

IPDJ Workcamp Programme 2023

PORTUGAL



CAMPOS DE TRABALHO INTERNACIONAIS

WORKCAMPS



Who are we? What is our mission?

IPDJ or Instituto Português do Desporto e Juventude is a governmental organization that has the task to implement in the whole national territory and at international level the youth policy. The PORTUGUESE SPORTS AND YOUTH INSTITUTE (IPDJ), results of the fusion in 2012, and succeeds in all the powers and obligations, of public bodies in the area of sport and youth, in particular the Portuguese Sport Institute, the Portuguese Youth Institute, the Foundation for the Dissemination of Information Technologies and Movijovem (Youth Hostels and Youth Card). IPDJ is widespread in the whole continental territory, with presence in the 5 regions (North, Center, Lisbon, Alentejo and Algarve) and their 18 district capitals

We have 8 areas of intervention as we develop several national programs about it – support youth organizations, citizenship and participation; health and healthy lifestyles, studies on youth; Non-formal education, social inclusion and gender quality and innovation and entrepreneurship and employment. At International level we have several youth actions. We are a member of CCIIVS and we have been an active partner on International Workcamps (especially through SCI) more than 30 years till now.

The IPDJ 2023 workcamp programme includes 21 camps for 344 volunteers as the board bellow:

July Camps - 11											
Nº	PT Code	SCI Plato code	Camp name	Areas	Local Host	Distrit	Region	start	end	Days	Places
1	PT-CB-09-23	PT-IPJ-12.2	Centum Cellas - again	Arqueology	Santa Casa da Misericórdia de Belmonte	Castelo Branco	Center	01/07/2023	12/07/2023	12	17
2	PT-SA-12-23	PT-IPJ-12.3	Brincarte	Cultural Patrimony	Associação Grupo de Dança Dream Dancing	Santarém	Lisbon	03/07/2023	14/07/2023	12	17
3	PT-CO-10-23	PT-IPJ-11.3	A kind touch of paint	Sócio-Comunitária;	Activar - Associação de Cooperação da Lousã	Coimbra	Center	03/07/2023	14/07/2023	12	17
4	PT-PO-02-23	PT-IPJ-9.1	Stage on the street all included	Sócio-Comunitária;	Aventura Marão Clube	Porto	North	04/07/2023	15/07/2023	12	17
5	PT-EV-11-23	PT-IPJ-11.4	For Climate 3.0	Environment	Marca - Associação de Desenvolvimento Local	Évora	Alentejo	10/07/2023	21/07/2023	12	15
6	PT-VI-26-23	PT-IPJ-10.7	Castro of the three rivers	Arqueology	Associação Desportiva Recreativa e Cultural de Parada de Gonta	Viseu	Center	10/07/2023	21/07/2023	12	12
7	PT-AV-04-23	PT-IPJ-10.1	Phoenix Estarreja	Environment	Associação BioLiving	Aveiro	Center	11/07/2023	22/07/2023	12	17
8	PT-VR-21-23	PT-IPJ-10.9	LOOK & ACT - Take care of the planet	Environment	Associação Ger Emergente	Vila Real	North	20/07/2023	31/07/2023	12	16
9	PT-AV-01-23	PT-IPJ-12.1	AVANCA 2023	Cultural Patrimony	Cine-Clube de Avanca	Aveiro	Center	21/07/2023	01/08/2023	12	17

10	PT-BR-07-23	PT-IPJ 11.2	Be Community!	Sócio-Comunitária	Associação YUPI Youth Union of People with Initiative	Braga	North	24/07/2023	04/08/2023	12	17
11	PT-BG-18-23	PT-IPJ 11.1	United by donkeys	Environment	CAB - Centro de Acolhimento do Burro	Bragança	North	31/07/2023	11/08/2023	12	17

August Camps - 8

Nº	PT Code	SCI Plato code	Camp name	Areas	Local Host	Distrit	Region	start	end	Days	Places
12	PT-VR-20-23	PT-IPJ 10.8	CHANGE - Where it starts	Environment	WAVEMOMENT - Associação Juvenil	Vila Real	North	01/08/2023	12/08/2023	12	17
13	PT-BR-05-23	PT-IPJ 10.3	Live Nature Live Together 23	Environment	SYAJ - ASSOCIAÇÃO JUVENIL SYNERGIA	Braga	North	02/08/2023	13/08/2023	12	17
14	PT-PO-29-23	PT-IPJ 11.7	seeds of wisdom	Sócio-Comunitária	Associação Azes Valboenses	Porto	North	09/08/2023	20/08/2023	12	17
15	PT-VI-15-23	PT-IPJ 10.6	Suport Nature	Environment	MONTIS, ACN	Viseu	Center	18/08/2023	27/08/2023	10	12
16	PT-SA-13-23	PT-IPJ 12.4	Criarte II	cultural Patrimony	Associação Grupo de Dança Dream Dancing	Santarém	Lisbon	20/08/2023	31/08/2023	12	17
17	PT-BG-19-23	PT-IPJ 10.2	Nature Embassadors	Environment	Associartecine - Associação de Dinamização dos Audiovisuais	Bragança	North	21/08/2023	01/09/2023	12	17
18	PT-EV-22-23	PT-IPJ 11.5	TerraNossa Patrimony 2023	Cultural Patrimony	Oficinas do Convento - Associação Cultural de Arte e Comunicação	Évora	Alentejo	21/08/2023	01/09/2023	12	17
19	PT-PO-06-23	PT-IPJ 10.5	EcoVilaPouca	Environment	Aprisof	Porto	North	28/08/2023	08/09/2023	12	17

September Camps - 2

Nº	PT Code	SCI Plato code	Camp name	Areas	Local Host	Distrit	Region	start	end	Days	Places
20	PT-GU-16-23	PT-IPJ 10.4	Restoring and Protect the rivers	Environment	Associação de Promoção Social, Recreativa, Desportiva e	Guarda	Center	04/09/2023	15/09/2023	12	17

					Humanitária de Maceira						
21	PT-PO-03-23	PT-IPJ 11.6	Another World is Possible	Environment	Equação, Cooperativa de Comércio Justo, Crl	Porto	North	19/09/2023	30/09/2023	12	17

You can see all the 21 camps in the map of Portugal bellow:



All our camps are only for volunteers with 18 to 30 years old

There are no fees in our camps.

We have insurance in all camps have during the stay - a personal accident insurance contract, which includes, as a minimum, coverages in cases of death, permanent disability, treatment costs, funeral and repatriation.

We are not allowed to participate in the ESC (European Voluntary Corps) because we can't receive fund from Erasmus program.

WORKCAMP CODE	PT-AV-01-23	
CAMP NAME*	AVANCA 2023	
DATES	21th July	1 st of August

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words

The Cine-Clube de Avanca (CCA) is a non-profit association dedicated to the promotion and production of culture through audiovisual media, with headquarters in Avanca and regular and uninterrupted activity since its foundation.

The Cine-Clube de Avanca has been dedicated to the production of films by young filmmakers, to itinerant cinema sessions and cinema in schools, to formative intervention with schools in the region.

Since 1997, CCA has been organizing the “International Film, Television, Video and Multimedia Meetings - AVANCA”. This being the tutelary event for all CCA activity in recent years, past activity is marked by many exhibitions, cycles and extensions of recognized value.

Website: www.avanca.com

Email address: avancafilmfestival@gmail.com

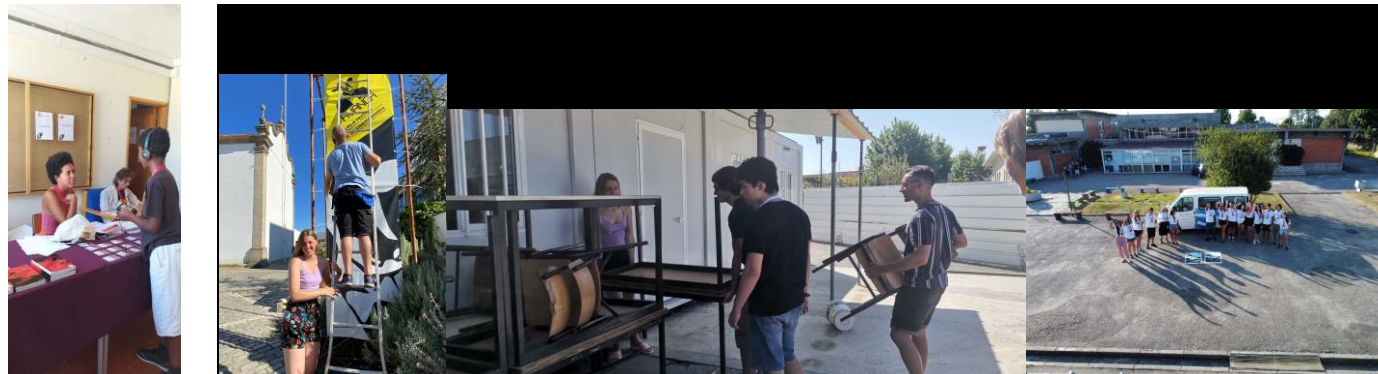
WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

Camp Description and Aims

Volunteers in this work camp are involved in various levels of the organization, providing a determinant support for the success of this International Meeting.

Being **AVANCA** an idea sharing favored space, creative fusion and cultural interchange between, professionals, students and cinema and multimedia lovers, IWC volunteers will naturally participate and dive in this international, culture and creative atmosphere.

To moments dedicated to cultural animation and discovering of surroundings, Cine-Clube de Avanca offers a set of activities, which will give an insight of the social realities, cultural and gastronomical, between others, from the village of Avanca and the region that extends between the cities of Aveiro and Porto.



Voluntary Work and Tasks of the Camp

During preparation and setting phase

- Signposting setting for the different spaces in AVANCA 2023;
- Poster and pending poster distribution;
- Exposition setting and Organization;
- Adaptation of the Egas Moniz school classrooms for workshops attainment;
- Workshop related Video-Informatics equipment installation and testing;
- Cleaning and preparation of the Auditorium of Avanca for competitive sessions of Cinema and Video;
- Organization of the Egas Moniz School’s polyvalent;
- Airport reception and welcoming of the AVANCA 2023 international guests – directors, actors, producers, technicians, etc...
- Cleaning and maintenance of spaces and sanitary installations used by the IWC.

During the Festival:

- Check-in support for the AVANCA 2023 participants and guests;
- Maintenance of the Workshop rooms;
- Cantina support;
- Support during competitive sessions;
- Cleaning and maintenance of the AVANCA 2023 common areas;

After AVANCA 2023 ending:

- Collecting and verifying workshops’ equipment;
- Line-up and cleaning of the used spaces on their initial configuration;
- Collecting the material of the exhibitions and wrapping the works/material;
- Collecting AVANCA 2023 posters and pending posters in Avanca and in Aveiro region.

What the volunteers can Learn in this Camp? (study part)

Volunteers are active participants and play a crucial role in the development of the festival, supporting the organization at all levels and will directly support the organization of the festival and all that entails. The festival is a privileged space for communication, creative fusion and cultural exchange between professionals, students and film lovers. Thus, it is intended to provide them with opportunities for personal and cultural development, as well as the acquisition of new knowledge in the field of Cinema and Audiovisuals, through their involvement, at different times, in preparing for the festival, providing these young people with organizational skills and social, which can serve as a working tool in the future.

Free Time, Leisure Time and Visits preview

- Visit the Bioria, Natural Heritage of Estarreja, a natural ecosystem known for its richness and biodiversity and the Salinas de Aveiro;
- Trip to Espinho beach;
- Guided visit to the Egas Moniz Museum house, to discover the life of this Nobel Prize winner with such strong links to Avanca;
- Ride along the Ria de Aveiro in typical boats where you can taste the famous "Ovos Moles" of Aveiro;
- Visit to Aveiro's salt pans.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location *(if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)*

Avanca is a Portuguese parish in the municipality of Estarreja, with an area of 21.07 km² and 6 189 inhabitants. Avanca belongs to the municipality of Estarreja, District of Aveiro. It is limited by the municipalities of Murtosa, Ovar and Oliveira de Azeméis. It is served by Estrada Nacional 109, by A29, as well as by the North railway line.

The center of the workcamp takes place at the heart of the festival, at Escola Basica do Mato, where the workshops will also take place and where the secretariat and conference are located. The school is located in the center of the small village, from where the volunteers will find it easy to move between places, like supermarket, laundry, drugstore, among other services. In this same place there is a canteen with free access to volunteers.

Address:

Escola EB 2.3 Egas Moniz

Rua do Morgado110 / 3860-136 Avanca

40.81097555267849, -8.577419603894413



Accommodation/Food *(describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)*

Volunteers will be accommodated in the school's classrooms. They will have access to mattresses.

The school has bathrooms and changing rooms with hot water, open 24 hours/day.

Regarding food, breakfast will be prepared in the school canteen, where volunteers will have at their disposal the most varied items for its preparation.

For lunch and dinner, volunteers will go to local restaurants along with their monitors.

During the festival, lunch is provided by the school canteen.

CONDITIONS OF PARTICIPATION *(if there is any specific information that is important volunteers to know about the camp)*

Internal rules of the Camp

Volunteers can only leave the workcamp with the proper knowledge and authorization of the monitors.

Special remarks or requirements of the Camp

Smoking is not allowed inside the rooms.

The camp will be watched nightly by a professional security.

INSURANCE *(kind of covers)*

All volunteers are covered by a personal accident insurance.

WHAT VOLUNTEERS HAVE TO BRING

Sleeping camping bag, pillow, items of personal hygiene, working clothes for some tasks and other goods that are deemed

necessary.

MEETING TIME AND MEETING POINT

Arrival date:	21 July
Timetable or period:	14:30
Place Name:	Avanca Train Station
Place Address:	Avanca Train Station
Emergency contact:	+351966190163

HOW TO GET TO THE MEETING POINT/CAMP? *(Please add addresses, timetables, itinerary trip, ticket prices and internet address)*

Closest Airport:	International Airport of Oporto www.ana.pt
Closest Train Station:	Urban Train North railway - Porto - São Bento / Avanca or Porto - Campanhã / Avanca - www.cp.pt

Travelling from the Airport to (bus or train)

Getting to Avanca from the International Airport of Lisbon www.ana.pt

1. Bus, Taxi, Uber/Bolt or Subway to the train station of **Lisboa-Santa Apolónia**.

Getting to Avanca from the International Airport of Oporto www.ana.pt

1. Taxi, Uber/Bolt or Subway transfer to the train station of **Porto- São Bento** or **Porto – Campanhã**.

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

From Lisbon – Bus Lisbon / Aveiro - <https://rede-expressos.pt/pt> and then Urban Train North railway - Aveiro to Avanca. www.cp.pt

From Porto - Bus Porto / Aveiro - <https://rede-expressos.pt/pt> and then Urban Train North railway - Aveiro to Avanca. www.cp.pt

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

From Porto - Urban Train North railway - Porto - São Bento / Avanca or Porto - Campanhã / Avanca - www.cp.pt


From Lisbon - Intercity Train “Lisboa–Santa Apolónia” – Aveiro or ALFA service train “Lisboa-Santa Apolónia / Aveiro - www.cp.pt –

From Aveiro - Urban Train North railway - Aveiro to Avanca - www.cp.pt

Special recommendations

WORKCAMP CODE	PT-AV-04-23	
CAMP NAME*	Phoenix Estarreja	
DATES	11/07/2023	22/07/2023

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words	
	<p>Associação BioLiving is an award-winning non-profit NGO which motto is "Nature and Education for All". Our objectives are, among others, to Promote sustainability; Encourage environmental citizenship and public participation in the defence of natural values; Boosting the social economy; Promote inclusion, peace and solidarity, using education, natural resources and the protection of nature as their trigger; Provide monitoring and scientific consultancy in the fields of forest, biodiversity and environmental education; but essentially to demonstrate that nature belongs to everyone and to all.</p> <p>Our team includes biologists, forest engineers, land planners, ecotourism and sports professionals, designers and marketeers, historians and professional environmental educators/science communicators. We work together for over 12 years, aiming at bringing nature and biodiversity to all. In the last 6 years we have planted over 20000 trees, restored over 20ha of degraded habitat, financed 4 scholarships, and promoted over 2000 collective actions of community/environmental volunteering. Know our work at www.bioliving.pt/en</p>

WORKCAMP DESCRIPTION

Camp Description and Aims

This camp will take place in Baixo Vouga Lagunar, in two areas of the Estarreja municipality, both of high ecological and social value. [BioRia](#) is a network of nature trails, a paradise for birdwatching, integrated in a Natura 2000 site. In Canelas, the LUSITANICA project has been running since 2016, aiming to convert a degraded area into a model forest for nature conservation and fire prevention, as well as to rebuild heritage buildings: an abandoned water mill and a historic fountain ('Fonte dos Namoricos') which is very degraded. It is an area much cherished by the population, but it requires a major intervention to return to being the social dynamic pole it was in the past. This project integrates environmental and social interventions promoting sustainability as a whole.

General objectives:

- Valorisation and restoration of natural and cultural heritage (biodiversity, cultural heritage, watermills and fountains);
- Promotion of sustainability, environmental awareness, and biodiversity protection;
- Promotion of intercultural relationships, good environmental practices, and citizenship;
- Promotion of intergenerational contact (some activities will have elderly people helping or explaining local traditions);
- Promotion of specific skills in the field of cultural and environmental heritage protection

Voluntary Work and Tasks of the Camp

- Ecological restoration work (control of invasive species and beneficiation of fauna and flora);
- Recovery of burnt areas with high ecological potential that were affected by the fires of 2022;
- Environmental improvement of water streams;
- Recovery of traditional structures (small stone walls and dams; water channels and water tanks);
- Litter gathering; cleaning walking trails; controlling invasive vegetation;
- Participants will also contribute to prevent forest fires by controlling shrubs and invasive vegetation;
- Build shelters and a pond for wildlife;
- Vegetation trimming and removal;
- Improvement of local fauna, flora, and landscape.

What the volunteers can Learn in this Camp? (study part)

- Participants will perform field tasks but also learn about nature conservation and engage in conservation-training activities, while getting to know the Portuguese fauna and flora;
- Participants will also learn why nature conservation is important and how small environmental projects such as these workcamps can be crucial to preserve an entire habitat;
- Encouragement of international exchange and exchange of experience;
- Presentation and discussion of the natural and social reality of the regions of origin of the participants;
- Promotion of environmentally and socially responsible attitudes and values;
- Development of action-training actions focused on individual and collective learning;
- Get to know local culture and traditions.

Free Time, Leisure Time and Visits preview

- The amazing city of Aveiro, and its traditional 'moliceiro' boats, [salt pans](#), [colourful houses](#), and modern [university](#).
- The [BioRia](#) nature trails and aquatic sports;
- [Baixo Vouga Lagunar](#) Natura 2000 areas;
- Rare Portuguese rice fields and *bocage* habitat;
- Sketch'n Fun (*Pictionary*), art crafts, music, environmental movies night, traditional games, quiz night, talks, cultural and environmental tours.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location

BIORIA TRAILS:



Location: <https://goo.gl/maps/B1GCcddkLT8JVJrr9>

This place is located in a more rural area but it is easily accessible by train. It is only 15 minutes from Aveiro city (by train).

LUSITANICA PROJECT (integrated restoration of natural and cultural heritage):



Location: Canelas (<https://goo.gl/maps/VZxXRCd3GwdwgmD7A>)

Canelas is also a rural area but easily accessible by train. It is also 15 minutes from Aveiro city by train.

All transportations for field work or leisure activities will be provided by the organization.

Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

Participants will sleep in a shared sports complex in Estarreja with beds, separated by gender. The complex has a sports locker room with hot water showers also separated by gender.

The organization will provide breakfasts, lunches and dinners. Lunches and dinners are prepared/cooked by the municipality's staff and served in a canteen, but some lunches will be served in the field (sandwiches, fruit, etc.). Vegetarian/vegan meals are an option.

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

- High sense of citizenship and environmental protection.
- Will to work for nature protection and improvement.
- Will to learn and share nature protection techniques and good practice.
- Language skills (English preferable, but also Portuguese, Spanish or French).
- Always be punctual.
- Always respect others' opinions.
- Will to interact with local community.
- Respect COVID-19 hygiene and safety measures.

Special remarks or requirements of the Camp

-

INSURANCE (kind of covers)

Death and permanent disability, work accidents, treatments, funeral.

WHAT VOLUNTEERS HAVE TO BRING

Participants have to bring their own towels and hygiene products. Participants can also bring typical food items/beverages from their country for the international cultural dinner and a presentation about the nature of your region. It is also important to bring working clothes and shoes, sunscreen and hat.

MEETING TIME AND MEETING POINT	
Arrival date:	11th of July 2023
Timetable or period:	11 AM
Place Name:	Estarreja train station
Place Address:	https://goo.gl/maps/bfQnurGKGKwDaqzN7
Emergency contact:	Daniel Santos (+351)918271716; Sofia Jervis (+351)914216341

HOW TO GET TO THE MEETING POINT/CAMP? *(Please add addresses, timetables, itinerary trip, ticket prices and internet address)*

Closest Airport:	Porto Airport (Aeroporto Francisco Sá Carneiro)
Closest Train Station:	Estarreja station

Travelling from the Airport to (bus or train)

From the airport, the participants will have to go to Estarreja train station. The easiest way to get there is flying to Porto airport and take the train from there

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

- **From Porto airport:** Just outside the airport take the metro (subway <http://en.metrodoporto.pt/>) to '24 de Agosto main' Walk to the bus station and catch the bus to Aveiro (around 1 hour). In Aveiro take the train to Estarreja train station, urban trains in direction to Porto.
- **From Lisbon airport:** Just outside the airport take the metro (subway <http://www.metrolisboa.pt/eng/>) to Oriente main station (10 min). At Oriente, take the bus to Aveiro station (about 3h). Finally, in Aveiro, take a train to Estarreja (15min), urban trains in direction to Porto.
- **From Faro airport:** just outside the airport take the bus to the city center bus station (20 min). Catch the Bus to Aveiro (you may have to change buses along the way and the trip will take 8 to 9 hours). From Aveiro train station take the train to Estarreja train station, urban trains in direction to Porto.

Timetables and prices for national bus company at <https://rede-expressos.pt/en>

Timetables and prices for Portuguese trains at <https://www.cp.pt/passageiros/en>

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

- **From Porto airport:** Just outside the airport take the metro (subway <http://en.metrodoporto.pt/>) to Porto – Campanhã main station (30min). At Campanhã, take the train to Estarreja station (direction Aveiro). This ride takes about 40 minutes.
- **From Lisbon airport:** Just outside the airport take the metro (subway <http://www.metrolisboa.pt/eng/>) to Oriente main station (10 min). At Oriente, take the train to Aveiro station. You can get an InterCities or an AlfaPendular train (about 2h). Finally, in Aveiro, take a train to Estarreja (15min), urban trains in direction to Porto.
- **From Faro airport:** just outside the airport take the bus to the city center (20 min), walk to the main train station in Faro and take the train to Estarreja station (you will have to make stops and change trains along the way and the trip will take around 6 hours)

Timetables and prices for Portuguese trains at <https://www.cp.pt/passageiros/en>

Special recommendations

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	17
Working language:	English (but we also speak Spanish, and, of course, Portuguese)
Country currency:	Euro
Weather expected during the camp:	Sunny and hot weather
Local Host organization address:	Rua do Outeiro, Frossos, 3850-635 Albergaria-a-Velha, Portugal
Local Host organization phone:	(+351)935293911
Local Host organization email:	geral.biolving@gmail.com
Local Host contact person:	Daniel Santos (+351)918271716; Sofia Jervis (+351)914216341;
Camp Leader Name:	Milene Matos
Camp Leader mobile phone:	(+351)964712455
IPDJ Regional address:	IPDJ Aveiro - Rua das Pombas - Edifício IPDJ; 3810-150 Aveiro, Portugal
IPDJ Regional phone number:	(+351) 234 482 233

WORKCAMP CODE	PT-BG-18-23	
CAMP NAME*	United by Donkeys	
DATES	31/07/2023	11/08/2023

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words

CAB – Centro de Acolhimento do Burro (Donkey Shelter Center) is a non-profit organization, founded in 2011, whose main goals are to guarantee the welfare and veterinary care of sick/old donkeys and mules, that were abandoned or mistreated, or whose owners were unable to take care of for financial or health reasons. The Center intends to be a welfare shelter, where we provide a peaceful, safe and dignified end of life.

The Donkey Shelter Center is supported by the British non-profit organization The Donkey Sanctuary. Besides that, our work is also supported and coordinated by AEPGA (Association for the Study and Protection of Donkeys).

Phone number: +351 925790394(5)
 E-mail: centroacolhimentoburro@gmail.com
 Website: http://www.centroacolhimentoburro.pt/

WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

Camp Description and Aims

The main goals of this workcamp are the recovery of rural heritage, enhancing the biodiversity of our Center, and promoting the animal welfare of donkeys and their quality of life. We want to enable the discovery of the Miranda Plateau, a unique rural region, rich in natural beauty, biodiversity, culture and traditions. With so aging population in these villages, one of the goals is bringing together the young participants and the local community, therefore promoting intercultural (urban/rural, international/national) and intergenerational (youngsters/ elderly) encounters and exchanges.



Voluntary Work and Tasks of the Camp

- Promote the animal welfare of donkeys - feed the animals and help with their basic care tasks
- Maintenance and improvement of the infrastructure of the donkey shelter
- Dry stone wall rebuilding
- Support autochthonous biodiversity
- Building and placing nest boxes for birds
- Activities to support local community

What the volunteers can Learn in this Camp? (non-formal learning)

Our work team is multidisciplinary, so this workcamp is an opportunity to learn ancient techniques of dry stone wall rebuilding shared by local people, basic care of donkey maintenance with veterinarians, biodiversity conservation with biologists.

Free Time, Leisure Time and Visits preview

For leisure time, there are several activities planned for the participants to get the opportunity to know the beautiful local landscapes, the rich cultural traditions and the local community as: trekking with donkeys, trips through villages, visits to local interpretation center (like visit the Donkey Shelter, the Interpretive Center of Traditional Dovecotes, Miranda donkey improvement center), nationality day - intercultural sharing, birdwatching, cinema nights and traditional games.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)

The accommodation is located in Pena Branca village, geographically included in the Natura 2000 network and Douro Internacional Natural Park, about 6 kms from Miranda do Douro city. Located in a rural area in the northeast of Portugal, very close to the border with Spain, it's a village that suffers aging population problems, which makes these experiences very important for the rural development of this region.

Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

Basic housing with electricity – with one large room equipped with bunk beds, one living room, WC, and showers with hot water. There is no bar in the village neither a supermarket, but if something is needed, we can easily support the volunteers to get it. Volunteers who want extra privacy can bring camping tents. There's good wifi in the proximity of the accommodation, more precisely at the CAB office, which is in the village.

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

The Workcamp will take place in a rural village included in the Natura 2000 Network with less than 10 inhabitants, and most of them are elderly, so it is important that participants have respectful behaviour towards the community and nature. Being a more fragile and isolated population, it is important to assume social behaviour that do not compromise the well-being of the community and minimize the risk of contagion by covid-19.

Special remarks or requirements of the Camp

INSURANCE (kind of covers)

Each workcamp volunteer has a personal accident injury insurance, that includes: Coverage Base (Death; Permanent Disability; Death or Permanent Disability) and Complementary Coverages (Treatment and Repatriation Expenses; Funeral expenses; Absolute Temporary Disability; Temporary Disability due to Hospitalization)

WHAT VOLUNTEERS HAVE TO BRING

Sleeping bag; towels; comfortable work clothing (for cold and hot weather); waterproof hiking boots (or similar); sunscreen; waterproof coat.

MEETING TIME AND MEETING POINT

Arrival date:	31/07/2023
Timetable or period:	18:00h to 19:30h
Place Name:	Miranda do Douro Bus Station
Place Address:	Estrada Nacional 218
Emergency contact:	+351 925790394

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)

Closest Airport:	Oporto Airport
Closest Train Station:	It's not possible to get a train to the meeting point.

Travelling from the Airport to (bus or train) station

As you go out of the airport, follow the signs for the Subway and take it direction 'Estádio do Dragão' station (purple line, letter E). Then, go down in the stop 'Campanhã'. Go out of the metro station follow the sign to the bus station (TIC – Terminal Intermodal de Campanhã).

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

From: Porto (Campanhã)

To: Miranda do Douro

Departure and Arrival: 14:15h - 18:30h | 15:00h - 19:25h

Ticket price: 16.00€

Company: Rede expressos

Address: Travessa Passos Manuel, Porto

Phone number: +351 222 005 637

Website: <https://www.rede-expressos.pt/en>

Travelling by Bus from Lisbon to the Meeting point

From: Lisbon (Oriente Bus Station)

To: Miranda do Douro

Departure and Arrival: 11:00h - 18:30h

Ticket price: 23.00€

Company: Rede expressos

Address: Gare do Oriente, R/C Armazém 1, Sala 2

Phone number: +351 218 956 850

Website: <https://www.rede-expressos.pt/en>

Our team is responsible for driving the volunteers from Miranda do Douro to Pena Branca and back (both at arrival/departure and during the workcamp, whenever needed).

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

It's not possible to go by train to the meeting point.

Special recommendations


No specific rules of participation will be applicable. It is preferable that one of the 3 indicated languages is spoken.

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	17
Working language:	English
Country currency:	€ (Euro)
Weather expected during the camp:	In August, it is very likely to have warm/hot/dry weather; temperatures can get to 35°C during the day, but they generally drop at night to around 10°C.
Local Host organization address:	Antiga Escola Primária de Pena Branca, 5210-172 Pena Branca (Miranda do Douro)
Local Host organization phone:	+351 925790394
Local Host organization email:	centroacolhimentoburro@gmail.com
Local Host contact person:	Emanuel Catarino
Camp Leader Name:	Emanuel Catarino
Camp Leader mobile phone:	+351 925790394
IPDJ Regional address:	R. Oróbio de Castro, 5300-252 Bragança
IPDJ Regional phone number:	+351 273310600

WORKCAMP CODE	PT-BG-19-23	
CAMP NAME*	Nature Ambassadors	
DATES	21-08-2023	01-09-2023

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (<i>organization name, aims, main activities, internet address, you can add a small logo of your organization</i>) – Maximum - 130 words	
<p>Associartecine is an NGO based in the North East of Portugal, founded in 2003. Associartecine's mission is to support European cinema, as well as young, unestablished directors.</p> <p>The association discloses and promotes the use of audiovisual channels, organizes workshops, encounters and festivals. Associartecine believes that cultural activities contribute to the promotion of Nordeste Transmontano region and its people, traditions and valuable culture.</p> <p>Website: https://www.associartecine.pt/</p> <p>FB page: https://www.facebook.com/Associartecine/</p>	
	

WORKCAMP DESCRIPTION (*After WorkCamp description you can add 1 or 2 photos from previous camps, if the same*)

<p>Camp Description and Aims</p> <p>Nature Ambassador Workcamp's main goals consist in the promotion of non-formal education among participants and respect for different cultures in an intergenerational environment. We expect this immersive experience to shape participant's beliefs and to improve their tolerance, respect and appreciation for different cultures.</p> <p>This Workcamp also aims to have a positive impact in the local communities, which will benefit with the close contact with young participants.</p> <p>The last goal is to promote Parque Natural de Montesinho and its natural heritage, by improving orientation signs in 3 walking routes and by applying techniques which improve coexistence between rural activities and Park's wildlife.</p>
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<p>Voluntary Work and Tasks of the Camp</p> <p>Voluntary work is divided in 3 categories:</p> <ul style="list-style-type: none"> - Montesinho Natural Park nature routes improvement – installing and placing orientation and information signs along 3 routes, in order to promote sustainable ecotourism; - Coexistence between rural activities and wildlife – installation of electric fences to protect beehives from bear and badger damages, and to protect chestnut orchards from wild boars, red and roe deer damages. - Community work – local community will make a list of their needs which the workcamp will contribute to.

<p>What the volunteers can Learn in this Camp? (study part)</p> <p>Volunteers will have the opportunity to learn multiple skills, namely:</p> <ul style="list-style-type: none"> - Tolerance, respect and appreciation for different cultures; - New languages; - How to deploy orientation signs on a homologated nature route; - How to identify flora species; - Ecosystems functions and services; - Techniques that allow coexistence between rural activities and wildlife; -

<p>Free Time, Leisure Time and Visits preview</p> <p>Free time will be spent in different places:</p> <ul style="list-style-type: none"> - Rivers: Montesinho Natural Park has well preserved rivers, surrounded by lush vegetation. Part of the leisure time will be spent in these places, since August is a very hot month; - City: Since the workcamp is quite near to Bragança city, some leisure time will take place in the city. The foreseen activities are a tour around the castle and historic centre and visit to the 3 museums: Sefarad, Abade de Baçal and Contemporary Art Graça Morais; - Nature guided tours: the nature conservation officers will offer the workcamp 2 guided tours around Vilarinho village - Cinema: a selection of independent directors will be made, according to participant's countries of origin. Movies display will be outdoors and will be open to the participation of local community. - Board games and music jam sessions will be optional but promoted by Workcamp monitors.
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LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)

The Workcamp will be based in Vilarinho, a village located in the heart of Montesinho natural park, Bragança district, in the Northeastern part of Portugal, near the border with Spain ([41.896854, -6.842691](https://www.google.com/maps/place/41.896854,-6.842691)). Montesinho Natural Park is one of the best protected areas of Portugal, where it is possible to find red deer, roe deer, wild boar and healthy population of wolves. Its landscape consists of patches of oak tree forests, with forests and orchards of chestnut trees, which constitute one of the main economic incomes of the local community.

Even though Vilarinho is very rural, it is only 17 km away from Bragança city centre. Most of the population is quite aged, but due to the 4 nature routes that cross the village, there is an influx of tourists in the village. The village has a souvenir shop with local products.

Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

The accommodation will be in a renovated children school, which no longer serves its purpose. It has bathrooms, hot water, an equipped kitchen. There is minimum mobile internet connection.

Meals will be prepared by all the volunteers, taking turns, yet always accompanied by a cook. Breakfast, lunch, afternoon snacks, dinner, and night snacks will be provided.

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

It is a locality with few inhabitants and most of them are elderly, so it is important that participants have respectful behaviour towards the community and nature. Being a more fragile and isolated population, it is important to assume social behaviour that do not compromise the well-being of the community and minimize the risk of contagion by covid-19.

Special remarks or requirements of the Camp

INSURANCE (kind of covers)

Each workcamp volunteer has a personal accident injury insurance, that includes: Coverage Base (Death; Permanent Disability; Death or Permanent Disability) and Complementary Coverages (Treatment and Repatriation Expenses; Funeral expenses; Absolute Temporary Disability; Temporary Disability due to Hospitalization)

WHAT VOLUNTEERS HAVE TO BRING

Volunteers have to bring:

- Clothes adapted to a very hot climate
- Sunscreen
- Working/hiking boots
- Bathing suits
- Towels
- Sleeping bag
- Hat
- Water bottle
- backpack

Volunteers may want to bring:

- Board games
- Musical instruments
- Binoculars
- Camera

MEETING TIME AND MEETING POINT

Arrival date: 21 August 2023

Timetable or period: 18h30

Place Name: Central de Camionagem de Bragança

Place Address: Av. João da Cruz, 5300-178 Bragança

Emergency contact: 00351964695442

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)	
Closest Airport:	Aeroporto Sá Carneiro (Oporto city) - https://www.aeroportoporto.pt/pt/opo/home
Closest Train Station:	There is no train service to Bragança
Travelling from the Airport to (bus or train)	
Bus: you can pick up the bus directly from the airport to the meeting point (Bragança). This will be a 3:15 trip. You can check Flixbus (www.flixbus).	
Metro: there is only one line at the airport, which is “Linha E – Violeta – Aeroporto – Estádio do Dragão – Aeroporto”. You stop at “Campanhã”, where you will find the bus station “Terminal Intermodal da Campanhã”.	
Bus: the best bus option is to catch a shuttle, which will take you directly from the airport to the bus station “Terminal Intermodal da Campanhã”. You can check schedules here https://www.getbus.eu/pt/	
Associartecine’s monitors will pick up volunteers from “Central de Camionagem de Bragança” to the workcamp location.	
Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point	
Porto: from “Terminal Intermodal da Campanhã” you can take two companies: Rede Expressos (https://rede-expressos.pt/en) or Flixbus (www.flixbus). It will be a 3:15 hour trip.	
Lisbon: from	
Lisboa: from “Estação do Oriente” you can take two companies: Rede Expressos (https://rede-expressos.pt/en) or Flixbus (www.flixbus). It will be in minimum a 6:30 hour trip	
Associartecine’s monitors will pick up volunteers from “Central de Camionagem de Bragança” to the workcamp location.	
Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point	
There is no train service in Bragança.	
Special recommendations	
Have a charged cell phone with you in case there’s a delay and you need to contact us.	

PRACTICAL INFORMATION AND CONTACTS	
Nº of volunteers:	17
Working language:	English
Country currency:	Euro €
Weather expected during the camp:	Very hot and dry during the day (expect temperatures to go above 30°C, nights may be colder (best to bring a warm layer)
Local Host organization address:	Antiga Escola Primária de Caçarelhos, 5230-090 Caçarelhos
Local Host organization phone:	00351964695442
Local Host organization email:	associartecine@gmail.com
Local Host contact person:	Hugo Simões
Camp Leader Name:	Miguel Fernandes Nóvoa
Camp Leader mobile phone:	00351925790397
IPDJ Regional address:	Rua Orobio de Castro, 5300-220
IPDJ Regional phone number:	00351273310600

WORKCAMP CODE	PT-BR-05-23	
CAMP NAME*	Live Nature Live Together 2023	
DATES	02/08/2023	13/08/2023

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words
SYAJ – Associação Juvenil SYnergia is a dynamic and proactive association, with a strong will to work and grow. We are a multidisciplinary team, with the aim to promote events and develop projects for young people in Braga, maintaining a close relationship with the whole community but always open to European awareness. We try to valorise every day young people, through sport and social culture activities, challenging everyone to join us. We are involved in several projects, with the support of numerous volunteers, who bring us the best of what they do. We tried to work on several fronts, assuming primary responsibility for the integration of all young people, with special attention to those who typically have more difficulty in accessing activities. We have several projects focusing on various areas: Urban Design Arts, Web TV, Web Radio, Office Project Support, Psychological Support Office, European Projects, Academy Synergia, Synergia Space and TOCA (Associative and Cultural Office for Associations). www.synergia.pt

WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

<p>Camp Description and Aims</p> <ul style="list-style-type: none"> • Promotion and development of social inclusion activities and voluntary work; • Promotion of community awareness actions on environmental issues, on combating climate change and on social inclusion (with emphasis on the partnership made in the presence of young Luso descendants from Cape Verde and Brazil who will have an excellent opportunity for inclusion here); • Creation and distribution of ecological material and gadgets; • Increased awareness of the impact of single-use plastic on the forest and marine environment; • Creation of an international and district youth network to ensure the impact and sustainability of the proposed challenge.

<p>Voluntary Work and Tasks of the Camp</p> <p>Environmental awareness actions, including open discussions and structured dialogue between young people and policy makers in the various municipalities present;</p> <ul style="list-style-type: none"> • Public Campaigns; • Actions to fightt the use and contamination through plastic, through cleaning of forest areas, beaches and forests around them; • Creation of leaflets and videos on the theme for dissemination of the environmental message; • Organization of inclusive Cultural and Sporting Events; • Actions to encourage the reduction of emissions and toxic waste, with the realization of group tours in the communities of Braga district and in some communities of the network created online; • Organization of creative and recreational activities in public transport; • Creation and distribution of environmentally friendly ashtrays; • Meeting with groups of minority youth (Brazil and Cape Verde and also roma) through existing SYnergia projects and partner institutions; • Involvement of minority youth (Brazil and Cape Verde and also roma) through traditional games, theatre and music activities, sports tournaments, etc.; • Creation of Laboratories for Planning of awareness-raising campaigns and community interventions;
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<p>What the volunteers can Learn in this Camp? (study part)</p> <ul style="list-style-type: none"> - Young people will have a greater awareness of the impact of plastic use on the environment -They will participate in actions to combat the use and contamination by plastic, through the cleaning of forest areas, beaches and surrounding woods they; - They will learn to create and distribute environmentally friendly ashtrays; - They will participate in awareness-raising actions where they themselves can convey their ideas
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<p>Free Time, Leisure Time and Visits preview</p> <p>Realization of Leisure activities and Visits, namely Bom Jesus, Sameiro, Guimarães Castle, Duques Palace (cultural places), Surfing in Esposende, Canoeing in Vila Verde, Visit to the Peneda Gerês National Park;</p> <ul style="list-style-type: none"> • Realization of Intercultural Nights with gastronomy, dance, cinema, etc.

LOGISTICAL ARRANGEMENTS

<p>Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)</p> <p>Accommodation Adress</p> <p>Camping Braga</p>

Portugal, N101 12, Braga

Zone Urban

20 minutes on foot the center of Braga



Project Adress

Centro de Artes e Desporto Inclusivo

Praça Dr. Francisco Araújo Malheiro, 4715-029 Braga

Accommodation/Food *(describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)*

Accommodation: Braga Camping - Individual Camping Tent and shared bathrooms

Food: 5 meals (breakfast, lunch and dinner and coffe breaks)

CONDITIONS OF PARTICIPATION *(if there is any specific information that is important volunteers to know about the camp)*

Internal rules of the Camp

People that are interested in the environmental protection and in social inclusion as well as helping to bring awareness to this problematic.

Special remarks or requirements of the Camp

Youngsters full of energy and willing to do crafty and handy work and to step out of their comfort zone.

INSURANCE *(kind of covers)*

personal accident insurance policy that includes coverage in case of death, permanent disability, treatment expenses, funeral expenses and repatriation

WHAT VOLUNTEERS HAVE TO BRING

Camping blanket, comfortable clothing, shoes, boots, work clothes, pyjama, beach towels, bathing suit, shower slippers, bath towel, sporting equipment, informative material about their country (maps, flags or leaflets etc..) and traditional food and drinks

MEETING TIME AND MEETING POINT

Arrival date: 02/08/2023

Timetable or period:	until 5pm
Place Name:	Braga Camping Park
Place Address:	Portugal, N101 12, Braga
Emergency contact:	+351918067944

HOW TO GET TO THE MEETING POINT/CAMP? *(Please add addresses, timetables, itinerary trip, ticket prices and internet address)*

Closest Airport:	Porto Airport
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Closest Train Station:	Estação Ferroviária de Braga
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Travelling from the Airport to (bus or train)

Participants must catch a plane to the Sá Carneiro airport, at Oporto, and then come to getbus, from the airport to Braga. The price of the getbus ticket is 14€ (<http://getbus.eu/>)

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

Traveling by bus from Lisbon to Braga
Lisbon (Oriente) - Braga (Central bus station (Flixbus €14.99) www.flixbus.pt
Traveling by bus Faro to Braga
Faro - Braga (Central bus station (€25) <https://rede-expressos.pt/pt>

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

Train Porto (Campanhã) - Braga 14,65€ <https://www.cp.pt/passageiros/pt>
Train Lisbon (Oriente) - Braga 35€ <https://www.cp.pt/passageiros/pt>
Train Faro - Braga 55€ <https://www.cp.pt/passageiros/pt>

Special recommendations

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	17
Working language:	English
Country currency:	Euro
Weather expected during the camp:	Hot weather (24º to 27º)
Local Host organization address:	Centro de Artes e Desporto Inclusivo, Praça Dr. Francisco Araújo Malheiro, 4715-029 Braga
Local Host organization phone:	+351918067944
Local Host organization email:	presidente@synergia.pt
Local Host contact person:	Ricardo Sousa
Camp Leader Name:	Ademar Correia
Camp Leader mobile phone:	+351965736683
IPDJ Regional address:	R. de Santa Margarida n. 6, 4710-306 Braga
IPDJ Regional phone number:	+351 253 204 250

WORKCAMP CODE	PT-BR-07-23	
CAMP NAME*	Be Community!	
DATES	24/07/2023 to	04/08/2023

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words
YUPI, Association for Social and Community Development works with young people since 2007 on youth mobility, entrepreneurship, volunteerism and international cooperation. Activities are geared according to the values of democracy, active participation, cooperation and equal opportunities. The objectives of our work with young people between 14 and 30 years are to promote youth mobility and consciousness of belonging to Europe, encouraging personal and social development of young people, a logic of social inclusion, provide information and training for young people to increase their levels of assets, the company aware and committed to promoting their empowerment and autonomy, support initiatives and projects of cooperation, solidarity and youth entrepreneurship. Thus, YUPI performs and participates in international exchanges, sending young people to training courses on various topics of personal and professional development and promotes an exchange of youth volunteering - Time4U - for young people to develop projects of social, organizational and personal. www.yupi.pt

WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

<p>Camp Description and Aims</p> <p>Concern about the environment and the impact of human activity on the planet has gained increasing proportion in recent decades. It is necessary to adopt responsible attitudes towards the environment on the path to environmental sustainability. It is of utmost importance to promote sustainable development in an innovative action to combat climate change, responding to climate change considering the multidimensional challenges to development at global, national and local levels.</p> <p>It is extremely important to identify and recover the community's material heritage, in order to recover old human practices that were more sustainable and a motor of social cohesion (for example, spaces for intergenerational interaction) or to recover environmental heritage that has been showing a decrease in biodiversity due to the increasing presence of exotic species and that, in a heritage recovery programme, could serve the community with trails and leisure spaces in the forest and greater care for forest spaces.</p> <p>Through the following specific objectives: to build an organic, educational and community vegetable garden (at the AJD Community School and the 7pétalas Conviviality Centre); to implement the aromatic bed and create spaces to support the recreational and educational activities of the AJD Community School; to recover spaces for leisure and exploration of nature at the 7pétalas Conviviality Centre.</p> <p>The main objectives of this project are: to develop healthy habits and lifestyles in the participants; promote self-development, self-esteem, responsibility and autonomy, contributing to the acquisition of personal, social and professional skills; to sensitize youth to the importance of their participation in community development and preservation of natural resources; acquire and / or reinforce the language skills of the participants; European citizenship and sustainable growth to fight climate change.</p> <p>These objectives contribute to the priorities and goals of the Europe 2030 Strategy, as they will encourage young participants to learn, develop and update skills through participation in non-formal education activities.</p>

<p>Voluntary Work and Tasks of the Camp</p> <p>The tasks will be in 2 different cities.</p> <p>In Viana do Castelo, the tasks include: Creating an organic, pedagogical and community vegetable garden; Repairing garden spaces; Placing a floor for the circulation of articulated chairs (wheelchairs); Painting the exterior walls and repairing the existing one; Repairing playful-pedagogical stimuli, such as trunks, tyres, etc.</p> <p>In Fafe, the tasks consist in the recovery of environmental heritage through collecting waste and removing invasive species; Creating an organic, educational and community vegetable garden making accessible and signposting the leisure areas to be created in the forest context and identifying and building an interpretative trail in the nature.</p>

<p>What the volunteers can Learn in this Camp? (study part)</p> <p>Participants can learn to plant, to prepare wood structures for tree climbing circuit, to select and use natural materials in constructions (that don't harm the nature), to build a pond to study biodiversity, the effect of specific aromatic plants in the control of invasive species, the problem of invasive plants domination in forests, to design and build inclusive platforms for wheelchairs access with natural materials.</p>
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<p>Free Time, Leisure Time and Visits preview</p> <p>Visit to Guimarães and Viana do Castelo, concerts around the fireplace in the nature, workshops on how to prepare your own products (soap, tshirts, games), group dynamics for intercultural learning; river activities and exploration; sea/beach and surf initiation.</p>

LOGISTICAL ARRANGEMENTS

<p>Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)</p> <p>From 24th to 30th July, participants will be in Fafe (rural, isolated area with an alternative school https://www.facebook.com/comunidadeekoa).</p> <p>From 30th July to 4th august, participants will be in Viana do Castelo (rural, close to the sea in https://www.facebook.com/ajd.deao)</p> <p>Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)</p> <p>Breakfast will be provided at the accommodation (school/gym) by the monitors and a rotating team among the participants. Since the work starts early (to avoid the hours of greatest heat), we intend to serve a midmorning snack to gain energy and delay lunchtime. The</p>

journey is continuous and at lunch, the food will be delivered by a catering restaurant at school/gym by 14pm. During the afternoon, the association will provide snacks like yogurt, chocolate milk and croissant with cheese. Dinner will be served at the accommodation at 8 pm (a warm meal to prepare for a comforting evening). Local organic and vegetarian food is provided (if any participant has a specific need for meet/fish products, we can provide too). Participants will sleep in classrooms of the school/gym, with mattresses and access to common showers and toilets divided by gender.

CONDITIONS OF PARTICIPATION *(if there is any specific information that is important volunteers to know about the camp)*

Internal rules of the Camp

Smoking only in indicated areas; no violence; respecting the school rules.

Special remarks or requirements of the Camp

In Fafe (first part of the workcamp) the food is lonely vegetarian because that is a school rule.

INSURANCE *(kind of covers)*

Personal accidents and third liability party

WHAT VOLUNTEERS HAVE TO BRING

In this season of the year, weather in PT usually is hot and dry. Average temperatures are around 24-30 °C (be aware that nights specially by the beach are cold). Bring personal hygiene Kit, beach and bath towel, swimsuit, sleeping bag, camping mattress, boots and casual footwear, slippers, work clothes, beat, warm clothing, waterproof, hat, sunscreen, personal documents (European health card, identification card, passport), drink and food for the night intercultural, traditional music and traditional instruments, personal medication. Also bring a beach towel and bathing suit. Please, also make sure you have enough of any medication you may need e.g. asthma inhaler and that you have, inform us of any health problems, allergies and special needs. All food and accommodation during the camp is covered, however, you may wish to bring along some extra money for your free time or souvenirs.

MEETING TIME AND MEETING POINT

Arrival date: 24th July 2023

Timetable or period: 16h

Place Name: Bus central in Guimarães

Place Address: Bus central, Creixomil, Guimarães

Emergency contact: +351965413471

HOW TO GET TO THE MEETING POINT/CAMP? *(Please add addresses, timetables, itinerary trip, ticket prices and internet address)*

Closest Airport: Porto airport (Francisco Sá Carneiro airport)

Closest Train Station: Guimarães train station

Travelling from the Airport to (bus or train)

From airport please check getbus.eu for hourly direct buses that cost 8€ (from taxi area in departures floor at Porto airport directly to Bus central in Guimarães)

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

Please check flixbus.pt for options to Guimarães from Lisbon or Porto.

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

From train station in Guimarães you can walk 15min until the Bus Central in Guimarães. For train please check www.cp.pt and there are frequent trains from Porto to Guimarães. In Porto, it is possible to go by metro from the airport to Campanhã or Sao Bento (city centre) to Guimarães and catch the train to Guimarães.

Special recommendations

Contact us by email to geral@yupi.pt for suggestions and we will support you to find the most suitable option.

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers: 17

Working language: English

Country currency: Euro

Weather expected during the camp: Hot and dry

Local Host organization address: Rua da Panelada, Fornelos Fafe


Local Host organization phone: +351965413471

Local Host organization email: geral@yupi.pt

Local Host contact person:	Mariana Marques
Camp Leader Name:	Mariana Marques
Camp Leader mobile phone:	+351965413471
IPDJ Regional address:	R. de Santa Margarida n. 6, 4710-306 Braga
IPDJ Regional phone number:	+351253 204 250

WORKCAMP CODE	PT-CB-09-23	
CAMP NAME*	Centum Cellas - Again	
DATES	01/July/2023	12/July/2023

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (<i>organization name, aims, main activities, internet address, you can add a small logo of your organization</i>) – Maximum - 130 words
<p>Santa Casa da Misericórdia de Belmonte is a social support organization with activities for children, youth and seniors.</p> 

WORKCAMP DESCRIPTION (*After WorkCamp description you can add 1 or 2 photos from previous camps, if the same*)

Camp Description and Aims
 The Roman ruins of Centum Cellas located in Colmeal da Torre (Belmonte) is a National Monument and is one of the most emblematic and enigmatic of the Region, partly due to its function not been yet identified. The monument has been excavated since 1974 until now. The preservation work and restauration, to which we have applied to an "International Work Camp" has with major goal to promote the preservation and restauration of the Tower, and as well the surrounding buildings, promoting their future preservation.
 This work camp will promote, as well, the rebuilding of some walls, leading to a better view of the archeologic structures.



Voluntary Work and Tasks of the Camp
 The volunteers will participate in all the actions of preservation and restauration established for the place; cleaning of the walls, filling of the fissures, execution of the mortars, and filling of the vain and rising of the walls

What the volunteers can Learn in this Camp? (study part)
 The volunteers will learn about Portugal, and our region. About preservation and restauration; about the Roman period in the Iberic Peninsula.

Free Time, Leisure Time and Visits preview
 In the free time the volunteers will be able to perform sport activities, outdoor walks, travel de region and take part in social volunteer work. Hiking, visit to Serra da Estrela and the region, concerts of traditional music, workshop on products and local culture.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (*if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location*)
 The camp is placed in a rural area, very close to the Belmonte village and the cities of Covilhã and Guarda, the population of Belmonte is 3000 inhabitants.



Accommodation/Food (*describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc*).
 The accomodation will be provided in an local housing or similar, equipped with bathroom, and daily meals will be provided with mediterranean food, and diet food will be also available. Internet available

CONDITIONS OF PARTICIPATION *(if there is any specific information that is important volunteers to know about the camp)***Internal rules of the Camp**

1st BCC Camps have a zero tolerance policy on any drug, tobacco, alcohol, or vaping use.

2nd BCC Camps and its staff will not tolerate any bullying, hazing or like behavior that endangers the health and well being of another camper.

3rd Be on time to all camp activities.

Special remarks or requirements of the Camp**INSURANCE** *(kind of covers)*

Personal accident insurance-DEATH OR PERMANENT DISABILITY 25,000.00 EUR; TREATMENT AND REPATRIATION EXPENSES 2,500.00 EUR; FUNERAL EXPENSES 1,500.00 EUR; TEMPORARY ABSOLUTE INC. (DAILY) 25.00 EUR.

WHAT VOLUNTEERS HAVE TO BRING

Personal use equipment: Comfortable clothes and shoes. Work clothes for archaeological work. Sun hat. Beach slippers. Swim suit. Beach towel. Sunglasses. Sunscreen cream.

MEETING TIME AND MEETING POINT

Arrival date: 01/07/2022

Timetable or period: All day

Place Name: Santa Casa da Misericórdia de Belmonte

Place Address: Rua da Misericórdia

Emergency contact: +351964520760

HOW TO GET TO THE MEETING POINT/CAMP? *(Please add addresses, timetables, itinerary trip, ticket prices and internet address)*

Closest Airport: Lisbon Airport (LIS)

Closest Train Station: Oriente station

Travelling from the Airport to (bus or train)**Lisbon Airport (LIS) to oriente station**

The closest train station of Lisbon Airport is Oriente Station (Gare do Oriente), which is also the main train station of Lisbon and the busiest of Portugal. It is located at roughly 4 kilometres from Lisbon Airport. From Oriente Station you may get to other Portuguese cities.

There are a several options that may help you getting to Oriente Station:

Metro The fastest and most convenient mean to Oriente Station, simply and clear. Take the metro at Terminal 1 and take off at Oriente metro station. Total trip time is 10 minutes.

Taxi Even it is the most expensive mean of transport to Oriente Station, it is the suitable choice. Trip time is about 10 minutes. Cost: € 5.84.

Bus By bus will take you longer to reach Oriente Station compared to the other options showed above. Bus lines 208, 705 and 744 stop at Oriente Station.

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

The journey time between Oriente station and Belmonte is around 4h 36m and covers a distance of around 355 km. This includes an average layover time of around 1h. Operated by Expresso (BUS), the Lisbon Airport (LIS) to Belmonte service departs from Lisboa-Oriente and arrives in Ginjal. Typically three services run diary, although weekend and holiday schedules can vary so check in advance. The ticket costs approximately 14 euros by bus. (Price for young people)

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

The journey time between Oriente Station (LIS) and Belmonte is around 3h 36m and covers a distance of around 355 km. This includes an average layover time of around 1h. Operated by CP- Comboios de portugal (train), the Lisbon Airport (LIS) to Belmonte service departs from Lisboa- Oriente and arrives in Ginjal. Typically three services run diary, although weekend and holiday schedules can vary so check in advance. The ticket costs approximately 10 euros by bus. (Price for young people)

Special recommendations

PRACTICAL INFORMATION AND CONTACTS	
Nº of volunteers:	17
Working language:	English. (possibility of translation into French and Spanish)
Country currency:	euro
Weather expected during the camp:	In the month of august, maximum temperature is 35°C and minimum temperature is 18°C (for an average temperature of 23°C). The climate quite pleasant there in the month of august. It rains very rarely during this month.
Local Host organization address:	Santa casa da Misericordia de Belmonte - Rua da Misericórdia 6250- 044 Belmonte
Local Host organization phone:	+351 275911656 +351 964520760
Local Host organization email:	clds4G.belmonte@gmail.com
Local Host contact person:	Luís D´Elvas
Camp Leader Name:	Elisabete Robalo
Camp Leader mobile phone:	+351 965157270
IPDJ Regional address:	Rua Dr. francisco Jose Palmeiro - 6000 Castelo Branco
IPDJ Regional phone number:	(+351) 272 348 000 l mailcbranco@ipdj.pt

WORKCAMP CODE	PT-CO-10-23	
CAMP NAME*	A kind touch of paint	
DATES	03.07.2023	14.07.2023

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words

Activar is an NGO created in 2000 in the county of Lousã, district of Coimbra. Our aim is to promote the local development of the Lousã in an integrated and sustainable way, in cooperation with other entities, to improve people's quality of life. We develop several community projects of social and cultural nature, in the areas of childhood, youth, nature tourism and social development. We have been working in the field of youth for more than 15 years, working daily with the local youth both at school and in the community, organizing international workcamps and hosting and sending volunteers in Erasmus+ and European Solidarity Corps programs.

Watch the videos of our last workcamps! 😊

https://www.youtube.com/watch?v=x3pI9jYpEo&list=PLYI_8Oak_wYYm-Nl1oVHIDo2UYKXH_G8U

WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

Camp Description and Aims

This workcamp is a partnership with the parish of Gândaras, in Lousã and is focused on improving several public spaces used by the community, such as fountains, buildings and a community centre. There will be a lot of painting and you will see a huge difference of the before and after the volunteers' intervention.

AIMS:

- Restore walls and fountains in various public spaces in the parish of Gândaras, at the service of the community;
- Promote cultural exchange between young people from different countries of the world;
- Promote the participants' autonomy and personal and social development;
- Promote diversity and intercultural relations between young volunteers and the local community;
- Promote the region and its heritage and traditions;
- Value volunteering as a tool for local development.



Voluntary Work and Tasks of the Camp

You will perform a set of tasks related to painting and other plastic expression techniques/handicrafts, namely:

- Cleaning and painting fountains used by the population;
- Cleaning and painting interior walls of the Parish Council, preserving the existing illustrations;
- Creating an artistic mural painting on the topic of childhood on an exterior wall of the kindergarten building;
- Support for the organizing committee of the "Summer Nights" of the Parish of Gândaras, with the decoration of the venue (this is a cultural initiative taking place on Saturday, 7 Jul)

What the volunteers can Learn in this Camp? (study part)

You will learn about painting techniques, materials and supplies, and how to prepare a surface for painting, as well as how to create handmade decorations for a typical Portuguese summer event.

Apart from the task related knowledge, during these 12 days, you will be learning by experience, improving your skills and reflecting about common living, cooperation, collective decision making, conflict management, cultural diversity, and solidarity. You will certainly develop your intercultural skills, communication skills and autonomy. You will also learn how to manage a collective budget and plan and prepare meals for a large group of people.

Free Time, Leisure Time and Visits preview

In your free time, you can enjoy the centre of the Lousã (park, cafes, shops, and river beach) or you can stay in and play games. You can also use the swimming pool, free of charge.

We will prepare several visits and cultural surprises for the group, which we like to keep (partially) secret... But you can expect a day at the river, a day at the ocean, a walk in the moonlight in our beautiful mountains and a time traveling experience while visiting a very peculiar village and a castle. You can also be sure to experience typical Portuguese traditions, such as dancing, music and food. Overall, Lousã is a very well-located town, surrounded by nature and with several places to explore, relax and get together!

LOGISTICAL ARRANGEMENTS

Description of the Camp Location *(if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)*

Lousã is a town with 17.000 inhabitants, in the centre of Portugal. It is very well-located, at similar distance from Lisbon and Oporto airports and at 30Km from the beautiful city of Coimbra. The accommodation will be in the very center of Lousã and the work activities will take place in villages nearby.

GPS: Latitude 40.112514433176344 | Longitude -8.241941847871814 | Google maps: 4Q75+26 Lousã

Accommodation/Food *(describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)*

Accommodation will be in the local Youth Hostel, in the town centre, and volunteers will have shared bedrooms and bathrooms, separated by gender (rooms with 4 individual beds and bathrooms with hot water shared by 8 people). There is also an equipped kitchen, laundry, a common saloon and access to Wi-Fi. Supermarkets are at a walking distance from the accommodation, as well as cafés, bakeries, pubs, pharmacies, park and swimming pool.

The camp includes 5 meals: breakfast; morning snack; lunch; afternoon snack, dinner, and evening snack. All meals will be prepared by volunteers individually (breakfast and snacks) or in cooking teams (lunch and dinner). Cooking teams change each day and will also go shopping for food for the whole group (we will provide a daily budget to each team). The first meals will be prepared by the camp leaders! We can easily adapt to special diets and/or food allergies.

CONDITIONS OF PARTICIPATION *(if there is any specific information that is important volunteers to know about the camp)*

Internal rules of the Camp

Workcamps are run according to the principles of communal living, group decision making, equal participation and collective problem solving. The quality of the workcamp depends very much on your input, ideas and initiative! The most important is that you are flexible and act in a friendly and responsible way. Here are the main rules:

- Do not use drugs
- Do not drink alcohol during activities and especially in the presence of children and young people
- Be motivated and bring your own ideas

Special remarks or requirements of the Camp

- Willingness to work and to learn more about the topic
- Participation from the very first till the very last day
- Engagement in daily tasks (shopping, cooking, cleaning, setting the table, etc.)
- Help and shared responsibility by making suggestions for group activities, discussions, games, etc.
- Commitment to a group experience and to making decisions and solving problems together
- Respect for your peers and people in the hosting project

INSURANCE *(kind of covers)*

Each volunteer will have a personal accident injury insurance, that includes: death; permanent disability; treatment and repatriation expenses; funeral expenses; absolute temporary disability; temporary disability due to hospitalization.

WHAT VOLUNTEERS HAVE TO BRING

Please bring: comfortable clothing and footwear, and suitable for work (remember that you will be painting); your personal hygiene items (toiletries, towels, etc.); a hat or cap; sunscreen; swimsuit; a coat or sweater for the night; your ID and health insurance (European Health Card or personal health insurance); a flag, games, instruments, recipes or other items that are typical from your culture and/or country of origin.

A sleeping bag and pillow may be necessary, but we will try to provide locally (this information will be confirmed later).

MEETING TIME AND MEETING POINT

Arrival date: 03.07.2023

Timetable or period: Afternoon (after 15:00)

Place Name: HI Lousã – Pousada de Juventude

Place Address: R. Feira 3200-122, Lousã, Portugal (Google maps: 4Q75+26 Lousã)

Emergency contact: Daniela Venâncio: +351 239 996 116 | +351 910 551 781

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)	
Closest Airport:	Oporto or Lisbon (distance is similar, so choose based on timing and/or price)
Closest Train Station:	Coimbra
Travelling from the Airport to (bus or train)	
From Porto >>> TRAIN: take the metro (Line E) to Campanhã BUS: Take the metro (Line E) to Campo 24 de Agosto	
From Lisbon >>> TRAIN or BUS: take the metro to Gare do Oriente (Red Line) and then follow the directions to the train/bus station	
Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point	
<ul style="list-style-type: none"> - Take the bus (Rede Expressos) to Coimbra - Walk for about 20 minutes in the direction of the river (map spot: Metro Mondego Coimbra) - Take the Metro Mondego bus to Lousã (the bus stop is in front of the train station - blue building - by the river) - Leave at Lousã-A bus stop - Walk for 10-15min to HI Lousã – Pousada de Juventude 	
Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point	
<ul style="list-style-type: none"> - Take the train to Coimbra-B - In Coimbra-B, change train in order to get to Coimbra-A station (this is a transfer, you don't need another ticket) - Take the Metro Mondego bus to Lousã (the bus stop is just outside the train station, by the river) - Leave at Lousã-A bus stop - Walk for 10-15min to HI Lousã – Pousada de Juventude 	
Special recommendations	
Check our interactive map: https://www.google.com/maps/d/edit?mid=1Bvwd4u67F5ZZZAxhTm8cagAWAosbxOc&usp=sharing	
Useful links: https://www.cp.pt/passageiros/en ; https://rede-expressos.pt/en ; https://www.metromondego.pt/en	
Do not use taxi for long distances (as it might be very expensive). If you plan your arrival for very late at night, contact us instead.	

PRACTICAL INFORMATION AND CONTACTS	
Nº of volunteers:	17
Working language:	English
Country currency:	EUR
Weather expected during the camp:	Summer: foggy mornings, sunny afternoons, temperatures from 15°C to 29°C, UV level 6
Local Host organization address:	Rua General Humberto Delgado 21, 3200-242 Lousã, Portugal
Local Host organization phone:	+351 239 996 116
Local Host organization email:	juventude@activar.org
Local Host contact person:	Fernanda Vaz
Camp Leader Name:	Daniela Venâncio
Camp Leader mobile phone:	+351 910 551 781
IPDJ Regional address:	IPDJ Coimbra: Rua Pedro Monteiro 73, 3000-329 Coimbra, Portugal
IPDJ Regional phone number:	+351239790600

WORKCAMP CODE	PT-EV-11-23	
CAMP NAME*	For Climate 3.0	
DATES	10 July 2023	21 July 2023

**Deve ser escolhido um título em inglês, pequeno e apelativo*

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words

Marca-ADL is a non-profit association, with headquarters in Montemor-o-Novo, district of Évora. It aims to promote qualified development of Montemor-o-Novo municipality in particular to support actions in the social & cultural sphere, environmental preservation and enhancement of natural and human heritage, entrepreneurship and support for business creation and quality services. Environmental and heritage concerns were at the root of the creation of the MARCA ADL, that currently has the legal status equivalent to Environmental Non-Governmental Organization ENGO.

WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

Camp Description and Aims

Following the work that Marca ADL has been developing over the past years on the themes of Climate Change, Sustainability, and Green Economy, this year we intend to work on these themes together, building a perspective on the issue of water resources management and biodiversity as a solution.

- 1) Raise awareness about the importance of youth mobilization and participation in solving local and global problems;
- 2) Promoting youth participation and involvement in environmental and social issues, in particular in the management of water resources and biodiversity;
- 3) Reflect on the causes and consequences of climate change and ways to act as citizens, particularly in terms of managing water resources and biodiversity;
- 4) Promote reflection on sustainable behaviours, tools that help these behaviours, namely in terms of consumption and their impacts on the management of water resources and biodiversity.

Voluntary Work and Tasks of the Camp

- Collection and sorting of seeds of native plants. In these activities participants will be able to get to know the region's natural areas.
- Cleaning of watercourses, control of invasive species and habitat restoration- In order to ensure the normal hydrological and hydraulic functioning of the watercourses, the participants will proceed to clean, cut and remove the invasive vegetation present in the bed and margins of the temporary watercourses, and support biophysics technics implementation.
- Plant Nursery maintenance work. In this activity participants will be involved in daily plant nursery tasks, such as watering, transplanting, soil preparation, etc.
- Zero Waste Cleaning Activity in urban areas. In this activity participants will clean urban areas without producing more waste, like plastic bags.



What the volunteers can Learn in this Camp? (study part)

Participants will acquire theoretical and practical knowledge on:

- Climate Action: how to deal with climate change impacts in a natural and rural environment on the Mediterranean area;
- Nature conservation & green business's: how can we use nature, benefiting both local communities and natural environment;
- Water resources management: how water is managed in our community, under the Mediterranean context and that as suffered impacts from severe droughts and flash floods events;
- Citizen role and participation: how can we contribute to a more sustainable communities capable of tackling climate change impacts - our role and behaviour as consumers.

Free Time, Leisure Time and Visits preview

- Visit to Évora - World Heritage Site;
- Walking Tour - Montemor-o-Novo | To know the castle and the city
- Cultural night - Sharing cultures and traditions;
- Construction of rafts with plastic bottles - Team games – Barragem dos Minutos (Montemor-o-Novo)

- Going to the municipal swimming pools and / or Comporta beach;
- Local gastronomy workshop - Enhancement of local products and the territory;

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)

This camp takes place in a rural territory, close to a small city, **Montemor-o-Novo** in Alentejo region, Portugal.

It is located at approximately at a 100 km distance from Lisbon, the Portuguese city capital.



Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

The participants will be accommodated in tents in Rural Tourism / Campism (Burriscas - <https://www.facebook.com/burriscas/>) which is located 3 km from Montemor-o-Novo.

There the participants can cook breakfast and snacks; Lunch and dinner will be cooked by the Montemor-o-Novo school, and delivered to Tourism during the week, on the weekend participants must cook lunch and dinner. Participants are responsible for cleaning the common kitchen.

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

- Respect for each other;
- Respect for the environment;
- Motivation to participate in environmental activities;
- Participate in joint activities,
- No smoking indoors;
- No drinking of alcoholic beverages while working.

Special remarks or requirements of the Camp

- You have to clean the space after cook and eat;
- You have to clean the WC's;
- Respect the hours of sleeping;
- Clean the food boxes every day;
- Do not leave trash on the floor.

INSURANCE (kind of covers)

Personal accident insurance

WHAT VOLUNTEERS HAVE TO BRING

Sleeping bag;
Towels and toiletries (personal hygiene items);
Clothes and shoes appropriate for high temperatures and for work in the field;
Warm clothes for the night (minimum temperature 12°C);
Torch for night use;
Insect repellent;
Bathing suit, sun cream and towel (we have pool and we are going to the beach)
Motivation and positive energy to work as a team!

MEETING TIME AND MEETING POINT

Arrival date:	10 of July 2023
Timetable or period:	7 h – 12 h
Place Name:	Bus Station (Montemor-o-Novo)
Place Address:	R. de São Francisco 19, 7050-173 Montemor-o-Novo
Emergency contact:	Contact Person: Rui Rebocho Tel: +351 961 528 711

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)	
Closest Airport:	Lisbon
Closest Train Station:	Vendas Novas or Évora
Travelling from the Airport to (bus or train)	
<p>By plane, you can get to Lisbon or Oporto with fairly reasonable fares proposed by low-cost companies (e.g. Ryanair or easyjet). From there on the best way to reach Montemor-o-Novo will be by bus, with rates ranging from 10 to 20€ (one way). Before arrival, we can provide you useful information on schedules, departure and arrival hours of main transports to Montemor-o-Novo. From Lisbon Airport:</p> <ol style="list-style-type: none"> 1. take the metro (red line) at the airport - it's the only metro line; 2. You have to change lines, at the end of the red line – in S. Sebastião - To the blue line towards the <i>Jardim Zoológico</i> (Zoo); 3. It's only 2 stops, when you get to the <i>Jardim Zoológico</i> (Zoo) stop, you leave and follow the signs to the bus station. 	
Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point	
<p>From Lisbon, in the bus station take the bus to Montemor-o-Novo and enjoy the trip of about 1 hour. You can buy the tickets on bus station or online at https://rede-expressos.pt.</p>	
Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point	
<p>If you travel by train you will need to take a bus that drops you off at the Montemor-o-Novo Bus Station. Pay attention that in Évora the bus station is 36 minutes far from the train station, by walking. In Vendas Novas it is 8 minutes far, but you do not have so many bus schedules.</p>	
Special recommendations	
<p>If arriving by car, you will be able to park just by the facilities where you will be lodged. Burriscas Campismo Rural, Monte das Burriscas, 7050-021 Montemor-o-Novo Contact Person: Telma: 969 280 645 Email: burriscascr@gmail.com</p>	

PRACTICAL INFORMATION AND CONTACTS	
Nº of volunteers:	15
Working language:	English
Country currency:	Euro (€)
Weather expected during the camp:	Sunny and hot weather
Local Host organization address:	Rua Luís de Camões nº 16, 7050-260 Montemor-o-Novo
Local Host organization phone:	+351 266 891 222
Local Host organization email:	social@marca-adl.pt
Local Host contact person:	Contact Person: Rui Rebocho Tel: +351 961 528 711
Camp Leader Name:	Rosa Coelho
Camp Leader mobile phone:	Tel: +351 964 069 892
IPDJ Regional address:	
IPDJ Regional phone number:	

WORKCAMP CODE	PT-EV-22-23	
CAMP NAME*	TerraNossa Patrimony (2023)	
DATES	21 st of August	1 st of September

**Deve ser escolhido um título em inglês, pequeno e apelativo*

LOCAL HOST (*organization name, aims, main activities, internet address, you can add a small logo of your organization*) – Maximum - 130 words

OFICINAS DO CONVENTO ONGD – OFICINAS DA CERÂMICA E DA TERRA [OC-OCT] One of the aims of oc-oct is to understand tradition so to innovate from it, walking towards the future with an eye on the past. We are engaged in various fields since heritage, vernacular architecture and techniques, ceramics, sound, silkprint, typography, design, performance, video, new technologies applied to all of them, like 3d printers, laser cut, cnc, electronics...). we are engaged with the local community with different educational projects and activities. our facilities are divided into 4 spaces: the headquarters in the Saint Francisco's Convent; a ceramic research centre; a workshop for the production of handmade tiles and fired bricks and finally the raw earth laboratory where we can produce compressed earth blocks, adobes and do research for other earthen architecture techniques.
[HTTP://WWW.OFICINASDOCONVENTO.COM](http://www.oficinasdoconvento.com)

WORKCAMP DESCRIPTION (*After WorkCamp description you can add 1 or 2 photos from previous camps, if the same*)

Camp Description and Aims

This work camp aims to awaken youth for the traditional building techniques and the surrounding built heritage. It is an Hands-on approach in ancient building techniques, specially production of raw earth (adobe, rammed earth, CEB, earth plasters) and ceramics (modelling, raku firing, other firing techniques). During the camp we will act in public structures repairing, maintaining and co-creating new assets on these buildings, focusing on the S. Francisco's Convent and OCT's facilities (workshops where raw and fired earth materials/works are explored and produced). Cooperation, communication, self esteem, problem solving, risk evaluation, leadership and decision making are competences that we will work together while (re)building for and with the local community. We will have a detailed schedule that will be questioned and can be adapted according to the group needs.

Voluntary Work and Tasks of the Camp

The workcamp will give opportunity to produce two specific raw earth techniques: CEB (compressed earth blocs) and Adobe. Volunteers will go through the characterization and formulation of earth for producing this materials, and the tasks include preparing, production and drying the materials, going through all stages of the process. The tasks include also interventions of maintenance in some buildings – Convent and OCT facilities – using traditional and innovative sustainable building mixed solutions. A suggested program will be proposed and will be subjected to alterations according to the different wills and needs.

Note: some of the works can be repetitive and hard, it is a hands-on approach and very practical, touching the materials and tools. Knowing your limits and communicating with the monitors is essential in order to adapt the tasks to each volunteer individually. The climate can be extreme in some years, with intense sunny days reaching over 40°C, the working schedule will be flexible in order to adapt to the best working hours.

What the volunteers can Learn in this Camp? (study part)

Learn different ancestral techniques of production of building materials using raw earth; apply and repair traditional lime plasters and paintings; apply and repair traditional earth plasters an paintings; introduction to traditional handmade fired and raw earth, clay preparation and application; Repair traditional terracota brick structures (remove vegetation, cleaning and apply natural waterproof coatings like lime-wash); Cleaning and organize working areas and tools used during the activities; You will use tools like brushes, trowels, shovels, spatulas to perform tasks like painting, scratching, cleaning, mixing mortar, applying mortar, among other activities.

Opinion sharing, decision-making and feedback methods for collaborative design and implementation.

Free Time, Leisure Time and Visits preview

Ceramics - make your own clay project and take it home – from modelling to firing. Group games. Yoga. Open Air Cinema. Landscape and Heritage tour (Learning about the Montado Landscape, visiting and learning about the megalithic heritage of the region). Concerts of main national artists in the local annual fair. These activities are flexible and may adapt to the participants. Silkprint, sculpture, music, dance, electronics and new technologies are other activities that you can see around and possibly try out.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (*if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location*)

Montemor-o-Novo is located near Évora city in the Centre of Portugal and approximately 100 km far from Lisbon, the capital. The working environment is relaxed, in the heart of a strong artistic influenced small city in Alentejo Region. Although this region has a low population density, the city can be very busy in terms of cultural activity.

Accommodation/Food (*describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc*)

Meals: breakfast, lunch, dinner. The lunch and dinner meals will be at the convent and will be vegetarian with possibility of vegan choice, in respect to the protein needs of the body in mainly physical activity. We have different options that can be adapted during the camp according to the groups's preferences and in line with the available budget. There is access to several shared kitchens around our facilities to prepare your snacks.

Accommodation: in shared dormitory inside the old convent and in a Youth center 3 minutes away. There is the possibility to use your private tent in case you prefer more privacy.

CONDITIONS OF PARTICIPATION *(if there is any specific information that is important volunteers to know about the camp)*

Internal rules of the Camp

Feeling like you can use your energy to achieve a collective goal. Being interested in building with your own hands and discover new materials and crafts. Being on time for the activities and respecting the silence during resting times (night and siesta). Feeling open to a collective living environment, where the space is shared with workspaces for artistic residencies.

Special remarks or requirements of the Camp

When using the kitchen or bathroom - as well as other spaces - look back, leaving everything as you found before (or even better!). Feeling free to propose different activities and to suggest alternatives on some issue. Taking care of yourself and the ones around you.

INSURANCE *(kind of covers)*

Workplace accident insurance (for European citizens it is mandatory to have the European health card)

WHAT VOLUNTEERS HAVE TO BRING

Everything for your own sleeping comfort (Minimum: sleeping bag. Advised: ear plugs, pillow); towel and personal care items; sunscreen; comfortable working clothes and shoes; reusable water bottle and a nice hat/head cover

MEETING TIME AND MEETING POINT

Arrival date: **21st of August**

Timetable or period: **9am to 1pm**

Place Name: **Convento S. Francisco**

Place Address: **Convento de São Francisco, Carreira de São Francisco 7050-160 Montemor-o-Novo**

Emergency contact: **00351 968444985**

HOW TO GET TO THE MEETING POINT/CAMP? *(Please add addresses, timetables, itinerary trip, ticket prices and internet address)*

Closest Airport: **Lisboa**

Closest Train Station: **Casa Branca or Vendas Novas**

Travelling from the Airport to (bus or train)

>>from "Aeroporto de Lisboa": Take the metro to "Jardim Zoológico" (around 1,5€) and follow onsite information to "Sete Rios - Rede Expresso" bus station.

>>from "Aeroporto Francisco Sá Carneiro" (Porto) Take the metro to "Campo 24 de Agosto" (around 1,3€) and follow onsite information to the bus station.

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

>>from Sete Rios (Lisbon central Bus station) Take the bus to "Montemor-o-Novo" (around 12€); it takes 1h15min.

>>from Campo 24 de Agosto (Porto central bus station) Take the bus to "Montemor-o-Novo" (around 20€); it takes around 4,5 hours; you will have to change bus either in Fátima or in Lisboa

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

There is no train to Montemor-o-Novo city

Special recommendations

Rede-expressos website: <http://www.rede-expressos.pt/>.

< < arriving to Oficinas do Convento: when arriving to the bus station in Montemor-o-Novo, turn left until getting to the church. It will be at your right. Oficinas do Convento is right beside the church In the old convent.

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers: **17**

Working language: **ENGLISH** (spanish/italian/portuguese as help languages)

Country currency: **euro**

Weather expected during the camp: **Hot and dry (temperature between 30-42º)**

Local Host organization address: **Convento de São Francisco, Carreira de São Francisco 7050-160 Montemor-o-Novo**

Local Host organization phone: **00351 266899824**

Local Host organization email: **oc@oficinasdoconvento.com**

Local Host contact person: **Nélia Martins - 00351 969852390**

Camp Leader Name: **Caterina De Viti**

Camp Leader mobile phone: **00351 968444985**


IPDJ Regional address: **R. da República 119, 7000-656 Évora**

IPDJ Regional phone number: **[00351 266 737 300](tel:00351266737300)**

WORKCAMP CODE	PT-GU-16-23	
CAMP NAME*	RESTORING AND PROTECTING RIVERS	
DATES	04/09/2023	15/09/2023

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words

	<p>Since 1976, the Associação de Promoção Social, Recreativa, Desportiva e Humanitária de Maceira has as its main intervention area the improvement of the population's well-being and quality of life through initiatives and projects aimed at supporting children, youth and the third age, promoting the social integration of the most disadvantaged groups and the integrated development of the local territory.</p> <p>From the activities developed in working with young people, we highlight the Summer Camps, Workcamps and Youth Exchanges within the framework of the Erasmus + Program.</p> <p>Facebook address - www.facebook.com/associacaopsrdh.maceira</p>
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WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

Camp Description and Aims
RESTORING AND PROTECTING RIVERS - A WAY FOR SUSTAINABLE DEVELOPMENT aims to promote environmental education and reflect on the problems of garbage, waste, the cycle of the materials and sustainable growth, through the initiative to strengthen the sustainability of a slope of the Mondego River.

The work to be carried out will be: collection of rubbish, strengthen a section of slope using "Natural Engineering"; excavation and removal of improperly accumulated sediment; remove all dried plants, litter and rubble on the bank.

As for leisure activities, we will have visits (to the museum, library, river beach, social solidarity institutions), intercultural evenings, sports activities, traditional games, parties, swimming pool, cultural activities, etc


In Workcamp, the days will be organized in this way: during the morning and beginning the afternoon the participants do their volunteering work, during second half of the afternoon and night the participants will have the leisure activities.

<p>Voluntary Work and Tasks of the Camp</p> <p>During the Workcamp participants will perform the following tasks:</p> <ul style="list-style-type: none"> • Reinforce a slope section using "Natural Engineering"; • Remove all dry plants, garbage and existing rubble on the bank; • Digging and removing improperly accumulated sediments; • Rebuild 2 slopes by placing wood, trees and plants (according to technical guidelines); • Reduce slope angle; • Coating the margin; • Elaborate dissemination/awareness materials on the advantages/importance of preserving the banks of rivers and streams and environmental sustainability. 	
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What the volunteers can Learn in this Camp? (study part)

It is intended that volunteers acquire knowledge in terms of environmental education and reflect/raise awareness about the importance of preserving water and its origins, the problem of garbage, waste, the cycle of materials and sustainable growth, namely:

- awareness of the major problem of pollution in general and water pollution in particular;
- awareness of the importance of preserving water, its sources and environmental sustainability;
- acquire knowledge on how to reinforce the sustainability of river and stream slopes;
- promote a campaign on the advantages/importance of preserving the banks of rivers and streams and environmental sustainability;
- get into the habit of recycling your rubbish.

<p>Free Time, Leisure Time and Visits preview</p> <p>As for leisure activities, we will have visits (to the museum, library, river beach, social solidarity institutions), intercultural evenings, sports activities, traditional games, parties, swimming pool, cultural activities, ect.</p> <p>In Workcamp, the days will be organized in this way: during the morning and beginning the afternoon the participants do their volunteering work, during second half of the afternoon and night the participants will have the leisure activities.</p>	
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LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)

RESTORING AND PROTECTING RIVERS - A WAY FOR SUSTAINABLE DEVELOPMENT

will take place at Maceira.

Maceira is a rural portuguese parish in the municipality of Fornos de Algodres, in the province of Beira Alta, in the Center region and sub-region of Serra da Estrela, with an area of 8.06 km² and 229 inhabitants.

The address is: Rua do Vale da Vinha, 1, 6370-341 Maceira - Fornos de Algodres, Portugal.



Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

ACCOMODATION: The participants will stay at Hostel EntryFik. The Hostel is working since 2016 and the building was completely reformulated. The participants will sleep in dormitories divided per gender. In the Hostel, we will have a team that clean the accommodation and cook the meals. For more information about hostel, the participants can check Hostel Website: www.hostelentryfik.com .

MEALS: Meals will be served at the hostel. All special food requirements will be respected if there's prior information sent to the participants. We will have 5 meals a day (breakfast, lunch, snack, dinner and supper).

INTERNET: The hostel provides free Wi-Fi.



CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

Volunteers should have a proper conduct in performing the tasks during the Camp. In order for the whole group to function properly, the stipulated timetables must be fulfilled.

Special remarks or requirements of the Camp

No Fees

INSURANCE (kind of covers)

All volunteers will have a personal accident insurance that in case of an accident will have the following coverages: death, permanent disability, treatment expenses, funeral expenses and repatriation.

WHAT VOLUNTEERS HAVE TO BRING

Participants should bring: the usual and necessary items for the duration of the Camp; practical and / or sporting clothing; comfortable shoes (and socks); sunscreen, cap / hat; towels.

MEETING TIME AND MEETING POINT

Arrival date:	04/09/2023
Timetable or period:	during all day until dinner time (7.30 pm).
Place Name:	Hostel EntryFik
Place Address:	Rua do Vale da Vinha, 1, 6370-341 Maceira - Fornos de Algodres, Portugal
Emergency contact:	(+351) 917395954

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)

Closest Airport:	Lisbon, Porto
Closest Train Station:	Fornos de Algodres

Travelling from the Airport to (bus or train)

Arriving at Porto airport or Lisbon airport, the participants can take subway until bus or train station. Once in these stations (bus/train), the participants should take one this public transportation until Fornos de Algodres.

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

Buses to Fornos de Algodres: <https://rede-expressos.pt/en>

The connection of Fornos de Algodres to the Hostel will be ensured by the Workcamp Organization.

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

Trains to Fornos de Algodres: <http://www.cp.pt/passageiros/en/>

The connection of Fornos de Algodres to the Hostel will be ensured by the Workcamp Organization.


Special recommendations

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	17
Working language:	English
Country currency:	Euro (€)
Weather expected during the camp:	Good weather (sun and hot weather)
Local Host organization address:	Lugar do Serrado, 1, 6370-341 Maceira - Fornos de Algodres, Portugal
Local Host organization phone:	(+351) 271 789 817
Local Host organization email:	geral@hostelentryfik.com
Local Host contact person:	António Oliveira
Camp Leader Name:	António Oliveira
Camp Leader mobile phone:	(+351) 917 395 954
IPDJ Regional address:	Av. Alexandre Herculano, 6300-659 GUARDA
IPDJ Regional phone number:	(+351) 271 232 100

WORKCAMP CODE	PT-PO-02-23	
CAMP NAME*	Stage on the street: all included!	
DATES	04/07/23	15/07/23

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words	
Name: Aventura Marão Clube	
Aim: - Sustainability: We try to source our food from local or regional producers and introduce this culture to our community. But we don't stop there. We built Amarante's first biodynamic garden in the beginning of 2015 and will continue to spread the word about the benefits of eating and growing local through our weekly Bio & Fair market. Our dedication to being sustainable is in all aspects: financial, ecological, social. It is an ongoing process and as the saying goes: "Practice makes perfection." - Fairness: Being fair is more than just a one-time declaration. It's in our everyday and in our every move. - Not only are we a valuable local partner to many schools, kindergartens, and places such as Cercimarante and Santa Casa, but we are also a promoter of a #Fairness mindset that we want to spread across Portugal – the appreciation of Fair Trade as a tool of bringing justice to underprivileged people around the globe. To open the first Fair Trade Shop in the country in late 1999 was the first declaration for a bigger goal – turn Amarante into the country's first Fair Trade Certified Town. - Dialogue: Last but not least, we are dedicated to dialogue. Through our many mobility and volunteer projects, youth exchanges, and cultural events we try to bring the world to Amarante. Activities: Organization of international work camps; organization of summer camps; organization of youth exchanges and youth initiatives; organization of sport activities (canoeing, mountain bikes); Fair Trade awareness (shops, school activities, fairs, etc.); coordination of Casa da Juventude de Amarante, a Youth Centre, in partnership with the City Hall. Web-page: http://cj-amarante.org/ E-mail: cj.amarante@gmail.com	

WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)
Camp Description and Aims - To support the local community, namely the Cooperative Cercimarante, an institution linked to young people with disabilities, in the preparation of the Street Theatre; - Developing the autonomy and self-esteem of young people with disabilities; - Stimulating the contact of young people with fewer opportunities with other young people from different cultures; - Fostering the personal and social development of young volunteers through non-formal education activities; - Providing young volunteers with knowledge of a new social and cultural reality enabling them to combat any kind of prejudice and stereotypes; - To promote the preservation and protection of cultural heritage at international and local level through direct contact and inclusion of the participants with the community of Amarante and with the heritage of the region, organising public actions/events such as the Intercultural Night and presentation of the different countries and cultures; - Promoting human rights and values of tolerance and respect.
Voluntary Work and Tasks of the Camp Activities: group dynamics; presentation to the city and region; discussion on the workcamp theme (objectives, tasks division); visit to the most important places of the city; training on theatre performance and workshop on how to deal with the difference; direct contact and work with local NGO (Cercimarante) responsible for activities with local handicapped young people; organize an event (theatre performance) involving both groups (workcamp participants and local handicapped young people) to be presented to the local community (street performance – expected more than 500 persons to attend);
What the volunteers can Learn in this Camp? (study part) Volunteers will acquire different competences and skills such as: - Development/practice of foreign language; - Group dynamics (NFE); - ICT tools for media and visibility; - Cultural awareness and expression; - Drama expression (main working method) and self-confidence; - Soft skills (working in groups, communication in public, problem solving, etc.).
Free Time, Leisure Time and Visits preview Volunteers will be able to participate in many different experiences (thematic movie, intercultural night, fair trade workshop, awareness session about UNESCO creative city, Yoga and Drums workshops) and visits to some of the main cities and spots in the North of Portugal (Guimarães, Porto, Alto Douro Vinhateiro and Parque Natural do Alvão).

LOGISTICAL ARRANGEMENTS
Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)



Amarante is a small town in the North of Portugal, part of Porto district (60km far from Porto, to the interior) with 12 thousand inhabitants (in the city center). It is a quite famous city for tourism, culture and wine production. Indeed, is quite near (18km) the Oporto wine region. Is crossed by Tâmega River (one of the rivers ending at Douro River that crosses Porto till the Atlantic Ocean) and it is on the valley of one of the most important Portuguese mountains, Marão (1450m). Amarante is well located (nearby passes highway A4 connecting to Oporto and highway A11 connecting to Guimarães) and has a good public transport system (bus station). The city is 40 min way from the nearest airport (Oporto) by car.

Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

Participants will be accommodated in shared rooms (4 participants each) of Casa da Juventude de Amarante (even so participants should bring sleeping bag). Casa da Juventude de Amarante has its own kitchen, WC and showers. In terms of food, our youth centre has a bar\restaurant proposal for the volunteers (breakfast, lunch and dinner) always taking into consideration our aims (healthy food with organic and vegetarian ingredients). Laundry available (self-service). Our youth centre has free wireless.

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

- Inside the building of Casa da Juventude de Amarante is not allowed to smoke or drink alcohol (except in the bar or terrace);
- Garbage should be separated: glass, plastic, paper, organic;
- We all have different time perceptions and so we should respect others and prepare in time our participation in daily activities;
- Every day we meet at 21h00 in a circle to evaluate our day, share whatever with the group and read our mail box;
- Each day a different room is responsible for daily house work: food preparation support, garbage, dinner cleanings, etc..

Special remarks or requirements of the Camp

No.

INSURANCE (kind of covers)

Our insurance covers personal accidents and civil responsibility. Members from EU, Norway, Iceland and Liechtenstein should bring their European Wealth Card.

WHAT VOLUNTEERS HAVE TO BRING

- Sleeping bag;
- Hygiene products and sun protector;
- Swimming suits;
- Working and sports clothes and shoes;
- One black t-shirt and one black trousers.

MEETING TIME AND MEETING POINT

Arrival date:	04/07/23
Timetable or period:	11h00
Place Name:	Casa da Juventude de Amarante
Place Address:	Avenida General Silveira, 193, 4600-0127 Amarante, Portugal
Emergency contact:	(+351) 913051999

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)

Closest Airport:	Porto (OPO)
Closest Train Station:	Porto/Estação Campanhã

Travelling from the Airport to Porto (for bus)

Metro/Aeroporto to 24 agosto

Price: €2,00

(For more information see: <https://www.metroporto.pt/>)

Travelling by Bus from Lisbon or Porto to the Meeting point

<p>Lisbon/Oriente Station – Amarante/Bus Station Price: €20,00 (For more information see: http://www.rede-expressos.pt)</p> <p>Porto/Campo 24 de agosto to Amarante/Bus Station Price: €8,20 (For more information see: http://www.rede-expressos.pt)</p>
<p>Traveling by Train from Lisbon to Porto Lisbon/Oriente Station - Porto/Estação Campanhã Price: from €18,75 to €44,00 (For more information see: http://www.cp.pt)</p>
<p>Special recommendations No.</p>

PRACTICAL INFORMATION AND CONTACTS	
Nº of volunteers:	17
Working language:	English
Country currency:	Euro
Weather expected during the camp:	Sunny
Local Host organization address:	Avenida General Silveira, 193, 4600-0127 Amarante, Portugal
Local Host organization phone:	(+351) 255 420 234
Local Host organization email:	cj.amarante@gmail.com
Local Host contact person:	Miguel Pinto
Camp Leader Name:	Alfredo Carvalho
Camp Leader mobile phone:	(+351) 913 051 999
IPDJ Regional address:	IPDJ – Norte , Rua Rodrigues Lobo, 98, 4150-638 Porto, ipdj.porto@ipdj.pt
IPDJ Regional phone number:	(+351) 226 085 700

WORKCAMP CODE	PT-PO-03-23	
CAMP NAME*	Another World Is Possible!	
DATES	19/09/23	30/09/23

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words

Name: Equação, Cooperativa de Comércio Justo, Crl

Aim: To promote organic farming, fair trade and healthy lifestyles among the population (especially Youth).

Activities: Organization of international work camps; organization of summer camps; organization of youth exchanges and youth initiatives; organization of sport activities (canoeing, mountain bikes); Fair Trade awareness (shops, school activities, fairs, etc.); coordination of Casa da Juventude de Amarante, a Youth Centre, in partnership with the City Hall.

Web-page: <http://equacao.org/>

E-mail: jmrppinto@gmail.com



WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

Camp Description and Aims

Aims: Support to local/regional organic farmers to raise awareness among the participants and the population on organic farms, organic food and fair trade; to develop skills related to agriculture work in organic farms and environment preservation; to run activities in order to increase the level of commitment at local level (Amarante) for organic and Fair-Trade products.

Voluntary Work and Tasks of the Camp

Activities: working in organic farms from the region of Amarante; training on fair trade and sustainable development (ex.: workshop about Fair Trade and healthy food); presentation to the city and region; group dynamics; visit to the most important places of the city; visits to some of the main cities and spots in the North of Portugal (Guimarães, Porto, Alto Douro Vinhateiro and Parque Natural do Alvão).

What the volunteers can Learn in this Camp? (study part)

Volunteers will acquire different competences and skills such as:

- Development/practice of foreign language;
- Group dynamics (NFE);
- ICT tools for media and visibility;
- Cultural awareness and expression;
- Organic farming techniques (main task) and Fair-Trade principles;
- Self-confidence;
- Soft skills (working in groups, communication in public, problem solving, etc.).

Free Time, Leisure Time and Visits preview

Volunteers will be able to participate in many different experiences (thematic movie, intercultural night, fair trade workshop, awareness session about UNESCO creative city, Yoga workshop) and visits to some of the main cities and spots in the North of Portugal (Guimarães, Porto, Alto Douro Vinhateiro and Parque Natural do Alvão).

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)



Amarante is a small town in the North of Portugal, part of Porto district (60km far from Porto, to the interior) with 12 thousand inhabitants (in the city center). It is a quite famous city for tourism, culture and wine production. Indeed, is quite near (18km) the Oporto wine region. Is crossed by Tâmega River (one of the rivers ending at Douro River that crosses Porto till the Atlantic Ocean) and it is on the valley of one of the most important Portuguese mountains, Marão (1450m). Amarante is well located (nearby passes highway A4 connecting to Oporto and highway A11 connecting to Guimarães) and has a good public transport system (bus

station). The city is 40 min way from the nearest airport (Oporto) by car.

Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

Participants will be accommodated in shared rooms (4 participants each) of Casa da Juventude de Amarante (even so participants should bring sleeping bag). Casa da Juventude de Amarante is located in the city center of Amarante (just 10m walking distance from the bus station) and has its own kitchen, WC and showers. In terms of food, our youth centre has a bar\restaurant proposal for the volunteers (breakfast, lunch and dinner) always taking into consideration our aims (healthy food with organic and vegetarian ingredients). Laundry available (self-service). This youth centre has free wireless.

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

- Inside the building of Casa da Juventude de Amarante is not allowed to smoke or drink alcohol (except in the bar or terrace);
- Garbage should be separated: glass, plastic, paper, organic;
- We all have different time perceptions and so we should respect others and prepare in time our participation in daily activities;
- Every day we meet at 21h00 in a circle to evaluate our day, share whatever with the group and read our mail box;
- Each day a different room is responsible for daily house work: food preparation support, garbage, dinner cleanings, etc..

Special remarks or requirements of the Camp

No.

INSURANCE (kind of covers)

Our insurance covers personal accidents and civil responsibility. Members from EU, Norway, Iceland and Liechtenstein should bring their European Wealth Card.

WHAT VOLUNTEERS HAVE TO BRING

- Sleeping bag;
- Hygiene products and sun protector;
- Swimming suits;
- Working and sports clothes and shoes.

MEETING TIME AND MEETING POINT

Arrival date:	19/09/23
Timetable or period:	11h00
Place Name:	Casa da Juventude de Amarante
Place Address:	Avenida General Silveira, 193, 4600-0127 Amarante, Portugal
Emergency contact:	(+351) 913051999

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)

Closest Airport:	Porto (OPO)
Closest Train Station:	Porto/Estação Campanhã

Travelling from the Airport to Porto (for bus)

Metro/Aeroporto to 24 agosto

Price: €2,00

(For more information see: <https://www.metroporto.pt/>)

Travelling by Bus from Lisbon or Porto to the Meeting point

Lisbon/Oriente Station – Amarante/Bus Station

Price: €20,00

(For more information see: <http://www.rede-expressos.pt>)

Porto/Campo 24 de agosto to Amarante/Bus Station

Price: €8,20

(For more information see: <http://www.rede-expressos.pt>)

Traveling by Train from Lisbon to Porto

Lisbon/Oriente Station - Porto/Estação Campanhã

Price: from €18,75 to €44,00

(For more information see: <http://www.cp.pt>)

Special recommendations

No.

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	17
Working language:	English
Country currency:	Euro

Weather expected during the camp:	Sunny
Local Host organization address:	Avenida General Silveira, 193, 4600-0127 Amarante, Portugal
Local Host organization phone:	(+351) 913 051 999
Local Host organization email:	jmrppinto@gmail.com
Local Host contact person:	Miguel Pinto
Camp Leader Name:	Alfredo Carvalho
Camp Leader mobile phone:	(+351) 913 051 999
IPDJ Regional address:	IPDJ – Norte , Rua Rodrigues Lobo, 98, 4150-638 Porto, ipdi.porto@ipdj.pt
IPDJ Regional phone number:	(+351) 226 085 700

WORKCAMP CODE	PT-PO-06-23
CAMP NAME	EcoVilaPouca
DATES	28/08/2023 – 08/09/2023

LOCAL HOST (*organization name, aims, main activities, internet address, you can add a small logo of your organization*) – Maximum - 130 words

This camp will be organized by [APRISO](#), an environmental NGO focused on the protection of rivers in the district of Porto, Portugal. We promote volunteering activities, environmental training and education.

The camp will be organized in close collaboration with the [Municipality of Lousada](#), who are implementing a ground-breaking sustainability agenda in Portugal (Lousada was the Winner of the 2019's [European Transformative Action towards Sustainability](#)), and also with colleagues from the [Associação BioLiving](#), an award-winning environmental NGO which motto is "Nature and Education for All".

As a group, these three entities have been working together in Lousada and Gondomar to Promote sustainability; Encourage environmental citizenship and public participation in the defence of natural values; Boosting the social economy; Promote inclusion, peace and solidarity, using education, natural resources and the protection of nature as their trigger.

WORKCAMP DESCRIPTION (*After WorkCamp description you can add 1 or 2 photos from previous camps, if the same*)

Camp Description and Aims

This International Work Camp integrates the Municipality of Lousada's agenda for sustainability and environment, which includes several environmental projects, always in cooperation with local communities and NGOs. Specifically, EcoVilaPouca will be important in the environmental recovery and improvement of Quinta de Vila Pouca, an infrastructure that comprises the network of visitable environmental infrastructures in the Municipality and that will host the headquarters of the Protected Area of Sousa Superior. This WorkCamp will be organized by a team of biologists with experience in environmental conservation and animation.

- General objectives:**
- Promotion of sustainability, environmental awareness, and biodiversity protection;
 - Promotion of intercultural relationships, good environmental practices, and citizenship;
 - Building structures for environmental education and biodiversity beneficiation;
 - Promotion of specific skills in the field of environmental management, nature protection and biodiversity.

- Voluntary Work and Tasks of the Camp**
- Training in ecology;
 - Control of invasive alien species on the banks and in the bed of the Sousa River;
 - Improvement of the local fauna, flora and landscape;
 - Construction of a pond for wildlife conservation;
 - Recovery of an old waterway targeting the retake of its activity;
 - Creation of shelters for wildlife in forest areas;
 - Plogging, path cleaning and waste removal;
 - Construction of structures for environmental education purposes;
 - Enhancement of local cultural heritage through workshops and visits;
 - Encouraging international exchange and exchange of experiences;
 - Experiencing traditional cultural activities in the Sousa Valley region;
 - Presentation and discussion of the natural and social reality of the participants' regions of origin;
 - Promotion of environmentally and socially responsible attitudes and values;
 - Development of training actions, aiming at individual and collective learning.

What can the volunteers learn in this Camp? (study part)

Participants will have the opportunity to learn about environmental management and nature conservation, and engage in conservation-training activities including cleaning and ecological restoration in some habitats. We will build floating wooden structures that serve as wildlife shelters, depuration material and environmental education equipment. Volunteers will also get to see and learn about our flora and fauna, local culture, food, rural landscape, etc.

- Free Time, Leisure Time and Visits preview**
- Visit to Guimarães, a UNESCO world heritage city.
 - Sketch'n Fun (*Pictionary*), music, environmental movies night, Portuguese traditional games, quiz night, talks, cultural and environmental tours, fauna and flora observation, visit to several museums, visit to [Mata de Vilar](#).
 - Local culture workshops (traditional music, ancient agriculture techniques, old water mill, etc)

LOGISTICAL ARRANGEMENTS

Description of the Camp Location

Discover Lousada: <https://www.cm-lousada.pt/pages/667> Google maps: <https://goo.gl/maps/S8zqhFY3immx7nq98>
Lousada is a periurban municipality which mixes rural and urban settings. It is not isolated, there are many shops, cafes, etc.

Lousada general landscape (Protected Landscape of the Superior Sousa - <https://www.sousasuperior.pt/>):



Quinta de Vila Pouca, the main area of intervention:



Type of wooden structures to build:



Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

Participants will sleep in Sports Complex of Lousada, in shared rooms with minimalist-style beds. There will be separated rooms for boys and for girls. The place has locker rooms with hot water showers also separated by gender. Participants must bring their own towels and hygiene products.

The organization will provide breakfasts, lunches, break snacks, and dinners. Lunches and dinners are prepared/cooked by the municipality's staff and served at a canteen, but some lunches will be served in the field (sandwiches, fruits, etc.). There will always be a vegetarian option.

There are facilities to hand wash small clothing items (such as underwear).
The Sports Complex has Wi-Fi internet access.

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

- High sense of citizenship and environmental protection.
- Will to work for nature protection and improvement.
- Will to learn and share nature protection techniques and good practice.
- Language skills (English preferable, but also Portuguese and Spanish).
- Always be punctual.
- Always respect others' opinions.
- Will to interact with local community and culture.
- Be inclusive and respectful to all.
- Follow the monitors' instructions.

Special remarks or requirements of the Camp: Bring all hygiene products.

INSURANCE (kind of covers)

We will provide an insurance that covers medical assistance in case of an accident or injury related to field work. Please note that it does not cover travels, your belongings, or 'normal' health issues such as headaches, the flu, insect bites, etc.

WHAT VOLUNTEERS HAVE TO BRING

Music and food from your region, working clothes and shoes, sunscreen, hat, a presentation on the nature of your region, towels and all needed hygiene products.

MEETING TIME AND MEETING POINT

Arrival date:	28/08/2023
Timetable or period:	Meeting at 11h00 AM at Penafiel train station
Place Name:	Penafiel train station
Place Address:	Penafiel
Emergency contact:	+351 916271946

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)

Closest Airport:	Porto (OPO)
Closest Train Station:	Penafiel

Travelling from the Airport to Penafiel (bus or train)

-Just outside the Porto airport take the metro (subway <http://en.metrodoporto.pt/>) to Porto – Campanhã main train station (30min). At Campanhã, take the train to Penafiel station (35min; line to 'Caíde') – timetables and prices for Portuguese trains at www.cp.pt.
- If coming from Lisbon, take a train at Lisboa - Oriente main station directly to Porto – Campanhã (2.5h), and then change train to Penafiel.

- The organization will provide transportation from the train station of Penafiel to Lousada.

Travelling by Bus from Lisbon, Porto or Faro to the Meeting point

If coming from Lisbon or Faro, check buses available to Porto at <https://rede-expressos.pt/en>.
From Porto to the camp, take the train as explained above.

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

If coming from Lisbon, take a train at Lisboa - Oriente main station directly to Porto – Campanhã (2.5h), and then change train to Penafiel as explained above.

Special recommendations: If you have a delay or flight cancelation, let us know asap!

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	17
Working language:	English
Country currency:	Euro
Weather expected during the camp:	Hot and sunny: over 30°C during the day. About 18°C at night.
Local Host organization address:	Lousada, Portugal
Local Host organization phone:	+351 916271946
Local Host organization email:	aprisof@gmail.com
Local Host contact person:	Luís Cunha
Camp Leader Name:	Milene Matos
Camp Leader mobile phone:	+351 964712455
IPDJ Regional address:	IPDJ Norte (Porto) Rua Rodrigues Lobo, 98, 4150-638 Porto, Portugal E-mail: mailporto@ipdj.pt
IPDJ Regional phone number:	Tel: (+351) 226 085 702 19

WORKCAMP CODE	PT-PO-29-23	
CAMP NAME*	Seeds of Wisdom	
DATES	9th August 2023	to 20th August 2023

**Deve ser escolhido um título em inglês, pequeno e apelativo*

LOCAL HOST (*organization name, aims, main activities, internet address, you can add a small logo of your organization*) – Maximum - 130 words

Association Azes Valboenses in Cabrum-Ecovillage - <https://youtu.be/5AHJ8EeOYh4>
 The rebirth of an abandoned village, in an ecological and sustainable way. Cabrum, an Eco village that dazzles for the location, the community, the good energy. The main activities of Azes Valboenses are directed towards local work with the community and international activities for young people and youth workers, the focus being on promoting healthy and sustainable lifestyles and democratic participation.

WORKCAMP DESCRIPTION (*After WorkCamp description you can add 1 or 2 photos from previous camps, if the same*)

Camp Description and Aims

The project presents itself as a community of diverse practices capable of creating a proactive synergy between Azes Valboenses and Amakura, together with informal partnerships.

General objectives

Promote the cultural valorisation of local ecosystems;

Allow participants to develop citizenship skills while actively contributing to the rehabilitation of important elements of cultural and environmental heritage;

Promote healthier and more sustainable lifestyles during the CTI and also in their communities;

Improve the intercultural and social skills of participants, reinforcing the importance of cooperation and citizenship in building a fairer and more caring world.

Voluntary Work and Tasks of the Camp

Group Projects

1) Camping Renovation

The campsite already exists but lacks tables and benches as well as support equipment, so participants will build it, reusing materials and using sustainable construction techniques.

2) Construction of proposal for dry toilet

A support toilet is missing for the path, which will be designed and presented by Amakura Association for the construction and maintenance of the existing ones.

3) Construction of walls with sustainable technique

Participants will have the opportunity to understand the steps for building walls, windows and doors by reusing materials and using sustainable construction techniques.

What the volunteers can Learn in this Camp? (study part)

Local Flora Observation

Walk to meet and learn to recognise Local Flora, including native and endemic species.

Workshop on Natural Preventive Medicine

After collecting some foods and herbs on the walks, these will be used to construct essentially preventative medicine syrups and anointments without the use of chemicals.

Ecological Hygiene Products Workshop

Participants will have the opportunity to learn how to make personal hygiene and cleaning products with natural and sustainable products that do not pollute, thus being invited to make and use these products in their daily lives decreasing the impact of their consumption and fighting climate change.

Free Time, Leisure Time and Visits preview

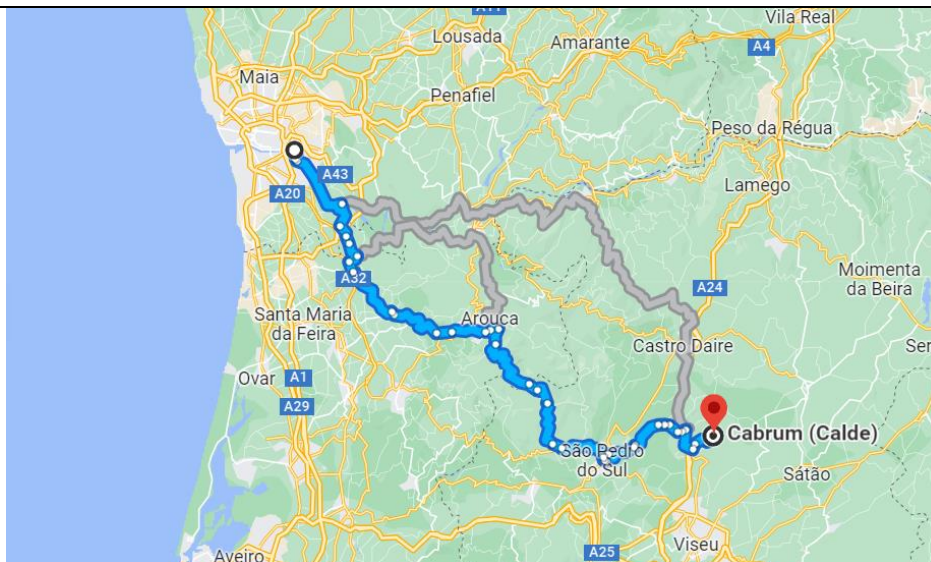
Cinema Session; Board Games; Stargazing; Intercultural Evening; Night Walk; Dive in the waterfall and enjoy the surrounding tranquillity; Sunbathing.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (*if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location*)

The project will take place in Cabrum, an Ecovillage in the municipality of Viseu, about 120km from Porto. Although Associação Azes Valboenses is based in Gondomar/Porto we will travel to the interior of Portugal to work and collaborate with the rebirth of this once abandoned village which is being rebuilt in an ecological and sustainable way. The location, the community and the good energy of Cabrum are impressive. It is in the heart of the Viseu forest, with a farming community of about 15 people who are working in a sustainable and nature-conserving way.

From Azes Valboenses to Cabrum:



Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

Volunteers will be accommodated in the village campsite and meals will be prepared by everyone, with the support of the kitchen of the Mother House in the heart of the village. Breakfast, lunch, snack and dinner will be served, always vegetarian and with organic products from the village. The venue has only 4G internet and must be the individual of each participant. There is no laundry service.

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

In addition to the activities, the young people will be responsible for the maintenance of the common areas in the camp. They will also collaborate in the preparation of the main meals and in the subsequent cleaning.

Special remarks or requirements of the Camp

The camp is not accessible for people with reduced mobility and the village is far from the town, so have with you any and all medication you may need to take.

INSURANCE (kind of covers)

Comprehensive personal accident insurance with cover for death, permanent disability, treatment expenses, funeral expenses and repatriation, for people of different nationalities aged 18 or over.

WHAT VOLUNTEERS HAVE TO BRING

Sleeping bag, pillow, blanket, toiletries, towels and sheets, your own non-disposable cup or mug.

MEETING TIME AND MEETING POINT

Arrival date:	19/08/2023
Timetable or period:	10am until 2pm maximum
Place Name:	Associação Azes Valboenses
Place Address:	Rua Alexandre Herculano, 158 – Valbom - Gondomar
Emergency contact:	+351 963 930 478

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)

Closest Airport:	Porto Airport
Closest Train Station:	Campanhã Station
Travelling from the Airport to (bus or train)	Metro to Trindade and then to Campanhã. Bus to Valbom.
Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point	Metro to Campanhã and bus to Valbom.
Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point	Metro to Campanhã and bus to Valbom.

Special recommendations

We will gather all the volunteers in the headquarters of the Association in Gondomar/Porto and we will leave together in a bus to

Cabrum/Viseu for the work camp. At the end of the project we will return to Gondomar/Porto also together. In case any of the participants cannot arrive at the head office of the Association until 2pm on the 19th of August, there will be an alternative transport just for these cases. Please let us know if you are not able to arrive by the indicated time.

PRACTICAL INFORMATION AND CONTACTS	
Nº of volunteers:	17
Working language:	English, Spanish
Country currency:	Euro
Weather expected during the camp:	Sunny
Local Host organization address:	Rua Alexandre Herculano, 158 – Valbom - Gondomar
Local Host organization phone:	+351 963 930 478
Local Host organization email:	azesvalboenses@gmail.com
Local Host contact person:	Anna Gaya
Camp Leader Name:	Anna Gaya
Camp Leader mobile phone:	+351 963 930 478
IPDJ Regional address:	Rua Rodrigues Lobo, n.º 98 - 4150 - 638 Porto
IPDJ Regional phone number:	226 085 700

WORKCAMP CODE	PT-SA-12-23	
CAMP NAME*	Brincarte	
DATES	03/07/2023	14/07/2023

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (*organization name, aims, main activities, internet address, you can add a small logo of your organization*) – Maximum - 130 words

Dream Dancing, is a non-profit association whose main goal is to develop socio-cultural activities in the field of dance and sport for children and young people.

<https://www.facebook.com/dreamdancingsm>

WORKCAMP DESCRIPTION (*After WorkCamp description you can add 1 or 2 photos from previous camps, if the same*)

Camp Description and Aims

Promoting youth mobility and exchange in times where the internet and technologies dominate the world, it is essential to develop a sustainable project through the production of toys and recreational materials that can later contribute to the development of the association's work with children and youth people.

Showing the community, the importance of sustainability in the ludic aspect is one of the fundamental goals of the project.

What is intended is to raise awareness and involve young people in the production of playful materials and toys that will later be used in activities developed by the association with its children and young people.

Establish contacts, make friends and help implement a reference project in the area of sustainability through manual arts.

All of the activities will be safeguarded by hygiene, safety and health conditions at work.

Voluntary Work and Tasks of the Camp

This camp will have an educational and participatory approach and young people will be welcomed by the Dream Dancing association and local partner organizations (Câmara Municipal de Salvaterra de Magos and Associação Ternura Popular).

Youth people will be monitored by two professionals in the area and **the main goal** of this project is to learn techniques for producing and transforming materials into playful objects, contributing to a more creative and sustainable world. Sustainability and craftsmanship will be the inspiration for this field of work, with recreational and creative materials expected to support the association's activities (board games, sets, puppets, materials for performing traditional games, musical instruments) and the group of the volunteers will learn techniques for producing and transforming materials into playful objects, looking forward to a more creative and sustainable world.

What the volunteers can Learn in this Camp? (study part)

- Identify, analyze and solve conservation and renovation problems of end-of-life materials, respecting and discussing the peculiarities of each situation, contributing to a more creative and sustainable world.
- Be able to apply a methodology of conservation and renovation procedures, based on the necessary integration of knowledge that is transmitted over the days;
- Possess manual dexterity and mastery of techniques for interference in cultural assets;
- Act cooperatively in multidisciplinary teams, maintaining the necessary dialogue and exchange of knowledge with the areas that will be integrated.

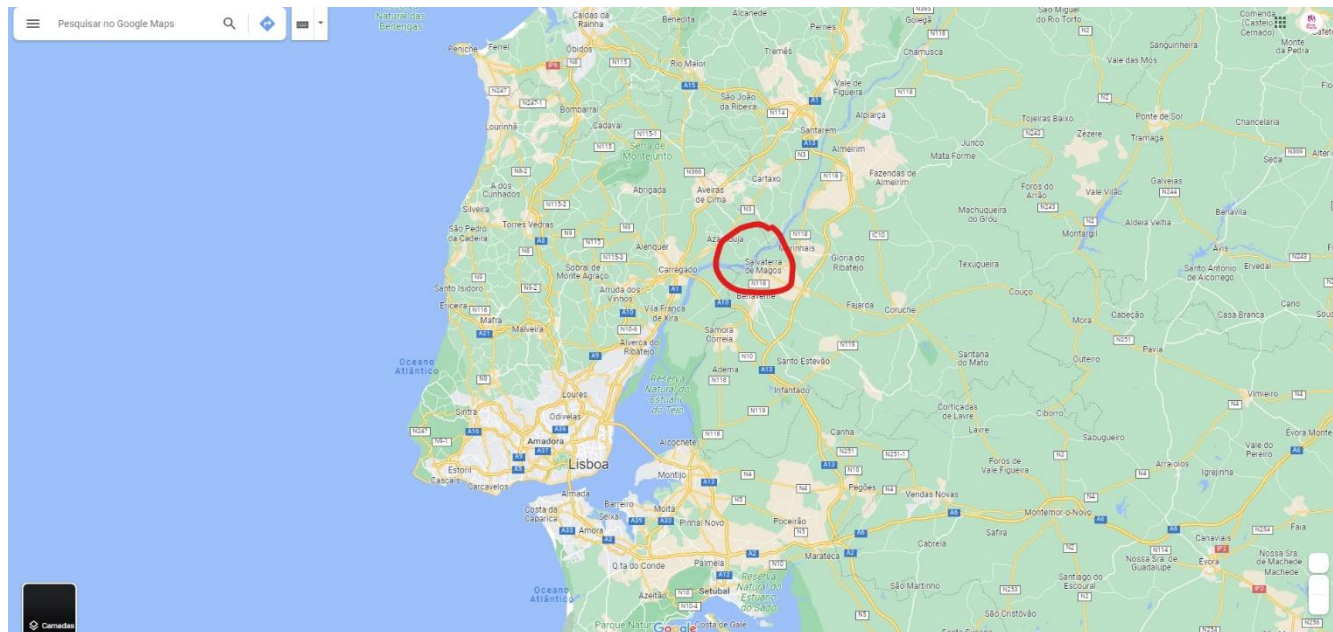
Free Time, Leisure Time and Visits preview

We have planned the following activities: - Trip to Lisbon, which includes a visit to the toy museum;- Trip in the council city of Salvaterra de Magos;- Barbecue night;- Walk night;- Cinema Night;- Popular party;- Games and group dynamics;- Farewell dinner;- Workshop activity to present to the kids that are attending in our summer camp;- Free activities.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)

Salvaterra de Magos is a Portuguese village belonging to the district of Santarém, and the former province of Ribatejo, with about 6,200 inhabitants. It is the seat of the municipality of Salvaterra de Magos with an area of 243.93 km² and 22,159 inhabitants, subdivided into 4 parishes.



Address of the location of the work camp:

https://www.google.pt/maps/place/Celeiro+da+Vala/@39.0312294,-8.7947513,17z/data=!4m14!1m7!1s0xd18e167c4b251a7:0xa82a42db2da92cfd!2sCeleiro+da+Vala!8m2!3d39.0312543!4d-8.7940951!6s%2Fg%2F11g_x69y99!3m5!1s0xd18e167c4b251a7:0xa82a42db2da92cfd!8m2!3d39.0312543!4d-8.7940951!6s%2Fg%2F11g_x69y99?hl=pt-PT&authuser=0

Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

Food will be prepared by everyone and the accommodation will be at the Celeiro da Vala in Salvaterra de Magos. The food include 17 breakfast, lunches, coffee break, dinners and 17 suppers. This accommodation whose dorms are mixed includes kitchen, bathrooms with showers and wi-fi.

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

The participants should not miss any day of the work camp (except for a medical situation) and should not get late to the activities. they should always pay attention to their work area, being responsible for tidying and cleaning. It is forbidden to have any kind of conflict.

Special remarks or requirements of the Camp

Team spirit and skills for craftship.

INSURANCE (kind of covers)

Our insurance covers any type of accident of work.

WHAT VOLUNTEERS HAVE TO BRING

Mattress, Sleeping Bag, Pillow, Hygiene products, Towels.

MEETING TIME AND MEETING POINT	
Arrival date:	July 3 rd of 2023
Timetable or period:	Till 7pm
Place Name:	Sports hall in Salvaterra de Magos (https://goo.gl/maps/uANZQc5GndVirRNi8)
Place Address:	Bombeiros Voluntários Street, Pavilhão de Salvaterra de Magos (Salvaterra de Magos's Sports Hall), 2120-072 Salvaterra de Magos.
Emergency contact:	Santarém IPDJ: +351 243 350 410 / mailsantarem@ipdj.pt loja.santarem@ipdj.p

HOW TO GET TO THE MEETING POINT/CAMP? <i>(Please add addresses, timetables, itinerary trip, ticket prices and internet address)</i>	
Closest Airport:	Aeroporto Humberto Delgado, Lisbon
Closest Train Station:	Santarém/Vila Franca de Xira
Travelling by Bus from Lisbon (airport) to the Meeting point	
<p>The bus you must take from Lisbon Airport is from the Ribatejana Company are by the following times: 9:45 am. 12:10 pm, 13:10 pm, 15:10 pm , 16:10 pm, 5 pm, 5:30 pm, 5:45 pm</p> <p><u>Additional informations:</u> -You must have cash because they don't work with ATM; The price of the ticket is around 8€; The timing of the trip is around 70 minutes; Plus, the location you must say to the driver is Salvaterra de Magos and you stop in the principal bus station of the village; The stop you must take from lisbon airport is located at Rua C, close to Star INN Lisbon Airport. The way you have to take to reach there is showing by the following image.</p> <p>https://www.google.com/maps/place/Meli%C3%A1+Lisboa+Aeroporto/@38.7701937,-9.1272671,17z/data=!3m1!4b1!4m9!3m8!1s0xd19324717046fd1:0xd0740faeacd8a50!5m2!4m1!1i2!8m2!3d38.7701895!4d-9.1250784!16s%2Fg%2F1ptw1kj2j?hl=pt-PT</p> <p>Ribatejana's website: https://www.ribatejana.pt/ribatejana/Ribatejana</p>	
Special recommendations	

PRACTICAL INFORMATION AND CONTACTS	
Nº of volunteers:	17
Working language:	English
Country currency:	Euro €
Weather expected during the camp:	Sunny days and heat. (summer)
Local Host organization address:	Celeiro da Vala Avenida José Luís Brito Seabra, 133 2120-071, Salvaterra de Magos
Local Host organization phone:	+351 912 032 231
Local Host organization email:	dreamdancing@live.com.pt
Local Host contact person:	+351 912 431 911
Camp Leader Name:	Bárbara Vieira
Camp Leader mobile phone:	+351 912 431 911
IPDJ Regional address:	Av. Grupo de Forcados Amadores de Santarém 101, 2000-201 Santarém, Portugal
IPDJ Regional phone number:	+351 243 350 410

WORKCAMP CODE	PT-SA-13-23	
CAMP NAME*	CRIARTE II	
DATES	20/08/2023	31/08/2023

**Deve ser escolhido um título em inglês, pequeno e apelativo*

LOCAL HOST (organization name, aims, main activities, internet address, <u>you can add a small logo of your organization</u>) – Maximum - 130 words
Dream Dancing, is a non-profit association whose main goal is to develop socio-cultural activities in the field of dance and sport for children and young people. https://www.facebook.com/dreamdancingsm

WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

Camp Description and Aims

Promote mobility and exchange through craft activities related to the Municipality of Salvaterra de Magos that encourage the exchange of experiences and knowledge of the sociocultural and artistic reality of the territory, facilitating the relationship of all young people in the community through non-formal educational activities of marked consistency in interculturality. CreArte has with the objective of establishing contacts, making friends, helping to carry out a project artisan reference and better understand Portuguese Culture and its arts/crafts. It is intended that the project will produce/reuse objects to be sold later and in this way raise funds that can help needy families, through the restoration of furniture. All of the activities will be safeguarded by hygiene, safety and health conditions at work.

Voluntary Work and Tasks of the Camp

This camp will have an educational and participatory approach and young people will be welcomed by the Dream Dancing association and local partner organizations (Câmara Municipal de Salvaterra de Magos and Associação Ternura Popular).

Youth people will be monitored by two professionals in the area, and they will learn to transform monos into unique and original specimens. The challenge is to make the participants work the furniture and in this way learn in real time to give it another life. The intention is to collect a mono or rescuing an object from someone to prevent it from having a less happy end.

Criarte will have two fundamental components that give rise to 2 paths to the same end:

- Restoration – return the original luster and qualities of the piece of furniture;
- Recovery – recover the furniture, transforming its appearance and structure. The approach is essentially practical, therefore, the intervention starts on the first day of work.
- It is advisable to wear comfortable clothes and a gown or apron in order to protect it;
- All participants will have to tidy their bench at the end of each class;
- They will also be responsible for cleaning and conserving all materials they use. In addition to the collection that the association will do with the community, there is a warehouse in the municipality with various furniture donated by the population and with the collaboration of artisan Rui, youth people will learn to give a new life to these furniture.

What the volunteers can Learn in this Camp? (study part)

- Identify, analyze and solve problems of conservation and renovation of cultural assets furniture, respecting and discussing the peculiarities of each situation. – Be able to apply a methodology of conservation and renovation procedures, based on the necessary integration of knowledge that is transmitted over the days.
- Possess manual dexterity and mastery of techniques to make interventions in cultural goods
- Work cooperatively in multidisciplinary teams, maintaining the necessary dialogue and exchange of knowledge with other areas that work for the benefit of the preservation of cultural furniture.

Free Time, Leisure Time and Visits preview

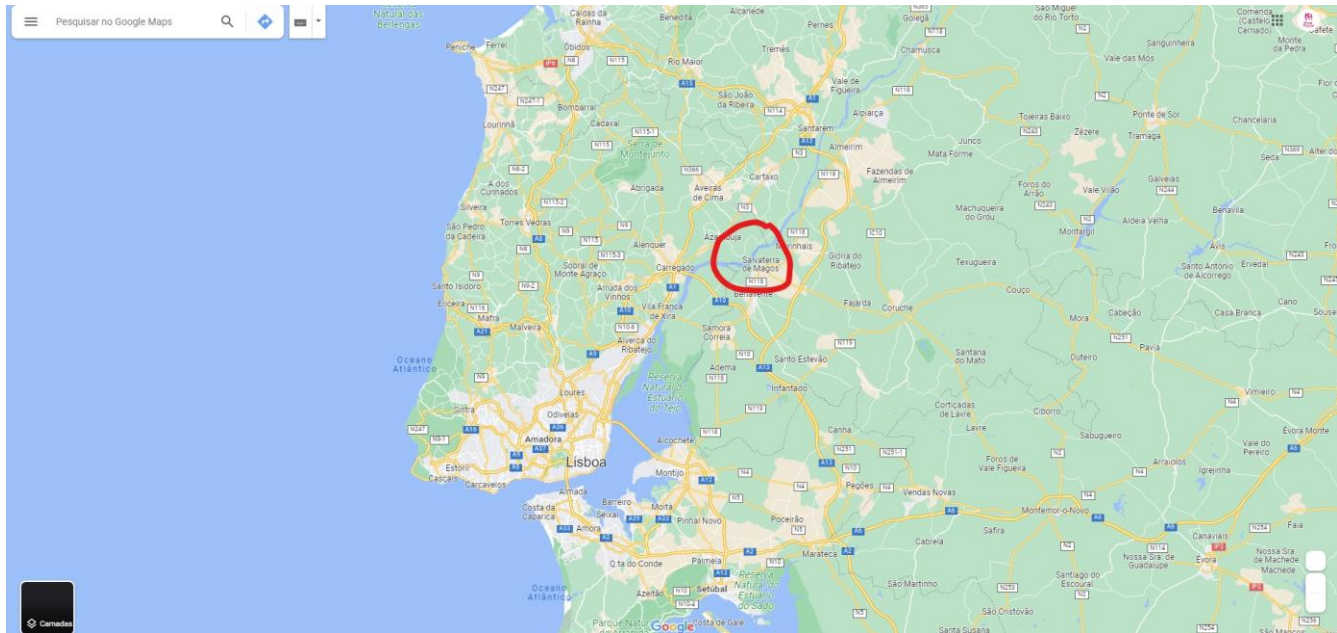
We have planned the following activities:

- Trip to Lisbon;- Trip in the council city of Salvaterra de Magos, to visit the most important craft places;- Barbecue night;- Walk night;- Cinema Night;- Popular party;- Games and group dynamics;- Farewell dinner;- Workshop activity to present to the kids that are attending in our summer camp;- Free activities.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)

Salvaterra de Magos is a Portuguese village belonging to the district of Santarém, and the former province of Ribatejo, with about 6,200 inhabitants. It is the seat of the municipality of Salvaterra de Magos with an area of 243.93 km² and 22,159 inhabitants, subdivided into 4 parishes.



<https://www.google.com/maps/@39.0330704,-8.8401255,11z>

Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

Food will be prepared by everyone and the accommodation will be at the Sports Hall in Salvaterra de Magos. The food include 17 breakfast, lunches, coffee break, dinners and 17 suppers. This accommodation whose dorms are mixed includes kitchen, bathrooms with showers and wi-fi.

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

The participants should not miss any day of the work camp (except for a medical situation) and should not get late to the activities. they should always pay attention to their work area, being responsible for tidying and cleaning. It is forbidden to have any kind of conflict.

Special remarks or requirements of the Camp

Team spirit and skills for craftship.

INSURANCE (kind of covers)

Our insurance covers any type of accident of work.

WHAT VOLUNTEERS HAVE TO BRING

Mattress, Sleeping Bag, Pillow, Hygiene products, Towels.

MEETING TIME AND MEETING POINT

Arrival date: August 20th of 2023

Timetable or period:	Till 5pm
Place Name:	Sports hall in Salvaterra de Magos (https://goo.gl/maps/uANZQc5GndVirRNi8)
Place Address:	Bombeiros Voluntários Street, Pavilhão de Salvaterra de Magos (Salvaterra de Magos's Sports Hall), 2120-072 Salvaterra de Magos.
Emergency contact:	Santarém IPDJ: +351 243 350 410 / mailsantarem@ipdj.pt loja.santarem@ipdj.pt

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)

Closest Airport:	Aeroporto Humberto Delgado, Lisbon
Closest Train Station:	Santarém / Vila Franca de Xira

Travelling by Bus from Lisbon (airport) to the Meeting point):

The bus you must take from Lisbon Airport is from the Ribatejana Company are by the following times:

-8:15 am; 9:45am; 11:00am; 14:30pm.

Additional informations:

-You must have cash because they don't work with ATM; The price of the ticket is around 8€; The timing of the trip is around 70 minutes; Plus, the location you must say to the driver is Salvaterra de Magos and you stop in the principal bus station of the village; The stop you must take from lisbon airport is located at Rua C, close to Star INN Lisbon Airport. The way you have to take to reach there is showing by the following image.

<https://www.google.com/maps/place/Meli%C3%A1+Lisboa+Aeroporto/@38.7701937,-9.1272671,17z/data=!3m1!4b1!4m9!3m8!1s0xd19324717046fd1:0xd0740faeacd8a50!5m2!4m1!1i2!8m2!3d38.7701895!4d-9.1250784!16s%2Fg%2F1ptw1kj2j?hl=pt-PT>

Ribatejana's website: <https://www.ribatejana.pt/ribatejana/Ribatejana>

Special recommendations

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	17
Working language:	English
Country currency:	Euro €
Weather expected during the camp:	Sunny days and heat. (summer)
Local Host organization address:	Pavilhão de Salvaterra de Magos (Salvaterra de Magos's Sports Hall): R. dos Bombeiros Voluntários, 2120-072 Salvaterra de Magos
Local Host organization phone:	+351 912 032 231
Local Host organization email:	dreamdancing@live.com.pt
Local Host contact person:	+351 912 431 911
Camp Leader Name:	Bárbara Vieira
Camp Leader mobile phone:	+351 912 431 911
IPDJ Regional address:	Av. Grupo de Forcados Amadores de Santarém 101, 2000-201 Santarém, Portugal
IPDJ Regional phone number:	+351 243 350 410

WORKCAMP CODE	PT-VI-15-23	
CAMP NAME*	Supporting Nature	
DATES	Start: 18 August 2023	End: 27 August 2023

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words

MONTIS is a nature conservation NGO that operates in Portugal, founded in 2014. The main goal of MONTIS is to manage abandoned marginal land, with low or no economic value, with an ecosystem restoration approach, to recover ecosystem functionality and support increasing biodiversity. For that goal we put into practice a nature-based approach, relying on the support or restoration of the key natural processes and assets, such as soil quality, water management and habitat enhancement.

In order to get land to manage we buy land for nature conservation through crowdfunding, and we also establish management agreements with landowners.

Ecosystem restoration tasks and activities are performed mostly with volunteers. Since its foundation MONTIS has created a strong volunteering programme, with different types of volunteers. For us volunteering is an awareness-raising tool, and a way to involve people in nature conservation.

Website: www.montisacn.com



WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

Camp Description and Aims

The workcamp has the general objective of bringing together young people from different nationalities, cultures and contexts with the common objective of contributing to the increase of biodiversity, to the restoration of degraded ecosystems and the increase of the landscape's fire resilience. The conservation works will take place in an area managed by MONTIS in the interior of Portugal, in Pampilhosa da Serra.

The area where the tasks will be carried out, is an ecologically degraded and sensitive area. More info about the area can be found at <https://montisacn.com/en/managed-properties/pampilhosa-da-serra-2/>. It is expected that with this joint work, guided by monitors and specialized technicians, the participants will be able to develop new learnings and skills in the areas of nature and restoration of ecosystems. It is also expected, with the joint volunteering tasks, which include individual and collective tasks, fauna workshops and leisure activities, to stimulate cultural, linguistic learning and intercultural interaction amongst the community of participants. The work field is organized in a "learn by doing" logic.

As for nature outputs of the workcamp, the following are expected: to improve the conditions for the vegetation growth; improve habitats; increase fire resilience; improve soil quality; increase water infiltration into the ground; identify and record fauna and flora, which will be publicly available on the open platform iNaturalist (<https://www.inaturalist.org/projects/montis>). The ecological restoration techniques to be applied are replicable in other geographical contexts in Europe, so there is a high European added value in international participation and in the transfer of skills and learning between participants and monitors.

Voluntary Work and Tasks of the Camp

The volunteering tasks will all be directed or related to ecosystem restoration.

The activities include pruning young trees and pruning and management of pine trees and other native species, to accelerate their growth (with pruning shears and other cutting tools); opening and maintenance of access paths for volunteers and visitors; restore riparian vegetation; construction of barriers to water runoff with local materials, to increase infiltration and improve the soil; control of invasive plant species, namely the Acacia dealbata, a non-native tree that occupies and degrades local ecosystems, competing with native species (control is carried out by pulling small trees and ring barking medium and large trees, using a pocketknife); camera trapping: consists of installing and collecting photo trapping cameras that react to movement, capturing photographs and videos of passing animals (after the work camp, MONTIS compiles all the information collected with the photo trapping cameras and sends it by email to the work camp participants); identification and registration of species of fauna and flora: this activity is guided by the monitors and supported by the use of the iNaturalist application, an application that helps to recognize species through photography (all data collected is publicly available on the iNaturalist platform <https://www.inaturalist.org/projects/montis>).

What the volunteers can Learn in this Camp? (study part)

Ecosystem restoration techniques and approaches. Techniques to restore riparian vegetation; improve soil quality and reduce water runoff; accelerate the growth of native trees; control invasive plant species. Volunteers will learn to work with camera trapping, and with tools to identify and register fauna and flora. Volunteers will learn about animal species (birds, mammals, reptiles, amphibians and bees) and invasive plant species in workshops dedicated to these themes.

Free Time, Leisure Time and Visits preview

Free and leisure time will be spent in the surroundings of Xisto Camping (<https://xistocamping.com/portal/>). Activities like canoeing, rock climbing, observation of nature, stargazing, swimming in river beaches are available for the volunteer's free time. MONTIS will organize several workshops, regarding the wildlife found in Pampilhosa da Serra, invasive species, natural engineering, beekeeping, and visits to the local natural and cultural highlights of the area.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location *(if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)*

The location of the workcamp is in a remote rural area, with almost no population. Volunteers will camp in Xisto Camping (<https://xistocamping.com/portal/>; coordinates: [40° 02' 48.6" N 7° 48' 05.8" W](#)). MONTIS will have a van and cars available to support the needed transportation. The intervention area distances from the campsite about 20 minutes driving. The van and cars will be used to transport volunteers every day. MONTIS will transport all tools, water and food needed for the volunteering period to the volunteering site.



Accommodation/Food *(describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)*

Volunteers will be camping. There is a central facility with showers, and WC for women and men, with all basic hygiene facilities. There is another central facility for socializing, for board and card games, and a small bar. The camping site has internet available, as well as outdoors barbecue and eating tables. There is no kitchen or laundry. The camping site is next to a fluvial beach.

MONTIS will provide regular meals, with the possibility of vegetarian by request. These include breakfast, lunch, afternoon snack and dinner. Lunch will be served on the field as packed lunch if needed. If volunteers have dietary restrictions of any kind, these restrictions must be communicated to MONTIS for proper preparations.

CONDITIONS OF PARTICIPATION *(if there is any specific information that is important volunteers to know about the camp)*

Internal rules of the Camp

There are no specific rules for the Camp. Participants shall commit to the working schedules and be on time for the activities. MONTIS will make a daily briefing at the end of each day to prepare the following day. Volunteers should always respect other campers.

Special remarks or requirements of the Camp

Volunteers should be comfortable with walking and physical activity, as there will be at least a total of 45 minutes of walking during each day and 5 hours of physical volunteering work. Motivation is important as the work is physical and includes camping all nights.

INSURANCE *(kind of covers)*

The insurance covers death by accident, permanent invalidity by accident, treatment expenses by accident, simultaneous death of the person insured and husband or spouse, funeral expenses and expenses with rescue, search and transport of injured person.

WHAT VOLUNTEERS HAVE TO BRING

Volunteers should bring their own sleeping bags, comfortable clothes and footwear suitable for mountain and nature working, several changes of clothes (there is no laundry), personal hygiene items, flip flops for bathing, reusable water bottle, towel, sunscreen and working hat (sun and heat are expected), leisure items (bathing suit, towel, book, games, etc) and a traditional food or drink from their original country to share.

MEETING TIME AND MEETING POINT

Arrival date:	18 of August 2023
Timetable or period:	From 15:00 to 19:30
Place Name:	CAFÉ ALVORADA – Pampilhosa da Serra
Place Address:	R. Quinta 9, 3320-228 Pampilhosa da Serra
Emergency contact:	+351933801227

HOW TO GET TO THE MEETING POINT/CAMP? *(Please add addresses, timetables, itinerary trip, ticket prices and internet address)*

Closest Airport:	Porto
Closest Train Station:	There is no train station available close to the location
Travelling from the Airport to (bus or train)	
Travel by Metro, 45 minutes total trip time. Metro leaves from the airport every 30 minutes. Ticket price from 1,00 to 2,00 €. Website (https://www.metroporto.pt). Travel by taxi by request. Price ranges from 15 to 20 €.	
Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point	
Travel from Porto (Rede Expressos – Terminal Intermodal da Campanhã, R. de Bonjória 691 4300, 4300-084 Porto) to Pampilhosa da Serra (R. Quinta 9, 3320-228 Pampilhosa da Serra), schedules: 12:00 – 19:05 Price: 16,20 € Website (https://rede-expressos.pt/en)	
Travel from Lisboa (Rede Expressos – Terminal de Sete Rios, Praça Marechal Humberto Delgado, 1500-423 Lisboa) to Pampilhosa da Serra (R. Quinta 9, 3320-228 Pampilhosa da Serra), only schedule at 14:45. Price ranges from 15 to 20€. Website (https://rede-expressos.pt/en)	
Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point	
There is no train option to travel to the meeting point	
Special recommendations	
None. For further information or help please email us to montisacn@gmail.com	

PRACTICAL INFORMATION AND CONTACTS	
Nº of volunteers:	12
Working language:	English
Country currency:	Euro €
Weather expected during the camp:	Sunny days and hot temperatures
Local Host organization address:	Avenida João de Melo, nº 23, 3670-249, Vouzela, Viseu
Local Host organization phone:	+351 232 774 040 +351 925 840 014
Local Host organization email:	montisacn@gmail.com
Local Host contact person:	João Freitas
Camp Leader Name:	João Freitas
Camp Leader mobile phone:	+351933801227
IPDJ Regional address:	Rua Dr. Aristides Sousa Mendes, 3500-151 Viseu
IPDJ Regional phone number:	232 483 410

WORKCAMP CODE	PT-VI-26-23	
CAMP NAME*	Castro of the Three Rivers	
DATES	10/july/2023	21/july/2023

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words

-At present, the Associação Desportiva Recreativa e Cultural de Parada de Gonta develops activities within the scope of up-to-date health projects and combating the sedentary lifestyle of the Municipality of Tondela, in 3 different areas: in the area of physical activity, in the area of creative arts and in terms of cognitive stimulation. These projects target the senior population and aim to improve quality of life, minimize physiological changes, improve motor skills and provide physical, social and psychological benefits; provide moments of conviviality and socialization, increase motivation and motor development through fine motor skills, combat isolation and loneliness; increase brain activity, delay cognitive losses and the onset of degenerative diseases such as dementia;

-Annually, the ADRC Parada de Gonta promotes various recreational and social activities.



WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

Camp Description and Aims

- Castro dos Três Rios is located in Parada de Gonta (Tondela, Viseu), in Beira Alta Region, Center of Portugal. It was built on a promontory, next to the confluence of the rivers Pavia, Asnes and Ribeira de Sasse (40° 35' 13"N / 7° 59' 13"W). The occupation of this site dates back to pre-roman times, however, its importance in the local settlement network was evidenced from the 1st century AD, with the consolidation of Roman rule in Beira Alta. In administrative terms, the castro – or *castellum*, as it would be called – was part of *Vissaium* (Viseu) territory, the *civitas* capital, less than 10 km south of this ancient roman power center.

With the fall of the Roman Empire, most of the settlement was abandoned, however, a rock tomb, dated between the 8th and 10th centuries, testifies an early medieval occupation that took place, at least, on the south side of the promontory.

-The project aims to carry out a detailed study of the archaeological site, with a view to clarifying fundamental questions, such as the definition of its chronological features, and the way in which its occupation evolved in historical transition moments.

-With regard to the archaeological site configuration, the project aims to identify the limits of the ancient settlement, as well as housing structures, with a view to reconstituting its architectural plan as complete as possible, as well as the definition of sectors of greater archaeological potential, for purposes of safeguarding heritage.

-Regarding the project scientific innovation character, once completed, we hope to publicize a settlement that, in addition to assuming a central position in roman civilization in Beira Alta region – whether of cultural or administrative nature, or both –, also allows to highlight the features of its pre-roman origin, as well as its reoccupation and abandonment in early medieval times.



Voluntary Work and Tasks of the Camp

At the archaeological site, the group of volunteers will be divided in two teams, each being responsible for excavating an area of 16m². Always accompanied and guided by the director archaeologist and his monitors, each team will carry out, with scientific rigor, all stages of field work, namely, excavation, field records system, treatment and study of the data obtained.

What the volunteers can Learn in this Camp? (study part)

During the work camp, the volunteers will learn archaeological excavation techniques (how to use digging tools; how to interpret the excavated area; how to record field data); methods for prospecting and identifying archaeological sites; treatment system (ceramic washing), inventory (classification criteria, pottery drawing) and study of archaeological artifacts.

Free Time, Leisure Time and Visits preview

In their free time, volunteers will be able to carry out sports activities, leisure activities, walks in the open air in ECOPISTA do Dão, visit the historic center of Viseu, participate in social activities and conviviality with local community through dinners and thematic festivals.

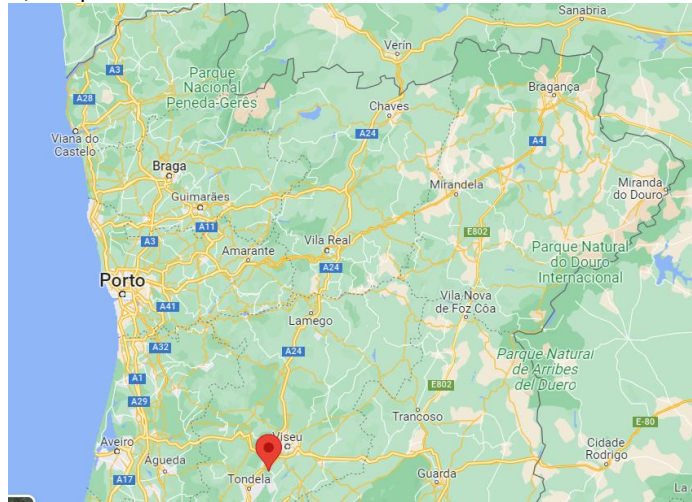
In terms of cultural enrichment, the program also includes the following activities: visit to Terra de Besteiros museum; visit to Caramulo museum; presentation of the workshop "Roman Ceramics (manufactures and study methods)"; Lecture with Doctor Conceição Lopes (University of Coimbra), entitled "Numismatic studies: Roman coins from Castro de Três Rios".

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)

The parish of Parada de Gonta is located in the municipality of Tondela, district of Viseu.

Located in the region of Dão-Lafões, the parish has about 754 inhabitants.



Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

- The accommodation will be provided in a local association, equipped with bathrooms, kitchen and internet;
- Daily meals will be provided by the host institution.
- Breakfast, snack or supper will also be provided by the association.

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

- Both in the archaeological site and in the bedrooms, smoking will be restricted to previously indicated areas.
- Is prohibited the removal of any artifact from the archaeological site, without the authorization of the director and monitors of the work camp.

Special remarks or requirements of the Camp

- Volunteers must bring hat and sunscreen.
- Any dietary restrictions must be communicated in advance to those responsible for organizing the work camp.

INSURANCE (kind of covers)

Personal accident insurance

WHAT VOLUNTEERS HAVE TO BRING

- Comfortable and cool clothes;
- Boots;
- Gloves for excavations;

- Personal hygiene items: towel, slippers, shampoo, toothpaste, toothbrush, etc;
- Sunscreen;
- Hat Cap;
- Sunglasses.

MEETING TIME AND MEETING POINT

Arrival date:	10/july/2023
Timetable or period:	10:00 AM am to 12:00 PM
Place Name:	ADRC Parada de Gonta
Place Address:	Parque Desportivo Thomaz Ribeiro - Rua Eduardo Fernando Correia da Silva, nº1, 3460-411
Emergency contact:	+351 912918813 / +351 968036008

HOW TO GET TO THE MEETING POINT/CAMP? *(Please add addresses, timetables, itinerary trip, ticket prices and internet address)*

Closest Airport:	Porto
Closest Train Station:	Carregal do Sal

Travelling from the Airport to (bus or train)

At Porto airport, you will find the subway or buses that quickly take you to the central bus station - Porto Campanhã

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

- Porto to Viseu, with a journey of around 2 hours over 127 Km;
- Viseu to Parada de Gonta, by taxi in a distance of 15km (around 20€ per ride)
- Search in advance on the express or flixbus network

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

-Porto to Carregal do Sal, with a trip that varies between 3h and 4h.

Check the website at CP (comboios de portugal), as there are several stopovers.

Special recommendations

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	12
Working language:	English, French spanish
Country currency:	euro
Weather expected during the camp:	Summer time
Local Host organization address:	Parque Desportivo Thomaz Ribeiro - Rua Eduardo Fernando Correia da Silva, nº1, 3460-411
Local Host organization phone:	+351 912918813 / +351 968036008
Local Host organization email:	pjmatos27@hotmail.com / salsantos@hotmail.com
Local Host contact person:	Pedro Matos / Sandra Santos
Camp Leader Name:	Pedro Matos
Camp Leader mobile phone:	+351 912918813
IPDJ Regional address:	Rua Dr. Aristides Sousa Mendes, 3500-151 Viseu
IPDJ Regional phone number:	232 483 410 / mailviseu@ipdj.pt

WORKCAMP CODE	PT-VR-20-23	
CAMP NAME*	CHANGE – Where it starts	
DATES	01/08/2023	12/08/2023

LOCAL HOST (*organization name, aims, main activities, internet address, you can add a small logo of your organization*) – Maximum - 130 words

In general, **WAVEMOMENT – Youth Association** promotes **musical, cultural, sports, nature protection and solidarity activities**. We promote **musical workshops, courses of musical expression, contests of musical talents**, among others. We **founded several musical groups** such as: a guitars orchestra, a rock band and a regional youth music group. We promoted a project named **“Solidary Mission”**, we developed activities such as **visiting elderly homes and prisons in Vila Real** with one of the musical groups, **offering music and food and hygiene items of first necessity**. We develop **nature protection activities** with innovative projects, using the global idea of geocaching and **coordinate school awareness** in secondary schools in Vila Real about this theme.

WORKCAMP DESCRIPTION (*After WorkCamp description you can add 1 or 2 photos from previous camps, if the same*)

Camp Description and Aims

The "Change - Where it starts" project, based on environmental protection and preservation, is a multidisciplinary field of work that will work on the following topics: **LEARNING, CLEANING, PLANTING, REDUCING, REUSE, RECYCLE AND AWARENESS**. The two main activities are: **Cleaning of Alvão’s Natural Park** and a **intergeracional meeting with present gifting made from recycled materials**.

- Cleaning of urban garbage in green spaces;
- Reduction, Reuse and Recycling of waste;
- Construction of materials with garbage collected in the cleaning of green spaces;
- Learn to plant small seedlings, flowers and trees;
- Discover the fauna and flora of the Vila Real Region;
- Sensitize the population and young people to the importance of protecting our planet;
- Create sustainable habits;
- Promote the involvement of the population;
- Involve participants in the work camp and local youth in urban waste cleaning activities, building materials and producing awareness-raising videos;
- Geocaching in Alvão.

You can watch a movie/resume on Youtube of the previous International Camp:

https://www.youtube.com/watch?v=p0g6Ey-kY44&ab_channel=EscolaMusic%27sCool



Voluntary Work and Tasks of the Camp

The main tasks outlined for the project are:

- To know strategic locations in Alvão to carry out its cleaning;
- Viewing videos on Forest awareness;
- Cleaning of urban waste in the Alvão Natural Park;
- Cleaning of urban garbage in the Viewpoint of Vila Real;
- Reuse of garbage and construction of creative useful materials in the Reciclarte space;
- Domestic recycling and energy and water savings in the place where they will stay in the middle of nature;
- Preparation of intergenerational themed dinners with the elderly;
- All the tasks and learnings of this project will be documented in a final diploma, delivered by our Entity to each of the young people.

What the volunteers can Learn in this Camp? (study part)

The main objective will be to **protect the environment**, learn to **reduce your environmental footprint, recycle, reuse and reduce** the waste we produce.

All the tasks and learnings of this project will be documented in a final diploma, delivered by our Entity to each of the young people.

Free Time, Leisure Time and Visits preview

During leisure time and free time, participants can visit Vila Real, museums, walk and explore the city's parks, go shopping, do some sports or relax. We will visit a waterfall in Alvão, some churches and we will go to the pool and the river.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)

The camp will take place in a small village in Vila Real, in a private building. In the village there is contact with the population but at the same time, we will be isolated with due comfort and privacy.

During the week there will be times when we will travel to Vila Real to explore the city, have lunch, dinner and for leisure time.



Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

- Kind of lodgement: A building in a small village in Alvão's Natural Park, and has 2 rooms: one is bigger, the other one is smaller, 2 bathrooms, showers with hot water in the building, a large meeting room with a small kitchen and a private yard. It's possible to camp as well outside of the building.
- Number of meals: 4 (Breakfast, Lunch, break and dinner).
- Participants will be able to wash their clothes in paid industrial machines in the city.

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

- Respect for all participants;
- Integrate work and group activities with joy;
- Accomplish with schedules;
- Get to know the city of Vila Real and have fun.

Special remarks or requirements of the Camp

- Be an active and helpful member;
- Be a positive member in the group;
- Be willing to accept changes that the group democratically decides;
- Bring new ideas to the group;
- Enjoy nature, recycling and planting.

INSURANCE (kind of covers)

Personal accident insurance (Kind of covers: death, permanent disability, treatment costs, funeral costs and repatriation).

WHAT VOLUNTEERS HAVE TO BRING

Sleeping bag, sleeping blanket; Sleeping tent (optional).

Toiletries, bath towels.

A typical food of the locality of each young person that awakens some senses to use in the intercultural night.

Pocket Money for the needs of each young person.

MEETING TIME AND MEETING POINT

Arrival date:	01/08/2023
Timetable or period:	11:00 – 18:00
Place Name:	Vila Real City Hall
Place Address:	Av. Carvalho Araújo 10, 5000-651 Vila Real
Emergency contact:	(+351) 967 111 725

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)

Closest Airport: Porto Airport (OPO)

Closest Train Station: Regua's Train Station

Travelling from the Airport to (bus or train)

Vila Real is located 50 minutes distance from the Porto airport.

1 - You land in the Porto airport

2 - Take the bus to Vila Real, the ticket price is about 10,00€.

The main bus company in Portugal is "Rede Expressos".

Bus company website:

<https://www.rede-expressos.pt/>

3. When you arrive in Vila Real, you have to go to the city hall (5 minutes walking distance).

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

Take the bus to Vila Real, the ticket price in "Rede Expressos" is about 21,00€ (Lisbon to Vila Real) or 30,00€ (Faro to Vila Real).

When you arrive in Vila Real, you have to go to the city hall (5 minutes walking distance).

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

We don't have train station in Vila Real but if you want, you can take a train to Régua or Porto (if traveling from Lisbon or Faro) and then take a bus to Vila Real.

Special recommendations

Please be aware that the cost of a taxi to Vila Real is much more expensive than traveling by bus.

Usually, bus trips take 1h30 from Porto to Vila Real, close to 5h from Lisbon to Vila Real and almost 10h from Faro to Vila Real.

WORKCAMP CODE	PT-VR-21-23	
CAMP NAME*	LOOK & ACT - Take care of the planet	
DATES	From 20-07-2023	to 31-07-2023

LOCAL HOST (*organization name, aims, main activities, internet address, you can add a small logo of your organization*) – Maximum - 130 words

Ger Emergente develops projects essentially in four main areas: **culture, solidarity, environment and entrepreneurship**. The main activities developed over the years include: promoting **solidarity** and **cultural events**, where **music, theater and urban arts** are present, developing **environmental programs to defend nature and the forest**, making Vila Real known and being a pillar for young people entrepreneurs.

WORKCAMP DESCRIPTION (*After WorkCamp description you can add 1 or 2 photos from previous camps, if the same*)

Camp Description and Aims

This International Work Camp whose mission is to take over the planet, has **two main objectives**: young people **participate in cleaning actions** in different areas of the city of Vila Real and **participate in actions to raise awareness of the public** of Vila Real about how we should keep the city clean. Participants will be staying in a pavilion provided by the City Council of Vila Real, near the urban green parks that will also be intervention areas of this project. Some of the tasks related to these themes are:

You can watch a movie/resume on Youtube of the previous International Camp:
https://www.youtube.com/watch?v=p0g6Ey-kY44&ab_channel=EscolaMusic%27sCool



- Voluntary Work and Tasks of the Camp**
- Tasks to be performed by young people:
- Viewing videos and short films in order to understand how man is affecting the planet with pollution and waste produced and how they can reduce the environmental footprint;
 - Visit to the cleaning sites and definition of necessary material;
 - Cleaning of urban garbage in the city and in green spaces;
 - Reduction, Reuse and Recycling of garbage;
 - Preparation of awareness-raising action;
 - Raising awareness of the population and young people about the importance of protecting our planet.

What the volunteers can Learn in this Camp? (study part)

The main objective will be to protect the environment, learn to reduce your environmental footprint, recycle, reuse and reduce the waste we produce.

All the tasks and learnings of this project will be documented in a final diploma, delivered by our Entity to each of the young people.

Free Time, Leisure Time and Visits preview

During leisure time and free time, participants can visit Vila Real, visit churches, museums, walk and explore the city's parks, go to the waterfall, the pool, the river, go shopping, do some sports or relax.

The group will also be able to visit several green places, like Fisgas de Ermelo, Alvão's waterfall, Lamas de Olo's lagoon, and Fornelos river beach, where they can appreciate the natural beauty that surrounds Vila Real.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (*if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location*)

The camp will take place in the city center of Vila Real.

The participants will be hosted in a private building close to green parks.

Participants will be able to wash their clothes in industrial machines in the city.

Participants will be able to use the municipal closed pool.

The small trips in the city will be made on foot.



Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

- Kind of lodgement: A building in the city center of Vila Real, close to the city green parks. Has 2 rooms: one is bigger, the other one is smaller, 2 bathrooms, showers with hot water, and a large meeting room.
- Number of meals: 4 (Breakfast, Lunch, break and dinner).

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

- Respect for all participants;
- Integrate work and group activities with joy;
- Accomplish with schedules;
- Get to know the city of Vila Real and have fun

Special remarks or requirements of the Camp

- Be an active and helpful member;
- Be a positive member in the group;
- Be willing to accept changes that the group democratically decides;
- Bring new ideas to the group;
- Enjoy nature, recycling and planting.

INSURANCE (kind of covers)

Personal accident insurance (Kind of covers: death, permanent disability, treatment costs, funeral costs and repatriation).

WHAT VOLUNTEERS HAVE TO BRING

Sleeping bag, sleeping blanket; Sleeping tent (optional).

Toiletries, bath towels.

A typical food of the locality of each young person that awakens some senses to use in the intercultural night.

Pocket Money for the needs of each young person.

MEETING TIME AND MEETING POINT

Arrival date:	20-07-2023
Timetable or period:	11:00 – 18:00
Place Name:	Vila Real City Hall
Place Address:	Av. Carvalho Araújo 10, 5000-651 Vila Real
Emergency contact:	(+351) 967 111 725

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)

Closest Airport:	Porto Airport (OPO)
Closest Train Station:	Regua's Train Station

Travelling from the Airport to (bus or train)

Vila Real is located 50 minutes distance from the Porto airport.

1 - You land in the Porto airport

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Bus company website:

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Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

We don't have train station in Vila Real but if you want, you can take a train to Régua or Porto (if traveling from Lisbon or Faro) and then take a bus to Vila Real.

Special recommendations

Please be aware that the cost of a taxi to Vila Real is much more expensive than traveling by bus.

Usually, bus trips take 1h30 from Porto to Vila Real, close to 5h from Lisbon to Vila Real and almost 10h from Faro to Vila Real

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	16
Working language:	English
Country currency:	Euro
Weather expected during the camp:	Sun and heat (between 22º and 30ºC) but it can rain at any time
Local Host organization address:	Rua Nova, Bloco A, 9, R/C
Local Host organization phone:	(+351) 259 322 733
Local Host organization email:	tiagoquinteiracosta@gmail.com
Local Host contact person:	Tiago Costa
Camp Leader Name:	Tiago Costa
Camp Leader mobile phone:	(+351) 967 111 725
IPDJ Regional address:	R. Dr. Manuel Cardona, 6
IPDJ Regional phone number:	(+351) 259 309 640