALITIES, FROM THE AGE OF 18+. ALL OUR PROGRAMS BEGIN WITH AN ON-ARRIVAL ORIENTATION WHICH WILL BE ORGANISED BY OUR TEAM.









# OUR LOCATIONS



1. Dharamshala
2. Great Himalayan National Park
3. Kundapura - Udupi
4. Mangalore
5. Mysore
6. Chennai
7. Pondicherry



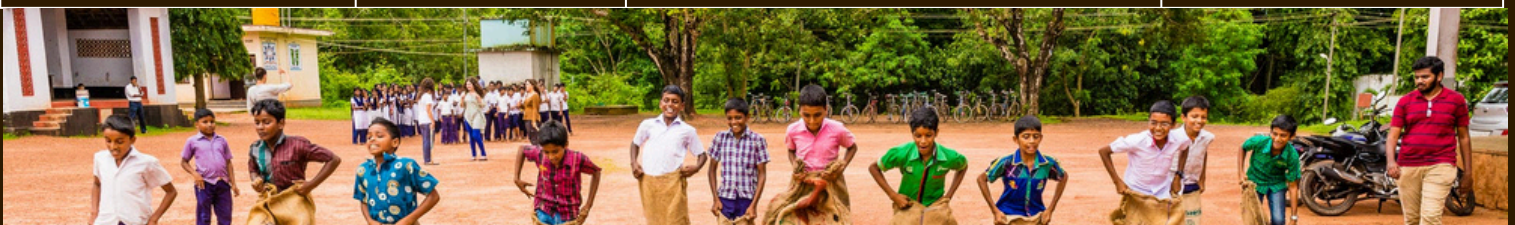


# WORKCAMP LIST

— 2025 —

## FSL- INDIA REGULAR CAMP LIST 2025

CODE & DATE	NAME OF THE CAMP	THEME WITH THE LINKS	PARTICIPATION FEES
JUNE			
FSL-WC-245 [16th to 29th]	Live the Himalayas	<a href="#">Education / Yoga / Tibetan Culture Renovation</a>	Dharmashala INR 20,000/-
FSL-WC-246 [16th to 29th]	Hand In Land	<a href="#">Sustainable Agriculture / Education / Culture</a>	Kundapura INR 18,000/-
JULY			
FSL-WC-247 [7th to 20th]	Live the Himalayas	<a href="#">Education / Yoga / Tibetan Culture Renovation</a>	Dharmashala INR 20,000/-
FSL-WC-248 [14th to 27th]	Hand in Land	<a href="#">Sustainable Agriculture / Education / Culture</a>	Kundapura INR 18,000/-
AUGUST			
FSL-WC-249 [4th to 17th]	Live the Himalayas	<a href="#">Education / Yoga / Tibetan Culture Renovation</a>	Dharmashala INR 20,000/-
FSL-WC-250 [11th to 24th]	Hand in Land	<a href="#">Sustainable Agriculture / Education / Culture</a>	Kundapura INR 18,000/-
FSL-WHV-251 [18th to 31st]	Natural Heritage	<a href="#">Awareness / Environment / Culture</a>	GHNP INR 20,000/-
FSL-WC-252 [4th Aug to 2nd Sep]	Cultural Exposure	<a href="#">Environment/ Cultural Exploration / Education</a>	Dharmashala & Mysore INR 50,000/-
SEPTEMBER			
FSL-WC-253 [1st to 14th]	Live the Himalayas	<a href="#">Education / Yoga / Tibetan Culture Renovation</a>	Dharmashala INR 20,000/-
FSL-WHV-254 [15th to 28th]	Natural Heritage	<a href="#">Awareness / Environment / Culture</a>	GHNP INR 20,000/-
FSL-WHV-255 [1st to 30th]	Cultural Heritage	<a href="#">Heritage Conservation / Awareness</a>	Hampi INR 20,000/-
FSL-WC-256 [15th to 28th]	Hand in Land	<a href="#">Sustainable Agriculture / Education / Culture</a>	Kundapura INR 18,000/-





# WORKCAMP VOLUNTEER PROGRAM STRUCTURE



## APPLICATION

Volunteers must apply through our partner organizations in their home country.

## PROJECT ASSIGNMENT

The assignment of volunteers will be completed within the week of receiving the application. Volunteers can apply for STV for a minimum of 2 weeks.

## INFORMATION

1. Volunteers who apply for workcamp/STV will have to arrive at their camp location on the first day of the camp.
2. In case volunteers need an airport pickup we will organize it with the additional cost, which will be mentioned in the Info-sheet.

## ARRIVALS

1. The Workcamp/STV Orientation will be held at the project location on the first day
2. Registration will be completed during the orientation
3. The volunteers will pay their participation fees to the team leader

## ORIENTATION DAY

Following the orientation day, the workcamp volunteers will start their work at their projects.

## MONITORING

The workcamp volunteers will be assigned a team leader, who will receive them at the meeting point and will take care of their boarding, lodging, and their project work till they leave the campsite

## FINAL EVALUATION

1. The Workcamp volunteers are expected to submit the weekly evaluation form to their Team leaders.
2. There will also be a mini-evaluation by the communicator from the headquarters.
3. The volunteers will also then be given an opportunity to present the project outcome to the universities, schools, and the community close by during the final evaluation.

## PICTURE LINK

[Click here](#)







# WORKCAMP APPLICATION PROCEDURE

**1. Workcamp/STV:** In the section below titled “STV Project information” the details about the camp locations have been provided the volunteers are requested to go through the details and apply accordingly to their thematic interest.

**2. Information sheet and Pre-Arrival letter:** The Info sheet will contain all the information that volunteers need to prepare for their journey and stay in India. It is very important that volunteers read the whole info sheet at least once and understand all the contents. This document will be sent to the sending organization a month before the volunteer arrives in India. The pre-arrival letter will include all the necessary information that will make their journey to India as smooth and trouble-free as possible. Hence, the volunteers need to read it carefully.

**Arrival:** Workcamp/STV: The starting date of a workcamp/STV will be a Monday. The nearest airport details and location guidance will be sent one month before in the Info-Sheet.

**Remember that the participation fee is non-refundable. Volunteers are therefore requested to carefully consider the duration of their program while applying.**

The Participation fee will be collected from the volunteers during the first three days of the orientation. The amount will be collected only in the local currency (Indian Rupees). We do not accept any payments in foreign currency. We expect volunteers to pay the participation fee before starting the camp. Volunteers should try to exchange their foreign currency as soon as possible. However, it is recommended that they do not exchange foreign currency at the airport as the rates will be at their disadvantage. FSL-India staff can assist volunteers in finding a convenient place/ bureau of exchange to convert the currency or travelers' cheques and cash withdrawals at ATMs at the campsite.

**VISA PROCEDURE:** Workcamp/STV: The volunteers will have to apply for Tourist VISA.

**Volunteers also should be prepared to live in a basic accommodation with simple Indian food three times a day.** As part of the community living experience, volunteers are expected to adjust to shared bedrooms and bathrooms and adhere to strict timings for meals, house rules, etiquette, and dress code.





# LTV PROJECT

2025

## ACTION PLAN FROM JANUARY TO DECEMBER

### LTV 01 - TEACHING

THEME CODE	THEME NAME	PROJECT DETAILS	DURATION
LTV 01 A	Public School Teaching Project	<a href="#">Click Here for more Information</a>	1 to 12 Months
LTV 01 B	Kindergarten Teaching Project	<a href="#">Click Here for more Information</a>	1 to 12 Months
LTV 01 C	Speech & Hearing impaired Children Teaching Project	<a href="#">Click Here for more Information</a>	1 to 12 Months

### LTV 02 - ENVIRONMENT PROJECTS

THEME CODE	THEME NAME	PROJECT DETAILS	DURATION
LTV 02 A	Center for Experiential Living	<a href="#">Click Here for more Information</a>	1 to 12 Months
LTV 02 B	Animal Care and Conservation Project	<a href="#">Click Here for more Information</a>	1 to 12 Months
LTV 02 C	Sustainable Agriculture Project	<a href="#">Click Here for more Information</a>	1 to 12 Months

### LTV 03 SOCIAL PROJECTS

THEME CODE	THEME NAME	PROJECT DETAILS	DURATION
LTV 03 A	Specially Abled Children Project	<a href="#">Click Here for more Information</a>	1 to 12 Months
LTV 03 B	Women Empowerment Project	<a href="#">Click Here for more Information</a>	1 to 12 Months
LTV 03 C	Child Right Promotion Project	<a href="#">Click Here for more Information</a>	1 to 4 Months

### LTV 04 SPECIAL PROJECTS

THEME CODE	THEME NAME	PROJECT DETAILS	DURATION
LTV 04 A	Special Learning Project	<a href="#">Click Here for more Information</a>	1 to 12 Months
LTV 04 B	Media / PR / Research and Document Project	<a href="#">Click Here for more Information</a>	1 to 12 Months





# LONGTERM VOLUNTEERING PROGRAM STRUCTURE

**Application:** Volunteers must apply through our partner organizations in their home country.

**Project Assignment:** The assignment of volunteers will be completed within the week of receiving the application. Volunteers can apply for the LMTV Program for a minimum of one month to a maximum of 12 months.

**Information:** FSL-India will send the required information to the volunteers – including a pre-arrival letter, project profile, info-sheet, general information, and travel details. This information will be sent to the volunteers at least one month in advance.



**Please note:** We at FSL-India try our best to place the volunteer in their first choice for the field of preference; however, we cannot guarantee it every time due to factors that need to be considered like availability of spots, time duration, distance, etc. Changes to project placements and hosting accommodation are only considered under special circumstances, but not before we are sure that the volunteers made sufficient effort to adapt and overcome initial challenges. Therefore, all the participants are requested to make significant efforts to stay in their assigned placement for a minimum of one month before changing to a new placement. In our opinion, it takes a minimum of a month to adapt to long-term projects and new surroundings.

**Arrivals:** 1. Volunteers who apply for LMTV will have to arrive at Kundapur - Udupi on the first Monday of each month.

2. Volunteers should make sure that they arrive at Kundapur or Bangalore by the scheduled date. Bangalore has an international airport and Kundapur is well connected to Bangalore by train and bus, the closest Airport to Kundapur is Mangalore Airport. All volunteers will be picked up from a common meeting point. Specific information regarding their arrival and meeting point will be sent to the volunteers in a pre-arrival letter.





# LONG TERM VOLUNTEERING



# PROGRAM STRUCTURE

## **Orientation Day/Week:**

1. The LMTV Program will start with a 3 - 5 day long orientation. The Orientation will be held in Kundapur. This information will be sent to the volunteers at least a month in advance.
2. Registration will be completed during the first week of arrival (Applicable only to LMTV).

**Projects:** Following the orientation day, the LMTV Volunteers will join their respective projects in different locations, depending on the placement.

**Monitoring:** Each LMTV volunteer is allocated a Coordinator who will be closely working with the volunteers. He/she supports the volunteers in their project and monitors the progress during their voluntary service through monitoring visits, LTV Cultural Meet, one-to-one sessions, emails, phone calls, reports, etc. Monthly Project visits are also made by the LTV Coordinators during the assignment.

**LMTV Cultural Event:** Once a month, FSL-India organizes an LTV Cultural Event for all volunteers to discuss their progress, and share their experiences and the challenges encountered. It is a great opportunity to reconnect with volunteers and to use them as a resource network on how to act within their own projects. We also have one-to-one supervision between LTV coordinators and volunteers to ensure that any challenges are tracked and dealt with at the earliest. Cultural Event is a great opportunity for volunteers to discuss and resolve any challenges they might have faced in their projects.

**Final Evaluation:** The LMTV Volunteers are expected to complete and submit a Final Feedback report and Final Evaluation report at the end of their volunteering program. They will be also given an opportunity to present their project outcome in the universities, schools, and communities close by. This report details their work, progress, problems, solutions, and suggestions for future volunteers and FSL-India. This report acts as a future resource and reference document for new volunteers and enables FSL-India to further develop and improve the project.









# Application Procedure



**1. LMTV:** in the section below, titled “LMTV Project Information”, the details about the different fields of work that are available through our program have been provided. Volunteers are requested to go through them carefully and consider where most of their interests lie. A minimum of three fields of work as choices are requested from all the applicants in order of preference in their application form. We also require a Motivation letter accurately themselves, their skills and interests, past work experience, strengths and weaknesses etc. This information assists us to match the project and the volunteer as accurately as possible.

**Information sheet and Pre-Arrival letter:** 2. The Info sheet will contain all the information that volunteers need to prepare for their journey and stay in India. It is very important that volunteers read the whole info sheet at least once and understand all the contents. This document will be sent to the sending organization a month before the volunteer arrives in India. The pre-arrival letter will include all the necessary information that will make their journey to India as smooth and trouble-free as possible. Hence, the volunteers need to read it carefully.

## Registration:

((Please note that if a volunteer has applied for more than three months, the fee for the first three months is collected at the beginning of the project. If a volunteer has applied for less than three months, then the entire participation fee will be collected at the beginning.)) Volunteers must ensure that they have the currency converted to Indian Rupees before they arrive and make sure that they have the full amount available with them. Also, all volunteers will have to produce two photocopies of their passports and their visas respectively

**Orientation Week: 1. LMTV:** The schedule is flexible, but the Orientation week usually contains the following:





# Application Procedure

## The LMTV Program Introduction:

Topics include - Aims of the program, Way of working, Finances, Reporting and Documentation, Rules, and Expected behavior.

**Safety:** Topics include Health, pandemic precautions and infection control, Women's safety, Travel guidelines, and an introduction to FSL India's Emergency Action Plan (EAP).

**Local sightseeing:** Meeting people will make you feel right at home. Therefore, we will provide volunteers the opportunity to visit marketplaces, Indian families, and natural sites in groups or individually during their free time.

**Life in the Host Family:** We will provide an opportunity for all volunteers to meet few of our Host Families who will share their past experiences at hosting volunteers and clarify any questions volunteers may have about living with an Indian Host Family.



**Language Skills:** India has 22 official languages, and many more dialects as well as sub-dialects. We will start with teaching the local language – Kannada or Tamil. Do not forget that English is widely spoken throughout the country. However, we urge the volunteers to learn and speak the local language, as it will open interactive opportunities for them.

## Information:

Many new and interesting topics will be introduced during sessions like- Yoga, cooking, and the philosophy of Indian religions.

**India:** Topics include - Culture, Religion, Habits, Customs, History, Geography, Social issues, etc.

**Projects: Include** - An overview of the projects of FSL-India, as explained a presentation of the volunteer's particular placement. There will also be Project visits, where volunteers will have the opportunity to conduct activities as a group and meet current volunteers in other projects who can share their experiences.







# Application Procedure

**Information:** Many new and interesting topics will be introduced during sessions like- Yoga, cooking, and the philosophy of Indian religions.

**Local sightseeing:** Meeting people will make you feel right at home. Therefore, we will provide volunteers the opportunity to visit marketplaces, Indian families, and tourist attractions in groups or individually during their free time.

**Do and Don'ts:** There are some simple rules, which will help volunteers have a smooth interaction with each other and with the local people. This will also help overcome culture shock!

**Intercultural Session:** All volunteers are requested to bring items from their home such as photos, music, food, handicrafts, etc. that will help them present their country and culture to other volunteers as well as to the local youth and the Host Family.

**Group games and discussions:** This methodology adapted during the orientation week, aims at turning the sessions as dynamic and participatory as possible.

**Participation Fee:** 1.LTV The Participation cost is 18,000 Indian Rupees for each month (approximately 230 Euros per month). Note: The Euro rate may vary based on the exchange rate.

**Please note:** Volunteers will have to stay together at the FSL- India Training Centre in Kundapura during the Orientation week. The accommodation will be shared bedrooms. All volunteers will be provided with vegetarian meals. The FSL-India LTV Coordinators and team leaders will take care of all the activities and sessions during the entire orientation week.

**Costs Involved:** FSL-India is a non-profit organisation and does not depend on public or external funding. All costs of FSL-India are sustained through the participant's contribution. Hence volunteers are requested to pay their participation fee during the orientation week.

Remember that the participation fee is non-refundable. Volunteers are therefore requested to carefully consider the duration of their program while applying.





# WHAT...

## FSL INDIA CAN BRING TO YOU..?

### A comprehensive orientation week on arrival:

- Coordinator/mentor at FSL-India to support you in any case
- A Contact person to assist you in your project
- Access to reports and project information that could be useful for your project
- Transportation reimbursement from accommodation to your project. Basic accommodation and food
- Evaluation Meetings and monthly LTV Cultural Event
- An experience Certificate at the end of the program term to formally attest your participation
- An opportunity to engage within a program that can be rewarding, fulfilling, educational and a lot of fun!

### Please consider the following:

- You have a responsibility to read and understand this profile and to have attended the preparation meeting organized by your sending organization. You must also read the Information Sheet carefully, which will be sent to you at least one month before your arrival.
- We also expect you to participate in the program, and therefore we ask you to stay for the entire length of the placement. Please plan all your personal travel plans, after or before your placement. Quitting your project before the end of the program term can cause a lot of inconvenience to the project and the people involved in it.



### Please remember the following:

- Your actions will directly or indirectly affect the reputation and image of FSL-India. It is important to respect the local culture/ values, traditions, the religious beliefs and practices of the local people.
- Realize that the living conditions are many times different from back home (no warm water, no air-conditioning, no easy access to international phone or internet, no easy transportation, mosquitoes, etc)
- It is easy to de-motivate other volunteers through careless complaining. You can avoid this by expressing yourself to your FSL-India LTV coordinator, who is there to support you.
- It is important to support FSL-India in our programs and projects.
- To be committed and show responsibility



# LIFE IN THE PROJECT

At times, accommodations for volunteers are provided by the projects themselves. The project will provide a room that is shared by other volunteers or with the staff of the project. You must respect the living conditions of the project and respect for the local environment is always expected. For example: Smoking if allowed should be only at a designated smoking area.



At times, accommodations for volunteers are provided by the projects themselves. The project will provide a room that is shared by other volunteers or ((with the staff of the project.))

**Volunteers also should be prepared to live in a basic accommodation with simple Indian food three times a day:**

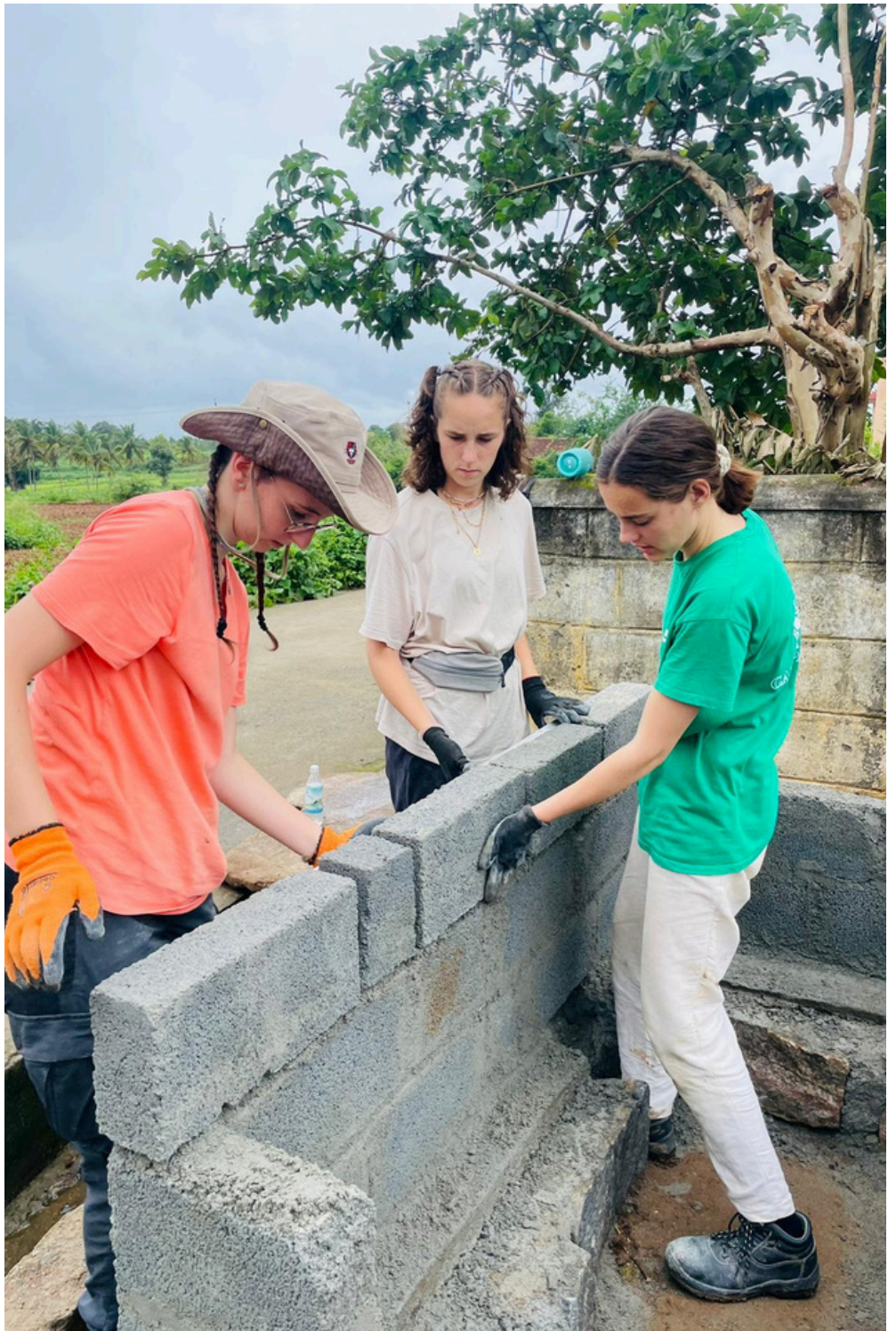
As part of the community living experience, volunteers are expected to adjust to shared bedrooms and bathrooms and adhere to strict timings for meals, house rules, etiquette, and dress code.

**What happens if I am unhappy with my project or hosting facilities?**

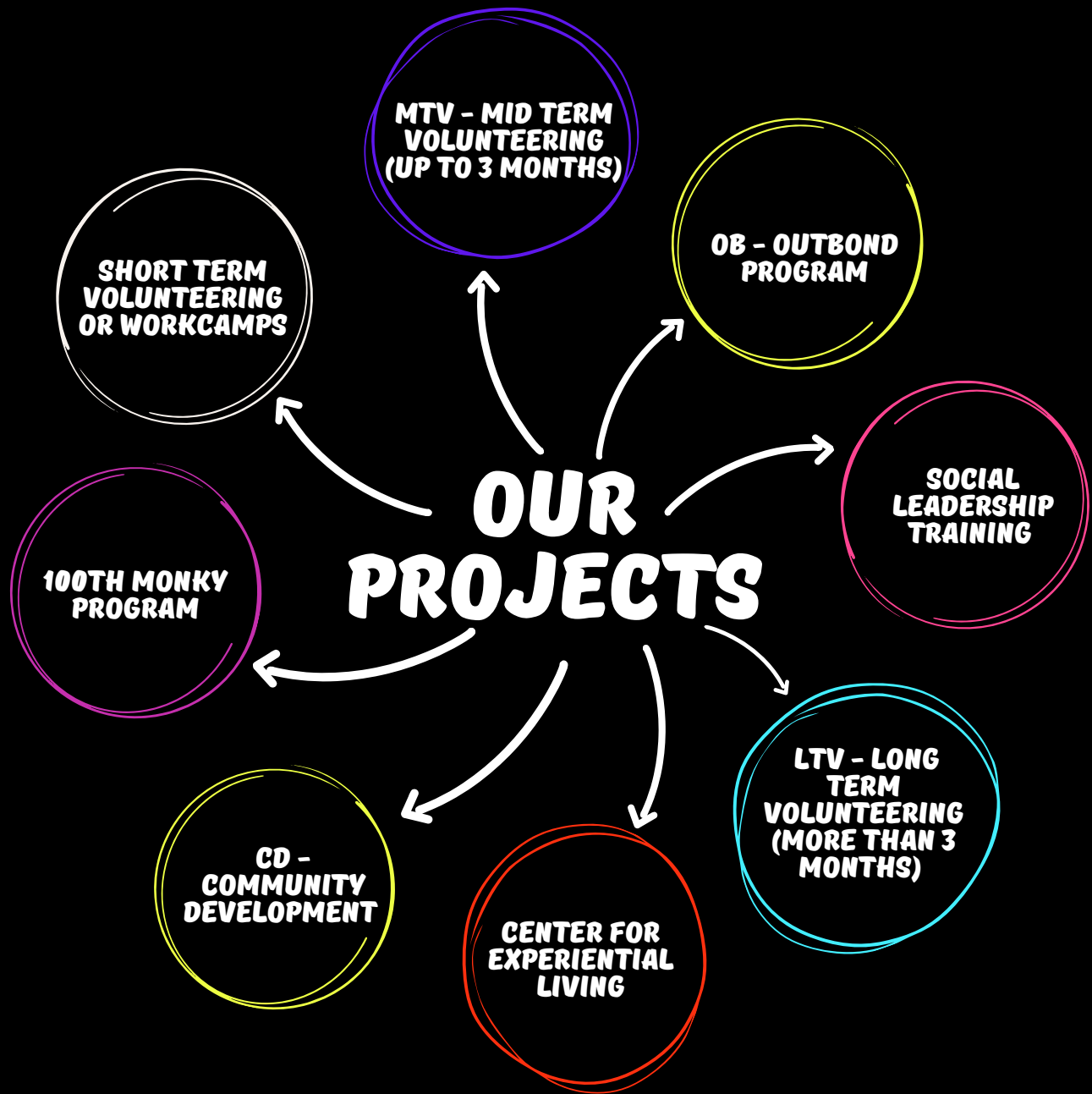
Changes in placement and hosting facilities can only be considered for very special reasons. However, this is taken into consideration only after it is ensured that the volunteer displays an attempt to adjust and overcome the challenges that are present. We kindly ask all participants to stay in their assigned placement for a minimum of one month before requesting a change, as we encourage volunteers to try and adapt to the new environment.











**VOLUNTEER**





# OUR OBJECTIVES



## ONE

To Promote international understanding and cultural exchange

1

## TWO

Identify, analyse and develop young talents through experiential education

2

## THREE

To encourage volunteers service towards peace, equality and mutual respect

3

## FOUR

Building life skills leadership and problem solving

4

## FIVE

Bring the interest among national and international volunteers on socio- economic development of rural communities

5

## SIX

To create interest among the community and school children on volunteer's work.

6

## SEVEN

Bring the community together through workcamp

7

## EIGHT

Spark new ideas for socio-economic development for the rural youth

8

## NINE

Self-awareness and personal development for the volunteer

9



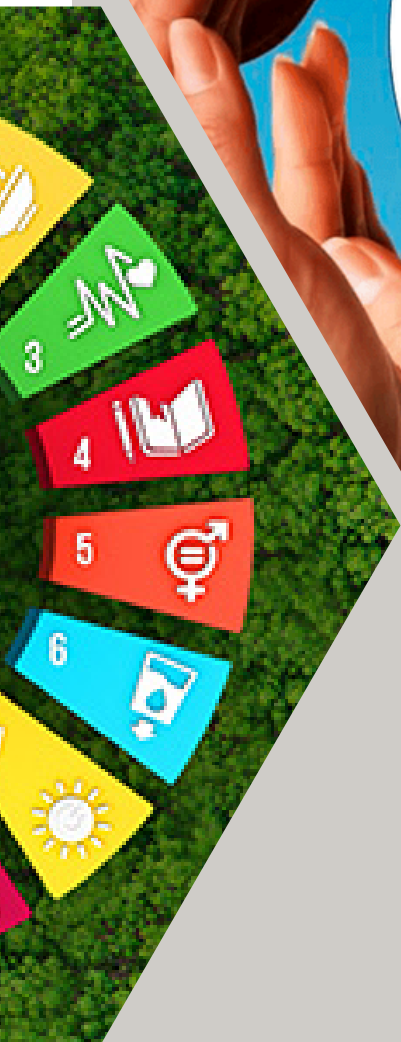


# SUSTAINABLE DEVELOPMENT GOALS



The 17 Sustainable Development Goals (SDGs), which are an urgent call to action by all countries - developed and developing - in a global partnership

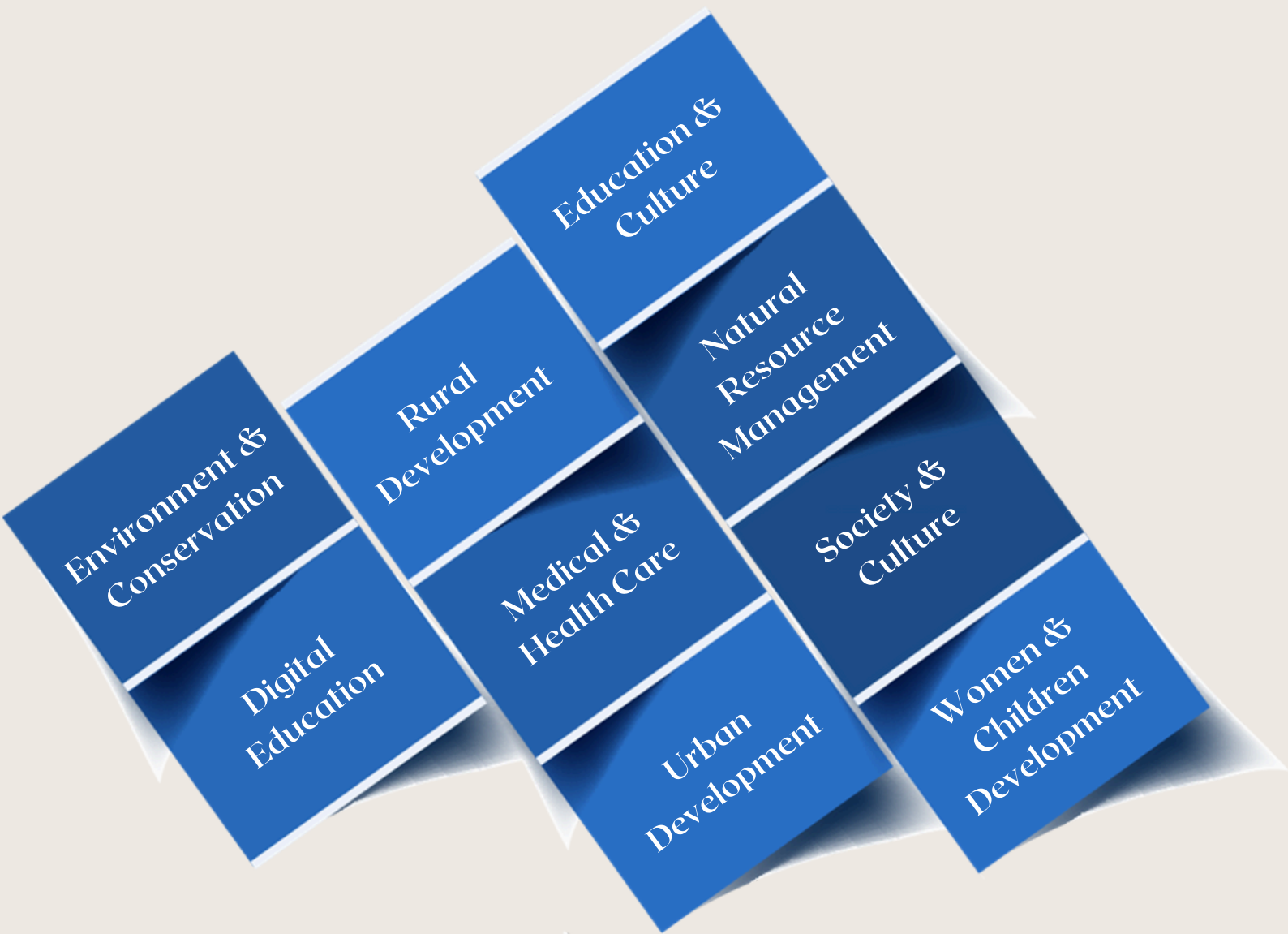
# SDG 2030







# AREAS OF INTERVENTION





# Network and Collaborations

FSL-India, (Field Services and Inter-cultural Learning - India) is a youth development organization focused towards Intercultural Learning through Voluntary Services set up to promote Global Understanding by providing opportunities to the youth to work in different cultural contexts to appreciate Intercultural learning. Thereby, reducing boundaries and bringing people to work together in harmony by understanding the Inter-cultural aspects focusing towards the development of people and society through youth mobility and volunteerism. Founded in the year 2000 and legally incorporated in 2001, FSL India is a Trust under the Indian Trust Act 1882. It was formed with the support of like-minded National and International Organizations with a primary purpose to bring about global transformation, progress, and growth through youth exchange programs. OUR VISION: "To Create a Strong, Well connected, Regenerative Society for a Better World" OUR MISSION: To promote world peace, mutual respect, and inter-cultural exchange by facilitating international voluntarism among youth in the field of Natural Resource Management and Socio-Economic Development of the local community.



**BOSCH**



**CCIVS**  
Coordinating Committee for  
International Voluntary Service  
Est. 1948

